



XXXI BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

Organizator: Stowarzyszenie "Bieg Zaślubin"
Data: 2017-03-12
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: M60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	KOTARSKI Wiesław	361	TKKF TYTAN POLICE	M60	1	00:00:03	00:22:20	00:38:56	00:58:37.95	00:58:41.60		3:54	15.3 (100%)
2	CHUDY Henryk	104	K SOLSZEWSKI I SYNOWIE	M60	2	00:00:07	00:23:09	00:41:00	01:02:22.75	01:02:30.65	+00:03:44 (6.0%)	4:09	14.4 (94.1%)
3	KOSAKOWSKI Marian	356	MARATOŃCZYK TEAM SZCZECIN	M60	3	00:00:04	00:24:14	00:42:26	01:03:23.75	01:03:28.05	+00:04:45 (7.5%)	4:13	14.2 (92.8%)
4	OSTROWSKI Marian	922	SENIOR 54	M60	4	00:00:11	00:24:22	00:43:04	01:05:25.60	01:05:36.60	+00:06:47 (10.4%)	4:21	13.8 (90.2%)
5	KOŹMIC Ryszard	371	WSAP SZCZECIN	M60	5	00:00:10	00:24:14	00:43:14	01:05:40.95	01:05:50.95	+00:07:03 (10.7%)	4:22	13.7 (89.5%)
6	RUSIECKI Henryk	643	HERMES GRYFINO	M60	6	00:00:27	00:25:26	00:44:48	01:06:50.25	01:07:17.45	+00:08:12 (12.3%)	4:27	13.5 (88.2%)
7	SKRZYPIEC Andrzej	680	MKL MARATON ŚWINOUJŚCIE	M60	7	00:00:18	00:26:18	00:45:35	01:07:27.40	01:07:45.90	+00:08:49 (13.1%)	4:29	13.3 (86.9%)
8	PIECZYŃSKI Krzysztof	567		M60	8	00:00:05	00:25:48	00:46:06	01:09:20.30	01:09:26.05	+00:10:42 (15.4%)	4:37	13 (85.0%)
9	ADAMCZYK Adam	4	ADS SZCZECIN	M60	9	00:00:26	00:25:51	00:46:26	01:10:04.30	01:10:31.00	+00:11:26 (16.3%)	4:40	12.8 (83.7%)
10	STACHOWIAK Ryszard	707		M60	10	00:00:07	00:25:52	00:47:09	01:10:54.15	01:11:01.30	+00:12:16 (17.3%)	4:43	12.7 (83.0%)
11	RÓŻYCKI Edward	636	MUKS TORNADO	M60	11	00:00:22	00:27:27	00:48:08	01:11:19.60	01:11:42.10	+00:12:41 (17.8%)	4:45	12.6 (82.4%)
12	MALINOWSKI Zbigniew	462	KOŁOBRZEG MORZEM SPORTÓW	M60	12	00:00:37	00:26:20	00:47:38	01:12:34.10	01:13:12.00	+00:13:56 (19.2%)	4:50	12.4 (81.0%)
13	MAŁKIŃSKI Józef	464	RWT W BYDGOSZCZY	M60	13	00:00:42	00:27:34	00:49:03	01:13:14.55	01:13:56.85	+00:14:36 (19.9%)	4:52	12.3 (80.4%)
14	TYLL Grzegorz	788		M60	14	00:00:25	00:27:53	00:50:01	01:13:58.65	01:14:24.55	+00:15:20 (20.7%)	4:55	12.2 (79.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike5_All 6km	Bike10_All 10km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 15km	brutto 15km			
15	KLASA Jan	333		M60	15	00:00:18	00:27:14	00:49:12	01:14:40.15	01:14:58.50	+00:16:02 (21.5%)	4:58	12.1 (79.1%)
16	JANKOWSKI Lech	276	MARATOŃCZYK TEAM SZCZECIN	M60	16	00:00:25	00:26:34	00:48:46	01:14:42.80	01:15:08.05	+00:16:04 (21.5%)	4:58	12 (78.4%)
17	PENDRAK Piotr	561	XX	M60	17	00:00:48	00:29:46	00:52:40	01:17:15.20	01:18:03.70	+00:18:37 (24.1%)	5:09	11.7 (76.5%)
18	OSOBNIAK Ryszard	531	KOSZALIN	M60	18	00:00:54	00:29:15	00:52:06	01:17:46.85	01:18:41.15	+00:19:08 (24.6%)	5:11	11.6 (75.8%)
