

XXVIII PÓŁMARATON LIPCOWY

B4SPORT

Organizator: Urząd Miejski w Okonku
Data: 2015-07-19
Miejsce: Okonek
Dystans: 21,1 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5.3km	10.6km	15.9km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	PAZDA-POZORSKA Gosiunia	85	NIGHT RUNNERS SŁUPSK	K-3	1	00:21:39	00:44:09	01:07:00	01:29:40	01:29:42		4:14	14.1 (100%)
2	SKRZYPCZAK Anna	108	LOKATOR NIERUCHOMOŚCI	K-4	1	00:22:57	00:46:06	01:09:22	01:32:46	01:32:51	+00:03:09 (3.4%)	4:23	13.6 (96.5%)
3	STOLARÓW Agnieszka	114	ACTIVE MALBORK	K-4	2	00:24:10	00:48:39	01:13:45	01:38:31	01:38:35	+00:08:53 (9.0%)	4:40	12.9 (91.5%)
4	ROMEJ Elżbieta	103	LŁKB "TRUCHT"	K-6	1	00:23:40	00:48:19	01:14:08	01:41:14	01:41:20	+00:11:38 (11.5%)	4:47	12.5 (88.7%)
5	GRABOWSKA Maria	25	FUNDACJA AKTYWNE TRZEMESZNO	K-4	3	00:25:00	00:50:56	01:17:35	01:44:02	01:44:07	+00:14:25 (13.8%)	4:55	12.2 (86.5%)
6	WALIŃSKA Agnieszka	150		K-4	4	00:26:05	00:52:26	01:18:52	01:45:34	01:45:40	+00:15:58 (15.1%)	5:00	12 (85.1%)
7	ZIOMEK Joanna	133	4RUN TKKF KOSZALIN	K-4	5	00:25:53	00:51:38	01:18:56	01:46:39	01:46:47	+00:17:05 (16.0%)	5:03	11.9 (84.4%)
8	LIETZ Renata	63	FZGT	K-2	1	00:25:03	00:52:03	01:20:19	01:49:24	01:49:33	+00:19:51 (18.1%)	5:11	11.6 (82.3%)
9	URBAŃSKA Emilia	155		K-3	2	00:26:08	00:52:56	01:21:14	01:50:16	01:50:28	+00:20:46 (18.8%)	5:13	11.5 (81.6%)
10	GÓRA Agnieszka	28	MARATOŃCZYK OKONEK	K-3	3	00:26:49	00:54:33	01:22:28	01:51:06	01:51:18	+00:21:36 (19.4%)	5:15	11.4 (80.9%)
11	JANICKA Katarzyna	32	BAJADERKI KOSZALIN	K-3	4	00:27:10	00:54:40	01:23:18	01:51:54	01:52:00	+00:22:18 (19.9%)	5:18	11.3 (80.1%)
12	MROCZKOWSKA Marta	76		K-3	5	00:26:58	00:55:21	01:24:46	01:54:38	01:54:52	+00:25:10 (21.9%)	5:25	11 (78.0%)
13	GRZELAK Karina	26	BIEGNIJMY.PL	K-3	6	00:26:59	00:55:22	01:25:16	01:55:28	01:55:41	+00:25:59 (22.5%)	5:28	11 (78.0%)
14	CHODOR Martyna	13	4RUN TKKF KOSZALIN	K-3	7	00:25:53	00:53:38	01:25:15	01:57:25	01:57:34	+00:27:52 (23.7%)	5:33	10.8 (76.6%)
15	ŻELECHOWSKA Magdalena	140		K-3	8	00:28:20	00:57:27	01:28:24	01:58:55	01:59:05	+00:29:23 (24.7%)	5:38	10.6 (75.2%)
16	HAŁAJKO Magdalena	30	BABECZKI	K-3	9	00:28:21	00:57:28	01:28:24	01:59:05	01:59:15	+00:29:33 (24.8%)	5:38	10.6 (75.2%)
17	DYRCZ Marika	21	MKS ŚWIĘC SŁAWNO	K-3	10	00:29:52	01:00:35	01:31:49	02:02:20	02:02:34	+00:32:52 (26.8%)	5:47	10.3 (73.0%)
18	ZYGMUNT Angelika	137		K-4	6	00:29:51	01:00:06	01:31:57	02:03:57	02:04:08	+00:34:26 (27.7%)	5:52	10.2 (72.3%)
19	PYDYN Regina	148		K-6	2	00:29:21	01:01:45	01:37:04	02:11:51	02:11:56	+00:42:14 (32.0%)	6:14	9.6 (68.1%)
20	MAŃKOWSKA Janina	70	JASTROWIE	K-6	3	00:29:52	01:01:22	01:39:16	02:16:45	02:16:54	+00:47:12 (34.5%)	6:28	9.3 (66.0%)
21	BUJAK Justyna	10	KUJATT RUNNERS TEAM	K-3	11	00:32:08	01:06:20	01:41:16	02:16:58	02:17:04	+00:47:22 (34.6%)	6:29	9.2 (65.2%)
22	LASOTA Irena	61		K-8	1	00:30:35	01:05:17	01:42:55	02:23:26	02:23:33	+00:53:51 (37.5%)	6:47	8.8 (62.4%)
23	TREJDER Maria	121	BAJADERKI KOSZALIN	K-4	7	00:34:28	01:10:59	01:47:13	02:23:27	02:23:36	+00:53:54 (37.5%)	6:47	8.8 (62.4%)
24	KASIEBSKA Ewa Katarzyna	41	WKB META LUBLINIEC	K-9	1	00:36:15	01:16:32	01:57:03	02:38:05	02:38:20	+01:08:38 (43.3%)	7:29	8 (56.7%)

Znaleziono 24 wynik(ów)