



XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT
INTELEKTUALNE ŚRODKI OPIEKI

Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie "Bieg Zaślubin"
2017-03-12
Kołobrzeg
15 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	STARŻYŃSKI Andrzej	927	CENTRUM EKSPORTOWE KLEMENTYNKA-FERTLEK GORZYCE	M20	1	00:00:03	00:18:36	00:31:11	00:46:28.30	00:46:31.45		3:05	19.4
2	MARCHUK Sergii	931	SK KOVEL LKB RUDNIK	M30	1	00:00:03	00:18:36	00:31:11	00:46:42.45	00:46:45.80	+00:00:14	3:06	19.3
3	UKRAIŃSKI Sergii	929	SK KOVEL LKB RUDNIK	M20	2	00:00:03	00:19:18	00:32:42	00:49:05.55	00:49:09.15	+00:02:37	3:16	18.3
4	BORZĘCKI Norbert	64	KOSZALIN	M35	1	00:00:03	00:19:59	00:33:53	00:50:19.10	00:50:22.25	+00:03:50	3:21	17.9
5	POBŁOCKI Piotr	583	UKS EKONOMIK MARATONCZYK LEBORK	M50	1	00:00:03	00:19:58	00:33:52	00:50:19.15	00:50:22.55	+00:03:50	3:21	17.9
6	KNOMENKO Volodymyr	928	SK KOVEL LKB RUDNIK	M20	3	00:00:03	00:19:58	00:33:52	00:50:57.70	00:51:00.80	+00:04:29	3:23	17.7
7	CZERNIEWSKI Marcin	125	7 BRYGADA OBRONY WYBRZEŻA	M20	4	00:00:04	00:20:13	00:34:24	00:51:30.10	00:51:34.30	+00:05:01	3:26	17.5
8	WOJCIECHOWSKI Jarosław	836	BIEGACZ Z JAROSŁAWCA	M35	2	00:00:03	00:20:30	00:35:12	00:51:43.85	00:51:47.65	+00:05:15	3:26	17.4
9	ZWIĄZEK Paweł	880	MECZORNE BIEGANIE W SZCZECINIE	M30	2	00:00:04	00:20:29	00:35:11	00:52:32.55	00:52:37.05	+00:06:04	3:30	17.1
10	ROSZKOWSKI Tomasz	634	WARSZAWA NATOLIN ZACHODNI	M30	3	00:00:05	00:20:54	00:35:37	00:53:16.20	00:53:21.20	+00:06:47	3:33	16.9
11	WASILEWSKI Marek	804	LOKATOR NIERUCHOMOŚCI PIŁA	M40	1	00:00:03	00:20:59	00:35:56	00:53:47.20	00:53:50.55	+00:07:18	3:35	16.7
12	MANIKOWSKI Piotr	465	KPPSP ZŁOTÓW	M35	3	00:00:05	00:20:56	00:36:03	00:54:03.25	00:54:08.25	+00:07:34	3:36	16.7
13	GÓRALSKI Marcin	207		M35	4	00:00:04	00:21:19	00:36:37	00:54:10.15	00:54:14.75	+00:07:41	3:36	16.6
14	WYROZĘBSKI Łukasz	857		M35	5	00:00:04	00:21:02	00:36:37	00:54:53.05	00:54:57.20	+00:08:24	3:39	16.4
15	TERLIKOWSKI Grzegorz	919		M30	4	00:00:04	00:21:39	00:37:18	00:55:38.15	00:55:42.35	+00:09:09	3:42	16.2
16	POLAK Szymon	585	ROZBIEGANY KOSZALIN	M40	2	00:00:04	00:21:40	00:37:14	00:55:42.30	00:55:47.10	+00:09:14	3:42	16.2
17	SUCHENIA Piotr	724	INOV-8 TEAM / WWW.RUN-PASSION.PL	M35	6	00:00:05	00:22:23	00:38:02	00:55:55.85	00:56:00.85	+00:09:27	3:43	16.1
18	OSOWSKI Tomek	532	NETTO GRUPA BIEGOWA 42,195 DĘBNO	M20	5	00:00:04	00:21:32	00:37:23	00:56:01.35	00:56:06.00	+00:09:33	3:44	16.1
19	SIP Tomasz	672		M35	7	00:00:04	00:21:53	00:37:42	00:56:07.15	00:56:11.35	+00:09:38	3:44	16
20	KRAUS Damian	377	CHROBRY GRYFICE	M20	6	00:00:04	00:21:51	00:37:35	00:56:16.80	00:56:21.05	+00:09:48	3:45	16
21	BŁASZCZYK Zbigniew	896		M40	3	00:00:09	00:21:23	00:37:16	00:56:19.20	00:56:28.20	+00:09:50	3:45	16
22	LEŚNIEWSKI Konrad	430	KB BRYZA POSTOMINO	M20	7	00:00:05	00:22:23	00:38:22	00:56:31.15	00:56:36.15	+00:10:02	3:46	15.9
23	PANASIUK Siergiei	930	SK KOVEL LKB RUDNIK	M40	4	00:00:03	00:22:17	00:38:25	00:56:38.75	00:56:42.30	+00:10:10	3:46	15.9

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24	EMILIT Grzegorz	172	DZIESIĄTKA BIAŁOGARD	M30	5	00:00:07	00:22:12	00:38:03	00:56:37.55	00:56:45.00	+00:10:09	3:46	15.9
25	KUBISZ Mateusz	392	KOŁOBRZESKI KLUB MORSÓW	M20	8	00:00:04	00:22:04	00:38:07	00:56:42.10	00:56:46.10	+00:10:13	3:46	15.9
26	KĘDZIERSKI Andrzej	323		M35	8	00:00:03	00:21:24	00:37:34	00:56:43.85	00:56:47.45	+00:10:15	3:46	15.9
27	SIECHKOWSKI Michał	667		M30	6	00:00:07	00:22:18	00:38:24	00:56:41.85	00:56:49.05	+00:10:13	3:46	15.9
28	POBŁOCKA Katarzyna	582	UKS EKONOMIK MARATONCZYK LEBORK	K20	1	00:00:04	00:22:17	00:38:23	00:56:47.95	00:56:52.05	+00:10:19	3:47	15.8
29	GESS Mariusz	197	GWK SP. Z O.O.	M40	5	00:00:05	00:22:14	00:38:05	00:56:55.35	00:57:00.35	+00:10:27	3:47	15.8
30	RUTKOWSKI Jan	647	GKS KASZUBI LUZINO	M40	6	00:00:09	00:22:25	00:38:19	00:56:57.95	00:57:07.05	+00:10:29	3:47	15.8
31	WILCZEWSKI Krzysztof	817	MKS 'ŚWĘC' SŁAWNO	M30	7	00:00:09	00:22:18	00:38:19	00:56:58.20	00:57:07.30	+00:10:29	3:47	15.8
32	NAGLACKI Grzegorz	499	RAZ SZCZECIN	M45	1	00:00:03	00:22:07	00:38:25	00:57:09.80	00:57:13.75	+00:10:41	3:48	15.7
33	POBŁOCKA-DOBROWOLSKA Kamila	581	UKS EKONOMIK MARATONCZYK LEBORK	K20	2	00:00:04	00:22:16	00:38:24	00:57:10.95	00:57:14.95	+00:10:42	3:48	15.7
34	GIBA Jacek	198	MKL MARATON ŚWINOUJŚCIE	M45	2	00:00:04	00:22:19	00:38:25	00:57:16.95	00:57:20.95	+00:10:48	3:49	15.7
35	ŻMUDA Tomasz	887	CW FANZA KOŁOBRZEG	M40	7	00:00:04	00:22:15	00:38:16	00:57:17.25	00:57:22.15	+00:10:48	3:49	15.7
36	WILCZEWSKI Mariusz	818	MKS 'ŚWĘC' SŁAWNO	M30	8	00:00:08	00:22:19	00:38:21	00:57:15.35	00:57:24.00	+00:10:47	3:49	15.7
37	BARTKOWIAK Janusz	29	K.B. ZDRÓJ MENTOR	M20	9	00:00:04	00:22:04	00:38:07	00:57:23.25	00:57:27.65	+00:10:54	3:49	15.7
38	NOWAK Daniel	508	ROZBIEGANY GOLENIÓW	M35	9	00:00:04	00:21:53	00:38:08	00:57:30.05	00:57:34.65	+00:11:01	3:50	15.7
39	BUCLAW Piotr	75	JW 4094, 4RUN TEAM PIA	M30	9	00:00:05	00:22:21	00:38:51	00:57:44.05	00:57:49.05	+00:11:15	3:50	15.6
40	KOPCEWICZ Robert	350	ROZBIEGANY GOLENIÓW	M50	2	00:00:03	00:22:06	00:38:30	00:58:04.90	00:58:08.50	+00:11:36	3:52	15.5
41	WOJNACH Andrzej	837	MECZORNE BIEGANIE W SZCZECINIE	M45	3	00:00:08	00:22:22	00:38:47	00:58:05.90	00:58:14.40	+00:11:37	3:52	15.5
42	KUBIAK Piotr	390	PRECON POLSKA-JASTROWIE	M35	10	00:00:03	00:22:19	00:38:56	00:58:13.80	00:58:17.40	+00:11:45	3:52	15.5
43	PROCHNA Krzysztof	592	MĘŻCZYŻNA	M45	4	00:00:07	00:22:49	00:39:10	00:58:13.35	00:58:20.35	+00:11:45	3:52	15.5
44	KRAKOWSKI Piotr	375	KB PIAST MIĘDZYRZECZ	M20	10	00:00:06	00:22:15	00:38:44	00:58:16.40	00:58:22.70	+00:11:48	3:53	15.4
45	DĄBROWSKI Robert	135	JW 2117	M35	11	00:00:06	00:22:51	00:39:29	00:58:18.50	00:58:25.15	+00:11:50	3:53	15.4
46	GARBACZ Krzysztof	185		M45	5	00:00:05	00:22:29	00:38:59	00:58:25.95	00:58:31.20	+00:11:57	3:53	15.4
47	SZOPIŃSKI Tomasz	748	KB BRYZA POSTOMINO	M30	10	00:00:04	00:22:29	00:39:13	00:58:32.90	00:58:37.50	+00:12:04	3:54	15.4
48	KOTARSKI Wiesław	361	TKKF TYTAN POLICE	M60	1	00:00:03	00:22:20	00:38:56	00:58:37.95	00:58:41.60	+00:12:09	3:54	15.3
49	BARAN Jacek	25		M55	1	00:00:05	00:22:42	00:39:22	00:58:48.15	00:58:53.15	+00:12:19	3:55	15.3
50	PIECYK Robert	915	BT KOŁOBRZEG	M40	8	00:00:05	00:22:28	00:39:20	00:59:04.20	00:59:09.30	+00:12:35	3:56	15.2
51	GARSKI Kryspin	188	ŚWIAT PŁYTEK/SEXYRUNNERS	M40	9	00:00:07	00:23:04	00:39:40	00:59:07.55	00:59:14.85	+00:12:39	3:56	15.2
52	BURDA Robert	85	KOSPEL	M40	10	00:00:09	00:23:06	00:39:59	00:59:11.60	00:59:20.60	+00:12:43	3:56	15.2
53	GOLIŃSKI Łukasz	205	KB.SPRINT.ŚWMDWN	M35	12	00:00:05	00:22:53	00:39:47	00:59:19.95	00:59:25.35	+00:12:51	3:57	15.2
54	ANTONOWICZ Wojciech	14		M50	3	00:00:11	00:23:13	00:40:09	00:59:22.15	00:59:33.75	+00:12:53	3:57	15.2
55	KRUKOWSKI Błażej	382		M35	13	00:00:08	00:22:51	00:39:42	00:59:23.50	00:59:32.25	+00:12:55	3:57	15.2
56	WITKIEWICZ Eryk	828		M40	11	00:00:04	00:22:14	00:38:25	00:59:25.15	00:59:30.10	+00:12:56	3:57	15.1
57	GŁUSZCZAK Kazimierz	204	TEAM KOPEĆ	M40	12	00:00:04	00:22:20	00:39:30	00:59:42.75	00:59:47.40	+00:13:14	3:58	15.1

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58	BIEDRZYCKI Adam	42	CW FANZA KOŁOBRZEG	M30	11	00:00:05	00:22:27	00:39:19	01:00:01.95	01:00:07.55	+00:13:33	4:00	15
59	WALCZAK Maciej	796	QUAY POZNAŃ	M35	14	00:00:09	00:23:06	00:40:16	01:00:02.85	01:00:12.15	+00:13:34	4:00	15
60	RUDNIKOWSKI Maciej	639	BIEGUZDROWSKOWY.PL	M40	13	00:00:12	00:22:51	00:40:15	01:00:03.25	01:00:15.65	+00:13:34	4:00	15
61	PISKORZ Szymon	574	KP PSP GRYFICE	M30	12	00:00:07	00:23:24	00:40:41	01:00:08.95	01:00:16.65	+00:13:40	4:00	15
62	MENTLAK Dariusz	477	KP PSP GRYFICE	M35	15	00:00:06	00:23:25	00:40:42	01:00:09.30	01:00:16.00	+00:13:41	4:00	15
63	AUGUSTYNIAK Przemek	19		M20	11	00:00:09	00:22:25	00:39:57	01:00:15.20	01:00:24.70	+00:13:46	4:01	14.9
64	RATAJCZAK Janusz	613		M55	2	00:00:05	00:22:59	00:40:10	01:00:18.50	01:00:24.05	+00:13:50	4:01	14.9
65	WEGNER Przemysław	808		M35	16	00:00:14	00:23:38	00:40:48	01:00:20.55	01:00:35.30	+00:13:52	4:01	14.9
66	KALETA Sebastian	305	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40	14	00:00:08	00:23:28	00:40:34	01:00:22.10	01:00:30.35	+00:13:53	4:01	14.9
67	KISZ Przemysław	332		M40	15	00:00:08	00:23:26	00:40:43	01:00:29.90	01:00:37.95	+00:14:01	4:01	14.9
68	PAJDOSZ Rafał	542	KB BIAŁA BIEGA	M40	16	00:00:08	00:23:33	00:40:39	01:00:37.05	01:00:46.00	+00:14:08	4:02	14.8
69	TOMASZEWSKI Dawid	773	SZWŁA STARGARD	M40	17	00:00:08	00:23:27	00:40:37	01:00:45.00	01:00:53.90	+00:14:16	4:03	14.8
70	BIEDRZYCKI Krzysztof	43		M45	6	00:00:05	00:23:36	00:40:46	01:00:53.85	01:00:59.55	+00:14:25	4:03	14.8
71	ODWROT Hubert	514	3:33 TEAM	M45	7	00:00:10	00:23:31	00:40:49	01:00:56.85	01:01:06.85	+00:14:28	4:03	14.8
72	ULDYNOWICZ Łukasz	790	MLUKS MOKASYN PŁOTY	M30	13	00:00:06	00:23:04	00:40:28	01:01:02.15	01:01:08.20	+00:14:33	4:04	14.7
73	BEMOWICZ Tomasz	40	KB WYGAN	M45	8	00:00:06	00:23:33	00:40:43	01:01:02.50	01:01:08.65	+00:14:34	4:04	14.7
74	STACHOWIAK Adrian	708		M30	14	00:00:09	00:23:26	00:40:54	01:01:04.20	01:01:13.25	+00:14:35	4:04	14.7
75	CHWIEJ Marcin	108		M35	17	00:00:11	00:23:25	00:40:50	01:01:07.25	01:01:19.20	+00:14:38	4:04	14.7
76	ZATORSKI Zbigniew	867	X---O---X	M35	18	00:00:22	00:23:20	00:40:58	01:01:13.35	01:01:36.05	+00:14:45	4:04	14.7
77	OSTASZEWSKI Paweł	535		M40	18	00:00:17	00:23:46	00:41:16	01:01:15.00	01:01:32.40	+00:14:46	4:05	14.7
78	CHWALISZ Włodek	106	3:33 TEAM	M45	9	00:00:18	00:23:34	00:41:02	01:01:16.00	01:01:34.50	+00:14:47	4:05	14.7
79	BAJGERT Robert	21	VOLTAIX.PL	M45	10	00:00:19	00:23:38	00:41:01	01:01:20.30	01:01:40.00	+00:14:52	4:05	14.7
80	LUBIŃSKI Paweł	440	KORALEN TEAM	M40	19	00:00:03	00:22:51	00:40:34	01:01:25.45	01:01:29.35	+00:14:57	4:05	14.7
81	ZIEMBIŃSKI Krzysztof	873	DRAWA DRAWSKO	M35	19	00:00:11	00:23:49	00:41:15	01:01:30.30	01:01:42.25	+00:15:02	4:06	14.6
82	BIŃCZAK Tomasz	49	OWSB.PL	M40	20	00:00:06	00:23:53	00:41:27	01:01:30.90	01:01:37.85	+00:15:02	4:06	14.6
83	FIALKA Maciej	176	LOKATOR NIERUCHOMOŚCI PIŁA	M40	21	00:00:06	00:23:36	00:41:16	01:01:33.65	01:01:40.30	+00:15:05	4:06	14.6
84	POTASZNIK Artur	589	MARATOŃCZYK TEAM SZCZECIN	M45	11	00:00:05	00:23:24	00:40:59	01:01:37.90	01:01:43.35	+00:15:09	4:06	14.6
85	KOWALSKI Cezary	367	PARKRUN SZCZECIN	M50	4	00:00:07	00:23:30	00:41:19	01:01:43.60	01:01:51.00	+00:15:15	4:06	14.6
86	HOC Marek	251	LEGE ARTIS	M35	20	00:00:12	00:24:41	00:42:04	01:01:52.75	01:02:04.75	+00:15:24	4:07	14.5
87	ŁOWICKI Bartosz	443	PRUSZCZ BIEGA	M20	12	00:00:08	00:23:34	00:41:19	01:01:59.15	01:02:07.65	+00:15:30	4:07	14.5
88	PRĘDKI Grzegorz	591	KB BRYZA POSTOMINO	M30	15	00:00:04	00:23:55	00:41:45	01:02:01.85	01:02:06.35	+00:15:33	4:08	14.5
89	MYSZKOWSKI Jan	497		M55	3	00:00:12	00:23:52	00:41:38	01:02:03.10	01:02:15.95	+00:15:34	4:08	14.5
90	ANTOSIK Grzegorz	16	KB BRYZA POSTOMINO/JW 1223	M40	22	00:00:06	00:23:45	00:41:33	01:02:06.00	01:02:12.85	+00:15:37	4:08	14.5
91	BARCZAK Rafał	26	KPP ZŁOTÓW	M40	23	00:00:16	00:23:54	00:41:46	01:02:08.50	01:02:25.25	+00:15:40	4:08	14.5
92	TOMCZAK Marek	774	ROZBIEGANY KOSZALIN	M35	21	00:00:09	00:24:17	00:42:09	01:02:19.15	01:02:28.75	+00:15:50	4:09	14.4
93	HARASIMOWICZ Sławek	241	NO GRAVITY	M35	22	00:00:08	00:24:06	00:42:11	01:02:20.50	01:02:29.20	+00:15:52	4:09	14.4
94	RYBIŃSKI Grzegorz	649		M30	16	00:00:09	00:24:08	00:42:05	01:02:20.70	01:02:30.20	+00:15:52	4:09	14.4

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95	PAKULSKI Marcin	543		M40	24	00:00:49	00:24:27	00:42:01	01:02:22.70	01:03:12.30	+00:15:54	4:09	14.4
96	CHUDY Henryk	104	K SOLSZEWSKI I SYNOWE	M60	2	00:00:07	00:23:09	00:41:00	01:02:22.75	01:02:30.65	+00:15:54	4:09	14.4
97	RAGAN Tomasz	607		M35	23	00:00:19	00:23:52	00:41:53	01:02:25.80	01:02:44.80	+00:15:57	4:09	14.4
98	WROTECKA Katarzyna	851	4RUN TEAM PIŁA	K30	1	00:00:05	00:24:11	00:42:08	01:02:26.95	01:02:32.35	+00:15:58	4:09	14.4
99	GIERLACH Jacek	200	STOPA SŁUPSK	M20	13	00:00:14	00:23:35	00:41:21	01:02:29.30	01:02:43.90	+00:16:01	4:09	14.4
100	KOŚCIELNIAK Robert	360	TKKF KOSZALIN	M50	5	00:00:09	00:24:09	00:42:11	01:02:36.60	01:02:46.50	+00:16:08	4:10	14.4
101	PAPIERSKA Iwona	545		K30	2	00:00:19	00:24:10	00:42:05	01:02:39.50	01:02:59.45	+00:16:11	4:10	14.4
102	ZWOLIŃSKI Jan	882	TKKF KOSZALIN	M45	12	00:00:10	00:24:18	00:42:10	01:02:40.45	01:02:50.45	+00:16:12	4:10	14.4
103	RYŚKIEWICZ Rafał	651	AZS PWSZ KOSZALIN	M40	25	00:00:07	00:23:04	00:41:09	01:02:43.30	01:02:50.30	+00:16:15	4:10	14.4
104	GROCHOWALSKI Rafał	217	KB.SPRINT.ŚWMDWN	M35	24	00:00:10	00:24:16	00:42:09	01:02:43.75	01:02:54.45	+00:16:15	4:10	14.3
105	CICHOŃCZUK Antoni	109	AKADEMIA MARYNARKI WOJENNEJ	M65	1	00:00:05	00:23:55	00:41:56	01:02:47.10	01:02:52.50	+00:16:18	4:11	14.3
