



Organizator:
Data:
Miejsce:
Dystans:

Ośrodek Sportu i Rekreacji w Sławnie
2024-05-25
Sławno
10 km

XXVI BIEG ŚWIĘCÓW

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.4km	6.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	PYSHNIAK Kostiantyn	134	FIGA TEAM	M-18	1	00:00:02	00:10:46	00:21:34	00:32:17.80	00:32:19.95		3:13	18.6 (100%)
2	BURZYŃSKI Aleksander	17	STOPA SŁUPSK	M-40	1	00:00:02	00:11:42	00:23:37	00:35:34.10	00:35:36.25	+00:03:16 (9.2%)	3:33	16.9 (90.9%)
3	ROSIAK Damian	81	KB SPOKO SŁAWNO	M-30	1	00:00:02	00:11:41	00:23:55	00:36:25.80	00:36:28.25	+00:04:08 (11.3%)	3:38	16.5 (88.7%)
4	SMOŁUCH Marcin	89	BRYZA POSTOMINO	M-30	2	00:00:03	00:12:38	00:25:26	00:38:14.55	00:38:17.90	+00:05:56 (15.5%)	3:49	15.7 (84.4%)
5	GUZOWSKI Dariusz	32	TALEX BORZYTUCHOM	M-50	1	00:00:02	00:12:34	00:25:28	00:38:21.95	00:38:24.50	+00:06:04 (15.8%)	3:50	15.6 (83.9%)
6	BOHOMIAHKOVA Khrystyna	14	STAYER RUN CLUB	K-30	1	00:00:01	00:12:40	00:25:28	00:38:25.40	00:38:27.35	+00:06:07 (15.9%)	3:50	15.6 (83.9%)
7	KOWALSKI Damian	52	KB BRYZA POSTOMINO	M-30	3	00:00:03	00:13:19	00:26:55	00:40:50.45	00:40:54.05	+00:08:32 (20.9%)	4:05	14.7 (79.0%)
8	MAKARSKI Marcin	62	DARŁOWSKIE CHARTY	M-40	2	00:00:02	00:12:58	00:26:47	00:40:58.15	00:41:00.45	+00:08:40 (21.2%)	4:05	14.6 (78.5%)
9	HARDY Jacek	33	TEAM TROPIKANA	M-18	2	00:00:02	00:13:41	00:27:36	00:41:03.25	00:41:06.20	+00:08:45 (21.3%)	4:06	14.6 (78.5%)
10	CZYŻYKOWSKI Mateusz	25		M-30	4	00:00:03	00:13:17	00:27:16	00:41:11.90	00:41:15.05	+00:08:54 (21.6%)	4:07	14.6 (78.5%)
11	ZIELIŃSKA Anna	120	TRUCHT ŁOBEZ	K-50	1	00:00:02	00:13:26	00:27:08	00:41:16.55	00:41:19.10	+00:08:58 (21.8%)	4:07	14.5 (78.0%)
12	KRUKOWSKI Błażej	54		M-40	3	00:00:04	00:13:27	00:27:12	00:41:24.10	00:41:28.20	+00:09:06 (22.0%)	4:08	14.5 (78.0%)
13	CZAJKA Maciej	124		M-18	3	00:00:08	00:13:46	00:27:32	00:41:20.85	00:41:29.70	+00:09:03 (21.9%)	4:08	14.5 (78.0%)
14	ULBRYCH Marcin	103	JEST LEPIEJ RUN TEAM	M-40	4	00:00:02	00:13:25	00:27:17	00:41:33.50	00:41:36.35	+00:09:15 (22.3%)	4:09	14.4 (77.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.4km	6.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	DEREŃ Justyna	26	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU	K-30	2	00:00:02	00:13:27	00:27:15	00:41:38.70	00:41:41.55	+00:09:20 (22.4%)	4:09	14.4 (77.4%)
16	DUDA Grzegorz	28	BEST BEASTS	M-40	5	00:00:02	00:13:28	00:27:42	00:41:46.40	00:41:48.70	+00:09:28 (22.7%)	4:10	14.4 (77.4%)
