

**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2019-10-06  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>KOTŁOWSKI Bartosz</b>	<b>86</b>	LKS OSTROMECKO	M20	1	Tak	<b>00:23:55.00</b>	<b>00:23:55.00</b>		3:11	18.8 (100%)
2	<b>FRYDRYCHOWSKI Piotr</b>	<b>36</b>	SOKÓŁ KLECZEW / LKB BRACI PETK LĘBORK	M20	2		<b>00:24:35.55</b>	<b>00:24:35.55</b>	+00:00:40 (2.7%)	3:16	18.3 (97.3%)
3	<b>RATAJCZYK Przemysław</b>	<b>148</b>	TKKF KOLEJARZ BYDGOSZCZ	M20	3		<b>00:25:07.95</b>	<b>00:25:07.95</b>	+00:01:12 (4.8%)	3:20	17.9 (95.2%)
4	<b>SKIBA Łukasz</b>	<b>164</b>	SZYMI TEAM	M30	1		<b>00:25:25.55</b>	<b>00:25:25.55</b>	+00:01:30 (5.9%)	3:23	17.7 (94.1%)
5	<b>DEROŃ Waldemar</b>	<b>210</b>	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	2		<b>00:25:41.05</b>	<b>00:25:41.05</b>	+00:01:46 (6.9%)	3:25	17.5 (93.1%)
6	<b>ORCHOLSKI Witold</b>	<b>232</b>	T.S. OPATRUNKI TORUŃ	M40	1		<b>00:25:51.35</b>	<b>00:25:51.35</b>	+00:01:56 (7.5%)	3:26	17.4 (92.6%)
7	<b>PAWŁOWSKI Tomasz</b>	<b>139</b>		M20	4		<b>00:25:55.95</b>	<b>00:25:55.95</b>	+00:02:00 (7.8%)	3:27	17.4 (92.6%)
8	<b>RETECKI Krzysztof</b>	<b>149</b>	LKS BOGMAR PRESTO	M40	2	Tak	<b>00:26:03.80</b>	<b>00:26:03.80</b>	+00:02:08 (8.2%)	3:28	17.3 (92.0%)
9	<b>MAĆKOWSKI Maciej</b>	<b>116</b>	UPS BYDGOSZCZ/TEAMOCHAL	M30	3		<b>00:26:20.85</b>	<b>00:26:20.85</b>	+00:02:25 (9.2%)	3:30	17.1 (91.0%)
10	<b>MUSIAŁ Michał</b>	<b>125</b>		M50	1		<b>00:26:37.30</b>	<b>00:26:37.30</b>	+00:02:42 (10.2%)	3:32	16.9 (89.9%)
11	<b>DĄBROWSKI Paweł</b>	<b>28</b>		M20	5		<b>00:26:55.35</b>	<b>00:26:55.35</b>	+00:03:00 (11.2%)	3:35	16.7 (88.8%)
12	<b>SZENK Marta</b>	<b>179</b>		K30	1		<b>00:27:18.10</b>	<b>00:27:18.10</b>	+00:03:23 (12.4%)	3:38	16.5 (87.8%)
13	<b>GLUGLA Mariusz</b>	<b>40</b>	THE RUNNERS ŚWIECIE	M40	3		<b>00:27:22.15</b>	<b>00:27:22.15</b>	+00:03:27 (12.6%)	3:38	16.4 (87.2%)
14	<b>GOŁEMBIEWSKI Marek</b>	<b>45</b>	SP44/XVLO MS BYDGOSZCZ	M40	4		<b>00:27:29.25</b>	<b>00:27:29.25</b>	+00:03:34 (13.0%)	3:39	16.4 (87.2%)
15	<b>ŚLIWIŃSKI Łukasz</b>	<b>181</b>	BOGMAR OSTROMECKO	M30	4	Tak	<b>00:27:54.45</b>	<b>00:27:54.45</b>	+00:03:59 (14.3%)	3:43	16.1 (85.6%)
16	<b>BOJKE Mirosław</b>	<b>12</b>		M40	5		<b>00:28:13.75</b>	<b>00:28:13.75</b>	+00:04:18 (15.3%)	3:45	15.9 (84.6%)
17	<b>RYMER Jakub</b>	<b>161</b>		M30	5		<b>00:28:46.35</b>	<b>00:28:46.35</b>	+00:04:51 (16.9%)	3:50	15.6 (83.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
18	<b>HALINIAK Filip</b>	<b>52</b>		M20	6	Tak	<b>00:28:59.75</b>	<b>00:28:59.75</b>	+00:05:04 (17.5%)	3:51	15.5 (82.4%)
19	<b>MATERN Andrzej</b>	<b>118</b>	THE RUNNERS ŚWIECIE	M40	6		<b>00:29:04.95</b>	<b>00:29:04.95</b>	+00:05:09 (17.8%)	3:52	15.5 (82.4%)
20	<b>ŁADNIAK Dariusz</b>	<b>111</b>		M40	7		<b>00:29:13.50</b>	<b>00:29:13.50</b>	+00:05:18 (18.2%)	3:53	15.4 (81.9%)
21	<b>BUŚ Szymon</b>	<b>22</b>	LKS OSTROMECKO	M20	7		<b>00:29:17.35</b>	<b>00:29:17.35</b>	+00:05:22 (18.3%)	3:54	15.4 (81.9%)
22	<b>SZCZEPANIAK Cezary</b>	<b>246</b>		M40	8		<b>00:29:20.35</b>	<b>00:29:20.35</b>	+00:05:25 (18.5%)	3:54	15.3 (81.4%)
23	<b>WIĘCKOWSKI Dariusz</b>	<b>195</b>	AMS TRIATHLON	M30	6		<b>00:29:21.25</b>	<b>00:29:21.25</b>	+00:05:26 (18.5%)	3:54	15.3 (81.4%)
24	<b>KUNICKI Michał</b>	<b>251</b>	LUKS START NAKŁO	M19	1		<b>00:29:24.05</b>	<b>00:29:24.05</b>	+00:05:29 (18.7%)	3:55	15.3 (81.4%)