106	KIERZNOWSKI Andrzej	327	KB WYGAN	M55	4	00:00:12	00:23:57	00:42:01	01:02:51.70	01:03:03.75	+00:16:23	4:11	14.3
107	CHARĘZA Marcin	88	ZAWADZKIEGO SZCZECIN	M35	25	00:00:36	00:23:57	00:41:57	01:02:53.70	01:03:30.40	+00:16:25	4:11	14.3
108	KONARSKI Bartosz	346	ERAKAWY RUNNERS	M40	26	00:00:27	00:24:23	00:42:32	01:03:06.10	01:03:33.45	+00:16:37	4:12	14.3
109	JASTAK Paweł	286		M35	26	00:00:13	00:23:51	00:41:44	01:03:09.10	01:03:22.70	+00:16:40	4:12	14.3
110	KRAWCZYK Mateusz	923	AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M20	14	00:00:28	00:24:11	00:42:21	01:03:14.50	01:03:43.20	+00:16:46	4:13	14.2
111	KIMASZEWSKI Kornel	908		M16	1	00:00:14	00:23:18	00:40:47	01:03:19.55	01:03:34.00	+00:16:51	4:13	14.2
112	UZNAŃSKI Wojciech	794	GMINA KOŁOBRZEG	M20	15	00:00:03	00:23:35	00:42:05	01:03:20.25	01:03:23.90	+00:16:51	4:13	14.2
113	GRABSZTUNOWICZ Robert	214	TT SZCZECIN	M40	27	00:00:14	00:25:36	00:43:54	01:03:22.90	01:03:37.15	+00:16:54	4:13	14.2
114	KOSAKOWSKI Marian	356	MARATOŃCZYK TEAM SZCZECIN	M60	3	00:00:04	00:24:14	00:42:26	01:03:23.75	01:03:28.05	+00:16:55	4:13	14.2
115	PROŚNIEWSKI Mirosław	593	RUNGRYF GRYFICE	M35	27	00:00:06	00:23:44	00:42:03	01:03:28.20	01:03:34.60	+00:16:59	4:13	14.2
116	SZCZUPACZYŃSKI Arkadiusz	736	RUNGRYF	M50	6	00:00:05	00:24:13	00:42:35	01:03:33.30	01:03:39.20	+00:17:05	4:14	14.2
117	MICHAŁSKI Janusz	484		M50	7	00:00:16	00:24:55	00:43:03	01:03:35.65	01:03:52.55	+00:17:07	4:14	14.2
118	JAROSZEWICZ Grzegorz	280	PARKRUN SZCZECIN	M40	28	00:00:09	00:24:10	00:42:18	01:03:40.70	01:03:49.90	+00:17:12	4:14	14.1
119	STEFANOWICZ Paweł	714	ORLEN RUNNING TEAM	M40	29	00:00:29	00:24:27	00:43:07	01:03:47.05	01:04:17.00	+00:17:18	4:15	14.1
120	UZNAŃSKI Ryszard	793	KOŁOBRZEG BIEGA	M45	13	00:00:06	00:23:36	00:42:15	01:03:48.55	01:03:54.95	+00:17:20	4:15	14.1
121	MACIEJKO Witold	454		M55	5	00:00:06	00:23:54	00:42:41	01:03:51.70	01:03:58.00	+00:17:23	4:15	14.1
122	BACHORSKI Tomasz	20	KS GRYF KIETRZ	M45	14	00:00:27	00:23:55	00:42:38	01:03:58.95	01:04:26.65	+00:17:30	4:15	14.1
123	FELSKA Anna	174	MŻS WOŁCZA MAŁA	K45	1	00:00:14	00:25:16	00:43:45	01:03:59.65	01:04:14.05	+00:17:31	4:16	14.1
124	OLEJNIK Przemek	519	NIEZRZESZONY	M45	15	00:00:14	00:23:53	00:42:35	01:04:01.90	01:04:16.80	+00:17:33	4:16	14.1
125	WILK Daniel	820	KLUB BIEGACZA AKTYWNI KRZYŻ WLKP.	M45	16	00:00:08	00:24:11	00:42:54	01:04:02.90	01:04:11.80	+00:17:34	4:16	14.1
126	KROCZYŃSKI Sławomir	379		M55	6	00:00:06	00:24:03	00:42:28	01:04:03.15	01:04:10.10	+00:17:34	4:16	14
127	SZLEGIER Dariusz	745	BIEGAMYRAZEM.PL	M40	30	00:00:06	00:24:21	00:43:02	01:04:07.95	01:04:14.65	+00:17:39	4:16	14
128	CIEKLIŃSKI Jacek	899		M30	17	00:00:37	00:25:10	00:43:20	01:04:14.60	01:04:52.15	+00:17:46	4:17	14

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
129	KUCZERA Przemysław	397	HURPAGUNS TRIATHLON TEAM	M35	28	00:00:23	00:25:05	00:43:29	01:04:21.70	01:04:45.25	+00:17:53	4:17	14
130	SZPITER Tomasz	749	OLAWS ZŁOTORYJA	M45	17	00:00:15	00:24:26	00:42:41	01:04:22.00	01:04:37.05	+00:17:53	4:17	14
131	LANGĘ Rafał	416	GWIEZDNA FLOTA MASZEWO	M30	18	00:00:12	00:25:18	00:43:48	01:04:22.30	01:04:35.15	+00:17:54	4:17	14
132	DOMAŃSKI Waldemar	941	RUN GRYF GRYFICE	M35	29	00:00:23	00:25:26	00:44:05	01:04:24.50	01:04:48.45	+00:17:56	4:17	14
133	MUCHA Piotr	493	FIZJOBIEGACZE SZCZECIN	M35	30	00:00:22	00:24:38	00:43:17	01:04:28.15	01:04:50.55	+00:17:59	4:17	14
134	MURAWSKA Wioletta	495	PARKRUN SZCZECIN	K45	2	00:00:08	00:24:27	00:43:02	01:04:29.70	01:04:38.20	+00:18:01	4:18	14
135	SURDACKI Piotr	727	MONIA TEAM	M40	31	00:00:20	00:24:40	00:43:19	01:04:33.70	01:04:54.25	+00:18:05	4:18	13.9
136	SOBCZYK Łukasz	686	KOŁOBRZEG BIEGA	M40	32	00:00:06	00:23:55	00:42:35	01:04:39.95	01:04:45.95	+00:18:11	4:18	13.9
137	LIPIŃSKI Krzysztof	437		M55	7	00:00:08	00:24:13	00:43:03	01:04:44.15	01:04:52.90	+00:18:15	4:18	13.9
138	ZAWADZKI Damian	870	KB WYGAN	M35	31	00:00:12	00:24:49	00:43:25	01:04:44.80	01:04:57.60	+00:18:16	4:19	13.9
139	WOJTYŚ Karolina	840		K30	3	00:00:07	00:24:34	00:43:19	01:04:47.00	01:04:54.80	+00:18:18	4:19	13.9
140	WALTER Przemysław	801	KB 10 BIAŁOGARD	M45	18	00:00:10	00:24:30	00:43:12	01:04:47.55	01:04:58.15	+00:18:19	4:19	13.9
141	SZYMAŃSKI Przemysław	754	REWZOR TRI	M35	32	00:00:19	00:25:05	00:43:45	01:04:48.75	01:05:08.15	+00:18:20	4:19	13.9
142	TCHÓRZEWSKI Marek	770		M45	19	00:00:09	00:24:31	00:43:04	01:04:50.75	01:05:00.70	+00:18:22	4:19	13.9
143	PRYK Rafał	596	ROZBIEGANY GOLENIÓW	M40	33	00:00:18	00:25:00	00:43:46	01:04:52.65	01:05:11.35	+00:18:24	4:19	13.9
144	TROŚNIAK Piotr	778	10 BIAŁOGARD	M45	20	00:00:14	00:24:46	00:43:26	01:04:53.50	01:05:07.65	+00:18:25	4:19	13.9
145	BEDNARCZYK Tomasz	37		M30	19	00:00:19	00:25:05	00:43:40	01:04:55.95	01:05:15.05	+00:18:27	4:19	13.9
146	KRASKIEWICZ Tomasz	376	BULK CARGO PORT SZCZECIN	M45	21	00:00:11	00:24:17	00:43:12	01:05:02.95	01:05:14.40	+00:18:34	4:20	13.8
147	RACZYŃSKI Kazimierz	604	LINUX MAGAZINE TEAM	M40	34	00:00:16	00:24:35	00:43:17	01:05:06.00	01:05:22.30	+00:18:37	4:20	13.8
148	KASPEROWICZ Dariusz	316		M40	35	00:00:16	00:23:50	00:42:32	01:05:15.05	01:05:32.00	+00:18:46	4:21	13.8
149	CZEKIERDA Bartosz	123	GMINA DYGOWO	M20	16	00:00:27	00:24:28	00:43:25	01:05:18.15	01:05:46.05	+00:18:49	4:21	13.8
150	REKOWSKI Bartosz	618		M16	2	00:00:10	00:24:32	00:43:39	01:05:18.65	01:05:29.25	+00:18:50	4:21	13.8
151	KAZIMIERSKI Piotr	319		M30	20	00:00:24	00:25:14	00:44:12	01:05:19.40	01:05:44.20	+00:18:51	4:21	13.8
152	KĘDZIELEWSKI Łukasz	321	ZAWADZKIEGO SZCZECIN	M35	33	00:00:36	00:24:37	00:43:34	01:05:22.40	01:05:58.90	+00:18:54	4:21	13.8
153	OSTROWSKI Marian	922	SENIOR 54	M60	4	00:00:11	00:24:22	00:43:04	01:05:25.60	01:05:36.60	+00:18:57	4:21	13.8
154	GRYCZKA Andrzej	221	KB WYGAN	M50	8	00:00:15	00:24:45	00:43:43	01:05:28.55	01:05:43.95	+00:19:00	4:21	13.7
155	LASEK Bartosz	417	RAZ SZCZECIN	M40	36	00:00:26	00:25:05	00:43:46	01:05:30.10	01:05:56.35	+00:19:01	4:22	13.7
156	RADAWIEC Kamil	605		M35	34	00:00:10	00:25:22	00:44:26	01:05:30.35	01:05:40.75	+00:19:02	4:22	13.7
157	ANDRYSKOWSKI Zdzisław	12		M45	22	00:00:06	00:24:07	00:43:10	01:05:30.80	01:05:37.65	+00:19:02	4:22	13.7
158	PASZKIEWICZ Grzegorz	551		M40	37	00:00:11	00:25:21	00:44:25	01:05:31.25	01:05:42.25	+00:19:02	4:22	13.7
159	KULIŃSKI Bogdan	920	DRUŻYNA SZPIKU KGHI	M55	8	00:00:09	00:24:23	00:43:17	01:05:32.35	01:05:42.25	+00:19:04	4:22	13.7
160	KIJO Patryk	328		M35	35	00:00:45	00:25:56	00:45:01	01:05:39.20	01:06:24.70	+00:19:10	4:22	13.7
161	KRÓL Zbigniew	381	KB POŁCZYN-ZDRÓJ	M40	38	00:00:25	00:25:31	00:44:27	01:05:40.80	01:06:06.75	+00:19:12	4:22	13.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
162	KOŹMIC Ryszard	371	WSAP SZCZECIN	M60	5	00:00:10	00:24:14	00:43:14	01:05:40.95	01:05:50.95	+00:19:12	4:22	13.7
163	PUCHAŁA Sławomir	600	BLUE TEAM PILA	M45	23	00:00:09	00:24:18	00:43:38	01:05:42.30	01:05:51.90	+00:19:14	4:22	13.7
164	MARCINIAK Robert	467		M40	39	00:00:06	00:24:52	00:43:55	01:05:42.70	01:05:48.90	+00:19:14	4:22	13.7
165	BIAŁKOWSKI Marcin	41	HOSSA TEAM	M40	40	00:00:31	00:25:18	00:44:14	01:05:43.85	01:06:15.50	+00:19:15	4:22	13.7
166	OLESZCZAK Robert	521	KP PSP GRYFICE	M40	41	00:00:06	00:24:04	00:43:15	01:05:50.60	01:05:57.55	+00:19:22	4:23	13.7
167	OLESZCZAK Piotr	522	OSP GRYFICE	M16	3	00:00:06	00:25:21	00:44:43	01:05:53.80	01:06:00.00	+00:19:25	4:23	13.7
168	LATUSZEK Sebastian	418		M20	17	00:00:23	00:25:13	00:44:08	01:05:58.85	01:06:22.65	+00:19:30	4:23	13.6
169	FRYDRYCH Wojciech	181	KB WYGAN	M20	18	00:00:20	00:24:46	00:44:00	01:06:04.30	01:06:24.45	+00:19:36	4:24	13.6
170	WYSZKOWSKI Marcin	859	KB WYGAN	M40	42	00:00:19	00:24:47	00:44:02	01:06:04.60	01:06:24.45	+00:19:36	4:24	13.6
171	PIŃSKI Piotr	572	KREISEL RUNNING TEAM	M30	21	00:00:18	00:24:58	00:43:53	01:06:05.15	01:06:23.25	+00:19:36	4:24	13.6
172	RADOMINSKI Piotr	606		M45	24	00:00:15	00:25:10	00:44:24	01:06:06.95	01:06:21.95	+00:19:38	4:24	13.6
173	GIEDRYS Wojtek	199	3:33 TEAM	M45	25	00:00:19	00:25:00	00:43:53	01:06:07.45	01:06:27.35	+00:19:39	4:24	13.6
174	JAROCHOWICZ Norbert	279	NTS	M45	26	00:00:05	00:24:29	00:43:41	01:06:07.60	01:06:13.35	+00:19:39	4:24	13.6
175	BURAK Piotr	82	TRZEBIATÓW	M35	36	00:00:22	00:25:35	00:44:52	01:06:07.75	01:06:30.40	+00:19:39	4:24	13.6
176	REMBECKI Marcin	620		M30	22	00:00:30	00:23:28	00:41:27	01:06:09.40	01:06:40.15	+00:19:41	4:24	13.6
177	ROMEJ Elżbieta	630	ŁKB 'TRUCHT' ŁOBEZ	K50	1	00:00:11	00:24:56	00:44:00	01:06:12.75	01:06:23.85	+00:19:44	4:24	13.6
178	ŚLIWA Marek	933	NUTRILITE TEAM	M40	43	00:00:09	00:25:24	00:44:27	01:06:20.10	01:06:29.80	+00:19:51	4:25	13.6
179	SIWEK Piotr	673	GWIEZDNA FLOTA MASZEWO	M35	37	00:00:13	00:25:17	00:44:31	01:06:28.55	01:06:41.90	+00:20:00	4:25	13.5
180	KUKIEŁA Tomasz	399		M35	38	00:00:16	00:25:42	00:45:21	01:06:36.15	01:06:52.45	+00:20:07	4:26	13.5
181	HODERNY Adam	253	AT-AKTYWNY TRZEBIATÓW	M40	44	00:00:31	00:24:29	00:43:35	01:06:41.10	01:07:12.25	+00:20:12	4:26	13.5
182	GRUSZCZYŃSKI Dawid	220	RANGRYF	M30	23	00:00:30	00:24:29	00:43:35	01:06:41.15	01:07:11.95	+00:20:12	4:26	13.5
183	SZCZECIŃSKI Mariusz	733	KRÓLICZKI W PLECAKU	M45	27	00:00:13	00:25:47	00:45:39	01:06:44.65	01:06:58.35	+00:20:16	4:27	13.5
184	RUSIECKI Henryk	643	HERMES GRYFINO	M60	6	00:00:27	00:25:26	00:44:48	01:06:50.25	01:07:17.45	+00:20:21	4:27	13.5
185	PIETRZYK Tomasz	569	KB.SPRINT.ŚWMDWN	M35	39	00:00:10	00:24:54	00:44:16	01:06:59.60	01:07:10.35	+00:20:31	4:28	13.4
186	WILKOWSKI Krzysztof	823		M35	40	00:00:12	00:25:11	00:44:28	01:07:02.65	01:07:15.20	+00:20:34	4:28	13.4
187	GUZIKIEWICZ Marcin	233	ROZBIEGANY GOLENIÓW	M35	41	00:00:18	00:25:15	00:44:32	01:07:03.90	01:07:22.15	+00:20:35	4:28	13.4
188	SZCZYGIELSKI Radosław	738		M30	24	00:00:18	00:26:05	00:45:35	01:07:04.35	01:07:23.05	+00:20:36	4:28	13.4
189	KARCZ Artur	310		M35	42	00:00:11	00:27:26	00:47:10	01:07:04.65	01:07:16.25	+00:20:36	4:28	13.4
190	MORGIEWICZ Piotr	492	RUNGRYF GRYFICE	M50	9	00:00:29	00:26:10	00:45:02	01:07:04.85	01:07:34.45	+00:20:36	4:28	13.4
191	SMAGOWSKI Wojciech	684	KB.SPRINT.ŚWMDWN	M35	43	00:00:24	00:24:42	00:44:11	01:07:12.05	01:07:36.30	+00:20:43	4:28	13.4
192	BARTOSZUK Adam	30	BT KOŁOBRZEG	M40	45	00:00:05	00:25:10	00:45:05	01:07:14.05	01:07:19.95	+00:20:45	4:28	13.4
193	OLESZCZUK Karol	523		M45	28	00:00:17	00:26:00	00:45:35	01:07:15.15	01:07:32.60	+00:20:46	4:29	13.4
194	CZYRNY Łukasz	126		M35	44	00:00:07	00:24:52	00:44:33	01:07:16.20	01:07:23.60	+00:20:47	4:29	13.4
195	FILAROWSKI Stefan	177	GRUPA NURKÓW INŻYNIERII	M45	29	00:00:26	00:26:16	00:45:21	01:07:17.70	01:07:44.40	+00:20:49	4:29	13.4
196	MAZUR Emilusz	474	ŻYJ Z ENERGIĄ	M40	46	00:00:06	00:24:02	00:43:07	01:07:19.95	01:07:26.25	+00:20:51	4:29	13.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
197	GRUDOWSKI Konrad	219	SZCZECIN BUKOWE	M30	25	00:00:24	00:25:28	00:45:02	01:07:25.75	01:07:50.30	+00:20:57	4:29	13.3
198	SKRZYPIEC Andrzej	680	MKL MARATON ŚWIMOUJŚCIE	M60	7	00:00:18	00:26:18	00:45:35	01:07:27.40	01:07:45.90	+00:20:59	4:29	13.3
199	KSZCZANOWICZ Jacek	389		M40	47	00:00:43	00:26:04	00:45:24	01:07:33.20	01:08:16.60	+00:21:04	4:30	13.3
200	WRÓBLEWSKI Grzegorz	854		M45	30	00:00:38	00:26:18	00:45:59	01:07:33.65	01:08:11.75	+00:21:05	4:30	13.3
201	CHAROWSKI Marcin	89		M35	45	00:00:13	00:25:28	00:45:10	01:07:36.90	01:07:50.80	+00:21:08	4:30	13.3
202	LENKIEWICZ Piotr	425	AT-AKTYWNY TRZEBIATÓW	M35	46	00:00:30	00:25:42	00:45:12	01:07:39.95	01:08:10.15	+00:21:11	4:30	13.3
203	PŁAŻAŁSKI Łukasz	578	RUNGRYF GRYFICE	M35	47	00:00:30	00:25:43	00:45:13	01:07:40.10	01:08:10.20	+00:21:11	4:30	13.3
204	GLONEK Dariusz	201		M45	31	00:00:30	00:25:27	00:45:07	01:07:46.30	01:08:16.35	+00:21:18	4:31	13.3
205	KRAKOWIAK Sławomir	374		M40	48	00:00:16	00:25:44	00:45:31	01:07:47.80	01:08:04.55	+00:21:19	4:31	13.3
206	AUGUSTYNIAK Grzegorz	18	KB WYGAN	M40	49	00:00:27	00:25:55	00:45:43	01:07:48.15	01:08:15.25	+00:21:19	4:31	13.3
207	URBAŃSKI Tomasz	791		M45	32	00:00:13	00:25:52	00:45:33	01:07:59.85	01:08:13.00	+00:21:31	4:32	13.2
208	STASIOŁEK Tomasz	711	KLUB MIŁOŚNIKÓW ŻONY (CUDZEJ)	M45	33	00:00:26	00:26:21	00:45:42	01:07:59.90	01:08:26.65	+00:21:31	4:32	13.2
209	CHOŁUJ Jarek	96	ROZBIEGANY KOSZALIN	M40	50	00:00:23	00:26:27	00:45:55	01:08:00.30	01:08:23.55	+00:21:32	4:32	13.2
210	PIECHOWSKI (JUNIOR) Krzysztof	566	LOKATOR NIERUCHOMOŚCI PIŁA	M16	4	00:00:07	00:25:22	00:45:05	01:08:00.75	01:08:08.65	+00:21:32	4:32	13.2
211	SZULC Kamila	753		K30	4	00:00:06	00:25:20	00:45:10	01:08:00.95	01:08:07.80	+00:21:32	4:32	13.2
212	PIECHOWSKI Krzysztof	565	LOKATOR NIERUCHOMOŚCI PIŁA	M40	51	00:00:07	00:25:22	00:45:05	01:08:01.10	01:08:08.70	+00:21:32	4:32	13.2
