



Organizator:
Data:
Miejsce:
Dystans:

Ośrodek Sportu i Rekreacji w Sławnie
2024-05-25
Sławno
10 km

XXVI BIEG ŚWIĘCÓW

B4SPORT



Klasyfikacja: Powiat - M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.4km	6.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ROSIAK Damian	81	KB SPOKO SŁAWNO	M-30	1	00:00:02	00:11:41	00:23:55	00:36:25.80	00:36:28.25		3:38	16.5 (100%)
2	SMOŁUCH Marcin	89	BRYZA POSTOMINO	M-30	2	00:00:03	00:12:38	00:25:26	00:38:14.55	00:38:17.90	+00:01:48 (4.7%)	3:49	15.7 (95.2%)
3	KOWALSKI Damian	52	KB BRYZA POSTOMINO	M-30	3	00:00:03	00:13:19	00:26:55	00:40:50.45	00:40:54.05	+00:04:24 (10.8%)	4:05	14.7 (89.1%)
4	MAKARSKI Marcin	62	DARŁOWSKIE CHARTY	M-40	2	00:00:02	00:12:58	00:26:47	00:40:58.15	00:41:00.45	+00:04:32 (11.1%)	4:05	14.6 (88.5%)
5	KRUKOWSKI Błażej	54		M-40	3	00:00:04	00:13:27	00:27:12	00:41:24.10	00:41:28.20	+00:04:58 (12.0%)	4:08	14.5 (87.9%)
6	JĘDRZEJEWSKI Łukasz	39		M-40	7	00:00:03	00:13:58	00:28:17	00:42:11.20	00:42:14.85	+00:05:45 (13.6%)	4:13	14.2 (86.1%)
7	JABŁOŃSKI Tomasz	34	KB SPOKO SŁAWNO	M-40	8	00:00:03	00:13:32	00:28:17	00:43:06.25	00:43:09.70	+00:06:40 (15.5%)	4:18	13.9 (84.2%)
8	MAJROWSKI Mariusz	61	KB BRYZA POSTOMINO	M-18	4	00:00:03	00:14:10	00:28:49	00:43:23.35	00:43:26.50	+00:06:57 (16.0%)	4:20	13.8 (83.6%)
9	RUCHLEWICZ Rafał	83	BAKAU BUCHLEWICZ	M-30	6	00:00:06	00:13:47	00:28:50	00:44:31.35	00:44:38.20	+00:08:05 (18.2%)	4:27	13.5 (81.8%)
10	TURCZYN Tomasz	102	SLAWNO.NASZEMIASTO.PL	M-40	11	00:00:02	00:14:04	00:29:17	00:44:42.30	00:44:45.05	+00:08:16 (18.5%)	4:28	13.4 (81.2%)
11	BIŃCZYK Piotr	9		M-30	7	00:00:06	00:15:17	00:30:13	00:45:17.75	00:45:24.35	+00:08:51 (19.6%)	4:31	13.2 (80.0%)
12	WILCZEWSKI Mariusz	132	KB SPOKO SŁAWNO	M-30	8	00:00:09	00:15:02	00:30:11	00:45:19.20	00:45:28.95	+00:08:53 (19.6%)	4:31	13.2 (80.0%)
13	TOMCZYK Mateusz	100	KB SPOKO SŁAWNO	M-30	9	00:00:04	00:14:47	00:30:13	00:45:44.50	00:45:48.95	+00:09:18 (20.4%)	4:34	13.1 (79.4%)
14	BŁASZCZYK Tadeusz	13		M-60	1	00:00:05	00:15:06	00:30:35	00:45:58.95	00:46:04.55	+00:09:33 (20.8%)	4:35	13.1 (79.4%)
15	BŁASZCZYK Tomasz	12		M-18	7	00:00:05	00:14:42	00:30:27	00:46:03.50	00:46:09.15	+00:09:37 (20.9%)	4:36	13 (78.8%)
16	CHUDY Henryk	21	KS OLSZEWSKI I SYNOWIE	M-60	2	00:00:04	00:14:53	00:30:31	00:46:40.05	00:46:44.25	+00:10:14 (21.9%)	4:40	12.9 (78.2%)
