



Ludowy Klub Sportowy
OSTROMECKO

XXIX BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Organizator: Ludowy Klub Sportowy Ostromecko, LZS Nowy Dwór, Zespół Szkół w Ostromecku, Urząd Gminy w Dąbrowie Chełmińskiej, Kujawsko-Pomorskie Zrzeszenie LZS w Toruniu

Data: 2016-10-09

Miejsce: Dąbrowa - Ostromecko

Dystans: 7.5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	mieszkaniec gminy Ostromecko	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	BRZEZIŃSKI Błażej	194	WKS ŚLĄSK WROCŁAW	M20	1		00:21:50.50	00:21:50.50		2:54	20.6 (100%)
2	GOSIEWSKI Krzysztof	182	LKS OSTROMECKO	M Open	1		00:22:11.90	00:22:11.90	+00:00:21 (1.6%)	2:57	20.3 (98.5%)
3	KOTŁOWSKI Bartosz	161	LKS OSTROMECKO	M20	2		00:22:42.60	00:22:42.60	+00:00:52 (3.8%)	3:01	19.8 (96.1%)
4	MUSIAŁCHENKO Dmytro	186	BIEGACZ RAWICZ	M20	3		00:22:47.80	00:22:47.80	+00:00:57 (4.2%)	3:02	19.8 (96.1%)
5	FRYDRYCHOWSKI Piotr	41	KS TEAM RUN GDAŃSK	M20	4		00:24:14.50	00:24:14.50	+00:02:24 (9.9%)	3:13	18.6 (90.3%)
6	TUCZYŃSKI Sylwester	23	BYDGOSKIE OKONIE	M20	5		00:24:56.40	00:24:56.40	+00:03:05 (12.4%)	3:19	18 (87.4%)
7	CHĘTNIK Rafał	179	LKS ZANTYR SZTUM	M30	1		00:25:28.50	00:25:28.50	+00:03:38 (14.3%)	3:23	17.7 (85.9%)
8	BUŚ Szymon	31	LKS OSTROMECKO	M20	6		00:25:31.50	00:25:31.50	+00:03:41 (14.4%)	3:24	17.6 (85.4%)
9	MIKA Oskar	187	KB ŁAPKA	M30	2		00:25:31.90	00:25:31.90	+00:03:41 (14.5%)	3:24	17.6 (85.4%)
10	MUSIAŁ Michał	88		M40	1		00:25:33.25	00:25:33.25	+00:03:42 (14.5%)	3:24	17.6 (85.4%)
11	GLUGLA Mariusz	93	THE RUNNERS ŚWIECIE	M30	3		00:25:42.50	00:25:42.50	+00:03:52 (15.0%)	3:25	17.5 (85.0%)
12	JARAKOWSKI Andrzej	198		M20	7		00:25:55.05	00:25:55.05	+00:04:04 (15.7%)	3:27	17.4 (84.5%)
13	STANKIEWICZ Błażej	193	LKS OSTROMECKO	M40	2		00:25:59.05	00:25:59.05	+00:04:08 (15.9%)	3:27	17.3 (84.0%)
14	ŚLIWIŃSKI Łukasz	199	BOGMAR OSTROMECKO	M30	4		00:26:47.95	00:26:47.95	+00:04:57 (18.5%)	3:34	16.8 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	mieszkaniec gminy Ostromecko	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
15	SZYSZKA Mariusz	89	SPÓJNIA BIAŁE BŁOTA	M30	5		00:26:51.00	00:26:51.00	+00:05:00 (18.7%)	3:34	16.8 (81.6%)
16	RETECKI Krzysztof	34	BOGMAR / PRESTO OSTROMECKO	M40	3		00:26:59.45	00:26:59.45	+00:05:08 (19.1%)	3:35	16.7 (81.1%)
17	JAGODZIŃSKI Mateusz	24	BYDGOSKIE OKONIE	M20	8		00:27:08.10	00:27:08.10	+00:05:17 (19.5%)	3:37	16.6 (80.6%)