17	WISNIEWSKI Piotr	110	BIAŁOGARD BIEGA	M-40	6	00:00:03	00:13:26	00:27:25	00:41:51.60	00:41:54.85	+00:09:33 (22.8%)	4:11	14.3 (76.9%)
18	JĘDRZEJEWSKI Łukasz	39		M-40	7	00:00:03	00:13:58	00:28:17	00:42:11.20	00:42:14.85	+00:09:53 (23.4%)	4:13	14.2 (76.3%)
19	ANTOSIAK Grzegorz	1		M-30	5	00:00:04	00:13:53	00:27:52	00:42:30.10	00:42:34.20	+00:10:12 (24.0%)	4:15	14.1 (75.8%)
20	JABŁOŃSKI Tomasz	34	KB SPOKO SŁAWNO	M-40	8	00:00:03	00:13:32	00:28:17	00:43:06.25	00:43:09.70	+00:10:48 (25.1%)	4:18	13.9 (74.7%)
21	BIERZANOWSKI Rafał	8		M-40	9	00:00:05	00:14:28	00:28:51	00:43:20.00	00:43:25.95	+00:11:02 (25.5%)	4:20	13.8 (74.2%)
22	MAJROWSKI Mariusz	61	KB BRYZA POSTOMINO	M-18	4	00:00:03	00:14:10	00:28:49	00:43:23.35	00:43:26.50	+00:11:05 (25.6%)	4:20	13.8 (74.2%)
23	ŻURAWIK Piotr	135	GM KĘPICE	M-50	2	00:00:05	00:14:01	00:28:32	00:43:22.55	00:43:27.60	+00:11:04 (25.5%)	4:20	13.8 (74.2%)
24	CZUPA Oskar	131		M-18	5	00:00:03	00:14:02	00:28:54	00:43:59.75	00:44:03.00	+00:11:41 (26.6%)	4:23	13.6 (73.1%)
25	KLOC Dariusz	45	BEST BEASTS	M-40	10	00:00:04	00:14:06	00:28:57	00:44:06.00	00:44:10.00	+00:11:48 (26.8%)	4:24	13.6 (73.1%)
26	RUCHLEWICZ Rafał	83	BAKAU BUCHLEWICZ	M-30	6	00:00:06	00:13:47	00:28:50	00:44:31.35	00:44:38.20	+00:12:13 (27.5%)	4:27	13.5 (72.6%)
27	TURCZYN Tomasz	102	SLAWNO.NASZEMIASTO.PL	M-40	11	00:00:02	00:14:04	00:29:17	00:44:42.30	00:44:45.05	+00:12:24 (27.8%)	4:28	13.4 (72.0%)
28	BACHLIŃSKI Daniel	4	PARKRUN KOSZALIN	M-18	6	00:00:03	00:14:42	00:29:50	00:45:20.40	00:45:23.95	+00:13:02 (28.8%)	4:32	13.2 (71.0%)
29	BIŃCZYK Piotr	9		M-30	7	00:00:06	00:15:17	00:30:13	00:45:17.75	00:45:24.35	+00:12:59 (28.7%)	4:31	13.2 (71.0%)
30	WILCZEWSKI Mariusz	132	KB SPOKO SŁAWNO	M-30	8	00:00:09	00:15:02	00:30:11	00:45:19.20	00:45:28.95	+00:13:01 (28.7%)	4:31	13.2 (71.0%)
31	WIŚNIEWSKI Michał	111	BEST BEASTS	M-40	12	00:00:07	00:15:12	00:30:20	00:45:31.10	00:45:38.25	+00:13:13 (29.0%)	4:33	13.2 (71.0%)
32	TOMCZYK Mateusz	100	KB SPOKO SŁAWNO	M-30	9	00:00:04	00:14:47	00:30:13	00:45:44.50	00:45:48.95	+00:13:26 (29.4%)	4:34	13.1 (70.4%)
33	SUCHANOWSKI Zygmunt	95	RESPECT LOTYŃ	M-50	3	00:00:02	00:14:41	00:30:09	00:45:52.20	00:45:55.05	+00:13:34 (29.6%)	4:35	13.1 (70.4%)
34	BŁASZCZYK Tadeusz	13		M-60	1	00:00:05	00:15:06	00:30:35	00:45:58.95	00:46:04.55	+00:13:41 (29.8%)	4:35	13.1 (70.4%)
