

**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2018-10-07  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>METTO David</b>	<b>246</b>	ZAWISZA BYDGOSZCZ	M20	1		<b>00:24:22.00</b>	<b>00:24:22.00</b>		3:14	18.5 (100%)
2	<b>KOTŁOWSKI Bartosz</b>	<b>202</b>	LKS OSTROMECKO	M20	2	Tak	<b>00:24:22.30</b>	<b>00:24:22.30</b>	+00:00:00 (0.0%)	3:14	18.5 (100%)
3	<b>BRZEZIŃSKA Aleksandra</b>	<b>252</b>		K20	1		<b>00:24:55.85</b>	<b>00:24:55.85</b>	+00:00:33 (2.3%)	3:19	18.1 (97.8%)
4	<b>SKIBA Łukasz</b>	<b>250</b>		M30	1		<b>00:25:32.30</b>	<b>00:25:32.30</b>	+00:01:10 (4.6%)	3:24	17.6 (95.1%)
5	<b>KOWALSKA Katarzyna</b>	<b>249</b>		K30	1		<b>00:25:39.05</b>	<b>00:25:39.05</b>	+00:01:17 (5.0%)	3:25	17.5 (94.6%)
6	<b>LUTOWSKI Wojciech</b>	<b>222</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	2		<b>00:26:03.00</b>	<b>00:26:03.00</b>	+00:01:41 (6.5%)	3:28	17.3 (93.5%)
7	<b>DEROŃ Waldemar</b>	<b>170</b>	1 BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	3		<b>00:26:22.75</b>	<b>00:26:22.75</b>	+00:02:00 (7.6%)	3:30	17.1 (92.4%)
8	<b>STANKIEWICZ Błażej</b>	<b>165</b>	LKS OSTROMECKO	M40	1		<b>00:26:31.50</b>	<b>00:26:31.50</b>	+00:02:09 (8.1%)	3:32	17 (91.9%)
9	<b>GLUGLA Mariusz</b>	<b>139</b>		M40	2		<b>00:26:48.45</b>	<b>00:26:48.45</b>	+00:02:26 (9.1%)	3:34	16.8 (90.8%)
10	<b>PAWŁOWSKI Tomasz</b>	<b>22</b>		M20	3		<b>00:27:18.35</b>	<b>00:27:18.35</b>	+00:02:56 (10.8%)	3:38	16.5 (89.2%)
11	<b>MAĆKOWSKI Maciej</b>	<b>124</b>	UPS BYDGOSZCZ	M30	4		<b>00:27:41.55</b>	<b>00:27:41.55</b>	+00:03:19 (12.0%)	3:41	16.3 (88.1%)
12	<b>SZENK Marta</b>	<b>5</b>		K30	2		<b>00:27:47.05</b>	<b>00:27:47.05</b>	+00:03:25 (12.3%)	3:42	16.2 (87.6%)
13	<b>BUŚ Szymon</b>	<b>87</b>	LKS OSTROMECKO	M20	4		<b>00:28:04.95</b>	<b>00:28:04.95</b>	+00:03:42 (13.2%)	3:44	16 (86.5%)
14	<b>RETECKI Krzysztof</b>	<b>9</b>	BOGMAR / PRESTO	M40	3	Tak	<b>00:28:11.55</b>	<b>00:28:11.55</b>	+00:03:49 (13.6%)	3:45	16 (86.5%)
15	<b>WILIŃSKI Sebastian</b>	<b>105</b>		M30	5	Tak	<b>00:28:41.85</b>	<b>00:28:41.85</b>	+00:04:19 (15.1%)	3:49	15.7 (84.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
16	<b>BUDNIK Bartosz</b>	<b>251</b>		M16	1		<b>00:29:16.40</b>	<b>00:29:16.40</b>	+00:04:54 (16.8%)	3:54	15.4 (83.2%)
17	<b>BUKOWIŃSKI Michał</b>	<b>257</b>		M40	4		<b>00:29:25.95</b>	<b>00:29:25.95</b>	+00:05:03 (17.2%)	3:55	15.3 (82.7%)
18	<b>WIĘCKOWSKI Dariusz</b>	<b>72</b>	AMS TRIATHLON	M30	6		<b>00:29:43.65</b>	<b>00:29:43.65</b>	+00:05:21 (18.0%)	3:57	15.1 (81.6%)
19	<b>RYMER Jakub</b>	<b>256</b>		M30	7		<b>00:29:57.65</b>	<b>00:29:57.65</b>	+00:05:35 (18.7%)	3:59	15 (81.1%)
20	<b>MOROSZCZAK Bogumił</b>	<b>61</b>	SPÓJNIA BIAŁE BŁOTA	M40	5		<b>00:30:02.80</b>	<b>00:30:02.80</b>	+00:05:40 (18.9%)	4:00	15 (81.1%)
21	<b>STANKIEWICZ Jacek</b>	<b>125</b>		M20	5		<b>00:30:09.55</b>	<b>00:30:09.55</b>	+00:05:47 (19.2%)	4:01	14.9 (80.5%)
