

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>DĄBROWSKI Przemysław</b>	<b>26</b>	AGRO-METAL OSTROŁĘKA	M-Open	1	00:00:12	00:10:49	00:21:42	<b>00:32:46.55</b>		3:16	18.3 (100%)
2	<b>DRWAL Piotr</b>	<b>30</b>	USB USTKA	M-40	1	00:00:14	00:11:02	00:22:00	<b>00:33:06.55</b>	+00:00:20 (1.0%)	3:18	18.1 (98.9%)
3	<b>WIRKUS Łukasz</b>	<b>279</b>	LKB IM.BRACI PETK	M-Open	2	00:00:14	00:11:04	00:22:17	<b>00:33:38.65</b>	+00:00:52 (2.6%)	3:21	17.8 (97.3%)
4	<b>WITKOWSKI Mateusz</b>	<b>256</b>	JW 1223	M-Open	3	00:00:13	00:11:04	00:22:34	<b>00:34:23.10</b>	+00:01:36 (4.7%)	3:26	17.5 (95.6%)
5	<b>ORZECHOWSKI Kamil</b>	<b>167</b>	TKKF KOSZALIN	M-Open	4	00:00:15	00:11:39	00:23:23	<b>00:34:50.30</b>	+00:02:03 (5.9%)	3:29	17.2 (94.0%)
6	<b>RYBARCZYK Jan</b>	<b>201</b>	ŻYJ Z ENERGIA	M-50	1	00:00:15	00:11:39	00:23:22	<b>00:35:05.15</b>	+00:02:18 (6.6%)	3:30	17.1 (93.4%)
7	<b>PERLIK Tomasz</b>	<b>173</b>	MTS HAMER MIASTKO	M-Open	5	00:00:15	00:11:38	00:23:23	<b>00:35:38.05</b>	+00:02:51 (8.0%)	3:33	16.8 (91.8%)
8	<b>BURZYŃSKI Aleksander</b>	<b>19</b>	TADMOT HURTOWNIA MOTORYZACYJNA	M-40	2	00:00:14	00:12:03	00:24:03	<b>00:36:17.90</b>	+00:03:31 (9.7%)	3:37	16.5 (90.2%)
9	<b>WILCZEWSKI Krzysztof</b>	<b>252</b>	KB SPOKO SŁAWNO	M-Open	6	00:00:15	00:12:16	00:24:45	<b>00:37:29.10</b>	+00:04:42 (12.6%)	3:44	16 (87.4%)
10	<b>ZWOLSKI Andrzej</b>	<b>266</b>	ŚCIGAŁ TEAM	M-50	2	00:00:14	00:12:03	00:25:14	<b>00:37:43.35</b>	+00:04:56 (13.1%)	3:46	15.9 (86.9%)
11	<b>JAKUBEK Patryk</b>	<b>58</b>	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	7	00:00:15	00:12:38	00:25:14	<b>00:37:53.10</b>	+00:05:06 (13.5%)	3:47	15.8 (86.3%)
11	<b>WIRKUS Antonina</b>	<b>278</b>	MKL SZCZECINEK	K-Open	1	00:00:15	00:12:38	00:25:14	<b>00:37:53.10</b>	+00:05:06 (13.5%)	3:47	15.8 (86.3%)
13	<b>MIERZWA Witold</b>	<b>144</b>		M-40	3	00:00:18	00:12:37	00:25:26	<b>00:38:25.90</b>	+00:05:39 (14.7%)	3:50	15.6 (85.2%)
14	<b>KRYCZKA Stanisław</b>	<b>106</b>	MTS HAMER MIASTKO	M-50	3	00:00:16	00:12:32	00:25:23	<b>00:38:28.90</b>	+00:05:42 (14.8%)	3:50	15.6 (85.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All	End_All	End_All	Czas	Różn	Tempo	Tempo
						0.07km	3.38km	6.69km	netto		10km	min/km
15	<b>RUDNIKOWSKI Maciej</b>	<b>196</b>	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	M-40	4	00:00:16	00:12:54	00:26:04	<b>00:39:11.05</b>	+00:06:24 (16.4%)	3:55	15.3 (83.6%)
16	<b>GLAZIK Dariusz</b>	<b>43</b>	ŚCIGAŁ TEAM	M-40	5	00:00:16	00:13:18	00:26:36	<b>00:39:42.65</b>	+00:06:56 (17.5%)	3:58	15.1 (82.5%)
17	<b>WEGNER Przemysław</b>	<b>242</b>		M-40	6	00:00:19	00:13:26	00:26:39	<b>00:39:52.35</b>	+00:07:05 (17.8%)	3:59	15.1 (82.5%)
18	<b>KRUKOWSKI Błażej</b>	<b>103</b>	KB SPOKO SŁAWNO	M-40	7	00:00:20	00:13:34	00:26:56	<b>00:40:42.65</b>	+00:07:56 (19.5%)	4:04	14.7 (80.3%)
19	<b>KOZA Kamil</b>	<b>99</b>	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	8	00:00:18	00:13:33	00:27:05	<b>00:40:56.45</b>	+00:08:09 (19.9%)	4:05	14.7 (80.3%)
20	<b>OLESZCZUK Dominik</b>	<b>163</b>		M-Open	9	00:00:21	00:13:01	00:26:33	<b>00:40:56.75</b>	+00:08:10 (20.0%)	4:05	14.7 (80.3%)
21	<b>RYBA Paweł</b>	<b>199</b>	USB USTKA	M-40	8	00:00:19	00:13:49	00:27:30	<b>00:41:01.60</b>	+00:08:15 (20.1%)	4:06	14.6 (79.8%)
22	<b>PŁAZA Ryszard</b>	<b>180</b>		M-40	9	00:00:19	00:13:22	00:27:06	<b>00:41:01.95</b>	+00:08:15 (20.1%)	4:06	14.6 (79.8%)
23	<b>JABŁOŃSKI Tomasz</b>	<b>57</b>	KB SPOKO SŁAWNO	M-40	10	00:00:15	00:13:18	00:27:16	<b>00:41:04.55</b>	+00:08:18 (20.2%)	4:06	14.6 (79.8%)
24	<b>ROSIAK Damian</b>	<b>194</b>	KB SPOKO SŁAWNO	M-Open	10	00:00:17	00:13:01	00:27:09	<b>00:41:14.85</b>	+00:08:28 (20.5%)	4:07	14.6 (79.8%)
25	<b>RYGIELSKI Arkadiusz</b>	<b>204</b>		M-Open	11	00:00:18	00:13:20	00:27:28	<b>00:41:47.20</b>	+00:09:00 (21.6%)	4:10	14.4 (78.7%)
26	<b>MANIKOWSKI Przemysław</b>	<b>132</b>		M-40	11	00:00:25	00:14:19	00:28:05	<b>00:41:51.90</b>	+00:09:05 (21.7%)	4:11	14.3 (78.1%)
27	<b>MŁYNARCZYK Zbigniew</b>	<b>146</b>		M-Open	12	00:00:22	00:14:05	00:28:05	<b>00:42:04.95</b>	+00:09:18 (22.1%)	4:12	14.3 (78.1%)