213	FLORCZUK Marcin	918	KARATE KYOKUSHIN MORYŃ	M35	48	00:00:27	00:26:47	00:46:22	01:08:02.30	01:08:29.90	+00:21:34	4:32	13.2
214	MARCZEWSKI Bartosz	468	SAMODZIELNY PUBLICZNY WOJEWÓDZKI SZPITAL ZESPOLONY W SZCZECINIE	M35	49	00:00:35	00:26:11	00:45:50	01:08:02.90	01:08:38.05	+00:21:34	4:32	13.2
215	ADAMCZEWSKI Marcel	3	MORYŃ	M16	5	00:00:27	00:26:47	00:46:22	01:08:02.95	01:08:29.95	+00:21:34	4:32	13.2
216	BRZĄKAŁA Waldemar	67	KB KAMIEŃ POMORSKI	M45	34	00:00:18	00:26:04	00:45:51	01:08:04.00	01:08:22.60	+00:21:35	4:32	13.2
217	SZYMAŃSKI Marek	755	KLUB BIEGACZA KAMIEŃ POMORSKI	M30	26	00:00:17	00:26:06	00:45:52	01:08:04.35	01:08:22.30	+00:21:36	4:32	13.2
218	NOWICKI Michał	512	KB WYGAN	M30	27	00:00:13	00:24:49	00:44:52	01:08:08.00	01:08:21.45	+00:21:39	4:32	13.2
219	ZIÓŁKOWSKI Leszek	878	4RUN TEAM PIŁA	M30	28	00:00:22	00:26:02	00:45:47	01:08:08.80	01:08:30.90	+00:21:40	4:32	13.2
220	PLATA Tadeusz	576	MARATOŃCZYK TEAM SZCZECIN	M65	2	00:00:05	00:25:09	00:44:55	01:08:13.30	01:08:18.90	+00:21:45	4:32	13.2
221	FIŁONOWICZ Monika	179		K35	1	00:00:10	00:25:21	00:45:14	01:08:14.50	01:08:25.10	+00:21:46	4:33	13.2
222	SZULC Przemysław	752	PRZEMYSŁAW SZULC	M30	29	00:00:14	00:25:38	00:45:45	01:08:17.75	01:08:31.90	+00:21:49	4:33	13.2
223	WOJTYSIAK Marcin	839		M20	19	00:00:09	00:25:15	00:45:18	01:08:20.00	01:08:29.40	+00:21:51	4:33	13.2
224	RYŻEWSKI Krzysztof	910	QUADIMODO RACING	M45	35	00:00:12	00:25:18	00:45:33	01:08:21.85	01:08:34.25	+00:21:53	4:33	13.2
225	KURAS Mariusz	407		M40	52	00:00:13	00:25:21	00:45:08	01:08:26.45	01:08:39.70	+00:21:58	4:33	13.2
226	SOSIN Tomasz	698	SZWŁA	M55	9	00:00:17	00:26:07	00:45:55	01:08:26.85	01:08:44.80	+00:21:58	4:33	13.1
227	JACHNIK Sabina	268		K45	3	00:00:07	00:25:04	00:44:37	01:08:28.45	01:08:36.35	+00:22:00	4:33	13.1
228	SZYDKOWSKI Witold	955		M55	10	00:00:10	00:25:56	00:45:50	01:08:29.15	01:08:39.85	+00:22:00	4:33	13.1
228	KUSZ Radosław	412	KRÓLICZKI W PLECAKU	M40	53	00:00:12	00:25:48	00:45:54	01:08:29.15	01:08:41.15	+00:22:00	4:33	13.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
230	BIELECKI Andrzej	46	3:33 TEAM	M45	36	00:00:19	00:25:45	00:45:47	01:08:30.40	01:08:49.50	+00:22:02	4:34	13.1
231	CZAPLIŃSKI Jacek	120		M35	50	00:00:24	00:26:09	00:46:10	01:08:37.75	01:09:02.10	+00:22:09	4:34	13.1
232	TWARÓG Eugeniusz	785	TEAM COLBERG	M40	54	00:00:52	00:26:51	00:46:41	01:08:39.25	01:09:31.55	+00:22:10	4:34	13.1
233	DUDA Andrzej	157		M50	10	00:00:12	00:25:19	00:45:23	01:08:41.15	01:08:53.90	+00:22:12	4:34	13.1
234	HOŁYŃSKI Leszek	255	MECZORNE BIEGANIE W SZCZECINIE	M30	30	00:00:25	00:26:14	00:46:35	01:08:43.30	01:09:08.45	+00:22:15	4:34	13.1
235	KOŁTUNIAK Hubert	345		M35	51	00:00:10	00:26:10	00:45:48	01:08:43.70	01:08:54.15	+00:22:15	4:34	13.1
236	DURMAN Sławomir	164		M30	31	00:00:17	00:26:28	00:46:15	01:08:47.80	01:09:05.75	+00:22:19	4:35	13.1
237	SOWISZ Cezary	703	SOWSZ TEAM	M50	11	00:00:29	00:26:16	00:46:07	01:08:48.20	01:09:17.20	+00:22:19	4:35	13.1
238	ZAWADA Wiktor	914		M30	32	00:00:27	00:25:19	00:45:24	01:08:48.70	01:09:16.00	+00:22:20	4:35	13.1
239	KRUKOWSKI Adam	383		M30	33	00:00:19	00:26:03	00:46:39	01:08:53.20	01:09:12.55	+00:22:24	4:35	13.1
240	WIERZBICKI Jakub	816	ŚWIDWIN	M30	34	00:00:10	00:25:18	00:45:29	01:08:57.55	01:09:08.45	+00:22:29	4:35	13
241	HARŁUKOWICZ Krzysztof	242		M40	55	00:00:08	00:26:46	00:47:43	01:09:07.00	01:09:15.55	+00:22:38	4:36	13
242	CIUPA Marcin	114	H2DESIGN	M40	56	00:00:16	00:25:17	00:45:38	01:09:12.00	01:09:28.75	+00:22:43	4:36	13
243	POLAŃSKI Dariusz	586	JW 3411 MRZEŻYNO	M45	37	00:00:11	00:27:26	00:47:15	01:09:13.30	01:09:24.80	+00:22:45	4:36	13
244	BUCA Jakub	73		M50	12	00:00:29	00:26:29	00:46:07	01:09:15.05	01:09:44.70	+00:22:46	4:37	13
245	HNITECKI Marek	250		M45	38	00:00:30	00:26:39	00:46:32	01:09:15.80	01:09:46.55	+00:22:47	4:37	13
246	CHOMONT Rafał	97		M35	52	00:00:10	00:25:39	00:46:02	01:09:16.50	01:09:26.50	+00:22:48	4:37	13
247	MIEDZIANOWSKI Mariusz	486	MARIUSZ MIEDZIANOWSKI	M40	57	00:00:22	00:27:16	00:47:12	01:09:17.20	01:09:39.80	+00:22:48	4:37	13
248	PIECZYŃSKI Krzysztof	567		M60	8	00:00:05	00:25:48	00:46:06	01:09:20.30	01:09:26.05	+00:22:52	4:37	13
249	DYBUS Thomas Henri	166	VFL FOSITE HELGOLAND	M45	39	00:00:17	00:26:26	00:46:39	01:09:23.15	01:09:40.55	+00:22:54	4:37	13
250	WITCZUK Maciej Konrad	934	FSD RUN	M35	53	00:00:48	00:26:08	00:46:27	01:09:24.10	01:10:12.95	+00:22:55	4:37	13
251	BUCZKOWSKI Jacek	76	8BREM	M40	58	00:00:09	00:26:01	00:46:43	01:09:24.30	01:09:33.80	+00:22:56	4:37	13
252	KIELING Mariusz	325	GULKS BARWICE	M55	11	00:00:11	00:25:29	00:45:43	01:09:24.50	01:09:35.50	+00:22:56	4:37	13
253	KUCHARCZYK Marcin	394	3:33 TEAM	M35	54	00:00:20	00:26:17	00:46:28	01:09:27.25	01:09:48.20	+00:22:58	4:37	13
254	STĘPNIAK Grzegorz	716	KLUB BIEGACZA KAMIEŃ POMORSKI	M45	40	00:00:14	00:25:09	00:45:09	01:09:27.70	01:09:41.85	+00:22:59	4:37	13
255	DUCHOWSKI Robert	156	100% EKIPA GRYFINO	M40	59	00:00:49	00:26:37	00:46:39	01:09:28.90	01:10:18.05	+00:23:00	4:37	13
256	TROCKI Robert	777		M40	60	00:00:31	00:26:37	00:46:37	01:09:29.05	01:10:01.00	+00:23:00	4:38	12.9
257	GRABSZTUNOWICZ Małgorzata	215	NIEZRZESZONA	K35	2	00:00:13	00:25:37	00:45:52	01:09:31.00	01:09:44.50	+00:23:02	4:38	12.9
258	DRZEWIECKI Arkadiusz	155	PARKRUN ŚWIMOUJŚCIE	M50	13	00:00:29	00:26:20	00:46:26	01:09:32.05	01:10:01.20	+00:23:03	4:38	12.9
259	PĘKAŁA Piotr	562	ROZBIEGANY KOSZALIN	M45	41	00:00:21	00:26:35	00:46:52	01:09:32.60	01:09:54.20	+00:23:04	4:38	12.9
260	SKRZOS Tomasz	679		M40	61	00:00:20	00:25:21	00:45:35	01:09:33.65	01:09:54.15	+00:23:05	4:38	12.9
261	FERENS Rafał	953	MIASTKO	M30	35	00:00:11	00:23:54	00:44:22	01:09:36.55	01:09:47.65	+00:23:08	4:38	12.9
262	CIESIELSKI Dawid	111	KB BRYZA POSTOMINO	M20	20	00:00:32	00:25:50	00:46:12	01:09:38.30	01:10:10.40	+00:23:10	4:38	12.9
263	KOZYRA Paweł	370		M35	55	00:00:39	00:26:21	00:46:38	01:09:40.55	01:10:20.30	+00:23:12	4:38	12.9
264	SZABLA Ewelina	729		K30	5	00:00:12	00:25:44	00:46:23	01:09:45.50	01:09:57.75	+00:23:17	4:39	12.9
265	DUDEK Mateusz	159	KOŁOBRZEG BIEGA	M20	21	00:00:19	00:26:09	00:46:24	01:09:47.20	01:10:06.40	+00:23:18	4:39	12.9
266	POBŁOCKA Bożena	580	UKS EKONOMIK MARATONCZYK LEBORK	K45	4	00:00:05	00:26:34	00:47:02	01:09:53.75	01:09:58.75	+00:23:25	4:39	12.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
267	KASZTELAN Władysław	317	TRIATHLON KOSZALIN	M35	56	00:00:26	00:26:13	00:46:50	01:10:03.45	01:10:29.95	+00:23:35	4:40	12.8
268	JAMROŻY Ryszard	272	TRUCHT ŁOBEZ	M50	14	00:00:38	00:26:26	00:46:47	01:10:03.85	01:10:42.10	+00:23:35	4:40	12.8
269	ADAMCZYK Adam	4	ADS SZCZECIN	M60	9	00:00:26	00:25:51	00:46:26	01:10:04.30	01:10:31.00	+00:23:36	4:40	12.8
270	STORCZYK-RAK Agnieszka	717		K30	6	00:00:37	00:26:18	00:46:54	01:10:04.35	01:10:41.70	+00:23:36	4:40	12.8
271	RUMISTRZEWICZ Artur	642		M40	62	00:00:20	00:27:01	00:47:30	01:10:09.15	01:10:29.15	+00:23:40	4:40	12.8
272	PITUŁA Waldemar	575		M40	63	00:00:11	00:25:29	00:45:41	01:10:09.75	01:10:21.20	+00:23:41	4:40	12.8
273	RUMISTRZEWICZ Robert	641		M30	36	00:00:19	00:27:02	00:47:31	01:10:10.70	01:10:30.35	+00:23:42	4:40	12.8
274	SZYMAŃSKI Piotr	758		M40	64	00:00:47	00:27:12	00:47:37	01:10:12.45	01:10:59.85	+00:23:44	4:40	12.8
275	KURKOWSKA Magdalena	925		K30	7	00:00:19	00:26:03	00:46:39	01:10:14.55	01:10:34.35	+00:23:46	4:41	12.8
276	HOPPE Bronisław	256	JW3937 MRZEŻYNO	M35	57	00:00:08	00:25:43	00:46:06	01:10:14.85	01:10:23.35	+00:23:46	4:41	12.8
277	GASIEWICZ Damian	192		M20	22	00:00:50	00:27:28	00:47:47	01:10:16.35	01:11:06.65	+00:23:48	4:41	12.8
278	KUBLER Andrzej	393	ROZBIEGANY GOLENIÓW	M35	58	00:00:41	00:26:37	00:47:13	01:10:18.55	01:10:59.70	+00:23:50	4:41	12.8
279	KUCZER Agata	396		K30	8	00:00:23	00:27:13	00:47:33	01:10:38.50	01:11:01.75	+00:24:10	4:42	12.7
280	NOWICKI Tomasz	513	SZWLA	M50	15	00:00:23	00:27:14	00:47:33	01:10:38.60	01:11:01.90	+00:24:10	4:42	12.7
281	KISIEL Mariusz	330		M30	37	00:00:39	00:26:54	00:47:21	01:10:39.45	01:11:18.50	+00:24:11	4:42	12.7
282	WYSZCZELSKI Paweł	858	HQ MNCNE	M40	65	00:00:24	00:26:49	00:47:36	01:10:39.65	01:11:04.35	+00:24:11	4:42	12.7
283	SOBKOWIAK Robert	689		M45	42	00:00:34	00:26:14	00:47:06	01:10:44.45	01:11:19.30	+00:24:16	4:43	12.7
284	STĘPIŃSKI Mirosław	715	RUNGRYF GRYFICE	M40	66	00:00:40	00:26:32	00:47:13	01:10:45.45	01:11:25.85	+00:24:17	4:43	12.7
285	PLEWA Piotr	577	4RUN TEAM PIŁA	M40	67	00:00:13	00:26:25	00:47:18	01:10:47.10	01:11:00.15	+00:24:18	4:43	12.7
286	MICHALSKA Małgorzata	483	KURY Z WOLNEGO WYBIEGU .	K45	5	00:00:34	00:26:15	00:47:06	01:10:48.05	01:11:22.65	+00:24:19	4:43	12.7
287	STACHOWIAK Ryszard	707		M60	10	00:00:07	00:25:52	00:47:09	01:10:54.15	01:11:01.30	+00:24:25	4:43	12.7
288	JONKO Wojciech	289		M65	3	00:00:18	00:25:41	00:46:28	01:10:57.40	01:11:16.25	+00:24:29	4:43	12.7
289	RUDNIK Jerzy	638	FLORIAN	M65	4	00:00:07	00:25:55	00:46:46	01:11:02.45	01:11:10.10	+00:24:34	4:44	12.7
290	MATERKA Grzegorz	473	KLB KAMIEN POMORSKI	M50	16	00:00:36	00:27:20	00:47:40	01:11:02.60	01:11:38.85	+00:24:34	4:44	12.7
291	DĄBROWSKI Wiktor	137		M20	23	00:00:11	00:27:15	00:47:42	01:11:03.45	01:11:14.75	+00:24:35	4:44	12.7
292	KULIK Sebastian	943	GRABOWO	M30	38	00:00:26	00:25:55	00:46:43	01:11:03.50	01:11:29.75	+00:24:35	4:44	12.7
293	BRZEZICKI Marcin	70		M40	68	00:00:12	00:27:22	00:48:33	01:11:04.85	01:11:17.15	+00:24:36	4:44	12.7
294	WOJCIECHOWSKI Marcin	835		M20	24	00:00:18	00:27:15	00:48:26	01:11:07.60	01:11:26.35	+00:24:39	4:44	12.7
295	DURKOWSKI Dawid	163		M30	39	00:00:22	00:27:31	00:49:02	01:11:12.05	01:11:34.10	+00:24:43	4:44	12.6
296	TALAREK Robert	769		M40	69	00:00:35	00:27:19	00:48:08	01:11:17.70	01:11:52.95	+00:24:49	4:45	12.6
297	TELESIEWICZ Henryk	950	GROCH-BYTÓW	M70	1	00:00:17	00:26:19	00:47:45	01:11:18.95	01:11:36.55	+00:24:50	4:45	12.6
298	RÓŻYCKI Edward	636	MUKS TORNADO	M60	11	00:00:22	00:27:27	00:48:08	01:11:19.60	01:11:42.10	+00:24:51	4:45	12.6
299	JARZYNA Roman	282	SZWLA STARGARD	M45	43	00:00:08	00:26:11	00:47:10	01:11:22.20	01:11:31.05	+00:24:53	4:45	12.6
300	WEREMIJ Sławek	809		M40	70	00:00:18	00:26:54	00:47:41	01:11:22.85	01:11:41.05	+00:24:54	4:45	12.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
301	ADAMCZAK Krzysztof	1	SZWLA STARGARD	M55	12	00:00:23	00:27:14	00:47:33	01:11:23.65	01:11:47.55	+00:24:55	4:45	12.6
302	BRODZK Adam	65		M35	59	00:01:00	00:27:25	00:48:08	01:11:23.80	01:12:23.80	+00:24:55	4:45	12.6
303	LEWANDOWSKI Piotr	433	SKB DZIK	M35	60	00:00:32	00:26:58	00:48:05	01:11:26.65	01:11:59.45	+00:24:58	4:45	12.6
304	ŻARNOWSKA Katarzyna	884		K40	1	00:00:27	00:27:07	00:47:51	01:11:30.65	01:11:57.95	+00:25:02	4:46	12.6
305	AKIER Adrian	9		M20	25	00:00:31	00:26:34	00:47:35	01:11:30.95	01:12:02.15	+00:25:02	4:46	12.6
306	MICKIEWICZ Adam	911	JW 3937	M30	40	00:00:08	00:27:04	00:49:13	01:11:31.80	01:11:40.05	+00:25:03	4:46	12.6
307	SOKOŁOWSKI Maciej	693		M35	61	00:01:02	00:26:53	00:48:00	01:11:35.40	01:12:38.30	+00:25:07	4:46	12.6
308	KRACZKOWSKI Przemysław	372		M35	62	00:00:51	00:26:29	00:47:23	01:11:35.80	01:12:26.95	+00:25:07	4:46	12.6
309	KOSIOREK Darek	358		M50	17	00:00:15	00:26:23	00:47:35	01:11:37.80	01:11:53.10	+00:25:09	4:46	12.6
310	RAMA Janusz	609		M40	71	00:00:36	00:26:31	00:47:13	01:11:38.35	01:12:14.90	+00:25:10	4:46	12.6
311	RÓŻAŃSKI Jacek	635	NIEZRZESZONY	M45	44	00:00:36	00:26:59	00:47:49	01:11:40.60	01:12:16.95	+00:25:12	4:46	12.6
312	BOJKOWSKI Janusz	56	KB BRYZA POSTOMINO	M40	72	00:00:43	00:27:50	00:48:40	01:11:40.80	01:12:23.90	+00:25:12	4:46	12.6
313	STEFANIAK Piotr	713	ŁEBA MORS POLAND	M55	13	00:00:15	00:27:01	00:47:36	01:11:42.45	01:11:57.70	+00:25:14	4:46	12.6
314	PEŁECHATA Julita	559		K20	3	00:00:21	00:26:38	00:48:01	01:11:44.30	01:12:05.50	+00:25:16	4:46	12.5
315	KOLANKOWSKI Andrzej	340		M55	14	00:00:27	00:27:29	00:48:29	01:11:44.95	01:12:12.35	+00:25:16	4:47	12.5
316	PACZYŃSKA Joanna	540		K30	9	00:00:33	00:26:39	00:47:28	01:11:45.60	01:12:18.60	+00:25:17	4:47	12.5
317	WALERIAŃCZYK Roman	798	GMINA KOŁOBRZEG	M45	45	00:00:33	00:27:12	00:48:06	01:11:46.40	01:12:19.80	+00:25:18	4:47	12.5
318	WILIŃSKI Marek	819	KB.SPRINT.ŚWMDWN	M55	15	00:00:53	00:27:54	00:48:35	01:11:47.50	01:12:41.10	+00:25:19	4:47	12.5
319	KOWALCZYK Mateusz	364	NETTO GRUPA BIEGOWA 42,195 DĘBNO	M16	6	00:00:29	00:26:49	00:47:44	01:11:48.25	01:12:17.25	+00:25:19	4:47	12.5
320	LENIO Dariusz	423		M35	63	00:00:04	00:27:09	00:48:44	01:11:51.95	01:11:56.70	+00:25:23	4:47	12.5
321	STRUŚ Artur	720	KB BRYZA POSTOMINO	M50	18	00:00:16	00:26:44	00:48:05	01:11:53.45	01:12:09.80	+00:25:25	4:47	12.5
322	KLIMAS Agnieszka	337	RUNGRYF GRYFICE	K30	10	00:00:24	00:26:34	00:47:57	01:11:53.50	01:12:17.55	+00:25:25	4:47	12.5
