



XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

Organizator: Stowarzyszenie "Bieg Zaślubin"
Data: 2017-03-12
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: M40-Powiat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	ŻMUDA Tomasz	887	CW FANZA KOŁOBRZEG	M40	7	00:00:04	00:22:15	00:38:16	00:57:17.25	00:57:22.15		3:49	15.7 (100%)
2	PIECYK Robert	915	BT KOŁOBRZEG	M40	8	00:00:05	00:22:28	00:39:20	00:59:04.20	00:59:09.30	+00:01:46 (3.0%)	3:56	15.2 (96.8%)
3	BIEDRZYCKI Krzysztof	43		M45	6	00:00:05	00:23:36	00:40:46	01:00:53.85	01:00:59.55	+00:03:36 (5.9%)	4:03	14.8 (94.3%)
4	BEMOWICZ Tomasz	40	KB WYGAN	M45	8	00:00:06	00:23:33	00:40:43	01:01:02.50	01:01:08.65	+00:03:45 (6.2%)	4:04	14.7 (93.6%)
5	BAJGERT Robert	21	VOLTAIX.PL	M45	10	00:00:19	00:23:38	00:41:01	01:01:20.30	01:01:40.00	+00:04:03 (6.6%)	4:05	14.7 (93.6%)
6	LUBIŃSKI Paweł	440	KORALEN TEAM	M40	19	00:00:03	00:22:51	00:40:34	01:01:25.45	01:01:29.35	+00:04:08 (6.7%)	4:05	14.7 (93.6%)
7	UZNAŃSKI Ryszard	793	KOŁOBRZEG BIEGA	M45	13	00:00:06	00:23:36	00:42:15	01:03:48.55	01:03:54.95	+00:06:31 (10.2%)	4:15	14.1 (89.8%)
8	SOBCZYK Łukasz	686	KOŁOBRZEG BIEGA	M40	32	00:00:06	00:23:55	00:42:35	01:04:39.95	01:04:45.95	+00:07:22 (11.4%)	4:18	13.9 (88.5%)
9	WYSZKOWSKI Marcin	859	KB WYGAN	M40	42	00:00:19	00:24:47	00:44:02	01:06:04.60	01:06:24.45	+00:08:47 (13.3%)	4:24	13.6 (86.6%)
10	BARTOSZUK Adam	30	BT KOŁOBRZEG	M40	45	00:00:05	00:25:10	00:45:05	01:07:14.05	01:07:19.95	+00:09:56 (14.8%)	4:28	13.4 (85.4%)
11	FILAROWSKI Stefan	177	GRUPA NURKÓW INŻYNIERII	M45	29	00:00:26	00:26:16	00:45:21	01:07:17.70	01:07:44.40	+00:10:00 (14.9%)	4:29	13.4 (85.4%)
12	KSZCZANOWICZ Jacek	389		M40	47	00:00:43	00:26:04	00:45:24	01:07:33.20	01:08:16.60	+00:10:15 (15.2%)	4:30	13.3 (84.7%)
13	AUGUSTYNIAK Grzegorz	18	KB WYGAN	M40	49	00:00:27	00:25:55	00:45:43	01:07:48.15	01:08:15.25	+00:10:30 (15.5%)	4:31	13.3 (84.7%)
14	TWARÓG Eugeniusz	785	TEAM COLBERG	M40	54	00:00:52	00:26:51	00:46:41	01:08:39.25	01:09:31.55	+00:11:22 (16.6%)	4:34	13.1 (83.4%)
15	HNITECKI Marek	250		M45	38	00:00:30	00:26:39	00:46:32	01:09:15.80	01:09:46.55	+00:11:58 (17.3%)	4:37	13 (82.8%)
16	BUCZKOWSKI Jacek	76	8BREM	M40	58	00:00:09	00:26:01	00:46:43	01:09:24.30	01:09:33.80	+00:12:07 (17.5%)	4:37	13 (82.8%)
17	TROCKI Robert	777		M40	60	00:00:31	00:26:37	00:46:37	01:09:29.05	01:10:01.00	+00:12:11 (17.6%)	4:38	12.9 (82.2%)
18	RAMA Janusz	609		M40	71	00:00:36	00:26:31	00:47:13	01:11:38.35	01:12:14.90	+00:14:21 (20.0%)	4:46	12.6 (80.3%)
19	WALERIAŃCZYK Roman	798	GMINA KOŁOBRZEG	M45	45	00:00:33	00:27:12	00:48:06	01:11:46.40	01:12:19.80	+00:14:29 (20.2%)	4:47	12.5 (79.6%)
20	UKRAIŃSKI Sławomir	789	KOŁOBRZEG BIEGA	M45	46	00:00:10	00:26:58	00:48:10	01:11:54.45	01:12:04.55	+00:14:37 (20.3%)	4:47	12.5 (79.6%)
21	KAŻMIERCZAK Robert	894		M45	47	00:00:28	00:27:10	00:48:30	01:11:55.80	01:12:23.80	+00:14:38 (20.4%)	4:47	12.5 (79.6%)
22	TRZECIAK Dariusz	781	KOŁOBRZEG BIEGA	M45	48	00:00:41	00:28:08	00:49:13	01:12:17.10	01:12:58.35	+00:14:59 (20.7%)	4:49	12.5 (79.6%)
23	HOC Dariusz	252		M40	74	00:00:12	00:26:51	00:48:21	01:12:24.30	01:12:36.95	+00:15:07 (20.9%)	4:49	12.4 (79.0%)
24	CIBORSKI Sławomir	916		M40	75	00:00:21	00:27:22	00:48:39	01:12:43.30	01:13:04.45	+00:15:26 (21.2%)	4:50	12.4 (79.0%)
25	PRZYCHÓDZKO Roman	598	KTC KOŁOBRZEG	M45	50	00:00:24	00:26:31	00:47:15	01:12:54.25	01:13:18.50	+00:15:37 (21.4%)	4:51	12.3 (78.3%)
26	JAKUBOWSKI Mieczysław	270	KOŁOBRZEG BIEGA	M40	86	00:00:32	00:28:40	00:50:43	01:14:04.25	01:14:36.90	+00:16:47 (22.7%)	4:56	12.2 (77.7%)
27	ORZEŁ Jacek	530		M45	55	00:00:36	00:27:30	00:49:01	01:14:21.05	01:14:57.85	+00:17:03 (22.9%)	4:57	12.1 (77.1%)