28	<b>NAGÓREK Krzysztof</b>	<b>153</b>	TUPOT USTKA	M-60	1	00:00:19	00:13:52	00:27:52	<b>00:42:11.55</b>	+00:09:25 (22.3%)	4:13	14.2 (77.6%)
29	<b>GAŁKOWSKI Dariusz</b>	<b>38</b>		M-50	4	00:00:14	00:13:28	00:27:50	<b>00:42:23.90</b>	+00:09:37 (22.7%)	4:14	14.2 (77.6%)
30	<b>PĘKAŁA Piotr</b>	<b>175</b>		M-40	12	00:00:26	00:14:15	00:28:34	<b>00:42:33.95</b>	+00:09:47 (23.0%)	4:15	14.1 (77.0%)
31	<b>KURKUL Janek</b>	<b>112</b>	KB BRYZA POSTOMINO	M-Open	13	00:00:19	00:13:22	00:28:35	<b>00:42:34.05</b>	+00:09:47 (23.0%)	4:15	14.1 (77.0%)
32	<b>WĘSIERSKI Krystian</b>	<b>245</b>	DRUTEX	M-Open	14	00:00:21	00:14:05	00:28:26	<b>00:42:39.80</b>	+00:09:53 (23.2%)	4:15	14.1 (77.0%)
33	<b>WIKTOROWICZ Sławomir</b>	<b>250</b>	JW 1223 /BLOG	M-40	13	00:00:16	00:13:13	00:27:21	<b>00:42:40.40</b>	+00:09:53 (23.2%)	4:16	14.1 (77.0%)
34	<b>TŁUSTEK Łukasz</b>	<b>230</b>	KB BRYZA POSTOMINO	M-Open	15	00:00:18	00:13:51	00:28:20	<b>00:42:40.90</b>	+00:09:54 (23.2%)	4:16	14.1 (77.0%)
35	<b>WĘGRZYN Rafał</b>	<b>244</b>		M-40	14	00:00:21	00:14:03	00:28:17	<b>00:42:45.55</b>	+00:09:59 (23.3%)	4:16	14 (76.5%)
36	<b>MATYSIAK Katarzyna</b>	<b>139</b>	FIZJOBIEGACZE SZCZECIN	K-Open	2	00:00:16	00:13:52	00:28:23	<b>00:42:48.65</b>	+00:10:02 (23.4%)	4:16	14 (76.5%)
37	<b>BENTKOWSKA Natalia</b>	<b>10</b>		K-Open	3	00:00:18	00:14:16	00:28:42	<b>00:42:53.85</b>	+00:10:07 (23.6%)	4:17	14 (76.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
38	<b>BRZozowski Piotr</b>	<b>105</b>	AKTYWNI POTOMINO	M-Open	16	00:00:19	00:14:08	00:28:41	<b>00:43:08.95</b>	+00:10:22 (24.0%)	4:18	13.9 (76.0%)
39	<b>KRAWCZUK Szymon</b>	<b>101</b>	DARŁOWSKIE CHARTY	M-Open	17	00:00:20	00:14:01	00:28:35	<b>00:43:20.85</b>	+00:10:34 (24.4%)	4:20	13.8 (75.4%)
40	<b>WILUSZ Krzysztof</b>	<b>254</b>	STOPA SŁUPSK	M-Open	18	00:00:19	00:14:12	00:28:46	<b>00:43:25.70</b>	+00:10:39 (24.5%)	4:20	13.8 (75.4%)
41	<b>ŻYLICZ Paweł</b>	<b>269</b>	STOPA SŁUPSK / USB USTKA	M-Open	19	00:00:18	00:13:46	00:28:35	<b>00:43:42.75</b>	+00:10:56 (25.0%)	4:22	13.7 (74.9%)
42	<b>JANKOWSKI Grzegorz</b>	<b>59</b>	ŚWIAT PŁYTEK U KRYSPIŃSKA	M-40	15	00:00:17	00:14:09	00:29:07	<b>00:43:57.50</b>	+00:11:10 (25.4%)	4:23	13.7 (74.9%)
43	<b>RYBICKI Andrzej</b>	<b>202</b>	KB SPOKO SŁAWNO	M-Open	20	00:00:18	00:14:40	00:29:36	<b>00:44:01.55</b>	+00:11:15 (25.6%)	4:24	13.6 (74.3%)
44	<b>KUCHAREK Marcin</b>	<b>107</b>	STOPA SŁUPSK	M-40	16	00:00:20	00:14:36	00:29:32	<b>00:44:14.10</b>	+00:11:27 (25.9%)	4:25	13.6 (74.3%)
45	<b>WASZAK Karol</b>	<b>241</b>	KORZYBSKIE REKINY	M-Open	21	00:00:23	00:14:20	00:29:19	<b>00:44:26.15</b>	+00:11:39 (26.2%)	4:26	13.5 (73.8%)
46	<b>OLESZEK Jerzy</b>	<b>164</b>	SZKOŁA PODOFICERSKA MW	M-40	17	00:00:19	00:14:43	00:29:37	<b>00:44:29.10</b>	+00:11:42 (26.3%)	4:26	13.5 (73.8%)
47	<b>KOPLIN Maciej</b>	<b>90</b>		M-Open	22	00:00:18	00:14:01	00:29:02	<b>00:44:32.95</b>	+00:11:46 (26.4%)	4:27	13.5 (73.8%)
48	<b>ROSIĄK Jacek</b>	<b>195</b>		M-40	18	00:00:25	00:14:41	00:29:36	<b>00:44:41.95</b>	+00:11:55 (26.7%)	4:28	13.4 (73.2%)
49	<b>ANTOSIK Grzegorz</b>	<b>6</b>	KB BRYZA POSTOMINO	M-40	19	00:00:19	00:14:10	00:29:20	<b>00:44:49.25</b>	+00:12:02 (26.9%)	4:28	13.4 (73.2%)
50	<b>WÓJCICKI Grzegorz</b>	<b>259</b>	KB SPOKO SŁAWNO	M-Open	23	00:00:15	00:13:58	00:30:05	<b>00:45:00.15</b>	+00:12:13 (27.2%)	4:30	13.3 (72.7%)
51	<b>ŻURAWIK Piotr</b>	<b>268</b>	KORZYBSKIE REKINY	M-40	20	00:00:22	00:14:40	00:29:45	<b>00:45:05.60</b>	+00:12:19 (27.3%)	4:30	13.3 (72.7%)
52	<b>NIECKARZ Krzysztof</b>	<b>156</b>	KB SPOKO SŁAWNO	M-Open	24	00:00:20	00:14:40	00:29:51	<b>00:45:06.20</b>	+00:12:19 (27.3%)	4:30	13.3 (72.7%)
53	<b>NOWAK Jacek</b>	<b>158</b>		M-50	5	00:00:23	00:14:31	00:29:58	<b>00:45:15.95</b>	+00:12:29 (27.6%)	4:31	13.3 (72.7%)
54	<b>RUTKOWSKI Ryszard</b>	<b>198</b>	KOSZALIŃSKI RANKING BIEGACZY	M-50	6	00:00:21	00:14:48	00:30:04	<b>00:45:18.55</b>	+00:12:32 (27.7%)	4:31	13.2 (72.1%)
55	<b>KAMELSKI Piotr</b>	<b>274</b>	KB SPOKO SŁAWNO	M-40	21	00:00:19	00:14:34	00:29:51	<b>00:45:21.25</b>	+00:12:34 (27.7%)	4:32	13.2 (72.1%)
