



XXVIII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

Organizator: LKS Ostromecko
Data: 2015-10-11
Miejsce: Ostromecko
Dystans: 7,5 km

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	RETECKI Krzysztof	10		M40	1	00:27:26.90	00:27:26.90		3:39	16.4 (100%)
2	KUBIAK Tomasz	61	T.G.SOKÓŁ GNIEWKOWO	M40	2	00:27:47.30	00:27:47.30	+00:00:20 (1.2%)	3:42	16.2 (98.8%)
3	STANKIEWICZ Błażej	201	LKS OSTROMECKO	M40	3	00:28:15.10	00:28:15.10	+00:00:48 (2.8%)	3:46	15.9 (97.0%)
4	ŁUCZAK Paweł	97	TKKF KOLEJARZ BYDGOSZCZ	M40	4	00:28:32.45	00:28:32.45	+00:01:05 (3.8%)	3:48	15.8 (96.3%)
5	SMYKOWSKI Marcin	192	BIL	M40	5	00:29:07.20	00:29:07.20	+00:01:40 (5.7%)	3:52	15.5 (94.5%)
6	PAWŁOWSKI Radosław	94	JFTC SU	M40	6	00:29:55.30	00:29:55.30	+00:02:28 (8.3%)	3:59	15 (91.5%)
7	URBAŃSKI Andrzej	158		M40	7	00:30:02.65	00:30:02.65	+00:02:35 (8.6%)	4:00	15 (91.5%)
8	MACIEJEWSKI Zbigniew	33	TG SOKÓŁ GNIEWKOWO	M40	8	00:31:22.00	00:31:22.00	+00:03:55 (12.5%)	4:10	14.3 (87.2%)
9	KOCINIEWSKI Jacek	84	LKS JANOWO	M40	9	00:31:53.20	00:31:53.20	+00:04:26 (13.9%)	4:15	14.1 (86.0%)
10	KOCINIEWSKI Dariusz	78	LKS JANOWO	M40	10	00:31:53.60	00:31:53.60	+00:04:26 (13.9%)	4:15	14.1 (86.0%)
11	KRÓL Dariusz	60		M40	11	00:31:56.85	00:31:56.85	+00:04:29 (14.1%)	4:15	14.1 (86.0%)
12	URBAŃSKI Daniel	54		M40	12	00:32:12.40	00:32:12.40	+00:04:45 (14.8%)	4:17	14 (85.4%)
13	KOHUTEK Artur	174		M40	13	00:32:45.15	00:32:45.15	+00:05:18 (16.2%)	4:22	13.7 (83.5%)
14	SZYDŁO Sławomir	102	MMPJ TEAM	M40	14	00:32:55.95	00:32:55.95	+00:05:29 (16.7%)	4:23	13.7 (83.5%)
15	BAZAK Cezary	45	CDIS-Z	M40	15	00:33:22.70	00:33:22.70	+00:05:55 (17.8%)	4:26	13.5 (82.3%)
16	FAFIK Cezary	207	LKS OSTROMECKO	M40	16	00:33:42.50	00:33:42.50	+00:06:15 (18.6%)	4:29	13.4 (81.7%)
17	KURS Jarosław	150	TKKF KOLEJARZ	M40	17	00:33:53.00	00:33:53.00	+00:06:26 (19.0%)	4:31	13.3 (81.1%)
18	CHMURA Krzysztof	147		M40	18	00:33:55.00	00:33:55.00	+00:06:28 (19.1%)	4:31	13.3 (81.1%)
19	SZTUBECKI Jacek	16		M40	19	00:34:02.70	00:34:02.70	+00:06:35 (19.4%)	4:32	13.2 (80.5%)
20	NAPIERAŁA Leszek	160		M40	20	00:34:03.90	00:34:03.90	+00:06:37 (19.4%)	4:32	13.2 (80.5%)
21	MURAS Michał	163		M40	21	00:34:16.10	00:34:16.10	+00:06:49 (19.9%)	4:34	13.1 (79.9%)
22	RUTKOWSKI Tomasz	138	LKS OSTROMECKO	M40	22	00:34:30.45	00:34:30.45	+00:07:03 (20.5%)	4:36	13 (79.3%)
23	SZTUBECKI Rafał	112		M40	23	00:34:41.95	00:34:41.95	+00:07:15 (20.9%)	4:37	13 (79.3%)
24	STĘPIEŃ Tomasz	162	SF BYDG	M40	24	00:35:22.60	00:35:22.60	+00:07:55 (22.4%)	4:42	12.7 (77.4%)
25	SKIBIŃSKI Jarosław	223	KOPANINO	M40	25	00:35:49.75	00:35:49.75	+00:08:22 (23.4%)	4:46	12.6 (76.8%)
26	JENDRZEJCZAK Karol	100		M40	26	00:36:04.15	00:36:04.15	+00:08:37 (23.9%)	4:48	12.5 (76.2%)
27	BUKOWSKI Krzysztof	168	BEZKLUBOWIEC	M40	27	00:36:30.30	00:36:30.30	+00:09:03 (24.8%)	4:52	12.3 (75.0%)
28	KUBOWICZ Piotr	120		M40	28	00:36:35.00	00:36:35.00	+00:09:08 (25.0%)	4:52	12.3 (75.0%)
29	ROSIAK Jarosław	187	NIEZRZESZONY	M40	29	00:37:10.45	00:37:10.45	+00:09:43 (26.2%)	4:57	12.1 (73.8%)
30	KRÓL Zbigniew	221		M40	30	00:38:01.40	00:38:01.40	+00:10:34 (27.8%)	5:04	11.8 (72.0%)

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31	TUPAJKA Tomasz	157		M40	31	00:38:48.40	00:38:48.40	+00:11:21 (29.3%)	5:10	11.6 (70.7%)
32	MROZEK Rafał	81		M40	32	00:39:08.25	00:39:08.25	+00:11:41 (29.9%)	5:13	11.5 (70.1%)

Znaleziono 32 wynik(ów)