18	ŁUCZAK Paweł	157	TKKF KOLEJARZ BYDGOSZCZ	M40	4		00:27:46.45	00:27:46.45	+00:05:55 (21.4%)	3:42	16.2 (78.6%)
19	PACZKOWSKI Jacek	59	SPORT I REKREACJA MOGILNO	M50	1		00:27:55.30	00:27:55.30	+00:06:04 (21.8%)	3:43	16.1 (78.2%)
20	SIKUT Arkadiusz	28		M40	5		00:28:13.25	00:28:13.25	+00:06:22 (22.6%)	3:45	15.9 (77.2%)
21	STRABEL Łukasz	92	LUKAS	M20	9		00:28:29.60	00:28:29.60	+00:06:39 (23.3%)	3:47	15.8 (76.7%)
22	CZUK Marek	85		M60	1		00:28:35.85	00:28:35.85	+00:06:45 (23.6%)	3:48	15.7 (76.2%)
23	KRZYWDZIŃSKI Dominik	91	UKB SZUBIN	M16	1		00:28:44.30	00:28:44.30	+00:06:53 (24.0%)	3:49	15.7 (76.2%)
24	HALINIAK Filip	39		M19	1		00:29:37.05	00:29:37.05	+00:07:46 (26.3%)	3:56	15.2 (73.8%)
25	ŚMIGLEWSKI Aleksander	14	LKS OSTROMECKO	M19	2		00:29:43.10	00:29:43.10	+00:07:52 (26.5%)	3:57	15.1 (73.3%)
26	PAWŁOWSKI Radosław	9	JFTC SU	M40	6		00:30:22.40	00:30:22.40	+00:08:31 (28.1%)	4:02	14.8 (71.8%)
27	KRUSZEWSKI Tadeusz	98		M40	7		00:30:36.50	00:30:36.50	+00:08:46 (28.6%)	4:04	14.7 (71.4%)
28	BAZAK Cezary	127	CDIS SZ	M50	2		00:31:01.55	00:31:01.55	+00:09:11 (29.6%)	4:08	14.5 (70.4%)
29	DEMBKOWSKI Ryszard	156	OLD SNAKE	M60	2		00:31:03.50	00:31:03.50	+00:09:13 (29.7%)	4:08	14.5 (70.4%)
30	PUZACZ Dawid	142		M30	6		00:31:11.00	00:31:11.00	+00:09:20 (30.0%)	4:09	14.4 (69.9%)
31	TRZCIŃSKI Franciszek	107	SIR START	M50	3		00:31:16.10	00:31:16.10	+00:09:25 (30.1%)	4:10	14.4 (69.9%)
32	KALISZ Andrzej		TTC	M50	4		00:31:24.65	00:31:24.65	+00:09:34 (30.5%)	4:11	14.3 (69.4%)
33	JANUS Dawid	75	THE RUNNERS ŚWIECIE	M20	10		00:31:27.70	00:31:27.70	+00:09:37 (30.6%)	4:11	14.3 (69.4%)
34	GZYL Mikołaj	128	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	7		00:31:30.30	00:31:30.30	+00:09:39 (30.7%)	4:12	14.3 (69.4%)
35	GRAMZA Rafał	248		M20	11		00:31:31.30	00:31:31.30	+00:09:40 (30.7%)	4:12	14.3 (69.4%)
36	LIPOWSKI Jakub	174	LKS DĄBROWA CHEŁMIŃSKA	M16	2		00:32:03.60	00:32:03.60	+00:10:13 (31.9%)	4:16	14 (68.0%)
37	LEBA Rafał	115	22 ODN	M30	8		00:32:08.10	00:32:08.10	+00:10:17 (32.0%)	4:17	14 (68.0%)

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38	DYMEK Sławomir	76		M30	9		00:32:12.05	00:32:12.05	+00:10:21 (32.2%)	4:17	14 (68.0%)
39	OWCZARSKI Krzysztof	150		M30	10		00:32:27.55	00:32:27.55	+00:10:37 (32.7%)	4:19	13.9 (67.5%)
