



**Organizator:** Stowarzyszenie "Bieg Zaślubin"  
**Data:** 2017-03-12  
**Miejsce:** Kołobrzeg  
**Dystans:** 15 km

## XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT



Klasyfikacja: K35

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	<b>FIŁONOWICZ Monika</b>	<b>179</b>		K35	1	00:00:10	00:25:21	00:45:14	<b>01:08:14.50</b>	<b>01:08:25.10</b>		4:33	13.2 (100%)
2	<b>GRABSZTUNOWICZ Małgorzata</b>	<b>215</b>	NIEZRZESZONA	K35	2	00:00:13	00:25:37	00:45:52	<b>01:09:31.00</b>	<b>01:09:44.50</b>	+00:01:16 (1.8%)	4:38	12.9 (97.7%)
3	<b>HASS Anita</b>	<b>244</b>	E-FIZJO	K35	3	00:00:09	00:26:48	00:47:53	<b>01:12:16.30</b>	<b>01:12:25.95</b>	+00:04:01 (5.6%)	4:49	12.5 (94.7%)
4	<b>KULINICZ Agnieszka</b>	<b>403</b>	ROZBIEGANY GOLENIÓW	K35	4	00:00:16	00:27:38	00:49:12	<b>01:13:04.45</b>	<b>01:13:21.05</b>	+00:04:49 (6.6%)	4:52	12.3 (93.2%)
5	<b>KULCZYK Katarzyna</b>	<b>402</b>	KB BRYZA POSTOMINO	K35	5	00:00:23	00:28:18	00:50:48	<b>01:15:29.45</b>	<b>01:15:52.75</b>	+00:07:14 (9.6%)	5:01	11.9 (90.2%)
6	<b>GÓRECKA-MITORAJ Justyna</b>	<b>208</b>	MAMY TO !	K35	6	00:00:25	00:27:33	00:50:08	<b>01:15:42.90</b>	<b>01:16:08.25</b>	+00:07:28 (9.9%)	5:02	11.9 (90.2%)
7	<b>BORKOWSKA-KOWALCZYK Daria</b>	<b>62</b>	WOMEN'S FIGHT CLUB KOSZALIN	K35	7	00:00:10	00:27:49	00:50:51	<b>01:18:32.15</b>	<b>01:18:42.25</b>	+00:10:17 (13.1%)	5:14	11.5 (87.1%)
8	<b>BŁAŻEWICZ Marta</b>	<b>53</b>		K35	8	00:00:55	00:29:38	00:52:37	<b>01:18:36.70</b>	<b>01:19:31.80</b>	+00:10:22 (13.2%)	5:14	11.5 (87.1%)
9	<b>GRABOWSKA-LESISZ Aneta</b>	<b>211</b>		K35	9	00:00:21	00:28:03	00:51:49	<b>01:18:52.40</b>	<b>01:19:14.10</b>	+00:10:37 (13.5%)	5:15	11.4 (86.4%)
10	<b>KUROWSKA Izabela</b>	<b>949</b>	FITOKA	K35	10	00:00:22	00:30:07	00:53:25	<b>01:18:59.90</b>	<b>01:19:22.60</b>	+00:10:45 (13.6%)	5:16	11.4 (86.4%)
11	<b>BĄCZYK Monika</b>	<b>33</b>	MONIA TEAM	K35	11	00:00:46	00:29:33	00:52:48	<b>01:19:27.85</b>	<b>01:20:14.25</b>	+00:11:13 (14.1%)	5:17	11.3 (85.6%)
12	<b>MIGALSKA STANKIEWICZ Lucyna</b>	<b>489</b>		K35	12	00:00:30	00:28:49	00:52:55	<b>01:19:43.75</b>	<b>01:20:14.05</b>	+00:11:29 (14.4%)	5:18	11.3 (85.6%)
13	<b>PTAK Katarzyna</b>	<b>954</b>		K35	13	00:00:22	00:28:46	00:52:49	<b>01:20:29.15</b>	<b>01:20:51.55</b>	+00:12:14 (15.2%)	5:21	11.2 (84.8%)
14	<b>BARTECKA Ewelina</b>	<b>28</b>	KUNA KOWANÓWKO	K35	14	00:00:27	00:30:37	00:54:35	<b>01:20:40.10</b>	<b>01:21:07.80</b>	+00:12:25 (15.4%)	5:22	11.2 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