35	BŁASZCZYK Tomasz	12		M-18	7	00:00:05	00:14:42	00:30:27	00:46:03.50	00:46:09.15	+00:13:45 (29.9%)	4:36	13 (69.9%)
36	KACZMAREK Marta	40	KB SPOKO SŁAWNO	K-30	3	00:00:04	00:14:53	00:30:29	00:46:14.35	00:46:18.45	+00:13:56 (30.2%)	4:37	13 (69.9%)
37	ANTOSIK Grzegorz	2	KB BRYZA POSTOMINO	M-40	13	00:00:02	00:14:26	00:30:28	00:46:41.65	00:46:43.65	+00:14:23 (30.8%)	4:40	12.9 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.4km	6.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	CHUDY Henryk	21	KS OLSZEWSKI I SYNOWIE	M-60	2	00:00:04	00:14:53	00:30:31	00:46:40.05	00:46:44.25	+00:14:22 (30.8%)	4:40	12.9 (69.4%)
39	NOWAK Agnieszka	125		K-40	1	00:00:04	00:14:20	00:30:04	00:46:43.80	00:46:48.05	+00:14:26 (30.9%)	4:40	12.8 (68.8%)
40	POCZĄTEK Mikołaj	77		M-30	10	00:00:09	00:15:39	00:31:26	00:46:42.90	00:46:52.20	+00:14:25 (30.9%)	4:40	12.8 (68.8%)
41	SOBORAK Mariusz	91	JLRT	M-40	14	00:00:05	00:14:06	00:29:19	00:46:55.75	00:47:00.75	+00:14:37 (31.2%)	4:41	12.8 (68.8%)
42	TRZPIS Piotr	101	BIEGORANEK DARŁOWO	M-40	15	00:00:09	00:15:35	00:31:17	00:47:04.35	00:47:13.65	+00:14:46 (31.4%)	4:42	12.7 (68.3%)
43	LUDWIKOWSKI Marek	59	BRYZA POSTOMINO	M-40	16	00:00:08	00:15:36	00:31:18	00:47:05.90	00:47:14.25	+00:14:48 (31.4%)	4:42	12.7 (68.3%)
44	KONECKI Dariusz	46	KB SPOKO SŁAWNO	M-50	4	00:00:04	00:14:55	00:30:48	00:47:14.30	00:47:19.15	+00:14:56 (31.6%)	4:43	12.7 (68.3%)
45	ZIELIŃSKI Dominik	121		M-18	8	00:00:05	00:14:23	00:30:38	00:47:28.30	00:47:34.20	+00:15:10 (32.0%)	4:44	12.6 (67.7%)
46	BIŃCZYK Tomasz	11		M-18	9	00:00:06	00:15:29	00:31:49	00:48:22.80	00:48:29.40	+00:16:05 (33.2%)	4:50	12.4 (66.7%)
47	WITKOWSKI Dawid	113	KB SPOKO SŁAWNO	M-30	11	00:00:04	00:14:26	00:30:31	00:48:25.40	00:48:29.55	+00:16:07 (33.3%)	4:50	12.4 (66.7%)
48	KLIMCZAK Agnieszka	44	BBL SŁUPSK	K-50	2	00:00:05	00:15:04	00:31:32	00:48:31.60	00:48:36.65	+00:16:13 (33.4%)	4:51	12.4 (66.7%)
49	SITNIK Mikołaj	87		M-30	12	00:00:06	00:15:17	00:31:54	00:48:55.65	00:49:01.90	+00:16:37 (34.0%)	4:53	12.3 (66.1%)
50	KULCZYK Katarzyna	56	KB BRYZA POSTOMINO	K-40	2	00:00:05	00:16:25	00:32:47	00:48:57.25	00:49:02.40	+00:16:39 (34.0%)	4:53	12.3 (66.1%)
51	WALEŃSKI Michał	104	TKKF	M-50	5	00:00:03	00:16:22	00:32:49	00:48:58.65	00:49:02.45	+00:16:40 (34.1%)	4:53	12.3 (66.1%)
52	KSYCKI Krystian	55		M-18	10	00:00:06	00:16:15	00:32:48	00:49:06.25	00:49:13.10	+00:16:48 (34.2%)	4:54	12.2 (65.6%)