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28	ZIOMKO Rafał	876		M45	60	00:00:29	00:27:55	00:50:05	01:15:33.60	01:16:02.70	+00:18:16 (24.2%)	5:02	11.9 (75.8%)
29	BEDNARCZYK Piotr	36		M45	64	00:00:48	00:29:32	00:52:47	01:17:56.00	01:18:44.10	+00:20:38 (26.5%)	5:11	11.5 (73.2%)
30	SAK Piotr	660		M40	111	00:00:26	00:30:02	00:53:48	01:19:57.20	01:20:24.10	+00:22:39 (28.3%)	5:19	11.3 (72.0%)
31	AKIER Tomasz	10	NIEZRZESZONY	M40	113	00:00:29	00:28:06	00:52:09	01:20:09.95	01:20:39.65	+00:22:52 (28.5%)	5:20	11.2 (71.3%)
32	ŻYWOT Norbert	890		M40	114	00:00:57	00:29:36	00:53:14	01:20:26.70	01:21:23.80	+00:23:09 (28.8%)	5:21	11.2 (71.3%)
33	BOROWIEC Mariusz	63		M45	68	00:01:02	00:31:09	00:55:01	01:21:03.85	01:22:06.15	+00:23:46 (29.3%)	5:24	11.1 (70.7%)
34	JASIŃSKI Jarosław	285		M40	118	00:00:59	00:30:14	00:54:16	01:21:36.30	01:22:36.00	+00:24:19 (29.8%)	5:26	11 (70.1%)
35	JOŃCZYK Tadeusz	290	DLA IRKA	M45	70	00:00:35	00:29:48	00:54:41	01:22:15.05	01:22:51.00	+00:24:57 (30.4%)	5:29	10.9 (69.4%)
36	WILKOSZ Tomasz	822	HAIRBOX	M45	72	00:00:35	00:31:56	00:55:57	01:22:27.75	01:23:03.05	+00:25:10 (30.5%)	5:29	10.9 (69.4%)
37	DOMAŃSKI Adam	150		M40	128	00:00:55	00:32:01	00:57:36	01:24:47.90	01:25:43.30	+00:27:30 (32.4%)	5:39	10.6 (67.5%)
38	MAŁETKA Piotr	902	TEAM COLBERG	M40	133	00:00:40	00:31:53	00:57:56	01:27:35.80	01:28:16.15	+00:30:18 (34.6%)	5:50	10.3 (65.6%)
39	WOŹNIAK Jacek	127		M40	134	00:00:06	00:32:10	00:59:21	01:29:41.60	01:29:47.80	+00:32:24 (36.1%)	5:58	10 (63.7%)
40	PAVLIUTKIN Aleksandr	553		M40	138	00:00:33	00:32:47	01:00:39	01:30:50.25	01:31:23.95	+00:33:33 (36.9%)	6:03	9.9 (63.1%)
41	BRYNDZA Piotr	66		M40	145	00:00:49	00:32:31	01:02:01	01:33:08.70	01:33:58.00	+00:35:51 (38.5%)	6:12	9.7 (61.8%)
42	RZESZOTARSKI Jacek	907		M40	146	00:00:58	00:34:34	01:03:12	01:33:26.50	01:34:24.75	+00:36:09 (38.7%)	6:13	9.6 (61.1%)
42	DEPTA Paweł	141		M40	147	00:00:58	00:34:34	01:03:12	01:33:26.55	01:34:24.75	+00:36:09 (38.7%)	6:13	9.6 (61.1%)
44	ŻABCZAK Jakub	883	POZNANIANKA	M40	148	00:00:51	00:35:13	01:03:56	01:34:43.85	01:35:34.90	+00:37:26 (39.5%)	6:18	9.5 (60.5%)
45	KOLASA Tomasz	343		M45	84	00:00:43	00:33:46	01:03:17	01:37:00.60	01:37:44.50	+00:39:43 (40.9%)	6:28	9.3 (59.2%)
46	KRYSA Krzysztof	385		M45	86	00:00:52	00:36:20	01:09:15	01:46:43.50	01:47:36.20	+00:49:26 (46.3%)	7:06	8.4 (53.5%)

Znaleziono 46 wynik(ów)