22	<b>PAWŁOWSKI Radosław</b>	<b>21</b>	JFTC SU	M50	1		<b>00:30:41.50</b>	<b>00:30:41.50</b>	+00:06:19 (20.6%)	4:05	14.7 (79.5%)
23	<b>GOŁATA Wojciech</b>	<b>3</b>	WILCZA WATAHA	M30	8	Tak	<b>00:30:49.40</b>	<b>00:30:49.40</b>	+00:06:27 (20.9%)	4:06	14.6 (78.9%)
24	<b>ŚLIWIŃSKI Łukasz</b>	<b>231</b>		M30	9	Tak	<b>00:30:52.40</b>	<b>00:30:52.40</b>	+00:06:30 (21.1%)	4:06	14.6 (78.9%)
25	<b>BINKOWSKI Adrian</b>	<b>199</b>	PROFESSIONAL HR/CB163	M30	10	Tak	<b>00:30:57.80</b>	<b>00:30:57.80</b>	+00:06:35 (21.3%)	4:07	14.5 (78.4%)
26	<b>ŁADNIAK Dariusz</b>	<b>214</b>		M40	6	Tak	<b>00:31:00.90</b>	<b>00:31:00.90</b>	+00:06:38 (21.4%)	4:08	14.5 (78.4%)
27	<b>ZAKRZEWSKI Mateusz</b>	<b>233</b>		M16	2	Tak	<b>00:31:01.65</b>	<b>00:31:01.65</b>	+00:06:39 (21.5%)	4:08	14.5 (78.4%)
28	<b>KRUSZEWSKI Tadeusz</b>	<b>234</b>		M40	7	Tak	<b>00:31:10.55</b>	<b>00:31:10.55</b>	+00:06:48 (21.8%)	4:09	14.4 (77.8%)
28	<b>PRADZYŃSKI Marcin</b>	<b>161</b>	TRISPACE	M40	8		<b>00:31:10.55</b>	<b>00:31:10.55</b>	+00:06:48 (21.8%)	4:09	14.4 (77.8%)
30	<b>GÓRA Krystian</b>	<b>100</b>	FORDON	M30	11		<b>00:31:15.15</b>	<b>00:31:15.15</b>	+00:06:53 (22.0%)	4:10	14.4 (77.8%)
31	<b>TRZCIŃSKI Franciszek</b>	<b>102</b>		M50	2		<b>00:31:35.10</b>	<b>00:31:35.10</b>	+00:07:13 (22.9%)	4:12	14.2 (76.8%)
32	<b>KARNOWSKI Sebastian</b>	<b>101</b>		M30	12	Tak	<b>00:31:38.90</b>	<b>00:31:38.90</b>	+00:07:16 (23.0%)	4:13	14.2 (76.8%)
33	<b>MULLERT Karol</b>	<b>242</b>		M30	13		<b>00:31:41.00</b>	<b>00:31:41.00</b>	+00:07:19 (23.1%)	4:13	14.2 (76.8%)
34	<b>SYROCKI Michał</b>	<b>71</b>		M30	14	Tak	<b>00:31:42.35</b>	<b>00:31:42.35</b>	+00:07:20 (23.1%)	4:13	14.2 (76.8%)
35	<b>STARSZAK Paweł</b>	<b>83</b>		M40	9	Tak	<b>00:31:55.30</b>	<b>00:31:55.30</b>	+00:07:33 (23.7%)	4:15	14.1 (76.2%)
36	<b>JAROCKA Beata</b>	<b>99</b>		K40	1	Tak	<b>00:32:07.55</b>	<b>00:32:07.55</b>	+00:07:45 (24.2%)	4:16	14 (75.7%)
37	<b>ŚCIBAK Wojciech</b>	<b>263</b>	JFTC SU	M30	15		<b>00:32:21.95</b>	<b>00:32:21.95</b>	+00:07:59 (24.7%)	4:18	13.9 (75.1%)
38	<b>STARSZAK Seweryn</b>	<b>85</b>		M16	3	Tak	<b>00:32:26.60</b>	<b>00:32:26.60</b>	+00:08:04 (24.9%)	4:19	13.9 (75.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
39	<b>KOCINIEWSKI Dariusz</b>	<b>114</b>	LKS JANOWO	M40	10	Tak	<b>00:32:40.30</b>	<b>00:32:40.30</b>	+00:08:18 (25.4%)	4:21	13.8 (74.6%)
40	<b>NAGÓRSKA Elżbieta</b>	<b>241</b>		K40	2		<b>00:32:40.85</b>	<b>00:32:40.85</b>	+00:08:18 (25.4%)	4:21	13.8 (74.6%)
41	<b>NARTOWSKI Lukasz</b>	<b>151</b>		M30	16		<b>00:32:47.90</b>	<b>00:32:47.90</b>	+00:08:25 (25.7%)	4:22	13.7 (74.1%)
42	<b>PAWŁOWSKI Kamil</b>	<b>23</b>		M20	6		<b>00:32:48.30</b>	<b>00:32:48.30</b>	+00:08:26 (25.7%)	4:22	13.7 (74.1%)
43	<b>PALACZ Wioletta</b>	<b>152</b>		K40	3		<b>00:32:53.50</b>	<b>00:32:53.50</b>	+00:08:31 (25.9%)	4:23	13.7 (74.1%)
