



Ludowy Klub Sportowy  
OSTROMECKO

# XXIX BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

**Organizator:** Ludowy Klub Sportowy Ostromecko, LZS Nowy Dwór, Zespół Szkół w Ostromecku, Urząd Gminy w Dąbrowie Chełmińskiej, Kujawsko-Pomorskie Zrzeszenie LZS w Toruniu

**Data:** 2016-10-09  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	mieszkaniec gminy Ostromecko	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>OCHAL Olga</b>	<b>195</b>	PREFBET ŚNIADOWO ŁOMŻA TEAM OCHAL	K30	1		<b>00:25:10.25</b>	<b>00:25:10.25</b>		3:21	17.9 (100%)
2	<b>SZENK Marta</b>	<b>66</b>		K30	2		<b>00:25:47.80</b>	<b>00:25:47.80</b>	+00:00:37 (2.4%)	3:26	17.5 (97.8%)
3	<b>ARSENIUK Anna</b>	<b>94</b>	T. S. OPATRUNKI TORUŃ	K30	3		<b>00:27:26.50</b>	<b>00:27:26.50</b>	+00:02:16 (8.3%)	3:39	16.4 (91.6%)
4	<b>MITRĘGA Daria</b>	<b>79</b>		K20	1		<b>00:31:26.75</b>	<b>00:31:26.75</b>	+00:06:16 (20.0%)	4:11	14.3 (79.9%)
5	<b>GURNA Jolanta</b>	<b>108</b>	SIR START	K50	1		<b>00:31:47.05</b>	<b>00:31:47.05</b>	+00:06:36 (20.8%)	4:14	14.2 (79.3%)
6	<b>PALMOWSKA Klaudia</b>	<b>162</b>		K19	1		<b>00:32:10.65</b>	<b>00:32:10.65</b>	+00:07:00 (21.8%)	4:17	14 (78.2%)
7	<b>PALACZ Wioletta</b>	<b>138</b>		K30	4		<b>00:32:40.60</b>	<b>00:32:40.60</b>	+00:07:30 (23.0%)	4:21	13.8 (77.1%)
8	<b>CICHOŃSKA- BAZAK Marzena</b>	<b>119</b>		K40	1		<b>00:33:41.30</b>	<b>00:33:41.30</b>	+00:08:31 (25.3%)	4:29	13.4 (74.9%)
9	<b>RASZLIŃSKA Mariola</b>	<b>53</b>		K40	2		<b>00:33:52.85</b>	<b>00:33:52.85</b>	+00:08:42 (25.7%)	4:30	13.3 (74.3%)
10	<b>GIERSZEWSKA Grażyna</b>	<b>16</b>		K40	3		<b>00:35:00.40</b>	<b>00:35:00.40</b>	+00:09:50 (28.1%)	4:40	12.9 (72.1%)
11	<b>RYMARKIEWICZ Małgorzata</b>	<b>120</b>		K30	5		<b>00:35:46.55</b>	<b>00:35:46.55</b>	+00:10:36 (29.6%)	4:46	12.6 (70.4%)
12	<b>KURBIEL Aleksandra</b>	<b>173</b>		K20	2		<b>00:35:58.50</b>	<b>00:35:58.50</b>	+00:10:48 (30.0%)	4:47	12.5 (69.8%)
13	<b>RYBKA Ilona</b>	<b>13</b>	1973	K40	4		<b>00:36:08.00</b>	<b>00:36:08.00</b>	+00:10:57 (30.3%)	4:49	12.5 (69.8%)
14	<b>SOSIŃSKA Izabela</b>	<b>19</b>		K30	6		<b>00:36:28.20</b>	<b>00:36:28.20</b>	+00:11:17 (31.0%)	4:51	12.3 (68.7%)

