



**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

Stowarzyszenie "Bieg Zaślubin"  
2017-03-12  
Kołobrzeg  
15 km

B4SPORT



Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	WROTECKA Katarzyna	851	4RUN TEAM PIŁA	K30	1	00:00:05	00:24:11	00:42:08	01:02:26.95	01:02:32.35		4:09	14.4 (100%)
2	PAPIERSKA Iwona	545		K30	2	00:00:19	00:24:10	00:42:05	01:02:39.50	01:02:59.45	+00:00:12 (0.3%)	4:10	14.4 (100%)
3	WOJTYŚ Karolina	840		K30	3	00:00:07	00:24:34	00:43:19	01:04:47.00	01:04:54.80	+00:02:20 (3.6%)	4:19	13.9 (96.5%)
4	SZULC Kamila	753		K30	4	00:00:06	00:25:20	00:45:10	01:08:00.95	01:08:07.80	+00:05:34 (8.2%)	4:32	13.2 (91.7%)
5	SZABLA Ewelina	729		K30	5	00:00:12	00:25:44	00:46:23	01:09:45.50	01:09:57.75	+00:07:18 (10.5%)	4:39	12.9 (89.6%)
6	STORCZYK-RAK Agnieszka	717		K30	6	00:00:37	00:26:18	00:46:54	01:10:04.35	01:10:41.70	+00:07:37 (10.9%)	4:40	12.8 (88.9%)
7	KURKOWSKA Magdalena	925		K30	7	00:00:19	00:26:03	00:46:39	01:10:14.55	01:10:34.35	+00:07:47 (11.1%)	4:41	12.8 (88.9%)
8	KUCZER Agata	396		K30	8	00:00:23	00:27:13	00:47:33	01:10:38.50	01:11:01.75	+00:08:11 (11.6%)	4:42	12.7 (88.2%)
9	PACZYŃSKA Joanna	540		K30	9	00:00:33	00:26:39	00:47:28	01:11:45.60	01:12:18.60	+00:09:18 (13.0%)	4:47	12.5 (86.8%)
10	KLIMAS Agnieszka	337	RUNGRYF GRYFICE	K30	10	00:00:24	00:26:34	00:47:57	01:11:53.50	01:12:17.55	+00:09:26 (13.1%)	4:47	12.5 (86.8%)
11	KOSECKA Katarzyna	904	KB WYGAN	K30	11	00:00:13	00:27:29	00:48:46	01:12:34.50	01:12:47.65	+00:10:07 (14.0%)	4:50	12.4 (86.1%)
12	ROGANOWSKA Danuta	624	ROZBIEGANY KOSZALIN	K30	12	00:00:21	00:27:45	00:49:00	01:13:07.00	01:13:28.30	+00:10:40 (14.6%)	4:52	12.3 (85.4%)
13	NOWAK Klaudia	509	ROZBIEGANY GOLENIÓW	K30	13	00:00:15	00:27:17	00:49:04	01:13:09.30	01:13:24.95	+00:10:42 (14.6%)	4:52	12.3 (85.4%)
14	TUCHORSKA Julita	783		K30	14	00:00:12	00:27:01	00:48:49	01:13:43.50	01:13:56.10	+00:11:16 (15.3%)	4:54	12.2 (84.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
15	BRZEZICKA Kornelia	69		K30	15	00:00:11	00:27:38	00:49:26	01:14:09.35	01:14:21.30	+00:11:42 (15.8%)	4:56	12.1 (84.0%)
16	MAKSYMOWICZ Kornelia	460		K30	16	00:00:25	00:27:43	00:49:23	01:14:23.15	01:14:48.40	+00:11:56 (16.0%)	4:57	12.1 (84.0%)
17	DUDZIK Karolina	162		K30	17	00:00:44	00:28:35	00:51:21	01:15:41.00	01:16:25.00	+00:13:14 (17.5%)	5:02	11.9 (82.6%)
18	OGRODOWICZ Kasia	517	KAMIEŃ POM	K30	18	00:00:19	00:28:00	00:50:22	01:16:18.65	01:16:37.80	+00:13:51 (18.2%)	5:05	11.8 (81.9%)
19	RATAJCZYK Monika	614		K30	19	00:00:33	00:28:16	00:50:43	01:16:44.30	01:17:17.90	+00:14:17 (18.6%)	5:06	11.7 (81.3%)
20	ZŁOTNICKA-BŁASZCZYK Marta	879		K30	20	00:00:36	00:28:03	00:50:24	01:17:03.85	01:17:40.70	+00:14:36 (19.0%)	5:08	11.7 (81.3%)
21	GLOWACKA Daria	202		K30	21	00:18:32	00:30:18	00:50:23	01:17:52.80	01:36:24.80	+00:15:25 (19.8%)	5:11	11.6 (80.6%)
22	SZCZETYŃSKA Karolina	735		K30	22	00:01:00	00:30:33	00:53:59	01:18:12.20	01:19:12.55	+00:15:45 (20.1%)	5:12	11.5 (79.9%)
23	WIŚNIEWSKA Magdalena	824		K30	23	00:00:45	00:29:36	00:53:11	01:18:48.55	01:19:34.25	+00:16:21 (20.8%)	5:15	11.4 (79.2%)
24	SAJNÓG Joanna	659	KOŁOBRZEG MARATON TEAM	K30	24	00:00:48	00:30:00	00:53:58	01:19:42.50	01:20:31.15	+00:17:15 (21.7%)	5:18	11.3 (78.5%)
25	WROTECKA Emilia	852		K30	25	00:00:18	00:29:17	00:52:58	01:19:50.60	01:20:09.15	+00:17:23 (21.8%)	5:19	11.3 (78.5%)
26	PARADOWSKA Ewelina	546	ZA - BIEGANE BABECZKI. NOWOGARD	K30	26	00:00:34	00:31:18	00:55:28	01:20:47.40	01:21:21.60	+00:18:20 (22.7%)	5:23	11.1 (77.1%)
27	ROSA Malwina	632		K30	27	00:00:44	00:30:16	00:54:15	01:21:23.40	01:22:07.90	+00:18:56 (23.3%)	5:25	11.1 (77.1%)
28	WIERZBICKA Agata	815		K30	28	00:00:19	00:30:15	00:55:20	01:22:40.70	01:23:00.65	+00:20:13 (24.5%)	5:30	10.9 (75.7%)
29	ŻUKOWSKA Małgorzata	888	NTS	K30	29	00:00:38	00:30:04	00:54:21	01:22:55.20	01:23:34.10	+00:20:28 (24.7%)	5:31	10.9 (75.7%)
30	PAPACZEK Małgorzata	544		K30	30	00:01:02	00:33:08	00:57:37	01:23:45.20	01:24:47.60	+00:21:18 (25.4%)	5:35	10.7 (74.3%)
31	CZARNECKA Teresa	121		K30	31	00:00:31	00:30:01	00:55:41	01:24:32.30	01:25:03.35	+00:22:05 (26.1%)	5:38	10.6 (73.6%)
32	LENKIEWICZ Marta	426	AT-AKTYWNY TRZEBIATÓW	K30	32	00:00:41	00:31:26	00:57:16	01:25:26.20	01:26:07.75	+00:22:59 (26.9%)	5:41	10.5 (72.9%)
33	KORCZYK Joanna	352	KOŁOBRZESKIE TOWARZYSTWA CYKLISTÓW	K30	33	00:00:53	00:32:12	00:58:22	01:26:04.25	01:26:57.50	+00:23:37 (27.4%)	5:44	10.5 (72.9%)
34	OGRODOWCZYK Jagoda	516		K30	34	00:00:43	00:31:03	00:57:03	01:26:23.35	01:27:06.75	+00:23:56 (27.7%)	5:45	10.4 (72.2%)
35	PAWŁOWSKA Urszula	556		K30	35	00:01:00	00:33:37	01:00:30	01:29:48.40	01:30:49.00	+00:27:21 (30.5%)	5:59	10 (69.4%)
36	JABŁOŃSKA Katarzyna	262	FIZJOTERAPIA	K30	36	00:00:58	00:34:16	01:01:30	01:31:24.95	01:32:23.70	+00:28:58 (31.7%)	6:05	9.8 (68.1%)
37	LEPPERT Katarzyna	427		K30	37	00:00:43	00:33:15	01:00:49	01:31:38.30	01:32:22.25	+00:29:11 (31.9%)	6:06	9.8 (68.1%)

