



XXVIII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

Organizator: LKS Ostromecko
Data: 2015-10-11
Miejsce: Ostromecko
Dystans: 7,5 km

Klasyfikacja: kobiety open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	BRZEZIŃSKA Aleksandra	180		K20	1	00:25:28.75	00:25:28.75		3:23	17.7 (100%)
2	DYATLOWA Yulia	214	ICE-MAT TEAM OSTRÓW WLKP.	K20	2	00:26:15.85	00:26:15.85	+00:00:47 (3.0%)	3:30	17.1 (96.6%)
3	SZENK Marta	134		K30	1	00:26:17.05	00:26:17.05	+00:00:48 (3.1%)	3:30	17.1 (96.6%)
4	KULPA Paulina	202	SPORT ZDROWIE KONDYCJA PIOTR SZEWCZUK	K20	3	00:27:09.75	00:27:09.75	+00:01:41 (6.2%)	3:37	16.6 (93.8%)
5	ARSENIUK Anna	212	T.S.OPATRUNKI TORUŃ	K30	2	00:27:50.50	00:27:50.50	+00:02:21 (8.5%)	3:42	16.2 (91.5%)
6	WOJCIECHOWSKA Elżbieta	220	T.G.SOKÓŁ GNIEWKOWO	K30	3	00:29:12.30	00:29:12.30	+00:03:43 (12.8%)	3:53	15.4 (87.0%)
7	MITRĘGA Daria	231	RUNNERS TEAM JEŻEWO	K20	4	00:31:03.05	00:31:03.05	+00:05:34 (17.9%)	4:08	14.5 (81.9%)
8	WOŹNIAKOWSKA Agata	228	RUN BYDGOSZCZ	K30	4	00:31:28.75	00:31:28.75	+00:06:00 (19.1%)	4:11	14.3 (80.8%)
9	PALACZ Wioletta	22		K30	5	00:31:39.75	00:31:39.75	+00:06:11 (19.5%)	4:13	14.2 (80.2%)
10	ŁATA Maria	225	AZS CM UMK	K20	5	00:33:09.55	00:33:09.55	+00:07:40 (23.2%)	4:25	13.6 (76.8%)
11	SZRAJDA Monika	172		K30	6	00:33:17.70	00:33:17.70	+00:07:48 (23.5%)	4:26	13.5 (76.3%)
12	JAROCKA Beata	13	NIEZRZESZONA	K30	7	00:33:28.05	00:33:28.05	+00:07:59 (23.9%)	4:27	13.4 (75.7%)
13	GRACZYK-GRZYBOWSKA Ilona	219	ACTI-VIT	K30	8	00:33:36.75	00:33:36.75	+00:08:08 (24.2%)	4:28	13.4 (75.7%)
14	CICHOŃSKA- BAZAK Marzena	44		K40	1	00:33:52.20	00:33:52.20	+00:08:23 (24.8%)	4:30	13.3 (75.1%)
15	KRANZ Magdalena	129	BYDGOSKIE OKONIE	K20	6	00:34:04.90	00:34:04.90	+00:08:36 (25.2%)	4:32	13.2 (74.6%)
16	OBUCHOWICZ Weronika	167		K19	1	00:34:05.65	00:34:05.65	+00:08:36 (25.3%)	4:32	13.2 (74.6%)
17	DOBRUCHOWSKA Emilia	111	TG. SOKÓŁ GNIEWKOWO	K40	2	00:34:42.75	00:34:42.75	+00:09:14 (26.6%)	4:37	13 (73.4%)
18	SOSIŃSKA Izabela	14	NIEZRZESZONA	K30	9	00:35:06.85	00:35:06.85	+00:09:38 (27.4%)	4:40	12.8 (72.3%)
19	RAJCZYK Wiktoria	198		K30	10	00:35:09.00	00:35:09.00	+00:09:40 (27.5%)	4:41	12.8 (72.3%)
20	RYMARKIEWICZ Małgorzata	170	WII TEAM	K30	11	00:35:12.65	00:35:12.65	+00:09:43 (27.6%)	4:41	12.8 (72.3%)
21	SZTUBECKA Agnieszka	113		K40	3	00:36:08.50	00:36:08.50	+00:10:39 (29.5%)	4:49	12.5 (70.6%)
22	PODBIELSKA Alina	32	KM UMK TORUŃ	K40	4	00:36:19.20	00:36:19.20	+00:10:50 (29.8%)	4:50	12.4 (70.1%)
23	KURBIEL Aleksandra	92		K20	7	00:37:10.75	00:37:10.75	+00:11:42 (31.5%)	4:57	12.1 (68.4%)
24	GADOMSKA Maria	57		K60	1	00:37:12.35	00:37:12.35	+00:11:43 (31.5%)	4:57	12.1 (68.4%)
25	DZIEDZIC Agnieszka	21		K30	12	00:37:41.85	00:37:41.85	+00:12:13 (32.4%)	5:01	11.9 (67.2%)
26	PAŁCZYŃSKA Beata	55		K20	8	00:38:44.40	00:38:44.40	+00:13:15 (34.2%)	5:09	11.6 (65.5%)
27	MAĆKOWIAK Magdalena	8		K20	9	00:39:52.55	00:39:52.55	+00:14:23 (36.1%)	5:18	11.3 (63.8%)
28	ZAMIATOWSKA Kinga	71	RUN BYDGOSZCZ	K30	13	00:40:06.00	00:40:06.00	+00:14:37 (36.5%)	5:20	11.2 (63.3%)
29	LUZAK Magdalena	155		K20	10	00:40:46.60	00:40:46.60	+00:15:17 (37.5%)	5:26	11 (62.1%)
30	PAWSKA Elżbieta	82	NIEZRZESZONA	K30	14	00:40:53.85	00:40:53.85	+00:15:25 (37.7%)	5:27	11 (62.1%)