40	BRATEK Andrzej	133	TKKF KOLEJARZ BYDGOSZCZ	M50	5		00:32:40.30	00:32:40.30	+00:10:49 (33.1%)	4:21	13.8 (67.0%)
41	JAROCKA Beata	190		M30	11		00:32:42.70	00:32:42.70	+00:10:52 (33.2%)	4:21	13.8 (67.0%)
42	BAGROWSKI Marek	96	UMK COLLEGIUM-MEDICUM RATOWNICTWO MEDYCZNE JANOWO BIEGA	M50	6		00:32:49.55	00:32:49.55	+00:10:59 (33.5%)	4:22	13.7 (66.5%)
43	KARNOWSKI Sebastian	51		M30	12		00:33:02.10	00:33:02.10	+00:11:11 (33.9%)	4:24	13.6 (66.0%)
44	KOCINIEWSKI Jacek	44	LKS JANOWO	M40	8		00:33:04.10	00:33:04.10	+00:11:13 (33.9%)	4:24	13.6 (66.0%)
45	DUTKOWSKI Tomasz	153	MMPJ TEAM	M30	13		00:33:06.80	00:33:06.80	+00:11:16 (34.0%)	4:24	13.6 (66.0%)
46	URBAŃSKI Daniel	144	PGB SPORTOWA PACZKA	M40	9		00:33:10.40	00:33:10.40	+00:11:19 (34.2%)	4:25	13.6 (66.0%)
47	KLINIKOWSKI Jacek	101	KOCHAM ŻYCIE I...	M40	10		00:33:13.25	00:33:13.25	+00:11:22 (34.3%)	4:25	13.5 (65.5%)
48	NOWICKI Aleksander	60	KSKPZPN	M40	11		00:33:21.35	00:33:21.35	+00:11:30 (34.5%)	4:26	13.5 (65.5%)
49	MROZEK Mikołaj	184		M16	3		00:33:25.50	00:33:25.50	+00:11:35 (34.7%)	4:27	13.5 (65.5%)
50	SIKORA Antoni	192		M60	3		00:33:27.25	00:33:27.25	+00:11:36 (34.7%)	4:27	13.5 (65.5%)
51	RUTKOWSKI Tomasz	122		M40	12		00:33:32.80	00:33:32.80	+00:11:42 (34.9%)	4:28	13.4 (65.0%)
52	ZAGOŹDŹON Piotr	84	RUN BYDGOSZCZ	M40	13		00:33:35.90	00:33:35.90	+00:11:45 (35.0%)	4:28	13.4 (65.0%)
53	KOCINIEWSKI Bartłomiej	43	LKS JANOWO	M20	12		00:33:38.20	00:33:38.20	+00:11:47 (35.1%)	4:29	13.4 (65.0%)
54	SYROCKI Michał	81		M30	14		00:33:40.80	00:33:40.80	+00:11:50 (35.1%)	4:29	13.4 (65.0%)
55	NOWICKI Błażej	55		M19	3		00:33:44.40	00:33:44.40	+00:11:53 (35.3%)	4:29	13.3 (64.6%)
56	BIZOŃ Michał	175		M30	15		00:33:46.20	00:33:46.20	+00:11:55 (35.3%)	4:30	13.3 (64.6%)
57	ŚCIBAK Wojciech	77	JFTC SU	M30	16		00:33:48.40	00:33:48.40	+00:11:57 (35.4%)	4:30	13.3 (64.6%)
58	KOHUTEK Artur	148		M40	14		00:33:49.80	00:33:49.80	+00:11:59 (35.4%)	4:30	13.3 (64.6%)
59	KOCINIEWSKI Jakub	45	LKS JANOWO	M16	4		00:33:59.10	00:33:59.10	+00:12:08 (35.7%)	4:31	13.2 (64.1%)
60	GORGOL Tomasz	83	RUN BYDGOSZCZ	M30	17		00:33:59.30	00:33:59.30	+00:12:08 (35.7%)	4:31	13.2 (64.1%)

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61	RZEMEK Sławomir	112	RUN BYDGOSZCZ	M30	18		00:34:01.20	00:34:01.20	+00:12:10 (35.8%)	4:32	13.2 (64.1%)
62	PERLIK Grzegorz	8		M60	4		00:34:02.95	00:34:02.95	+00:12:12 (35.9%)	4:32	13.2 (64.1%)
