



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XXX PÓŁMARATON LIPCOWY OKONEK

XXX PÓŁMARATON LIPCOWY OKONEK
Gmina Okonek
2017-07-15
Okonek
21.1 km

B4SPORT



Klasyfikacja: K30-39

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 5.3km | Start_All 10.6km | Start_All 15.9km | Czas netto 21.1km | Różn | Tempo min/km | Tempo km/h |
|-----|--|------------|--|-----------|------|--------------------|---------------------|---------------------|-------------------------|----------------------|-----------------|-----------------|
| 1 | WITKIEWICZ Magda | 400 | KB 10 BIAŁOGARD | K30-39 | 1 | 00:22:04 | 00:44:22 | 01:07:06 | 01:29:55.05 | | 4:15 | 14.1 (100%) |
| 2 | SZABLA Ewelina | 386 | | K30-39 | 2 | 00:24:46 | 00:49:21 | 01:14:13 | 01:39:36.85 | +00:09:41 (9.7%) | 4:43 | 12.7 (90.1%) |
| 3 | FIŁONOWICZ Monika | 276 | | K30-39 | 3 | 00:23:43 | 00:49:01 | 01:15:51 | 01:42:32.85 | +00:12:37 (12.3%) | 4:51 | 12.3 (87.2%) |
| 4 | KRZYŻANIAK Agnieszka | 316 | NIGHT RUNNERS | K30-39 | 4 | 00:25:21 | 00:50:49 | 01:17:10 | 01:43:40.30 | +00:13:45 (13.3%) | 4:54 | 12.2 (86.5%) |
| 5 | JAROSZEWSKA Justyna | 294 | 4RUN TEAM | K30-39 | 5 | 00:25:24 | 00:51:39 | 01:18:35 | 01:45:38.30 | +00:15:43 (14.9%) | 5:00 | 12 (85.1%) |
| 6 | OWCZARCZAK Monika | 349 | NIGHT RUNNERS | K30-39 | 6 | 00:25:21 | 00:51:53 | 01:19:19 | 01:47:01.40 | +00:17:06 (16.0%) | 5:04 | 11.8 (83.7%) |
| 7 | NIESPODZIANA Ania | 341 | ROGOZIŃSKI KLUB BIEGACZA | K30-39 | 7 | 00:27:39 | 00:55:15 | 01:22:40 | 01:49:56.55 | +00:20:01 (18.2%) | 5:12 | 11.5 (81.6%) |
| 8 | BORKOWSKA-KOWALCZYK Daria | 257 | BRAK | K30-39 | 8 | 00:25:32 | 00:53:16 | 01:22:16 | 01:51:31.95 | +00:21:36 (19.4%) | 5:17 | 11.4 (80.9%) |
| 9 | SIENKIEWICZ-GADZIKOWSKA Paulina | 379 | | K30-39 | 9 | 00:28:09 | 00:56:40 | 01:25:39 | 01:54:48.85 | +00:24:53 (21.7%) | 5:26 | 11 (78.0%) |
| 10 | GZELA Olga | 288 | ROZBIEGANY KOSZALIN, BABECZKI KOSZALIN | K30-39 | 10 | 00:28:29 | 00:59:42 | 01:31:51 | 02:05:35.20 | +00:35:40 (28.4%) | 5:57 | 10.1 (71.6%) |
| 11 | KLEDZIK Joanna | 306 | | K30-39 | 11 | 00:30:58 | 01:02:41 | 01:35:23 | 02:09:05.25 | +00:39:10 (30.3%) | 6:07 | 9.8 (69.5%) |
| 12 | GRABOWSKA-LESISZ Aneta | 283 | | K30-39 | 12 | 00:28:52 | 01:01:12 | 01:35:53 | 02:12:12.45 | +00:42:17 (32.0%) | 6:15 | 9.6 (68.1%) |
| 13 | BUJAK Justyna | 262 | RUN PRO SPORT | K30-39 | 13 | 00:34:36 | 01:10:20 | 01:46:36 | 02:22:02.50 | +00:52:07 (36.7%) | 6:43 | 8.9 (63.1%) |

Znaleziono 13 wynik(ów)