



Ludowy Klub Sportowy  
OSTROMECKO

# XXVIII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

**Organizator:** LKS Ostromecko  
**Data:** 2015-10-11  
**Miejsce:** Ostromecko  
**Dystans:** 7,5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>OLSZEWSKI Adam</b>	<b>209</b>	KB LECH RYPIN	M50	1	<b>00:28:55.50</b>	<b>00:28:55.50</b>		3:51	15.6 (100%)
2	<b>MICKIEWICZ Jan</b>	<b>59</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M50	2	<b>00:30:16.15</b>	<b>00:30:16.15</b>	+00:01:20 (4.4%)	4:02	14.9 (95.5%)
3	<b>LIS Janusz</b>	<b>135</b>	TKKF CHEŁMNO	M50	3	<b>00:30:24.40</b>	<b>00:30:24.40</b>	+00:01:28 (4.9%)	4:03	14.8 (94.9%)
4	<b>TRZCIŃSKI Franciszek</b>	<b>131</b>	SIR START / MLKS NADWIŚLANIN CHEŁMNO	M50	4	<b>00:32:17.45</b>	<b>00:32:17.45</b>	+00:03:21 (10.4%)	4:18	13.9 (89.1%)
5	<b>LEWICKI Krzysztof</b>	<b>121</b>		M50	5	<b>00:33:04.85</b>	<b>00:33:04.85</b>	+00:04:09 (12.6%)	4:24	13.6 (87.2%)
6	<b>LUZAK Mirosław</b>	<b>109</b>	MWIK BYDGOSZCZ	M50	6	<b>00:33:06.80</b>	<b>00:33:06.80</b>	+00:04:11 (12.6%)	4:24	13.6 (87.2%)
7	<b>WYSOCKI Jerzy</b>	<b>64</b>	BRAK	M50	7	<b>00:33:08.70</b>	<b>00:33:08.70</b>	+00:04:13 (12.7%)	4:25	13.6 (87.2%)
8	<b>GORDON Roman</b>	<b>108</b>		M50	8	<b>00:35:06.65</b>	<b>00:35:06.65</b>	+00:06:11 (17.6%)	4:40	12.8 (82.1%)
9	<b>BANACH Grzegorz</b>	<b>34</b>		M50	9	<b>00:35:37.00</b>	<b>00:35:37.00</b>	+00:06:41 (18.8%)	4:44	12.6 (80.8%)
10	<b>KRYŚ Jacek</b>	<b>128</b>		M50	10	<b>00:37:14.90</b>	<b>00:37:14.90</b>	+00:08:19 (22.3%)	4:57	12.1 (77.6%)
11	<b>BAGROWSKI Marek</b>	<b>19</b>	NIEZRZESZONY RATOWNIK MEDYCZY	M50	11	<b>00:38:03.95</b>	<b>00:38:03.95</b>	+00:09:08 (24.0%)	5:04	11.8 (75.6%)
12	<b>FALKOWSKI Ireneusz</b>	<b>139</b>	BRAK	M50	12	<b>00:38:29.70</b>	<b>00:38:29.70</b>	+00:09:34 (24.9%)	5:07	11.7 (75.0%)
13	<b>HALINIAK Andrzej</b>	<b>37</b>	BRAK	M50	13	<b>00:39:10.00</b>	<b>00:39:10.00</b>	+00:10:14 (26.1%)	5:13	11.5 (73.7%)
14	<b>SADURSKI Wiesław</b>	<b>232</b>		M50	14	<b>00:39:20.05</b>	<b>00:39:20.05</b>	+00:10:24 (26.5%)	5:14	11.4 (73.1%)
15	<b>WISNIEWSKI Włodzimierz</b>	<b>136</b>		M50	15	<b>00:39:22.45</b>	<b>00:39:22.45</b>	+00:10:26 (26.5%)	5:14	11.4 (73.1%)
16	<b>GANCKOWSKI Piotr</b>	<b>68</b>		M50	16	<b>00:42:19.75</b>	<b>00:42:19.75</b>	+00:13:24 (31.7%)	5:38	10.6 (67.9%)
17	<b>ŁOŚ Dariusz</b>	<b>23</b>		M50	17	<b>00:44:10.40</b>	<b>00:44:10.40</b>	+00:15:14 (34.5%)	5:53	10.2 (65.4%)

Znaleziono 17 wynik(ów)