44	<b>BAGROWSKI Marek</b>	<b>8</b>	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M50	3	Tak	<b>00:33:16.15</b>	<b>00:33:16.15</b>	+00:08:54 (26.8%)	4:26	13.5 (73.0%)
45	<b>KOCINIEWSKI Wojciech</b>	<b>116</b>	LKS JANOWO	M16	4	Tak	<b>00:33:26.10</b>	<b>00:33:26.10</b>	+00:09:04 (27.1%)	4:27	13.5 (73.0%)
46	<b>GZYL Mikołaj</b>	<b>110</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	17		<b>00:33:30.25</b>	<b>00:33:30.25</b>	+00:09:08 (27.3%)	4:28	13.4 (72.4%)
47	<b>BIELEC Wojciech</b>	<b>76</b>		M30	18		<b>00:33:35.05</b>	<b>00:33:35.05</b>	+00:09:13 (27.4%)	4:28	13.4 (72.4%)
48	<b>NALEŻYTY Piotr</b>	<b>94</b>	KLINIKA TRIATHLONU	M30	19		<b>00:33:37.80</b>	<b>00:33:37.80</b>	+00:09:15 (27.5%)	4:28	13.4 (72.4%)
49	<b>GRYGIEL Damian</b>	<b>59</b>		M20	7	Tak	<b>00:33:49.10</b>	<b>00:33:49.10</b>	+00:09:27 (27.9%)	4:30	13.3 (71.9%)
50	<b>MUZIEWICZ Marcel</b>	<b>264</b>		M19	1		<b>00:33:51.05</b>	<b>00:33:51.05</b>	+00:09:29 (28.0%)	4:30	13.3 (71.9%)
51	<b>GORGOL Tomasz</b>	<b>166</b>	LP500	M40	11		<b>00:33:58.95</b>	<b>00:33:58.95</b>	+00:09:36 (28.3%)	4:31	13.2 (71.4%)
52	<b>WILCZEWSKI Robert</b>	<b>142</b>	WOLFPACK	M40	12		<b>00:34:06.45</b>	<b>00:34:06.45</b>	+00:09:44 (28.6%)	4:32	13.2 (71.4%)
53	<b>SOBOCIŃSKI Kamil</b>	<b>153</b>		M30	20	Tak	<b>00:34:08.60</b>	<b>00:34:08.60</b>	+00:09:46 (28.6%)	4:33	13.2 (71.4%)
54	<b>ĆWIKLIŃSKI Mikołaj</b>	<b>58</b>	FULL SERVICE LADIES	M20	8		<b>00:34:09.80</b>	<b>00:34:09.80</b>	+00:09:47 (28.7%)	4:33	13.2 (71.4%)
55	<b>ŚMIGLEWSKI Aleksander</b>	<b>88</b>		M20	9	Tak	<b>00:34:10.75</b>	<b>00:34:10.75</b>	+00:09:48 (28.7%)	4:33	13.2 (71.4%)
56	<b>ROSIAK Jarek</b>	<b>230</b>	TRZEJ KRÓLOWIE	M40	13		<b>00:34:13.50</b>	<b>00:34:13.50</b>	+00:09:51 (28.8%)	4:33	13.2 (71.4%)
57	<b>KLINIKOWSKI Jacek</b>	<b>31</b>	KOCHAM ŻYCIE I...	M40	14		<b>00:34:17.15</b>	<b>00:34:17.15</b>	+00:09:55 (28.9%)	4:34	13.1 (70.8%)
58	<b>KUŚMIEREC Michał</b>	<b>17</b>		M30	21	Tak	<b>00:34:20.10</b>	<b>00:34:20.10</b>	+00:09:58 (29.0%)	4:34	13.1 (70.8%)
59	<b>KOTŁOWSKI Przemysław</b>	<b>163</b>	MKS SP 63 BYDGOSZCZ	M40	15		<b>00:34:28.05</b>	<b>00:34:28.05</b>	+00:10:06 (29.3%)	4:35	13.1 (70.8%)
60	<b>KRUCZKOWSKI Piotr</b>	<b>189</b>	FUJI KRYSPORT TEAM	M50	4		<b>00:34:38.25</b>	<b>00:34:38.25</b>	+00:10:16 (29.7%)	4:37	13 (70.3%)
61	<b>KOHUTEK Artur</b>	<b>132</b>		M40	16	Tak	<b>00:34:38.85</b>	<b>00:34:38.85</b>	+00:10:16 (29.7%)	4:37	13 (70.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
62	HALINIAK Filip	149		M19	2	Tak	00:34:46.40	00:34:46.40	+00:10:24 (29.9%)	4:38	12.9 (69.7%)
63	BERNACKI Dominik	90		M30	22		00:34:47.75	00:34:47.75	+00:10:25 (30.0%)	4:38	12.9 (69.7%)
64	KOCINIEWSKI Łukasz	121	LKS JANOWO	M16	5	Tak	00:34:53.25	00:34:53.25	+00:10:31 (30.2%)	4:39	12.9 (69.7%)
65	BRZOZOWSKA Iwona	86		K40	4		00:34:58.75	00:34:58.75	+00:10:36 (30.3%)	4:39	12.9 (69.7%)