56	<b>SZCZEPANIAK Jacek</b>	<b>219</b>	LUB WYBIERZ Z LISTY	M-50	7	00:00:24	00:14:26	00:29:54	<b>00:45:23.00</b>	+00:12:36 (27.8%)	4:32	13.2 (72.1%)
57	<b>BAKALARZ Adam</b>	<b>8</b>	REHA OMT	M-Open	25	00:00:24	00:14:54	00:30:24	<b>00:45:26.80</b>	+00:12:40 (27.9%)	4:32	13.2 (72.1%)
58	<b>CHORAŻY Karolina</b>	<b>22</b>	LEO-TEAM	K-Open	4	00:00:21	00:15:01	00:30:07	<b>00:45:30.75</b>	+00:12:44 (28.0%)	4:33	13.2 (72.1%)
59	<b>KUŁAKOWSKI Dawid</b>	<b>110</b>	TKKF KOSZALIN	M-40	22	00:00:20	00:14:45	00:29:59	<b>00:45:32.50</b>	+00:12:45 (28.0%)	4:33	13.2 (72.1%)
60	<b>KACHLICKI Kamil</b>	<b>66</b>		M-40	23	00:00:23	00:15:18	00:30:32	<b>00:45:44.55</b>	+00:12:58 (28.3%)	4:34	13.1 (71.6%)

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61	<b>STRUŚ Artur</b>	<b>215</b>	KB BRYZA POSTOMINO	M-50	8	00:00:25	00:15:07	00:30:21	<b>00:45:49.35</b>	+00:13:02 (28.5%)	4:34	13.1 (71.6%)
62	<b>MATUSZYŃSKI Mirosław</b>	<b>138</b>	KB GOCH BYTÓW	M-40	24	00:00:28	00:15:09	00:30:20	<b>00:45:52.45</b>	+00:13:05 (28.6%)	4:35	13.1 (71.6%)
63	<b>SALAMONIK Piotr</b>	<b>205</b>		M-50	9	00:00:19	00:14:56	00:30:20	<b>00:46:03.60</b>	+00:13:17 (28.8%)	4:36	13 (71.0%)
64	<b>NIECKARZ Monika</b>	<b>155</b>	KB SPOKO SŁAWNO	K-Open	5	00:00:19	00:14:51	00:30:22	<b>00:46:05.20</b>	+00:13:18 (28.9%)	4:36	13 (71.0%)
65	<b>PROTASEWICZ Andrzej</b>	<b>183</b>	KB SPOKO SŁAWNO	M-40	25	00:00:17	00:15:37	00:31:07	<b>00:46:15.10</b>	+00:13:28 (29.1%)	4:37	13 (71.0%)
66	<b>TOMCZAK Dominik</b>	<b>231</b>	NIGHT RUNNERS SŁUPSK	M-40	26	00:00:20	00:15:19	00:30:51	<b>00:46:24.00</b>	+00:13:37 (29.4%)	4:38	12.9 (70.5%)
67	<b>KLUCZEWSKA Emilia</b>	<b>82</b>	RUNTASTYCZNI TEAM BYTÓW	K-Open	6	00:00:31	00:15:42	00:31:08	<b>00:46:29.95</b>	+00:13:43 (29.5%)	4:38	12.9 (70.5%)
68	<b>TURCZYN Tomasz</b>	<b>236</b>	'DZIENNIK SŁAWIEŃSKI'	M-40	27	00:00:17	00:14:14	00:29:56	<b>00:46:32.85</b>	+00:13:46 (29.6%)	4:39	12.9 (70.5%)
69	<b>FIERKA Tomasz</b>	<b>33</b>	KLUB 42.2 LĘBORK	M-Open	26	00:00:23	00:15:09	00:30:50	<b>00:46:38.65</b>	+00:13:52 (29.7%)	4:39	12.9 (70.5%)
70	<b>TREDER Marian</b>	<b>233</b>		M-50	10	00:00:25	00:15:24	00:31:01	<b>00:46:40.75</b>	+00:13:54 (29.8%)	4:40	12.9 (70.5%)
71	<b>SKOCZYŃSKA Renata</b>	<b>207</b>	USB USTKA	K-Open	7	00:00:17	00:15:18	00:30:59	<b>00:46:45.30</b>	+00:13:58 (29.9%)	4:40	12.8 (69.9%)
72	<b>GAWEŁ Zbigniew</b>	<b>41</b>	POMERIDERS SŁUPSK	M-60	2	00:00:24	00:15:42	00:31:20	<b>00:46:59.95</b>	+00:14:13 (30.3%)	4:41	12.8 (69.9%)
73	<b>OLSZAR Grzegorz</b>	<b>165</b>	DARŁOWSKIE CHARTY	M-Open	27	00:00:25	00:14:56	00:30:50	<b>00:47:14.50</b>	+00:14:27 (30.6%)	4:43	12.7 (69.4%)
74	<b>WIELGAT Łukasz</b>	<b>249</b>	KB BRYZA POSTOMINO	M-Open	28	00:00:24	00:14:49	00:30:29	<b>00:47:15.70</b>	+00:14:29 (30.7%)	4:43	12.7 (69.4%)
75	<b>GOSTOMCZYK Krzysztof</b>	<b>44</b>	KB SPOKO SŁAWNO	M-40	28	00:00:16	00:14:50	00:31:00	<b>00:47:15.95</b>	+00:14:29 (30.7%)	4:43	12.7 (69.4%)
76	<b>NOWICKI Mateusz</b>	<b>161</b>	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M-Open	29	00:00:37	00:16:10	00:31:50	<b>00:47:19.10</b>	+00:14:32 (30.7%)	4:43	12.7 (69.4%)
77	<b>BAJTEK Przemysław</b>	<b>277</b>	KB SPOKO SŁAWNO	M-Open	30	00:00:30	00:15:11	00:30:41	<b>00:47:26.90</b>	+00:14:40 (30.9%)	4:44	12.6 (68.9%)
78	<b>JAROSZEWICZ Barbara</b>	<b>61</b>		K-Open	8	00:00:30	00:15:10	00:31:12	<b>00:47:30.55</b>	+00:14:44 (31.0%)	4:45	12.6 (68.9%)
79	<b>URBANIAK Szymon</b>	<b>239</b>	CSSP KOSZALIN	M-Open	31	00:00:29	00:15:02	00:31:07	<b>00:47:32.60</b>	+00:14:46 (31.1%)	4:45	12.6 (68.9%)
80	<b>HERMAN Karina</b>	<b>54</b>		K-40	1	00:00:22	00:15:54	00:31:49	<b>00:47:35.75</b>	+00:14:49 (31.1%)	4:45	12.6 (68.9%)
81	<b>DERLIŃSKI Adam</b>	<b>27</b>	TORNADO KOSZALIN	M-40	29	00:00:24	00:15:40	00:31:31	<b>00:47:38.85</b>	+00:14:52 (31.2%)	4:45	12.6 (68.9%)
82	<b>SOMINKA Andrzej</b>	<b>210</b>	SSB (SOBIESAMBIEGAM)	M-50	11	00:00:29	00:15:17	00:31:25	<b>00:47:45.75</b>	+00:14:59 (31.4%)	4:46	12.6 (68.9%)
83	<b>LUDWIKOWSKI Marek</b>	<b>124</b>		M-Open	32	00:00:29	00:15:47	00:31:51	<b>00:47:50.20</b>	+00:15:03 (31.5%)	4:47	12.5 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