53	ORŁOWSKI Maciej	74		M-30	13	00:00:07	00:16:19	00:32:41	00:49:15.60	00:49:23.10	+00:16:57 (34.4%)	4:55	12.2 (65.6%)
54	CISZEWSKI Krzysztof	23	BIEG Z CHRYSYUSEM	M-60	3	00:00:10	00:16:33	00:33:07	00:49:30.40	00:49:40.60	+00:17:12 (34.8%)	4:57	12.1 (65.1%)
55	SMOLIŃSKI Krzysztof	88	SMOLIŃSKI TEAM	M-40	17	00:00:11	00:15:36	00:32:05	00:49:32.75	00:49:43.75	+00:17:14 (34.8%)	4:57	12.1 (65.1%)
56	JANKOWSKI Krzysztof	35	KB SPOKO SŁAWNO	M-30	14	00:00:08	00:15:25	00:32:58	00:49:43.40	00:49:51.55	+00:17:25 (35.0%)	4:58	12.1 (65.1%)
57	ANTOSIK Grażyna	3	KSOLSZEWSKI I SYNOWIE	K-40	3	00:00:05	00:15:36	00:32:35	00:49:51.40	00:49:56.70	+00:17:33 (35.2%)	4:59	12 (64.5%)
58	SEKULSKI Oliwier	127		M-18	11	00:00:03	00:14:25	00:31:43	00:49:55.00	00:49:58.05	+00:17:37 (35.3%)	4:59	12 (64.5%)
59	ROGALSKI Piotr	79		M-40	18	00:00:02	00:16:05	00:32:56	00:50:16.55	00:50:19.20	+00:17:58 (35.8%)	5:01	11.9 (64.0%)
60	SZUBERT Agnieszka	137		K-40	4	00:00:05	00:17:02	00:33:40	00:50:20.85	00:50:26.05	+00:18:03 (35.9%)	5:02	11.9 (64.0%)

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61	GOSTOMCZYK Krzysztof	31	KB SPOKO SŁAWNO	M-40	19	00:00:02	00:15:43	00:32:42	00:50:30.10	00:50:32.65	+00:18:12 (36.0%)	5:03	11.9 (64.0%)
62	KOWALSKI Michał	51		M-18	12	00:00:03	00:15:12	00:33:13	00:51:37.10	00:51:40.45	+00:19:19 (37.4%)	5:09	11.6 (62.4%)
63	NARBUT Szymon	70		M-30	15	00:00:10	00:16:44	00:33:27	00:51:42.50	00:51:53.30	+00:19:24 (37.5%)	5:10	11.6 (62.4%)
64	KOWALCZYK Aleksandra	50		K-18	1	00:00:05	00:16:20	00:33:13	00:51:45.30	00:51:50.90	+00:19:27 (37.6%)	5:10	11.6 (62.4%)
65	KAMELSKI Piotr	41	KB SPOKO SŁAWNO	M-50	6	00:00:04	00:16:40	00:33:56	00:51:46.10	00:51:50.85	+00:19:28 (37.6%)	5:10	11.6 (62.4%)
66	RZECZKOWSKA Edyta	86	KB SPOKO SŁAWNO	K-30	4	00:00:03	00:16:19	00:33:37	00:52:01.30	00:52:04.95	+00:19:43 (37.9%)	5:12	11.5 (61.8%)
67	ZAKRZEWSKI Paweł	118	DARŁOWSKIE CHARTY	M-40	20	00:00:09	00:17:00	00:34:07	00:52:09.35	00:52:18.95	+00:19:51 (38.1%)	5:12	11.5 (61.8%)
68	KURLAPSKA Anna	57	BEST BEASTS	K-30	5	00:00:04	00:16:07	00:33:57	00:52:13.75	00:52:18.20	+00:19:55 (38.2%)	5:13	11.5 (61.8%)
69	SZUBERT Marcin	138	KOŁOBRZEG BIEGA	M-40	21	00:00:05	00:17:13	00:34:43	00:52:14.95	00:52:19.95	+00:19:57 (38.2%)	5:13	11.5 (61.8%)
70	SZUBERT Julia	136	KÓŁOBRZEG BIEGA	K-18	2	00:00:00	00:17:20	00:34:49	00:52:19.90	00:52:19.90	+00:20:02 (38.3%)	5:13	11.5 (61.8%)
