



XXII BIEG WENEDÓW - 10KM

B4SPORT

Wydarzenie: XXII Bieg Wenedów
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2024-05-25
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.5km	3.2km	4.9km	6.6km	8.3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KASZTELAN Ula	20		K-30	1	00:00:00	00:06:02	00:13:04	00:20:15	00:27:33	00:35:01	00:42:28.85	00:42:28.85		4:14	14.1 (100%)
2	METLICKA Wiktoria	36	ULKS TALEX BORZYTUCHOM	K-18	1	00:00:00	00:06:23	00:14:04	00:21:45	00:29:27	00:37:00	00:44:30.90	00:44:30.90	+00:02:02 (4.6%)	4:27	13.5 (95.7%)
3	KONKEL Agnieszka	22		K-40	1	00:00:00	00:06:23	00:14:08	00:22:16	00:30:44	00:39:23	00:47:58.30	00:47:58.30	+00:05:29 (11.4%)	4:47	12.5 (88.7%)
4	KRZEWIŃSKA Małgorzata	27	TKKF KOSZALIN	K-60	1	00:00:00	00:07:08	00:15:39	00:24:16	00:32:53	00:41:34	00:50:07.30	00:50:07.30	+00:07:38 (15.2%)	5:00	12 (85.1%)
5	LEWANDOWSKA Anna	29		K-30	2	00:00:00	00:06:54	00:15:32	00:24:06	00:32:52	00:42:14	00:51:07.20	00:51:07.20	+00:08:38 (16.9%)	5:06	11.7 (83.0%)
6	KUBIAK Katarzyna	28		K-40	2	00:00:00	00:07:04	00:15:35	00:24:20	00:33:16	00:42:21	00:51:14.25	00:51:14.25	+00:08:45 (17.1%)	5:07	11.7 (83.0%)
7	RADLIŃSKA Alicja	43	PUPIL KOSZALIN	K-50	1	00:00:00	00:07:19	00:16:05	00:25:05	00:34:04	00:43:13	00:52:00.80	00:52:00.80	+00:09:31 (18.3%)	5:12	11.5 (81.6%)
8	WYSOCKA Ula	58		K-40	3	00:00:00	00:06:52	00:15:27	00:24:26	00:33:40	00:43:08	00:52:23.75	00:52:23.75	+00:09:54 (18.9%)	5:14	11.5 (81.6%)
9	JABŁOŃSKA Katarzyna	62		K-40	4	00:00:00	00:07:13	00:15:51	00:24:49	00:34:03	00:43:35	00:52:43.80	00:52:43.80	+00:10:14 (19.4%)	5:16	11.4 (80.9%)
10	WIĘSEK Natalia	55	ULTRA WAY TEAM	K-30	3	00:00:00	00:06:55	00:15:21	00:24:16	00:33:45	00:43:42	00:53:57.95	00:53:57.95	+00:11:29 (21.3%)	5:23	11.1 (78.7%)
11	WOJDA Paulina	57		K-30	4	00:00:00	00:07:10	00:16:03	00:25:51	00:35:27	00:45:18	00:55:12.35	00:55:12.35	+00:12:43 (23.1%)	5:31	10.9 (77.3%)
12	KRYSTOSIK Dorota	26		K-30	5	00:00:00	00:08:13	00:18:19	00:28:36	00:39:03	00:49:38	00:59:37.20	00:59:37.20	+00:17:08 (28.7%)	5:57	10.1 (71.6%)
13	MAJSTERKIEWICZ Natalia	32		K-18	2	00:00:00	00:08:17	00:19:02	00:30:24	00:43:03	00:55:30	01:07:10.20	01:07:10.20	+00:24:41 (36.8%)	6:43	8.9 (63.1%)

Znaleziono 13 wynik(ów)