



Organizator:
Data:
Miejsce:
Dystans:

XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

Stowarzyszenie "Bieg Zaślubin"
2017-03-12
Kołobrzeg
15 km

B4SPORT



Klasyfikacja: M30-Powiat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	DĄBROWSKI Robert	135	JW 2117	M35	11	00:00:06	00:22:51	00:39:29	00:58:18.50	00:58:25.15		3:53	15.4 (100%)
2	BIEDRZYCKI Adam	42	CW FANZA KOŁOBRZEG	M30	11	00:00:05	00:22:27	00:39:19	01:00:01.95	01:00:07.55	+00:01:43 (2.9%)	4:00	15 (97.4%)
3	PISKORZ Szymon	574	KP PSP GRYFICE	M30	12	00:00:07	00:23:24	00:40:41	01:00:08.95	01:00:16.65	+00:01:50 (3.1%)	4:00	15 (97.4%)
4	STACHOWIAK Adrian	708		M30	14	00:00:09	00:23:26	00:40:54	01:01:04.20	01:01:13.25	+00:02:45 (4.5%)	4:04	14.7 (95.5%)
5	ZATORSKI Zbigniew	867	X---O---X	M35	18	00:00:22	00:23:20	00:40:58	01:01:13.35	01:01:36.05	+00:02:54 (4.8%)	4:04	14.7 (95.5%)
6	KUCZERA Przemysław	397	HURPAGUNS TRIATHLON TEAM	M35	28	00:00:23	00:25:05	00:43:29	01:04:21.70	01:04:45.25	+00:06:03 (9.4%)	4:17	14 (90.9%)
7	ZAWADZKI Damian	870	KB WYGAN	M35	31	00:00:12	00:24:49	00:43:25	01:04:44.80	01:04:57.60	+00:06:26 (9.9%)	4:19	13.9 (90.3%)
8	KAZIMIERSKI Piotr	319		M30	20	00:00:24	00:25:14	00:44:12	01:05:19.40	01:05:44.20	+00:07:00 (10.7%)	4:21	13.8 (89.6%)
9	SZCZYGIELSKI Radosław	738		M30	24	00:00:18	00:26:05	00:45:35	01:07:04.35	01:07:23.05	+00:08:45 (13.1%)	4:28	13.4 (87.0%)
10	KARCZ Artur	310		M35	42	00:00:11	00:27:26	00:47:10	01:07:04.65	01:07:16.25	+00:08:46 (13.1%)	4:28	13.4 (87.0%)
11	NOWICKI Michał	512	KB WYGAN	M30	27	00:00:13	00:24:49	00:44:52	01:08:08.00	01:08:21.45	+00:09:49 (14.4%)	4:32	13.2 (85.7%)
12	KRUKOWSKI Adam	383		M30	33	00:00:19	00:26:03	00:46:39	01:08:53.20	01:09:12.55	+00:10:34 (15.4%)	4:35	13.1 (85.1%)
13	KISIEL Mariusz	330		M30	37	00:00:39	00:26:54	00:47:21	01:10:39.45	01:11:18.50	+00:12:20 (17.5%)	4:42	12.7 (82.5%)
14	SIKORSKI Adam	898	SIKORROWO	M30	45	00:00:13	00:27:30	00:48:46	01:12:33.95	01:12:47.85	+00:14:15 (19.6%)	4:50	12.4 (80.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 15km	brutto 15km			
15	RONIJ Łukasz	631	ANDREW'S TEAM	M35	70	00:00:16	00:27:15	00:48:47	01:12:51.70	01:13:08.55	+00:14:33 (20.0%)	4:51	12.4 (80.5%)
16	SATRO Piotr	663	KP PSP KOŁOBRZEG	M35	74	00:00:36	00:27:29	00:49:37	01:14:03.35	01:14:40.05	+00:15:44 (21.3%)	4:56	12.2 (79.2%)
17	CHRZANOWSKI Bartłomiej	103		M30	50	00:00:41	00:28:01	00:49:54	01:14:29.95	01:15:11.00	+00:16:11 (21.7%)	4:58	12.1 (78.6%)
18	KUKIEŁKA Wojciech	400		M35	76	00:00:42	00:28:39	00:50:13	01:14:40.20	01:15:23.00	+00:16:21 (21.9%)	4:58	12.1 (78.6%)