15	<b>KRAWCZYK Nata</b>	<b>378</b>	RUN NATKA	K35	15	00:00:40	00:30:03	00:54:04	<b>01:20:53.60</b>	<b>01:21:34.15</b>	+00:12:39 (15.6%)	5:23	11.1 (84.1%)
16	<b>SZUBERT Agnieszka</b>	<b>750</b>	KOŁOBRZEG BIEGA	K35	16	00:00:44	00:31:36	00:56:06	<b>01:22:15.75</b>	<b>01:23:00.30</b>	+00:14:01 (17.0%)	5:29	10.9 (82.6%)
17	<b>WRÓBLEWICZ Irena</b>	<b>853</b>	NAKIELSKI KLUB BIEGACZA	K35	17	00:00:40	00:30:26	00:55:05	<b>01:22:17.20</b>	<b>01:22:58.15</b>	+00:14:02 (17.1%)	5:29	10.9 (82.6%)
18	<b>TRZEBA Monika</b>	<b>780</b>		K35	18	00:00:18	00:29:57	00:54:58	<b>01:23:34.55</b>	<b>01:23:52.55</b>	+00:15:20 (18.3%)	5:34	10.8 (81.8%)
19	<b>MACIĄŻEK Renata</b>	<b>451</b>		K35	19	00:00:49	00:31:45	00:56:50	<b>01:23:36.15</b>	<b>01:24:26.05</b>	+00:15:21 (18.4%)	5:34	10.8 (81.8%)
20	<b>MAZUREK Barbara</b>	<b>475</b>	BABECZKI KOSZALIN	K35	20	00:00:59	00:30:14	00:55:35	<b>01:23:51.70</b>	<b>01:24:50.95</b>	+00:15:37 (18.6%)	5:35	10.7 (81.1%)
21	<b>ŁĄCZAK Justyna</b>	<b>419</b>	ASSECO ACTIVE TEAM	K35	21	00:00:30	00:30:04	00:55:07	<b>01:24:15.50</b>	<b>01:24:45.50</b>	+00:16:01 (19.0%)	5:37	10.7 (81.1%)
22	<b>GZELA Olga</b>	<b>236</b>	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K35	22	00:00:15	00:30:05	00:55:53	<b>01:24:34.70</b>	<b>01:24:50.10</b>	+00:16:20 (19.3%)	5:38	10.6 (80.3%)
23	<b>SUPROŃ Izabela</b>	<b>726</b>		K35	23	00:00:21	00:30:21	00:55:43	<b>01:25:08.00</b>	<b>01:25:29.05</b>	+00:16:53 (19.8%)	5:40	10.6 (80.3%)
24	<b>ADAMCZEWSKA Ewelina</b>	<b>2</b>	MORYŃ	K35	24	00:00:35	00:31:44	00:58:51	<b>01:27:59.05</b>	<b>01:28:34.90</b>	+00:19:44 (22.4%)	5:51	10.2 (77.3%)
25	<b>DAWIDOWSKA Magdalena</b>	<b>132</b>		K35	25	00:00:51	00:32:12	00:59:12	<b>01:29:02.25</b>	<b>01:29:53.75</b>	+00:20:47 (23.4%)	5:56	10.1 (76.5%)
26	<b>LEKTARSKA Małgorzata</b>	<b>421</b>		K35	26	00:00:21	00:32:11	00:59:03	<b>01:30:05.00</b>	<b>01:30:26.70</b>	+00:21:50 (24.2%)	6:00	10 (75.8%)
27	<b>WAWRZYNIAK Anna</b>	<b>806</b>	3:33 TEAM	K35	27	00:00:19	00:31:32	00:58:58	<b>01:30:12.10</b>	<b>01:30:31.70</b>	+00:21:57 (24.3%)	6:00	10 (75.8%)
28	<b>REMLAKOWSKA Małgorzata</b>	<b>621</b>	WE RUN	K35	28	00:00:21	00:32:07	00:59:34	<b>01:30:21.15</b>	<b>01:30:42.65</b>	+00:22:06 (24.5%)	6:01	10 (75.8%)
29	<b>RATAJEWSKA Agnieszka</b>	<b>615</b>	FITOSKA	K35	29	00:00:22	00:31:17	00:58:57	<b>01:30:36.70</b>	<b>01:30:58.80</b>	+00:22:22 (24.7%)	6:02	9.9 (75.0%)