25	<b>JABŁOŃSKI Marcin</b>	<b>54</b>	KRYSPORTTEAM	M40	9		<b>00:29:31.65</b>	<b>00:29:31.65</b>	+00:05:36 (19.0%)	3:56	15.2 (80.9%)
26	<b>ŁUCZAK Paweł</b>	<b>114</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	2		<b>00:29:50.35</b>	<b>00:29:50.35</b>	+00:05:55 (19.8%)	3:58	15.1 (80.3%)
27	<b>KRZYWDZIŃSKI Dominik</b>	<b>95</b>	UKB SZUBIN	M19	2		<b>00:30:05.25</b>	<b>00:30:05.25</b>	+00:06:10 (20.5%)	4:00	15 (79.8%)
28	<b>ZAKRZEWSKI Mateusz</b>	<b>254</b>		M19	3	Tak	<b>00:30:14.25</b>	<b>00:30:14.25</b>	+00:06:19 (20.9%)	4:01	14.9 (79.3%)
29	<b>BUTRYN Nikodem</b>	<b>23</b>		M50	3		<b>00:30:27.30</b>	<b>00:30:27.30</b>	+00:06:32 (21.5%)	4:03	14.8 (78.7%)
30	<b>SYROCKI Michał</b>	<b>178</b>		M30	7	Tak	<b>00:30:41.00</b>	<b>00:30:41.00</b>	+00:06:46 (22.1%)	4:05	14.7 (78.2%)
31	<b>KARNOWSKI Sebastian</b>	<b>66</b>		M30	8	Tak	<b>00:30:42.15</b>	<b>00:30:42.15</b>	+00:06:47 (22.1%)	4:05	14.7 (78.2%)
32	<b>JAROCKA Beata</b>	<b>55</b>		K40	1	Tak	<b>00:31:03.70</b>	<b>00:31:03.70</b>	+00:07:08 (23.0%)	4:08	14.5 (77.1%)
33	<b>BASA Jacek</b>	<b>6</b>	ROZBIEGANA KRUSZWICA	M40	10		<b>00:31:04.25</b>	<b>00:31:04.25</b>	+00:07:09 (23.0%)	4:08	14.5 (77.1%)
34	<b>KOCINIEWSKI Łukasz</b>	<b>83</b>	LKS JANOWO	M19	4	Tak	<b>00:31:06.30</b>	<b>00:31:06.30</b>	+00:07:11 (23.1%)	4:08	14.5 (77.1%)
35	<b>STARSZAK Seweryn</b>	<b>176</b>		M19	5	Tak	<b>00:31:16.40</b>	<b>00:31:16.40</b>	+00:07:21 (23.5%)	4:10	14.4 (76.6%)
36	<b>NAWROCKA Sylwia</b>	<b>127</b>	TEAM PASJA - INOWROCŁAW	K30	2		<b>00:31:20.05</b>	<b>00:31:20.05</b>	+00:07:25 (23.7%)	4:10	14.4 (76.6%)
37	<b>NAWROCKI Mariusz</b>	<b>129</b>		M30	9		<b>00:31:34.00</b>	<b>00:31:34.00</b>	+00:07:39 (24.2%)	4:12	14.3 (76.1%)
38	<b>KOCINIEWSKI Franciszek</b>	<b>78</b>	LKS JANOWO	M20	8	Tak	<b>00:31:39.20</b>	<b>00:31:39.20</b>	+00:07:44 (24.4%)	4:13	14.2 (75.5%)
39	<b>HERMANN Wojciech</b>	<b>258</b>	HMM	M40	11		<b>00:31:45.45</b>	<b>00:31:45.45</b>	+00:07:50 (24.7%)	4:14	14.2 (75.5%)
40	<b>KAŁAMAJA Jakub</b>	<b>63</b>		M30	10		<b>00:31:53.45</b>	<b>00:31:53.45</b>	+00:07:58 (25.0%)	4:15	14.1 (75.0%)
41	<b>MACIEJEWSKI Wojciech</b>	<b>253</b>	K.S. WISEŁKA	M19	6	Tak	<b>00:32:06.25</b>	<b>00:32:06.25</b>	+00:08:11 (25.5%)	4:16	14 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
42		265					00:32:14.35	00:32:14.35	+00:08:19 (25.8%)	4:17	14 (74.5%)
43	MICHALIK Joanna	119	PBSLK	K30	3		00:32:23.45	00:32:23.45	+00:08:28 (26.2%)	4:19	13.9 (73.9%)
44	KELER Krzysztof	70	INOWROCŁAW BIEGA	M20	9		00:32:34.95	00:32:34.95	+00:08:39 (26.6%)	4:20	13.8 (73.4%)
45	KOCINIEWSKI Darek	77	LKS JANOWO	M40	12	Tak	00:32:53.75	00:32:53.75	+00:08:58 (27.3%)	4:23	13.7 (72.9%)
46	BOGDANOWICZ Patrycja	266	FLOW DANCE STUDIO	K30	4		00:33:00.70	00:33:00.70	+00:09:05 (27.6%)	4:24	13.6 (72.3%)
47	ANDRZEJEWSKI Paweł	208		M40	13		00:33:11.05	00:33:11.05	+00:09:16 (27.9%)	4:25	13.6 (72.3%)
48	ŁOJEWSKI Mariusz	113	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M40	14	Tak	00:33:11.95	00:33:11.95	+00:09:16 (28.0%)	4:25	13.6 (72.3%)
49	KALISZ Andrzej	59	TORUNSKI KLUB TRIATHLONOWY	M50	4		00:33:14.70	00:33:14.70	+00:09:19 (28.1%)	4:25	13.5 (71.8%)
50	ROSZAK Zbigniew	154	WATAHA ŁĄCZY NAS BIEGANIE	M30	11		00:33:20.10	00:33:20.10	+00:09:25 (28.3%)	4:26	13.5 (71.8%)