19	TEKIEL Marcin	771	OSP DYGOWO	M35	79	00:00:36	00:27:29	00:49:37	01:14:54.90	01:15:31.80	+00:16:36 (22.2%)	4:59	12 (77.9%)
20	BANAŚ Adam	24		M35	80	00:00:11	00:27:27	00:49:29	01:15:09.65	01:15:21.45	+00:16:51 (22.4%)	5:00	12 (77.9%)
21	TORCZ Karol	776	SZKÓŁKA PŁYWACKA DEPKA KOŁOBRZEG	M35	85	00:00:23	00:27:57	00:50:18	01:18:09.80	01:18:33.70	+00:19:51 (25.4%)	5:12	11.5 (74.7%)
22	KACZYŃSKI Mirosław	303		M30	65	00:00:18	00:30:40	00:55:14	01:19:03.35	01:19:21.40	+00:20:44 (26.2%)	5:16	11.4 (74.0%)
23	KIEŁKOWSKI Przemysław	326		M35	91	00:00:48	00:30:00	00:53:58	01:19:42.25	01:20:30.90	+00:21:23 (26.8%)	5:18	11.3 (73.4%)
24	ZIENCINA Marcin	874		M35	93	00:00:40	00:29:18	00:53:02	01:19:48.75	01:20:29.70	+00:21:30 (26.9%)	5:19	11.3 (73.4%)
25	JANUS Grzegorz	277	RAMS TRAINING HOUSE/ RONIN GOLD TEAM	M30	66	00:00:42	00:29:09	00:53:24	01:19:50.75	01:20:32.75	+00:21:32 (27.0%)	5:19	11.3 (73.4%)
26	HRYCAJ Tomasz	257		M30	70	00:00:36	00:30:02	00:53:55	01:20:49.20	01:21:25.25	+00:22:30 (27.9%)	5:23	11.1 (72.1%)
27	KAZIMIERSKI Marek	917		M30	71	00:00:44	00:29:42	00:53:50	01:22:15.50	01:23:00.30	+00:23:57 (29.1%)	5:29	10.9 (70.8%)
28	MACIĄŻEK Jarosław	450		M35	96	00:00:50	00:31:44	00:56:49	01:23:36.25	01:24:26.35	+00:25:17 (30.3%)	5:34	10.8 (70.1%)
29	MAJEWSKI Borys	459		M35	97	00:00:49	00:32:11	00:57:06	01:23:44.75	01:24:34.20	+00:25:26 (30.4%)	5:35	10.7 (69.5%)
30	BUDZICH Marcin	77		M30	77	00:00:51	00:32:28	00:58:04	01:25:39.45	01:26:31.05	+00:27:20 (31.9%)	5:42	10.5 (68.2%)
31	WOLANT Adam	842	KTC KOŁOBRZEG ŚWIAT KÓŁEK	M35	102	00:00:53	00:32:12	00:58:23	01:26:04.90	01:26:57.95	+00:27:46 (32.3%)	5:44	10.5 (68.2%)
32	PRZYCHÓDZKO Sebastian	841	KTC KOŁOBRZEG ŚWIAT KÓŁEK	M35	108	00:00:32	00:32:53	01:00:36	01:30:26.20	01:30:58.20	+00:32:07 (35.5%)	6:01	10 (64.9%)
33	STYCZYŃSKI Rafał	722		M35	109	00:00:10	00:32:23	00:59:49	01:30:35.50	01:30:45.95	+00:32:17 (35.6%)	6:02	9.9 (64.3%)
33	JAWORSKI Szymon	287		M30	78	00:00:09	00:32:24	00:59:51	01:30:36.00	01:30:45.95	+00:32:17 (35.6%)	6:02	9.9 (64.3%)
35	JANKOWSKI Remigiusz	274		M35	112	00:00:59	00:32:25	01:00:40	01:32:39.40	01:33:39.30	+00:34:20 (37.1%)	6:10	9.7 (63.0%)
36	SZCZYGIELSKI Michał	739		M30	82	00:00:43	00:34:31	01:03:07	01:34:02.20	01:34:46.00	+00:35:43 (38.0%)	6:16	9.6 (62.3%)
37	LEŚNIEWSKI Dominik	900	RAMS TRAINING HOUSE	M30	85	00:00:43	00:34:20	01:04:18	01:37:48.75	01:38:31.85	+00:39:30 (40.4%)	6:31	9.2 (59.7%)

Znaleziono 37 wynik(ów)