17	ANTOSIK Grzegorz	2	KB BRYZA POSTOMINO	M-40	13	00:00:02	00:14:26	00:30:28	00:46:41.65	00:46:43.65	+00:10:15 (22.0%)	4:40	12.9 (78.2%)
18	SOBORAK Mariusz	91	JLRT	M-40	14	00:00:05	00:14:06	00:29:19	00:46:55.75	00:47:00.75	+00:10:29 (22.4%)	4:41	12.8 (77.6%)
19	TRZPIS Piotr	101	BIEGORANEK DARŁOWO	M-40	15	00:00:09	00:15:35	00:31:17	00:47:04.35	00:47:13.65	+00:10:38 (22.6%)	4:42	12.7 (77.0%)
20	LUDWIKOWSKI Marek	59	BRYZA POSTOMINO	M-40	16	00:00:08	00:15:36	00:31:18	00:47:05.90	00:47:14.25	+00:10:40 (22.7%)	4:42	12.7 (77.0%)
21	KONECKI Dariusz	46	KB SPOKO SŁAWNO	M-50	4	00:00:04	00:14:55	00:30:48	00:47:14.30	00:47:19.15	+00:10:48 (22.9%)	4:43	12.7 (77.0%)
22	ZIELIŃSKI Dominik	121		M-18	8	00:00:05	00:14:23	00:30:38	00:47:28.30	00:47:34.20	+00:11:02 (23.3%)	4:44	12.6 (76.4%)
23	BIŃCZYK Tomasz	11		M-18	9	00:00:06	00:15:29	00:31:49	00:48:22.80	00:48:29.40	+00:11:57 (24.7%)	4:50	12.4 (75.2%)
24	WITKOWSKI Dawid	113	KB SPOKO SŁAWNO	M-30	11	00:00:04	00:14:26	00:30:31	00:48:25.40	00:48:29.55	+00:11:59 (24.8%)	4:50	12.4 (75.2%)
25	KSYCKI Krystian	55		M-18	10	00:00:06	00:16:15	00:32:48	00:49:06.25	00:49:13.10	+00:12:40 (25.8%)	4:54	12.2 (73.9%)
26	ORŁOWSKI Maciej	74		M-30	13	00:00:07	00:16:19	00:32:41	00:49:15.60	00:49:23.10	+00:12:49 (26.0%)	4:55	12.2 (73.9%)
27	JANKOWSKI Krzysztof	35	KB SPOKO SŁAWNO	M-30	14	00:00:08	00:15:25	00:32:58	00:49:43.40	00:49:51.55	+00:13:17 (26.7%)	4:58	12.1 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3.4km	6.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	SEKULSKI Oliwier	127		M-18	11	00:00:03	00:14:25	00:31:43	00:49:55.00	00:49:58.05	+00:13:29 (27.0%)	4:59	12 (72.7%)
29	ROGALSKI Piotr	79		M-40	18	00:00:02	00:16:05	00:32:56	00:50:16.55	00:50:19.20	+00:13:50 (27.5%)	5:01	11.9 (72.1%)
30	GOSTOMCZYK Krzysztof	31	KB SPOKO SŁAWNO	M-40	19	00:00:02	00:15:43	00:32:42	00:50:30.10	00:50:32.65	+00:14:04 (27.9%)	5:03	11.9 (72.1%)
31	KAMELSKI Piotr	41	KB SPOKO SŁAWNO	M-50	6	00:00:04	00:16:40	00:33:56	00:51:46.10	00:51:50.85	+00:15:20 (29.6%)	5:10	11.6 (70.3%)
32	BOJARYN Marcin	15	RADA MIEJSKA SŁAWNO	M-40	22	00:00:07	00:16:50	00:34:45	00:52:55.95	00:53:03.60	+00:16:30 (31.2%)	5:17	11.3 (68.5%)
32	MROZEK Krzysztof	69		M-30	16	00:00:06	00:17:27	00:35:32	00:52:57.20	00:53:03.60	+00:16:31 (31.2%)	5:17	11.3 (68.5%)