51	SKONIECZNY Marcin	166	FORDON RUNNERS-NESSI KOLOROWA DRUŻYNA-BIEGACZE-ON THE MOVE-PUSZCZALSCY	M40	15		00:33:26.20	00:33:26.20	+00:09:31 (28.5%)	4:27	13.5 (71.8%)
52	LIPOWSKI Jakub	275		M19	7	Tak	00:33:28.45	00:33:28.45	+00:09:33 (28.6%)	4:27	13.4 (71.3%)
53	SOWIŃSKI Marcin	173		M30	12		00:33:39.00	00:33:39.00	+00:09:44 (28.9%)	4:29	13.4 (71.3%)
54	BRAŹKIEWICZ Rafał	18		M40	16		00:33:42.50	00:33:42.50	+00:09:47 (29.0%)	4:29	13.4 (71.3%)
55	MIĘKCZYŃSKI Miłosz	121	LUPUS TEAM	M30	13		00:33:43.50	00:33:43.50	+00:09:48 (29.1%)	4:29	13.3 (70.7%)
56	PALACZ Wioletta	136		K40	2		00:33:47.40	00:33:47.40	+00:09:52 (29.2%)	4:30	13.3 (70.7%)
57	HALINIAK Jakub	51		M19	8	Tak	00:33:49.95	00:33:49.95	+00:09:54 (29.3%)	4:30	13.3 (70.7%)
58	STROMCZYŃSKI Wiesław	177	TUPTUS BORÓWNO	M60	1		00:33:54.35	00:33:54.35	+00:09:59 (29.5%)	4:31	13.3 (70.7%)
59	PAWŁOWSKI Radosław	138		M50	5		00:34:03.35	00:34:03.35	+00:10:08 (29.8%)	4:32	13.2 (70.2%)
60	ROSIAK Jarosław	153	3KR	M40	17		00:34:10.15	00:34:10.15	+00:10:15 (30.0%)	4:33	13.2 (70.2%)
61	BARSZCZ Tomasz	5		M30	14		00:34:17.80	00:34:17.80	+00:10:22 (30.3%)	4:34	13.1 (69.7%)
62	MACIEJEWSKI Zbigniew	115	TG SOKÓŁ GNIEWKOWO	M50	6		00:34:20.10	00:34:20.10	+00:10:25 (30.3%)	4:34	13.1 (69.7%)
63	KRYSZTOFIAK Michał	93	ULUNG TEAM	M40	18		00:34:21.75	00:34:21.75	+00:10:26 (30.4%)	4:34	13.1 (69.7%)
64	BIELEC Wojciech	9		M30	15		00:34:25.50	00:34:25.50	+00:10:30 (30.5%)	4:35	13.1 (69.7%)
65	PODBIELSKA Alina	237	KM UMK TORUŃ	K50	1		00:34:26.75	00:34:26.75	+00:10:31 (30.6%)	4:35	13.1 (69.7%)

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						Gminy Dąbrowa Chełmińska					
66	<b>KOTŁOWSKI Przemysław</b>	<b>222</b>	MKS SP 63 BYDGOSZCZ	M40	19		<b>00:34:32.25</b>	<b>00:34:32.25</b>	+00:10:37 (30.8%)	4:36	13 (69.1%)
67	<b>BOROWICZ Anna</b>	<b>13</b>		K30	5		<b>00:34:33.10</b>	<b>00:34:33.10</b>	+00:10:38 (30.8%)	4:36	13 (69.1%)
68	<b>GANDZIAROWSKA Anna</b>	<b>38</b>		K20	1	Tak	<b>00:34:34.50</b>	<b>00:34:34.50</b>	+00:10:39 (30.8%)	4:36	13 (69.1%)
69	<b>ZAKÓRZEWSKI Jacek</b>	<b>249</b>		M40	20	Tak	<b>00:34:36.80</b>	<b>00:34:36.80</b>	+00:10:41 (30.9%)	4:36	13 (69.1%)
70	<b>GZYL Mikołaj</b>	<b>214</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	16		<b>00:34:40.15</b>	<b>00:34:40.15</b>	+00:10:45 (31.0%)	4:37	13 (69.1%)
71	<b>ŚLIWIŃSKI Michał</b>	<b>183</b>	UKS 'DĄBROWA'	M30	17		<b>00:34:41.05</b>	<b>00:34:41.05</b>	+00:10:46 (31.0%)	4:37	13 (69.1%)
72	<b>KOCINIEWSKI Jacek</b>	<b>81</b>	LKS JANOWO	M40	21	Tak	<b>00:34:41.35</b>	<b>00:34:41.35</b>	+00:10:46 (31.1%)	4:37	13 (69.1%)
73	<b>LEWANDOWSKI Władysław</b>	<b>107</b>		M60	2		<b>00:34:46.70</b>	<b>00:34:46.70</b>	+00:10:51 (31.2%)	4:38	12.9 (68.6%)
74	<b>BERNACKI Dominik</b>	<b>8</b>		M30	18		<b>00:34:50.40</b>	<b>00:34:50.40</b>	+00:10:55 (31.4%)	4:38	12.9 (68.6%)
75	<b>GRUBICH Arkadiusz</b>	<b>49</b>		M40	22		<b>00:34:57.60</b>	<b>00:34:57.60</b>	+00:11:02 (31.6%)	4:39	12.9 (68.6%)
76	<b>WESTFALEWSKI Tomasz</b>	<b>191</b>	LKS BOGMAR OSTROMECKO	M20	10	Tak	<b>00:34:58.05</b>	<b>00:34:58.05</b>	+00:11:03 (31.6%)	4:39	12.9 (68.6%)
77	<b>STARSZAK Paweł</b>	<b>175</b>		M40	23	Tak	<b>00:35:04.75</b>	<b>00:35:04.75</b>	+00:11:09 (31.8%)	4:40	12.8 (68.1%)
78	<b>KOPIEC Mateusz</b>	<b>84</b>		M20	11	Tak	<b>00:35:05.80</b>	<b>00:35:05.80</b>	+00:11:10 (31.9%)	4:40	12.8 (68.1%)