323	UKRAIŃSKI Sławomir	789	KOŁOBRZEG BIEGA	M45	46	00:00:10	00:26:58	00:48:10	01:11:54.45	01:12:04.55	+00:25:26	4:47	12.5
324	HASS Artur	245	E-FIZJO	M35	64	00:00:10	00:26:47	00:47:52	01:11:55.60	01:12:05.80	+00:25:27	4:47	12.5
325	KAŻMIERCZAK Robert	894		M45	47	00:00:28	00:27:10	00:48:30	01:11:55.80	01:12:23.80	+00:25:27	4:47	12.5
326	RATAJEWSKI Arkadiusz	616		M35	65	00:00:22	00:26:45	00:47:55	01:11:57.40	01:12:19.40	+00:25:29	4:47	12.5
327	SZYMEROWSKI Łukasz	761		M35	66	00:00:28	00:27:29	00:48:32	01:11:58.75	01:12:27.55	+00:25:30	4:47	12.5
328	LITAROWICZ Adam	438	-----	M55	16	00:00:03	00:26:20	00:47:35	01:11:59.50	01:12:03.05	+00:25:31	4:48	12.5
329	DOBAK Stefan	146	KB SZAMOTUŁY	M70	2	00:00:31	00:27:21	00:48:30	01:12:02.85	01:12:34.05	+00:25:34	4:48	12.5
330	OTTO Michał	539		M30	41	00:00:13	00:26:16	00:47:35	01:12:04.45	01:12:17.55	+00:25:36	4:48	12.5
331	DOMAGAŁA Sławomir	148		M35	67	00:00:19	00:26:21	00:47:30	01:12:04.70	01:12:24.40	+00:25:36	4:48	12.5
332	SROKA Robert	706		M40	73	00:00:32	00:27:35	00:48:48	01:12:07.25	01:12:40.20	+00:25:38	4:48	12.5
333	PRZYBYSZ Michał	597		M30	42	00:00:45	00:26:52	00:47:38	01:12:08.90	01:12:54.55	+00:25:40	4:48	12.5
334	OTOKA Kasia	538	MONIA TEAM	K40	2	00:00:20	00:26:47	00:47:59	01:12:11.05	01:12:31.85	+00:25:42	4:48	12.5
335	ROMANOWSKI Piotr	628	BRAK	M30	43	00:00:13	00:26:10	00:47:07	01:12:11.95	01:12:25.00	+00:25:43	4:48	12.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
336	KIK Andrzej	329	NIE MARNUJ TLENU	M70	3	00:00:31	00:26:48	00:48:20	01:12:14.25	01:12:45.25	+00:25:45	4:48	12.5
337	POLGUJ Piotr	587	MKL,PARKRUNSZCZECINEK	M70	4	00:00:06	00:25:18	00:45:42	01:12:15.45	01:12:21.75	+00:25:47	4:49	12.5
338	HASS Anita	244	E-FIZJO	K35	3	00:00:09	00:26:48	00:47:53	01:12:16.30	01:12:25.95	+00:25:48	4:49	12.5
339	TRZECIAK Dariusz	781	KOŁOBRZEG BIEGA	M45	48	00:00:41	00:28:08	00:49:13	01:12:17.10	01:12:58.35	+00:25:48	4:49	12.5
340	GIERSZYŃSKI Marcin	944	GRABOWO	M20	26	00:00:24	00:27:43	00:49:05	01:12:18.60	01:12:43.25	+00:25:50	4:49	12.4
341	PAWELEC Artur	554	ROZBIEGANY GOLENIÓW	M45	49	00:00:15	00:27:17	00:49:04	01:12:20.55	01:12:36.20	+00:25:52	4:49	12.4
342	HOC Dariusz	252		M40	74	00:00:12	00:26:51	00:48:21	01:12:24.30	01:12:36.95	+00:25:56	4:49	12.4
343	SZYMAŃSKI Mateusz	756		M30	44	00:00:25	00:27:36	00:48:33	01:12:24.90	01:12:50.60	+00:25:56	4:49	12.4
344	OSZMIAŃSKI Stanisław	536	KB BRYZA POSTOMINO	M55	17	00:00:27	00:26:00	00:47:35	01:12:25.30	01:12:52.35	+00:25:57	4:49	12.4
345	KACZMARCZYK Stanisław	297	SZWLA	M55	18	00:00:17	00:27:05	00:48:13	01:12:29.90	01:12:47.15	+00:26:01	4:50	12.4
346	WOJCIECHOWSKA-HRYCYK Agata	834		K45	6	00:00:14	00:26:48	00:48:15	01:12:30.30	01:12:44.90	+00:26:02	4:50	12.4
347	DZIKOWSKI Łukasz	169	GRA RUNNERS	M35	68	00:00:42	00:27:46	00:48:30	01:12:30.85	01:13:13.20	+00:26:02	4:50	12.4
348	SIKORSKI Adam	898	SIKORROWO	M30	45	00:00:13	00:27:30	00:48:46	01:12:33.95	01:12:47.85	+00:26:05	4:50	12.4
349	MALINOWSKI Zbigniew	462	KOŁOBRZEG MORZEM SPORTÓW	M60	12	00:00:37	00:26:20	00:47:38	01:12:34.10	01:13:12.00	+00:26:05	4:50	12.4
350	KOSECKA Katarzyna	904	KB WYGAN	K30	11	00:00:13	00:27:29	00:48:46	01:12:34.50	01:12:47.65	+00:26:06	4:50	12.4
351	WYGANOWSKI Andrzej	856	KB WYGAN	M70	5	00:00:12	00:27:30	00:48:47	01:12:35.45	01:12:47.70	+00:26:07	4:50	12.4
352	DARONIN Pavlo	130		M35	69	00:00:45	00:27:44	00:48:38	01:12:38.95	01:13:24.45	+00:26:10	4:50	12.4
353	CIBORSKI Sławomir	916		M40	75	00:00:21	00:27:22	00:48:39	01:12:43.30	01:13:04.45	+00:26:15	4:50	12.4
354	SZUBERT Julia	751	KOŁOBRZEG BIEGA	K16	1	00:00:24	00:26:33	00:47:52	01:12:48.00	01:13:12.25	+00:26:19	4:51	12.4
355	CHLEBOWSKI Adam	92	WYSOCKI-SKI TEAM SZCZECIN	M65	5	00:00:14	00:27:06	00:48:33	01:12:49.45	01:13:03.45	+00:26:21	4:51	12.4
356	RONIJ Łukasz	631	ANDREWS TEAM	M35	70	00:00:16	00:27:15	00:48:47	01:12:51.70	01:13:08.55	+00:26:23	4:51	12.4
357	BARCZYKOWSKI Grzegorz	27		M40	76	00:00:32	00:27:53	00:49:16	01:12:54.15	01:13:26.15	+00:26:25	4:51	12.3
358	PRZYCHÓDZKO Roman	598	KTC KOŁOBRZEG	M45	50	00:00:24	00:26:31	00:47:15	01:12:54.25	01:13:18.50	+00:26:25	4:51	12.3
359	ADAMOWICZ Daniel	7	FUNDACJA KROK	M30	46	00:00:24	00:26:15	00:47:40	01:12:56.50	01:13:21.25	+00:26:28	4:51	12.3
360	GRYGORUK Cezary	222		M50	19	00:00:08	00:26:53	00:48:26	01:12:57.05	01:13:05.20	+00:26:28	4:51	12.3
361	FURMAN Tomasz	182		M50	20	00:00:42	00:27:25	00:48:28	01:12:58.00	01:13:40.10	+00:26:29	4:51	12.3
362	TADROWSKI Tomasz	767		M40	77	00:00:30	00:27:35	00:49:16	01:12:59.60	01:13:30.35	+00:26:31	4:52	12.3
363	BLOK Karol	50	ORTOPEDA-BLOK.PL	M35	71	00:00:34	00:27:56	00:48:58	01:13:00.85	01:13:35.45	+00:26:32	4:52	12.3
364	KULINICZ Agnieszka	403	ROZBIEGANY GOLENIÓW	K35	4	00:00:16	00:27:38	00:49:12	01:13:04.45	01:13:21.05	+00:26:36	4:52	12.3
365	KOSIOR Piotr	357		M45	51	00:00:31	00:26:51	00:48:24	01:13:06.15	01:13:37.85	+00:26:37	4:52	12.3
366	ROGANOWSKA Danuta	624	ROZBIEGANY KOSZALIN	K30	12	00:00:21	00:27:45	00:49:00	01:13:07.00	01:13:28.30	+00:26:38	4:52	12.3
367	WOŹNIAK Piotr	848		M55	19	00:00:38	00:27:16	00:48:19	01:13:09.10	01:13:47.35	+00:26:40	4:52	12.3
368	NOWAK Klaudia	509	ROZBIEGANY GOLENIÓW	K30	13	00:00:15	00:27:17	00:49:04	01:13:09.30	01:13:24.95	+00:26:41	4:52	12.3
369	MAŁKIŃSKI Józef	464	RWT W BYDGOSZCZY	M60	13	00:00:42	00:27:34	00:49:03	01:13:14.55	01:13:56.85	+00:26:46	4:52	12.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
370	SPYCHAŁA Maciej	705	WRONIECKI KLUB BIEGACZA	M40	78	00:00:46	00:27:41	00:49:08	01:13:14.85	01:14:01.70	+00:26:46	4:53	12.3
371	GRZESIUK Rafał	229		M40	79	00:00:49	00:28:31	00:50:25	01:13:15.65	01:14:05.10	+00:26:47	4:53	12.3
372	IWANIEC Dariusz	261	TKKF KOSZALIN	M40	80	00:00:37	00:27:51	00:49:26	01:13:18.20	01:13:56.10	+00:26:49	4:53	12.3
373	WALKER James	799		M35	72	00:00:57	00:27:23	00:48:51	01:13:18.85	01:14:16.75	+00:26:50	4:53	12.3
374	SKOWROŃSKI Łukasz	678		M45	52	00:00:22	00:27:40	00:49:25	01:13:19.55	01:13:42.45	+00:26:51	4:53	12.3
375	KLOSKOWSKI Dariusz	338	NIGHT RUNNERS	M40	81	00:00:17	00:27:15	00:49:05	01:13:23.10	01:13:40.65	+00:26:54	4:53	12.3
376	GROCHOWSKI Krzysztof	218		M30	47	00:00:15	00:26:39	00:48:17	01:13:27.05	01:13:42.80	+00:26:58	4:53	12.3
377	GUDANIEC Radosław	230	TRIATHLON KOSZALIN	M50	21	00:00:26	00:27:32	00:49:05	01:13:31.30	01:13:57.40	+00:27:03	4:54	12.2
378	GRZELAK Sebastian	226	ROZBIEGANY GOLENIÓW	M50	22	00:00:17	00:27:35	00:49:22	01:13:34.45	01:13:51.90	+00:27:06	4:54	12.2
379	ŁĄTKOWSKI Patryk	893	AKADEMIA PIŁKARSKA KOTWICA KOŁOBRZEG	M16	7	00:00:21	00:26:38	00:48:19	01:13:37.70	01:13:58.90	+00:27:09	4:54	12.2
380	SIENICKI Piotr	668	OPIUM	M40	82	00:00:36	00:27:30	00:48:35	01:13:38.75	01:14:15.55	+00:27:10	4:54	12.2
381	KARTOSZ Mariusz	315	RUNGRYF GRYFICE	M40	83	00:00:40	00:26:53	00:48:32	01:13:41.10	01:14:21.20	+00:27:12	4:54	12.2
382	WOLSKI Tomasz	844		M45	53	00:00:28	00:27:16	00:48:52	01:13:41.35	01:14:09.35	+00:27:13	4:54	12.2
383	TUCHORSKA Julita	783		K30	14	00:00:12	00:27:01	00:48:49	01:13:43.50	01:13:56.10	+00:27:15	4:54	12.2
384	LITWINOWICZ Beata	905		K40	3	00:00:38	00:27:37	00:49:12	01:13:44.35	01:14:23.15	+00:27:16	4:55	12.2
385	MĘDEL Cezary	479		M40	84	00:00:17	00:27:49	00:49:34	01:13:46.55	01:14:03.65	+00:27:18	4:55	12.2
386	DAŚKO Marek	131		M55	20	00:00:23	00:28:03	00:49:32	01:13:48.55	01:14:11.80	+00:27:20	4:55	12.2
387	KOTOWSKI Dominik	362		M30	48	00:00:36	00:28:08	00:49:46	01:13:52.35	01:14:28.80	+00:27:24	4:55	12.2
388	CIESZYŃSKI Mariusz	113	BEAUTY-STUDIO LĘBORK	M40	85	00:00:29	00:27:57	00:49:37	01:13:53.35	01:14:22.60	+00:27:25	4:55	12.2
389	CIESZYŃSKI Marcin	112		M35	73	00:00:29	00:27:57	00:49:37	01:13:53.50	01:14:22.80	+00:27:25	4:55	12.2
390	SŁOWIŃSKI Roman	683	BIEGAMY RAZEM	M55	21	00:00:07	00:26:46	00:49:01	01:13:58.50	01:14:06.25	+00:27:30	4:55	12.2
391	TYLL Grzegorz	788		M60	14	00:00:25	00:27:53	00:50:01	01:13:58.65	01:14:24.55	+00:27:30	4:55	12.2
392	GARSKA Joanna	187	ŚWIAT PŁYTEK U KRYSPIŃA	K40	4	00:00:14	00:27:39	00:49:24	01:13:59.65	01:14:14.45	+00:27:31	4:56	12.2
393	WIATRZYK Krzysztof	811	DARŁOWO	M45	54	00:00:18	00:26:42	00:48:32	01:14:00.60	01:14:18.75	+00:27:32	4:56	12.2
394	SATRO Piotr	663	KP PSP KOŁOBRZEG	M35	74	00:00:36	00:27:29	00:49:37	01:14:03.35	01:14:40.05	+00:27:35	4:56	12.2
395	JAKUBOWSKI Mieczysław	270	KOŁOBRZEG BIEGA	M40	86	00:00:32	00:28:40	00:50:43	01:14:04.25	01:14:36.90	+00:27:35	4:56	12.2
396	CHUDZIK Zbigniew	105	TKKF KOSZALIN	M55	22	00:00:14	00:27:34	00:49:18	01:14:05.20	01:14:19.65	+00:27:36	4:56	12.1
397	PUŚCIAN Krzysztof	601	GIMNAZJUM W MANOWIE	M40	87	00:00:45	00:27:51	00:49:40	01:14:05.55	01:14:51.45	+00:27:37	4:56	12.1
398	CZEPUKOJĆ Wojciech	124		M20	27	00:00:45	00:28:12	00:49:46	01:14:07.95	01:14:53.35	+00:27:39	4:56	12.1
399	BRZEZICKA Kornelia	69		K30	15	00:00:11	00:27:38	00:49:26	01:14:09.35	01:14:21.30	+00:27:41	4:56	12.1
400	MARECKI Marcin	469	3:33 TEAM	M35	75	00:00:20	00:28:07	00:49:57	01:14:09.45	01:14:29.75	+00:27:41	4:56	12.1
401	MIECZKOWSKI Michał	913	KTC KOŁOBRZEG	M55	23	00:00:25	00:27:55	00:49:39	01:14:10.00	01:14:35.45	+00:27:41	4:56	12.1
402	SIDORKIEWICZ Anna	666	KLUB BIEGACZA KAMIEŃ POMORSKI	K45	7	00:00:19	00:27:28	00:49:17	01:14:14.15	01:14:33.25	+00:27:45	4:56	12.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
403	PIELICH Konrad	568		M30	49	00:00:54	00:27:16	00:48:59	01:14:14.20	01:15:08.35	+00:27:45	4:56	12.1
404	ZAWADA Andrzej	868	WYBRZEŻE OBJAZDA	M50	23	00:01:02	00:28:54	00:50:40	01:14:14.95	01:15:17.25	+00:27:46	4:57	12.1
405	CZARNECKI Mirosław	122		M55	24	00:00:11	00:27:04	00:49:25	01:14:17.65	01:14:29.15	+00:27:49	4:57	12.1
406	ORZEŁ Jacek	530		M45	55	00:00:36	00:27:30	00:49:01	01:14:21.05	01:14:57.85	+00:27:52	4:57	12.1
407	MAKSYMOWICZ Kornelia	460		K30	16	00:00:25	00:27:43	00:49:23	01:14:23.15	01:14:48.40	+00:27:54	4:57	12.1
408	KARKOWSKA Wiesława	312		K55	1	00:00:15	00:27:46	00:49:54	01:14:23.80	01:14:39.35	+00:27:55	4:57	12.1
409	ROGOŻA Ireneusz	625		M45	56	00:00:23	00:28:05	00:49:40	01:14:26.55	01:14:50.25	+00:27:58	4:57	12.1
410	WILKLISZ Wojciech	821	SZCZECIN BIEGA	M45	57	00:00:54	00:27:59	00:50:16	01:14:27.25	01:15:21.80	+00:27:58	4:57	12.1
411	CHRZANOWSKI Bartłomiej	103		M30	50	00:00:41	00:28:01	00:49:54	01:14:29.95	01:15:11.00	+00:28:01	4:58	12.1
412	JABŁOŃSKI Arkadiusz	267		M40	88	00:00:40	00:27:45	00:49:24	01:14:30.10	01:15:10.40	+00:28:01	4:58	12.1
413	ŚWIETLIK Tomasz	766		M55	25	00:00:21	00:28:07	00:49:42	01:14:33.70	01:14:55.30	+00:28:05	4:58	12.1
414	HRYCIÓW Paweł	258	BIAŁOGARD	M30	51	00:00:43	00:28:22	00:50:08	01:14:34.45	01:15:17.85	+00:28:06	4:58	12.1
415	ORŁOWSKA Beata	529	BEAUTYZONE	K45	8	00:00:37	00:28:13	00:49:53	01:14:35.50	01:15:12.60	+00:28:07	4:58	12.1
416	CZAPLICKI Paweł	119	TKKF KOSZALIN	M40	89	00:00:06	00:27:47	00:50:00	01:14:38.75	01:14:45.05	+00:28:10	4:58	12.1
417	KLASA Jan	333		M60	15	00:00:18	00:27:14	00:49:12	01:14:40.15	01:14:58.50	+00:28:11	4:58	12.1
418	KUKIEŁKA Wojciech	400		M35	76	00:00:42	00:28:39	00:50:13	01:14:40.20	01:15:23.00	+00:28:11	4:58	12.1
419	ŁUKASZ Marcin	448	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M20	28	00:00:33	00:27:53	00:49:47	01:14:40.75	01:15:13.75	+00:28:12	4:58	12.1
420	JANKOWSKI Lech	276	MARATOŃCZYK TEAM SZCZECIN	M60	16	00:00:25	00:26:34	00:48:46	01:14:42.80	01:15:08.05	+00:28:14	4:58	12
421	KACZOROWSKI Mieczysław	301	109 SZPITAL WOJSKOWY	M45	58	00:00:13	00:28:10	00:50:08	01:14:45.40	01:14:58.55	+00:28:17	4:59	12
422	RAŚ Ryszard Marek	612	EKO-WOD-KAN	M65	6	00:00:05	00:26:58	00:48:53	01:14:46.30	01:14:51.60	+00:28:18	4:59	12
423	PILECKI Robert	571		M35	77	00:00:32	00:28:40	00:50:37	01:14:46.65	01:15:18.65	+00:28:18	4:59	12
424	SZCZERBA Beata	734	BEZA TEAM	K40	5	00:00:59	00:28:21	00:50:01	01:14:47.35	01:15:46.60	+00:28:19	4:59	12
425	CHRZANOWSKI Mariusz	102		M50	24	00:00:26	00:26:49	00:48:53	01:14:47.65	01:15:14.20	+00:28:19	4:59	12
425	FILIPIAK Witold	926		M50	25	00:00:15	00:27:46	00:49:54	01:14:47.65	01:15:03.50	+00:28:19	4:59	12
427	BIELENIS Dariusz	47	BEZA TEAM	M50	26	00:00:58	00:28:23	00:50:01	01:14:48.50	01:15:46.80	+00:28:20	4:59	12
428	MICERSKI Tomasz	481	TKKF KOSZALIN	M40	90	00:00:38	00:27:55	00:50:01	01:14:50.50	01:15:28.50	+00:28:22	4:59	12
429	ROJEK Michał	626		M35	78	00:00:28	00:28:40	00:50:54	01:14:52.00	01:15:20.65	+00:28:23	4:59	12
430	MRUGALSKA Magdalena	937	JW1223	K20	4	00:00:30	00:27:42	00:49:56	01:14:52.45	01:15:22.95	+00:28:24	4:59	12
431	TEKIEL Marcin	771	OSP DYGOWO	M35	79	00:00:36	00:27:29	00:49:37	01:14:54.90	01:15:31.80	+00:28:26	4:59	12
432	SAPIKOWSKA Magdalena	662	ROZBIEGANY GOLENIÓW	K40	6	00:00:16	00:27:38	00:49:22	01:14:56.10	01:15:12.85	+00:28:27	4:59	12
