

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2019-05-18
Miejsce: Sławno
Dystans: 10 km

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	First_All 0.07km	End_All 3.38km	End_All 6.69km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	RYBARCZYK Jan	201	ŻYJ Z ENERGIA	M-50	1	00:00:15	00:11:39	00:23:22	00:35:05.15		3:30	17.1 (100%)
2	ZWOLSKI Andrzej	266	ŚCIGAŁ TEAM	M-50	2	00:00:14	00:12:03	00:25:14	00:37:43.35	+00:02:38 (7.0%)	3:46	15.9 (93.0%)
3	KRYCZKA Stanisław	106	MTS HAMER MIASTKO	M-50	3	00:00:16	00:12:32	00:25:23	00:38:28.90	+00:03:23 (8.8%)	3:50	15.6 (91.2%)
4	GAŁKOWSKI Dariusz	38		M-50	4	00:00:14	00:13:28	00:27:50	00:42:23.90	+00:07:18 (17.2%)	4:14	14.2 (83.0%)
5	NOWAK Jacek	158		M-50	5	00:00:23	00:14:31	00:29:58	00:45:15.95	+00:10:10 (22.5%)	4:31	13.3 (77.8%)
6	RUTKOWSKI Ryszard	198	KOSZALIŃSKI RANKING BIEGACZY	M-50	6	00:00:21	00:14:48	00:30:04	00:45:18.55	+00:10:13 (22.6%)	4:31	13.2 (77.2%)
7	SZCZEPANIAK Jacek	219	LUB WYBIERZ Z LISTY	M-50	7	00:00:24	00:14:26	00:29:54	00:45:23.00	+00:10:17 (22.7%)	4:32	13.2 (77.2%)
8	STRUŚ Artur	215	KB BRYZA POSTOMINO	M-50	8	00:00:25	00:15:07	00:30:21	00:45:49.35	+00:10:44 (23.4%)	4:34	13.1 (76.6%)
9	SALAMONIK Piotr	205		M-50	9	00:00:19	00:14:56	00:30:20	00:46:03.60	+00:10:58 (23.8%)	4:36	13 (76.0%)
10	TREDER Marian	233		M-50	10	00:00:25	00:15:24	00:31:01	00:46:40.75	+00:11:35 (24.8%)	4:40	12.9 (75.4%)
11	SOMINKA Andrzej	210	SSB (SOBIESAMBIEGAM)	M-50	11	00:00:29	00:15:17	00:31:25	00:47:45.75	+00:12:40 (26.5%)	4:46	12.6 (73.7%)
12	NAGÓRNY Sławomir	154		M-50	12	00:00:17	00:15:53	00:33:26	00:51:35.15	+00:16:30 (32.0%)	5:09	11.6 (67.8%)
13	GAŁECKI Jacek	35	TEAM MATEUSZ POLSKI	M-50	13	00:00:24	00:17:14	00:35:52	00:54:23.70	+00:19:18 (35.5%)	5:26	11 (64.3%)
14	WITKOWSKI Krzysztof	257	MKS ŚWIĘC SŁAWNO	M-50	14	00:00:38	00:18:27	00:36:20	00:54:26.10	+00:19:20 (35.5%)	5:26	11 (64.3%)
15	SUCHANOWSKI Zygmunt	217	RESPECT LOTYŃ	M-50	15	00:00:29	00:17:34	00:36:20	00:56:17.10	+00:21:11 (37.7%)	5:37	10.7 (62.6%)
16	ZAWADA Andrzej	262		M-50	16	00:00:28	00:15:37	00:34:08	00:57:16.05	+00:22:10 (38.7%)	5:43	10.5 (61.4%)
17	KRUSZYŃSKI Stanisław	104	DARŁOWSKIE CHARTY, KLUBMORSÓW	M-50	17	00:00:33	00:19:01	00:38:27	00:58:08.70	+00:23:03 (39.7%)	5:48	10.3 (60.2%)
18	KOCIOŁEK Robert	84		M-50	18	00:00:28	00:17:49	00:38:39	00:58:48.25	+00:23:43 (40.3%)	5:52	10.2 (59.6%)
19	TWOREK Józef	273		M-50	19	00:00:38	00:20:59	00:42:01	01:03:48.45	+00:28:43 (45.0%)	6:22	9.4 (55.0%)

Znaleziono 19 wynik(ów)