66	LEŚNIAK Adrian	235		M30	23		00:35:00.40	00:35:00.40	+00:10:38 (30.4%)	4:40	12.9 (69.7%)
67	BIELEC Michał	160		M30	24		00:35:02.25	00:35:02.25	+00:10:40 (30.5%)	4:40	12.8 (69.2%)
68	PODBIELSKA Alina	46	KM UMK TORUŃ	K40	5		00:35:04.45	00:35:04.45	+00:10:42 (30.5%)	4:40	12.8 (69.2%)
69	POLIWODZIŃSKI Michał	179	KS WISŁKA BYDGOSZCZ-FORDON	M30	25		00:35:08.20	00:35:08.20	+00:10:46 (30.7%)	4:41	12.8 (69.2%)
70	NOWICKI Błażej	128		M19	3		00:35:13.20	00:35:13.20	+00:10:51 (30.8%)	4:41	12.8 (69.2%)
71	RYMARKIEWICZ Małgorzata	145	KLINIKA TRIATHLONU	K30	3		00:35:14.15	00:35:14.15	+00:10:52 (30.8%)	4:41	12.8 (69.2%)
72	GANDZIAROWSKA Anna	186		K20	2	Tak	00:35:23.85	00:35:23.85	+00:11:01 (31.2%)	4:43	12.7 (68.6%)
73	NOWAKOWSKI Grzegorz	219	DEAF	M30	26		00:35:29.35	00:35:29.35	+00:11:07 (31.3%)	4:43	12.7 (68.6%)
74	KOSIŁO Marcin	127	RUNBUSTERS	M30	27		00:35:33.35	00:35:33.35	+00:11:11 (31.5%)	4:44	12.7 (68.6%)
75	WESTFALEWSKI Tomasz	164	LKS BOGMAR OSTROMECKO	M20	10	Tak	00:35:33.75	00:35:33.75	+00:11:11 (31.5%)	4:44	12.7 (68.6%)
76	KOCINIEWSKI Franciszek	115	LKS JANOWO	M19	4	Tak	00:35:33.90	00:35:33.90	+00:11:11 (31.5%)	4:44	12.7 (68.6%)
77	JANUS Dawid	228	THE RUNNERS ŚWIECIE	M30	28		00:35:36.25	00:35:36.25	+00:11:14 (31.6%)	4:44	12.6 (68.1%)
78	KURBIEL-SYROCKA Aleksandra	69		K20	3		00:35:41.60	00:35:41.60	+00:11:19 (31.7%)	4:45	12.6 (68.1%)
79	GÓRECKA Marta	135		K19	1	Tak	00:35:47.35	00:35:47.35	+00:11:25 (31.9%)	4:46	12.6 (68.1%)
80	CABAJ Agata	24		K20	4		00:35:47.50	00:35:47.50	+00:11:25 (31.9%)	4:46	12.6 (68.1%)
81	MALEC Kamil	140		M20	11		00:35:48.95	00:35:48.95	+00:11:26 (32.0%)	4:46	12.6 (68.1%)
82	WOJCIECHOWSKI Jarosław	154		M40	17		00:35:49.80	00:35:49.80	+00:11:27 (32.0%)	4:46	12.6 (68.1%)
83	RUTKOWSKI Tomasz	36	BRAK	M40	18	Tak	00:35:59.15	00:35:59.15	+00:11:37 (32.3%)	4:47	12.5 (67.6%)
84	WALUSIAK Miłosz	156	RUN PASJA	M30	29		00:36:04.05	00:36:04.05	+00:11:42 (32.4%)	4:48	12.5 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
85	<b>KANIEWSKA Alicja</b>	<b>91</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	1		<b>00:36:04.15</b>	<b>00:36:04.15</b>	+00:11:42 (32.4%)	4:48	12.5 (67.6%)
86	<b>PIWOŃSKI Robert</b>	<b>45</b>	PARAFIALNY KLUB BIEGACZA TORUŃ - KASZCZOREK	M40	19		<b>00:36:06.30</b>	<b>00:36:06.30</b>	+00:11:44 (32.5%)	4:48	12.5 (67.6%)
87	<b>RZEPKA Ewa</b>	<b>239</b>		K40	6		<b>00:36:20.15</b>	<b>00:36:20.15</b>	+00:11:58 (32.9%)	4:50	12.4 (67.0%)
88	<b>RZEPKA Andrzej</b>	<b>238</b>		M40	20		<b>00:36:20.20</b>	<b>00:36:20.20</b>	+00:11:58 (32.9%)	4:50	12.4 (67.0%)
89	<b>ZGLINSKA Anna</b>	<b>134</b>		K30	4		<b>00:36:31.10</b>	<b>00:36:31.10</b>	+00:12:09 (33.3%)	4:52	12.3 (66.5%)
90	<b>TARGOWSKI Marcin</b>	<b>130</b>	MKS SP 63 BYDGOSZCZ	M30	30		<b>00:36:31.15</b>	<b>00:36:31.15</b>	+00:12:09 (33.3%)	4:52	12.3 (66.5%)
