



XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

Organizator: Stowarzyszenie "Bieg Zaślubin"
Data: 2017-03-12
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: K50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	ROMEJ Elżbieta	630	ŁKB 'TRUCHT' ŁOBEZ	K50	1	00:00:11	00:24:56	00:44:00	01:06:12.75	01:06:23.85		4:24	13.6 (100%)
2	JABŁOŃSKA Elżbieta	263	PARKRUN ŚWINOUJŚCIE	K50	2	00:00:30	00:28:53	00:52:04	01:17:42.05	01:18:12.30	+00:11:29 (14.8%)	5:10	11.6 (85.3%)
3	KONKEL Joanna	347	MKS 'ŚWIĘC' SŁAWNO	K50	3	00:00:19	00:30:19	00:55:19	01:24:10.15	01:24:29.55	+00:17:57 (21.3%)	5:36	10.7 (78.7%)
4	WITKA Grażyna	826	ŁEBA MORS POLAND	K50	4	00:00:25	00:31:06	00:57:01	01:25:05.25	01:25:30.70	+00:18:52 (22.2%)	5:40	10.6 (77.9%)
5	ŁANGOWSKA Iwona	901	KOŁOBRZEG BIEGA	K50	5	00:00:40	00:31:30	00:57:02	01:25:22.65	01:26:03.60	+00:19:09 (22.4%)	5:41	10.5 (77.2%)
6	GRABOWSKA Elżbieta	210		K50	6	00:00:24	00:32:01	00:59:01	01:29:11.35	01:29:36.15	+00:22:58 (25.8%)	5:56	10.1 (74.3%)
7	GASIEWICZ Anna	190		K50	7	00:00:50	00:34:25	01:01:57	01:31:59.20	01:32:49.70	+00:25:46 (28.0%)	6:07	9.8 (72.1%)
8	GUZOWSKA Iwona	235	KS UZNAM	K50	8	00:00:53	00:36:05	01:08:07	01:43:55.15	01:44:48.75	+00:37:42 (36.3%)	6:55	8.7 (64.0%)
9	BUDZYŃSKA Elżbieta	78	BBL SŁUPSK	K50	9	00:00:31	00:34:57	01:07:02	01:43:59.80	01:44:31.45	+00:37:47 (36.3%)	6:56	8.7 (64.0%)
10	DERENOWSKA Stefania	142	RUNGRYF	K50	10	00:00:45	00:38:09	01:11:03	01:47:38.90	01:48:24.45	+00:41:26 (38.5%)	7:10	8.4 (61.8%)
11	RAMA Ewa	610		K50	11	00:01:02	00:37:08	01:10:15	01:47:40.95	01:48:43.05	+00:41:28 (38.5%)	7:10	8.4 (61.8%)

Znaleziono 11 wynik(ów)