



XXXII BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

Organizator: Stowarzyszenie "Bieg Zaślubin"; Miejski Ośrodek Sportu i Rekreacji w Kołobrzegu
Data: 2018-03-11
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 14,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
1	ZWIĄZEK Paweł	642	WIECZORNE BIEGANIE W SZCZECINIE	M30	00:02:24	00:26:12	00:28:45	00:51:44
2	PAWLIŃSKI Piotr	421	GRUPA AZOTY POLICE	M30	00:02:28	00:26:15	00:28:48	00:52:16
3	BRAUN Grzegorz	46	RUNGRYF GRYFICE	M20	00:02:22	00:26:31	00:29:06	00:52:48
4	ORZECHOWSKI Kamil	405	TKKF KOSZALIN	M30	00:02:36	00:26:42	00:29:20	00:53:10
5	PRENDECKI Rafał	447		M35	00:02:30	00:26:19	00:28:56	00:53:16
6	FIDO Adam	128	36DROP	M40	00:02:32	00:26:44	00:29:22	00:53:20
7	KARCZ Artur	235	DRUŻYNA SZPIKU	M35	00:02:31	00:26:44	00:29:22	00:53:20
8	RYCAK Bartosz	494	5 PUŁK INŻYNIERYJNY	M20	00:02:33	00:26:44	00:29:22	00:53:27
9	POLAK Szymon	440	ROZBIEGANY KOSZALIN	M40	00:02:32	00:26:20	00:28:58	00:53:38
10	HELAK Karol	187	K B AKTYWNI KRZYŻ WLKP	M45	00:02:36	00:26:53	00:29:33	00:54:16
11	NOWAK Daniel	389	ROZBIEGANY GOLENIÓW	M35	00:02:26	00:26:56	00:29:35	00:54:49
12	TERLIKOWSKI Grzegorz	577		M30	00:02:38	00:27:13	00:29:55	00:55:01
13	KUBIAK Piotr	293	PRECON POLSKA-JASTROWIE	M35	00:02:39	00:27:25	00:30:07	00:55:01
14	BIENKOWSKI Rafał	668		M45	00:02:35	00:27:14	00:29:59	00:55:06
15	WOJTKIEWICZ Mateusz	680	KB 10 BIAŁOGARD	M20	00:02:42	00:27:17	00:30:02	00:55:24
16	SZOPIŃSKI Tomasz	559	KB BRYZA POSTOMINO	M35	00:02:45	00:27:35	00:30:19	00:55:32
17	RUTKOWSKI Jan	492	GKS KASZUBI LUZINO	M40	00:02:39	00:27:33	00:30:18	00:55:32
18	SIADAK Arkadiusz	505		M35	00:02:35	00:27:05	00:29:50	00:55:35
19	ULDYNOWICZ Łukasz	591	MLUKS MOKASYN PŁOTY	M35	00:02:39	00:27:39	00:30:27	00:55:47
20	BUDZIAK Zbigniew	55	BENOBUDZIAK.PL	M45	00:02:33	00:27:23	00:30:12	00:55:57
21	ŁAZOWSKI Marcin	339	POGOŃ SZCZECIN	M35	00:02:45	00:27:40	00:30:25	00:56:05
22	WITKIEWICZ Eryk	615		M40	00:02:40	00:28:11	00:30:57	00:56:12
23	RUDNIKOWSKI Maciej	488	BIEGUZDROWISKOWY.PL	M40	00:02:36	00:27:25	00:30:14	00:56:14
24	GŁÓW Tomasz	159	KREISEL RUNNING TEAM	M45	00:02:38	00:27:52	00:30:41	00:56:25
25	SZYMAŃSKI Łukasz	568	SKS POBIEROWO	M20	00:02:32	00:27:43	00:30:30	00:56:26
26	ŻMUDA Tomasz	644	CW FANZA KOŁOBRZEG	M40	00:02:37	00:27:47	00:30:37	00:56:30
27	KOTARSKI Wiesław	273	GRUPA AZOTY POLICE	M60	00:02:38	00:27:48	00:30:37	00:56:40
28	KONARSKI Bartosz	260	ERAKAWY RUNNERS	M40	00:02:43	00:28:22	00:31:10	00:56:44

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
29	GOLIŃSKI Łukasz	161	K.B. SPRINT ŚWIDWIN	M35	00:02:44	00:28:14	00:31:06	00:56:47
30	NAGLACKI Grzegorz	385	MLUKS TRZEBIATÓW	M45	00:02:33	00:27:15	00:30:00	00:56:53
31	KUBISZ Mateusz	296	KOŁOBRZEG MARATON TEAM	M30	00:02:39	00:27:53	00:30:42	00:56:55
32	CZOSNOWSKI Krzysztof	91	KB HERMES GRYFINO	M40	00:02:43	00:28:12	00:31:00	00:56:57
33	ELIASZ Wiktor	123	KMKL SZTORM KOŁOBRZEG	M16	00:02:36	00:28:33	00:31:27	00:57:12
34	GROCHOWALSKI Rafał	170	21 BLT/K.B. SPRINT ŚWIDWIN	M40	00:02:46	00:28:23	00:31:13	00:57:22
35	ANTONOWICZ Wojciech	11		M50	00:02:40	00:28:23	00:31:15	00:57:31
36	BARTKOWIAK Janusz	25	K.B. MENTOR	M20	00:02:41	00:28:37	00:31:29	00:57:33
37	SAPIKOWSKI Mariusz	502	ROZBIEGANY GOLENIÓW	M40	00:02:40	00:28:18	00:31:10	00:57:37
38	FIAŁKA Maciej	127	LOKATOR PIŁA	M40	00:02:42	00:28:29	00:31:22	00:57:39
39	GARBACZ Krzysztof	140		M45	00:02:41	00:27:58	00:30:51	00:57:44
40	KOPCEWICZ Robert	262	ROZBIEGANY GOLENIÓW	M50	00:02:40	00:28:20	00:31:12	00:57:45
41	BURDA Robert	62	KOSPEL	M40	00:02:44	00:28:24	00:31:16	00:57:55
42	PRĘDKI Grzegorz	448	KB BRYZA POSTOMINO	M30	00:02:45	00:28:43	00:31:33	00:58:09
43	OBOLIK Mirosław	393		M55	00:02:47	00:28:14	00:31:06	00:58:10
44	PISKORZ Szymon	431	KP PSP GRYFICE	M30	00:02:41	00:28:34	00:31:25	00:58:14
45	PIECYK Robert	429		M40	00:02:43	00:28:45	00:31:41	00:58:25
46	KIESZKOWSKI Adam	250	TRI RZEŻNIA	M30	00:02:43	00:28:26	00:31:22	00:58:39
47	KOLEBUK Marek	255	MG	M55	00:02:36	00:28:38	00:31:34	00:58:41
48	CENTKA Jakub	69	TEAM ŚWIĘTA	M20	00:02:41	00:28:50	00:31:49	00:58:44
DNC	GŁOGOWSKI Adam	155	ATC-CARGO TEAM	M20	00:02:17	00:10:27	00:12:53	00:58:51
50	BIEDRZYCKI Andrzej	33	OSP STARY BOREK	M60	00:02:44	00:28:46	00:31:43	00:58:52
51	KRAWCZYK Mateusz	287	AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M20	00:02:48	00:29:11	00:32:07	00:59:00
52	ZWOLIŃSKI Jan	643	TKKF KOSZALIN	M50	00:02:52	00:29:38	00:32:32	00:59:03
53	KOWALSKI Cezary	277	PARKRUN SZCZECIN	M50	00:02:45	00:29:12	00:32:11	00:59:15
