



Organizator:

Data:

Miejsce:

Dystans:

XXXII BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

Stowarzyszenie "Bieg Zaślubin"; Miejski Ośrodek Sportu i Rekreacji w Kołobrzegu
2018-03-11
Kołobrzeg
15 km

B4SPORT



Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	BRAUN Grzegorz	46	RUNGRYF GRYFICE	M20	1	00:02:22	00:26:31	00:29:06	00:52:48	00:55:15.60		3:41	16.3 (100%)
2	RYCAK Bartosz	494	5 PUŁK INŻYNIERYJNY	M20	2	00:02:33	00:26:44	00:29:22	00:53:27	00:56:00.95	+00:00:45 (1.3%)	3:44	16.1 (98.8%)
3	WOJTKIEWICZ Mateusz	680	KB 10 BIAŁOGARD	M20	3	00:02:42	00:27:17	00:30:02	00:55:24	00:58:00.00	+00:02:44 (4.7%)	3:52	15.5 (95.1%)
4	SZYMAŃSKI Łukasz	568	SKS POBIEROWO	M20	4	00:02:32	00:27:43	00:30:30	00:56:26	00:59:03.65	+00:03:48 (6.4%)	3:56	15.2 (93.3%)
5	BARTKOWIAK Janusz	25	K.B. MENTOR	M20	5	00:02:41	00:28:37	00:31:29	00:57:33	01:00:23.95	+00:05:08 (8.5%)	4:01	14.9 (91.4%)
6	CENTKA Jakub	69	TEAM ŚWIĘTA	M20	6	00:02:41	00:28:50	00:31:49	00:58:44	01:01:23.15	+00:06:07 (10.0%)	4:05	14.7 (90.2%)
7	KRAWCZYK Mateusz	287	AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M20	7	00:02:48	00:29:11	00:32:07	00:59:00	01:01:43.85	+00:06:28 (10.5%)	4:06	14.6 (89.6%)
8	GIERLACH Jacek	152	STOPA SŁUPSK	M20	8	00:02:57	00:30:35	00:33:43	01:03:30	01:06:36.05	+00:11:20 (17.0%)	4:26	13.5 (82.8%)
9	KOSIŃSKI Mateusz	269	DRUŻYNA SZPIKU	M20	9	00:03:05	00:31:55	00:35:02	01:03:58	01:06:45.15	+00:11:29 (17.2%)	4:27	13.5 (82.8%)
10	LEŚNIEWSKI Konrad	321	KB BRYZA POSTOMINO	M20	10	00:02:54	00:30:41	00:33:52	01:04:03	01:07:18.40	+00:12:02 (17.9%)	4:29	13.4 (82.2%)
11	ŁOWICKI Bartosz	341	PRUSZCZ BIEGA	M20	11	00:02:52	00:31:30	00:34:48	01:05:47	01:08:52.45	+00:13:36 (19.8%)	4:35	13.1 (80.4%)
12	TAMAS Mateusz	576		M20	12	00:03:21	00:33:22	00:36:40	01:07:43	01:10:55.80	+00:15:40 (22.1%)	4:43	12.7 (77.9%)
13	ZAWADZKI Adrian	681	REGA TRZEBIATÓW	M20	13	00:02:31	00:32:26	00:35:37	01:08:33	01:11:39.50	+00:16:23 (22.9%)	4:46	12.6 (77.3%)
14	CHMIELEWSKI Kamil	73	GRABOWO	M20	14	00:03:42	00:35:19	00:38:47	01:09:41	01:12:36.55	+00:17:20 (23.9%)	4:50	12.4 (76.1%)

