

XXVIII PÓŁMARATON LIPCOWY

B4SPORT

Organizator: Urząd Miejski w Okonku
Data: 2015-07-19
Miejsce: Okonek
Dystans: 21,1 km



Klasyfikacja: M-3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5.3km	10.6km	15.9km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	56	4RUN TEAM BYDGOSZCZ	M-3	1	00:19:24	00:39:04	00:59:22	01:18:45	01:18:48		3:43	16.1 (100%)
2	RUDNIK Krzysiek	104	NIGHT RUNNERS SŁUPSK	M-3	2	00:19:40	00:39:19	00:59:22	01:19:29	01:19:31	+00:00:43 (0.9%)	3:46	15.9 (98.8%)
3	SZYMAJDA Grzegorz	119	4RUN TKKF KOSZALIN	M-3	3	00:20:19	00:40:54	01:02:09	01:22:46	01:22:49	+00:04:01 (4.9%)	3:55	15.3 (95.0%)
4	BŁASZCZYK Zbigniew	12	TEAM BIEGOWY SZCZECINEK	M-3	4	00:19:23	00:39:46	01:01:17	01:23:32	01:23:35	+00:04:47 (5.7%)	3:57	15.2 (94.4%)
5	KRYSKE Mariusz	55	4RUN TEAM BYDGOSZCZ	M-3	5	00:21:11	00:42:37	01:04:22	01:25:56	01:26:02	+00:07:14 (8.4%)	4:04	14.7 (91.3%)
6	CHOŁOTA Marek	14	BIEGOWY ŚWIAT	M-3	6	00:19:49	00:41:01	01:02:59	01:26:07	01:26:10	+00:07:22 (8.5%)	4:04	14.7 (91.3%)
7	RADTKA Artur	95	LZS "JEDNOŚĆ" ŁOBŻENICA	M-3	7	00:22:26	00:44:22	01:06:01	01:27:35	01:27:42	+00:08:54 (10.1%)	4:09	14.5 (90.1%)
8	POLCYN Czesław	90		M-3	8	00:21:38	00:43:59	01:07:11	01:30:34	01:30:37	+00:11:49 (13.0%)	4:17	14 (87.0%)
9	ROGALSKI Roberto	102	ZSW ZAWSZE SIĘGAJ WYŻEJ	M-3	9	00:23:33	00:47:17	01:10:52	01:34:01	01:34:05	+00:15:17 (16.2%)	4:27	13.5 (83.9%)
10	MROZIK Daniel	77		M-3	10	00:23:29	00:46:44	01:10:25	01:34:57	01:35:04	+00:16:16 (17.1%)	4:30	13.3 (82.6%)
11	KUBAT Krzysztof	57		M-3	11	00:22:15	00:45:37	01:10:06	01:35:18	01:35:23	+00:16:35 (17.4%)	4:30	13.3 (82.6%)
12	JANUZYK Tomasz	34		M-3	12	00:23:36	00:47:23	01:11:36	01:35:27	01:35:34	+00:16:46 (17.5%)	4:31	13.3 (82.6%)
13	KOPER Adam	44	SBZZ ZŁOTÓW	M-3	13	00:23:40	00:47:04	01:11:10	01:36:01	01:36:08	+00:17:20 (18.0%)	4:33	13.2 (82.0%)
14	BORRMANN Dawid	6		M-3	14	00:23:40	00:47:44	01:12:08	01:38:01	01:38:08	+00:19:20 (19.7%)	4:38	12.9 (80.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5.3km	10.6km	15.9km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
15	PIECHOWSKI Krzysztof	87	LOKATOR NIERUCHOMOŚCI PIŁA	M-3	15	00:23:42	00:48:38	01:13:43	01:38:49	01:38:53	+00:20:05 (20.3%)	4:40	12.8 (79.5%)
16	POLLEY Adam	91	LZS "JEDNOŚĆ" ŁOBŻENICA	M-3	16	00:24:22	00:49:27	01:14:44	01:40:46	01:40:57	+00:22:09 (21.9%)	4:46	12.6 (78.3%)