54	RATAJCZAK Janusz	468	KB AKTYWNI KRZYŻ WLKP	M55	00:02:45	00:28:50	00:31:52	00:59:32
55	BAJGERT Robert	15		M45	00:02:44	00:28:54	00:31:53	00:59:33
56	CZAPLIŃSKI Jacek	690	TAGER KOSZALIN	M35	00:02:44	00:29:01	00:31:56	00:59:33
57	STACHOWICZ Wiesław	672	BRZOZA BIEGA	M45	00:03:07	00:30:49	00:32:58	01:00:01
58	PRENDECKI Marcin	446		M40	00:02:58	00:29:34	00:32:24	01:00:02
59	KOŚCIELNIAK Robert	271	TKKF KOSZALIN	M50	00:02:52	00:29:49	00:32:45	01:00:04
60	ANDREJCZUK Piotr	7	KB AKTYWNI KRZYŻ WLKP	M35	00:02:46	00:29:12	00:32:08	01:00:09
61	CENTKA Michał	67	TEAM ŚWIĘTA	M40	00:02:39	00:28:59	00:31:56	01:00:10
62	BIEDRZYCKI Krzysztof	31		M45	00:02:45	00:29:02	00:32:03	01:00:23
63	MORGIEWICZ Piotr	380	RUNGRYF GRYFICE	M50	00:02:48	00:30:04	00:33:04	01:00:33
64	POTASZNIK Artur	444	MARATOŃCZYK TEAM SZCZECIN	M45	00:02:47	00:29:47	00:32:52	01:00:53
65	PŁOŃSKI Jakub	435	DZIKIE DZIKI GORZÓW	M35	00:02:48	00:29:53	00:32:50	01:01:01
66	TOMALIK Karol	662	KAROLMAN	M40	00:02:56	00:30:14	00:33:15	01:01:15
67	HARASIMOWICZ Sławek	184	DĘBNOTEAM	M40	00:02:40	00:29:03	00:32:09	01:01:16
68	ANTOSIK Grzegorz	12	KB BRYZA POSTOMINO	M40	00:02:54	00:30:08	00:33:04	01:01:16
69	MICHALSKI Janusz	370		M50	00:03:04	00:30:44	00:33:48	01:01:40
70	SOBCZYK Łukasz	516	KOŁOBRZEG BIEGA	M40	00:02:52	00:29:53	00:32:53	01:01:41
71	KIERZNOWSKI Andrzej	249	KB WYGAN	M60	00:02:50	00:30:28	00:33:32	01:01:42
72	PRYK Rafał	456	ROZBIEGANY GOLENIÓW	M40	00:02:52	00:30:31	00:33:36	01:01:44
73	PAKULSKI Marcin	413		M40	00:03:12	00:30:37	00:33:40	01:01:49

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74	GŁOĆKO Wojciech	153		M40	00:02:41	00:30:06	00:33:07	01:01:53
75	TROŚNIAK Piotr	683	KB 10 BIAŁOGARD	M45	00:02:59	00:30:20	00:33:30	01:02:03
76	STEFANOWICZ Paweł	530	ORLEN RUNNING TEAM	M40	00:02:56	00:30:37	00:33:48	01:02:09
77	ZAWADZKI Damian	635	KB WYGAN	M35	00:02:59	00:30:54	00:33:57	01:02:21
78	ROMANOWSKI Dariusz	478	KPW ŚWINOUJŚCIE	M35	00:03:05	00:30:45	00:33:49	01:02:23
79	SZCZUPACZYŃSKI Arkadiusz	551	RUNGRYF GRYFICE	M55	00:02:44	00:30:55	00:34:02	01:02:26
80	DURKOWSKI Dawid	116	TATO BIEGA	M30	00:03:09	00:31:05	00:34:04	01:02:35
81	BARAŃSKI Bogusław	21	MLUKS TRZEBIATÓW	M60	00:02:45	00:30:48	00:33:57	01:02:36
82	BARANOWSKI Piotr	19		M40	00:03:01	00:30:58	00:34:02	01:02:44
83	WYSZKOWSKI Marcin	629	KOŁOBRZEG MARATON TEAM	M45	00:02:59	00:30:56	00:33:57	01:02:51
84	PLUTA Grzegorz	433	KB HERMES GRYFINO	M55	00:02:48	00:30:06	00:33:14	01:02:58
85	MICHAŁOWSKI Jan	371	KB HERMES GRYFINO	M55	00:03:04	00:31:33	00:34:41	01:02:58
86	PIŁCZYŃSKI Zbigniew	663		M55	00:02:53	00:30:45	00:33:54	01:02:59
87	BZDAWKA Rafał	66	KPW ŚWINOUJŚCIE	M40	00:03:07	00:32:02	00:35:06	01:02:59
88	MICKIEWICZ Adam	658	JW 3937	M30	00:03:09	00:31:01	00:34:11	01:03:12
89	SOWIŃSKI Saturnin	521	1.SLT	M50	00:03:00	00:30:57	00:34:05	01:03:14
90	ZEMBIK Grzegorz	637	KB HERMES GRYFINO	M50	00:02:59	00:31:27	00:34:35	01:03:19
91	CHUDY Henryk	79	KS OLSZEWSKI I SYNOWIE	M60	00:02:53	00:30:17	00:33:27	01:03:25
92	PROŚNIEWSKI Mirosław	450	RUNGRYF GRYFICE	M35	00:02:48	00:30:18	00:33:21	01:03:29
93	GIERLACH Jacek	152	STOPA SŁUPSK	M20	00:02:57	00:30:35	00:33:43	01:03:30
94	KOSAKOWSKI Marian	266	MARATOŃCZYK TEAM SZCZECIN	M60	00:02:56	00:31:01	00:34:08	01:03:37
95	CHOMONT Rafał	74		M40	00:03:03	00:31:18	00:34:25	01:03:42
96	RUSIECKI Henryk	490	HERMES GRYFINO	M65	00:02:58	00:31:50	00:34:58	01:03:42
97	IWANOWSKI Rafał	199	AT AKTYWNY TRZEBIATÓW	M35	00:03:00	00:31:04	00:34:14	01:03:53
98	BULIKOWSKI Tomasz	59		M35	00:03:08	00:31:49	00:34:56	01:03:54
99	KOSIŃSKI Mateusz	269	DRUŻYNA SZPIKU	M20	00:03:05	00:31:55	00:35:02	01:03:58
100	PLATA Tadeusz	432	MARATOŃCZYK TEAM SZCZECIN	M65	00:02:54	00:31:16	00:34:27	01:04:01
101	LEŚNIEWSKI Konrad	321	KB BRYZA POSTOMINO	M20	00:02:54	00:30:41	00:33:52	01:04:03
102	WARDYN Jarek	600		M40	00:02:58	00:31:52	00:34:57	01:04:03
103	KULIŃSKI Bogdan	306	GŁOGÓW DRUŻYNA SZPIKU KGHM	M55	00:02:59	00:31:17	00:34:34	01:04:07
104	SAMBOR Krzysztof	501	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M30	00:02:52	00:30:57	00:34:08	01:04:08
105	PUCHAŁA Sławomir	459	BLUE TEAM PIŁA	M45	00:02:53	00:30:57	00:34:08	01:04:09
106	SZMYTKOWSKI Bartosz	558		M30	00:03:06	00:31:27	00:34:33	01:04:15
107	ODWROT Hubert	394	3:33 TEAM	M45	00:03:07	00:31:52	00:35:04	01:04:24
108	OLESZCZAK Robert	399	KP PSP GRYFICE	M40	00:03:13	00:31:42	00:34:51	01:04:42
109	JAROCHOWICZ Norbert	210		M45	00:02:52	00:30:52	00:34:13	01:04:45
110	ŚLIWA Marek	571	NUTRILITE TEAM	M45	00:02:53	00:31:01	00:34:16	01:04:45
