



Ludowy Klub Sportowy
OSTROMECKO

XXIX BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Organizator: Ludowy Klub Sportowy Ostromecko, LZS Nowy Dwór, Zespół Szkół w Ostromecku, Urząd Gminy w Dąbrowie Chełmińskiej, Kujawsko-Pomorskie Zrzeszenie LZS w Toruniu

Data: 2016-10-09

Miejsce: Dąbrowa - Ostromecko

Dystans: 7.5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	mieszkaniec gminy Ostromecko	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	CHĘTNIK Rafał	179	LKS ZANTYR SZTUM	M30	1		00:25:28.50	00:25:28.50		3:23	17.7 (100%)
2	MIKA Oskar	187	KB ŁAPKA	M30	2		00:25:31.90	00:25:31.90	+00:00:03 (0.2%)	3:24	17.6 (99.4%)
3	GLUGLA Mariusz	93	THE RUNNERS ŚWIECIE	M30	3		00:25:42.50	00:25:42.50	+00:00:14 (0.9%)	3:25	17.5 (98.9%)
4	ŚLIWIŃSKI Łukasz	199	BOGMAR OSTROMECKO	M30	4		00:26:47.95	00:26:47.95	+00:01:19 (4.9%)	3:34	16.8 (94.9%)
5	SZYSZKA Mariusz	89	SPÓJNIA BIAŁE BŁOTA	M30	5		00:26:51.00	00:26:51.00	+00:01:22 (5.1%)	3:34	16.8 (94.9%)
6	PUZACZ Dawid	142		M30	6		00:31:11.00	00:31:11.00	+00:05:42 (18.3%)	4:09	14.4 (81.4%)
7	GZYL Mikołaj	128	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	7		00:31:30.30	00:31:30.30	+00:06:01 (19.1%)	4:12	14.3 (80.8%)
8	LEBA Rafał	115	22 ODN	M30	8		00:32:08.10	00:32:08.10	+00:06:39 (20.7%)	4:17	14 (79.1%)
9	DYMEK Sławomir	76		M30	9		00:32:12.05	00:32:12.05	+00:06:43 (20.9%)	4:17	14 (79.1%)
10	OWCZARSKI Krzysztof	150		M30	10		00:32:27.55	00:32:27.55	+00:06:59 (21.5%)	4:19	13.9 (78.5%)
11	JAROCKA Beata	190		M30	11		00:32:42.70	00:32:42.70	+00:07:14 (22.1%)	4:21	13.8 (78.0%)
12	KARNOWSKI Sebastian	51		M30	12		00:33:02.10	00:33:02.10	+00:07:33 (22.9%)	4:24	13.6 (76.8%)
13	DUTKOWSKI Tomasz	153	MMPJ TEAM	M30	13		00:33:06.80	00:33:06.80	+00:07:38 (23.1%)	4:24	13.6 (76.8%)
14	SYROCKI Michał	81		M30	14		00:33:40.80	00:33:40.80	+00:08:12 (24.4%)	4:29	13.4 (75.7%)