34	KANIEWSKI Jacek	42	W.P.K SŁOŃ TEAM USTKA	M-40	23	00:00:08	00:17:07	00:34:50	00:53:22.55	00:53:30.70	+00:16:56 (31.7%)	5:20	11.2 (67.9%)
35	BAJTEK Przemek	5	KB SPOKO SŁAWNO	M-40	25	00:00:09	00:16:14	00:35:29	00:54:24.65	00:54:33.65	+00:17:58 (33.0%)	5:26	11 (66.7%)
36	RYBAK Paweł	85		M-30	18	00:00:09	00:18:23	00:36:21	00:55:32.70	00:55:42.30	+00:19:06 (34.4%)	5:33	10.8 (65.5%)
37	NARBUT Łukasz	71		M-30	19	00:00:10	00:18:25	00:37:24	00:56:38.20	00:56:48.85	+00:20:12 (35.7%)	5:39	10.6 (64.2%)
38	JĘDRASZCZYK Kamil	37	WWW.LIMO300C.COM	M-18	16	00:00:06	00:17:24	00:36:33	00:56:40.70	00:56:47.05	+00:20:14 (35.7%)	5:40	10.6 (64.2%)
39	BYSZEWSKI Arkadiusz	19		M-30	21	00:00:09	00:19:06	00:38:25	00:57:58.50	00:58:07.55	+00:21:32 (37.2%)	5:47	10.4 (63.0%)
40	BONISŁAWSKI Jarosław	126	SUPER HEAVY WEIGHT	M-40	26	00:00:13	00:18:00	00:37:39	00:58:18.85	00:58:31.85	+00:21:53 (37.5%)	5:49	10.3 (62.4%)
41	NOREK Ryszard	72		M-70	2	00:00:06	00:18:33	00:38:36	00:58:39.10	00:58:45.75	+00:22:13 (37.9%)	5:51	10.2 (61.8%)
42	WIERZBICKI Sylwester	108	DARŁOWSKIE CHARTY	M-40	28	00:00:09	00:17:50	00:38:32	00:59:18.40	00:59:27.40	+00:22:52 (38.6%)	5:55	10.1 (61.2%)
43	GAWĘDA Emil	30	DARŁOWSKIE CHARTY	M-30	22	00:00:08	00:17:50	00:38:32	00:59:18.90	00:59:27.55	+00:22:53 (38.6%)	5:55	10.1 (61.2%)
44	TELESIEWICZ Henryk	99	KB SPOKO SŁAWNO	M-70	3	00:00:00	00:18:53	00:40:18	01:01:01.20	01:01:01.20	+00:24:35 (40.3%)	6:06	9.8 (59.4%)
45	BUKOWSKI Bartosz	16		M-30	23	00:00:10	00:18:31	00:39:30	01:02:06.35	01:02:16.70	+00:25:40 (41.3%)	6:12	9.7 (58.8%)
46	WOZNIAK Dariusz	115	WWW.LIMO300C.COM	M-50	7	00:00:00	00:18:46	00:40:02	01:03:15.50	01:03:15.50	+00:26:49 (42.4%)	6:19	9.5 (57.6%)
47	STANIASZEK Bogusław	92	TUPOTUSTKA	M-70	4	00:00:07	00:20:43	00:41:45	01:03:23.40	01:03:30.55	+00:26:57 (42.5%)	6:20	9.5 (57.6%)
48	RECKI Adam	78		M-40	31	00:00:08	00:19:43	00:41:17	01:03:44.35	01:03:53.10	+00:27:18 (42.8%)	6:22	9.4 (57.0%)
49	WITKOWSKI Krzysztof	114	MKS ŚWIĘC SŁAWNO	M-60	4	00:00:11	00:20:54	00:45:48	01:13:02.90	01:13:14.00	+00:36:37 (50.1%)	7:18	8.2 (49.7%)
50	ZDZIŁOWIECKI Aleksander	133		M-30	24	00:00:09	00:23:33	00:49:08	01:17:41.05	01:17:50.70	+00:41:15 (53.1%)	7:46	7.7 (46.7%)
51	MICHALAK Wojciech	68	MKS ŚWIĘC SŁAWNO	M-50	8	00:00:12	00:29:00	01:03:04	01:32:43.85	01:32:56.00	+00:56:18 (60.7%)	9:16	6.5 (39.4%)

Znaleziono 51 wynik(ów)