



XXX PÓŁMARATON LIPCOWY OKONEK

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XXX PÓŁMARATON LIPCOWY OKONEK
Gmina Okonek
2017-07-15
Okonek
21.1 km



Klasyfikacja: M40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 5.3km	Start_All 10.6km	Start_All 15.9km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KUJAWA Krzysztof	320	WIĘCKOWSKI TEAM	M40-44	1	00:20:05	00:40:15	01:00:35	01:21:18.95		3:51	15.6 (100%)
2	CHĘTNIK Rafał	263	LKS ZANTYR SZTUM	M40-44	2	00:19:54	00:40:23	01:01:04	01:21:58.60	+00:00:39 (0.8%)	3:53	15.4 (98.7%)
3	KUŁAKOWSKI Artur	264	FLORIAN	M40-44	3	00:19:49	00:39:38	01:00:44	01:22:40.70	+00:01:21 (1.6%)	3:55	15.3 (98.1%)
4	BŁASZCZYK Zbigniew	417		M40-44	4	00:19:51	00:39:59	01:01:24	01:23:57.85	+00:02:38 (3.2%)	3:58	15.1 (96.8%)
5	WITKIEWICZ Eryk	401	BIĄŁOGARD	M40-44	5	00:21:19	00:42:20	01:03:17	01:24:07.95	+00:02:49 (3.3%)	3:59	15 (96.2%)
6	OCHNIO Ryszard	414	POLONIA JASTROWIE	M40-44	6	00:21:40	00:43:47	01:06:40	01:29:53.70	+00:08:34 (9.5%)	4:15	14.1 (90.4%)
7	KĘDZIORA Rafał	305	ŚWIAT BIEGACZA FEHLAU RUN TEAM	M40-44	7	00:21:25	00:44:10	01:07:40	01:31:14.85	+00:09:55 (10.9%)	4:19	13.9 (89.1%)
8	DANIELAK Michał	270	ORKIESTRA WOJSKOWA W TORUNIU	M40-44	8	00:22:49	00:46:26	01:11:03	01:35:59.00	+00:14:40 (15.3%)	4:32	13.2 (84.6%)
9	BIAŁCZYK Mariusz	255	LOKATOR NIERUCHOMOŚCI PIŁA	M40-44	9	00:23:31	00:47:22	01:12:11	01:37:47.60	+00:16:28 (16.8%)	4:38	12.9 (82.7%)
10	PIECHOWSKI Krzysztof	357	LOKATOR NIERUCHOMOŚCI PIŁA	M40-44	10	00:23:31	00:47:22	01:13:04	01:38:42.15	+00:17:23 (17.6%)	4:40	12.8 (82.1%)
11	KONDERA Zbigniew	308	4RUN TEAM PIŁA	M40-44	11	00:23:45	00:48:35	01:13:46	01:38:46.35	+00:17:27 (17.7%)	4:40	12.8 (82.1%)
12	BULIKOWSKI Paweł	410		M40-44	12	00:23:16	00:47:38	01:13:02	01:39:14.35	+00:17:55 (18.1%)	4:42	12.8 (82.1%)
13	JAROSZ Dariusz	313	TKKF KOSZALIN	M40-44	13	00:24:46	00:49:21	01:14:13	01:39:36.85	+00:18:17 (18.4%)	4:43	12.7 (81.4%)
14	ŚWITAL Leszek	394	PCH_RUN -MORSY MARGONIN	M40-44	14	00:23:00	00:46:54	01:13:11	01:40:04.00	+00:18:45 (18.7%)	4:44	12.7 (81.4%)
15	PIASECKI Paweł	356		M40-44	15	00:24:53	00:50:15	01:15:31	01:40:33.35	+00:19:14 (19.1%)	4:45	12.6 (80.8%)
16	ORZEŁ Przemysław	347		M40-44	16	00:23:37	00:47:51	01:14:14	01:41:46.65	+00:20:27 (20.1%)	4:49	12.4 (79.5%)
17	ELMINOWSKI Jacek	275		M40-44	17	00:24:00	00:49:55	01:16:06	01:42:12.95	+00:20:54 (20.4%)	4:50	12.4 (79.5%)
18	KOWALCZYK Mariusz	312	BRAK	M40-44	18	00:23:29	00:50:39	01:18:33	01:45:24.80	+00:24:05 (22.9%)	4:59	12 (76.9%)
19	PROTASIEWICZ Robert	364		M40-44	19	00:26:27	00:53:09	01:19:44	01:45:48.35	+00:24:29 (23.1%)	5:00	12 (76.9%)
20	KUJATT Wojciech	319	RUN PRO SPORT	M40-44	20	00:27:22	00:54:08	01:09:06	01:46:03.40	+00:24:44 (23.3%)	5:01	11.9 (76.3%)
21	GAJEK Artur	279	KORZYBSKIE REKINY	M40-44	21	00:27:22	00:55:17	01:22:46	01:49:46.05	+00:28:27 (25.9%)	5:12	11.5 (73.7%)
22	KOSIŃSKI Zbigniew	311	NBR	M40-44	22	00:27:37	00:55:13	01:22:06	01:50:00.20	+00:28:41 (26.1%)	5:12	11.5 (73.7%)
23	PISAŃCZYN Krzysztof	359	LOKATOR NIERUCHOMOŚCI PIŁA	M40-44	23	00:23:26	00:50:22	01:19:59	01:50:37.30	+00:29:18 (26.5%)	5:14	11.4 (73.1%)
24	GRABIŃSKI Waldemar	282	ROGOZIŃSKI KLUB BIEGACZA	M40-44	24	00:30:01	00:58:23	01:25:54	01:53:41.40	+00:32:22 (28.5%)	5:23	11.1 (71.2%)
25	ANDRUSZKIEWICZ Grzegorz	252	PARKIEM SZCZECINEK	M40-44	25	00:27:39	00:55:33	01:26:53	01:58:30.45	+00:37:11 (31.4%)	5:37	10.7 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All			Czas	Różn	Tempo min/km	Tempo km/h
						5.3km	10.6km	15.9km	netto 21.1km			
26	CHOJNIAK Wiesław	265		M40-44	26	00:34:11	01:08:17	01:38:55	02:08:54.95	+00:47:36 (36.9%)	6:06	9.8 (62.8%)
27	NOWAK Bartłomiej	343	SAILING TEAM FERAJNA	M40-44	27	00:30:57	01:03:56	01:39:21	02:18:03.60	+00:56:44 (41.1%)	6:32	9.2 (59.0%)

Znaleziono 27 wynik(ów)