30	<b>KORCZ Sylwia</b>	<b>351</b>	BEZA TEAM	K35	30	00:00:59	00:33:19	01:00:28	<b>01:31:18.40</b>	<b>01:32:17.60</b>	+00:23:03 (25.3%)	6:05	9.9 (75.0%)
31	<b>CHROMICZ Katarzyna</b>	<b>101</b>		K35	31	00:00:36	00:33:14	01:01:01	<b>01:31:57.55</b>	<b>01:32:33.80</b>	+00:23:43 (25.8%)	6:07	9.8 (74.2%)
32	<b>ŁUKASIK Małgorzata</b>	<b>446</b>		K35	32	00:00:49	00:32:34	01:00:50	<b>01:32:06.55</b>	<b>01:32:55.65</b>	+00:23:52 (25.9%)	6:08	9.8 (74.2%)
33	<b>SIWEK Arleta</b>	<b>674</b>	GWIEZDNA FLOTA MASZEWO	K35	33	00:00:30	00:33:12	01:01:26	<b>01:32:16.30</b>	<b>01:32:46.70</b>	+00:24:01 (26.0%)	6:09	9.8 (74.2%)
34	<b>MIEKCZYNSKA Marta</b>	<b>487</b>	KB.SPRINT.ŚWIDWIN	K35	34	00:00:21	00:33:01	01:01:29	<b>01:34:01.15</b>	<b>01:34:22.35</b>	+00:25:46 (27.4%)	6:16	9.6 (72.7%)
35	<b>HEJŁASZ Katarzyna</b>	<b>939</b>		K35	35	00:01:00	00:33:38	01:02:08	<b>01:34:20.45</b>	<b>01:35:21.00</b>	+00:26:05 (27.7%)	6:17	9.5 (72.0%)
36	<b>BELL Ewa</b>	<b>39</b>		K35	36	00:00:57	00:34:45	01:03:35	<b>01:34:46.95</b>	<b>01:35:44.65</b>	+00:26:32 (28.0%)	6:19	9.5 (72.0%)
37	<b>KUHN-ZAWADZKA Joanna</b>	<b>398</b>	KRÓLICZKI W PLECAKU	K35	37	00:00:47	00:34:04	01:06:34	<b>01:36:44.55</b>	<b>01:37:31.70</b>	+00:28:30 (29.5%)	6:26	9.3 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
38	<b>BRZOSTWOSKA Ewa</b>	<b>72</b>	KB BRYZA POSTOMINO	K35	38	00:00:23	00:33:03	01:02:28	<b>01:36:46.85</b>	<b>01:37:10.80</b>	+00:28:32 (29.5%)	6:27	9.3 (70.5%)
39	<b>WĄSOWICZ Anna</b>	<b>807</b>		K35	39	00:01:01	00:34:48	01:04:00	<b>01:37:03.90</b>	<b>01:38:05.70</b>	+00:28:49 (29.7%)	6:28	9.3 (70.5%)
40	<b>WOSZCZYK Renata</b>	<b>847</b>		K35	40	00:00:31	00:35:00	01:04:54	<b>01:37:26.95</b>	<b>01:37:58.35</b>	+00:29:12 (30.0%)	6:29	9.2 (69.7%)
41	<b>KOZŁOWSKA Kinga</b>	<b>368</b>		K35	41	00:00:58	00:34:36	01:04:00	<b>01:37:36.20</b>	<b>01:38:34.40</b>	+00:29:21 (30.1%)	6:30	9.2 (69.7%)
42	<b>KOSTRZEWA Joanna</b>	<b>359</b>	SZWLA	K35	42	00:00:46	00:35:44	01:06:16	<b>01:40:17.25</b>	<b>01:41:03.65</b>	+00:32:02 (32.0%)	6:41	9 (68.2%)
43	<b>MALINOWSKA Anna</b>	<b>948</b>	GRABOWO	K35	43	00:00:26	00:38:10	01:07:27	<b>01:40:28.90</b>	<b>01:40:55.65</b>	+00:32:14 (32.1%)	6:41	9 (68.2%)
44	<b>SZCZYGIELSKA Aleksandra</b>	<b>737</b>		K35	44	00:00:39	00:36:36	01:08:43	<b>01:44:10.90</b>	<b>01:44:50.00</b>	+00:35:56 (34.5%)	6:56	8.6 (65.2%)
45	<b>KACZMAREK Ewa</b>	<b>299</b>		K35	45	00:00:58	00:35:39	01:10:11	<b>01:47:26.35</b>	<b>01:48:24.95</b>	+00:39:11 (36.5%)	7:09	8.4 (63.6%)

Znaleziono 45 wynik(ów)