84	<b>KACZMAREK Marta</b>	<b>67</b>	KB SPOKO SŁAWNO	K-Open	9	00:00:22	00:15:21	00:31:29	<b>00:47:50.25</b>	+00:15:03 (31.5%)	4:47	12.5 (68.3%)
85	<b>BONISŁAWSKI Jarosław</b>	<b>13</b>	KB SPOKO SŁAWNO	M-Open	33	00:00:42	00:15:25	00:31:26	<b>00:48:01.15</b>	+00:15:14 (31.7%)	4:48	12.5 (68.3%)
86	<b>KAŚNICKA Tamara</b>	<b>76</b>		K-40	2	00:00:28	00:16:12	00:32:16	<b>00:48:09.05</b>	+00:15:22 (31.9%)	4:48	12.5 (68.3%)
87	<b>HORBACZ Grzegorz</b>	<b>56</b>		M-40	30	00:00:30	00:16:16	00:32:39	<b>00:48:16.80</b>	+00:15:30 (32.1%)	4:49	12.4 (67.8%)
88	<b>STRZELECKI Zbigniew</b>	<b>216</b>	KORZYBSKIE REKINY	M-60	3	00:00:28	00:15:55	00:31:53	<b>00:48:19.10</b>	+00:15:32 (32.2%)	4:49	12.4 (67.8%)
89	<b>LEMAŃSKA Katarzyna</b>	<b>117</b>	USB USTKA	K-Open	10	00:00:22	00:15:36	00:32:01	<b>00:48:22.05</b>	+00:15:35 (32.2%)	4:50	12.4 (67.8%)
90	<b>KLEBBA Artur</b>	<b>80</b>	DRUTEX	M-40	31	00:00:26	00:15:35	00:31:43	<b>00:48:30.20</b>	+00:15:43 (32.4%)	4:51	12.4 (67.8%)
91	<b>GUZIK Piotr</b>	<b>48</b>		M-Open	34	00:00:28	00:15:38	00:32:06	<b>00:48:41.45</b>	+00:15:54 (32.7%)	4:52	12.3 (67.2%)
92	<b>LIPNIEWICZ Paweł</b>	<b>123</b>	LIPNE MUMIE	M-Open	35	00:00:30	00:15:57	00:32:24	<b>00:48:41.55</b>	+00:15:55 (32.7%)	4:52	12.3 (67.2%)
93	<b>ORLOWSKI Maciej</b>	<b>166</b>		M-Open	36	00:00:28	00:16:10	00:32:10	<b>00:48:43.70</b>	+00:15:57 (32.7%)	4:52	12.3 (67.2%)
94	<b>LEWANDOWSKA Beata</b>	<b>120</b>	STOPA SŁUPSK	K-40	3	00:00:21	00:15:36	00:31:51	<b>00:48:48.55</b>	+00:16:02 (32.8%)	4:52	12.3 (67.2%)
95	<b>KAZIMIERCZAK Leszek</b>	<b>77</b>	CSSP KOSZALIN	M-Open	37	00:00:29	00:16:12	00:32:41	<b>00:48:57.00</b>	+00:16:10 (33.0%)	4:53	12.3 (67.2%)
96	<b>KULCZYK Katarzyna</b>	<b>109</b>	KB BRYZA POSTOMINO	K-Open	11	00:00:20	00:16:03	00:32:22	<b>00:49:01.95</b>	+00:16:15 (33.2%)	4:54	12.2 (66.7%)
97	<b>ANTOSIAK Grzegorz</b>	<b>4</b>	DECATHLON POWER SŁUPSK	M-Open	38	00:00:31	00:15:20	00:31:49	<b>00:49:06.65</b>	+00:16:20 (33.3%)	4:54	12.2 (66.7%)
98	<b>SZEWCZYK Wioletta</b>	<b>220</b>	ZABIEGANI Z LEŚNEJ	K-40	4	00:00:28	00:15:46	00:32:32	<b>00:49:08.50</b>	+00:16:21 (33.3%)	4:54	12.2 (66.7%)
99	<b>ANTKOWIAK Sebastian</b>	<b>3</b>	DB - ACTIVE	M-40	32	00:00:31	00:15:56	00:32:43	<b>00:49:23.85</b>	+00:16:37 (33.6%)	4:56	12.1 (66.1%)
100	<b>GAJEK Artur</b>	<b>34</b>	KORZYBSKIE REKINY	M-40	33	00:00:29	00:16:09	00:32:29	<b>00:49:26.35</b>	+00:16:39 (33.7%)	4:56	12.1 (66.1%)
101	<b>MAREK Piotr</b>	<b>134</b>		M-40	34	00:00:32	00:16:45	00:33:27	<b>00:49:31.85</b>	+00:16:45 (33.8%)	4:57	12.1 (66.1%)
102	<b>RASZPLA Radosław</b>	<b>191</b>	BBL	M-40	35	00:00:22	00:15:44	00:32:43	<b>00:49:37.30</b>	+00:16:50 (33.9%)	4:57	12.1 (66.1%)
103	<b>PODLAK Piotr</b>	<b>182</b>		M-Open	39	00:00:29	00:16:11	00:32:55	<b>00:49:40.35</b>	+00:16:53 (34.0%)	4:58	12.1 (66.1%)
104	<b>RUTKOWSKI Artur</b>	<b>197</b>	KOSZALIŃSKI RANKING BIEGACZY	M-Open	40	00:00:23	00:16:06	00:32:43	<b>00:49:40.55</b>	+00:16:54 (34.0%)	4:58	12.1 (66.1%)
105	<b>HANN Grzegorz</b>	<b>51</b>	STOPA SŁUPSK	M-40	36	00:00:22	00:16:05	00:32:56	<b>00:49:42.55</b>	+00:16:56 (34.1%)	4:58	12.1 (66.1%)
106	<b>NIWIŃSKI Grzegorz</b>	<b>157</b>	TUPOT USTKA	M-60	4	00:00:42	00:16:35	00:33:10	<b>00:49:54.75</b>	+00:17:08 (34.3%)	4:59	12 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
107	<b>ART Kamila</b>	<b>7</b>		K-Open	12	00:00:40	00:17:15	00:33:36	<b>00:49:55.90</b>	+00:17:09 (34.4%)	4:59	12 (65.6%)
108	<b>BUKOWSKI Bartosz</b>	<b>18</b>		M-Open	41	00:00:29	00:15:45	00:32:31	<b>00:50:02.30</b>	+00:17:15 (34.5%)	5:00	12 (65.6%)
109	<b>BOROWIEC Mariusz</b>	<b>14</b>		M-40	37	00:00:40	00:17:11	00:33:54	<b>00:50:04.20</b>	+00:17:17 (34.5%)	5:00	12 (65.6%)
110	<b>KĘSIK Agnieszka</b>	<b>79</b>	ŚWIAT PŁYTEK U KRYSPIŃ	K-Open	13	00:00:26	00:16:04	00:32:48	<b>00:50:06.20</b>	+00:17:19 (34.6%)	5:00	12 (65.6%)
111	<b>KARGUL Jacek</b>	<b>73</b>	NIGHT RUNNERS SŁUPSK	M-40	38	00:00:34	00:16:20	00:32:59	<b>00:50:06.85</b>	+00:17:20 (34.6%)	5:00	12 (65.6%)
112	<b>KARAŚ Radosław</b>	<b>72</b>	NIGHT RUNNERS SŁUPSK	M-Open	42	00:00:35	00:16:06	00:32:39	<b>00:50:07.00</b>	+00:17:20 (34.6%)	5:00	12 (65.6%)
