



Ludowy Klub Sportowy
OSTROMECKO

XXIX BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Organizator: Ludowy Klub Sportowy Ostromecko, LZS Nowy Dwór, Zespół Szkół w Ostromecku, Urząd Gminy w Dąbrowie Chełmińskiej, Kujawsko-Pomorskie Zrzeszenie LZS w Toruniu

Data: 2016-10-09
Miejsce: Dąbrowa - Ostromecko
Dystans: 7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	mieszkaniec gminy Ostromecko	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	MUSIAŁ Michał	88		M40	1		00:25:33.25	00:25:33.25		3:24	17.6 (100%)
2	STANKIEWICZ Błażej	193	LKS OSTROMECKO	M40	2		00:25:59.05	00:25:59.05	+00:00:25 (1.7%)	3:27	17.3 (98.3%)
3	RETECKI Krzysztof	34	BOGMAR / PRESTO OSTROMECKO	M40	3		00:26:59.45	00:26:59.45	+00:01:26 (5.3%)	3:35	16.7 (94.9%)
4	ŁUCZAK Paweł	157	TKKF KOLEJARZ BYDGOSZCZ	M40	4		00:27:46.45	00:27:46.45	+00:02:13 (8.0%)	3:42	16.2 (92.0%)
5	SIKUT Arkadiusz	28		M40	5		00:28:13.25	00:28:13.25	+00:02:40 (9.4%)	3:45	15.9 (90.3%)
6	PAWŁOWSKI Radosław	9	JFTC SU	M40	6		00:30:22.40	00:30:22.40	+00:04:49 (15.9%)	4:02	14.8 (84.1%)
7	KRUSZEWSKI Tadeusz	98		M40	7		00:30:36.50	00:30:36.50	+00:05:03 (16.5%)	4:04	14.7 (83.5%)
8	KOCINIEWSKI Jacek	44	LKS JANOWO	M40	8		00:33:04.10	00:33:04.10	+00:07:30 (22.7%)	4:24	13.6 (77.3%)
9	URBAŃSKI Daniel	144	PGB SPORTOWA PACZKA	M40	9		00:33:10.40	00:33:10.40	+00:07:37 (23.0%)	4:25	13.6 (77.3%)
10	KLINIKOWSKI Jacek	101	KOCHAM ŻYCIE I...	M40	10		00:33:13.25	00:33:13.25	+00:07:40 (23.1%)	4:25	13.5 (76.7%)
11	NOWICKI Aleksander	60	KSKPZPN	M40	11		00:33:21.35	00:33:21.35	+00:07:48 (23.4%)	4:26	13.5 (76.7%)
12	RUTKOWSKI Tomasz	122		M40	12		00:33:32.80	00:33:32.80	+00:07:59 (23.8%)	4:28	13.4 (76.1%)
13	ZAGOŹDŻON Piotr	84	RUN BYDGOSZCZ	M40	13		00:33:35.90	00:33:35.90	+00:08:02 (23.9%)	4:28	13.4 (76.1%)
14	KOHUTEK Artur	148		M40	14		00:33:49.80	00:33:49.80	+00:08:16 (24.5%)	4:30	13.3 (75.6%)
15	WIŚNIEWSKI Janusz	12	CARBON TEAM TORUN	M40	15		00:34:57.85	00:34:57.85	+00:09:24 (26.9%)	4:39	12.9 (73.3%)

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16	OLSZEWSKI Leszek	188		M40	16		00:35:11.15	00:35:11.15	+00:09:37 (27.4%)	4:41	12.8 (72.7%)
17	ROSIAK Jarosław	54	14	M40	17		00:35:14.00	00:35:14.00	+00:09:40 (27.5%)	4:41	12.8 (72.7%)
18	SKIBIŃSKI Jarosław	178		M40	18		00:35:14.75	00:35:14.75	+00:09:41 (27.5%)	4:41	12.8 (72.7%)
19	SZYDŁO Sławomir	132	MMPJ TEAM	M40	19		00:35:16.20	00:35:16.20	+00:09:42 (27.5%)	4:42	12.8 (72.7%)
20	NAWROCKI Jarosław	78		M40	20		00:35:20.10	00:35:20.10	+00:09:46 (27.7%)	4:42	12.7 (72.2%)
21	BINKOWSKI Cezary	72	BOGMAR OSTROMECKO	M40	21		00:35:54.50	00:35:54.50	+00:10:21 (28.8%)	4:47	12.5 (71.0%)
22	KOWALCZYK Robert	177	LKS OSTROMECKO	M40	22		00:37:37.90	00:37:37.90	+00:12:04 (32.1%)	5:00	12 (68.2%)
23	GUCZAISKI Sławomir	171		M40	23		00:38:03.20	00:38:03.20	+00:12:29 (32.8%)	5:04	11.8 (67.0%)
24	SYCZUK Grzegorz	70		M40	24		00:38:23.50	00:38:23.50	+00:12:50 (33.4%)	5:07	11.7 (66.5%)
25	ENGEL Grzegorz	32		M40	25		00:39:19.20	00:39:19.20	+00:13:45 (35.0%)	5:14	11.4 (64.8%)
26	ENGEL Leszek	33		M40	26		00:39:20.20	00:39:20.20	+00:13:46 (35.0%)	5:14	11.4 (64.8%)
27	KRYSZTOFIAK Robert	7		M40	27		00:39:23.55	00:39:23.55	+00:13:50 (35.1%)	5:15	11.4 (64.8%)
28	MROZEK Rafał	73		M40	28		00:40:56.95	00:40:56.95	+00:15:23 (37.6%)	5:27	11 (62.5%)
29	RYMARKIEWICZ Sławomir	5		M40	29		00:44:26.70	00:44:26.70	+00:18:53 (42.5%)	5:55	10.1 (57.4%)
30	SZTUBECKI Jacek	4		M40	30		00:47:11.50	00:47:11.50	+00:21:38 (45.9%)	6:17	9.5 (54.0%)

Znaleziono 30 wynik(ów)