19	MIELEWCZYK Leszek	488	LTS LĘBORK	M60	19	00:00:38	00:29:58	00:53:18	01:18:14.65	01:18:53.15	+00:19:36 (25.1%)	5:13	11.5 (75.2%)
20	MARKOWSKI Andrzej	470	TKKF KOSZALIN	M60	20	00:00:14	00:28:06	00:51:43	01:18:41.80	01:18:56.70	+00:20:03 (25.5%)	5:14	11.4 (74.5%)
21	OPALIŃSKI Stanisław	527	KOŁOBRZEG BIEGA	M60	21	00:00:07	00:26:51	00:49:35	01:19:12.15	01:19:19.55	+00:20:34 (26.0%)	5:16	11.4 (74.5%)
22	DENISIUK Krzysztof	140	SZCZECIN	M60	22	00:00:18	00:29:48	00:53:23	01:20:50.45	01:21:09.00	+00:22:12 (27.5%)	5:23	11.1 (72.5%)
23	JUSZCZAK Krzysztof	294		M60	23	00:01:07	00:29:22	00:53:19	01:20:56.30	01:22:03.30	+00:22:18 (27.6%)	5:23	11.1 (72.5%)
24	DZIEKONSKI Jacek	168	ŚLĘZAK TEAM	M60	24	00:00:36	00:29:20	00:53:43	01:22:40.80	01:23:17.70	+00:24:02 (29.1%)	5:30	10.9 (71.2%)
25	HELLER Zdzisław	246	NIEZRZESZONY	M60	25	00:00:51	00:30:23	00:55:39	01:23:33.00	01:24:24.95	+00:24:55 (29.8%)	5:34	10.8 (70.6%)
26	ŁAZARCZYK Wacław Bogdan	441	ROUTE 11	M60	26	00:00:47	00:32:12	00:57:04	01:23:48.85	01:24:36.60	+00:25:10 (30.0%)	5:35	10.7 (69.9%)
27	KARNICKI Zygmunt	314	TKKF KOSZALIN	M60	27	00:00:15	00:29:23	00:54:18	01:23:58.95	01:24:14.45	+00:25:21 (30.2%)	5:35	10.7 (69.9%)
28	HERBA Zbigniew	247	SZWLA	M60	28	00:00:53	00:30:58	00:56:31	01:24:19.60	01:25:13.40	+00:25:41 (30.5%)	5:37	10.7 (69.9%)
29	OPACZYK Paweł	526	PRESTO TRAVEL	M60	29	00:00:55	00:31:31	00:56:52	01:24:22.10	01:25:17.55	+00:25:44 (30.5%)	5:37	10.7 (69.9%)
30	LEWICKI Andrzej	434		M60	30	00:00:23	00:31:00	00:56:26	01:25:05.85	01:25:29.45	+00:26:27 (31.1%)	5:40	10.6 (69.3%)
31	KACZYŃSKI Henryk	302		M60	31	00:00:12	00:29:08	00:54:46	01:25:30.40	01:25:42.75	+00:26:52 (31.4%)	5:42	10.5 (68.6%)
32	BORECKI Stanisław	59	4RUN TEAM PIŁA	M60	32	00:00:30	00:33:21	01:00:05	01:27:42.35	01:28:12.75	+00:29:04 (33.1%)	5:50	10.3 (67.3%)
33	KONOPIŃSKI Leszek	348	BIEGACZE ŚWINOUJŚCIE	M60	33	00:00:41	00:31:41	00:59:02	01:29:45.05	01:30:26.75	+00:31:07 (34.7%)	5:59	10 (65.4%)
34	OLSZYK Tadeusz	525	BIEGACZE ŚWINOUJŚCIE	M60	34	00:00:41	00:31:41	00:59:01	01:29:45.35	01:30:27.10	+00:31:07 (34.7%)	5:59	10 (65.4%)
35	ZAKRZEWSKI Tadeusz	863		M60	35	00:00:04	00:33:29	01:04:58	01:41:52.25	01:41:56.65	+00:43:14 (42.4%)	6:47	8.8 (57.5%)
36	JURCZAK Jarosław	293	KS HANZA GOLENIÓW	M60	36	00:00:32	00:35:49	01:07:49	01:43:39.65	01:44:12.55	+00:45:01 (43.4%)	6:54	8.7 (56.9%)
37	KOPCEWICZ Henryk	349	CROWN GOLENIOW	M60	37	00:00:55	00:37:19	01:10:49	01:49:44.10	01:50:40.05	+00:51:06 (46.6%)	7:19	8.2 (53.6%)

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38	PASEK Jan	549		M60	38	00:00:12	00:37:46	01:12:47	01:51:28.50	01:51:41.35	+00:52:50 (47.4%)	7:25	8.1 (52.9%)
39	SZCZEBLEWSKI Józef	732		M60	39	00:00:04	00:40:09	01:15:19	01:55:59.95	01:56:04.65	+00:57:22 (49.5%)	7:44	7.8 (51.0%)

Znaleziono 39 wynik(ów)