79	<b>KALINOWSKA Lidia</b>	<b>58</b>		K30	6		<b>00:35:09.05</b>	<b>00:35:09.05</b>	+00:11:14 (32.0%)	4:41	12.8 (68.1%)
80	<b>KOCINIEWSKI Wojciech</b>	<b>79</b>	LKS JANOWO	M19	9	Tak	<b>00:35:13.90</b>	<b>00:35:13.90</b>	+00:11:18 (32.1%)	4:41	12.8 (68.1%)
81	<b>MAŁKIŃSKI Józef</b>	<b>228</b>		M60	3		<b>00:35:18.35</b>	<b>00:35:18.35</b>	+00:11:23 (32.3%)	4:42	12.7 (67.6%)
82	<b>KURBIEL-SYROCKA Aleksandra</b>	<b>102</b>		K30	7		<b>00:35:18.80</b>	<b>00:35:18.80</b>	+00:11:23 (32.3%)	4:42	12.7 (67.6%)
83	<b>KOCINIEWSKI Bartłomiej</b>	<b>76</b>	LKS JANOWO	M30	19	Tak	<b>00:35:22.65</b>	<b>00:35:22.65</b>	+00:11:27 (32.4%)	4:42	12.7 (67.6%)
84	<b>GODZIUK Roman</b>	<b>211</b>		M50	7		<b>00:35:23.40</b>	<b>00:35:23.40</b>	+00:11:28 (32.4%)	4:43	12.7 (67.6%)
85	<b>BRATEK Andrzej</b>	<b>16</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	4		<b>00:35:26.05</b>	<b>00:35:26.05</b>	+00:11:31 (32.5%)	4:43	12.7 (67.6%)
86	<b>GULCZYŃSKI Adam</b>	<b>260</b>		M40	24	Tak	<b>00:35:30.85</b>	<b>00:35:30.85</b>	+00:11:35 (32.7%)	4:44	12.7 (67.6%)
87	<b>BIELEC Michał</b>	<b>10</b>	SP 63 BYDGOSZCZ	M40	25		<b>00:35:32.40</b>	<b>00:35:32.40</b>	+00:11:37 (32.7%)	4:44	12.7 (67.6%)
88	<b>PIWOŃSKI Robert</b>	<b>141</b>		M40	26		<b>00:35:36.30</b>	<b>00:35:36.30</b>	+00:11:41 (32.8%)	4:44	12.6 (67.0%)
89	<b>MOCZYŃSKI Leszek.</b>	<b>230</b>	FORDON BIEGA.	M60	5		<b>00:35:41.25</b>	<b>00:35:41.25</b>	+00:11:46 (33.0%)	4:45	12.6 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
90	<b>FILIPSKA Paulina</b>	<b>34</b>		K30	8		<b>00:35:42.35</b>	<b>00:35:42.35</b>	+00:11:47 (33.0%)	4:45	12.6 (67.0%)
91	<b>MISUN-NOWAK Katarzyna</b>	<b>123</b>	AMS TRIATHLON	K30	9		<b>00:35:43.90</b>	<b>00:35:43.90</b>	+00:11:48 (33.1%)	4:45	12.6 (67.0%)
92	<b>POLIWODZIŃSKI Mateusz</b>	<b>145</b>	KS WISŁKA BYDGOSZCZ-FORDON	M19	10		<b>00:35:46.00</b>	<b>00:35:46.00</b>	+00:11:51 (33.1%)	4:46	12.6 (67.0%)
93	<b>MIKA Krystian</b>	<b>122</b>		M30	20		<b>00:35:48.55</b>	<b>00:35:48.55</b>	+00:11:53 (33.2%)	4:46	12.6 (67.0%)
94	<b>KLAWIKOWSKA Julita</b>	<b>71</b>	TKKF KOLEJARZ BYDGOSZCZ	K30	10		<b>00:35:49.70</b>	<b>00:35:49.70</b>	+00:11:54 (33.2%)	4:46	12.6 (67.0%)
95	<b>RUTKOWSKI Tomasz</b>	<b>158</b>		M40	27	Tak	<b>00:35:53.50</b>	<b>00:35:53.50</b>	+00:11:58 (33.4%)	4:47	12.5 (66.5%)
96	<b>KOWALCZYK Robert</b>	<b>256</b>	LKS OSTROMECKO	M40	28	Tak	<b>00:35:55.55</b>	<b>00:35:55.55</b>	+00:12:00 (33.4%)	4:47	12.5 (66.5%)
97	<b>KOCINIEWSKI Mateusz</b>	<b>82</b>	LKS JANOWO	M20	12	Tak	<b>00:35:57.85</b>	<b>00:35:57.85</b>	+00:12:02 (33.5%)	4:47	12.5 (66.5%)
98	<b>ZGLIŃSKA Anna</b>	<b>202</b>	PRZEBIEGLI UNISŁAW I OKOLICE	K30	11		<b>00:35:58.95</b>	<b>00:35:58.95</b>	+00:12:03 (33.5%)	4:47	12.5 (66.5%)
99	<b>NOWAK Waldemar</b>	<b>132</b>	TRI-AMATOR EWELINA NOWAK	M50	8		<b>00:35:59.45</b>	<b>00:35:59.45</b>	+00:12:04 (33.5%)	4:47	12.5 (66.5%)
100	<b>ZIÓŁKOWSKI Mieczysław</b>	<b>205</b>	DECATHLON TEAM INOWROCŁAW	M50	9		<b>00:36:01.15</b>	<b>00:36:01.15</b>	+00:12:06 (33.6%)	4:48	12.5 (66.5%)
101	<b>KACZMAREK Anna</b>	<b>57</b>		K30	12		<b>00:36:07.25</b>	<b>00:36:07.25</b>	+00:12:12 (33.8%)	4:48	12.5 (66.5%)
102	<b>NAWROCKI Jarosław</b>	<b>128</b>		M50	10		<b>00:36:08.05</b>	<b>00:36:08.05</b>	+00:12:13 (33.8%)	4:49	12.5 (66.5%)
