



XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

Organiser: Stowarzyszenie "Bieg Zaślubin"
Date: 2017-03-12
Place: Kołobrzeg
Distance: 15 km



Classification: M50

Place	Participant	Number	Club	Category	MCat	Start time	Bike5_All 6km	Bike10_All 10km	Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
1	POBŁOCKI Piotr	583	UKS EKONOMIK MARATONCZYK LEBORK	M50	1	00:00:03	00:19:58	00:33:52	00:50:19.15	00:50:22.55		3:21	17.9 (100%)
2	KOPCEWICZ Robert	350	ROZBIEGANY GOLENIÓW	M50	2	00:00:03	00:22:06	00:38:30	00:58:04.90	00:58:08.50	+00:07:45 (13.4%)	3:52	15.5 (86.6%)
3	ANTONOWICZ Wojciech	14		M50	3	00:00:11	00:23:13	00:40:09	00:59:22.15	00:59:33.75	+00:09:03 (15.2%)	3:57	15.2 (84.9%)
4	KOWALSKI Cezary	367	PARKRUN SZCZECIN	M50	4	00:00:07	00:23:30	00:41:19	01:01:43.60	01:01:51.00	+00:11:24 (18.5%)	4:06	14.6 (81.6%)
5	KOŚCIELNIAK Robert	360	TKKF KOSZALIN	M50	5	00:00:09	00:24:09	00:42:11	01:02:36.60	01:02:46.50	+00:12:17 (19.6%)	4:10	14.4 (80.4%)
6	SZCZUPACZYŃSKI Arkadiusz	736	RUNGRYF	M50	6	00:00:05	00:24:13	00:42:35	01:03:33.30	01:03:39.20	+00:13:14 (20.8%)	4:14	14.2 (79.3%)
7	MICHALSKI Janusz	484		M50	7	00:00:16	00:24:55	00:43:03	01:03:35.65	01:03:52.55	+00:13:16 (20.9%)	4:14	14.2 (79.3%)
8	GRYCZKA Andrzej	221	KB WYGAN	M50	8	00:00:15	00:24:45	00:43:43	01:05:28.55	01:05:43.95	+00:15:09 (23.1%)	4:21	13.7 (76.5%)
9	MORGIEWICZ Piotr	492	RUNGRYF GRYFICE	M50	9	00:00:29	00:26:10	00:45:02	01:07:04.85	01:07:34.45	+00:16:45 (25.0%)	4:28	13.4 (74.9%)
10	DUDA Andrzej	157		M50	10	00:00:12	00:25:19	00:45:23	01:08:41.15	01:08:53.90	+00:18:22 (26.7%)	4:34	13.1 (73.2%)
11	SOWISZ Cezary	703	SOWISZ TEAM	M50	11	00:00:29	00:26:16	00:46:07	01:08:48.20	01:09:17.20	+00:18:29 (26.9%)	4:35	13.1 (73.2%)
12	BUCA Jakub	73		M50	12	00:00:29	00:26:29	00:46:07	01:09:15.05	01:09:44.70	+00:18:55 (27.3%)	4:37	13 (72.6%)
13	DRZEWIECKI Arkadiusz	155	PARKRUN ŚWINOUJŚCIE	M50	13	00:00:29	00:26:20	00:46:26	01:09:32.05	01:10:01.20	+00:19:12 (27.6%)	4:38	12.9 (72.1%)
14	JAMROŻY Ryszard	272	TRUCHT ŁOBEZ	M50	14	00:00:38	00:26:26	00:46:47	01:10:03.85	01:10:42.10	+00:19:44 (28.2%)	4:40	12.8 (71.5%)

