

XXIV BIEG ŚWIĘCÓW

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator:

Ośrodek Sportu i Rekreacji w Sławnie

Data:

2022-05-21

Miejsce:

Sławno

Dystans:

10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KUJAWSKI Grzegorz	103	FORMA JAK WINO	OPEN -M	1	00:32:08.00		3:12	18.7 (100%)
2	SOKOŁOWSKI Ryszard	99	LKB BRACI PETK ŁĘBORK/ BIEGAJĄCY DIETETYK TEAM	OPEN -M	2	00:32:27.90	+00:00:19 (1.0%)	3:14	18.5 (98.9%)
3	WIŚNIEWSKI Kacper	78	KS AZS AWF WARSZAWA	OPEN -M	3	00:32:39.25	+00:00:31 (1.6%)	3:15	18.4 (98.4%)
4	POBŁOCKI Piotr	52	UKS EKONOMIK MARATONCZYK	OPEN -M	4	00:34:26.50	+00:02:18 (6.7%)	3:26	17.4 (93.0%)
5	RUDNIK Krzysztof	55		OPEN -M	5	00:35:37.70	+00:03:29 (9.8%)	3:33	16.8 (89.8%)
6	MIELEWCZYK Łukasz	39	LKB BRACI PETK ŁĘBORK/ BIEGAJĄCY DIETETYK TEAM	OPEN -M	6	00:35:54.20	+00:03:46 (10.5%)	3:35	16.7 (89.3%)
7	WILCZEWSKI Krzysztof	75	KB SPOKO SŁAWNO	Powiat - M	1	00:37:41.95	+00:05:33 (14.8%)	3:46	15.9 (85.0%)
8	GRAFF Norbert	14		OPEN -M	7	00:37:47.60	+00:05:39 (15.0%)	3:46	15.9 (85.0%)
9	WOJTKIEWICZ Mateusz	82	KB DZIESIĄTKA BIAŁOGARD	OPEN -M	8	00:37:48.85	+00:05:40 (15.0%)	3:46	15.9 (85.0%)
10	ZIELINSKI Sławomir	84	HUSARIA	OPEN -M	9	00:38:01.65	+00:05:53 (15.5%)	3:48	15.8 (84.5%)
11	RUDNIKOWSKI Maciej	56	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	Powiat - M	2	00:38:17.65	+00:06:09 (16.1%)	3:49	15.7 (84.0%)
12	NEJMAN Jerzy	42		OPEN -M	10	00:39:26.55	+00:07:18 (18.5%)	3:56	15.2 (81.3%)
13	JABŁOŃSKI Tomasz	22	KB SPOKO SŁAWNO	Powiat - M	3	00:39:34.75	+00:07:26 (18.8%)	3:57	15.2 (81.3%)
14	WITKIEWICZ Eryk	79	KB 10 BIAŁOGARD	OPEN -M	11	00:39:44.30	+00:07:36 (19.1%)	3:58	15.1 (80.7%)
15	GAJLEWICZ Dominik	100	MTS HAMER	OPEN -M	12	00:40:14.15	+00:08:06 (20.1%)	4:01	14.9 (79.7%)
16	SMOŁUCH Marcin	95	KB BRYZA POSTOMINO	Powiat - M	4	00:40:17.60	+00:08:09 (20.3%)	4:01	14.9 (79.7%)
17	SŁUPCZEWSKI Krzysztof	102	SDROG KOSZALIN	OPEN -M	13	00:41:02.05	+00:08:54 (21.7%)	4:06	14.6 (78.1%)
18	CHRUSZCZ Mateusz	106	KB BRYZA POSTOMINO	OPEN -M	14	00:41:56.50	+00:09:48 (23.4%)	4:11	14.3 (76.5%)
19	GUZIK Piotr	17	USB USTKA	OPEN -M	15	00:42:04.75	+00:09:56 (23.6%)	4:12	14.3 (76.5%)
20	TURCZYN Tomasz	71	SŁAWNO	Powiat - M	5	00:42:13.80	+00:10:05 (23.9%)	4:13	14.2 (75.9%)