111	JANKIEWICZ Tomasz	204	MTS HAMER MIASTKO	M40	00:02:48	00:31:45	00:35:00	01:04:49
112	SZCZYGIELSKI Radosław	552		M30	00:03:00	00:31:46	00:35:01	01:04:54
113	FILAROWSKI Stefan	129	GRUPA NURKÓW INŻYNIERII	M45	00:03:04	00:31:37	00:34:51	01:04:56
114	MACKOJĆ Krzysztof	348		M45	00:02:51	00:31:27	00:34:44	01:04:57
115	PŁAŻAŁSKI Łukasz	434	HUSARIA RACE TEAM GRYFICE	M35	00:02:53	00:31:25	00:34:38	01:04:59
116	TWARÓG Eugeniusz	585		M40	00:02:59	00:31:32	00:34:46	01:05:01
117	SURDACKI Piotr	545		M40	00:02:59	00:31:55	00:35:10	01:05:11
118	FRYDRYCH Wojciech	133	KOŁOBRZEG MARATON TEAM	M30	00:03:05	00:32:34	00:35:46	01:05:14

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
119	OSTROWSKI Marian	410	SENIOR 54	M60	00:03:07	00:31:53	00:35:09	01:05:16
120	KAŻMIERCZAK Robert	624		M45	00:03:08	00:32:30	00:35:45	01:05:26
121	BIELECKI Andrzej	36	3:33 TEAM	M45	00:03:05	00:32:06	00:35:20	01:05:27
122	SOBKOWIAK Robert	518		M50	00:03:02	00:31:18	00:34:33	01:05:32
123	MALINOWSKI Zbigniew	356	KOŁOBRZEG MORZEM SPORTÓW	M60	00:03:11	00:32:46	00:35:58	01:05:39
124	DYMEK Paweł	120	KB AKTYWNI KRZYŻ WLKP	M35	00:02:59	00:31:28	00:34:43	01:05:43
125	ŁOWICKI Bartosz	341	PRUSZCZ BIEGA	M20	00:02:52	00:31:30	00:34:48	01:05:47
126	SZYMANOWICZ Łukasz	565		M40	00:03:04	00:31:34	00:34:51	01:05:47
127	LIPIŃSKI Krzysztof	327	KB MANIAC POZNAŃ	M55	00:03:24	00:32:49	00:36:04	01:05:57
128	KWINTAL Janek	313		M45	00:03:14	00:32:44	00:36:02	01:05:58
129	AUGUSTYNIAK Grzegorz	14	PAN	M40	00:03:09	00:32:33	00:35:50	01:06:02
130	LANGIEWICZ Jacek	317	MKJ POLICE	M60	00:03:16	00:32:39	00:35:57	01:06:02
131	BULIKOWSKI Paweł	60		M45	00:03:14	00:32:38	00:35:55	01:06:02
132	KASPEROWICZ Dariusz	239	WIECZORNE BIEGANIE W SZCZECINIE	M40	00:03:10	00:31:38	00:34:51	01:06:08
133	ŻMUDA Jarosław	646	CW FANZA KOŁOBRZEG	M40	00:03:01	00:32:30	00:35:50	01:06:11
134	ANDRYSKOWSKI Zdzisław	682	KOLARZ-POL	M45	00:02:46	00:31:16	00:34:32	01:06:14
135	BEDNARCZYK Tomasz	28		M30	00:03:14	00:32:35	00:35:48	01:06:17
136	PEKAŁA Piotr	427	ROZBIEGANY KOSZALIN	M45	00:03:22	00:33:45	00:37:06	01:06:19
137	LEWANDOWSKI Piotr	324	SKB DZIK	M35	00:03:10	00:32:22	00:35:45	01:06:24
138	BRATUŚ Andrzej	45	EUROTRUCK S.C.	M40	00:03:08	00:32:40	00:36:00	01:06:34
139	KUKIEŁA Tomasz	299	ROZBIEGANA KUKIEŁKA	M35	00:03:18	00:32:45	00:35:57	01:06:38
140	UKRAIŃSKI Sławomir	590	KOŁOBRZEG BIEGA	M50	00:03:02	00:32:09	00:35:31	01:06:46
141	STACHOWIAK Ryszard	524		M65	00:03:16	00:31:58	00:35:19	01:06:47
142	CYBULSKI Robert	86	HAMER MIASTKO	M45	00:03:13	00:33:26	00:36:45	01:06:52
143	PROKOPOWICZ Marcin	449	3:33 TEAM	M35	00:03:11	00:33:19	00:36:38	01:07:04
144	MICHALAK Jacek	368		M55	00:03:01	00:32:10	00:35:31	01:07:13
145	POLAŃSKI Dariusz	441	ORZEŁ MRZEŻYNO	M50	00:02:53	00:32:01	00:35:23	01:07:15
146	GIEDRYS Wojtek	149	3:33 TEAM	M45	00:03:02	00:32:15	00:35:38	01:07:15
147	DUDA Andrzej	114		M50	00:02:46	00:32:24	00:35:48	01:07:26
148	POLGUJ Piotr	442	PARKRUN MKL SZCZECINEK	M70	00:03:04	00:32:15	00:35:38	01:07:28
149	TALAREK Robert	575	KRZEWINKOWA	M40	00:03:07	00:32:41	00:36:09	01:07:29
150	MALICKI Grzegorz	354	SCYZORYK	M45	00:03:19	00:32:57	00:36:19	01:07:29
151	BRZÓSKA Eugeniusz	52	KB HERMES GRYFINO	M55	00:03:08	00:33:12	00:36:36	01:07:35
152	OLESZCZAK Piotr	400	OSP GRYFICE	M16	00:03:27	00:32:44	00:35:53	01:07:37
153	TAMAS Mateusz	576		M20	00:03:21	00:33:22	00:36:40	01:07:43
154	TRZECIAK Dariusz	584	KOŁOBRZEG BIEGA	M45	00:03:13	00:33:17	00:36:39	01:07:43
155	KOŁTUNIAK Hubert	259		M40	00:03:19	00:33:39	00:36:55	01:07:46
156	STAŃCZYK Sławomir	527	STARGARD. JA SIĘ NIE ŚCIGAM	M30	00:03:23	00:33:44	00:37:01	01:07:47
157	TOWSTOKORY Marek	579		M40	00:02:58	00:33:15	00:36:42	01:07:54
158	CHRZANOWSKI Mariusz	669		M50	00:03:13	00:32:58	00:36:16	01:07:58
159	WILKOWSKI Krzysztof	614	L	M35	00:03:03	00:32:49	00:36:15	01:08:11
160	ROJEK Michał	476		M35	00:03:24	00:34:37	00:37:59	01:08:24
161	GUZIKIEWICZ Mirosław	177	ROZBIEGANY GOLENIÓW	M45	00:03:25	00:34:41	00:37:55	01:08:24
162	SZYDŁOWSKI Witold	564		M55	00:03:01	00:32:40	00:36:00	01:08:31
163	SZOTA Robert	560	SMT SZCZECIN	M30	00:03:16	00:34:28	00:37:47	01:08:32

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
164	ZAWADZKI Adrian	681	REGA TRZEBIATÓW	M20	00:02:31	00:32:26	00:35:37	01:08:33
165	GROCHOWSKI Krzysztof	171		M30	00:03:14	00:33:12	00:36:40	01:08:34
166	MARTYNOWICZ Tobiasz	359	GRABOWO	M30	00:02:58	00:30:37	00:34:03	01:08:35
167	KUKIEŁKA Wojciech	300		M35	00:03:59	00:34:58	00:38:20	01:08:53