											Czas netto 15km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km				
15	MAJDZIŃSKI Paweł	350		GRABOWO	M20	15	00:03:40	00:35:20	00:38:48	01:09:42	01:13:01.75	+00:17:46 (24.3%)	4:52	12.3 (75.5%)
16	GERKE Mateusz	148			M20	16	00:03:29	00:34:53	00:38:17	01:10:20	01:13:23.65	+00:18:08 (24.7%)	4:53	12.3 (75.5%)
17	AUGUSTYNIAK Jakub	13		GRABOWO	M20	17	00:03:28	00:33:53	00:37:18	01:10:10	01:13:39.10	+00:18:23 (25.0%)	4:54	12.2 (74.8%)
18	STĘPA Bartosz	531		DRUŻYNA SZPIKU	M20	18	00:03:22	00:33:55	00:37:27	01:10:58	01:14:05.45	+00:18:49 (25.4%)	4:56	12.1 (74.2%)
19	LUBERAŃSKI Patryk	333		GRABOWO	M20	19	00:03:25	00:35:31	00:39:00	01:11:39	01:14:52.50	+00:19:36 (26.2%)	4:59	12 (73.6%)
20	CZERWIŃSKI Marcin	90		GRABOWO	M20	20	00:03:15	00:34:09	00:37:53	01:13:33	01:16:31.95	+00:21:16 (27.8%)	5:06	11.8 (72.4%)
21	KĘDZIORA Patryk	246		GRABOWO	M20	21	00:03:52	00:38:59	00:42:38	01:15:56	01:19:01.80	+00:23:46 (30.1%)	5:16	11.4 (69.9%)
22	ŁYSOŃ Piotr	345			M20	22	00:03:46	00:39:45	00:43:32	01:16:27	01:19:27.95	+00:24:12 (30.5%)	5:17	11.3 (69.3%)
23	ROSA Sebastian	483			M20	23	00:03:43	00:38:42	00:42:38	01:18:48	01:22:34.90	+00:27:19 (33.1%)	5:30	10.9 (66.9%)
24	SIELICKI Mateusz	506			M20	24	00:03:46	00:39:11	00:42:53	01:19:36	01:23:14.30	+00:27:58 (33.6%)	5:32	10.8 (66.3%)
25	DUSZYŃSKI Kamil	118		GRABOWO	M20	25	00:03:26	00:36:53	00:40:51	01:20:52	01:24:18.25	+00:29:02 (34.5%)	5:37	10.7 (65.6%)
26	BIEDRZYCKI Dawid	34			M20	26	00:03:30	00:38:54	00:42:49	01:21:00	01:24:36.00	+00:29:20 (34.7%)	5:38	10.6 (65.0%)
27	MIELEWCZYK Radosław	372		GRABOWO	M20	27	00:03:54	00:39:57	00:44:02	01:21:20	01:25:10.95	+00:29:55 (35.1%)	5:40	10.6 (65.0%)
28	CZEKIERDA Bartosz	89		GMINA DYGOWO	M20	28	00:02:35	00:31:56	00:35:21	01:22:05	01:25:24.45	+00:30:08 (35.3%)	5:41	10.5 (64.4%)
29	GŁOWACKI Kamil	157		GRABOWO	M20	29	00:03:41	00:39:30	00:43:43	01:22:16	01:26:00.20	+00:30:44 (35.7%)	5:44	10.5 (64.4%)
30	DĄBROWSKI Wiktor	98		PAŃSTWO DĄBREK	M20	30	00:04:02	00:41:24	00:45:30	01:22:37	01:26:25.85	+00:31:10 (36.1%)	5:45	10.4 (63.8%)
31	WENCŁAWSKI Michał	606		DECATHLON SŁUPSK	M20	31	00:03:51	00:40:57	00:45:16	01:26:02	01:29:58.95	+00:34:43 (38.6%)	5:59	10 (61.3%)
32	HOFMAN Mateusz	194		MONAR GRABOWO	M20	32	00:03:44	00:39:28	00:44:37	01:28:44	01:32:46.80	+00:37:31 (40.4%)	6:11	9.7 (59.5%)
33	BARSZCZAK Tomasz	23		KOŁOBRZEG BIEGA	M20	33	00:04:26	00:46:07	00:50:30	01:34:57	01:39:47.95	+00:44:32 (44.6%)	6:39	9 (55.2%)
DNC	GŁOGOWSKI Adam	155		ATC-CARGO TEAM	M20		00:02:17	00:10:27	00:12:53	00:58:51	01:01:48.90		-	- (0.0%)

Znaleziono 34 wynik(ów)