103	<b>PODLEWSKA Michalina</b>	<b>142</b>		K20	2		<b>00:36:10.35</b>	<b>00:36:10.35</b>	+00:12:15 (33.9%)	4:49	12.4 (66.0%)
103	<b>KAWALEC Marcin</b>	<b>69</b>		M20	13	Tak	<b>00:36:10.35</b>	<b>00:36:10.35</b>	+00:12:15 (33.9%)	4:49	12.4 (66.0%)
105	<b>ZDUNICH Krzysztof</b>	<b>255</b>		M40	29		<b>00:36:11.45</b>	<b>00:36:11.45</b>	+00:12:16 (33.9%)	4:49	12.4 (66.0%)
106	<b>UŁOWSKA Katarzyna</b>	<b>187</b>	CHMIELARZ TEAM	K20	3		<b>00:36:11.55</b>	<b>00:36:11.55</b>	+00:12:16 (33.9%)	4:49	12.4 (66.0%)
107	<b>BĄK Łukasz</b>	<b>7</b>		M30	21		<b>00:36:13.00</b>	<b>00:36:13.00</b>	+00:12:18 (34.0%)	4:49	12.4 (66.0%)
108	<b>SKONIECZNA Marlena</b>	<b>165</b>	FORDON RUNNERS-NESSI KOLOROWA DRUŻYNA-BIEGACZE-ON THE MOVE	K40	3		<b>00:36:17.20</b>	<b>00:36:17.20</b>	+00:12:22 (34.1%)	4:50	12.4 (66.0%)
109	<b>BRZozowska Iwona</b>	<b>20</b>	PRZEBIEGLI UNISŁAW I OKLICE	K50	2		<b>00:36:23.00</b>	<b>00:36:23.00</b>	+00:12:28 (34.3%)	4:51	12.4 (66.0%)
110	<b>KUCIAK Angelika</b>	<b>224</b>	CHMIELARZ TEAM	K30	13		<b>00:36:24.55</b>	<b>00:36:24.55</b>	+00:12:29 (34.3%)	4:51	12.4 (66.0%)
111	<b>KLAWIKOWSKI Dawid</b>	<b>72</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	22		<b>00:36:25.35</b>	<b>00:36:25.35</b>	+00:12:30 (34.3%)	4:51	12.4 (66.0%)
112	<b>SIKORA Antoni</b>	<b>241</b>	ŻNIŃSKI KLUB BIEGACZA 1992	M70	1		<b>00:36:27.95</b>	<b>00:36:27.95</b>	+00:12:32 (34.4%)	4:51	12.3 (65.4%)
113	<b>KAPUSTA Maciej</b>	<b>261</b>		M40	30		<b>00:36:28.20</b>	<b>00:36:28.20</b>	+00:12:33 (34.4%)	4:51	12.3 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
114	KUŻMA Wojciech	104		M50	11		00:36:32.30	00:36:32.30	+00:12:37 (34.5%)	4:52	12.3 (65.4%)
115	KRAJEWSKI Tomasz	88		M30	23		00:36:36.75	00:36:36.75	+00:12:41 (34.7%)	4:52	12.3 (65.4%)
116	KRASKA Maria	90		K20	4	Tak	00:36:40.30	00:36:40.30	+00:12:45 (34.8%)	4:53	12.3 (65.4%)
117	KRUCZKOWSKI Piotr	92	KRYSPORT TEAM	M50	12		00:36:41.15	00:36:41.15	+00:12:46 (34.8%)	4:53	12.3 (65.4%)
118	BOROWICZ Ireneusz	14		M30	24		00:36:41.65	00:36:41.65	+00:12:46 (34.8%)	4:53	12.3 (65.4%)
119	KUZIOŁA Łukasz	226		M40	31	Tak	00:36:42.40	00:36:42.40	+00:12:47 (34.8%)	4:53	12.3 (65.4%)
120	FRĄCKOWIAK Marta	35	KRYSPORT TEAM	K30	14		00:36:46.30	00:36:46.30	+00:12:51 (35.0%)	4:54	12.2 (64.9%)
121	ŚLIWIŃSKI Piotr	182		M30	25	Tak	00:36:49.80	00:36:49.80	+00:12:54 (35.1%)	4:54	12.2 (64.9%)
122	KRÓL Karol	91	TKKF KOLEJARZ BYDGOSZCZ	M40	32		00:37:14.35	00:37:14.35	+00:13:19 (35.8%)	4:57	12.1 (64.4%)
123	PANKANIN Martyna	270		K19	1	Tak	00:37:16.20	00:37:16.20	+00:13:21 (35.8%)	4:58	12.1 (64.4%)
124	ETTINGER Justyna	32	RUN BYDGOSZCZ	K40	4		00:37:19.25	00:37:19.25	+00:13:24 (35.9%)	4:58	12.1 (64.4%)
125	KRZYWDZIŃSKI Józef	94	TKKF INSTALATOR-PELIKAN	M40	33		00:37:31.55	00:37:31.55	+00:13:36 (36.3%)	5:00	12 (63.8%)
126	GAPPA Karolina	39		K20	5		00:37:32.50	00:37:32.50	+00:13:37 (36.3%)	5:00	12 (63.8%)
127	BŁASZKIEWICZ Marek	268		M20	14	Tak	00:37:33.75	00:37:33.75	+00:13:38 (36.3%)	5:00	12 (63.8%)
128	POLAKOWSKI Tomasz	143		M30	26		00:37:37.05	00:37:37.05	+00:13:42 (36.4%)	5:00	12 (63.8%)
129	ROGOZIŃSKA Karolina	150		K30	15		00:37:48.95	00:37:48.95	+00:13:53 (36.8%)	5:02	11.9 (63.3%)
129	ROGOZIŃSKI Aleksander	151		M30	27		00:37:48.95	00:37:48.95	+00:13:53 (36.8%)	5:02	11.9 (63.3%)