168	HOPPE Bronisław	196	JW 3937	M35	00:03:24	00:33:25	00:36:49	01:08:54
169	DARONIN Pavlo	95		M35	00:03:31	00:34:46	00:38:00	01:08:56
170	RÓŻYCKI Edward	485	MUKS TORNADO	M65	00:03:28	00:34:40	00:38:05	01:09:05
171	WĘDZIŃSKI Maciej	607	RUNGRYF GRYFICE	M40	00:03:05	00:32:50	00:36:18	01:09:07
172	PETA Andrzej	426	MTS HAMER MIASTKO	M45	00:03:13	00:33:42	00:37:07	01:09:13
173	NADOLNY Przemysław	384	INTER-COPY SZCZECIN	M40	00:03:24	00:34:23	00:37:45	01:09:16
174	BUCZKOWSKI Jacek	54	8BREM	M45	00:03:06	00:33:27	00:36:54	01:09:18
175	KARCZEWSKI Krzysztof	236	PG SPORTOWA PACZKA	M55	00:03:21	00:34:33	00:37:57	01:09:27
176	SKAŁECKI Robert	511	PARKRUN ŚWIDWIN	M45	00:03:17	00:32:47	00:36:03	01:09:29
177	TADROWSKI Tomasz	574		M45	00:03:25	00:34:33	00:37:57	01:09:38
178	CHMIELEWSKI Kamil	73	GRABOWO	M20	00:03:42	00:35:19	00:38:47	01:09:41
179	JONKO Wojciech	217		M65	00:03:09	00:32:59	00:36:31	01:09:42
180	MAJDZIŃSKI Paweł	350	GRABOWO	M20	00:03:40	00:35:20	00:38:48	01:09:42
181	PRZYBYSZ Michał	457		M30	00:03:04	00:33:50	00:37:17	01:09:44
182	MAŁKIŃSKI Józef	358	RWT W BYDGOSZCZY	M60	00:03:31	00:34:40	00:38:07	01:09:46
183	MIECZKOWSKI Michał	674	KTC KOŁOBRZEG	M55	00:03:23	00:34:16	00:37:42	01:09:51
184	CIESZYŃSKI Marcin	84		M35	00:03:27	00:35:10	00:38:35	01:10:01
185	WALERIAŃCZYK Roman	599	GMINA KOŁOBRZEG	M50	00:03:11	00:34:16	00:37:52	01:10:02
186	ANDRYSKOWSKI Marek	8	STOWARZYSZENIE 42,2 LĘBORK	M50	00:03:19	00:34:54	00:38:22	01:10:07
187	DADEŁO Robert	93		M45	00:03:22	00:34:27	00:37:53	01:10:07
188	KALETKA Dariusz	228	KALETKA TEAM	M55	00:03:21	00:34:07	00:37:33	01:10:07
189	AUGUSTYNIAK Jakub	13	GRABOWO	M20	00:03:28	00:33:53	00:37:18	01:10:10
190	DYBUS Thomas Henri	119	ROZBIEGANY GOLENIÓW	M45	00:04:01	00:34:35	00:37:49	01:10:11
191	CYNARSKI Marek	87		M40	00:03:29	00:34:57	00:38:20	01:10:12
192	GAWEŁ Zbigniew	143	MIASTO SŁUPSK	M60	00:03:23	00:34:43	00:38:12	01:10:16
193	GERKE Mateusz	148		M20	00:03:29	00:34:53	00:38:17	01:10:20
194	PENDRAK Kamil	425		M30	00:03:30	00:35:40	00:39:09	01:10:20
195	SZCZEPAŃSKI Zbigniew	549	MACIEJUNIO	M60	00:03:07	00:33:53	00:37:27	01:10:24
196	UZNAŃSKI Ryszard	596		M45	00:03:04	00:33:47	00:37:20	01:10:25
197	STRUŚ Artur	536	KB BRYZA POSTOMINO	M50	00:03:20	00:34:23	00:37:53	01:10:25
198	GRYGORUK Cezary	173		M50	00:03:29	00:35:14	00:38:43	01:10:25
199	TROCKI Robert	580		M40	00:03:08	00:34:41	00:38:09	01:10:32
200	BANAŚ Adam	18		M35	00:03:16	00:34:40	00:38:11	01:10:39
201	FABICH Adrian	124	USB/ BALTIC SEALS	M30	00:03:30	00:36:45	00:40:27	01:10:40
202	POMORYNKO Krzysztof	443		M35	00:03:24	00:34:59	00:38:23	01:10:41
203	LANGE Damian	316	12 WOLIŃSKI DYWIZJON TRĄŁOWCÓW	M30	00:03:01	00:32:16	00:35:49	01:10:48
204	WYGANOWSKI Andrzej	628	K.B.WYGAN	M70	00:03:27	00:35:17	00:38:45	01:10:56
205	STĘPA Bartosz	531	DRUŻYNA SZPIKU	M20	00:03:22	00:33:55	00:37:27	01:10:58
206	SOSIN Tomasz	520	SZWLA	M55	00:03:33	00:34:58	00:38:29	01:10:58
207	PYTLARZ Waldemar	463		M55	00:03:38	00:35:39	00:39:06	01:11:00
208	MEISSNER Bogusław	365	K.B. SPRINT ŚWIDWIN	M55	00:03:20	00:34:06	00:37:37	01:11:01

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
209	SZYPOSZYŃSKI Kamil	570	MECENAS I PRZYJACIELE	M40	00:03:21	00:34:07	00:37:39	01:11:02
210	DOMAGAŁA Sławomir	107	KORYUKAN ŚWIDWIN	M40	00:03:19	00:34:06	00:37:37	01:11:02
211	LITZBARSKI Marek	330	DUDYCZ RUN	M50	00:03:31	00:35:44	00:39:16	01:11:05
212	SZUBERT Marcin	563	KOŁOBRZEG BIEGA	M40	00:03:45	00:35:55	00:39:22	01:11:05
213	ROMANIUK Wojciech	477	NIEZRZESZONY	M45	00:03:31	00:35:21	00:38:50	01:11:13
214	ŻUKOWSKI Cezary	648	MIGAWKOWE.PL / ROZBIEGANY KOSZALIN	M35	00:03:20	00:35:27	00:39:00	01:11:30
215	HOC Dariusz	193		M45	00:03:17	00:34:23	00:37:52	01:11:35
216	CIEPŁUCHA Marcin	81	SZCZECINBUKOWE	M40	00:03:18	00:34:01	00:37:27	01:11:36
217	OTTO Michał	666		M30	00:03:04	00:33:44	00:37:17	01:11:38
218	LUBERAŃSKI Patryk	333	GRABOWO	M20	00:03:25	00:35:31	00:39:00	01:11:39
219	CHORAŻEWSKI Sebastian	76		M40	00:03:11	00:34:58	00:38:28	01:11:48
220	BARTOSZUK Adam	26	MORSY KOŁOBRZEG	M40	00:03:26	00:36:24	00:39:58	01:11:54
221	PRUSZANOW Marcin	452	KB HERMES GRYFINO	M40	00:03:32	00:35:53	00:39:18	01:12:01
222	ANIOŁA Dominik	10		M35	00:03:23	00:34:57	00:38:33	01:12:08
223	WOLSKI Tomasz	623	WIECZORNE BIEGANIE W SZCZECINIE	M45	00:03:20	00:34:24	00:38:04	01:12:15
224	JĘDRZEJAK Maciej	216	BIEGACZE ŚWINOUJŚCIE	M40	00:03:20	00:35:02	00:38:34	01:12:15
225	HERMAN Paweł	189	MLUKS TRZEBIATÓW	M40	00:03:28	00:35:14	00:38:40	01:12:16
226	CEBULAK Dariusz	686	AT AKTYWNY TRZEBIATÓW	M40	00:03:26	00:35:29	00:39:05	01:12:19