113	<b>JOCHYM Mariusz</b>	<b>65</b>	WKURW_TEAM	M-Open	43	00:00:36	00:16:42	00:33:33	<b>00:50:10.80</b>	+00:17:24 (34.7%)	5:01	12 (65.6%)
114	<b>MARKIEWICZ Barbara</b>	<b>136</b>		K-Open	14	00:00:19	00:15:31	00:32:19	<b>00:50:12.10</b>	+00:17:25 (34.7%)	5:01	12 (65.6%)
115	<b>DRULIK-HOŁUB Marta</b>	<b>29</b>	TORNADO KOSZALIN	K-40	5	00:00:23	00:16:14	00:33:02	<b>00:50:15.25</b>	+00:17:28 (34.8%)	5:01	11.9 (65.0%)
116	<b>MOTYKOWSKA Ksenia</b>	<b>149</b>	KB SPOKO SŁAWNO	K-Open	15	00:00:23	00:16:09	00:33:01	<b>00:50:28.75</b>	+00:17:42 (35.1%)	5:02	11.9 (65.0%)
117	<b>SZYMAŃSKI Mateusz</b>	<b>224</b>	MTS HAMER MIASTKO	M-Open	44	00:00:31	00:17:11	00:33:55	<b>00:50:30.95</b>	+00:17:44 (35.1%)	5:03	11.9 (65.0%)
118	<b>WENCLAWSKI Michał</b>	<b>243</b>	DECATHLON POWER SŁUPSK	M-Open	45	00:00:31	00:17:00	00:33:50	<b>00:50:32.30</b>	+00:17:45 (35.1%)	5:03	11.9 (65.0%)
119	<b>KANIEWSKI Jacek</b>	<b>71</b>	W.P.K SŁOŃ TEAM USTKA	M-40	39	00:00:35	00:16:23	00:33:14	<b>00:50:35.55</b>	+00:17:49 (35.2%)	5:03	11.9 (65.0%)
120	<b>ZĘBALA Dariusz</b>	<b>263</b>	DRUTEX	M-40	40	00:00:26	00:16:19	00:33:31	<b>00:50:46.45</b>	+00:17:59 (35.4%)	5:04	11.8 (64.5%)
121	<b>LASKA Agnieszka</b>	<b>116</b>	MKS ŚWIĘC SŁAWNO	K-40	6	00:00:30	00:16:30	00:33:44	<b>00:50:55.00</b>	+00:18:08 (35.6%)	5:05	11.8 (64.5%)
122	<b>BARYŁA Tomasz</b>	<b>9</b>		M-40	41	00:00:29	00:16:13	00:33:22	<b>00:51:07.05</b>	+00:18:20 (35.9%)	5:06	11.7 (63.9%)
123	<b>DRZEWIECKA Justyna</b>	<b>31</b>		K-Open	16	00:00:25	00:16:28	00:33:53	<b>00:51:10.75</b>	+00:18:24 (36.0%)	5:07	11.7 (63.9%)
124	<b>SPOLSKA Weronika</b>	<b>211</b>		K-Open	17	00:00:36	00:17:16	00:34:19	<b>00:51:10.90</b>	+00:18:24 (36.0%)	5:07	11.7 (63.9%)
125	<b>OLECHNOWICZ Zbigniew</b>	<b>162</b>	TUPOT USTKA	M-70+	1	00:00:23	00:16:42	00:33:56	<b>00:51:28.45</b>	+00:18:41 (36.3%)	5:08	11.7 (63.9%)
126	<b>KOS Krystian</b>	<b>93</b>	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-Open	46	00:00:36	00:17:22	00:34:22	<b>00:51:34.70</b>	+00:18:48 (36.5%)	5:09	11.6 (63.4%)
127	<b>NAGÓRNY Sławomir</b>	<b>154</b>		M-50	12	00:00:17	00:15:53	00:33:26	<b>00:51:35.15</b>	+00:18:48 (36.5%)	5:09	11.6 (63.4%)
128	<b>PIĄTKOWSKI Michał</b>	<b>176</b>	CZARNI SŁUPSK	M-Open	47	00:00:29	00:16:50	00:34:11	<b>00:51:38.80</b>	+00:18:52 (36.5%)	5:09	11.6 (63.4%)
129	<b>MIKINKA Magdalena</b>	<b>145</b>		K-Open	18	00:00:30	00:16:52	00:34:22	<b>00:51:39.15</b>	+00:18:52 (36.5%)	5:09	11.6 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
130	<b>PRYZWAN Karolina</b>	<b>186</b>		K-Open	19	00:00:33	00:17:17	00:34:24	<b>00:51:44.45</b>	+00:18:57 (36.7%)	5:10	11.6 (63.4%)
131	<b>DERLIŃSKI Jacek</b>	<b>28</b>	AKADEMIA POMORSKA	M-Open	48	00:00:30	00:16:07	00:33:53	<b>00:51:44.70</b>	+00:18:58 (36.7%)	5:10	11.6 (63.4%)
132	<b>ZARZYCKI Dariusz</b>	<b>261</b>	W.P.K SŁOŃ TEAM USTKA	M-40	42	00:00:36	00:16:48	00:34:18	<b>00:51:51.00</b>	+00:19:04 (36.8%)	5:11	11.6 (63.4%)
133	<b>ZARZYCKA Izabela</b>	<b>260</b>	W.P.K SŁOŃ TEAM USTKA	K-40	7	00:00:36	00:16:48	00:34:18	<b>00:51:51.20</b>	+00:19:04 (36.8%)	5:11	11.6 (63.4%)
134	<b>HARBUTIAK Monika</b>	<b>52</b>	ŻYJ Z ENERGIA	K-Open	20	00:00:30	00:16:56	00:34:33	<b>00:51:54.00</b>	+00:19:07 (36.8%)	5:11	11.6 (63.4%)
135	<b>SZYMAŃSKI Tomasz</b>	<b>225</b>		M-40	43	00:00:35	00:16:34	00:33:54	<b>00:51:57.35</b>	+00:19:10 (36.9%)	5:11	11.5 (62.8%)
136	<b>JAWORSKI Robert</b>	<b>62</b>	KB BRYZA POSTOMINO	M-40	44	00:00:22	00:16:17	00:33:48	<b>00:52:06.10</b>	+00:19:19 (37.1%)	5:12	11.5 (62.8%)
137	<b>KASPROWICZ Sebastian</b>	<b>75</b>	JW 3411	M-Open	49	00:00:39	00:17:15	00:34:37	<b>00:52:10.30</b>	+00:19:23 (37.2%)	5:13	11.5 (62.8%)
138	<b>KOWALSKI Krzysztof</b>	<b>96</b>	STOPA SŁUPSK	M-60	5	00:00:33	00:17:45	00:35:05	<b>00:52:19.30</b>	+00:19:32 (37.4%)	5:13	11.5 (62.8%)
139	<b>NOWAK Marek</b>	<b>159</b>		M-Open	50	00:00:40	00:17:33	00:35:11	<b>00:52:25.55</b>	+00:19:39 (37.5%)	5:14	11.4 (62.3%)
140	<b>JĘDRUSZCZAK Izabela</b>	<b>64</b>		K-40	8	00:00:26	00:17:08	00:34:42	<b>00:52:30.60</b>	+00:19:44 (37.6%)	5:15	11.4 (62.3%)
