

**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2020-10-04  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska	Kara/ bonifikata					
1	<b>OCHAL Paweł</b>	<b>198</b>	TEAMOCHAL	M30	1			<b>00:23:47.00</b>	<b>00:23:47.00</b>		3:10	18.9 (100%)
2	<b>KOTŁOWSKI Bartosz</b>	<b>125</b>	LKS OSTROMECKO	M20	1	Tak		<b>00:24:18.05</b>	<b>00:24:18.05</b>	+00:00:31 (2.1%)	3:14	18.5 (97.9%)
3	<b>SKIBA Łukasz</b>	<b>238</b>	AZS POLITECHNIKA OPOLSKA	M30	2			<b>00:24:47.15</b>	<b>00:24:47.15</b>	+00:01:00 (4.0%)	3:18	18.2 (96.3%)
4	<b>KŁOPOTEK Patryk</b>	<b>108</b>	WRB / UMB	M30	3			<b>00:25:19.05</b>	<b>00:25:19.05</b>	+00:01:32 (6.1%)	3:22	17.8 (94.2%)
5	<b>BARTKIEWICZ Krzysztof</b>	<b>323</b>		M40	1			<b>00:25:32.20</b>	<b>00:25:32.20</b>	+00:01:45 (6.9%)	3:24	17.6 (93.1%)
6	<b>CHOJNICKI Damian</b>	<b>42</b>	GKS FABIANKI	M20	2			<b>00:25:48.85</b>	<b>00:25:48.85</b>	+00:02:01 (7.9%)	3:26	17.4 (92.1%)
7	<b>PAWŁOWSKI Tomasz</b>	<b>205</b>		M20	3			<b>00:25:56.95</b>	<b>00:25:56.95</b>	+00:02:09 (8.3%)	3:27	17.4 (92.1%)
8	<b>GLUGLA Mariusz</b>	<b>68</b>		M40	2			<b>00:26:01.05</b>	<b>00:26:01.05</b>	+00:02:14 (8.6%)	3:28	17.3 (91.5%)
9	<b>RETECKI Krzysztof</b>	<b>220</b>	LKS BOGMAR/ GINTER EKOTECHNIKA/ PRESTO	M40	3	Tak		<b>00:26:36.20</b>	<b>00:26:36.20</b>	+00:02:49 (10.6%)	3:32	16.9 (89.4%)
10	<b>BANDOCH Mariusz</b>	<b>9</b>		M40	4			<b>00:26:53.85</b>	<b>00:26:53.85</b>	+00:03:06 (11.6%)	3:35	16.7 (88.4%)
11	<b>KAZIMIROW Aleksander</b>	<b>330</b>		M30	4			<b>00:27:18.70</b>	<b>00:27:18.70</b>	+00:03:31 (12.9%)	3:38	16.5 (87.3%)
12	<b>MAIK Daria</b>	<b>170</b>	LUKS START NAKŁO	K20	1			<b>00:27:23.00</b>	<b>00:27:23.00</b>	+00:03:36 (13.1%)	3:39	16.4 (86.8%)
13	<b>ŚLIWIŃSKI Łukasz</b>	<b>272</b>	LKS BOGMAR OSTROMECKO	M30	5	Tak		<b>00:27:27.80</b>	<b>00:27:27.80</b>	+00:03:40 (13.4%)	3:39	16.4 (86.8%)
14	<b>MAĆKOWSKI Maciej</b>	<b>169</b>	UPSBYDGOSZCZ/TEAMOCHAL	M30	6			<b>00:27:28.40</b>	<b>00:27:28.40</b>	+00:03:41 (13.4%)	3:39	16.4 (86.8%)
15	<b>ŁAZ Kamil</b>	<b>334</b>	RUN PASJA BYDGOSZCZ	M30	7			<b>00:27:29.40</b>	<b>00:27:29.40</b>	+00:03:42 (13.5%)	3:39	16.4 (86.8%)