227	GĄSIOREK Tomasz	671	BRZOZA BIEGA	M55	00:03:36	00:35:47	00:39:25	01:12:25
228	ŻYWOT Norbert	651	KOŁOBRZEG BIEGA - PARKRUN	M40	00:03:09	00:34:46	00:38:22	01:12:28
229	MAJCHRZAK Paweł	349	KARLINO BIEGAJ	M40	00:02:53	00:34:03	00:37:24	01:12:31
230	OPALIŃSKI Stanisław	403	KOŁOBRZEG BIEGA - PARKRUN	M60	00:03:06	00:34:47	00:38:18	01:12:31
231	SZELIGA Paweł	555	KPP KOŁOBRZEG	M45	00:03:42	00:36:56	00:40:29	01:12:34
232	HAŁY Dorian	656		M16	00:03:04	00:32:08	00:35:25	01:12:42
233	ROGOWSKI Robert	474	SKRZYWIENI GOŚCIE	M45	00:03:28	00:35:23	00:38:53	01:12:47
234	NOWICKI Tomasz	661	SZWLA	M50	00:03:26	00:35:47	00:39:25	01:12:52
235	ROGOWSKI Krystian	475	SKRZYWIENI GOŚCIE	M16	00:02:57	00:34:30	00:38:04	01:12:57
236	CIESZYŃSKI Mariusz	83	BEAUTY STUDIO LĘBORK	M40	00:03:31	00:35:40	00:39:16	01:13:00
237	LEWANDOWSKI Jacek	325		M40	00:03:38	00:36:21	00:39:58	01:13:03
238	GUZIKIEWICZ Marcin	178	ROZBIEGANY GOLENIÓW	M40	00:03:33	00:35:13	00:38:46	01:13:04
239	STOJECKI Bartosz	532	ROZBIEGANY GOLENIÓW	M40	00:03:34	00:35:14	00:38:47	01:13:05
240	DURMAN Sławomir	117		M30	00:03:24	00:36:34	00:40:22	01:13:14
241	OLSZYK Tadeusz	401	BIEGACZE ŚWINOUJŚCIE	M60	00:03:30	00:36:38	00:40:14	01:13:21
242	KUSZ Radosław	311	KRÓLICZKI W PLECAKU	M40	00:03:12	00:35:30	00:39:10	01:13:29
243	TROJANOWICZ Wiesław	581		M40	00:03:49	00:35:47	00:39:32	01:13:31
244	KOSIOR Piotr	270		M45	00:03:13	00:34:34	00:38:16	01:13:33
245	CZERWIŃSKI Marcin	90	GRABOWO	M20	00:03:15	00:34:09	00:37:53	01:13:33
246	KOWALCZYK Mariusz	276	ROZBIEGANY KOSZALIN	M40	00:03:24	00:35:59	00:39:56	01:13:38
247	MARZEC Łukasz	360		M35	00:03:39	00:36:51	00:40:29	01:13:44
248	ZABROCKI Karol	630		M35	00:03:24	00:36:23	00:39:57	01:13:55
249	LIZAKOWSKI Piotr	331	NYHA IV SZCZECIN	M40	00:03:26	00:35:27	00:39:07	01:13:57
250	PAWELEC Artur	419	ROZBIEGANY GOLENIÓW	M45	00:03:31	00:37:00	00:40:39	01:13:58
251	GRZELAK Sebastian	175	ROZBIEGANY GOLENIÓW	M55	00:03:33	00:37:01	00:40:40	01:14:00
252	WILKLISZ Wojciech	613		M45	00:03:15	00:35:27	00:39:10	01:14:20
253	STOLARCZYK Maciej	533		M45	00:03:49	00:36:15	00:39:52	01:14:20

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
254	KOŁECKI Tomasz	257		M35	00:03:57	00:38:00	00:41:37	01:14:20
255	JANKOWIAK Marek	205		M35	00:03:57	00:38:01	00:41:37	01:14:21
256	PODKOWA Piotr	438	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M40	00:03:00	00:32:40	00:36:08	01:14:32
257	DROŹDZIŃSKI Konrad	113		M35	00:03:25	00:34:47	00:38:19	01:14:37
258	ADAMOWICZ Daniel	4	KB PIONIER SZCZECIN	M30	00:03:18	00:34:21	00:37:50	01:14:43
259	WIELGAT Łukasz	609	KB BRYZA POSTOMINO	M30	00:03:42	00:35:48	00:39:30	01:14:44
260	HOFMAN Paweł	195		M30	00:03:45	00:38:45	00:42:07	01:14:46
261	REPKA Marek	470	LUPUS TEAM	M45	00:03:28	00:36:11	00:39:54	01:14:48
262	BUZAŁA Walenty	64	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M55	00:03:30	00:35:22	00:39:51	01:14:48
263	RUDNIK Tomasz	487		M35	00:03:20	00:34:27	00:37:58	01:15:01
264	JAWORSKI Robert	212	KB BRYZA POSTOMINO	M40	00:03:39	00:35:54	00:39:41	01:15:10
265	NACHYŁA Piotr	383	STOPA SŁUPSK	M45	00:03:47	00:37:10	00:40:54	01:15:12
266	FURMAN Tomasz	134		M50	00:03:20	00:36:12	00:39:55	01:15:13
267	SERWADCZAK Piotr	504	P+E	M45	00:03:12	00:35:25	00:39:07	01:15:23
268	JABŁOŃSKI Andrzej	200	NIEZRZESZONY	M45	00:03:46	00:36:49	00:40:32	01:15:26
269	MAZUREK Ryszard	362		M60	00:03:49	00:37:14	00:40:57	01:15:28
270	DOMAŃSKI Adam	109	JW 3775	M40	00:03:40	00:37:10	00:40:54	01:15:31
271	ORYSIAK Tomek	404	ŁOBEZ	M30	00:03:37	00:36:46	00:40:21	01:15:34
272	BRZEZIŃSKI Krzysztof	51		M45	00:03:41	00:37:25	00:41:09	01:15:36
273	CIBORSKI Sławomir	80	NIEZRZESZONY	M40	00:03:36	00:36:38	00:40:18	01:15:40
274	SZCZYGIELSKI Michał	553	KOŁOBRZEG MARATON TEAM	M35	00:03:28	00:36:16	00:39:56	01:15:42
275	HRYCAJ Tomasz	197		M30	00:03:35	00:36:59	00:40:45	01:15:43
276	BARAŃSKI Grzegorz	20	SAR-BSR KOŁOBRZEG KMT	M45	00:03:56	00:37:58	00:41:40	01:15:45
277	DZIKOWSKI Karol	122		M30	00:03:25	00:36:24	00:40:06	01:15:48
278	ŻURKOWSKI Tomasz	650	BIEGAM Z ŻONĄ	M50	00:03:27	00:36:21	00:40:04	01:15:49
279	RAŚ Ryszard Marek	467	EKO-WOD-KAN	M65	00:03:13	00:36:44	00:40:34	01:15:51
280	KĘDZIORA Patryk	246	GRABOWO	M20	00:03:52	00:38:59	00:42:38	01:15:56
281	SIKORSKI Adam	508	SIKORROWO	M30	00:03:20	00:36:25	00:40:22	01:16:09
282	KONOPIŃSKI Leszek	261	BIEGACZE ŚWINOUJŚCIE	M60	00:03:30	00:36:20	00:40:06	01:16:20
283	ŁYSOŃ Piotr	345		M20	00:03:46	00:39:45	00:43:32	01:16:27
284	BUJANOWSKI Grzegorz	58	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M40	00:03:32	00:36:37	00:40:27	01:16:27