141	<b>STANIASZEK Bogusław</b>	<b>212</b>	TUPOT USTKA	M-60	6	00:00:38	00:18:35	00:35:42	<b>00:52:33.60</b>	+00:19:47 (37.6%)	5:15	11.4 (62.3%)
142	<b>KOWALCZYK Piotr</b>	<b>95</b>	FOR-REST-RUN	M-Open	51	00:00:36	00:17:04	00:34:39	<b>00:52:36.85</b>	+00:19:50 (37.7%)	5:15	11.4 (62.3%)
143	<b>NOWAK Wioleta</b>	<b>160</b>		K-Open	21	00:00:40	00:17:33	00:35:10	<b>00:52:44.80</b>	+00:19:58 (37.9%)	5:16	11.4 (62.3%)
144	<b>KOPOWSKA Beata</b>	<b>91</b>		K-Open	22	00:00:25	00:16:58	00:34:42	<b>00:52:45.85</b>	+00:19:59 (37.9%)	5:16	11.4 (62.3%)
145	<b>RYCHLIŃSKI Damian</b>	<b>203</b>	WATAHA-ŁĄCZY NAS BIEGANIE	M-Open	52	00:00:36	00:17:46	00:35:23	<b>00:52:50.25</b>	+00:20:03 (38.0%)	5:17	11.4 (62.3%)
146	<b>ZIELIŃSKA Marzena</b>	<b>264</b>	DECATHLON POWER SŁUPSK	K-40	9	00:00:27	00:17:49	00:35:32	<b>00:52:53.65</b>	+00:20:07 (38.0%)	5:17	11.3 (61.7%)
147	<b>HAŁKA Arkadiusz</b>	<b>49</b>	TRUCHT ŁOBEZ	M-40	45	00:00:38	00:17:19	00:35:00	<b>00:53:03.95</b>	+00:20:17 (38.2%)	5:18	11.3 (61.7%)
148	<b>TYRKA Emil</b>	<b>238</b>		M-Open	53	00:00:28	00:17:13	00:34:51	<b>00:53:13.15</b>	+00:20:26 (38.4%)	5:19	11.3 (61.7%)
149	<b>TYRKA Małgorzata</b>	<b>237</b>		K-Open	23	00:00:27	00:17:13	00:34:50	<b>00:53:13.30</b>	+00:20:26 (38.4%)	5:19	11.3 (61.7%)
150	<b>PAWLIK Krystian</b>	<b>168</b>	USTKA	M-Open	54	00:00:27	00:16:13	00:34:43	<b>00:53:17.40</b>	+00:20:30 (38.5%)	5:19	11.3 (61.7%)
151	<b>TELESIEWICZ Henryk</b>	<b>229</b>	KB SPOKO SŁAWNO	M-70+	2	00:00:23	00:16:48	00:34:41	<b>00:53:21.65</b>	+00:20:35 (38.6%)	5:20	11.2 (61.2%)
152	<b>KONKEL Joanna</b>	<b>88</b>	MKS ŚWIĘC SŁAWNO	K-50	1	00:00:31	00:17:24	00:35:10	<b>00:53:21.90</b>	+00:20:35 (38.6%)	5:20	11.2 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
153	<b>RATAJCZYK Monika</b>	<b>192</b>		K-Open	24	00:00:38	00:17:55	00:35:34	<b>00:53:31.60</b>	+00:20:45 (38.8%)	5:21	11.2 (61.2%)
154	<b>GÓRSKI Michał</b>	<b>45</b>		M-Open	55	00:00:24	00:16:41	00:35:00	<b>00:53:50.00</b>	+00:21:03 (39.1%)	5:23	11.1 (60.7%)
155	<b>ŁAKOMSKA Wanda</b>	<b>126</b>	ŁAKOMSCY NA BIEGANIE!	K-60	1	00:00:22	00:17:32	00:35:27	<b>00:53:51.85</b>	+00:21:05 (39.2%)	5:23	11.1 (60.7%)
156	<b>KOT Daniel</b>	<b>94</b>	KOT TEAM	M-40	46	00:00:36	00:18:11	00:35:43	<b>00:53:52.85</b>	+00:21:06 (39.2%)	5:23	11.1 (60.7%)
157	<b>REDLAK Tomasz</b>	<b>193</b>		M-40	47	00:00:28	00:17:12	00:35:24	<b>00:53:54.95</b>	+00:21:08 (39.2%)	5:23	11.1 (60.7%)
158	<b>MALINOWSKI Adam</b>	<b>130</b>	MKS ŚWIĘC SŁAWNO	M-60	7	00:00:32	00:17:58	00:35:57	<b>00:53:58.65</b>	+00:21:12 (39.3%)	5:23	11.1 (60.7%)
159	<b>KOŁODZIEJCZYK Danuta</b>	<b>85</b>		K-50	2	00:00:27	00:17:21	00:35:21	<b>00:53:58.80</b>	+00:21:12 (39.3%)	5:23	11.1 (60.7%)
160	<b>SZYSZKOWSKI Tomasz</b>	<b>228</b>		M-Open	56	00:00:27	00:17:40	00:35:40	<b>00:54:00.15</b>	+00:21:13 (39.3%)	5:24	11.1 (60.7%)
161	<b>GAŁKOWSKA Patrycja</b>	<b>36</b>	KB BRYZA POSTOMINO	K-Open	25	00:00:31	00:17:44	00:35:31	<b>00:54:00.70</b>	+00:21:14 (39.3%)	5:24	11.1 (60.7%)
162	<b>KAMIŃSKI Tomasz</b>	<b>70</b>	JW 1223	M-40	48	00:00:33	00:17:11	00:35:48	<b>00:54:07.35</b>	+00:21:20 (39.4%)	5:24	11.1 (60.7%)
163	<b>GAŁECKI Jacek</b>	<b>35</b>	TEAM MATEUSZ POLSKI	M-50	13	00:00:24	00:17:14	00:35:52	<b>00:54:23.70</b>	+00:21:37 (39.7%)	5:26	11 (60.1%)
164	<b>WITKOWSKI Krzysztof</b>	<b>257</b>	MKS ŚWIĘC SŁAWNO	M-50	14	00:00:38	00:18:27	00:36:20	<b>00:54:26.10</b>	+00:21:39 (39.8%)	5:26	11 (60.1%)
165	<b>PELA Hanna</b>	<b>170</b>	USB USTKA	K-40	10	00:00:25	00:17:35	00:35:55	<b>00:54:27.50</b>	+00:21:40 (39.8%)	5:26	11 (60.1%)
166	<b>HAŁAJKO Magdalena</b>	<b>280</b>		K-Open	26	00:00:27	00:17:12	00:35:29	<b>00:54:28.35</b>	+00:21:41 (39.8%)	5:26	11 (60.1%)
167	<b>WILCZYŃSKI Piotr</b>	<b>253</b>		M-Open	57	00:00:26	00:17:13	00:35:45	<b>00:54:29.35</b>	+00:21:42 (39.8%)	5:26	11 (60.1%)
168	<b>KACZMAREK Krzysztof</b>	<b>68</b>		M-Open	58	00:00:27	00:17:10	00:35:51	<b>00:54:38.75</b>	+00:21:52 (40.0%)	5:27	11 (60.1%)
169	<b>KULAWIŃSKI Marek</b>	<b>108</b>		M-40	49	00:00:41	00:18:03	00:36:18	<b>00:54:57.80</b>	+00:22:11 (40.4%)	5:29	10.9 (59.6%)