21	KUCHAREK Marcin	31	BBL SŁUPSLK	OPEN -M	16	00:42:21.00	+00:10:13 (24.1%)	4:14	14.2 (75.9%)
22	JABŁOŃSKI Andrzej	21	CZARNE BIEGA	OPEN -M	17	00:42:49.70	+00:10:41 (25.0%)	4:16	14 (74.9%)
23	NIECKARZ Krzysztof	44	KB SPOKO SŁAWNO	Powiat - M	6	00:43:17.95	+00:11:09 (25.8%)	4:19	13.9 (74.3%)
24	CHUDY Henryk	9	KSOLSZEWSKI I SYNOWIE	Powiat - M	7	00:43:35.60	+00:11:27 (26.3%)	4:21	13.8 (73.8%)
25	MAZUR Emilusz	35		Powiat - M	8	00:44:07.35	+00:11:59 (27.2%)	4:24	13.6 (72.7%)
26	SUCHANOWSKI Zygmunt	64	RESPECT LOTYŃ	OPEN -M	18	00:44:12.30	+00:12:04 (27.3%)	4:25	13.6 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
27	NOWAK Jacek	46		Powiat - M	9	00:44:21.10	+00:12:13 (27.5%)	4:26	13.5 (72.2%)
28	WIELGAT Łukasz	92	KB BRYZA POSTOMINO	Powiat - M	10	00:45:37.35	+00:13:29 (29.6%)	4:33	13.2 (70.6%)
29	SZUBERT Marcin	68	KOŁOBRZEG BIEGA	OPEN -M	19	00:45:45.75	+00:13:37 (29.8%)	4:34	13.1 (70.1%)
30	SCHWARZ Ludwik	60		OPEN -M	20	00:46:03.20	+00:13:55 (30.2%)	4:36	13 (69.5%)
31	MAZUREWICZ Damian	37	OPERACJA DOHA	OPEN -M	21	00:46:33.95	+00:14:25 (31.0%)	4:39	12.9 (69.0%)
32	SMOLIŃSKI Krzysztof	61	SMOLIŃSCY TEAM	OPEN -M	22	00:46:48.25	+00:14:40 (31.3%)	4:40	12.8 (68.4%)
33	GOSTOMCZYK Krzysztof	13	KB SPOKO SŁAWNO	Powiat - M	11	00:47:28.25	+00:15:20 (32.3%)	4:44	12.6 (67.4%)
34	JURYKIEWICZ Roman	98		OPEN -M	23	00:48:34.20	+00:16:26 (33.8%)	4:51	12.4 (66.3%)
35	ADASZYNSKI Wiesław	1	BIEGOLAS KOSZALIN	OPEN -M	24	00:48:47.85	+00:16:39 (34.1%)	4:52	12.3 (65.8%)
36	POPRAWSKI Adam	105		Miasto - M	1	00:49:02.70	+00:16:54 (34.5%)	4:54	12.2 (65.2%)
37	ORLOWSKI Maciej	48		OPEN -M	25	00:49:10.30	+00:17:02 (34.7%)	4:55	12.2 (65.2%)
38	KAZIMIERCZAK Leszek	26	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	OPEN -M	26	00:49:36.90	+00:17:28 (35.2%)	4:57	12.1 (64.7%)
39	ANTKOWIAK Sebastian	3	DB - ACTIVE	OPEN -M	27	00:49:41.05	+00:17:33 (35.3%)	4:58	12.1 (64.7%)
40	LEŚNIEWSKI Bartosz	33	JW 3411	Powiat - M	12	00:50:08.50	+00:18:00 (35.9%)	5:00	12 (64.2%)
41	PACHUTA Damian	50		Powiat - M	13	00:50:17.00	+00:18:09 (36.1%)	5:01	11.9 (63.6%)
42	GOSŁAWSKI Stanisław	12	AMATOR	OPEN -M	28	00:51:08.75	+00:19:00 (37.2%)	5:06	11.7 (62.6%)
43	WITKOWSKI Dawid	80		Powiat - M	14	00:51:12.15	+00:19:04 (37.2%)	5:07	11.7 (62.6%)
44	KANIEWSKI Jacek	25	W.P.K SŁOŃ TEAM USTKA	Powiat - M	15	00:51:31.30	+00:19:23 (37.6%)	5:09	11.6 (62.0%)