91	<b>TRUDNOWSKI Janusz</b>	<b>78</b>		M70	1		<b>00:36:35.95</b>	<b>00:36:35.95</b>	+00:12:13 (33.4%)	4:52	12.3 (66.5%)
92	<b>SOSIŃSKA Izabela</b>	<b>30</b>		K30	5	Tak	<b>00:36:40.25</b>	<b>00:36:40.25</b>	+00:12:18 (33.6%)	4:53	12.3 (66.5%)
93	<b>KOCINIEWSKI Bartłomiej</b>	<b>89</b>	LKS JANOWO	M30	31	Tak	<b>00:36:49.50</b>	<b>00:36:49.50</b>	+00:12:27 (33.8%)	4:54	12.2 (65.9%)
94	<b>BIEŃKOWSKI Tomasz</b>	<b>95</b>		M60	1		<b>00:37:03.30</b>	<b>00:37:03.30</b>	+00:12:41 (34.2%)	4:56	12.1 (65.4%)
95	<b>KALEC Marcin</b>	<b>253</b>		M20	12	Tak	<b>00:37:21.05</b>	<b>00:37:21.05</b>	+00:12:59 (34.8%)	4:58	12 (64.9%)
96	<b>ŚLIWIŃSKI Piotr</b>	<b>262</b>		M20	13	Tak	<b>00:37:21.50</b>	<b>00:37:21.50</b>	+00:12:59 (34.8%)	4:58	12 (64.9%)
97	<b>SIUDA Marek</b>	<b>146</b>		M40	21		<b>00:37:24.15</b>	<b>00:37:24.15</b>	+00:13:02 (34.9%)	4:59	12 (64.9%)
98	<b>PERLIK Grzegorz</b>	<b>196</b>		M60	2		<b>00:37:25.20</b>	<b>00:37:25.20</b>	+00:13:03 (34.9%)	4:59	12 (64.9%)
99	<b>WOJCIECHOWSKA Emilia</b>	<b>155</b>		K40	7		<b>00:37:29.15</b>	<b>00:37:29.15</b>	+00:13:07 (35.0%)	4:59	12 (64.9%)
100	<b>RADOWSKA Helena</b>	<b>144</b>		K50	2		<b>00:37:29.65</b>	<b>00:37:29.65</b>	+00:13:07 (35.0%)	4:59	12 (64.9%)
101	<b>SOBOLEWSKA Aleksandra</b>	<b>108</b>		K20	5		<b>00:37:33.20</b>	<b>00:37:33.20</b>	+00:13:11 (35.1%)	5:00	12 (64.9%)
102	<b>KOWALCZYK Robert</b>	<b>237</b>		M40	22	Tak	<b>00:37:34.15</b>	<b>00:37:34.15</b>	+00:13:12 (35.1%)	5:00	12 (64.9%)
103	<b>POTRZEBOWSKA Agata</b>	<b>10</b>	DEAF	K30	6		<b>00:37:35.95</b>	<b>00:37:35.95</b>	+00:13:13 (35.2%)	5:00	12 (64.9%)
104	<b>ZIÓŁKOWSKA Katarzyna</b>	<b>109</b>		K20	6		<b>00:37:38.35</b>	<b>00:37:38.35</b>	+00:13:16 (35.3%)	5:01	12 (64.9%)
105	<b>MANDRA Wojciech</b>	<b>68</b>		M30	32	Tak	<b>00:37:42.00</b>	<b>00:37:42.00</b>	+00:13:20 (35.4%)	5:01	11.9 (64.3%)
106	<b>PRZYBORSKI Marcin</b>	<b>41</b>	BRAK	M30	33		<b>00:37:43.20</b>	<b>00:37:43.20</b>	+00:13:21 (35.4%)	5:01	11.9 (64.3%)
107	<b>SOSIŃSKI Paweł</b>	<b>29</b>		M30	34	Tak	<b>00:37:51.50</b>	<b>00:37:51.50</b>	+00:13:29 (35.6%)	5:02	11.9 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
108	KUZIOŁA Łukasz	225		M40	23	Tak	00:37:57.30	00:37:57.30	+00:13:35 (35.8%)	5:03	11.9 (64.3%)
109	ŁOŚ Dariusz	243		M60	3		00:38:05.75	00:38:05.75	+00:13:43 (36.0%)	5:04	11.8 (63.8%)
110	OSIECKI Grzegorz	141		M60	4		00:38:16.40	00:38:16.40	+00:13:54 (36.3%)	5:06	11.8 (63.8%)
111	KAMINSKI Stefan	15	REKREACJA	M70	2		00:38:19.00	00:38:19.00	+00:13:57 (36.4%)	5:06	11.7 (63.2%)
112	CZYŻAK Joanna	67	AMS	K40	8	Tak	00:38:22.35	00:38:22.35	+00:14:00 (36.5%)	5:06	11.7 (63.2%)
113	SOBCZAK Krzysztof	245		M30	35		00:38:22.45	00:38:22.45	+00:14:00 (36.5%)	5:06	11.7 (63.2%)
114	GAPPA Karolina	203		K20	7		00:38:25.55	00:38:25.55	+00:14:03 (36.6%)	5:07	11.7 (63.2%)