433	KARCZEWSKI Krzysztof	311	AT-AKTYWNY TRZEBIATÓW	M55	26	00:00:42	00:27:30	00:49:41	01:14:59.20	01:15:41.30	+00:28:30	4:59	12
434	KUŁAKOWSKI Dawid	404	TKKF KOSZALIN	M40	91	00:00:37	00:27:56	00:50:01	01:15:00.55	01:15:37.75	+00:28:32	5:00	12
435	ZDANIUKIEWICZ Grzegorz	871	WĘŻEŁ ŁĄCZNOŚCI WAŁCZ	M55	27	00:00:51	00:28:30	00:50:28	01:15:06.00	01:15:57.95	+00:28:37	5:00	12
436	ŚLUBOWSKI Dariusz	763		M40	92	00:00:47	00:28:59	00:50:48	01:15:07.20	01:15:54.75	+00:28:38	5:00	12
437	WALTER Joanna	800	KB 10 BIAŁOGARD	K45	9	00:00:30	00:28:18	00:50:24	01:15:08.45	01:15:38.85	+00:28:40	5:00	12

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
438	BANAŚ Adam	24		M35	80	00:00:11	00:27:27	00:49:29	01:15:09.65	01:15:21.45	+00:28:41	5:00	12
439	WODNICKI Krzysztof	832	RUNGRYF GRYFICE	M30	52	00:00:35	00:27:36	00:49:49	01:15:10.80	01:15:46.25	+00:28:42	5:00	12
440	MAJCHRZAK Paweł	936	KB POŁCZYN-ZDRÓJ	M40	93	00:01:02	00:28:59	00:51:10	01:15:11.60	01:16:13.85	+00:28:43	5:00	12
441	CHWIEDUK Andrzej	107		M30	53	00:00:29	00:28:00	00:50:19	01:15:12.95	01:15:42.25	+00:28:44	5:00	12
442	WRZESZCZ Piotr	855		M40	94	00:00:54	00:27:28	00:49:36	01:15:20.85	01:16:15.80	+00:28:52	5:01	11.9
443	GAWRYSIAK Przemysław	193		M40	95	00:00:48	00:28:54	00:51:09	01:15:21.70	01:16:10.60	+00:28:53	5:01	11.9
444	KULCZYK Katarzyna	402	KB BRYZA POSTOMINO	K35	5	00:00:23	00:28:18	00:50:48	01:15:29.45	01:15:52.75	+00:29:01	5:01	11.9
445	NACHYŁA Paweł	498	DZIKI KOSZALIN	M30	54	00:00:45	00:28:14	00:50:17	01:15:29.90	01:16:15.20	+00:29:01	5:02	11.9
446	KISIEL Rafał	331	LEBIEGA BIEGA	M20	29	00:00:39	00:27:45	00:49:55	01:15:30.05	01:16:09.10	+00:29:01	5:02	11.9
447	JANKOWSKI Jarosław	275	AT-AKTYWNY TRZEBIATÓW	M45	59	00:00:53	00:28:59	00:50:57	01:15:30.30	01:16:23.30	+00:29:02	5:02	11.9
448	WIELGAT Łukasz	813	KB BRYZA POSTOMINO	M30	55	00:00:22	00:27:39	00:49:56	01:15:30.75	01:15:53.05	+00:29:02	5:02	11.9
449	KALUZYNSKI Piotr	307		M50	27	00:00:33	00:27:38	00:49:32	01:15:31.75	01:16:04.80	+00:29:03	5:02	11.9
450	BURDA Cezary	84		M40	96	00:00:20	00:28:19	00:50:35	01:15:33.35	01:15:53.55	+00:29:05	5:02	11.9
451	MEISSNER Bogusław	476		M50	28	00:00:27	00:27:58	00:50:07	01:15:33.55	01:16:01.35	+00:29:05	5:02	11.9
452	ZIOMKO Rafał	876		M45	60	00:00:29	00:27:55	00:50:05	01:15:33.60	01:16:02.70	+00:29:05	5:02	11.9
453	POKRYWIECKI Łukasz	584	PANORAMA DĘBNO	M20	30	00:00:34	00:28:42	00:50:35	01:15:33.65	01:16:08.25	+00:29:05	5:02	11.9
454	LENARTOWICZ Stanisław	422		M55	28	00:00:13	00:28:28	00:50:20	01:15:39.30	01:15:52.90	+00:29:11	5:02	11.9
455	DUDZIK Karolina	162		K30	17	00:00:44	00:28:35	00:51:21	01:15:41.00	01:16:25.00	+00:29:12	5:02	11.9
456	OSTAPKO Mateusz	534	KLUB BIEGACZA KAMIEŃ POMORSKI	M16	8	00:00:22	00:27:02	00:49:04	01:15:42.60	01:16:05.10	+00:29:14	5:02	11.9
457	GÓRECKA-MITORAJ Justyna	208	MAMY TO !	K35	6	00:00:25	00:27:33	00:50:08	01:15:42.90	01:16:08.25	+00:29:14	5:02	11.9
458	BUZAŁA Walenty	86	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M55	29	00:00:32	00:27:59	00:49:52	01:15:47.65	01:16:20.30	+00:29:19	5:03	11.9
459	SZARYŃSKI Adam	731	IRONMAN	M40	97	00:00:08	00:26:46	00:48:45	01:15:48.90	01:15:56.90	+00:29:20	5:03	11.9
460	GODOŃ Piotr	947	GRABOWO	M30	56	00:00:25	00:28:29	00:50:31	01:15:51.35	01:16:16.40	+00:29:23	5:03	11.9
461	KOZŁOWIECKI Waldemar	875	TKKF KOSZALIN	M65	7	00:00:16	00:28:24	00:50:56	01:15:54.05	01:16:10.15	+00:29:25	5:03	11.9
462	KACHNOWICZ-BUKAŁA Izabela	295	ROZBIEGANY GOLENIÓW	K40	7	00:00:17	00:28:20	00:50:58	01:16:05.40	01:16:22.55	+00:29:37	5:04	11.8
463	BUKOWIECKA-ANDRYSIAK Małgorzata	80		K40	8	00:00:19	00:27:56	00:50:41	01:16:06.35	01:16:25.75	+00:29:38	5:04	11.8
464	NITA Wiesław	503	VILLAGE PUNK RUN	M45	61	00:00:45	00:28:37	00:51:15	01:16:07.20	01:16:52.20	+00:29:38	5:04	11.8
465	CZYŻEWSKI Piotr	128	TKKF KOSZALIN	M50	29	00:00:05	00:27:48	00:50:08	01:16:10.80	01:16:16.60	+00:29:42	5:04	11.8
466	GAZARKIEWICZ Michał	194	MOTOINTEGRATOR RUNNING TEAM	M40	98	00:00:25	00:29:01	00:51:06	01:16:11.05	01:16:36.15	+00:29:42	5:04	11.8
467	KALINOWSKI Krzysztof	306		M55	30	00:00:28	00:28:30	00:50:50	01:16:12.75	01:16:41.25	+00:29:44	5:04	11.8
468	OGRODOWICZ Kasia	517	KAMIEŃ POM	K30	18	00:00:19	00:28:00	00:50:22	01:16:18.65	01:16:37.80	+00:29:50	5:05	11.8
469	MĘDEL Marta	478	TKKF KOSZALIN	K40	9	00:00:17	00:28:25	00:51:00	01:16:22.20	01:16:39.55	+00:29:53	5:05	11.8
470	BODYS Marek	54	KB HERMES GRYFINO	M35	81	00:00:28	00:27:06	00:50:21	01:16:22.45	01:16:51.05	+00:29:54	5:05	11.8
471	KAZIMIERSKA Żaneta	318		K45	10	00:00:39	00:28:08	00:50:38	01:16:25.90	01:17:05.65	+00:29:57	5:05	11.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
472	PIECHOTA Robert	564		M45	62	00:00:22	00:27:03	00:50:51	01:16:26.80	01:16:49.65	+00:29:58	5:05	11.8
473	DEBERNY Mariusz	138		M40	99	00:00:34	00:27:26	00:50:27	01:16:30.05	01:17:04.45	+00:30:01	5:06	11.8
474	JAKIMA Szymon	269		M30	57	00:00:24	00:28:33	00:50:58	01:16:30.55	01:16:55.10	+00:30:02	5:06	11.8
475	ZAREMBSKI Dawid	892		M30	58	00:00:34	00:26:54	00:52:26	01:16:38.00	01:17:12.85	+00:30:09	5:06	11.7
476	SOROCZYŃSKI Cezary	697		M45	63	00:00:11	00:27:52	00:50:40	01:16:38.05	01:16:49.25	+00:30:09	5:06	11.7
477	ŁUKASIK Marek	447		M35	82	00:00:49	00:29:20	00:51:56	01:16:38.25	01:17:27.35	+00:30:09	5:06	11.7
478	GASEK Wiesław	189	KB.SPRINT.ŚWMDWN	M55	31	00:00:20	00:27:56	00:50:45	01:16:38.70	01:16:59.40	+00:30:10	5:06	11.7
479	RATAJCZYK Monika	614		K30	19	00:00:33	00:28:16	00:50:43	01:16:44.30	01:17:17.90	+00:30:16	5:06	11.7
480	KWIATKOWSKI Grzegorz	414	DOWÓDZTWO 12SDZ	M40	100	00:00:35	00:26:29	00:49:38	01:16:46.70	01:17:22.15	+00:30:18	5:07	11.7
481	KURZAJCZYK Joanna	410	4RUN TEAM PIŁA	K45	11	00:00:12	00:28:13	00:51:02	01:17:02.30	01:17:14.90	+00:30:34	5:08	11.7
482	ZŁOTNICKA-BŁASZCZYK Marta	879		K30	20	00:00:36	00:28:03	00:50:24	01:17:03.85	01:17:40.70	+00:30:35	5:08	11.7
483	DZIKOWSKI Karol	170		M30	59	00:00:43	00:28:02	00:50:29	01:17:11.00	01:17:54.15	+00:30:42	5:08	11.7
484	NAROŻNIAK Mariusz	501	RUNGRYF GRYFICE	M35	83	00:00:23	00:27:34	00:51:03	01:17:13.00	01:17:36.70	+00:30:44	5:08	11.7
485	KRAJEWSKI Józef	373		M55	32	00:00:43	00:28:48	00:51:38	01:17:14.70	01:17:57.75	+00:30:46	5:08	11.7
486	PENDRAK Piotr	561	XX	M60	17	00:00:48	00:29:46	00:52:40	01:17:15.20	01:18:03.70	+00:30:46	5:09	11.7
487	SZYNTOR Łukasz	935	GRA RUNNERS	M30	60	00:00:42	00:28:44	00:51:29	01:17:15.45	01:17:58.35	+00:30:47	5:09	11.6
488	OKOŃ Stanisław	518	KB WYGAN	M50	30	00:00:35	00:28:33	00:50:44	01:17:16.40	01:17:52.10	+00:30:48	5:09	11.6
489	BIELAK Wojciech	44		M16	9	00:00:25	00:28:28	00:51:15	01:17:17.90	01:17:43.85	+00:30:49	5:09	11.6
490	PRYCIŃSKI Krzysztof	595		M40	101	00:00:48	00:29:31	00:52:47	01:17:26.40	01:18:14.75	+00:30:58	5:09	11.6
491	SZCZYGIEŁ Paweł	740		M30	61	00:00:17	00:28:04	00:51:28	01:17:28.35	01:17:45.70	+00:31:00	5:09	11.6
492	BAJUK Zbigniew	22		M65	8	00:00:39	00:28:55	00:52:05	01:17:28.55	01:18:08.30	+00:31:00	5:09	11.6
493	RUDZEWICZ Mariusz	640		M30	62	00:00:39	00:28:12	00:51:50	01:17:36.70	01:18:16.25	+00:31:08	5:10	11.6
494	WOŁOWIEC Przemek	845		M35	84	00:00:22	00:30:02	00:53:05	01:17:37.80	01:18:00.75	+00:31:09	5:10	11.6
495	JABŁOŃSKA Elżbieta	263	PARKRUN ŚWNOUJŚCIE	K50	2	00:00:30	00:28:53	00:52:04	01:17:42.05	01:18:12.30	+00:31:13	5:10	11.6
496	SERAFIN Paweł	957		M30	63	00:01:00	00:28:57	00:52:18	01:17:44.45	01:18:45.30	+00:31:16	5:11	11.6
497	OSOBNIAK Ryszard	531	KOSZALIN	M60	18	00:00:54	00:29:15	00:52:06	01:17:46.85	01:18:41.15	+00:31:18	5:11	11.6
498	ZAWADZKA Marzena	869	4RUN TEAM PIŁA	K45	12	00:00:55	00:29:36	00:52:28	01:17:52.25	01:18:48.15	+00:31:23	5:11	11.6
499	GŁOWACKA Daria	202		K30	21	00:18:32	00:30:18	00:50:23	01:17:52.80	01:36:24.80	+00:31:24	5:11	11.6
500	SOBCZAK Kacper	685		M20	31	00:00:14	00:27:25	00:49:57	01:17:53.40	01:18:07.85	+00:31:25	5:11	11.6
501	BEDNARCZYK Piotr	36		M45	64	00:00:48	00:29:32	00:52:47	01:17:56.00	01:18:44.10	+00:31:27	5:11	11.5
502	PYTLARZ Waldemar	603	4RUN TEAM PIŁA	M50	31	00:00:55	00:29:35	00:52:28	01:17:56.65	01:18:52.05	+00:31:28	5:11	11.5
503	WITKA Piotr	827	ŁEBA MORS POLAND	M50	32	00:00:26	00:28:04	00:51:47	01:17:58.90	01:18:25.00	+00:31:30	5:11	11.5
504	GRABOWSKA Marta	209		K20	5	00:00:24	00:29:07	00:52:33	01:18:07.95	01:18:32.30	+00:31:39	5:12	11.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
505	TORCZ Karol	776	SZKÓŁKA PŁYWACKA DEPKA KOŁOBRZEG	M35	85	00:00:23	00:27:57	00:50:18	01:18:09.80	01:18:33.70	+00:31:41	5:12	11.5
506	ZADROŻNY Szymon	860	RUNNERS OF WAŁCZ	M35	86	00:00:35	00:29:29	00:53:00	01:18:11.45	01:18:46.70	+00:31:43	5:12	11.5
507	SZCZETYŃSKA Karolina	735		K30	22	00:01:00	00:30:33	00:53:59	01:18:12.20	01:19:12.55	+00:31:43	5:12	11.5
508	HŁYWA Beata	248	KB WYGAN	K40	10	00:00:26	00:30:02	00:53:48	01:18:14.30	01:18:40.55	+00:31:46	5:12	11.5
509	MIELEWCZYK Leszek	488	LTS LĘBORK	M60	19	00:00:38	00:29:58	00:53:18	01:18:14.65	01:18:53.15	+00:31:46	5:13	11.5
510	KĘPKA Mirosław	324	KB.SPRINT.ŚWMDWN	M45	65	00:00:53	00:29:36	00:52:53	01:18:19.15	01:19:12.85	+00:31:50	5:13	11.5
511	DEREŃ Grzegorz	143	KB.SPRINT.ŚWMDWN	M40	102	00:00:52	00:29:36	00:52:53	01:18:20.05	01:19:12.85	+00:31:51	5:13	11.5
512	KOWALSKI Zbigniew	366	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M55	33	00:00:33	00:28:56	00:52:23	01:18:22.65	01:18:56.05	+00:31:54	5:13	11.5
513	RUTKOWSKA Anna	644		K45	13	00:00:35	00:29:30	00:53:00	01:18:26.25	01:19:01.80	+00:31:57	5:13	11.5
514	BORKOWSKA-KOWALCZYK Daria	62	WOMEN'S FIGHT CLUB KOSZALIN	K35	7	00:00:10	00:27:49	00:50:51	01:18:32.15	01:18:42.25	+00:32:03	5:14	11.5
515	CYNARSKI Marek	118	GAZOWNIK TEAM	M40	103	00:00:50	00:29:30	00:52:35	01:18:32.80	01:19:22.80	+00:32:04	5:14	11.5
516	BŁAŻEWICZ Marta	53		K35	8	00:00:55	00:29:38	00:52:37	01:18:36.70	01:19:31.80	+00:32:08	5:14	11.5
517	SZNABEL Alina	747	4RUN TEAM PIŁA	K60	1	00:00:55	00:29:36	00:52:35	01:18:38.75	01:19:34.40	+00:32:10	5:14	11.4
518	MARKOWSKI Andrzej	470	TKKF KOSZALIN	M60	20	00:00:14	00:28:06	00:51:43	01:18:41.80	01:18:56.70	+00:32:13	5:14	11.4
519	PEŁKA Janusz	560		M55	34	00:00:47	00:29:30	00:53:05	01:18:48.50	01:19:35.75	+00:32:20	5:15	11.4
520	WIŚNIEWSKA Magdalena	824		K30	23	00:00:45	00:29:36	00:53:11	01:18:48.55	01:19:34.25	+00:32:20	5:15	11.4
521	GRABOWSKA-LESISZ Aneta	211		K35	9	00:00:21	00:28:03	00:51:49	01:18:52.40	01:19:14.10	+00:32:24	5:15	11.4
522	NIEWIDZIAJŁO Michał	502		M30	64	00:00:21	00:28:39	00:51:59	01:18:54.40	01:19:15.95	+00:32:26	5:15	11.4
523	KUROWSKA Izabela	949	FITOKA	K35	10	00:00:22	00:30:07	00:53:25	01:18:59.90	01:19:22.60	+00:32:31	5:16	11.4
524	KACZYŃSKI Mirosław	303		M30	65	00:00:18	00:30:40	00:55:14	01:19:03.35	01:19:21.40	+00:32:35	5:16	11.4
525	GRANAT Jarosław	216		M50	33	00:00:48	00:29:47	00:53:11	01:19:07.40	01:19:56.00	+00:32:39	5:16	11.4
526	OPALIŃSKI Stanisław	527	KOŁOBRZEG BIEGA	M60	21	00:00:07	00:26:51	00:49:35	01:19:12.15	01:19:19.55	+00:32:43	5:16	11.4
527	ŚWIERZKO Artur	765		M40	104	00:00:11	00:28:16	00:52:05	01:19:13.00	01:19:24.10	+00:32:44	5:16	11.4
528	FAJER Markus	173	RAZ SZCZECIN	M65	9	00:00:29	00:28:32	00:52:36	01:19:13.70	01:19:43.15	+00:32:45	5:16	11.4
529	ANKUDOWICZ Damian	13		M35	87	00:00:19	00:30:04	00:53:41	01:19:17.05	01:19:36.05	+00:32:48	5:17	11.4
530	HOK Bożena	254		K45	14	00:00:39	00:30:05	00:53:33	01:19:17.10	01:19:56.20	+00:32:48	5:17	11.4
531	KRZEMIEŃ Ireneusz	388		M50	34	00:00:59	00:29:48	00:53:50	01:19:19.55	01:20:19.15	+00:32:51	5:17	11.3
532	OSSES Wojciech	533	KUNA KOWANÓWKO	M35	88	00:00:27	00:30:38	00:54:34	01:19:24.35	01:19:51.65	+00:32:56	5:17	11.3
533	RZEPKA Bartosz	654	KUNA KOWANÓWKO	M35	89	00:00:27	00:30:38	00:54:35	01:19:27.00	01:19:54.90	+00:32:58	5:17	11.3
534	BĄCZYK Monika	33	MONIA TEAM	K35	11	00:00:46	00:29:33	00:52:48	01:19:27.85	01:20:14.25	+00:32:59	5:17	11.3
535	AKIER Magdalena	8		K20	6	00:00:30	00:27:33	00:51:03	01:19:28.85	01:19:59.05	+00:33:00	5:17	11.3
536	CHODYNIECKI Krzysztof	94		M40	105	00:00:47	00:30:06	00:53:42	01:19:33.25	01:20:21.00	+00:33:04	5:18	11.3
537	DANOWSKI Maciej	129	FITNESS CLUB FORMA	M40	106	00:00:42	00:30:01	00:53:54	01:19:35.80	01:20:18.15	+00:33:07	5:18	11.3
538	BĄCZYK Adam	34	MONIA TEAM	M40	107	00:00:46	00:29:33	00:52:49	01:19:36.10	01:20:22.65	+00:33:07	5:18	11.3
539	RYSAK Adrian	650	RUNGRYF GRYFICE	M20	32	00:00:38	00:28:32	00:52:15	01:19:36.30	01:20:14.70	+00:33:08	5:18	11.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
540	SZEWZYKOWSKI Grzegorz	743	BYDGOSKIE ŻÓŁWE	M35	90	00:00:33	00:27:59	00:50:53	01:19:37.85	01:20:10.90	+00:33:09	5:18	11.3
541	KIEŁKOWSKI Przemysław	326		M35	91	00:00:48	00:30:00	00:53:58	01:19:42.25	01:20:30.90	+00:33:13	5:18	11.3
542	SAJÓG Joanna	659	KOŁOBRZEG MARATON TEAM	K30	24	00:00:48	00:30:00	00:53:58	01:19:42.50	01:20:31.15	+00:33:14	5:18	11.3
