



XXXII BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

Organizator: Stowarzyszenie "Bieg Zaślubin"; Miejski Ośrodek Sportu i Rekreacji w Kołobrzegu
Data: 2018-03-11
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: K35

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	MERDA Katarzyna	367	MTS HAMER MIASTKO	K35	1	00:02:49	00:30:20	00:33:22	01:01:45	01:04:41.95		4:18	13.9 (100%)
2	MAKSYMOWICZ Kornelia	352		K35	2	00:03:00	00:31:28	00:34:42	01:04:29	01:07:37.00	+00:02:55 (4.3%)	4:30	13.3 (95.7%)
3	KOSECKA Katarzyna	267	KB WYGAN	K35	3	00:03:02	00:33:26	00:36:44	01:07:12	01:10:19.85	+00:05:37 (8.0%)	4:41	12.8 (92.1%)
4	KUŹMIŃSKA Maryla	673	BRZOZA BIEGA	K35	4	00:03:25	00:34:10	00:37:35	01:09:03	01:12:23.75	+00:07:41 (10.6%)	4:49	12.4 (89.2%)
5	ŁAWNICZAK Justyna	337	TEAM ŚWIĘTA	K35	5	00:02:57	00:33:18	00:36:45	01:09:46	01:13:07.80	+00:08:25 (11.5%)	4:52	12.3 (88.5%)
6	KULINICZ Agnieszka	305	ROZBIEGANY GOLENIÓW	K35	6	00:03:27	00:34:48	00:38:15	01:10:18	01:13:39.85	+00:08:57 (12.2%)	4:54	12.2 (87.8%)
7	MIGALSKA-STANKIEWICZ Lucyna	373		K35	7	00:03:06	00:34:25	00:38:00	01:11:24	01:14:55.20	+00:10:13 (13.6%)	4:59	12 (86.3%)
8	NOWAK Klaudia	390	ROZBIEGANY GOLENIÓW	K35	8	00:03:26	00:35:17	00:38:48	01:11:48	01:15:17.45	+00:10:35 (14.1%)	5:01	12 (86.3%)
9	LISIK Justyna	328	DECATHLON SŁUPSK	K35	9	00:03:29	00:37:10	00:40:51	01:15:32	01:19:06.60	+00:14:24 (18.2%)	5:16	11.4 (82.0%)
10	SZUBERT Agnieszka	562	KOŁOBRZEG BIEGA	K35	10	00:03:45	00:37:34	00:41:09	01:15:51	01:19:13.90	+00:14:31 (18.3%)	5:16	11.4 (82.0%)
11	HASS Anita	185	E-FIZJO TEAM	K35	11	00:03:24	00:35:57	00:39:43	01:15:37	01:19:19.10	+00:14:37 (18.4%)	5:17	11.3 (81.3%)
12	WEGNER Aneta	603		K35	12	00:03:31	00:36:46	00:40:28	01:16:04	01:19:50.65	+00:15:08 (19.0%)	5:19	11.3 (81.3%)
13	CENTKA Katarzyna	68	TEAM ŚWIĘTA	K35	13	00:03:27	00:37:08	00:40:50	01:16:51	01:20:28.20	+00:15:46 (19.6%)	5:21	11.2 (80.6%)
14	GÓRECKA-MITORAJ Justyna	163	MAMY TO !	K35	14	00:03:34	00:36:56	00:40:42	01:17:08	01:21:00.40	+00:16:18 (20.1%)	5:24	11.1 (79.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat					Czas netto		Tempo min/km	Tempo km/h
						0.698km	7.151km	7.849km	14.303km	15km	Różn		
15	KULCZYK Katarzyna	303	KB BRYZA POSTOMINO	K35	15	00:03:42	00:38:18	00:42:10	01:19:27	01:23:22.65	+00:18:40 (22.4%)	5:33	10.8 (77.7%)