131	HALINIAK Dominik	53		M20	15	Tak	00:38:02.75	00:38:02.75	+00:14:07 (37.1%)	5:04	11.8 (62.8%)
132	POLIWODZIŃSKI Michał	144	KS WISŁKA BYDGOSZCZ-FORDON	M40	34		00:38:03.65	00:38:03.65	+00:14:08 (37.2%)	5:04	11.8 (62.8%)
133	WALUSIAK Miłosz	189		M30	28		00:38:18.45	00:38:18.45	+00:14:23 (37.6%)	5:06	11.7 (62.2%)
134	KRASIŃSKI Piotr	89		M40	35		00:38:29.00	00:38:29.00	+00:14:34 (37.9%)	5:07	11.7 (62.2%)
135	SOSIŃSKI Paweł	172		M30	29	Tak	00:38:29.75	00:38:29.75	+00:14:34 (37.9%)	5:07	11.7 (62.2%)
136	OSIECKI Grzegorz	134		M60	6		00:38:36.70	00:38:36.70	+00:14:41 (38.1%)	5:08	11.7 (62.2%)
137	RUTKOWSKI Kamil	160		M19	11	Tak	00:38:39.05	00:38:39.05	+00:14:44 (38.1%)	5:09	11.6 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
138	<b>BRZOWSKI Jarosław</b>	<b>21</b>	BRZOZA TRI TEAM	M50	13		<b>00:38:40.15</b>	<b>00:38:40.15</b>	+00:14:45 (38.2%)	5:09	11.6 (61.7%)
139	<b>TRUDNOWSKI Janusz</b>	<b>186</b>	RUN PASJA	M70	2		<b>00:38:49.80</b>	<b>00:38:49.80</b>	+00:14:54 (38.4%)	5:10	11.6 (61.7%)
140	<b>RUTKOWSKI Szymon</b>	<b>159</b>		M19	12	Tak	<b>00:38:58.35</b>	<b>00:38:58.35</b>	+00:15:03 (38.6%)	5:11	11.5 (61.2%)
141	<b>TARGOWSKI Marcin</b>	<b>185</b>	MKS SP 63	M30	30		<b>00:39:10.85</b>	<b>00:39:10.85</b>	+00:15:15 (39.0%)	5:13	11.5 (61.2%)
142		<b>276</b>					<b>00:39:16.05</b>	<b>00:39:16.05</b>	+00:15:21 (39.1%)	5:14	11.5 (61.2%)
143	<b>KRÓL Zbigniew</b>	<b>259</b>		M40	36		<b>00:39:17.30</b>	<b>00:39:17.30</b>	+00:15:22 (39.1%)	5:14	11.5 (61.2%)
144	<b>TARGOWSKA Małgorzata</b>	<b>184</b>	AZS UTP BYDGOSZCZ	K30	16		<b>00:39:22.95</b>	<b>00:39:22.95</b>	+00:15:27 (39.3%)	5:14	11.4 (60.6%)
145	<b>SIUDZIŃSKA Anna</b>	<b>243</b>		K40	5		<b>00:39:25.80</b>	<b>00:39:25.80</b>	+00:15:30 (39.3%)	5:15	11.4 (60.6%)
146	<b>KWIATKOWSKA Małgorzata</b>	<b>105</b>		K30	17		<b>00:39:26.25</b>	<b>00:39:26.25</b>	+00:15:31 (39.4%)	5:15	11.4 (60.6%)
147	<b>GOŁATA Agnieszka</b>	<b>44</b>	WILCZA WATAHA	K30	18	Tak	<b>00:39:39.35</b>	<b>00:39:39.35</b>	+00:15:44 (39.7%)	5:17	11.3 (60.1%)
148	<b>LEWANDOWSKA Małgorzata</b>	<b>106</b>	TG'SOKÓŁ GNIEWKOWO	K50	3		<b>00:39:43.30</b>	<b>00:39:43.30</b>	+00:15:48 (39.8%)	5:17	11.3 (60.1%)
149	<b>ZIELIŃSKI Radosław</b>	<b>204</b>		M30	31		<b>00:39:47.25</b>	<b>00:39:47.25</b>	+00:15:52 (39.9%)	5:18	11.3 (60.1%)
150	<b>SOSIŃSKA Izabela</b>	<b>171</b>		K30	19	Tak	<b>00:39:57.35</b>	<b>00:39:57.35</b>	+00:16:02 (40.1%)	5:19	11.3 (60.1%)
151	<b>ŚLIWIŃSKA Justyna</b>	<b>180</b>	UKS DĄBROWA	K30	20		<b>00:39:57.60</b>	<b>00:39:57.60</b>	+00:16:02 (40.1%)	5:19	11.3 (60.1%)
152	<b>SMYKOWSKI Paweł</b>	<b>170</b>		M19	13		<b>00:39:58.85</b>	<b>00:39:58.85</b>	+00:16:03 (40.2%)	5:19	11.3 (60.1%)
153	<b>SMYKOWSKI Marcin</b>	<b>169</b>		M40	37		<b>00:39:59.70</b>	<b>00:39:59.70</b>	+00:16:04 (40.2%)	5:19	11.3 (60.1%)
154	<b>WILK Oliwia</b>	<b>247</b>		K19	2	Tak	<b>00:40:00.65</b>	<b>00:40:00.65</b>	+00:16:05 (40.2%)	5:20	11.3 (60.1%)
155	<b>LIPONOGA Victoria</b>	<b>271</b>		K19	3	Tak	<b>00:40:05.35</b>	<b>00:40:05.35</b>	+00:16:10 (40.3%)	5:20	11.2 (59.6%)
156	<b>BALEWSKA Iwona</b>	<b>3</b>		K40	6		<b>00:40:18.70</b>	<b>00:40:18.70</b>	+00:16:23 (40.7%)	5:22	11.2 (59.6%)
157	<b>KARBOWNIK Marcin</b>	<b>65</b>	LKS OSTROMECKO	M20	16	Tak	<b>00:40:45.95</b>	<b>00:40:45.95</b>	+00:16:50 (41.3%)	5:26	11 (58.5%)