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15	<b>GADOMSKA Maria</b>	<b>97</b>	RUN BYDGOSZCZ	K60	1		<b>00:38:07.30</b>	<b>00:38:07.30</b>	+00:12:57 (34.0%)	5:04	11.8 (65.9%)
16	<b>DZIEDZIC Agnieszka</b>	<b>105</b>		K30	7		<b>00:38:11.75</b>	<b>00:38:11.75</b>	+00:13:01 (34.1%)	5:05	11.8 (65.9%)
17	<b>SADURSKA Agnieszka</b>	<b>129</b>		K20	3		<b>00:39:06.35</b>	<b>00:39:06.35</b>	+00:13:56 (35.6%)	5:12	11.5 (64.2%)
18	<b>LUZAK Magdalena</b>	<b>131</b>		K20	4		<b>00:39:09.20</b>	<b>00:39:09.20</b>	+00:13:58 (35.7%)	5:13	11.5 (64.2%)
19	<b>KWIATKOWSKA Beata</b>	<b>151</b>	THE RUNNERS ŚWIECIE	K30	8		<b>00:39:24.95</b>	<b>00:39:24.95</b>	+00:14:14 (36.1%)	5:15	11.4 (63.7%)
20	<b>BIELEC Anna</b>	<b>141</b>	MKS SP 63 BYDGOSZCZ	K20	5		<b>00:40:33.65</b>	<b>00:40:33.65</b>	+00:15:23 (37.9%)	5:24	11.1 (62.0%)
21	<b>LIPOWSKA Agnieszka</b>	<b>123</b>		K30	9		<b>00:40:41.40</b>	<b>00:40:41.40</b>	+00:15:31 (38.1%)	5:25	11.1 (62.0%)
22	<b>PYTLIK Agnieszka</b>	<b>35</b>		K20	6		<b>00:40:48.55</b>	<b>00:40:48.55</b>	+00:15:38 (38.3%)	5:26	11 (61.5%)
23	<b>OLEKSY Ilona</b>	<b>63</b>		K30	10		<b>00:40:52.55</b>	<b>00:40:52.55</b>	+00:15:42 (38.4%)	5:26	11 (61.5%)
24	<b>CZYŻAK Joanna</b>	<b>17</b>	RUN BYDGOSZCZ	K40	5		<b>00:41:02.50</b>	<b>00:41:02.50</b>	+00:15:52 (38.7%)	5:28	11 (61.5%)
25	<b>KRUSZEWSKA Weronika</b>	<b>99</b>		K16	1		<b>00:41:33.30</b>	<b>00:41:33.30</b>	+00:16:23 (39.4%)	5:32	10.8 (60.3%)
26	<b>MAJEWICZ Sylwia</b>	<b>110</b>		K20	7		<b>00:42:41.35</b>	<b>00:42:41.35</b>	+00:17:31 (41.0%)	5:41	10.5 (58.7%)
27	<b>GORGOL Renata</b>	<b>82</b>	RUN BYDGOSZCZ	K40	6		<b>00:42:55.45</b>	<b>00:42:55.45</b>	+00:17:45 (41.4%)	5:43	10.5 (58.7%)
28	<b>LUBOWIECKA Julia</b>	<b>196</b>		K16	2		<b>00:43:16.25</b>	<b>00:43:16.25</b>	+00:18:06 (41.8%)	5:46	10.4 (58.1%)
29	<b>LUBOWIECKA-KUZIOŁA Sylwia</b>	<b>197</b>		K30	11		<b>00:43:26.65</b>	<b>00:43:26.65</b>	+00:18:16 (42.1%)	5:47	10.4 (58.1%)
30	<b>MAJEWICZ Violetta</b>	<b>111</b>		K50	2		<b>00:44:22.75</b>	<b>00:44:22.75</b>	+00:19:12 (43.3%)	5:54	10.1 (56.4%)
31	<b>WICHTOWSKA Ewa</b>	<b>165</b>		K30	12		<b>00:44:34.20</b>	<b>00:44:34.20</b>	+00:19:23 (43.5%)	5:56	10.1 (56.4%)
32	<b>SKORA-TUPTANOWSKA Monika</b>	<b>159</b>	WELD-LINE TEAM	K30	13		<b>00:45:04.80</b>	<b>00:45:04.80</b>	+00:19:54 (44.2%)	6:00	10 (55.9%)
33	<b>ŁOŚ Katarzyna</b>	<b>86</b>		K50	3		<b>00:45:28.70</b>	<b>00:45:28.70</b>	+00:20:18 (44.7%)	6:03	9.9 (55.3%)
34	<b>WINIECKA Beata</b>	<b>71</b>		K40	7		<b>00:45:29.70</b>	<b>00:45:29.70</b>	+00:20:19 (44.7%)	6:03	9.9 (55.3%)
35	<b>YSOŁ Joanna</b>	<b>134</b>		K19	2		<b>00:45:52.50</b>	<b>00:45:52.50</b>	+00:20:42 (45.1%)	6:06	9.8 (54.7%)
36	<b>SZTUBECKA Małgorzata</b>	<b>3</b>		K40	8		<b>00:47:11.60</b>	<b>00:47:11.60</b>	+00:22:01 (46.7%)	6:17	9.5 (53.1%)
37	<b>ROZMARYNOWICZ Anna</b>	<b>160</b>		K30	14		<b>00:48:29.85</b>	<b>00:48:29.85</b>	+00:23:19 (48.1%)	6:27	9.3 (52.0%)

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38	<b>KUK Sylwia</b>	<b>163</b>		K30	15		<b>00:51:10.05</b>	<b>00:51:10.05</b>	+00:25:59 (50.8%)	6:49	8.8 (49.2%)
39	<b>KUBACKA Aleksandra</b>	<b>154</b>		K20	8		<b>00:56:45.95</b>	<b>00:56:45.95</b>	+00:31:35 (55.7%)	7:34	7.9 (44.1%)

Znaleziono 39 wynik(ów)