71	BOJARYN Marcin	15	RADA MIEJSKA SŁAWNO	M-40	22	00:00:07	00:16:50	00:34:45	00:52:55.95	00:53:03.60	+00:20:38 (39.0%)	5:17	11.3 (60.8%)
72	MROZEK Krzysztof	69		M-30	16	00:00:06	00:17:27	00:35:32	00:52:57.20	00:53:03.60	+00:20:39 (39.0%)	5:17	11.3 (60.8%)
73	KANIOWSKI Jacek	42	W.P.K SŁOŃ TEAM USTKA	M-40	23	00:00:08	00:17:07	00:34:50	00:53:22.55	00:53:30.70	+00:21:04 (39.5%)	5:20	11.2 (60.2%)
74	OKOŁOTOWICZ Sebastian	73		M-40	24	00:00:07	00:15:36	00:33:18	00:53:23.95	00:53:31.80	+00:21:06 (39.5%)	5:20	11.2 (60.2%)
75	MAZUREK Ryszard	67		M-70	1	00:00:05	00:17:20	00:35:03	00:53:31.10	00:53:37.05	+00:21:13 (39.7%)	5:21	11.2 (60.2%)
76	DUBNICKI Karol	130		M-18	13	00:00:07	00:16:21	00:33:45	00:54:07.70	00:54:15.55	+00:21:49 (40.3%)	5:24	11.1 (59.7%)
77	BAJTEK Przemek	5	KB SPOKO SŁAWNO	M-40	25	00:00:09	00:16:14	00:35:29	00:54:24.65	00:54:33.65	+00:22:06 (40.6%)	5:26	11 (59.1%)
78	DUDA Dominik	129		M-18	14	00:00:08	00:15:30	00:33:25	00:54:31.50	00:54:39.65	+00:22:13 (40.8%)	5:27	11 (59.1%)
79	MAJ Agnieszka	60	BIEGI KOLACYJNE:)	K-40	5	00:00:04	00:17:35	00:35:59	00:54:49.30	00:54:54.00	+00:22:31 (41.1%)	5:28	10.9 (58.6%)
80	WITKOWSKA Marcelina	112	MKS ŚWIĘC SŁAWNO	K-18	3	00:00:12	00:18:21	00:36:15	00:55:15.50	00:55:27.75	+00:22:57 (41.6%)	5:31	10.9 (58.6%)
81	ŚMIŁOWSKI Paweł	98		M-18	15	00:00:11	00:18:22	00:36:16	00:55:16.35	00:55:28.05	+00:22:58 (41.6%)	5:31	10.9 (58.6%)
82	BIAŁECKI Rafał	6		M-30	17	00:00:04	00:18:54	00:37:45	00:55:27.80	00:55:32.25	+00:23:10 (41.8%)	5:32	10.8 (58.1%)
83	RYBAK Paweł	85		M-30	18	00:00:09	00:18:23	00:36:21	00:55:32.70	00:55:42.30	+00:23:14 (41.9%)	5:33	10.8 (58.1%)

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84	SUŁEK Dorota	96	BRYZA POSTOMINO	K-40	6	00:00:05	00:17:43	00:36:40	00:56:01.55	00:56:07.00	+00:23:43 (42.4%)	5:36	10.7 (57.5%)
85	NARBUT Łukasz	71		M-30	19	00:00:10	00:18:25	00:37:24	00:56:38.20	00:56:48.85	+00:24:20 (43.0%)	5:39	10.6 (57.0%)
86	JĘDRASZCZYK Kamil	37	WWW.LIMO300C.COM	M-18	16	00:00:06	00:17:24	00:36:33	00:56:40.70	00:56:47.05	+00:24:22 (43.0%)	5:40	10.6 (57.0%)
87	STOJEWSKA Katarzyna	93	KB SPOKO SŁAWNO	K-30	6	00:00:04	00:17:26	00:36:50	00:56:55.65	00:57:00.20	+00:24:37 (43.3%)	5:41	10.5 (56.5%)
88	RUTKOWSKI Artur	84	RUNKING BIEGACZY / SPORTOWIEC.INFO	M-30	20	00:00:05	00:17:12	00:36:29	00:57:09.30	00:57:14.30	+00:24:51 (43.5%)	5:42	10.5 (56.5%)
89	WILBIK Jakub	109		M-18	17	00:00:09	00:17:03	00:35:18	00:57:55.25	00:58:04.65	+00:25:37 (44.2%)	5:47	10.4 (55.9%)