63	LUZAK Mirosław	15	MWIK BYDGOSZCZ	M50	7		00:34:11.00	00:34:11.00	+00:12:20 (36.1%)	4:33	13.2 (64.1%)
64	KOCINIEWSKI Łasz	90	LKS JANOWO	M16	5		00:34:38.25	00:34:38.25	+00:12:47 (36.9%)	4:37	13 (63.1%)
65	BIŃKOWSKI Tomasz	117		M60	5		00:34:48.90	00:34:48.90	+00:12:58 (37.3%)	4:38	12.9 (62.6%)
66	WIŚNIEWSKI Janusz	12	CARBON TEAM TORUN	M40	15		00:34:57.85	00:34:57.85	+00:13:07 (37.5%)	4:39	12.9 (62.6%)
67	OLSZEWSKI Leszek	188		M40	16		00:35:11.15	00:35:11.15	+00:13:20 (37.9%)	4:41	12.8 (62.1%)
68	ROSIĄK Jarosław	54	14	M40	17		00:35:14.00	00:35:14.00	+00:13:23 (38.0%)	4:41	12.8 (62.1%)
69	SKIBIŃSKI Jarosław	178		M40	18		00:35:14.75	00:35:14.75	+00:13:24 (38.0%)	4:41	12.8 (62.1%)
70	SZYDŁO Sławomir	132	MMPJ TEAM	M40	19		00:35:16.20	00:35:16.20	+00:13:25 (38.1%)	4:42	12.8 (62.1%)
71	NAWROCKI Jarosław	78		M40	20		00:35:20.10	00:35:20.10	+00:13:29 (38.2%)	4:42	12.7 (61.7%)
72	BIELEC Wojciech	140	SP 63 BYDGOSZCZ	M30	19		00:35:35.90	00:35:35.90	+00:13:45 (38.6%)	4:44	12.6 (61.2%)
73	STARSZAK Seweryn	37		M16	6		00:35:46.05	00:35:46.05	+00:13:55 (38.9%)	4:46	12.6 (61.2%)
74	BINKOWSKI Cezary	72	BOGMAR OSTROMECKO	M40	21		00:35:54.50	00:35:54.50	+00:14:04 (39.2%)	4:47	12.5 (60.7%)
75	STARSZAK Paweł	36		M30	20		00:35:57.40	00:35:57.40	+00:14:06 (39.3%)	4:47	12.5 (60.7%)
76	MAJEWSKI Robert	180		M20	13		00:35:58.30	00:35:58.30	+00:14:07 (39.3%)	4:47	12.5 (60.7%)
77	OSIECKI Grzegorz	176		M60	6		00:36:05.80	00:36:05.80	+00:14:15 (39.5%)	4:48	12.5 (60.7%)
78	HALINIAK Dominik	40		M19	4		00:36:08.15	00:36:08.15	+00:14:17 (39.6%)	4:49	12.5 (60.7%)
79	KUZIOŁA Łukasz	152		M30	21		00:36:45.55	00:36:45.55	+00:14:55 (40.6%)	4:54	12.2 (59.2%)
80	RUTKOWSKI Szymon	121	BRAK	M16	7		00:36:48.30	00:36:48.30	+00:14:57 (40.7%)	4:54	12.2 (59.2%)
81	BANACH Grzegorz	25		M50	8		00:36:51.55	00:36:51.55	+00:15:01 (40.7%)	4:54	12.2 (59.2%)
82	HALINIAK Jakub	38		M16	8		00:37:13.05	00:37:13.05	+00:15:22 (41.3%)	4:57	12.1 (58.7%)
83	CHORZĘPA Bogusław	56	RUNNING	M30	22		00:37:24.55	00:37:24.55	+00:15:34 (41.6%)	4:59	12 (58.3%)

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84	SOBOCIŃSKI Kamil	136	TAURUS-TECHNIC TEAM	M30	23		00:37:27.00	00:37:27.00	+00:15:36 (41.7%)	4:59	12 (58.3%)
85	ZIELNIK Józef	249		M60	7		00:37:29.75	00:37:29.75	+00:15:39 (41.7%)	4:59	12 (58.3%)