16	KOZIARZ Anna	280		K35	16	00:03:45	00:38:24	00:42:18	01:19:40	01:23:27.10	+00:18:45 (22.5%)	5:33	10.8 (77.7%)
17	BORKOWSKA-KOWALCZYK Daria	44	ROZBIEGANY KOSZALIN	K35	17	00:03:44	00:38:43	00:42:37	01:19:49	01:23:30.65	+00:18:48 (22.5%)	5:34	10.8 (77.7%)
18	ZŁOTNICKA-TRYBUCHOWSKA Małgorzata	679		K35	18	00:04:11	00:40:41	00:44:35	01:20:27	01:24:04.35	+00:19:22 (23.0%)	5:36	10.7 (77.0%)
19	JANUSZEWSKA Anna	208		K35	19	00:03:18	00:39:06	00:43:00	01:20:29	01:24:09.20	+00:19:27 (23.1%)	5:36	10.7 (77.0%)
20	KUKIEŁKA Anna	301		K35	20	00:03:59	00:39:26	00:43:18	01:20:28	01:24:22.60	+00:19:40 (23.3%)	5:37	10.7 (77.0%)
21	BARTECKA Ewelina	24	KUNA KOWANÓWKO	K35	21	00:03:49	00:39:38	00:43:36	01:21:38	01:25:44.80	+00:21:02 (24.5%)	5:42	10.5 (75.5%)
22	STACHURSKA Agnieszka	526	BEM KOŁOBRZEG	K35	22	00:03:56	00:41:39	00:45:49	01:25:45	01:29:33.15	+00:24:51 (27.8%)	5:58	10.1 (72.7%)
23	KUBIAK Monika	655		K35	23	00:03:33	00:42:14	00:46:48	01:26:45	01:30:16.85	+00:25:34 (28.3%)	6:01	10 (71.9%)
24	MALINOWSKA Anna	355	ŁOBEZ	K35	24	00:04:11	00:43:05	00:47:22	01:28:15	01:32:17.80	+00:27:35 (29.9%)	6:09	9.8 (70.5%)
25	KROCZYŃSKA Kinga	288		K35	25	00:03:56	00:42:08	00:46:44	01:28:46	01:32:48.65	+00:28:06 (30.3%)	6:11	9.7 (69.8%)
26	GZELA Olga	180	ROZBIEGANY KOSZALIN	K35	26	00:03:46	00:42:13	00:46:32	01:29:01	01:33:02.65	+00:28:20 (30.5%)	6:12	9.7 (69.8%)
27	SIWEK Arleta	509	GWIEZDNA FLOTA MASZEWO	K35	27	00:03:55	00:42:50	00:47:11	01:28:44	01:33:15.00	+00:28:33 (30.6%)	6:13	9.7 (69.8%)
28	MAZUREK Barbara	363	BABECZKI KOSZALIN	K35	28	00:03:50	00:42:03	00:46:29	01:29:59	01:34:05.80	+00:29:23 (31.2%)	6:16	9.6 (69.1%)
29	PASTERNAK Magdalena	417		K35	29	00:04:13	00:44:38	00:49:10	01:34:20	01:38:43.15	+00:34:01 (34.5%)	6:34	9.1 (65.5%)
30	DURDA Małgorzata	659		K35	30	00:04:15	00:46:14	00:50:50	01:35:01	01:39:22.65	+00:34:40 (34.9%)	6:37	9.1 (65.5%)
31	WĄSOWICZ Anna	602		K35	31	00:03:48	00:44:13	00:48:31	01:35:47	01:40:35.55	+00:35:53 (35.7%)	6:42	8.9 (64.0%)
32	TRYBUCH Joanna	582		K35	32	00:04:19	00:47:20	00:52:09	01:38:13	01:43:05.40	+00:38:23 (37.2%)	6:52	8.7 (62.6%)
33	MŁYNAREK Aneta	377	BIEGAM BO LUBIĘ	K35	33	00:05:10	00:59:13	01:05:01	01:52:23	01:57:32.10	+00:52:50 (45.0%)	7:50	7.7 (55.4%)

Znaleziono 33 wynik(ów)