45	JAWORSKI Robert	104	KB BRYZA POSTOMINO	OPEN -M	29	00:51:42.70	+00:19:34 (37.9%)	5:10	11.6 (62.0%)
46	WINKOWSKI Andrzej	76		OPEN -M	30	00:52:03.75	+00:19:55 (38.3%)	5:12	11.5 (61.5%)
47	DEMIDOK Marcin	101	ANANASY Z 3 FAL	OPEN -M	31	00:52:47.10	+00:20:39 (39.1%)	5:16	11.4 (61.0%)
48	NOREK Ryszard	45		Powiat - M	16	00:52:53.35	+00:20:45 (39.2%)	5:17	11.3 (60.4%)
49	BAKALARZ Adam	90	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	Powiat - M	17	00:53:23.50	+00:21:15 (39.8%)	5:20	11.2 (59.9%)
50	KINCZEL Wojciech	27		Powiat - M	18	00:53:27.70	+00:21:19 (39.9%)	5:20	11.2 (59.9%)
51	STOJEWSKI Jarosław	18	KB SPOKO SŁAWNO	Powiat - M	19	00:53:34.80	+00:21:26 (40.0%)	5:21	11.2 (59.9%)
52	MAZUREK Ryszard	36		OPEN -M	32	00:53:43.30	+00:21:35 (40.2%)	5:22	11.2 (59.9%)
53	SZAFIRSKI Marek	65	BIEGAM BO LUBIEŃ - SŁUPSK	OPEN -M	33	00:53:52.55	+00:21:44 (40.4%)	5:23	11.1 (59.4%)
54	MICKIEWICZ VEL MICKUS Grzegorz	38	HARNAŚ	Powiat - M	20	00:54:22.15	+00:22:14 (40.9%)	5:26	11 (58.8%)
55	BUKOWSKI Bartosz	6		Powiat - M	21	00:55:12.55	+00:23:04 (41.8%)	5:31	10.9 (58.3%)
56	JUSZCZAK Krzysztof	23		OPEN -M	34	00:57:27.25	+00:25:19 (44.1%)	5:44	10.4 (55.6%)
57	WOŹNIAK Dariusz	83	WWW.LIMO300C.COM	Powiat - M	22	00:58:24.25	+00:26:16 (45.0%)	5:50	10.3 (55.1%)
58	TOPOLIŃSKI Ireneusz	69	BRYZA POSTOMINO	Powiat - M	23	00:58:35.55	+00:26:27 (45.2%)	5:51	10.2 (54.5%)
59	BURMAN Tomasz	7	ANANASY Z 3 FAL	OPEN -M	35	00:58:46.15	+00:26:38 (45.3%)	5:52	10.2 (54.5%)
60	KOT Daniel	30	KOT TEAM	OPEN -M	36	00:58:47.50	+00:26:39 (45.3%)	5:52	10.2 (54.5%)
61	HELLER Zdzisław	20		OPEN -M	37	00:59:21.40	+00:27:13 (45.9%)	5:56	10.1 (54.0%)
62	ZMITROWICZ Norbert	85	KLIMA-RAFLIK	OPEN -M	38	00:59:54.65	+00:27:46 (46.4%)	5:59	10 (53.5%)
63	OSTROWSKI Paweł	49		Powiat - M	24	01:01:08.00	+00:29:00 (47.4%)	6:06	9.8 (52.4%)
64	STANIASZEK Bogusław	62	TUPOTUSTKA	OPEN -M	39	01:07:44.15	+00:35:36 (52.6%)	6:46	8.9 (47.6%)
65	STOPNICKI Ignacy	63	TUPOT USTKA	OPEN -M	40	01:12:05.45	+00:39:57 (55.4%)	7:12	8.3 (44.4%)
66	MICHAŁAK Wojciech "Fachowiec"	93	MKS ŚWIĘC SŁAWNO	Powiat - M	25	01:12:07.60	+00:39:59 (55.4%)	7:12	8.3 (44.4%)
67	WITKOWSKI Krzysztof	81	MKS ŚWIĘC SŁAWNO	Powiat - M	26	01:12:07.80	+00:39:59 (55.5%)	7:12	8.3 (44.4%)