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38	<b>OŚWIĘCIMSKA Ewelina</b>	<b>537</b>		K30	38	00:00:07	00:32:17	01:00:26	<b>01:31:47.90</b>	<b>01:31:55.80</b>	+00:29:20 (32.0%)	6:07	9.8 (68.1%)
39	<b>SZYMCZAK Monika</b>	<b>759</b>		K30	39	00:00:16	00:32:02	01:00:38	<b>01:32:46.95</b>	<b>01:33:02.95</b>	+00:30:20 (32.7%)	6:11	9.7 (67.4%)
40	<b>SERAFIN Justyna</b>	<b>956</b>		K30	40	00:01:00	00:33:38	01:02:07	<b>01:34:20.05</b>	<b>01:35:20.90</b>	+00:31:53 (33.8%)	6:17	9.5 (66.0%)
41	<b>PASEK Paula</b>	<b>548</b>		K30	41	00:00:38	00:34:04	01:03:35	<b>01:35:40.15</b>	<b>01:36:19.10</b>	+00:33:13 (34.7%)	6:22	9.4 (65.3%)
42	<b>WŁODARCZYK Agnieszka</b>	<b>830</b>		K30	42	00:00:37	00:37:29	01:06:08	<b>01:36:40.85</b>	<b>01:37:18.50</b>	+00:34:13 (35.4%)	6:26	9.3 (64.6%)
43	<b>ŁUKASZYK Eliza</b>	<b>449</b>	HAIRBOX	K30	43	00:00:31	00:33:06	01:03:23	<b>01:36:51.35</b>	<b>01:37:22.40</b>	+00:34:24 (35.5%)	6:27	9.3 (64.6%)
44	<b>BOMAK Dorota</b>	<b>57</b>		K30	44	00:00:37	00:37:50	01:12:25	<b>01:54:36.85</b>	<b>01:55:14.45</b>	+00:52:09 (45.5%)	7:38	7.9 (54.9%)

Znaleziono 44 wynik(ów)