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									time 15km	Czas brutto 15km			
15	NOWICKI Tomasz	513	SZWLA	M50	15	00:00:23	00:27:14	00:47:33	01:10:38.60	01:11:01.90	+00:20:19 (28.8%)	4:42	12.7 (70.9%)
16	MATERKA Grzegorz	473	KLB KAMIEŃ POMORSKI	M50	16	00:00:36	00:27:20	00:47:40	01:11:02.60	01:11:38.85	+00:20:43 (29.2%)	4:44	12.7 (70.9%)
17	KOSIOREK Darek	358		M50	17	00:00:15	00:26:23	00:47:35	01:11:37.80	01:11:53.10	+00:21:18 (29.8%)	4:46	12.6 (70.4%)
18	STRUŚ Artur	720	KB BRYZA POSTOMINO	M50	18	00:00:16	00:26:44	00:48:05	01:11:53.45	01:12:09.80	+00:21:34 (30.0%)	4:47	12.5 (69.8%)
19	GRYGORUK Cezary	222		M50	19	00:00:08	00:26:53	00:48:26	01:12:57.05	01:13:05.20	+00:22:37 (31.0%)	4:51	12.3 (68.7%)
20	FURMAN Tomasz	182		M50	20	00:00:42	00:27:25	00:48:28	01:12:58.00	01:13:40.10	+00:22:38 (31.0%)	4:51	12.3 (68.7%)
21	GUDANIEC Radosław	230	TRIATHLON KOSZALIN	M50	21	00:00:26	00:27:32	00:49:05	01:13:31.30	01:13:57.40	+00:23:12 (31.6%)	4:54	12.2 (68.2%)
22	GRZELAK Sebastian	226	ROZBIEGANY GOLENIÓW	M50	22	00:00:17	00:27:35	00:49:22	01:13:34.45	01:13:51.90	+00:23:15 (31.6%)	4:54	12.2 (68.2%)
23	ZAWADA Andrzej	868	WYBRZEŻE OBJAZDA	M50	23	00:01:02	00:28:54	00:50:40	01:14:14.95	01:15:17.25	+00:23:55 (32.2%)	4:57	12.1 (67.6%)
24	CHRZANOWSKI Mariusz	102		M50	24	00:00:26	00:26:49	00:48:53	01:14:47.65	01:15:14.20	+00:24:28 (32.7%)	4:59	12 (67.0%)
25	FILIPIAK Witold	926		M50	25	00:00:15	00:27:46	00:49:54	01:14:47.65	01:15:03.50	+00:24:28 (32.7%)	4:59	12 (67.0%)
26	BIELENIS Dariusz	47	BEZA TEAM	M50	26	00:00:58	00:28:23	00:50:01	01:14:48.50	01:15:46.80	+00:24:29 (32.7%)	4:59	12 (67.0%)
27	KALUZYNSKI Piotr	307		M50	27	00:00:33	00:27:38	00:49:32	01:15:31.75	01:16:04.80	+00:25:12 (33.4%)	5:02	11.9 (66.5%)
28	MEISSNER Bogusław	476		M50	28	00:00:27	00:27:58	00:50:07	01:15:33.55	01:16:01.35	+00:25:14 (33.4%)	5:02	11.9 (66.5%)
29	CZYŻEWSKI Piotr	128	TKKF KOSZALIN	M50	29	00:00:05	00:27:48	00:50:08	01:16:10.80	01:16:16.60	+00:25:51 (33.9%)	5:04	11.8 (65.9%)
30	OKOŃ Stanisław	518	KB WYGAN	M50	30	00:00:35	00:28:33	00:50:44	01:17:16.40	01:17:52.10	+00:26:57 (34.9%)	5:09	11.6 (64.8%)
31	PYTLARZ Waldemar	603	4RUN TEAM PIŁA	M50	31	00:00:55	00:29:35	00:52:28	01:17:56.65	01:18:52.05	+00:27:37 (35.4%)	5:11	11.5 (64.2%)
32	WITKA Piotr	827	ŁEBA MORS POLAND	M50	32	00:00:26	00:28:04	00:51:47	01:17:58.90	01:18:25.00	+00:27:39 (35.5%)	5:11	11.5 (64.2%)
33	GRANAT Jaroslaw	216		M50	33	00:00:48	00:29:47	00:53:11	01:19:07.40	01:19:56.00	+00:28:48 (36.4%)	5:16	11.4 (63.7%)
34	KRZEMIEŃ Ireneusz	388		M50	34	00:00:59	00:29:48	00:53:50	01:19:19.55	01:20:19.15	+00:29:00 (36.6%)	5:17	11.3 (63.1%)
35	NAPIERAŁA Bogumił	924	KORA KOSZALIN	M50	35	00:00:41	00:29:22	00:52:53	01:20:09.05	01:20:50.45	+00:29:49 (37.2%)	5:20	11.2 (62.6%)
36	JABŁOŃSKI Mirosław	266	PARKRUN ŚWINOUJŚCIE	M50	36	00:00:35	00:30:02	00:54:03	01:21:00.80	01:21:36.65	+00:30:41 (37.9%)	5:24	11.1 (62.0%)
37	ŁUCZEJKO Sławomir	444	TEAM BIEGOWY SZCZECINEK	M50	37	00:00:54	00:29:38	00:53:45	01:21:11.55	01:22:06.50	+00:30:52 (38.0%)	5:24	11.1 (62.0%)