158	<b>OŚWIECIŃSKA Karolina</b>	<b>135</b>		K20	6		<b>00:41:01.65</b>	<b>00:41:01.65</b>	+00:17:06 (41.7%)	5:28	11 (58.5%)
159	<b>ŁADNIAK Bernadeta</b>	<b>112</b>		K30	21		<b>00:41:07.90</b>	<b>00:41:07.90</b>	+00:17:12 (41.9%)	5:28	10.9 (58.0%)
160	<b>KOCINIEWSKA Wiktoria</b>	<b>272</b>		K19	4	Tak	<b>00:41:23.20</b>	<b>00:41:23.20</b>	+00:17:28 (42.2%)	5:31	10.9 (58.0%)
161	<b>STAŃCZAK Kamil</b>	<b>174</b>		M20	17	Tak	<b>00:41:23.50</b>	<b>00:41:23.50</b>	+00:17:28 (42.2%)	5:31	10.9 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
162	<b>GOŁATA Julia</b>	<b>43</b>	WILCZA WATAHA	K19	5	Tak	<b>00:42:14.45</b>	<b>00:42:14.45</b>	+00:18:19 (43.4%)	5:37	10.7 (56.9%)
163	<b>KOCINIEWSKI Marcin</b>	<b>274</b>	LKS JANOWO	M30	32	Tak	<b>00:42:15.15</b>	<b>00:42:15.15</b>	+00:18:20 (43.4%)	5:38	10.7 (56.9%)
164	<b>GOŁATA Wojciech</b>	<b>42</b>	WILCZA WATAHA	M30	33	Tak	<b>00:42:15.80</b>	<b>00:42:15.80</b>	+00:18:20 (43.4%)	5:38	10.7 (56.9%)
165	<b>WILK Krzysztof</b>	<b>267</b>		M70	3	Tak	<b>00:42:30.00</b>	<b>00:42:30.00</b>	+00:18:35 (43.7%)	5:40	10.6 (56.4%)
166	<b>MICHNIEWICZ Małgorzata</b>	<b>120</b>		K40	7		<b>00:42:30.90</b>	<b>00:42:30.90</b>	+00:18:35 (43.7%)	5:40	10.6 (56.4%)
167	<b>CHMIELEWSKI Ireneusz</b>	<b>26</b>	CZARNE STOPY SM.BYDGOSZCZ	M50	14		<b>00:42:32.00</b>	<b>00:42:32.00</b>	+00:18:37 (43.8%)	5:40	10.6 (56.4%)
168	<b>BORZYSZKOWSKI Grzegorz</b>	<b>15</b>	STARY FORDON	M30	34		<b>00:42:34.90</b>	<b>00:42:34.90</b>	+00:18:39 (43.8%)	5:40	10.6 (56.4%)
169	<b>MROTEK Marcin</b>	<b>124</b>		M30	35	Tak	<b>00:42:48.50</b>	<b>00:42:48.50</b>	+00:18:53 (44.1%)	5:42	10.5 (55.9%)
170	<b>OSAK Karolina</b>	<b>233</b>		K20	7	Tak	<b>00:42:58.35</b>	<b>00:42:58.35</b>	+00:19:03 (44.3%)	5:43	10.5 (55.9%)
171	<b>NIKOŁAJEW Monika</b>	<b>131</b>		K30	22		<b>00:43:17.95</b>	<b>00:43:17.95</b>	+00:19:22 (44.8%)	5:46	10.4 (55.3%)
172	<b>LIPOWSKA Agnieszka</b>	<b>269</b>		K30	23	Tak	<b>00:43:26.70</b>	<b>00:43:26.70</b>	+00:19:31 (44.9%)	5:47	10.4 (55.3%)
173	<b>DZIEDZIC Agnieszka</b>	<b>29</b>		K30	24		<b>00:43:35.95</b>	<b>00:43:35.95</b>	+00:19:40 (45.1%)	5:48	10.3 (54.8%)
174	<b>DZIEDZIC Marcin</b>	<b>30</b>		M30	36		<b>00:43:36.15</b>	<b>00:43:36.15</b>	+00:19:41 (45.1%)	5:48	10.3 (54.8%)
175	<b>KUK Bartłomiej</b>	<b>101</b>	ŁKS OSTROMECKO	M19	14	Tak	<b>00:43:54.70</b>	<b>00:43:54.70</b>	+00:19:59 (45.5%)	5:51	10.3 (54.8%)
176	<b>BARANOWSKI Damian</b>	<b>4</b>		M40	38		<b>00:44:06.45</b>	<b>00:44:06.45</b>	+00:20:11 (45.8%)	5:52	10.2 (54.3%)
176	<b>ZAWADZKA Małgorzata</b>	<b>200</b>		K30	25	Tak	<b>00:44:06.45</b>	<b>00:44:06.45</b>	+00:20:11 (45.8%)	5:52	10.2 (54.3%)
178	<b>KOWALIK Danuta</b>	<b>87</b>		K30	26	Tak	<b>00:44:09.50</b>	<b>00:44:09.50</b>	+00:20:14 (45.8%)	5:53	10.2 (54.3%)
179	<b>CIEŚLICKI Krzysztof</b>	<b>27</b>	SISU TEAM	M30	37		<b>00:44:28.15</b>	<b>00:44:28.15</b>	+00:20:33 (46.2%)	5:55	10.1 (53.7%)
180	<b>GADOMSKA Maria</b>	<b>37</b>	RUN BYDGOSZCZ	K60	1		<b>00:45:39.80</b>	<b>00:45:39.80</b>	+00:21:44 (47.6%)	6:05	9.9 (52.7%)
181	<b>BRAŹKIEWCZ Izabela</b>	<b>17</b>		K40	8		<b>00:45:51.45</b>	<b>00:45:51.45</b>	+00:21:56 (47.8%)	6:06	9.8 (52.1%)
182	<b>NICIEJEWSKA Julia</b>	<b>273</b>	UKS DĄBROWA	K19	6	Tak	<b>00:45:59.55</b>	<b>00:45:59.55</b>	+00:22:04 (48.0%)	6:07	9.8 (52.1%)