170	<b>BRODACKA Katarzyna</b>	<b>15</b>		K-Open	27	00:00:29	00:17:07	00:35:51	<b>00:55:00.25</b>	+00:22:13 (40.4%)	5:30	10.9 (59.6%)
171	<b>LEWANDOWSKA Maria</b>	<b>121</b>	W.P.K SŁOŃ TEAM USTKA	K-Open	28	00:00:32	00:18:11	00:36:34	<b>00:55:04.00</b>	+00:22:17 (40.5%)	5:30	10.9 (59.6%)
172	<b>GARNCAREK Paweł</b>	<b>40</b>		M-Open	59	00:00:37	00:18:30	00:37:05	<b>00:55:21.95</b>	+00:22:35 (40.8%)	5:32	10.8 (59.0%)
173	<b>ANTOSIK Grażyna</b>	<b>5</b>	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-Open	29	00:00:31	00:18:05	00:36:44	<b>00:55:36.40</b>	+00:22:49 (41.1%)	5:33	10.8 (59.0%)
174	<b>MROZIK Joanna</b>	<b>150</b>		K-Open	30	00:00:27	00:18:01	00:36:53	<b>00:55:45.20</b>	+00:22:58 (41.2%)	5:34	10.8 (59.0%)
175	<b>ANDRZEJCZAK Sławomir</b>	<b>2</b>	GRZESŁAW USTKA	M-40	50	00:00:28	00:17:25	00:36:03	<b>00:55:48.90</b>	+00:23:02 (41.3%)	5:34	10.8 (59.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
176	JAROSZEWICZ Mirek	60		M-40	51	00:00:37	00:18:10	00:37:02	<b>00:56:00.05</b>	+00:23:13 (41.5%)	5:36	10.7 (58.5%)
177	CHUDY Henryk	23	KS OLSZEWSKI I SYNOWIE SŁAWSKO	M-60	8	00:00:24	00:17:26	00:36:09	<b>00:56:05.15</b>	+00:23:18 (41.6%)	5:36	10.7 (58.5%)
178	KOZA Joanna	98	USB USTKA	K-Open	31	00:00:26	00:18:41	00:37:13	<b>00:56:14.00</b>	+00:23:27 (41.7%)	5:37	10.7 (58.5%)
179	SUCHANOWSKI Zygmunt	217	RESPECT LOTYŃ	M-50	15	00:00:29	00:17:34	00:36:20	<b>00:56:17.10</b>	+00:23:30 (41.8%)	5:37	10.7 (58.5%)
180	LEŚNIEWSKI Bartosz	119	JW 3411	M-Open	60	00:00:39	00:17:43	00:36:51	<b>00:56:29.20</b>	+00:23:42 (42.0%)	5:38	10.6 (57.9%)
181	PRUSZAK Aneta	185	RUNTASTYCZNI TEAM BYTÓW	K-Open	32	00:00:31	00:17:36	00:36:47	<b>00:56:33.80</b>	+00:23:47 (42.1%)	5:39	10.6 (57.9%)
182	KRASIŃSKI Witold	100		M-40	52	00:00:35	00:17:09	00:36:39	<b>00:56:43.20</b>	+00:23:56 (42.2%)	5:40	10.6 (57.9%)
183	PUŚCIAN Krzysztof	189	SZKOŁA PODSTAWOWA W MANOWIE	M-40	53	00:00:38	00:17:59	00:38:01	<b>00:56:43.55</b>	+00:23:57 (42.2%)	5:40	10.6 (57.9%)
184	KOWALSKI Bartosz	97	SAMOLEJ ZTS	M-40	54	00:00:39	00:18:36	00:37:39	<b>00:56:48.20</b>	+00:24:01 (42.3%)	5:40	10.6 (57.9%)
185	ZAWADA Andrzej	262		M-50	16	00:00:28	00:15:37	00:34:08	<b>00:57:16.05</b>	+00:24:29 (42.8%)	5:43	10.5 (57.4%)
186	WOŹNIAK Dariusz	258	WWW.LIMO300C.COM	M-40	55	00:00:16	00:18:00	00:37:25	<b>00:57:20.30</b>	+00:24:33 (42.8%)	5:44	10.5 (57.4%)
187	WITKOWSKI Dawid	255		M-Open	61	00:00:38	00:18:49	00:37:26	<b>00:57:29.40</b>	+00:24:42 (43.0%)	5:44	10.4 (56.8%)
188	STEFANOWSKI Kamil	213		M-Open	62	00:00:39	00:18:36	00:37:57	<b>00:57:41.85</b>	+00:24:55 (43.2%)	5:46	10.4 (56.8%)
189	GLISZCZYŃSKI Łukasz	222	ŚWIAT PŁYTEK U KRYSPIŃA	M-Open	63	00:00:26	00:16:48	00:37:22	<b>00:57:44.20</b>	+00:24:57 (43.2%)	5:46	10.4 (56.8%)
190	KOROLCZUK Karolina	92		K-Open	33	00:00:40	00:18:16	00:37:36	<b>00:57:44.45</b>	+00:24:57 (43.2%)	5:46	10.4 (56.8%)
191	SZYMBORSKI Wojciech	271		M-Open	64	00:00:41	00:19:38	00:38:52	<b>00:57:44.55</b>	+00:24:58 (43.2%)	5:46	10.4 (56.8%)
192	RASZPLA Ilona	190	CIOTECZKI.PL	K-40	11	00:00:36	00:19:32	00:38:25	<b>00:57:50.60</b>	+00:25:04 (43.3%)	5:47	10.4 (56.8%)
193	MIELNICZEK Janusz	143		M-40	56	00:00:41	00:19:39	00:38:53	<b>00:57:55.15</b>	+00:25:08 (43.4%)	5:47	10.4 (56.8%)
194	KLEJDYSZ Beata	81		K-40	12	00:00:28	00:18:17	00:37:49	<b>00:57:59.00</b>	+00:25:12 (43.5%)	5:47	10.3 (56.3%)
195	BRZOSTOWSKA Ewa	16	KB BRYZA POSTOMINO	K-40	13	00:00:32	00:18:26	00:37:51	<b>00:58:05.05</b>	+00:25:18 (43.6%)	5:48	10.3 (56.3%)
196	KRUSZYŃSKI Stanisław	104	DARŁOWSKIE CHARTY,KLUBMORSÓW	M-50	17	00:00:33	00:19:01	00:38:27	<b>00:58:08.70</b>	+00:25:22 (43.6%)	5:48	10.3 (56.3%)
197	ORDAK Iwona	37	SAM SOBIE	K-40	14	00:00:35	00:19:02	00:38:28	<b>00:58:08.85</b>	+00:25:22 (43.6%)	5:48	10.3 (56.3%)
198	MAJ Agnieszka	128		K-40	15	00:00:29	00:18:42	00:38:14	<b>00:58:10.45</b>	+00:25:23 (43.7%)	5:49	10.3 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
199	<b>MOTOWIDŁO-ZAWADZKA Izabella</b>	<b>148</b>	DECATHLON POWER SŁUPSK	K-40	16	00:00:32	00:18:56	00:38:50	<b>00:58:26.95</b>	+00:25:40 (43.9%)	5:50	10.3 (56.3%)