86	FALKOWSKI Ireneusz	52	BRAK	M50	9		00:37:35.25	00:37:35.25	+00:15:44 (41.9%)	5:00	12 (58.3%)
87	KOWALCZYK Robert	177	LKS OSTROMECKO	M40	22		00:37:37.90	00:37:37.90	+00:15:47 (42.0%)	5:00	12 (58.3%)
88	SZCZYGIEŁ Michał	64		M30	24		00:37:38.75	00:37:38.75	+00:15:48 (42.0%)	5:01	12 (58.3%)
89	KRYŚ Jacek	48		M50	10		00:37:41.25	00:37:41.25	+00:15:50 (42.0%)	5:01	11.9 (57.8%)
90	KOCINIEWSKI Marcin	42	LKS JANOWO	M30	25		00:37:45.50	00:37:45.50	+00:15:55 (42.2%)	5:02	11.9 (57.8%)
91	GUCZAISKI Sławomir	171		M40	23		00:38:03.20	00:38:03.20	+00:16:12 (42.6%)	5:04	11.8 (57.3%)
92	SYCZUK Grzegorz	70		M40	24		00:38:23.50	00:38:23.50	+00:16:33 (43.1%)	5:07	11.7 (56.8%)
93	GROTT Bartłomiej	67		M30	26		00:38:23.70	00:38:23.70	+00:16:33 (43.1%)	5:07	11.7 (56.8%)
94	MANISZEWSKI Zbigniew	74		M60	8		00:38:52.70	00:38:52.70	+00:17:02 (43.8%)	5:10	11.6 (56.3%)
95	SOSIŃSKI Paweł	20		M30	27		00:38:54.10	00:38:54.10	+00:17:03 (43.9%)	5:11	11.6 (56.3%)
96	WITT Wojciech	57		M30	28		00:39:03.50	00:39:03.50	+00:17:13 (44.1%)	5:12	11.5 (55.8%)
97	ENGEL Grzegorz	32		M40	25		00:39:19.20	00:39:19.20	+00:17:28 (44.5%)	5:14	11.4 (55.3%)
98	ENGEL Leszek	33		M40	26		00:39:20.20	00:39:20.20	+00:17:29 (44.5%)	5:14	11.4 (55.3%)
99	SADURSKI Wiesław	130		M50	11		00:39:22.55	00:39:22.55	+00:17:32 (44.5%)	5:14	11.4 (55.3%)
100	KRYSZTOFIAK Robert	7		M40	27		00:39:23.55	00:39:23.55	+00:17:33 (44.6%)	5:15	11.4 (55.3%)
101	BLEJA Krystian	2	PGB SPORTOWA PACZKA	M30	29		00:39:25.40	00:39:25.40	+00:17:34 (44.6%)	5:15	11.4 (55.3%)
102	KARBOWNIK Mateusz	95	BOGMAR OSTROMECKO	M20	14		00:39:30.90	00:39:30.90	+00:17:40 (44.7%)	5:16	11.4 (55.3%)
103	WOŁOSZYN Kazimierz	183	ROWEROWA BRZOZA/BRZOZA BIEGA	M50	12		00:39:32.90	00:39:32.90	+00:17:42 (44.8%)	5:16	11.4 (55.3%)
104	HERMANOWSKI Łukasz	185	RUNBUSTERS	M30	30		00:39:36.80	00:39:36.80	+00:17:46 (44.9%)	5:16	11.4 (55.3%)
105	ZIÓŁKOWSKI Mieczysław	109	ZGUBIŁEM SPONSORA	M50	13		00:39:46.80	00:39:46.80	+00:17:56 (45.1%)	5:18	11.3 (54.9%)
106	RÓŻAŃSKI Karol	116	T5E	M30	31		00:40:11.25	00:40:11.25	+00:18:20 (45.7%)	5:21	11.2 (54.4%)

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107	GANCKOWSKI Piotr	100		M50	14		00:40:31.75	00:40:31.75	+00:18:41 (46.1%)	5:24	11.1 (53.9%)
108	DZIEDZIC Marcin	106		M30	32		00:40:34.65	00:40:34.65	+00:18:44 (46.2%)	5:24	11.1 (53.9%)