543	HANULA Piotr	239	BŁĘKITNYPATROL WWF	M40	108	00:00:21	00:29:45	00:54:23	01:19:42.60	01:20:04.20	+00:33:14	5:18	11.3
544	MIGALSKA STANKIEWICZ Lucyna	489		K35	12	00:00:30	00:28:49	00:52:55	01:19:43.75	01:20:14.05	+00:33:15	5:18	11.3
545	MAJCHRZAK Paweł	458	SUNDAYBIKERS KARLINO TEAM	M40	109	00:00:42	00:29:49	00:53:53	01:19:43.95	01:20:25.95	+00:33:15	5:18	11.3
546	DAWIDOWSKI Michał	133	ENDORFINA NOWOGARD	M35	92	00:00:28	00:31:16	00:55:34	01:19:44.10	01:20:12.95	+00:33:15	5:18	11.3
547	ZIENCINA Marcin	874		M35	93	00:00:40	00:29:18	00:53:02	01:19:48.75	01:20:29.70	+00:33:20	5:19	11.3
548	KURAS Piotr	408		M65	10	00:00:18	00:28:07	00:51:56	01:19:48.95	01:20:07.60	+00:33:20	5:19	11.3
549	JANISZEWSKI Mieczysław	273	BULK CARGO PORT SZCZECIN	M55	35	00:00:47	00:29:57	00:53:28	01:19:50.45	01:20:37.95	+00:33:22	5:19	11.3
550	WROTECKA Emilia	852		K30	25	00:00:18	00:29:17	00:52:58	01:19:50.60	01:20:09.15	+00:33:22	5:19	11.3
550	ZASTAWA Adam	866		M40	110	00:00:47	00:29:58	00:53:28	01:19:50.60	01:20:37.80	+00:33:22	5:19	11.3
552	JANUS Grzegorz	277	RAMS TRAINING HOUSE/ RONIN GOLD TEAM	M30	66	00:00:42	00:29:09	00:53:24	01:19:50.75	01:20:32.75	+00:33:22	5:19	11.3
553	SAK Piotr	660		M40	111	00:00:26	00:30:02	00:53:48	01:19:57.20	01:20:24.10	+00:33:28	5:19	11.3
554	ZIELNIK Daniel	872		M40	112	00:00:54	00:30:07	00:54:04	01:20:00.55	01:20:55.35	+00:33:32	5:20	11.2
555	STACHOWSKI Andrzej	709		M45	66	00:00:57	00:29:39	00:52:58	01:20:02.60	01:21:00.15	+00:33:34	5:20	11.2
556	DEJNAK Mariola	139		K55	2	00:00:30	00:28:49	00:52:55	01:20:07.80	01:20:38.50	+00:33:39	5:20	11.2
557	NAPIERAŁA Bogumił	924	KORA KOSZALIN	M50	35	00:00:41	00:29:22	00:52:53	01:20:09.05	01:20:50.45	+00:33:40	5:20	11.2
558	AKIER Tomasz	10	NIEZRZESZONY	M40	113	00:00:29	00:28:06	00:52:09	01:20:09.95	01:20:39.65	+00:33:41	5:20	11.2
559	TROSZCZYŃSKA Izabela	779		K20	7	00:01:05	00:29:53	00:53:20	01:20:12.10	01:21:17.35	+00:33:43	5:20	11.2
560	BULAK Mateusz	81		M20	33	00:01:05	00:29:52	00:53:21	01:20:12.20	01:21:17.45	+00:33:43	5:20	11.2
561	BIELEC Tomasz	45		M20	34	00:00:51	00:29:44	00:53:32	01:20:14.85	01:21:06.15	+00:33:46	5:21	11.2
562	SUJAK Włodzimierz	725	MARECKI VS EQUATOR	M55	36	00:01:01	00:30:37	00:54:38	01:20:15.30	01:21:16.45	+00:33:47	5:21	11.2
563	WARYSZ Dominik	802	RUNGRYF GRYFICE	M30	67	00:00:44	00:29:58	00:53:46	01:20:15.40	01:20:59.40	+00:33:47	5:21	11.2
564	WITA Filip	825	WOLSZTYŃSKI KLUB BIEGOWY	M30	68	00:01:00	00:31:34	00:55:04	01:20:17.30	01:21:18.20	+00:33:49	5:21	11.2
565	ŻYWOT Norbert	890		M40	114	00:00:57	00:29:36	00:53:14	01:20:26.70	01:21:23.80	+00:33:58	5:21	11.2
566	PTAK Katarzyna	954		K35	13	00:00:22	00:28:46	00:52:49	01:20:29.15	01:20:51.55	+00:34:00	5:21	11.2
567	NOWAK-IGNACAK Monika	510		K40	11	00:00:35	00:30:26	00:53:58	01:20:36.40	01:21:11.55	+00:34:08	5:22	11.2
568	BARTECKA Ewelina	28	KUNA KOWANÓWKO	K35	14	00:00:27	00:30:37	00:54:35	01:20:40.10	01:21:07.80	+00:34:11	5:22	11.2
569	PARADOWSKA Ewelina	546	ZA - BIEGANE BABECZKI. NOWOGARD	K30	26	00:00:34	00:31:18	00:55:28	01:20:47.40	01:21:21.60	+00:34:19	5:23	11.1
570	SAJA Przemysław	658		M30	69	00:00:34	00:30:33	00:54:31	01:20:47.80	01:21:22.60	+00:34:19	5:23	11.1
571	HRYCAJ Tomasz	257		M30	70	00:00:36	00:30:02	00:53:55	01:20:49.20	01:21:25.25	+00:34:20	5:23	11.1
572	DRABARZ Michał	151	ZAWADZKIEGO SZCZECIN	M40	115	00:00:33	00:30:29	00:55:13	01:20:49.45	01:21:23.05	+00:34:21	5:23	11.1
573	DENISIUK Krzysztof	140	SZCZECIN	M60	22	00:00:18	00:29:48	00:53:23	01:20:50.45	01:21:09.00	+00:34:22	5:23	11.1
574	KRAWCZYK Nata	378	RUN NATKA	K35	15	00:00:40	00:30:03	00:54:04	01:20:53.60	01:21:34.15	+00:34:25	5:23	11.1
575	JUSZCZAK Krzysztof	294		M60	23	00:01:07	00:29:22	00:53:19	01:20:56.30	01:22:03.30	+00:34:28	5:23	11.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
576	KOZŁOWSKI Maciej	369	AT-AKTYWNY TRZEBIATÓW	M40	116	00:00:17	00:30:37	00:54:40	01:20:57.80	01:21:15.25	+00:34:29	5:23	11.1
577	JABŁOŃSKI Mirosław	266	PARKRUN ŚWIMNOUJCIE	M50	36	00:00:35	00:30:02	00:54:03	01:21:00.80	01:21:36.65	+00:34:32	5:24	11.1
578	ADAMCZYK Arkadiusz	6	BLUE TEAM PIŁA	M45	67	00:00:11	00:30:24	00:54:16	01:21:03.30	01:21:14.40	+00:34:35	5:24	11.1
579	BOROWIEC Mariusz	63		M45	68	00:01:02	00:31:09	00:55:01	01:21:03.85	01:22:06.15	+00:34:35	5:24	11.1
580	JUSIŃSKA Anna	895		K45	15	00:00:22	00:30:19	00:54:23	01:21:06.75	01:21:28.95	+00:34:38	5:24	11.1
581	MACIOSZEK Agnieszka	455		K40	12	00:00:37	00:29:08	00:54:05	01:21:08.85	01:21:46.20	+00:34:40	5:24	11.1
582	TOPOLIŃSKI Ireneusz	775	KB BRYZA POSTOMINO	M35	94	00:00:32	00:29:26	00:53:15	01:21:11.35	01:21:43.65	+00:34:43	5:24	11.1
583	ŁUCZEJKO Sławomir	444	TEAM BIEGOWY SZCZECINEK	M50	37	00:00:54	00:29:38	00:53:45	01:21:11.55	01:22:06.50	+00:34:43	5:24	11.1
584	BUCH Jacek	74	NIEZRZESZONY	M50	38	00:00:37	00:29:35	00:53:36	01:21:15.55	01:21:53.15	+00:34:47	5:25	11.1
585	GRABOWSKI Grzegorz	213		M40	117	00:00:40	00:29:38	00:53:42	01:21:21.90	01:22:02.50	+00:34:53	5:25	11.1
586	SZYMCZAK Amanda	760		K20	8	00:00:46	00:29:58	00:54:14	01:21:23.05	01:22:09.20	+00:34:54	5:25	11.1
587	ROSA Malwina	632		K30	27	00:00:44	00:30:16	00:54:15	01:21:23.40	01:22:07.90	+00:34:55	5:25	11.1
588	ŚWIERCZ Dariusz	764		M50	39	00:00:22	00:28:45	00:54:01	01:21:28.10	01:21:50.60	+00:34:59	5:25	11
589	SZŁAPKA Dariusz	746		M50	40	00:00:56	00:29:39	00:56:11	01:21:29.40	01:22:26.10	+00:35:01	5:26	11
590	JASIANOWSKI Łukasz	283	BTC ORZEŁ BIAŁOGARD	M20	35	00:00:07	00:28:57	00:54:21	01:21:31.20	01:21:38.65	+00:35:02	5:26	11
591	KOLANOWSKA Grażyna	341		K55	3	00:00:34	00:30:12	00:54:27	01:21:32.05	01:22:06.50	+00:35:03	5:26	11
592	KOLANOWSKI Wojciech	342		M55	37	00:00:34	00:30:12	00:54:27	01:21:32.20	01:22:06.50	+00:35:03	5:26	11
593	JASIŃSKI Jarosław	285		M40	118	00:00:59	00:30:14	00:54:16	01:21:36.30	01:22:36.00	+00:35:08	5:26	11
594	ADAMCZYK Piotr	5		M40	119	00:00:38	00:30:09	00:54:31	01:21:36.80	01:22:15.35	+00:35:08	5:26	11
595	KUCHARCZYK Robert	395	RUNGRYF	M45	69	00:00:43	00:29:01	00:53:02	01:21:39.40	01:22:22.70	+00:35:11	5:26	11
596	ARYS Krzysztof	17	AMATOR	M50	41	00:00:52	00:30:25	00:54:49	01:21:42.50	01:22:34.65	+00:35:14	5:26	11
597	LENKIEWICZ Stanisław	424	MARATON DEBNO	M55	38	00:00:31	00:30:12	00:54:25	01:21:44.05	01:22:15.70	+00:35:15	5:26	11
598	WITKOWSKI Andrzej	829		M50	42	00:00:48	00:29:23	00:54:16	01:21:59.55	01:22:47.65	+00:35:31	5:27	11
599	JÓNCZYK Tadeusz	290	DLA IRKA	M45	70	00:00:35	00:29:48	00:54:41	01:22:15.05	01:22:51.00	+00:35:46	5:29	10.9
600	KAZIMIERSKI Marek	917		M30	71	00:00:44	00:29:42	00:53:50	01:22:15.50	01:23:00.30	+00:35:47	5:29	10.9
601	SKORUPA Edward	676		M55	39	00:00:16	00:28:44	00:52:57	01:22:15.65	01:22:31.65	+00:35:47	5:29	10.9
602	SZUBERT Agnieszka	750	KOŁOBRZEG BIEGA	K35	16	00:00:44	00:31:36	00:56:06	01:22:15.75	01:23:00.30	+00:35:47	5:29	10.9
603	WRÓBLEWICZ Irena	853	NAKIELSKI KLUB BIEGACZA	K35	17	00:00:40	00:30:26	00:55:05	01:22:17.20	01:22:58.15	+00:35:48	5:29	10.9
604	LEŚNIEWSKI Kazimierz	429		M75	1	00:00:16	00:30:40	00:55:12	01:22:23.05	01:22:39.70	+00:35:54	5:29	10.9
605	PIÓRO Ewa	573		K40	13	00:00:40	00:30:54	00:55:39	01:22:23.95	01:23:04.25	+00:35:55	5:29	10.9
606	WESOŁOWSKI Tomasz	810		M30	72	00:01:01	00:30:52	00:55:27	01:22:24.25	01:23:26.05	+00:35:55	5:29	10.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
607	OLESEK Tomasz	524	RASCH POLSKA	M45	71	00:00:56	00:32:04	00:56:32	01:22:25.85	01:23:22.60	+00:35:57	5:29	10.9
608	WILKOSZ Tomasz	822	HAIRBOX	M45	72	00:00:35	00:31:56	00:55:57	01:22:27.75	01:23:03.05	+00:35:59	5:29	10.9
609	KOWALCZYK Piotr	363		M30	73	00:00:44	00:29:27	00:54:01	01:22:30.45	01:23:14.45	+00:36:02	5:30	10.9
610	POTERAŁSKI Radosław	590	JOGGING ŚWINOUJŚCIE	M40	120	00:00:42	00:30:00	00:54:22	01:22:40.70	01:23:23.30	+00:36:12	5:30	10.9
610	WIERZBICKA Agata	815		K30	28	00:00:19	00:30:15	00:55:20	01:22:40.70	01:23:00.65	+00:36:12	5:30	10.9
612	DZIEKONSKI Jacek	168	ŚLĘZAK TEAM	M60	24	00:00:36	00:29:20	00:53:43	01:22:40.80	01:23:17.70	+00:36:12	5:30	10.9
613	CYBULSKI Michał	117	KB DZIK	M30	74	00:00:39	00:31:38	00:56:52	01:22:42.80	01:23:22.60	+00:36:14	5:30	10.9
614	GAJEWSKI Przemek	183		M35	95	00:01:03	00:32:31	00:56:53	01:22:47.60	01:23:51.25	+00:36:19	5:31	10.9
615	ŻUKOWSKA Małgorzata	888	NTS	K30	29	00:00:38	00:30:04	00:54:21	01:22:55.20	01:23:34.10	+00:36:26	5:31	10.9
616	KORNIOWSKA Ewelina	353	KOŁOBRZEG BIEGA	K40	14	00:00:56	00:31:28	00:56:13	01:23:03.45	01:23:59.70	+00:36:35	5:32	10.8
617	KLEINSZMID Marta	334	OSP BIAŁY BÓR	K40	15	00:00:20	00:30:22	00:54:43	01:23:13.30	01:23:34.10	+00:36:45	5:32	10.8
618	MARTUSZEWSKI Ryszard	471	RUNNERS OF WAŁCZ	M45	73	00:01:03	00:29:17	00:57:18	01:23:13.80	01:24:17.75	+00:36:45	5:32	10.8
619	LIPIŃSKI Błażej	903	TWÓJ STOMATOLOG	M30	75	00:00:35	00:30:04	00:54:53	01:23:16.85	01:23:52.45	+00:36:48	5:33	10.8
620	KRÓL Marcin	380		M40	121	00:00:42	00:29:30	00:54:21	01:23:18.05	01:24:00.65	+00:36:49	5:33	10.8
621	RZĄDKOWSKA Maria	652		K40	16	00:00:21	00:30:25	00:54:50	01:23:23.00	01:23:44.00	+00:36:54	5:33	10.8
622	CHOŚCIŃSKI Piotr	100	HAIRBOX	M40	122	00:00:34	00:31:57	00:56:17	01:23:23.85	01:23:58.35	+00:36:55	5:33	10.8
623	HAŁAS Tomasz	237		M50	43	00:00:58	00:31:35	00:56:36	01:23:24.35	01:24:23.10	+00:36:56	5:33	10.8
624	LEWANDOWSKI Mirosław	432	RASCH POLSKA GOLENIÓW	M55	40	00:00:56	00:31:54	00:56:29	01:23:32.30	01:24:28.35	+00:37:04	5:34	10.8
625	HELLER Zdzisław	246	NIEZRZESZONY	M60	25	00:00:51	00:30:23	00:55:39	01:23:33.00	01:24:24.95	+00:37:04	5:34	10.8
626	KURZYMSKI Piotr	411	BIZON TEAM	M45	74	00:00:13	00:29:52	00:55:12	01:23:33.35	01:23:47.20	+00:37:05	5:34	10.8
627	TRZEBA Monika	780		K35	18	00:00:18	00:29:57	00:54:58	01:23:34.55	01:23:52.55	+00:37:06	5:34	10.8
628	SOWISZ Danuta	702	SOWSZ TEAM	K45	16	00:00:37	00:30:24	00:55:29	01:23:34.75	01:24:12.55	+00:37:06	5:34	10.8
629	MACIĄŻEK Renata	451		K35	19	00:00:49	00:31:45	00:56:50	01:23:36.15	01:24:26.05	+00:37:07	5:34	10.8
630	MACIĄŻEK Jarosław	450		M35	96	00:00:50	00:31:44	00:56:49	01:23:36.25	01:24:26.35	+00:37:07	5:34	10.8
631	KAZUSEK Jan	320	KB BRYZA POSTOMINO	M65	11	00:00:46	00:30:28	00:54:52	01:23:43.45	01:24:29.60	+00:37:15	5:34	10.8
632	MAJEWSKI Borys	459		M35	97	00:00:49	00:32:11	00:57:06	01:23:44.75	01:24:34.20	+00:37:16	5:35	10.7
633	KRZANOWSKI Marcin	387		M35	98	00:01:03	00:32:18	00:58:04	01:23:44.95	01:24:47.95	+00:37:16	5:34	10.7
634	PAPACZEK Małgorzata	544		K30	30	00:01:02	00:33:08	00:57:37	01:23:45.20	01:24:47.60	+00:37:16	5:35	10.7
635	MIĄSEK Ryszard	480		M40	123	00:00:56	00:31:06	00:55:43	01:23:46.35	01:24:43.20	+00:37:18	5:35	10.7
636	MALINOWSKA Małgorzata	461	KB.SPRINT.ŚWMDWN	K55	4	00:00:21	00:30:10	00:55:04	01:23:47.35	01:24:08.65	+00:37:19	5:35	10.7
637	ŁAZARCZYK Wacław Bogdan	441	ROUTE 11	M60	26	00:00:47	00:32:12	00:57:04	01:23:48.85	01:24:36.60	+00:37:20	5:35	10.7
638	GAZARKIEWICZ Antoni	195	BHMW_GDYNIA	M65	12	00:00:40	00:30:53	00:56:25	01:23:51.00	01:24:31.75	+00:37:22	5:35	10.7
639	MAZUREK Barbara	475	BABECZKI KOSZALIN	K35	20	00:00:59	00:30:14	00:55:35	01:23:51.70	01:24:50.95	+00:37:23	5:35	10.7
640	KARNICKI Zygmunt	314	TKKF KOSZALIN	M60	27	00:00:15	00:29:23	00:54:18	01:23:58.95	01:24:14.45	+00:37:30	5:35	10.7
641	DUDZIAK Piotr	160	KOSZALIN	M40	124	00:00:24	00:29:35	00:54:20	01:24:00.95	01:24:25.15	+00:37:32	5:36	10.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
642	KACPRZAK Seweryn	296		M40	125	00:00:54	00:31:40	00:56:51	01:24:06.85	01:25:01.70	+00:37:38	5:36	10.7
643	DIDŁUCH Jacek	144	KOŁOBRZEG BIEGA MARATON TEAM	M40	126	00:00:54	00:28:53	00:54:34	01:24:08.65	01:25:03.05	+00:37:40	5:36	10.7
644	KONKEL Joanna	347	MKS 'ŚWĘC' SŁAWNO	K50	3	00:00:19	00:30:19	00:55:19	01:24:10.15	01:24:29.55	+00:37:41	5:36	10.7
645	ŁĄCZAK Justyna	419	ASSECO ACTIVE TEAM	K35	21	00:00:30	00:30:04	00:55:07	01:24:15.50	01:24:45.50	+00:37:47	5:37	10.7
646	GUZIKOWSKI Tomasz	234	GUZIK TEAM	M35	99	00:00:19	00:30:27	00:56:17	01:24:16.35	01:24:35.45	+00:37:48	5:37	10.7
647	HERBA Zbigniew	247	SZWLA	M60	28	00:00:53	00:30:58	00:56:31	01:24:19.60	01:25:13.40	+00:37:51	5:37	10.7
648	OPACZYK Paweł	526	PRESTO TRAVEL	M60	29	00:00:55	00:31:31	00:56:52	01:24:22.10	01:25:17.55	+00:37:53	5:37	10.7
649	NOWAK Wiesław	507	ROWERY TUROWSKI	M65	13	00:00:54	00:30:58	00:56:30	01:24:26.85	01:25:21.20	+00:37:58	5:37	10.7
650	CZARNECKA Teresa	121		K30	31	00:00:31	00:30:01	00:55:41	01:24:32.30	01:25:03.35	+00:38:04	5:38	10.6
651	GZELA Olga	236	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K35	22	00:00:15	00:30:05	00:55:53	01:24:34.70	01:24:50.10	+00:38:06	5:38	10.6
652	NIERYCHLEWSKI Maciej	932		M40	127	00:00:10	00:30:55	00:56:50	01:24:36.75	01:24:47.05	+00:38:08	5:38	10.6