16	<b>HOŁTYN Patryk</b>	<b>89</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	8			<b>00:27:31.55</b>	<b>00:27:31.55</b>	+00:03:44 (13.6%)	3:40	16.4 (86.8%)

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Mieszkaniec		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
							Gminy Dąbrowa Chelmińska	Kara/ bonifikata					
17	<b>KAMIŃSKI Tomasz</b>	<b>102</b>	KS PERUN		M30	9			<b>00:27:35.30</b>	<b>00:27:35.30</b>	+00:03:48 (13.8%)	3:40	16.3 (86.2%)
18	<b>BAK Oskar</b>	<b>15</b>			M30	10			<b>00:27:43.65</b>	<b>00:27:43.65</b>	+00:03:56 (14.2%)	3:41	16.2 (85.7%)
19	<b>SZENK Marta</b>	<b>260</b>			K40	1			<b>00:27:46.00</b>	<b>00:27:46.00</b>	+00:03:59 (14.3%)	3:42	16.2 (85.7%)
20	<b>WARCZAK Piotr</b>	<b>293</b>	TEAMOCHAL		M40	5			<b>00:27:47.15</b>	<b>00:27:47.15</b>	+00:04:00 (14.4%)	3:42	16.2 (85.7%)
21	<b>TACZKOWSKI Jarosław</b>	<b>278</b>			M40	6			<b>00:27:47.90</b>	<b>00:27:47.90</b>	+00:04:00 (14.4%)	3:42	16.2 (85.7%)
22	<b>JAGIEŁA Jarosław</b>	<b>90</b>	TKKF KOLEJARZ BYDGOSZCZ		M40	7			<b>00:28:04.05</b>	<b>00:28:04.05</b>	+00:04:17 (15.3%)	3:44	16 (84.7%)
23	<b>BARANOWSKA-TRZASKO Aleksandra</b>	<b>10</b>	TOPO ATHLETIC/KUJAWSCY RUNNERS		K40	2			<b>00:28:08.85</b>	<b>00:28:08.85</b>	+00:04:21 (15.5%)	3:45	16 (84.7%)
24	<b>KUBANEK Łukasz</b>	<b>142</b>	TEAMOCHAL		M30	11			<b>00:28:10.40</b>	<b>00:28:10.40</b>	+00:04:23 (15.6%)	3:45	16 (84.7%)
25	<b>RYMER Jakub</b>	<b>230</b>	KOTŁOWSKI RUN TEAM		M30	12			<b>00:28:14.80</b>	<b>00:28:14.80</b>	+00:04:27 (15.8%)	3:45	15.9 (84.1%)
26	<b>BUDNIK Bartosz</b>	<b>33</b>			M17-19	1			<b>00:28:18.95</b>	<b>00:28:18.95</b>	+00:04:31 (16.0%)	3:46	15.9 (84.1%)
27	<b>KUNICKI Michał</b>	<b>326</b>			M16	1			<b>00:28:42.20</b>	<b>00:28:42.20</b>	+00:04:55 (17.1%)	3:49	15.7 (83.1%)
28	<b>GOŁEMBIEWSKI Marek</b>	<b>73</b>	MUKS PIĘTNASTKA BYDGOSZCZ		M40	8			<b>00:28:49.25</b>	<b>00:28:49.25</b>	+00:05:02 (17.5%)	3:50	15.6 (82.5%)
29	<b>KRZYWDZIŃSKI Dominik</b>	<b>141</b>	UKB SZUBIN		M17-19	2			<b>00:29:18.45</b>	<b>00:29:18.45</b>	+00:05:31 (18.8%)	3:54	15.4 (81.5%)
30	<b>STANKIEWICZ Jacek</b>	<b>331</b>			M20	4			<b>00:29:32.15</b>	<b>00:29:32.15</b>	+00:05:45 (19.5%)	3:56	15.2 (80.4%)