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31	NIKOŁAJEW Monika	66		K30	15	00:41:17.00	00:41:17.00	+00:15:48 (38.3%)	5:30	10.9 (61.6%)
32	CZYŻAK Joanna	56	RUN BYDGOSZCZ	K40	5	00:41:39.40	00:41:39.40	+00:16:10 (38.8%)	5:33	10.8 (61.0%)
33	GRYŃ-MAŚLIJ Katarzyna	215		K30	16	00:42:14.65	00:42:14.65	+00:16:45 (39.7%)	5:37	10.7 (60.5%)
34	LUBOWIECKA Julia	204		K16	1	00:42:41.80	00:42:41.80	+00:17:13 (40.3%)	5:41	10.5 (59.3%)
35	KUZIOŁA Sylwia	203		K30	17	00:42:57.35	00:42:57.35	+00:17:28 (40.7%)	5:43	10.5 (59.3%)
36	ZAWADZKA Małgorzata	126		K30	18	00:43:05.70	00:43:05.70	+00:17:36 (40.9%)	5:44	10.4 (58.8%)
37	BURKIEWICZ Paulina	194	GRUPA TRZYMAJĄCA WAZĘ	K20	11	00:43:22.70	00:43:22.70	+00:17:53 (41.3%)	5:46	10.4 (58.8%)
38	SZTEJKA Jolanta	62		K30	19	00:43:23.60	00:43:23.60	+00:17:54 (41.3%)	5:47	10.4 (58.8%)
39	RĘPALSKA Izabela	4		K30	20	00:43:37.35	00:43:37.35	+00:18:08 (41.6%)	5:48	10.3 (58.2%)
40	ŁOŚ Katarzyna	24		K50	1	00:44:10.10	00:44:10.10	+00:18:41 (42.3%)	5:53	10.2 (57.6%)
41	BRZEZINSKA Daniela	39		K20	12	00:44:15.60	00:44:15.60	+00:18:46 (42.4%)	5:54	10.2 (57.6%)
42	KOHUTEK Violetta	175		K40	6	00:44:22.00	00:44:22.00	+00:18:53 (42.6%)	5:54	10.1 (57.1%)
43	BUŚ Jagoda	36		K20	13	00:45:50.65	00:45:50.65	+00:20:21 (44.4%)	6:06	9.8 (55.4%)
44	BULIŃSKA Zuzanna	11		K40	7	00:46:42.75	00:46:42.75	+00:21:14 (45.5%)	6:13	9.6 (54.2%)
45	STAROŃ Monika	101		K30	21	00:49:13.40	00:49:13.40	+00:23:44 (48.2%)	6:33	9.1 (51.4%)
46	MAŁAWA Kasia	149		K20	14	00:54:57.40	00:54:57.40	+00:29:28 (53.6%)	7:19	8.2 (46.3%)

Znaleziono 46 wynik(ów)