653	WALCZAK Agnieszka	797	TKKF KOSZALIN	K40	17	00:00:16	00:29:21	00:54:58	01:24:42.65	01:24:59.10	+00:38:14	5:38	10.6
654	TYKA Edward	787	NIESTOWARZYSZONY	M70	6	00:00:44	00:31:18	00:56:59	01:24:46.65	01:25:31.45	+00:38:18	5:39	10.6
655	SODNOMGOMBO Alimaa	691	MECZORNE BIEGANIE W SZCZECINIE	K55	5	00:00:09	00:30:03	00:55:27	01:24:46.85	01:24:56.15	+00:38:18	5:39	10.6
656	REMBARZ Piotr	619		M30	76	00:01:01	00:31:07	00:56:24	01:24:47.15	01:25:48.15	+00:38:18	5:39	10.6
657	DOMAŃSKI Adam	150		M40	128	00:00:55	00:32:01	00:57:36	01:24:47.90	01:25:43.30	+00:38:19	5:39	10.6
658	ORYSIAK Tomasz	951	GRABOWO	M20	36	00:00:28	00:30:32	00:56:13	01:25:01.90	01:25:30.20	+00:38:33	5:40	10.6
659	ANTOSIEWICZ Robert	15	LULACLUB	M45	75	00:00:38	00:31:15	00:56:45	01:25:04.25	01:25:42.65	+00:38:35	5:40	10.6
660	WITKA Grażyna	826	ŁEBA MORS POLAND	K50	4	00:00:25	00:31:06	00:57:01	01:25:05.25	01:25:30.70	+00:38:36	5:40	10.6
661	LEWICKI Andrzej	434		M60	30	00:00:23	00:31:00	00:56:26	01:25:05.85	01:25:29.45	+00:38:37	5:40	10.6
662	SUPROŃ Izabela	726		K35	23	00:00:21	00:30:21	00:55:43	01:25:08.00	01:25:29.05	+00:38:39	5:40	10.6
663	SZEWCZYK Monika	742		K20	9	00:00:31	00:31:41	00:57:13	01:25:15.60	01:25:46.70	+00:38:47	5:41	10.6
664	BARSZCZEWSKI Sabastian	961	BP WWF	M40	129	00:00:19	00:29:46	00:54:43	01:25:15.80	01:25:35.45	+00:38:47	5:41	10.6
665	GŁOWACKI Jakub	946	GRABOWO	M20	37	00:00:28	00:30:32	00:56:13	01:25:18.50	01:25:47.20	+00:38:50	5:41	10.5
666	ŁANGOWSKA Iwona	901	KOŁOBRZEG BIEGA	K50	5	00:00:40	00:31:30	00:57:02	01:25:22.65	01:26:03.60	+00:38:54	5:41	10.5
667	LENKIEWICZ Marta	426	AT-AKTYWNY TRZEBIATÓW	K30	32	00:00:41	00:31:26	00:57:16	01:25:26.20	01:26:07.75	+00:38:57	5:41	10.5
668	MŁYNAREK Piotr	490		M40	130	00:00:59	00:31:45	00:57:27	01:25:27.55	01:26:27.25	+00:38:59	5:41	10.5
669	KACZYŃSKI Henryk	302		M60	31	00:00:12	00:29:08	00:54:46	01:25:30.40	01:25:42.75	+00:39:02	5:42	10.5
670	STRZELCZYK Wioletta	721		K40	18	00:00:11	00:30:38	00:56:50	01:25:30.50	01:25:41.50	+00:39:02	5:42	10.5
671	WOJTANOWSKI Tomasz	838	KB.SPRINT.ŚWMDWN	M35	100	00:00:54	00:30:15	00:55:49	01:25:36.65	01:26:30.95	+00:39:08	5:42	10.5
672	RUCZKO Sławomir	637	USAA RUCZKO	M40	131	00:00:16	00:30:20	00:55:51	01:25:38.30	01:25:54.95	+00:39:10	5:42	10.5
673	WODNICKA Ewa	831	RUNGRYF GRYFICE	K45	17	00:00:44	00:32:04	00:57:56	01:25:38.90	01:26:23.45	+00:39:10	5:42	10.5
674	BUDZICH Marcin	77		M30	77	00:00:51	00:32:28	00:58:04	01:25:39.45	01:26:31.05	+00:39:11	5:42	10.5
675	DRACZYŃSKI Zygmunt	152	LŁKB TRUCHT ŁOBEZ	M65	14	00:00:39	00:30:04	00:54:35	01:25:41.15	01:26:20.70	+00:39:12	5:42	10.5
676	BANAŚ Marcin	23	MECZORNE BIEGANIE W SZCZECINIE	M35	101	00:01:01	00:31:40	00:57:18	01:25:43.65	01:26:45.10	+00:39:15	5:42	10.5
677	KUNA Dawid	405		M20	38	00:00:44	00:31:29	00:57:39	01:25:46.15	01:26:30.80	+00:39:17	5:43	10.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
678	GUDANIEC Dorota	231	TRIATHLON KOSZALIN	K55	6	00:00:25	00:31:56	00:57:23	01:25:49.60	01:26:15.05	+00:39:21	5:43	10.5
679	MACKOWICZ Aneta	457	REHABILITACJA WOMP SZCZECIN	K40	19	00:00:33	00:31:37	00:57:08	01:25:55.60	01:26:28.65	+00:39:27	5:43	10.5
680	KORCZYK Joanna	352	KOŁOBRZESKIE TOWARZYSTWA CYKLISTÓW	K30	33	00:00:53	00:32:12	00:58:22	01:26:04.25	01:26:57.50	+00:39:35	5:44	10.5
681	WOLANT Adam	842	KTC KOŁOBRZEG ŚMAT KÓLEK	M35	102	00:00:53	00:32:12	00:58:23	01:26:04.90	01:26:57.95	+00:39:36	5:44	10.5
682	JABŁOŃSKA Katarzyna	264		K40	20	00:00:40	00:31:14	00:57:42	01:26:10.40	01:26:50.80	+00:39:42	5:44	10.4
683	NITA Katarzyna	504	VILLAGE PUNK RUN	K45	18	00:00:44	00:31:02	00:57:02	01:26:11.50	01:26:55.85	+00:39:43	5:44	10.4
684	HAWRYLAK Piotr	921		M40	132	00:00:45	00:31:35	00:57:47	01:26:20.50	01:27:05.75	+00:39:52	5:45	10.4
685	OGRODOWCZYK Jagoda	516		K30	34	00:00:43	00:31:03	00:57:03	01:26:23.35	01:27:06.75	+00:39:55	5:45	10.4
686	PELC Marzena	557	RUN GRYF GRYFICE	K40	21	00:00:44	00:32:04	00:58:04	01:26:24.65	01:27:08.85	+00:39:56	5:45	10.4
687	PAJĄK Krzysztof	541	RUNGRYF GRYFICE	M55	41	00:01:03	00:32:18	00:58:15	01:26:39.95	01:27:42.95	+00:40:11	5:46	10.4
688	WACHHOLZ Beata	795	KB BRYZA POSTOMINO	K45	19	00:00:46	00:32:19	00:58:08	01:26:41.75	01:27:27.80	+00:40:13	5:46	10.4
689	SZELEŹNIAK Monika	741		K40	22	00:00:46	00:31:34	00:57:35	01:26:50.05	01:27:36.95	+00:40:21	5:47	10.4
690	JEDLECKA Magdalena	288	LUB WYBIERZ Z LISTY	K40	23	00:00:50	00:32:52	00:58:50	01:26:52.45	01:27:43.20	+00:40:24	5:47	10.4
691	KOŁAKOWSKI Dariusz	344	KB.SPRINT.ŚWMDWN	M45	76	00:00:53	00:33:44	00:59:44	01:26:58.10	01:27:52.00	+00:40:29	5:47	10.3
692	KACZMAREK Zenon	298	KOŁOBRZESKI KLUB MORSÓW	M65	15	00:00:33	00:31:37	00:57:22	01:27:03.50	01:27:36.70	+00:40:35	5:48	10.3
693	HAPKE Piotr	240	WAŁECKA ŚCIEMA	M45	77	00:00:26	00:31:24	00:57:55	01:27:04.75	01:27:30.95	+00:40:36	5:48	10.3
694	SCHULZ Radek	665	3:33 TEAM	M45	78	00:00:19	00:30:40	00:57:13	01:27:07.80	01:27:27.60	+00:40:39	5:48	10.3
695	KANTOR Łukasz	309		M35	103	00:00:37	00:30:13	00:56:14	01:27:09.95	01:27:47.10	+00:40:41	5:48	10.3
696	PASZTOR Ania	552		K20	10	00:00:35	00:31:40	00:58:01	01:27:11.60	01:27:46.60	+00:40:43	5:48	10.3
697	SOBKOWIAK Magda	688	KURY Z WOLNEGO WYBIEGU .	K45	20	00:00:57	00:31:45	00:57:58	01:27:28.30	01:28:25.55	+00:41:00	5:49	10.3
698	ŻELAZEK Beata	885	KURY Z WOLNEGO WYBIEGU .	K45	21	00:00:56	00:31:46	00:57:58	01:27:28.80	01:28:25.75	+00:41:00	5:49	10.3
699	NAPIERAŁA Marcin	500		M35	104	00:01:01	00:33:34	01:00:05	01:27:29.75	01:28:31.05	+00:41:01	5:50	10.3
700	DROBEK Mateusz	153		M20	39	00:00:23	00:28:52	00:54:35	01:27:29.95	01:27:53.20	+00:41:01	5:50	10.3
701	MAŁETKA Piotr	902	TEAM COLBERG	M40	133	00:00:40	00:31:53	00:57:56	01:27:35.80	01:28:16.15	+00:41:07	5:50	10.3
702	BORECKI Stanisław	59	4RUN TEAM PIŁA	M60	32	00:00:30	00:33:21	01:00:05	01:27:42.35	01:28:12.75	+00:41:14	5:50	10.3
703	BAK Zbigniew	35	RUNNERSWALDE DARŁOWO	M35	105	00:00:34	00:31:32	00:58:30	01:27:50.05	01:28:24.15	+00:41:21	5:51	10.2
704	ELBIŃSKA-KRAWCZUK Monika	171		K40	24	00:00:52	00:32:43	00:59:05	01:27:51.15	01:28:43.60	+00:41:22	5:51	10.2
705	ADAMCZEWSKA Ewelina	2	MORYŃ	K35	24	00:00:35	00:31:44	00:58:51	01:27:59.05	01:28:34.90	+00:41:30	5:51	10.2
706	HRYNIEWICZ Andrzej	259		M55	42	00:00:52	00:32:44	00:59:17	01:28:00.10	01:28:52.15	+00:41:31	5:52	10.2
707	KARMELITA Ewa	313	ŁOBZONKA WYRZYSK	K60	2	00:00:11	00:31:41	00:58:19	01:28:01.60	01:28:13.20	+00:41:33	5:52	10.2
708	LOBA Jerzy	439		M65	16	00:01:04	00:33:04	00:59:24	01:28:03.25	01:29:07.50	+00:41:34	5:52	10.2
709	JASINOWSKA Emilia	284	GIMNAZJUM NR 2 W MIĘDZYCHODZIE	K65	1	00:00:16	00:31:01	00:57:37	01:28:22.00	01:28:38.20	+00:41:53	5:53	10.2
710	GRABOWSKI Marek	212		M50	44	00:00:25	00:32:00	00:59:00	01:28:23.00	01:28:48.65	+00:41:54	5:53	10.2
711	WIELGUS Marcin	952		M35	106	00:00:28	00:30:03	00:55:33	01:28:27.35	01:28:55.80	+00:41:59	5:53	10.2
712	WRONA Józef	891	PORTO-BRYGIER KRZYŻ	M75	2	00:00:41	00:32:54	00:59:32	01:28:46.25	01:29:27.95	+00:42:17	5:55	10.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
713	DAWIDOWSKA Magdalena	132		K35	25	00:00:51	00:32:12	00:59:12	01:29:02.25	01:29:53.75	+00:42:33	5:56	10.1
714	GRABOWSKA Elżbieta	210		K50	6	00:00:24	00:32:01	00:59:01	01:29:11.35	01:29:36.15	+00:42:43	5:56	10.1
715	BĘDZIAK Jerzy	938		M55	43	00:00:10	00:30:56	00:58:00	01:29:12.90	01:29:23.40	+00:42:44	5:56	10.1
716	GRZELAK Karina	225		K40	25	00:00:37	00:32:50	01:00:14	01:29:20.90	01:29:58.20	+00:42:52	5:57	10.1
717	GRZESIUK Anna	228		K40	26	00:00:50	00:33:59	01:00:32	01:29:22.70	01:30:13.00	+00:42:54	5:57	10.1
718	TRZECIAK Anna	782	KOŁOBRZEG BIEGA	K45	22	00:00:41	00:29:38	00:53:44	01:29:31.45	01:30:12.55	+00:43:03	5:58	10.1
719	KWOCZ Krzysztof	415	RUNGRYF	M50	45	00:01:03	00:32:19	00:59:27	01:29:33.05	01:30:36.15	+00:43:04	5:58	10.1
720	LIPERTOWICZ Adrianna	436	RUNGRYF GRYFICE	K40	27	00:01:02	00:32:21	00:59:28	01:29:33.55	01:30:36.25	+00:43:05	5:58	10
721	WOŹNIAK Jacek	127		M40	134	00:00:06	00:32:10	00:59:21	01:29:41.60	01:29:47.80	+00:43:13	5:58	10
722	KONOPIŃSKI Leszek	348	BIEGACZE ŚWINOJŚCIE	M60	33	00:00:41	00:31:41	00:59:02	01:29:45.05	01:30:26.75	+00:43:16	5:59	10
723	OLSZYK Tadeusz	525	BIEGACZE ŚWINOJŚCIE	M60	34	00:00:41	00:31:41	00:59:01	01:29:45.35	01:30:27.10	+00:43:17	5:59	10
724	PAWŁOWSKA Urszula	556		K30	35	00:01:00	00:33:37	01:00:30	01:29:48.40	01:30:49.00	+00:43:20	5:59	10
725	SIOŁA Danuta	671	GRA RUNNERS	K40	28	00:00:42	00:30:48	00:57:58	01:29:52.10	01:30:34.10	+00:43:23	5:59	10
726	KACZOR Piotr	300	GWEZDNA FLOTA MASZEWO	M40	135	00:00:29	00:32:56	01:00:38	01:29:56.90	01:30:26.70	+00:43:28	5:59	10
727	HANĆ Ryszard	238		M50	46	00:00:55	00:34:00	01:01:58	01:30:00.70	01:30:56.60	+00:43:32	6:00	10
728	GARGULIŃSKI Andrzej	186		M40	136	00:00:51	00:32:41	00:59:34	01:30:01.55	01:30:53.20	+00:43:33	6:00	10
729	LEKTARSKA Małgorzata	421		K35	26	00:00:21	00:32:11	00:59:03	01:30:05.00	01:30:26.70	+00:43:36	6:00	10
730	OKOŁO-KUŁAK Ola	940	GRABOWO	K45	23	00:00:28	00:33:23	01:00:33	01:30:08.60	01:30:36.70	+00:43:40	6:00	10
731	WAWRZYŃIAK Przemysław	805	3:33 TEAM	M50	47	00:00:20	00:31:40	00:58:31	01:30:12.00	01:30:32.10	+00:43:43	6:00	10
732	WAWRZYŃIAK Anna	806	3:33 TEAM	K35	27	00:00:19	00:31:32	00:58:58	01:30:12.10	01:30:31.70	+00:43:43	6:00	10
733	PYDYNOWSKA Elżbieta	602		K55	7	00:00:55	00:32:59	01:00:08	01:30:15.90	01:31:11.45	+00:43:47	6:01	10
734	DOMAŃSKA Katarzyna	149		K40	29	00:00:55	00:32:59	01:00:08	01:30:18.40	01:31:13.70	+00:43:50	6:01	10
735	WASIAK Sylwester	803	GWEZDNA FLOTA MASZEWO	M35	107	00:00:54	00:32:31	01:00:13	01:30:18.85	01:31:13.40	+00:43:50	6:01	10
736	REMPŁAKOWSKI Krzysztof	622	WE RUN	M40	137	00:00:21	00:32:07	00:59:33	01:30:20.65	01:30:42.55	+00:43:52	6:01	10
737	REMPŁAKOWSKA Małgorzata	621	WE RUN	K35	28	00:00:21	00:32:07	00:59:34	01:30:21.15	01:30:42.65	+00:43:52	6:01	10
738	PRZYCHÓDZKO Sebastian	841	KTC KOŁOBRZEG ŚMAT KÓŁEK	M35	108	00:00:32	00:32:53	01:00:36	01:30:26.20	01:30:58.20	+00:43:57	6:01	10
739	FIRLIK Mirosław	180		M50	48	00:01:02	00:33:14	00:59:05	01:30:29.45	01:31:32.15	+00:44:01	6:02	9.9
740	STYCZYŃSKI Rafał	722		M35	109	00:00:10	00:32:23	00:59:49	01:30:35.50	01:30:45.95	+00:44:07	6:02	9.9
741	JAWORSKI Szymon	287		M30	78	00:00:09	00:32:24	00:59:51	01:30:36.00	01:30:45.95	+00:44:07	6:02	9.9
742	RATAJEWSKA Agnieszka	615	FITOSKA	K35	29	00:00:22	00:31:17	00:58:57	01:30:36.70	01:30:58.80	+00:44:08	6:02	9.9
743	SKORUPA Justyna	675		K20	11	00:00:15	00:31:09	00:58:20	01:30:48.25	01:31:03.60	+00:44:19	6:03	9.9
744	MACKOJĆ Agnieszka	456	RUNGRYF	K45	24	00:00:45	00:33:07	01:00:15	01:30:48.85	01:31:33.95	+00:44:20	6:03	9.9
745	PAVLIUTKIN Aleksandr	553		M40	138	00:00:33	00:32:47	01:00:39	01:30:50.25	01:31:23.95	+00:44:21	6:03	9.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
746	BARYLSKI Grzegorz	31		M40	139	00:00:35	00:31:44	00:59:00	01:30:53.05	01:31:28.70	+00:44:24	6:03	9.9
747	MALINOWSKI Mariusz	463		M40	140	00:00:59	00:33:04	01:00:10	01:30:57.15	01:31:56.65	+00:44:28	6:03	9.9
748	UTRAJCZAK Daniel	792		M40	141	00:00:58	00:33:14	01:01:01	01:31:06.45	01:32:05.25	+00:44:38	6:04	9.9
749	KRUPINIEWICZ Antoni	384	SKORPION	M45	79	00:00:59	00:32:35	01:00:01	01:31:12.30	01:32:12.10	+00:44:44	6:04	9.9
750	RZOŃCA Izabela	655		K40	30	00:00:59	00:33:19	01:00:28	01:31:17.75	01:32:17.30	+00:44:49	6:05	9.9
751	KORCZ Sylwia	351	BEZA TEAM	K35	30	00:00:59	00:33:19	01:00:28	01:31:18.40	01:32:17.60	+00:44:50	6:05	9.9
752	HARNER Jacek	243		M30	79	00:00:39	00:31:39	00:58:42	01:31:19.40	01:31:59.25	+00:44:51	6:05	9.9
753	JABŁOŃSKA Katarzyna	262	FIZJOTERAPIA	K30	36	00:00:58	00:34:16	01:01:30	01:31:24.95	01:32:23.70	+00:44:56	6:05	9.8
754	KUBIK Monika	391		K40	31	00:01:01	00:34:14	01:01:07	01:31:26.30	01:32:27.80	+00:44:58	6:05	9.8
755	LEPERT Katarzyna	427		K30	37	00:00:43	00:33:15	01:00:49	01:31:38.30	01:32:22.25	+00:45:10	6:06	9.8
756	SŁOMSKI Zenon	682	KORZYBSKIE REKINY	M70	7	00:00:55	00:32:17	00:59:36	01:31:39.20	01:32:34.90	+00:45:10	6:06	9.8
757	HRYNIEWICZ Ewa	260		K55	8	00:00:50	00:32:53	01:00:43	01:31:40.00	01:32:30.85	+00:45:11	6:06	9.8
758	STYGAR Ewa	723		K40	32	00:00:36	00:33:13	01:01:01	01:31:40.65	01:32:16.85	+00:45:12	6:06	9.8
759	GASIEWICZ Roman	191		M50	49	00:00:50	00:34:26	01:01:57	01:31:42.45	01:32:33.05	+00:45:14	6:06	9.8
760	JABŁOŃSKI Robert	265	FIZJOTERAPIA	M45	80	00:00:58	00:34:15	01:01:30	01:31:43.00	01:32:41.65	+00:45:14	6:06	9.8
761	KAMIŃSKI Andrzej	308	NAKIELSKI KLUB BIEGACZA	M40	142	00:00:58	00:34:18	01:01:17	01:31:46.50	01:32:45.20	+00:45:18	6:07	9.8
762	GAŁKA Marcin	184		M35	110	00:00:08	00:32:16	01:00:25	01:31:47.50	01:31:55.80	+00:45:19	6:07	9.8
763	OŚWIĘCIMSKA Ewelina	537		K30	38	00:00:07	00:32:17	01:00:26	01:31:47.90	01:31:55.80	+00:45:19	6:07	9.8