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15	BIZOŃ Michał	175		M30	15		00:33:46.20	00:33:46.20	+00:08:17 (24.6%)	4:30	13.3 (75.1%)
16	ŚCIBAK Wojciech	77	JFTC SU	M30	16		00:33:48.40	00:33:48.40	+00:08:19 (24.6%)	4:30	13.3 (75.1%)
17	GORGOL Tomasz	83	RUN BYDGOSZCZ	M30	17		00:33:59.30	00:33:59.30	+00:08:30 (25.0%)	4:31	13.2 (74.6%)
18	RZEMEK Sławomir	112	RUN BYDGOSZCZ	M30	18		00:34:01.20	00:34:01.20	+00:08:32 (25.1%)	4:32	13.2 (74.6%)
19	BIELEC Wojciech	140	SP 63 BYDGOSZCZ	M30	19		00:35:35.90	00:35:35.90	+00:10:07 (28.4%)	4:44	12.6 (71.2%)
20	STARSZAK Paweł	36		M30	20		00:35:57.40	00:35:57.40	+00:10:28 (29.2%)	4:47	12.5 (70.6%)
21	KUZIOŁA Łukasz	152		M30	21		00:36:45.55	00:36:45.55	+00:11:17 (30.7%)	4:54	12.2 (68.9%)
22	CHORZĘPA Bogusław	56	RUNNING	M30	22		00:37:24.55	00:37:24.55	+00:11:56 (31.9%)	4:59	12 (67.8%)
23	SOBOCIŃSKI Kamil	136	TAURUS-TECHNIC TEAM	M30	23		00:37:27.00	00:37:27.00	+00:11:58 (32.0%)	4:59	12 (67.8%)
24	SZCZYGIEL Michał	64		M30	24		00:37:38.75	00:37:38.75	+00:12:10 (32.3%)	5:01	12 (67.8%)
25	KOCINIEWSKI Marcin	42	LKS JANOWO	M30	25		00:37:45.50	00:37:45.50	+00:12:17 (32.5%)	5:02	11.9 (67.2%)
26	GROTT Bartłomiej	67		M30	26		00:38:23.70	00:38:23.70	+00:12:55 (33.7%)	5:07	11.7 (66.1%)
27	SOSIŃSKI Paweł	20		M30	27		00:38:54.10	00:38:54.10	+00:13:25 (34.5%)	5:11	11.6 (65.5%)
28	WITT Wojciech	57		M30	28		00:39:03.50	00:39:03.50	+00:13:35 (34.8%)	5:12	11.5 (65.0%)
29	BLEJA Krystian	2	PGB SPORTOWA PACZKA	M30	29		00:39:25.40	00:39:25.40	+00:13:56 (35.4%)	5:15	11.4 (64.4%)
30	HERMANOWSKI Łukasz	185	RUNBUSTERS	M30	30		00:39:36.80	00:39:36.80	+00:14:08 (35.7%)	5:16	11.4 (64.4%)
31	RÓŻAŃSKI Karol	116	T5E	M30	31		00:40:11.25	00:40:11.25	+00:14:42 (36.6%)	5:21	11.2 (63.3%)
32	DZIEDZIC Marcin	106		M30	32		00:40:34.65	00:40:34.65	+00:15:06 (37.2%)	5:24	11.1 (62.7%)
33	BIELEC Michał	139	MKS SP 63 BYDGOSZCZ	M30	33		00:40:35.20	00:40:35.20	+00:15:06 (37.2%)	5:24	11.1 (62.7%)
34	BORZYSZKOWSKI Grzegorz	18	STARY FORDON	M30	34		00:40:48.70	00:40:48.70	+00:15:20 (37.6%)	5:26	11 (62.1%)
35	SZULERECKI Marcin	58	GTW	M30	35		00:41:17.20	00:41:17.20	+00:15:48 (38.3%)	5:30	10.9 (61.6%)
36	KALISZEWSKI Sławomir	49		M30	36		00:41:24.70	00:41:24.70	+00:15:56 (38.5%)	5:31	10.9 (61.6%)
37	MIKUŁA Tomasz	22	GORDON RUN	M30	37		00:41:39.05	00:41:39.05	+00:16:10 (38.8%)	5:33	10.8 (61.0%)

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38	KARASZEWSKI Sławomir	21		M30	38		00:44:32.85	00:44:32.85	+00:19:04 (42.8%)	5:56	10.1 (57.1%)
39	TUPTANOWSKI Przemysław	135	WELD-LINE TEAM	M30	39		00:45:04.45	00:45:04.45	+00:19:35 (43.5%)	6:00	10 (56.5%)
40	ANDERSOHN Piotr	189	AWKS PITIK	M30	40		00:47:05.30	00:47:05.30	+00:21:36 (45.9%)	6:16	9.6 (54.2%)
41	KALISZEWSKI Wojciech	50		M30	41		00:48:57.10	00:48:57.10	+00:23:28 (48.0%)	6:31	9.2 (52.0%)
42	KAPELIŃSKI Adam	191	AWKS PITIK	M30	42		00:49:17.90	00:49:17.90	+00:23:49 (48.3%)	6:34	9.1 (51.4%)

Znaleziono 42 wynik(ów)