183	<b>KUCZYŃSKA Agnieszka</b>	<b>98</b>		K30	27		<b>00:46:08.55</b>	<b>00:46:08.55</b>	+00:22:13 (48.2%)	6:09	9.8 (52.1%)
184	<b>KNIOŁA Lucyna</b>	<b>74</b>		K50	4		<b>00:46:28.25</b>	<b>00:46:28.25</b>	+00:22:33 (48.5%)	6:11	9.7 (51.6%)
185	<b>MALCZEWSKA Mirka</b>	<b>117</b>		K60	2		<b>00:48:07.45</b>	<b>00:48:07.45</b>	+00:24:12 (50.3%)	6:24	9.4 (50.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
186	<b>POLIWKA Ula</b>	<b>238</b>		K30	28	Tak	<b>00:48:25.65</b>	<b>00:48:25.65</b>	+00:24:30 (50.6%)	6:27	9.3 (49.5%)
187	<b>KUK Wiktoria</b>	<b>100</b>		K19	7	Tak	<b>00:49:12.60</b>	<b>00:49:12.60</b>	+00:25:17 (51.4%)	6:33	9.1 (48.4%)
188	<b>KALISZEWSKI Sławomir</b>	<b>61</b>	3KR	M30	38		<b>00:49:34.45</b>	<b>00:49:34.45</b>	+00:25:39 (51.8%)	6:36	9.1 (48.4%)
189	<b>KALISZEWSKI Wojciech</b>	<b>62</b>	3KR	M30	39		<b>00:49:34.80</b>	<b>00:49:34.80</b>	+00:25:39 (51.8%)	6:36	9.1 (48.4%)
190	<b>WICHTOWSKA Ewa</b>	<b>193</b>		K30	29	Tak	<b>00:49:40.30</b>	<b>00:49:40.30</b>	+00:25:45 (51.9%)	6:37	9.1 (48.4%)
191	<b>KUK Piotr</b>	<b>262</b>	LKS OSTROMECKO	M40	39	Tak	<b>00:49:40.50</b>	<b>00:49:40.50</b>	+00:25:45 (51.9%)	6:37	9.1 (48.4%)
192	<b>KUK Sylwia</b>	<b>99</b>		K30	30	Tak	<b>00:49:40.85</b>	<b>00:49:40.85</b>	+00:25:45 (51.9%)	6:37	9.1 (48.4%)
193	<b>KUCHARCZYK Jolanta</b>	<b>264</b>		K30	31	Tak	<b>00:49:41.45</b>	<b>00:49:41.45</b>	+00:25:46 (51.9%)	6:37	9.1 (48.4%)
193	<b>KUCHARCZYK Hubert</b>	<b>97</b>		M40	40	Tak	<b>00:49:41.45</b>	<b>00:49:41.45</b>	+00:25:46 (51.9%)	6:37	9.1 (48.4%)
195	<b>ANDERSOHN Maciej</b>	<b>207</b>		M19	15		<b>00:50:01.75</b>	<b>00:50:01.75</b>	+00:26:06 (52.2%)	6:40	9 (47.9%)
196	<b>ANDERSOHN Paweł</b>	<b>206</b>		M40	41		<b>00:50:03.45</b>	<b>00:50:03.45</b>	+00:26:08 (52.2%)	6:40	9 (47.9%)
197	<b>ANGIEL Władysław</b>	<b>1</b>	TKKF KOLEJARZ BYDGOSZCZ	M80	1		<b>00:50:13.25</b>	<b>00:50:13.25</b>	+00:26:18 (52.4%)	6:41	9 (47.9%)
198	<b>SKÓRCZ Tomasz</b>	<b>168</b>		M50	15		<b>00:50:38.05</b>	<b>00:50:38.05</b>	+00:26:43 (52.8%)	6:45	8.9 (47.3%)
199	<b>SKÓRCZ Małgorzata</b>	<b>167</b>		K50	5		<b>00:51:04.15</b>	<b>00:51:04.15</b>	+00:27:09 (53.2%)	6:48	8.8 (46.8%)
200	<b>KOTŁOWSKA Małgorzata</b>	<b>85</b>	OSTROMECKO	K50	6	Tak	<b>00:51:04.50</b>	<b>00:51:04.50</b>	+00:27:09 (53.2%)	6:48	8.8 (46.8%)
201	<b>WEYNA Stanisława</b>	<b>192</b>		K50	7	Tak	<b>00:51:23.70</b>	<b>00:51:23.70</b>	+00:27:28 (53.5%)	6:51	8.8 (46.8%)
202	<b>GOLA Grzegorz</b>	<b>41</b>	TG SOKÓŁ GNIEWKOWO	M40	42		<b>00:51:59.30</b>	<b>00:51:59.30</b>	+00:28:04 (54.0%)	6:55	8.7 (46.3%)
203	<b>GURYN Wiktor</b>	<b>263</b>		M30	40		<b>00:52:07.35</b>	<b>00:52:07.35</b>	+00:28:12 (54.1%)	6:56	8.6 (45.7%)
204	<b>KARDASZ Arkadiusz</b>	<b>252</b>		M40	43		<b>00:52:45.00</b>	<b>00:52:45.00</b>	+00:28:50 (54.7%)	7:02	8.5 (45.2%)
205	<b>JURKIEWICZ Tatiana</b>	<b>56</b>	UKS DĄBROWA	K19	8	Tak	<b>00:52:47.35</b>	<b>00:52:47.35</b>	+00:28:52 (54.7%)	7:02	8.5 (45.2%)
206	<b>GRABSKA Patrycja</b>	<b>48</b>		K20	8		<b>00:53:44.80</b>	<b>00:53:44.80</b>	+00:29:49 (55.5%)	7:09	8.4 (44.7%)
207	<b>NUNZEK Agnieszka</b>	<b>133</b>	#ŻÓŁTOKRÓLEWSCY	K40	9		<b>00:53:50.30</b>	<b>00:53:50.30</b>	+00:29:55 (55.6%)	7:10	8.4 (44.7%)
208	<b>ZDUNIAK Anna</b>	<b>201</b>		K40	10		<b>00:54:54.20</b>	<b>00:54:54.20</b>	+00:30:59 (56.4%)	7:19	8.2 (43.6%)