109	BIELEC Michał	139	MKS SP 63 BYDGOSZCZ	M30	33		00:40:35.20	00:40:35.20	+00:18:44 (46.2%)	5:24	11.1 (53.9%)
110	BORZYSZKOWSKI Grzegorz	18	STARY FORDON	M30	34		00:40:48.70	00:40:48.70	+00:18:58 (46.5%)	5:26	11 (53.4%)
111	MROZEK Rafał	73		M40	28		00:40:56.95	00:40:56.95	+00:19:06 (46.7%)	5:27	11 (53.4%)
112	UCIŃSKI Edward	65	TTKF INSTALATOR PELIKAN SZUBIN	M60	9		00:41:11.80	00:41:11.80	+00:19:21 (47.0%)	5:29	10.9 (52.9%)
113	SZULERECKI Marcin	58	GTW	M30	35		00:41:17.20	00:41:17.20	+00:19:26 (47.1%)	5:30	10.9 (52.9%)
114	KALISZEWSKI Sławomir	49		M30	36		00:41:24.70	00:41:24.70	+00:19:34 (47.3%)	5:31	10.9 (52.9%)
115	MIKUŁA Tomasz	22	GORDON RUN	M30	37		00:41:39.05	00:41:39.05	+00:19:48 (47.6%)	5:33	10.8 (52.4%)
116	STRUTYŃSKI Włodzimierz	6	NIEZRZESZONY	M50	15		00:41:43.00	00:41:43.00	+00:19:52 (47.6%)	5:33	10.8 (52.4%)
117	WILK Krzysztof	145		M60	10		00:42:37.00	00:42:37.00	+00:20:46 (48.7%)	5:40	10.6 (51.5%)
118	KUK Bartłomiej	167	LKS OSTROMECKO	M16	9		00:43:38.45	00:43:38.45	+00:21:47 (50.0%)	5:49	10.3 (50.0%)
119	JASKUŁA Marcin	61		M20	15		00:43:46.20	00:43:46.20	+00:21:55 (50.1%)	5:50	10.3 (50.0%)
120	RYMARKIEWICZ Sławomir	5		M40	29		00:44:26.70	00:44:26.70	+00:22:36 (50.9%)	5:55	10.1 (49.0%)
121	KARASZEWSKI Sławomir	21		M30	38		00:44:32.85	00:44:32.85	+00:22:42 (51.0%)	5:56	10.1 (49.0%)
122	TUPTANOWSKI Przemysław	135	WELD-LINE TEAM	M30	39		00:45:04.45	00:45:04.45	+00:23:13 (51.5%)	6:00	10 (48.5%)
123	ŁOŚ Dariusz	87		M50	16		00:45:28.75	00:45:28.75	+00:23:38 (52.0%)	6:03	9.9 (48.1%)
124	ŚLIWIŃSKI Bogdan	200	LKS OSTROMECKO	M60	11		00:45:29.60	00:45:29.60	+00:23:39 (52.0%)	6:03	9.9 (48.1%)
125	ANDERSOHN Piotr	189	AWKS PITIK	M30	40		00:47:05.30	00:47:05.30	+00:25:14 (53.6%)	6:16	9.6 (46.6%)
126	SZTUBECKI Jacek	4		M40	30		00:47:11.50	00:47:11.50	+00:25:21 (53.7%)	6:17	9.5 (46.1%)
127	KOSIŁO Tadeusz	80	RUNBUSTERS	M50	17		00:48:31.40	00:48:31.40	+00:26:40 (55.0%)	6:28	9.3 (45.1%)
128	KALISZEWSKI Wojciech	50		M30	41		00:48:57.10	00:48:57.10	+00:27:06 (55.4%)	6:31	9.2 (44.7%)
129	KAPELIŃSKI Adam	191	AWKS PITIK	M30	42		00:49:17.90	00:49:17.90	+00:27:27 (55.7%)	6:34	9.1 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	mieszkaniec gminy Ostromecko	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
130	ANGIEL Władysław	181		M70	1		00:50:04.00	00:50:04.00	+00:28:13 (56.4%)	6:40	9 (43.7%)

Znaleziono 130 wynik(ów)