285	NIERYCHLEWSKI Maciej	388	BEZRZECZE TEAM	M40	00:03:36	00:37:54	00:41:38	01:16:36
286	GAJEWSKI Przemysław	677		M40	00:03:49	00:39:04	00:42:53	01:16:39
287	ŁUCZEJKO Sławomir	342	TEAM BIEGOWY SZCZECINEK	M50	00:03:37	00:37:06	00:40:49	01:16:40
288	ZIENCINA Marcin	640		M35	00:03:46	00:38:10	00:42:04	01:16:49
289	STACHOWSKI Andrzej	525		M50	00:03:37	00:38:09	00:41:54	01:16:52
290	MOCZYŃSKI Leszek	378	BIEGAM DLA BYDGOSZCZY	M65	00:03:39	00:36:59	00:40:45	01:16:54
291	TWOROGAL Robert	586		M40	00:03:57	00:37:59	00:41:42	01:16:54
292	ORZEŁ Jacek	406		M45	00:03:31	00:37:12	00:40:59	01:17:00
293	SUJAK Włodzimierz	543	MARECKI VS EQUATOR	M60	00:04:04	00:38:35	00:42:20	01:17:06
294	DAWIDOWSKI Michał	96	KP PSP KAMIEŃ POMORSKI/ENDORFINA NOWOGARD	M40	00:03:31	00:37:58	00:41:39	01:17:12
295	SZCZYGIEL Paweł	554		M30	00:03:24	00:36:34	00:40:22	01:17:12
296	KACZMARCZYK Stanisław	225	SZWLA	M60	00:03:38	00:37:39	00:41:26	01:17:16
297	ADRYAN Adam	5	CKB SŁUPSK	M40	00:03:26	00:37:07	00:40:58	01:17:18
298	HASS Artur	186	E-FIZJO TEAM	M35	00:03:25	00:36:10	00:39:44	01:17:20

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
299	KĘDZIERSKI Dawid	700		M16	00:03:58	00:38:45	00:42:29	01:17:21
300	LENARTOWICZ Stanisław	319		M55	00:03:46	00:37:51	00:41:36	01:17:22
301	MYSZYŃSKI Paweł	382		M35	00:03:26	00:36:21	00:40:04	01:17:49
302	ŁAZARCZYK Wacław Bogdan	338		M65	00:03:55	00:39:23	00:43:11	01:18:06
303	ZIELIŃSKI Grzegorz	638	BIEGAM DLA PRZYJEMNOŚCI	M65	00:03:46	00:38:04	00:41:53	01:18:08
304	SPYCHAŁA Maciej	523	WRONIECKI KLUB BIEGACZA	M40	00:04:04	00:41:28	00:45:26	01:18:14
305	KOZŁOWSKI Witold	283		M35	00:03:40	00:38:35	00:42:04	01:18:35
306	ROSA Sebastian	483		M20	00:03:43	00:38:42	00:42:38	01:18:48
307	KIEŁKOWSKI Przemysław	248	KOŁOBRZEG MARATON TEAM	M35	00:03:48	00:38:44	00:42:33	01:18:55
308	RUCIŃSKI Marcin	486		M35	00:03:53	00:39:31	00:43:29	01:19:06
309	JĘDRUSZAK Marek	215		M60	00:03:43	00:38:07	00:42:06	01:19:06
310	SIELICKI Mateusz	506		M20	00:03:46	00:39:11	00:42:53	01:19:36
311	MALICKI Krzysztof	353	AKTYWNI Z CUKRZYCĄ	M40	00:03:58	00:39:14	00:43:08	01:19:39
312	KĘDZIERSKI Krzysztof	245	SMT SZCZECIN	M50	00:03:42	00:38:33	00:42:32	01:19:41
313	GODOŃ Piotr	160	GRABOWO	M30	00:03:41	00:36:59	00:40:57	01:19:41
314	KULIK Sebastian	304	GRABOWO	M35	00:03:23	00:36:26	00:40:29	01:19:45
315	RONIJ Łukasz	482	ANDREW'S TEAM	M35	00:04:06	00:41:13	00:44:38	01:19:47
316	BERENT Robert	30	TUPOT USTKA	M50	00:03:51	00:38:35	00:42:18	01:19:54
317	PASIKOWSKI Piotr	415	BALTICUS	M50	00:03:26	00:38:41	00:42:47	01:20:01
318	WOLAŃSKI Mariusz	622		M50	00:04:00	00:39:44	00:43:35	01:20:08
319	OKOŃ Stanisław	397	KB WYGAN	M50	00:03:32	00:35:42	00:39:21	01:20:09
320	KRASIŃSKI Witold	286	JW 1223	M45	00:03:21	00:36:10	00:40:05	01:20:10
321	OPACZYK Paweł	402	PRESTO TRAVEL	M60	00:03:52	00:39:32	00:43:28	01:20:11
322	PRYCIŃSKI Krzysztof	455		M40	00:03:34	00:39:28	00:43:22	01:20:23
323	DIDŁUCH Jacek	103	KOŁOBRZEG BIEGA MARATON TEAM	M40	00:03:14	00:36:34	00:40:17	01:20:28
324	RUTKOWSKI Lucjan	493	ARCAN TEAM	M55	00:04:01	00:39:44	00:43:32	01:20:34
325	KOWALCZYK Piotr	275		M35	00:03:27	00:38:29	00:42:32	01:20:36
326	DRACZYŃSKI Zygmunt	112	TRUCHT ŁOBEZ	M70	00:03:44	00:38:30	00:42:26	01:20:38
327	BUDZIŃSKI Paweł	57	DRUŻYNA SZPIKU	M35	00:03:38	00:38:37	00:42:24	01:20:41
328	RZESZOTARSKI Jacek	498	SAR-BSR KOŁOBRZEG MARATON TEAM	M40	00:03:57	00:37:58	00:43:52	01:20:49
329	DUSZYŃSKI Kamil	118	GRABOWO	M20	00:03:26	00:36:53	00:40:51	01:20:52
330	BIEDRZYCKI Dawid	34		M20	00:03:30	00:38:54	00:42:49	01:21:00
331	DENISIUK Krzysztof	101	SZCZECIN	M60	00:03:47	00:39:49	00:43:46	01:21:06
332	WRÓBLEWSKI Jarosław	627	RAZ SZCZECIN	M45	00:03:46	00:39:23	00:43:20	01:21:11
333	DOBEK Tomasz	104		M30	00:03:58	00:40:23	00:44:22	01:21:13
334	KRZESIŃSKI Michał	292		M30	00:03:30	00:35:07	00:38:48	01:21:15
335	HAŁAS Tomasz	181		M55	00:04:01	00:40:40	00:44:39	01:21:15
336	GŁOWACKI Adrian	158	MAGIKKOMPUTEROWY	M30	00:03:54	00:39:24	00:43:17	01:21:18
337	SOWA Krzysztof	654		M30	00:03:34	00:38:59	00:42:53	01:21:19
338	MIELEWCZYK Radosław	372	GRABOWO	M20	00:03:54	00:39:57	00:44:02	01:21:20
339	SZŁAPKA Dariusz	557		M50	00:03:55	00:40:18	00:44:20	01:21:23
340	BUDZICH Marcin	56		M30	00:03:57	00:41:19	00:45:22	01:21:34
341	PRYCA Adam	453	POMORSKI DYWIZJON STRAŻY GRANICZNEJ ŚWINOUJŚCIE	M35	00:04:06	00:41:05	00:44:59	01:21:34
342	OSSES Wojciech	408	KUNA KOWANÓWKO	M35	00:03:50	00:39:39	00:43:36	01:21:42