115	RUTKOWSKI Kamil	44	BRAK	M19	5	Tak	00:38:27.55	00:38:27.55	+00:14:05 (36.6%)	5:07	11.7 (63.2%)
116	HALINIAK Jakub	148		M16	6	Tak	00:38:28.50	00:38:28.50	+00:14:06 (36.7%)	5:07	11.7 (63.2%)
117	BANACH Grzegorz	82		M50	5	Tak	00:38:53.00	00:38:53.00	+00:14:31 (37.3%)	5:11	11.6 (62.7%)
118	ŚLIWIŃSKI Mariusz	159	KS CZEMLEWO	M30	36	Tak	00:39:00.15	00:39:00.15	+00:14:38 (37.5%)	5:12	11.5 (62.2%)
119	BŁAŻEJEWSKI Dariusz	75	KLUB HDK ŚWIECIE	M50	6		00:39:04.95	00:39:04.95	+00:14:42 (37.7%)	5:12	11.5 (62.2%)
120	NUNZEK Agnieszka	131		K40	9	Tak	00:39:30.55	00:39:30.55	+00:15:08 (38.3%)	5:16	11.4 (61.6%)
121	CHABROS Anna	254		K30	7		00:39:38.65	00:39:38.65	+00:15:16 (38.5%)	5:17	11.4 (61.6%)
122	POTRZEBOWSKI Marek	65	DEAF	M30	37		00:39:43.75	00:39:43.75	+00:15:21 (38.7%)	5:17	11.3 (61.1%)
123	HALINIAK Dominik	150		M20	14	Tak	00:39:48.45	00:39:48.45	+00:15:26 (38.8%)	5:18	11.3 (61.1%)
124	BRZozowski Jarosław	1	BRZOZA TRI TEAM	M50	7		00:39:50.50	00:39:50.50	+00:15:28 (38.8%)	5:18	11.3 (61.1%)
125	BORZYSZKOWSKI Grzegorz	6	STARY FORDON	M30	38		00:39:53.65	00:39:53.65	+00:15:31 (38.9%)	5:19	11.3 (61.1%)
126	KUK Bartłomiej Adam	126		M16	7	Tak	00:40:04.80	00:40:04.80	+00:15:42 (39.2%)	5:20	11.2 (60.5%)
127	ANDERSOHN Pawel	162	PSG	M40	24		00:40:10.65	00:40:10.65	+00:15:48 (39.4%)	5:21	11.2 (60.5%)
128	OŚWIECIŃSKA Karolina	258		K20	8		00:40:12.00	00:40:12.00	+00:15:50 (39.4%)	5:21	11.2 (60.5%)
129	KOCINIEWSKI Marcin	120	LKS JANOWO	M30	39	Tak	00:40:17.65	00:40:17.65	+00:15:55 (39.5%)	5:22	11.2 (60.5%)
130	DŁONIAK Edmund	79	TG SOKÓŁ GNIEWKOWO	M70	3		00:40:27.25	00:40:27.25	+00:16:05 (39.8%)	5:23	11.1 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
131	SAJUR Sylwia	240		K20	9		00:40:30.60	00:40:30.60	+00:16:08 (39.9%)	5:24	11.1 (60.0%)
132	MIKSZTOWICZ Oliwia	74		K20	10	Tak	00:40:30.85	00:40:30.85	+00:16:08 (39.9%)	5:24	11.1 (60.0%)
133	FALKOWSKI Ireneusz	40	BRAK	M50	8		00:40:36.25	00:40:36.25	+00:16:14 (40.0%)	5:24	11.1 (60.0%)
134	ZIELIŃSKI Radosław	18		M30	40		00:40:43.45	00:40:43.45	+00:16:21 (40.2%)	5:25	11.1 (60.0%)
135	FILIPSKA Paulina	96		K30	8		00:40:45.55	00:40:45.55	+00:16:23 (40.2%)	5:26	11 (59.5%)
136	KRÓL Zbigniew	255		M40	25		00:40:58.00	00:40:58.00	+00:16:36 (40.5%)	5:27	11 (59.5%)
137	SIUDZIŃSKA Anna	62	BBKTS	K30	9	Yes	00:41:01.80	00:41:01.80	+00:16:39 (40.6%)	5:28	11 (59.5%)
138	RUTKOWSKI Szymon	37	BRAK	M16	8	Tak	00:41:06.85	00:41:06.85	+00:16:44 (40.7%)	5:28	10.9 (58.9%)
139	BLEJA Krystian	48	PGB SPORTOWA PACZKA	M30	41		00:41:18.45	00:41:18.45	+00:16:56 (41.0%)	5:30	10.9 (58.9%)
140	SZYDŁO Mariusz	168		M16	9	Tak	00:41:31.95	00:41:31.95	+00:17:09 (41.3%)	5:32	10.8 (58.4%)
141	SZYDŁO Adam	169		M16	10	Tak	00:41:32.00	00:41:32.00	+00:17:10 (41.3%)	5:32	10.8 (58.4%)
142	PANKANIN Agata	147	LKS DĄBROWA CHEŁMIŃSKA	K16	1	Tak	00:41:32.05	00:41:32.05	+00:17:10 (41.3%)	5:32	10.8 (58.4%)