200	<b>SZYMCZEWSKI Szymon</b>	<b>227</b>		M-Open	65	00:00:38	00:17:27	00:37:28	<b>00:58:36.05</b>	+00:25:49 (44.1%)	5:51	10.2 (55.7%)
201	<b>KAZIMIEROWICZ Radosław</b>	<b>78</b>	VTT KOSZALIN	M-Open	66	00:00:38	00:18:14	00:38:07	<b>00:58:40.75</b>	+00:25:54 (44.1%)	5:52	10.2 (55.7%)
202	<b>KOCIOŁEK Robert</b>	<b>84</b>		M-50	18	00:00:28	00:17:49	00:38:39	<b>00:58:48.25</b>	+00:26:01 (44.3%)	5:52	10.2 (55.7%)
203	<b>WIKTOROWICZ Małgorzata</b>	<b>251</b>	CIOTECZKI.PL	K-40	17	00:00:35	00:19:33	00:39:08	<b>00:59:05.15</b>	+00:26:18 (44.5%)	5:54	10.2 (55.7%)
204	<b>BIERNAT Karolina</b>	<b>276</b>		K-Open	34	00:00:36	00:17:58	00:38:02	<b>00:59:08.95</b>	+00:26:22 (44.6%)	5:54	10.1 (55.2%)
205	<b>MICHALIK Agnieszka</b>	<b>142</b>		K-Open	35	00:00:34	00:19:18	00:39:21	<b>00:59:17.10</b>	+00:26:30 (44.7%)	5:55	10.1 (55.2%)
206	<b>SZWEDA Mateusz</b>	<b>223</b>		M-Open	67	00:00:35	00:19:16	00:39:19	<b>00:59:20.15</b>	+00:26:33 (44.8%)	5:56	10.1 (55.2%)
207	<b>KARNICKI Zygmunt</b>	<b>74</b>	TKKF KOSZALIN	M-60	9	00:00:30	00:18:54	00:39:06	<b>00:59:44.75</b>	+00:26:58 (45.1%)	5:58	10 (54.6%)
208	<b>LEWANDOWSKI Adam</b>	<b>122</b>	W.P.K SŁOŃ TEAM USTKA	M-Open	68	00:00:32	00:18:11	00:39:22	<b>01:00:39.05</b>	+00:27:52 (46.0%)	6:03	9.9 (54.1%)
209	<b>SZYMAŃSKI Patryk</b>	<b>226</b>		M-Open	69	00:00:34	00:19:16	00:39:19	<b>01:00:51.70</b>	+00:28:05 (46.1%)	6:05	9.9 (54.1%)
210	<b>PRZYBYŁ Krzysztof</b>	<b>187</b>		M-Open	70	00:00:35	00:19:18	00:39:19	<b>01:00:51.85</b>	+00:28:05 (46.1%)	6:05	9.9 (54.1%)
211	<b>CHAMERA Tomasz</b>	<b>21</b>		M-40	57	00:00:33	00:19:18	00:39:20	<b>01:00:51.95</b>	+00:28:05 (46.2%)	6:05	9.9 (54.1%)
212	<b>RYBA Anna</b>	<b>200</b>	USB USTKA	K-40	18	00:00:26	00:18:58	00:39:36	<b>01:00:53.10</b>	+00:28:06 (46.2%)	6:05	9.9 (54.1%)
213	<b>MARIAK Adrian</b>	<b>135</b>		M-Open	71	00:00:41	00:18:57	00:39:40	<b>01:01:07.75</b>	+00:28:21 (46.4%)	6:06	9.8 (53.6%)
214	<b>KOMAR Agnieszka</b>	<b>86</b>	KB SPOKO SŁAWNO	K-Open	36	00:00:35	00:19:54	00:40:47	<b>01:01:25.10</b>	+00:28:38 (46.6%)	6:08	9.8 (53.6%)
215	<b>MEGGER Agata</b>	<b>272</b>	ŻYJ Z ENERGIA	K-40	19	00:00:34	00:20:04	00:40:52	<b>01:02:06.35</b>	+00:29:19 (47.2%)	6:12	9.7 (53.0%)
216	<b>GARBADZKA Agata</b>	<b>39</b>		K-Open	37	00:00:35	00:19:35	00:40:54	<b>01:02:24.65</b>	+00:29:38 (47.5%)	6:14	9.6 (52.5%)
217	<b>LACHOWICZ Joanna</b>	<b>115</b>		K-Open	38	00:00:40	00:21:37	00:42:47	<b>01:03:02.55</b>	+00:30:16 (48.0%)	6:18	9.5 (51.9%)
218	<b>ADAMCZYK Michalina</b>	<b>1</b>		K-Open	39	00:00:40	00:21:38	00:42:47	<b>01:03:02.85</b>	+00:30:16 (48.0%)	6:18	9.5 (51.9%)
219	<b>KURCZYK Elżbieta</b>	<b>111</b>		K-40	20	00:00:40	00:21:38	00:42:47	<b>01:03:02.95</b>	+00:30:16 (48.0%)	6:18	9.5 (51.9%)
220	<b>WACHHOLZ Beata</b>	<b>240</b>	KB BRYZA POSTOMINO	K-40	21	00:00:36	00:19:41	00:41:07	<b>01:03:15.50</b>	+00:30:28 (48.2%)	6:19	9.5 (51.9%)
221	<b>TWOREK Józef</b>	<b>273</b>		M-50	19	00:00:38	00:20:59	00:42:01	<b>01:03:48.45</b>	+00:31:01 (48.6%)	6:22	9.4 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
222	<b>MARCZAK Małgorzata</b>	<b>133</b>		K-50	3	00:00:30	00:19:49	00:41:36	<b>01:03:56.45</b>	+00:31:09 (48.7%)	6:23	9.4 (51.4%)
223	<b>PROTASEWICZ Renata</b>	<b>184</b>	KB SPOKO SŁAWNO	K-Open	40	00:00:40	00:21:11	00:42:59	<b>01:04:35.35</b>	+00:31:48 (49.3%)	6:27	9.3 (50.8%)
224	<b>HELLER Zdzisław</b>	<b>53</b>	NIEZRZESZONY	M-60	10	00:00:38	00:21:11	00:42:59	<b>01:04:35.60</b>	+00:31:49 (49.3%)	6:27	9.3 (50.8%)
225	<b>SUŁEK Dorota</b>	<b>218</b>	KB BRYZA POSTOMINO	K-Open	41	00:00:30	00:19:48	00:42:21	<b>01:05:25.15</b>	+00:32:38 (49.9%)	6:32	9.2 (50.3%)
226	<b>MICHALAK Wojciech</b>	<b>141</b>	MKS ŚWIĘC SŁAWNO	M-40	58	00:00:43	00:21:14	00:44:14	<b>01:07:24.50</b>	+00:34:37 (51.4%)	6:44	8.9 (48.6%)
227	<b>PEŁKA Iwona</b>	<b>171</b>		K-50	4	00:00:39	00:22:19	00:44:40	<b>01:08:12.35</b>	+00:35:25 (51.9%)	6:49	8.8 (48.1%)
228	<b>ŻUKOWSKI Władysław</b>	<b>267</b>		M-60	11	00:00:43	00:22:53	00:46:00	<b>01:09:23.75</b>	+00:36:37 (52.8%)	6:56	8.6 (47.0%)

Znaleziono 228 wynik(ów)