



XXIX PÓŁMARATON LIPCOWY OKONEK

B4SPORT

Organiser: Burmistrz Okonka
Date: 2016-07-17
Place: Okonek
Distance: 21.1 km



Classification: K30-39

| Place | Participant | Number | Club | Category | MCat | Start time | 5.3km | 10.6km | 15.9km | Net time 21.1km | Czas brutto 21.1km | Gap | Pace min/km | Pace km/h |
|-------|---------------------------------|------------|------------------------|----------|------|------------|----------|----------|----------|--------------------|--------------------|-------------------|-------------|--------------|
| 1 | CHODOR Martyna | 311 | TKKF KOSZALIN | K30-39 | 1 | 00:00:06 | 00:25:11 | 00:49:34 | 01:14:01 | 01:38:25.85 | 01:38:32.70 | | 4:39 | 12.9 (100%) |
| 2 | JAROSZEWSKA Justyna | 335 | 4RUNTEAM | K30-39 | 2 | 00:00:07 | 00:26:00 | 00:52:06 | 01:18:36 | 01:45:03.90 | 01:45:10.90 | +00:06:38 (6.3%) | 4:58 | 12.1 (93.8%) |
| 3 | FIŁONOWICZ Monika | 322 | | K30-39 | 3 | 00:00:05 | 00:25:16 | 00:51:21 | 01:19:37 | 01:48:57.35 | 01:49:02.55 | +00:10:31 (9.7%) | 5:09 | 11.6 (89.9%) |
| 4 | BRYSZEWSKA Alicja | 402 | | K30-39 | 4 | 00:00:10 | 00:28:44 | 00:56:09 | 01:23:05 | 01:50:41.65 | 01:50:52.05 | +00:12:15 (11.1%) | 5:14 | 11.4 (88.4%) |
| 5 | STANASIUK Edyta | 382 | FIZJOBIEGACZE SZCZECIN | K30-39 | 5 | 00:00:11 | 00:29:22 | 00:58:44 | 01:27:48 | 01:56:40.35 | 01:56:51.95 | +00:18:14 (15.6%) | 5:31 | 10.9 (84.5%) |
| 6 | CHROŚCICKA-MICHALAK Anna | 313 | PARKRUN GDYNIA | K30-39 | 6 | 00:00:07 | 00:36:04 | 01:18:26 | 02:00:42 | 02:49:07.90 | 02:49:15.20 | +01:10:42 (41.8%) | 8:00 | 7.5 (58.1%) |

Total 6 results.