343	RZEPKA Bartosz	497	KUNA KOWANÓWKO	M35	00:03:51	00:39:40	00:43:37	01:21:47

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
344	SZCZERBA Łukasz	550		M30	00:04:17	00:41:02	00:44:59	01:21:50
345	GAWĘDA Emil	144	GMINA DARŁOWO	M30	00:03:58	00:42:01	00:46:01	01:21:53
346	CZEKIERDA Bartosz	89	GMINA DYGOWO	M20	00:02:35	00:31:56	00:35:21	01:22:05
347	GŁOWACKI Kamil	157	GRABOWO	M20	00:03:41	00:39:30	00:43:43	01:22:16
348	PEDA Leszek	423	POLICE	M65	00:03:42	00:39:00	00:42:56	01:22:21
349	LAJTER Jerzy	314	4RUN TEAM PIŁA	M65	00:03:55	00:39:55	00:44:03	01:22:22
350	MICHALSKI Adam	653		M35	00:03:36	00:39:46	00:43:54	01:22:36
351	OLEJNIK Janusz	398		M50	00:03:52	00:40:32	00:44:35	01:22:36
352	DĄBROWSKI Wiktor	98	PAŃSTWO DĄBREK	M20	00:04:02	00:41:24	00:45:30	01:22:37
353	ZAROBIAK Piotr	633	WIECZORNE BIEGANIE W SZCZECINIE	M35	00:03:46	00:39:39	00:43:38	01:22:45
354	PASTERNAK Wojciech	416		M40	00:04:03	00:40:40	00:44:42	01:22:46
355	MAKOWSKI Dariusz	351	KB HERMES GRYFINO	M50	00:04:03	00:40:21	00:44:21	01:22:50
356	KAŁUŻYŃSKI Piotr	230	WRONIECKI KLUB BIEGACZA	M50	00:04:05	00:41:30	00:45:27	01:23:04
357	KOZŁOWSKI Maciej	282		M40	00:03:47	00:39:35	00:43:39	01:23:06
358	ŚWIERCZ Dariusz	573	WAŁECKA ŚCIEMA	M50	00:03:37	00:39:44	00:43:52	01:23:13
359	KOWALSKI Zbigniew	278	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M55	00:03:36	00:39:30	00:43:38	01:23:28
360	WITKOWSKI Andrzej	617		M50	00:03:54	00:39:39	00:43:58	01:23:34
361	SKWARK Krzysztof	514		M40	00:03:55	00:40:25	00:44:34	01:23:39
362	HANĆ Ryszard	182		M50	00:03:48	00:41:26	00:45:41	01:23:47
363	LEWANDOWSKI Mirosław	323	GOLENIÓW	M55	00:04:06	00:40:40	00:44:50	01:23:50
364	PUŚCIAN Krzysztof	460	SP W MANOWIE	M40	00:03:55	00:40:43	00:44:51	01:23:53
365	BANAŚ Marcin	664	WIECZORNE BIEGANIE W SZCZECINIE	M40	00:03:43	00:38:36	00:42:45	01:23:54
366	KULAWIŃSKI Marek	302		M45	00:04:09	00:41:18	00:45:16	01:23:54
367	POKORNY Edward	439	TUPOT USTKA	M70	00:03:57	00:41:09	00:45:20	01:23:55
368	ZIEMKIEWICZ Jarek	639	UKS RUNNING TEAM	M40	00:03:51	00:41:59	00:46:05	01:23:58
369	KOŁODZIEJSKI Wojtek	258		M35	00:03:59	00:41:22	00:45:32	01:23:58
370	JANISZEWSKI Mieczysław	203	BULK-CARGO PORT SZCZECIN	M55	00:03:58	00:40:46	00:44:56	01:24:02
371	SZYŃKOWSKI Krzysztof	569	BULK-CARGO PORT SZCZECIN	M45	00:03:55	00:40:35	00:44:34	01:24:02
372	JOŃCZYK Tadeusz	218	SAM SOBIE BIEGAM :)	M45	00:03:50	00:40:57	00:45:14	01:24:10
373	ADAMCZYK Piotr	3		M40	00:04:04	00:40:54	00:44:57	01:24:13
374	DEPTA Paweł	102		M40	00:04:08	00:42:25	00:46:30	01:24:15
375	GAZARKIEWICZ Antoni	147	BHMW_GDYŃIA	M65	00:04:00	00:41:09	00:45:19	01:24:16
376	RUDZIŃSKI Jacek	489	KB HERMES GRYFINO	M45	00:03:10	00:48:12	00:51:11	01:24:23
377	DOMAŃSKI Dominik	110		M35	00:03:48	00:40:49	00:45:03	01:24:26
378	DANOWSKI Maciej	94	FITNES CLUB FORMA	M40	00:03:49	00:40:38	00:44:54	01:24:30
379	WŁODARCZYK Józef	618	SZURAM SOBIE	M60	00:04:05	00:40:46	00:44:44	01:24:50
380	KISIELIŃSKI Igor	251	TKKF KOSZALIN	M50	00:03:45	00:39:02	00:43:13	01:25:19
381	SKORUPA Edward	512		M55	00:04:00	00:41:03	00:45:13	01:25:30
382	KACZOR Piotr	227	GWIEZDNA FLOTA MASZEWO	M40	00:03:59	00:42:49	00:47:03	01:25:45
383	HNAT Rafał	190	KP PSP WAŁCZ	M45	00:03:56	00:42:48	00:45:48	01:25:48
384	KUBISIAK Damian	295		M35	00:03:54	00:42:24	00:46:18	01:25:54
385	GAŁECKI Jacek	138	KARLINO BIEGAJ	M50	00:03:42	00:41:11	00:45:16	01:25:58
386	WASIAK Sylwester	601	GWIEZDNA FLOTA MASZEWO	M35	00:03:58	00:42:48	00:47:04	01:26:02
387	WENCŁAWSKI Michał	606	DECATHLON SŁUPSK	M20	00:03:51	00:40:57	00:45:16	01:26:02
388	SZYMAŃSKI Artur	567	BS FAMILY TEAM	M40	00:03:59	00:41:22	00:45:32	01:26:09

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
389	DZIEKOŃSKI Jacek	121		M60	00:03:53	00:40:49	00:44:52	01:26:33
390	GARGULIŃSKI Andrzej	142		M40	00:04:03	00:42:02	00:46:20	01:26:43
391	ŁYSON Andrzej	344		M35	00:03:47	00:41:54	00:46:15	01:27:13
392	URLICKI Lech	593	KB SPOCENI NOWA SÓL	M65	00:03:50	00:41:37	00:45:53	01:27:17
393	WIELGOSZ Leszek	610	KB SPOCENI NOWA SÓL	M55	00:03:51	00:41:37	00:45:53	01:27:17
394	ROZMUS Tomasz	484		M30	00:03:50	00:40:55	00:45:07	01:27:22
395	MAŁECKI Artur	357		M40	00:04:13	00:44:07	00:48:20	01:27:36
396	GRABOWSKI Marek	167		M50	00:03:45	00:40:42	00:44:51	01:27:39
397	ZDANOWICZ Marek	636	SAVE THE RING	M45	00:03:37	00:42:01	00:46:19	01:27:44
398	ADAMCZYK Arkadiusz	1	BLUE TEAM PIŁA	M50	00:04:00	00:42:32	00:46:48	01:27:53
399	PŁUSKA Tadeusz	436		M65	00:03:31	00:39:58	00:44:02	01:27:59
400	KACZMAREK Zenon	226	MORSY KOŁOBRZEG	M70	00:04:05	00:42:05	00:46:28	01:27:59