90	BYSZEWSKA Katarzyna	18		K-30	7	00:00:09	00:19:06	00:38:25	00:57:58.15	00:58:07.15	+00:25:40 (44.3%)	5:47	10.4 (55.9%)
91	BYSZEWSKI Arkadiusz	19		M-30	21	00:00:09	00:19:06	00:38:25	00:57:58.50	00:58:07.55	+00:25:40 (44.3%)	5:47	10.4 (55.9%)
92	BONISŁAWSKI Jarosław	126	SUPER HEAVY WEIGHT	M-40	26	00:00:13	00:18:00	00:37:39	00:58:18.85	00:58:31.85	+00:26:01 (44.6%)	5:49	10.3 (55.4%)
93	KOPERSKA Michalina	123		K-18	4	00:00:05	00:18:41	00:38:27	00:58:28.35	00:58:34.00	+00:26:10 (44.8%)	5:50	10.3 (55.4%)
94	NOREK Ryszard	72		M-70	2	00:00:06	00:18:33	00:38:36	00:58:39.10	00:58:45.75	+00:26:21 (44.9%)	5:51	10.2 (54.8%)
95	CZERWIŃSKI Rafał	24	PASJA RODZI PROFESJONALIZM	M-40	27	00:00:11	00:19:10	00:39:23	00:58:54.80	00:59:05.80	+00:26:37 (45.2%)	5:53	10.2 (54.8%)
96	JĘDRUSZCZAK Izabela	38		K-40	7	00:00:11	00:18:46	00:38:34	00:59:02.65	00:59:13.85	+00:26:44 (45.3%)	5:54	10.2 (54.8%)
97	WIERZBICKA Monika	107	DARŁOWSKIE CHARTY	K-30	8	00:00:08	00:17:51	00:38:33	00:59:17.60	00:59:26.35	+00:26:59 (45.5%)	5:55	10.1 (54.3%)
98	WIERZBICKI Sylwester	108	DARŁOWSKIE CHARTY	M-40	28	00:00:09	00:17:50	00:38:32	00:59:18.40	00:59:27.40	+00:27:00 (45.5%)	5:55	10.1 (54.3%)
99	GAWĘDA Emil	30	DARŁOWSKIE CHARTY	M-30	22	00:00:08	00:17:50	00:38:32	00:59:18.90	00:59:27.55	+00:27:01 (45.6%)	5:55	10.1 (54.3%)
100	WOŹNIAK-KARCZEWSKA Patrycja	116	BEST BEASTS	K-40	8	00:00:07	00:18:25	00:38:56	00:59:49.90	00:59:56.95	+00:27:32 (46.0%)	5:58	10 (53.8%)
101	WINKOWSKI Andrzej	139		M-40	29	00:00:10	00:18:26	00:38:27	01:00:03.55	01:00:13.75	+00:27:45 (46.2%)	6:00	10 (53.8%)
102	OSESEK Marta	75		K-40	9	00:00:11	00:19:01	00:39:28	01:00:11.70	01:00:23.55	+00:27:53 (46.3%)	6:01	10 (53.8%)
103	LACHOWICZ Joanna	58		K-40	10	00:00:11	00:19:02	00:39:27	01:00:11.75	01:00:23.50	+00:27:53 (46.3%)	6:01	10 (53.8%)
104	TELESIEWICZ Henryk	99	KB SPOKO SŁAWNO	M-70	3	00:00:00	00:18:53	00:40:18	01:01:01.20	01:01:01.20	+00:28:43 (47.1%)	6:06	9.8 (52.7%)
105	BIŃCZYK Justyna	10		K-30	9	00:00:06	00:18:18	00:39:16	01:01:44.25	01:01:51.15	+00:29:26 (47.7%)	6:10	9.7 (52.2%)
106	BUKOWSKI Bartosz	16		M-30	23	00:00:10	00:18:31	00:39:30	01:02:06.35	01:02:16.70	+00:29:48 (48.0%)	6:12	9.7 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.4km	6.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	JAWORSKI Robert	36	KB BRYZA POSTOMINO	M-40	30	00:00:10	00:18:53	00:39:30	01:02:06.40	01:02:16.90	+00:29:48 (48.0%)	6:12	9.7 (52.2%)