143	SZYDŁO Sławomir	167		M40	26	Tak	00:41:32.50	00:41:32.50	+00:17:10 (41.3%)	5:32	10.8 (58.4%)
144	MANDRA Marcin	13		M30	42		00:42:34.80	00:42:34.80	+00:18:12 (42.8%)	5:40	10.6 (57.3%)
145	CIEŚLICKI Krzysztof	236		M30	43		00:42:35.65	00:42:35.65	+00:18:13 (42.8%)	5:40	10.6 (57.3%)
146	MANISZEWSKI Zbigniew	215		M60	5		00:42:43.65	00:42:43.65	+00:18:21 (43.0%)	5:41	10.5 (56.8%)
147	STRUTYŃSKI Włodzimierz	55	FULL SERVICE LADIES	M50	9		00:42:50.20	00:42:50.20	+00:18:28 (43.1%)	5:42	10.5 (56.8%)
147	ZOLTEK Patryk	122		M20	15	Tak	00:42:50.20	00:42:50.20	+00:18:28 (43.1%)	5:42	10.5 (56.8%)
149	ŁOŚ Katarzyna	244		K50	3		00:42:51.55	00:42:51.55	+00:18:29 (43.1%)	5:42	10.5 (56.8%)
150	ANDRZEJEWSKI Paweł	248		M40	27		00:43:35.10	00:43:35.10	+00:19:13 (44.1%)	5:48	10.3 (55.7%)
150	ANDRZEJEWSKA Joanna	247		K40	10		00:43:35.10	00:43:35.10	+00:19:13 (44.1%)	5:48	10.3 (55.7%)
152	JAWORSKI Janusz	66		M50	10		00:44:03.75	00:44:03.75	+00:19:41 (44.7%)	5:52	10.2 (55.1%)
153	WIESE Katarzyna	51	FULL SERVICE LADIES	K20	11		00:44:14.95	00:44:14.95	+00:19:52 (44.9%)	5:53	10.2 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
154	WILK Krzysztof	265		M60	6	Tak	00:44:15.25	00:44:15.25	+00:19:53 (44.9%)	5:54	10.2 (55.1%)
155	NIECHWIEJ Małgorzata	54	FULL SERVICE LADIES	K30	10		00:44:20.55	00:44:20.55	+00:19:58 (45.0%)	5:54	10.2 (55.1%)
156	OSZUBSKI Kazimierz	137		M40	28		00:44:51.55	00:44:51.55	+00:20:29 (45.7%)	5:58	10 (54.1%)
157	ŁEMPICKA Ewelina	171	FULL SERVICE LADIES	K30	11	Tak	00:44:51.70	00:44:51.70	+00:20:29 (45.7%)	5:58	10 (54.1%)
158	ŚPICA Dorota	118		K50	4		00:44:59.20	00:44:59.20	+00:20:37 (45.8%)	5:59	10 (54.1%)
159	GOŁATA Agnieszka	4	WILCZA WATAHA	K30	12	Tak	00:45:08.40	00:45:08.40	+00:20:46 (46.0%)	6:01	10 (54.1%)
160	STARSZAK Julia	84		K19	2	Tak	00:45:19.40	00:45:19.40	+00:20:57 (46.2%)	6:02	9.9 (53.5%)
161	WASIELEWSKA Daria	226		K30	13		00:45:24.05	00:45:24.05	+00:21:02 (46.3%)	6:03	9.9 (53.5%)
162	TOMASZEWSKI Tomasz	232		M30	44		00:45:25.50	00:45:25.50	+00:21:03 (46.4%)	6:03	9.9 (53.5%)
163	WOLANIN Ola	43		K20	12		00:45:29.65	00:45:29.65	+00:21:07 (46.4%)	6:03	9.9 (53.5%)
164	ZIĘTEK Paweł	42		M20	16		00:45:29.85	00:45:29.85	+00:21:07 (46.4%)	6:03	9.9 (53.5%)
165	UCIŃSKI Edward	113	TTKF INSTALATOR PELIKAN SZUBIN	M70	4		00:45:37.40	00:45:37.40	+00:21:15 (46.6%)	6:04	9.9 (53.5%)
165	ADAMCZEWSKI Łukasz	119		M30	45		00:45:37.40	00:45:37.40	+00:21:15 (46.6%)	6:04	9.9 (53.5%)
167	KARWICKI Łukasz	25		M30	46	Yes	00:45:50.40	00:45:50.40	+00:21:28 (46.8%)	6:06	9.8 (53.0%)
168	GOLA Grzegorz	73		M40	29		00:46:06.05	00:46:06.05	+00:21:44 (47.1%)	6:08	9.8 (53.0%)
169	ZAWADZKA Małgorzata	260		K30	14	Tak	00:46:30.65	00:46:30.65	+00:22:08 (47.6%)	6:12	9.7 (52.4%)
170	BODEK Małgorzata	267		K20	13		00:46:55.70	00:46:55.70	+00:22:33 (48.1%)	6:15	9.6 (51.9%)
171	SADURSKA Agnieszka	185	PANI	K20	14	Tak	00:46:55.85	00:46:55.85	+00:22:33 (48.1%)	6:15	9.6 (51.9%)