401	SERKIS Piotr	503	ŁOBEZ	M30	00:04:09	00:42:42	00:47:06	01:28:17
402	MŁODZIEJEWSKI Krzysztof	375		M45	00:03:42	00:40:36	00:45:05	01:28:34
403	KAZIMIERSKI Marek	242		M30	00:03:27	00:39:24	00:43:42	01:28:34
404	SIWEK Piotr	510	GWIEZDNA FLOTA MASZEWO	M35	00:03:56	00:42:47	00:47:10	01:28:44
405	HOFMAN Mateusz	194	MONAR GRABOWO	M20	00:03:44	00:39:28	00:44:37	01:28:44
406	BIELAK Wojciech	35	UKS EKONOM KOŁOBRZEG	M16	00:03:38	00:38:36	00:43:17	01:29:14
407	SPIESZYŃSKI Michał	522		M30	00:03:55	00:41:40	00:46:07	01:29:29
408	GAŁUSZKA Marcin	139	FINISZ MORĄG	M40	00:03:55	00:42:28	00:47:01	01:29:31
409	SKRZYPCZAK Bogusław	652		M40	00:04:32	00:45:40	00:49:52	01:29:55
410	KLUCZYŃSKI Mariusz	252		M30	00:03:52	00:41:24	00:45:38	01:30:10
411	ROMAŃSKI Maciej	480	TATACOWYMIATA	M30	00:04:09	00:43:05	00:47:26	01:30:18
412	WOŹNIAK Jacek	657		M45	00:04:10	00:44:14	00:48:37	01:30:20
413	PIĄTEK Mateusz	428	13. DYWIZJON TRĄLOWCÓW GDYNIA	M30	00:03:49	00:42:41	00:46:56	01:30:25
414	BRYNDZA Piotr	49		M40	00:04:05	00:43:16	00:47:34	01:30:43
415	KOŚKA Marek	272	PRECON POLSKA-JASTROWIE	M30	00:04:20	00:45:24	00:49:40	01:31:22
416	TYKA Edward	587	NIESTOWARZYSZONY	M75	00:04:08	00:42:32	00:47:00	01:31:24
417	GAWLIŃSKI Marcin	145	BLUE TEAM PIŁA	M35	00:04:05	00:44:21	00:48:43	01:31:39
418	REMBARZ Piotr	469		M30	00:03:49	00:41:23	00:45:49	01:32:40
419	BONEW Marcin	665		M40	00:03:43	00:43:07	00:47:40	01:33:15
420	GRABOWICZ Jerzy	164	TUPOT USTKA	M70	00:04:02	00:40:36	00:44:53	01:33:43
421	PAWLIUTKIN Aleksandr	422		M40	00:04:05	00:44:40	00:49:13	01:33:50
422	KOŁAKOWSKI Dariusz	256	K.B. SPRINT ŚWIDWIN	M45	00:03:53	00:53:31	00:58:00	01:34:08
423	SIENICKI Piotr	507	FOR-REST-RUN TEAM	M40	00:03:46	00:43:07	00:47:52	01:34:14
424	SŁOMSKI Zenon	515	KORZYBSKIE REKINY	M70	00:03:51	00:42:58	00:47:28	01:34:37
425	HELLER Zdzisław	188	NIEZRZESZONY	M60	00:03:55	00:45:25	00:50:03	01:34:37
426	BARSZCZAK Tomasz	23	KOŁOBRZEG BIEGA	M20	00:04:26	00:46:07	00:50:30	01:34:57
427	WIESIOŁEK Grzegorz	612		M45	00:03:41	00:44:46	00:49:06	01:35:14
428	RZYDUCH Piotr	499		M40	00:04:03	00:45:27	00:49:51	01:35:23
429	BYKOWSKI Bogdan	65	BRACTWO BIEGACZY Z-GORA	M65	00:04:07	00:44:22	00:49:00	01:35:35
430	BIERNACKI Rene	38		M70	00:04:22	00:46:43	00:51:25	01:36:11
431	LOBA Jerzy	332	LUKS BAŁTYK DZIWNÓW	M70	00:04:17	00:44:28	00:48:54	01:36:15
432	ŁOPIŃSKI Aleksy	340	4RUN TEAM PIŁA	M70	00:04:44	00:47:17	00:52:52	01:36:40
433	SCHMIDT Dariusz	670		M50	00:04:12	00:46:36	00:51:04	01:36:51

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
434	WOŹNIAK Piotr	667		M55	00:03:48	00:56:54	01:00:05	01:37:58
435	FOLTYNOWICZ Bernard	132	MARATOŃCZYK TEAM SZCZECIN	M70	00:04:16	00:46:48	00:51:31	01:38:21
436	ZAKRZEWSKI Tadeusz	675		M65	00:04:00	00:45:12	00:50:08	01:40:38
437	USZPOLEWICZ Patryk	594		M35	00:04:40	00:49:14	00:54:09	01:41:08
438	JAŃCZUK Stanisław	209	NOCNE WILKI	M50	00:04:14	00:49:38	00:54:11	01:41:19
439	JAROSZ Artur	211		M35	00:03:51	00:46:30	00:51:14	01:41:23
440	WIELIŃSKI Krzysztof	611	KB HERMES GRYFINO	M65	00:04:22	00:47:57	00:52:40	01:41:33
441	ADAMCZYK Mirosław	2		M45	00:04:40	00:49:15	00:54:10	01:42:43
442	JANKOWSKI Remigiusz	207		M35	00:04:03	00:47:00	00:52:17	01:42:52
443	KRYSA Krzysztof	291		M45	00:03:52	00:48:12	00:53:22	01:43:39
444	RAMA Janusz	465	KOŁOBRZEG BIEGA - PARKRUN	M45	00:04:41	00:52:05	00:57:05	01:47:57
445	ANGIEL Władysław	9	TKKF KOLEJARZ BYDGOSZCZ	M80+	00:04:36	00:53:11	00:58:22	01:48:05
446	JURCZAK Jarosław	219		M60	00:04:28	00:52:12	00:57:38	01:49:12
447	KĘDZIERSKI Jarosław	699		M45	00:04:09	00:49:36	00:55:05	01:49:43
448	KOPCEWICZ Henryk	263		M65	00:04:43	00:52:22	00:57:38	01:50:47
449	KABACIŃSKI Bronisław	47	TUPOT USTKA	M70	00:04:49	00:53:32	00:58:38	01:52:07
450	MŁYNAREK Piotr	376		M40	00:05:10	00:59:14	01:05:01	01:52:23
451	KAMIŃSKI Andrzej	232		M40	00:05:11	00:59:15	01:05:02	01:52:24
452	STRUSKI Stanisław	535	NIEZRZESZONY	M70	00:04:36	00:55:31	01:00:46	01:56:20
453	SZCZEBLEWSKI Józef	547		M60	00:04:07	00:55:03	01:00:38	01:58:04
454	BARTNIK Marian	676	TKKF KOSZALIN	M80+	00:05:49	01:08:58	01:16:03	02:19:54
455	BIZUNOWICZ Krystian	39	ROZBIEGANY GOLENIÓW	M40	02:09:59			
456	KALETKA Damian	229		M30	00:02:35	00:26:51	00:29:33	
457	RADAWIEC Kamil	464		M40	00:02:49	00:28:51		
458	BEMOWICZ Tomasz	479	KB WYGAN	M45	00:02:58	00:30:53	00:34:04	
459	KAZIMIERSKI Piotr	241		M30	00:03:01	00:32:11	00:35:42	
460	SKOWRONSKI Bogdan	513	SZWLA	M55				
461	DEJNEKO Tomasz	100		M40	00:03:40	00:40:11		

Znaleziono 461 wynik(ów)