108	ZARZYCKA Izabela	119	W.P.K SŁOŃ TEAM USTKA	K-40	11	00:00:07	00:19:22	00:40:25	01:02:13.25	01:02:20.50	+00:29:55 (48.1%)	6:13	9.6 (51.6%)
109	WOZNIAK Dariusz	115	WWW.LIMO300C.COM	M-50	7	00:00:00	00:18:46	00:40:02	01:03:15.50	01:03:15.50	+00:30:57 (48.9%)	6:19	9.5 (51.1%)
110	STANIASZEK Bogusław	92	TUPOTUSTKA	M-70	4	00:00:07	00:20:43	00:41:45	01:03:23.40	01:03:30.55	+00:31:05 (49.1%)	6:20	9.5 (51.1%)
111	SZCZECIŃSKA Katarzyna	128		K-40	12	00:00:12	00:20:10	00:41:13	01:03:25.50	01:03:38.45	+00:31:07 (49.1%)	6:20	9.5 (51.1%)
112	RECKI Adam	78		M-40	31	00:00:08	00:19:43	00:41:17	01:03:44.35	01:03:53.10	+00:31:26 (49.3%)	6:22	9.4 (50.5%)
113	RUCHEWICZ Anna	82		K-60	1	00:00:08	00:18:53	00:40:39	01:03:53.75	01:04:02.00	+00:31:35 (49.5%)	6:23	9.4 (50.5%)
114	SOBORAK Beata	90	JLRT	K-40	13	00:00:07	00:20:04	00:41:56	01:04:45.10	01:04:52.85	+00:32:27 (50.1%)	6:28	9.3 (50.0%)
115	DOBOSZ Romuald	27	TUPOT USTKA	M-70	5	00:00:06	00:19:58	00:42:31	01:07:07.60	01:07:13.95	+00:34:49 (51.9%)	6:42	8.9 (47.8%)
116	BIERNAT Karolina	7		K-18	5	00:00:09	00:19:40	00:43:01	01:08:27.70	01:08:36.75	+00:36:09 (52.8%)	6:50	8.8 (47.3%)
117	PIETRZYCKI Andrzej	76		M-70	6	00:00:08	00:20:28	00:45:58	01:11:29.30	01:11:38.10	+00:39:11 (54.8%)	7:08	8.4 (45.2%)
118	MARCZAK Małgorzata	64		K-60	2	00:00:07	00:21:05	00:45:59	01:11:30.90	01:11:38.05	+00:39:13 (54.8%)	7:09	8.4 (45.2%)
119	ROMANOWSKA Wiktoria	80		K-18	6	00:00:09	00:22:08	00:47:18	01:12:26.45	01:12:36.40	+00:40:08 (55.4%)	7:14	8.3 (44.6%)
120	KONOPKO Oliver	49		M-18	18	00:00:12	00:20:53	00:45:48	01:13:02.00	01:13:14.05	+00:40:44 (55.8%)	7:18	8.2 (44.1%)
121	WITKOWSKI Krzysztof	114	MKS ŚWIĘC SŁAWNO	M-60	4	00:00:11	00:20:54	00:45:48	01:13:02.90	01:13:14.00	+00:40:45 (55.8%)	7:18	8.2 (44.1%)
122	STOPNICKI Ignacy	94	TUPOT USTKA	M-70	7	00:00:09	00:23:34	00:48:39	01:14:19.00	01:14:28.95	+00:42:01 (56.5%)	7:25	8.1 (43.5%)
123	ZDZIŁOWIECKI Aleksander	133		M-30	24	00:00:09	00:23:33	00:49:08	01:17:41.05	01:17:50.70	+00:45:23 (58.4%)	7:46	7.7 (41.4%)
124	MICHALAK Wojciech	68	MKS ŚWIĘC SŁAWNO	M-50	8	00:00:12	00:29:00	01:03:04	01:32:43.85	01:32:56.00	+01:00:26 (65.2%)	9:16	6.5 (34.9%)
	CHWOJNICKA Zofia	22		K-18		DNF	00:15:31 DNF	00:31:57 DNF	DNF	DNF		-	- (0.0%)
	KONKEL Bonita	47		K-30		DNF	00:15:27 DNF	00:32:01 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 126 wynik(ów)