172	KIEC Dominika	38		K20	15		00:46:56.00	00:46:56.00	+00:22:34 (48.1%)	6:15	9.6 (51.9%)
173	CZAJKOWSKA Adriana	266		K20	16		00:46:56.15	00:46:56.15	+00:22:34 (48.1%)	6:15	9.6 (51.9%)
174	LUBOWIECKA- KUZIOŁA Sylwia	223		K40	11	Tak	00:47:10.15	00:47:10.15	+00:22:48 (48.3%)	6:17	9.5 (51.4%)
175	POZNAŃ Mateusz	56	FULL SERVICE LADIES	M20	17	Tak	00:47:10.80	00:47:10.80	+00:22:48 (48.4%)	6:17	9.5 (51.4%)
176	CHABROS Małgorzata	227	THE RUNNERS ŚWIECIE	K20	17		00:47:15.40	00:47:15.40	+00:22:53 (48.4%)	6:18	9.5 (51.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
177	<b>BEDNARCZYK Joanna</b>	<b>80</b>	AXA RUNNING TEAM	K30	15		<b>00:47:22.50</b>	<b>00:47:22.50</b>	+00:23:00 (48.6%)	6:18	9.5 (51.4%)
178	<b>GRABSKA- ZIELIŃSKA Sylwia</b>	<b>19</b>		K20	18		<b>00:48:17.65</b>	<b>00:48:17.65</b>	+00:23:55 (49.5%)	6:26	9.3 (50.3%)
179	<b>ROZMARYNOWICZ Anna</b>	<b>229</b>	LOVELASY	K30	16	Tak	<b>00:48:20.10</b>	<b>00:48:20.10</b>	+00:23:58 (49.6%)	6:26	9.3 (50.3%)
180	<b>KNIOŁA Lucyna</b>	<b>49</b>		K50	5		<b>00:48:29.45</b>	<b>00:48:29.45</b>	+00:24:07 (49.7%)	6:27	9.3 (50.3%)
181	<b>GRABSKA Patrycja</b>	<b>20</b>	DECATHLON TEAM INOWROCŁAW	K20	19		<b>00:48:41.00</b>	<b>00:48:41.00</b>	+00:24:19 (49.9%)	6:29	9.2 (49.7%)
182	<b>KALISZEWSKI Sławomir</b>	<b>103</b>	3KR	M30	47		<b>00:48:42.45</b>	<b>00:48:42.45</b>	+00:24:20 (50.0%)	6:29	9.2 (49.7%)
183	<b>CORREA Andrew</b>	<b>16</b>		M30	48	Yes	<b>00:49:00.85</b>	<b>00:49:00.85</b>	+00:24:38 (50.3%)	6:32	9.2 (49.7%)
184	<b>NOWAKOWSKA Marta</b>	<b>218</b>	DEAF	K30	17		<b>00:49:23.25</b>	<b>00:49:23.25</b>	+00:25:01 (50.7%)	6:35	9.1 (49.2%)
185	<b>ANGIEL Władysław</b>	<b>106</b>	TKKF KOLEJARZ BYDGOSZCZ	M70	5		<b>00:49:41.85</b>	<b>00:49:41.85</b>	+00:25:19 (51.0%)	6:37	9.1 (49.2%)
186	<b>KACZMAREK Agnieszka</b>	<b>34</b>		K40	12		<b>00:49:47.80</b>	<b>00:49:47.80</b>	+00:25:25 (51.1%)	6:38	9 (48.6%)
187	<b>BRODAKCI Igor</b>	<b>261</b>		M16	11	Tak	<b>00:51:33.40</b>	<b>00:51:33.40</b>	+00:27:11 (52.7%)	6:52	8.7 (47.0%)
188	<b>KALISZEWSKI Wojciech</b>	<b>104</b>	3KR	M30	49		<b>00:52:10.45</b>	<b>00:52:10.45</b>	+00:27:48 (53.3%)	6:57	8.6 (46.5%)
189	<b>KOZIOŁ Karina</b>	<b>60</b>		K30	18	Tak	<b>00:53:15.55</b>	<b>00:53:15.55</b>	+00:28:53 (54.2%)	7:06	8.5 (45.9%)
190	<b>HOŁOWNIA- MLECZEK Izabela</b>	<b>53</b>	FULL SERVICE LADIES	K30	19		<b>00:53:22.65</b>	<b>00:53:22.65</b>	+00:29:00 (54.4%)	7:06	8.4 (45.4%)
191	<b>KUCHARCZYK Jola</b>	<b>158</b>		K30	20	Tak	<b>00:54:18.25</b>	<b>00:54:18.25</b>	+00:29:56 (55.1%)	7:14	8.3 (44.9%)
192	<b>WILCZEWSKA Monika</b>	<b>143</b>	WOLFPACK	K30	21		<b>00:54:18.35</b>	<b>00:54:18.35</b>	+00:29:56 (55.1%)	7:14	8.3 (44.9%)
193	<b>KUCHARCZYK Hubert</b>	<b>157</b>		M40	30	Tak	<b>00:54:19.65</b>	<b>00:54:19.65</b>	+00:29:57 (55.1%)	7:14	8.3 (44.9%)

Znaleziono 193 wynik(ów)