17	KULPA Marcin	59	CSLOG GRUPA	M-3	17	00:22:48	00:47:14	01:13:19	01:41:25	01:41:33	+00:22:45 (22.4%)	4:48	12.5 (77.6%)
18	SZYMIKOWSKI Jarosław	152		M-3	18	00:24:25	00:49:34	01:15:40	01:41:48	01:41:59	+00:23:11 (22.7%)	4:49	12.4 (77.0%)
19	MILACHOWSKI Sebastian	74	SBZZ ZŁOTÓW	M-3	19	00:25:00	00:50:49	01:17:02	01:42:37	01:42:44	+00:23:56 (23.3%)	4:51	12.3 (76.4%)
20	REINKE Maciej	100	KB MECHANIK PIŁA	M-3	20	00:25:16	00:51:19	01:17:31	01:44:17	01:44:22	+00:25:34 (24.5%)	4:56	12.1 (75.2%)
21	LINDA Jan	64	LEŚNY LUDEK	M-3	21	00:25:01	00:50:49	01:17:03	01:44:37	01:44:43	+00:25:55 (24.7%)	4:57	12.1 (75.2%)
22	BUCZYŃSKI Eugeniusz	9	2 BRYGADA ZMECHANIZOWANA	M-3	22	00:24:45	00:50:18	01:17:31	01:44:59	01:45:13	+00:26:25 (25.1%)	4:58	12.1 (75.2%)
23	WILCZYŃSKI Jarosław	124	NIEZRZESZONY (UCZESTNIK NA WÓZKU INWALIDZKIM)	M-3	23	00:25:14	00:51:12	01:18:05	01:46:30	01:46:38	+00:27:50 (26.1%)	5:02	11.9 (73.9%)
24	ZIÓŁKOWSKI Wojciech	134	KB GOCH BYTÓW	M-3	24	00:25:00	00:51:08	01:19:31	01:49:21	01:49:26	+00:30:38 (28.0%)	5:10	11.6 (72.0%)
25	ANKUDOWICZ Damian	2	STAROSTWO POWIATOWE W ZŁOTOWIE	M-3	25	00:25:26	00:52:17	01:20:40	01:50:01	01:50:05	+00:31:17 (28.4%)	5:12	11.5 (71.4%)
26	NAKONIECZNY Rafał	79	BAJADERKI KOSZALIN	M-3	26	00:27:10	00:54:39	01:22:43	01:51:53	01:52:00	+00:33:12 (29.6%)	5:18	11.3 (70.2%)
27	KOZA Mariusz	47		M-3	27	00:24:47	00:51:13	01:20:09	01:53:08	01:53:19	+00:34:31 (30.5%)	5:21	11.2 (69.6%)
28	KUJATT Wojciech	58	KUJATT RUNNERS TEAM	M-3	28	00:26:52	00:55:39	01:25:08	01:53:58	01:54:03	+00:35:15 (30.9%)	5:24	11.1 (68.9%)
29	ZBLEWSKI Patryk	130		M-3	29	00:28:07	00:56:30	01:25:31	01:54:59	01:55:13	+00:36:25 (31.6%)	5:26	11 (68.3%)
30	WIELGUS Paweł	123	ENERGA OPERATOR TOO SZCZECINEK	M-3	30	00:26:55	00:54:57	01:24:36	01:55:34	01:55:40	+00:36:52 (31.9%)	5:28	11 (68.3%)
31	ANDRUSZKIEWICZ Grzegorz	1	PARKRUN SZCZECINEK	M-3	31	00:29:47	00:58:38	01:28:58	01:59:40	01:59:54	+00:41:06 (34.3%)	5:40	10.6 (65.8%)
32	JARUGA Artur	37		M-3	32	00:30:17	01:01:27	01:32:36	02:04:46	02:04:56	+00:46:08 (36.9%)	5:54	10.1 (62.7%)
33	POZORSKI Krzysztof	92	NIGHTRUNNERS SŁUPSK	M-3	33	00:30:36	01:02:13	01:34:24	02:08:32	02:08:46	+00:49:58 (38.8%)	6:05	9.8 (60.9%)
34	OKOŁOWICZ Sebastian	145		M-3	34	00:23:58	00:49:39	01:18:51			+00:19:37	4:57	12.1 (75.2%)

Znaleziono 34 wynik(ów)