764	BEDNARZ Katarzyna	38		K40	33	00:00:41	00:33:20	01:01:19	01:31:56.70	01:32:38.40	+00:45:28	6:07	9.8
765	CHROMICZ Katarzyna	101		K35	31	00:00:36	00:33:14	01:01:01	01:31:57.55	01:32:33.80	+00:45:29	6:07	9.8
766	GASIEWICZ Anna	190		K50	7	00:00:50	00:34:25	01:01:57	01:31:59.20	01:32:49.70	+00:45:30	6:07	9.8
767	SOKÓŁ Mirosław	696		M45	81	00:00:50	00:34:25	01:01:57	01:31:59.75	01:32:49.85	+00:45:31	6:07	9.8
768	SOKÓŁ Katarzyna	695		K45	25	00:00:49	00:34:26	01:01:58	01:31:59.95	01:32:49.70	+00:45:31	6:08	9.8
769	ŁUKASIK Małgorzata	446		K35	32	00:00:49	00:32:34	01:00:50	01:32:06.55	01:32:55.65	+00:45:38	6:08	9.8
770	RZYDUCH Piotr	656	RWT W BYDGOSZCZY	M40	143	00:00:40	00:33:16	01:01:05	01:32:10.70	01:32:51.55	+00:45:42	6:08	9.8
771	SIWEK Arleta	674	GWMEZDNA FLOTA MASZEWO	K35	33	00:00:30	00:33:12	01:01:26	01:32:16.30	01:32:46.70	+00:45:48	6:09	9.8
772	GRABOWSKI Krzysztof	958		M45	82	00:00:52	00:33:51	01:02:03	01:32:20.10	01:33:12.80	+00:45:51	6:09	9.7
773	CHAWZIUK Robert	91	PUSZCZYK BUKOWY	M55	44	00:00:48	00:33:49	01:01:53	01:32:30.95	01:33:19.65	+00:46:02	6:10	9.7
774	CHAWZIUK Magdalena	90	PUSZCZYK BUKOWY	K45	26	00:00:46	00:33:52	01:01:57	01:32:33.40	01:33:19.80	+00:46:05	6:10	9.7
775	PTASZYŃSKA Katarzyna	599	KOŁOBRZEG BIEGA	K60	3	00:00:42	00:33:53	01:02:02	01:32:36.45	01:33:18.75	+00:46:08	6:10	9.7
776	ZAMARLIK Tomasz	864	BARDZO FAJNY KLUB	M35	111	00:00:48	00:29:45	00:57:48	01:32:38.60	01:33:27.15	+00:46:10	6:10	9.7
777	JANKOWSKI Remigiusz	274		M35	112	00:00:59	00:32:25	01:00:40	01:32:39.40	01:33:39.30	+00:46:11	6:10	9.7
778	SKWARK Krzysztof	681		M40	144	00:00:33	00:31:56	00:59:24	01:32:39.45	01:33:13.35	+00:46:11	6:10	9.7
779	SZYMCZAK Monika	759		K30	39	00:00:16	00:32:02	01:00:38	01:32:46.95	01:33:02.95	+00:46:18	6:11	9.7
780	SOWA Krzysztof	699		M30	80	00:00:33	00:31:34	00:58:25	01:32:53.90	01:33:27.15	+00:46:25	6:11	9.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
781	ZIONTKOWSKA Jolanta	877		K55	9	00:00:55	00:33:59	01:01:58	01:33:02.25	01:33:58.20	+00:46:33	6:12	9.7
782	BRYNDZA Piotr	66		M40	145	00:00:49	00:32:31	01:02:01	01:33:08.70	01:33:58.00	+00:46:40	6:12	9.7
783	SADOWSKA Beata	657		K45	27	00:00:32	00:33:28	01:01:59	01:33:16.50	01:33:49.00	+00:46:48	6:13	9.6
784	OLEJNIK Marzena	520	NIEZRZESZONA	K45	28	00:00:17	00:33:43	01:02:05	01:33:26.50	01:33:44.25	+00:46:58	6:13	9.6
784	RZESZOTARSKI Jacek	907		M40	146	00:00:58	00:34:34	01:03:12	01:33:26.50	01:34:24.75	+00:46:58	6:13	9.6
786	DEPTA Paweł	141		M40	147	00:00:58	00:34:34	01:03:12	01:33:26.55	01:34:24.75	+00:46:58	6:13	9.6
787	SERKIS Piotr	942		M30	81	00:00:27	00:33:35	01:02:08	01:33:33.10	01:34:01.00	+00:47:04	6:14	9.6
788	NOWACZYK Dorota	505		K45	29	00:00:37	00:33:05	01:01:47	01:33:41.15	01:34:19.05	+00:47:12	6:14	9.6
789	BYKOWSKI Bogdan	87	BRACTWO BIEGACZY ZIELONA GORA	M65	17	00:00:46	00:32:05	00:59:42	01:33:51.95	01:34:38.65	+00:47:23	6:15	9.6
790	MIEKCZYNSKA Marta	487	KB.SPRINT.ŚWMDWN	K35	34	00:00:21	00:33:01	01:01:29	01:34:01.15	01:34:22.35	+00:47:32	6:16	9.6
791	SZCZYGIELSKI Michał	739		M30	82	00:00:43	00:34:31	01:03:07	01:34:02.20	01:34:46.00	+00:47:33	6:16	9.6
792	BIERNACKI Rene	48		M70	8	00:00:57	00:35:03	01:03:37	01:34:14.75	01:35:12.65	+00:47:46	6:17	9.5
793	SERAFIN Justyna	956		K30	40	00:01:00	00:33:38	01:02:07	01:34:20.05	01:35:20.90	+00:47:51	6:17	9.5
794	HEJŁASZ Katarzyna	939		K35	35	00:01:00	00:33:38	01:02:08	01:34:20.45	01:35:21.00	+00:47:52	6:17	9.5
795	FILIPCZYK Mieczysław	178	NIEZRZESZONY	M55	45	00:00:12	00:32:12	01:00:50	01:34:30.25	01:34:42.55	+00:48:01	6:18	9.5
796	HNAT Rafał	249	RUNNERS OF WAŁCZ	M45	83	00:00:25	00:29:55	00:59:49	01:34:30.50	01:34:56.35	+00:48:02	6:18	9.5
797	CHOŚCIŃSKA Agnieszka	99	HAIRBOX	K40	34	00:00:34	00:34:24	01:02:39	01:34:41.50	01:35:15.95	+00:48:13	6:18	9.5
798	ŻABCZAK Jakub	883	POZNANIANKA	M40	148	00:00:51	00:35:13	01:03:56	01:34:43.85	01:35:34.90	+00:48:15	6:18	9.5
798	MASZEROWSKA Marta	472	POZNANIANKA	K40	35	00:00:50	00:35:14	01:03:57	01:34:43.85	01:35:34.65	+00:48:15	6:18	9.5
800	BELL Ewa	39		K35	36	00:00:57	00:34:45	01:03:35	01:34:46.95	01:35:44.65	+00:48:18	6:19	9.5
801	WALTER Elias	945	GRABOWO	M20	40	00:00:25	00:31:22	01:00:48	01:34:55.10	01:35:20.75	+00:48:26	6:19	9.5
802	KUPREWICZ Grzegorz	406	JW1223	M30	83	00:00:13	00:33:56	01:03:23	01:35:01.05	01:35:14.75	+00:48:32	6:20	9.5
803	KOLIKOW Antoni	959		M16	10	00:00:14	00:35:39	01:04:05	01:35:13.65	01:35:28.25	+00:48:45	6:20	9.5
804	DMITRUK Andrzej	145		M50	50	00:00:24	00:31:49	01:00:31	01:35:34.35	01:35:58.50	+00:49:06	6:22	9.4
805	PASEK Paula	548		K30	41	00:00:38	00:34:04	01:03:35	01:35:40.15	01:36:19.10	+00:49:11	6:22	9.4
806	LESZCZYŃSKI Roman	428	SO-BIEBIE-GAM	M65	18	00:00:50	00:33:03	01:02:09	01:35:46.15	01:36:36.35	+00:49:17	6:23	9.4
807	KURCZ Barbara	409	BABECZKI KOSZALIN	K45	30	00:00:59	00:34:50	01:03:57	01:35:55.35	01:36:54.65	+00:49:27	6:23	9.4
808	WIELIŃSKI Krzysztof	814	KB HERMES GRYFINO	M65	19	00:00:56	00:35:26	01:04:34	01:36:15.60	01:37:11.70	+00:49:47	6:25	9.4
809	SALITA Lech	661	ALTOM GNIEZNO	M55	46	00:00:51	00:35:00	01:05:25	01:36:23.35	01:37:14.90	+00:49:55	6:25	9.3
810	BURCHARDT Mirka	83	RWT W BYDGOSZCZY	K65	2	00:00:40	00:32:51	01:02:46	01:36:25.40	01:37:05.60	+00:49:57	6:25	9.3
811	ZAPIEC Aniela	865		K60	4	00:00:31	00:34:10	01:03:27	01:36:34.70	01:37:06.20	+00:50:06	6:26	9.3
812	WŁODARCZYK Agnieszka	830		K30	42	00:00:37	00:37:29	01:06:08	01:36:40.85	01:37:18.50	+00:50:12	6:26	9.3
813	KUHN-ZAWADZKA Joanna	398	KRÓLICZKI W PLECAKU	K35	37	00:00:47	00:34:04	01:06:34	01:36:44.55	01:37:31.70	+00:50:16	6:26	9.3
814	BRZOSTWOSKA Ewa	72	KB BRYZA POSTOMINO	K35	38	00:00:23	00:33:03	01:02:28	01:36:46.85	01:37:10.80	+00:50:18	6:27	9.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
815	ODWROT-LEGAWIEC Barbara	515	3:33 TEAM	K40	36	00:00:40	00:35:22	01:04:21	01:36:51.20	01:37:31.35	+00:50:22	6:27	9.3
816	ŁUKASZYK Eliza	449	HAIRBOX	K30	43	00:00:31	00:33:06	01:03:23	01:36:51.35	01:37:22.40	+00:50:23	6:27	9.3
817	WOŹNIAK Stanisław	849		M65	20	00:00:44	00:33:44	01:03:16	01:36:59.60	01:37:44.30	+00:50:31	6:28	9.3
818	KOLASA Tomasz	343		M45	84	00:00:43	00:33:46	01:03:17	01:37:00.60	01:37:44.50	+00:50:32	6:28	9.3
819	WAŚOWICZ Anna	807		K35	39	00:01:01	00:34:48	01:04:00	01:37:03.90	01:38:05.70	+00:50:35	6:28	9.3
820	WORONA Przemek	846	NIERZESZONY	M35	113	00:01:00	00:34:15	01:03:27	01:37:16.10	01:38:16.65	+00:50:47	6:29	9.3
821	MACIEJEWSKA Anna	906		K40	37	00:00:42	00:34:37	01:04:14	01:37:22.00	01:38:04.10	+00:50:53	6:29	9.2
822	JÓZWICKA Aneta	291		K40	38	00:00:31	00:35:01	01:04:54	01:37:26.90	01:37:58.80	+00:50:58	6:29	9.2
823	WOSZCZYK Renata	847		K35	40	00:00:31	00:35:00	01:04:54	01:37:26.95	01:37:58.35	+00:50:58	6:29	9.2
824	KOZŁOWSKA Kinga	368		K35	41	00:00:58	00:34:36	01:04:00	01:37:36.20	01:38:34.40	+00:51:07	6:30	9.2
825	SOBUŚ Jacek	690	JESTESMYFAJNI.PL	M30	84	00:00:50	00:34:58	01:06:23	01:37:42.95	01:38:33.55	+00:51:14	6:30	9.2
826	LEŚNIEWSKI Dominik	900	RAMS TRAINING HOUSE	M30	85	00:00:43	00:34:20	01:04:18	01:37:48.75	01:38:31.85	+00:51:20	6:31	9.2
827	CSULITS Claudia	115		K45	31	00:00:45	00:34:21	01:04:09	01:37:55.60	01:38:41.00	+00:51:27	6:31	9.2
828	ROLINSKI Jan	627	FINISH LINERS	M35	114	00:01:06	00:34:36	01:03:49	01:38:01.35	01:39:07.75	+00:51:33	6:32	9.2
829	MANOWSKI Andrzej	466	DENTSU AEGIS RUNNERS	M45	85	00:00:39	00:32:34	01:03:37	01:38:02.70	01:38:41.95	+00:51:34	6:32	9.2
830	KAINTOCH David	304	FINISH LINERS	M35	115	00:01:04	00:34:37	01:03:50	01:38:02.85	01:39:07.65	+00:51:34	6:32	9.2
831	TUDRUJ Andrzej	784		M40	149	00:00:20	00:32:30	01:02:46	01:39:13.35	01:39:33.75	+00:52:45	6:36	9.1
832	WÓDCZAK Katarzyna	850	KB BRYZA POSTOMINO	K20	12	00:00:32	00:35:33	01:06:03	01:39:22.65	01:39:54.95	+00:52:54	6:37	9.1
833	SIKORA Tomasz	670		M55	47	00:00:16	00:34:51	01:06:00	01:39:27.05	01:39:43.40	+00:52:58	6:37	9
834	SOWIŃSKI Janusz	701	KB BRYZA POSTOMINO	M55	48	00:00:45	00:32:36	01:03:05	01:39:35.65	01:40:21.00	+00:53:07	6:38	9
835	NOWICKI Sławomir	511		M55	49	00:00:47	00:35:43	01:06:15	01:40:17.15	01:41:04.15	+00:53:48	6:41	9
836	KOSTRZEWA Joanna	359	SZWŁA	K35	42	00:00:46	00:35:44	01:06:16	01:40:17.25	01:41:03.65	+00:53:48	6:41	9
837	MALINOWSKA Anna	948	GRABOWO	K35	43	00:00:26	00:38:10	01:07:27	01:40:28.90	01:40:55.65	+00:54:00	6:41	9
838	SZARYŃSKA Natalia	730	IRONMAN	K16	2	00:00:07	00:33:41	01:05:14	01:40:44.85	01:40:52.15	+00:54:16	6:43	8.9
839	DRZEWIECKA Agnieszka	154	PARKRUN ŚWIMNOUJŚCIE	K45	32	00:00:52	00:33:27	01:01:04	01:40:53.20	01:41:45.95	+00:54:24	6:43	8.9
840	ZAKRZEWSKI Tadeusz	863		M60	35	00:00:04	00:33:29	01:04:58	01:41:52.25	01:41:56.65	+00:55:23	6:47	8.8
841	GAŁUSZKA Marcin	909	FINISZ MORĄG	M35	116	00:00:08	00:32:11	01:03:41	01:41:57.30	01:42:06.15	+00:55:29	6:47	8.8
842	DUSZA Anna	165		K45	33	00:00:43	00:35:49	01:07:28	01:41:58.75	01:42:42.25	+00:55:30	6:47	8.8
843	MURAWSKI Waldemar	496		M65	21	00:00:28	00:35:38	01:07:40	01:42:01.55	01:42:29.75	+00:55:33	6:48	8.8
844	KULA Szymon	401		M40	150	00:00:43	00:36:16	01:07:26	01:42:05.65	01:42:49.50	+00:55:37	6:48	8.8
845	CHODOROWSKA Agnieszka	93	NIE ZRZESZONA	K45	34	00:00:25	00:36:09	01:07:58	01:42:26.60	01:42:51.65	+00:55:58	6:49	8.8
846	JAMROŻY Jagoda	271		K20	13	00:00:31	00:35:26	01:06:49	01:43:03.35	01:43:34.55	+00:56:35	6:52	8.7
847	CWAJDA Karolina	116		K20	14	00:00:33	00:38:45	01:10:21	01:43:08.85	01:43:42.60	+00:56:40	6:52	8.7
848	SKOWROŃSKA Dominika	897		K16	3	00:00:24	00:37:23	01:08:05	01:43:30.70	01:43:54.85	+00:57:02	6:54	8.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
849	SKOWROŃSKA Anna	677		K40	39	00:00:23	00:37:23	01:08:06	01:43:38.85	01:44:02.75	+00:57:10	6:54	8.7
850	JURCZAK Jarosław	293	KS HANZA GOLENIÓW	M60	36	00:00:32	00:35:49	01:07:49	01:43:39.65	01:44:12.55	+00:57:11	6:54	8.7
851	SCHMIDT Dariusz	664		M50	51	00:01:01	00:35:36	01:06:51	01:43:41.55	01:44:43.30	+00:57:13	6:54	8.7
852	MICHALSKA Agnieszka	482		K55	10	00:00:53	00:36:05	01:08:07	01:43:54.65	01:44:48.50	+00:57:26	6:55	8.7
853	GUZOWSKA Iwona	235	KS UZNAM	K50	8	00:00:53	00:36:05	01:08:07	01:43:55.15	01:44:48.75	+00:57:26	6:55	8.7
854	KLESZCZ Bożena	335		K40	40	00:00:51	00:36:15	01:08:54	01:43:59.55	01:44:50.90	+00:57:31	6:55	8.7
855	BUDZYŃSKA Elżbieta	78	BBL SŁUPSK	K50	9	00:00:31	00:34:57	01:07:02	01:43:59.80	01:44:31.45	+00:57:31	6:56	8.7
856	KLESZCZ Adam	336		M40	151	00:00:51	00:36:14	01:08:46	01:44:00.35	01:44:51.95	+00:57:32	6:56	8.7
857	SZCZYGIELSKA Aleksandra	737		K35	44	00:00:39	00:36:36	01:08:43	01:44:10.90	01:44:50.00	+00:57:42	6:56	8.6
858	BRZEZIŃSKI Łukasz	71		M20	41	00:00:24	00:34:09	01:06:16	01:44:21.35	01:44:45.70	+00:57:53	6:57	8.6
859	BRZESKA Magdalena	68		K20	15	00:00:33	00:38:45	01:10:34	01:44:37.20	01:45:11.05	+00:58:08	6:58	8.6
860	WENCLAW-JUSZCZAK Marta	912		K40	41	00:01:01	00:37:08	01:10:13	01:46:33.60	01:47:35.05	+01:00:05	7:06	8.4
861	KRYSA Krystian	386		M16	11	00:00:52	00:36:20	01:09:15	01:46:43.30	01:47:35.40	+01:00:15	7:06	8.4
862	KRYSA Krzysztof	385		M45	86	00:00:52	00:36:20	01:09:15	01:46:43.50	01:47:36.20	+01:00:15	7:06	8.4
863	KACZMAREK Ewa	299		K35	45	00:00:58	00:35:39	01:10:11	01:47:26.35	01:48:24.95	+01:00:58	7:09	8.4
864	MACIEJEWSKA Grażyna	452	SZWLA	K55	11	00:00:48	00:38:25	01:11:21	01:47:30.85	01:48:18.90	+01:01:02	7:10	8.4
865	DERENOWSKA Stefania	142	RUNGRYF	K50	10	00:00:45	00:38:09	01:11:03	01:47:38.90	01:48:24.45	+01:01:10	7:10	8.4
866	RAMA Ewa	610		K50	11	00:01:02	00:37:08	01:10:15	01:47:40.95	01:48:43.05	+01:01:12	7:10	8.4
867	LEGAWIEC Paweł	420	3:33 TEAM	M45	87	00:00:40	00:37:29	01:10:34	01:47:47.35	01:48:27.40	+01:01:19	7:11	8.4
868	KĘDZIERSKI Jarek	322		M45	88	00:00:22	00:35:16	01:08:13	01:47:56.75	01:48:19.25	+01:01:28	7:11	8.3
869	KOPCEWICZ Henryk	349	CROWN GOLENIOW	M60	37	00:00:55	00:37:19	01:10:49	01:49:44.10	01:50:40.05	+01:03:15	7:19	8.2
870	PASEK Jan	549		M60	38	00:00:12	00:37:46	01:12:47	01:51:28.50	01:51:41.35	+01:05:00	7:25	8.1
871	BORKOWSKA Ewa	61		K65	3	00:00:47	00:39:34	01:14:03	01:52:50.15	01:53:37.35	+01:06:21	7:31	8
872	BOMAK Dorota	57		K30	44	00:00:37	00:37:50	01:12:25	01:54:36.85	01:55:14.45	+01:08:08	7:38	7.9
873	SZCZEBLEWSKI Józef	732		M60	39	00:00:04	00:40:09	01:15:19	01:55:59.95	01:56:04.65	+01:09:31	7:44	7.8
874	MACIEJEWSKI Henryk	453	SZWLA	M75	3	00:00:47	00:39:26	01:16:18	01:57:07.55	01:57:55.10	+01:10:39	7:48	7.7
875	MORAWSKA Monika	491		K40	42	00:01:05	00:43:55	01:45:03	02:13:57.70	02:15:02.80	+01:27:29	8:55	6.7
876	ROSIŃSKA Janina	633		K70+	1	00:00:05	00:45:47	01:28:52	02:14:44.80	02:14:50.10	+01:28:16	8:59	6.7
	REKOWSKI Adam	617	PLK S.A. CENTRALA	M55		DNF	DNF	DNF	DNF	DNF	-	-	-

Znaleziono 877 wynik(ów)