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38	BUCH Jacek	74	NIEZRZESZONY	M50	38	00:00:37	00:29:35	00:53:36	01:21:15.55	01:21:53.15	+00:30:56 (38.1%)	5:25	11.1 (62.0%)
39	ŚWIERCZ Dariusz	764		M50	39	00:00:22	00:28:45	00:54:01	01:21:28.10	01:21:50.60	+00:31:08 (38.2%)	5:25	11 (61.5%)
40	SZŁAPKA Dariusz	746		M50	40	00:00:56	00:29:39	00:56:11	01:21:29.40	01:22:26.10	+00:31:10 (38.3%)	5:26	11 (61.5%)
41	ARYS Krzysztof	17	AMATOR	M50	41	00:00:52	00:30:25	00:54:49	01:21:42.50	01:22:34.65	+00:31:23 (38.4%)	5:26	11 (61.5%)
42	WITKOWSKI Andrzej	829		M50	42	00:00:48	00:29:23	00:54:16	01:21:59.55	01:22:47.65	+00:31:40 (38.6%)	5:27	11 (61.5%)
43	HAŁAS Tomasz	237		M50	43	00:00:58	00:31:35	00:56:36	01:23:24.35	01:24:23.10	+00:33:05 (39.7%)	5:33	10.8 (60.3%)
44	GRABOWSKI Marek	212		M50	44	00:00:25	00:32:00	00:59:00	01:28:23.00	01:28:48.65	+00:38:03 (43.1%)	5:53	10.2 (57.0%)
45	KWOCZ Krzysztof	415	RUNGRYF	M50	45	00:01:03	00:32:19	00:59:27	01:29:33.05	01:30:36.15	+00:39:13 (43.8%)	5:58	10.1 (56.4%)
46	HANĆ Ryszard	238		M50	46	00:00:55	00:34:00	01:01:58	01:30:00.70	01:30:56.60	+00:39:41 (44.1%)	6:00	10 (55.9%)
47	WAWRZYNIAK Przemysław	805	3:33 TEAM	M50	47	00:00:20	00:31:40	00:58:31	01:30:12.00	01:30:32.10	+00:39:52 (44.2%)	6:00	10 (55.9%)
48	FIRLIK Mirosław	180		M50	48	00:01:02	00:33:14	00:59:05	01:30:29.45	01:31:32.15	+00:40:10 (44.4%)	6:02	9.9 (55.3%)
49	GASIEWICZ Roman	191		M50	49	00:00:50	00:34:26	01:01:57	01:31:42.45	01:32:33.05	+00:41:23 (45.1%)	6:06	9.8 (54.7%)
50	DMITRUK Andrzej	145		M50	50	00:00:24	00:31:49	01:00:31	01:35:34.35	01:35:58.50	+00:45:15 (47.3%)	6:22	9.4 (52.5%)
51	SCHMIDT Dariusz	664		M50	51	00:01:01	00:35:36	01:06:51	01:43:41.55	01:44:43.30	+00:53:22 (51.5%)	6:54	8.7 (48.6%)

Total 51 results.