31	<b>MELLER Wojciech</b>	<b>180</b>			M50	1	Tak		<b>00:29:38.55</b>	<b>00:29:38.55</b>	+00:05:51 (19.8%)	3:57	15.2 (80.4%)
32	<b>KAZIMIROWA Olga</b>	<b>329</b>			K40	3			<b>00:29:43.00</b>	<b>00:29:43.00</b>	+00:05:56 (20.0%)	3:57	15.1 (79.9%)
33	<b>GOŁATA Wojciech</b>	<b>71</b>	WILCZA WATAHA		M40	9	Tak		<b>00:29:46.70</b>	<b>00:29:46.70</b>	+00:05:59 (20.1%)	3:58	15.1 (79.9%)
34	<b>RUCHLEWICZ Natalia</b>	<b>226</b>			K20	2			<b>00:29:58.30</b>	<b>00:29:58.30</b>	+00:06:11 (20.6%)	3:59	15 (79.4%)
35	<b>SYROCKI Michał</b>	<b>255</b>			M30	13	Tak		<b>00:29:59.95</b>	<b>00:29:59.95</b>	+00:06:12 (20.7%)	3:59	15 (79.4%)
36	<b>PRĄDZYŃSKI Marcin</b>	<b>215</b>	AMS		M40	10			<b>00:30:04.55</b>	<b>00:30:04.55</b>	+00:06:17 (20.9%)	4:00	15 (79.4%)
37	<b>GILL Daniel</b>	<b>66</b>	LKS BOGMAR OSTROMECKO		M30	14			<b>00:30:06.30</b>	<b>00:30:06.30</b>	+00:06:19 (21.0%)	4:00	15 (79.4%)
38	<b>SKARBEK Marek</b>	<b>237</b>	RUN BYDGOSZCZ		M50	2			<b>00:30:11.45</b>	<b>00:30:11.45</b>	+00:06:24 (21.2%)	4:01	14.9 (78.8%)
39	<b>KUNZ Mieczysław</b>	<b>149</b>	UMK TORUŃ		M40	11			<b>00:30:14.25</b>	<b>00:30:14.25</b>	+00:06:27 (21.3%)	4:01	14.9 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata						
40	ZABROCKI Adam	309		M40	12			00:30:22.25	00:30:22.25	+00:06:35 (21.7%)	4:02	14.8 (78.3%)
41	NAGORZYSKI Arek	190		M30	15			00:30:41.70	00:30:41.70	+00:06:54 (22.5%)	4:05	14.7 (77.8%)
42	WOŹNIAKOWSKA Agata	333	RUN PASJA BYDGOSZCZ	K30	1			00:30:54.00	00:30:54.00	+00:07:07 (23.0%)	4:07	14.6 (77.2%)
43	ŚLIWIŃSKI Mariusz	275		M40	13			00:30:57.45	00:30:57.45	+00:07:10 (23.2%)	4:07	14.5 (76.7%)
44	ŁUCZAK Paweł	167	TKKF KOLEJARZ BYDGOSZCZ	M50	3			00:30:58.90	00:30:58.90	+00:07:11 (23.2%)	4:07	14.5 (76.7%)
45	KOWALSKA Angelika	127	TRISPACE TREK	K30	2			00:31:02.80	00:31:02.80	+00:07:15 (23.4%)	4:08	14.5 (76.7%)
46	DĄBROWSKI Paweł	48	AZS UMK TORUŃ	M20	5			00:31:14.40	00:31:14.40	+00:07:27 (23.9%)	4:09	14.4 (76.2%)
47	ŁADNIAK Dariusz	165	RUNMORS	M40	14			00:31:19.00	00:31:19.00	+00:07:32 (24.1%)	4:10	14.4 (76.2%)
48	ZDROJEWSKI Paweł	311	START TEAM	M40	15			00:31:20.60	00:31:20.60	+00:07:33 (24.1%)	4:10	14.4 (76.2%)
49	BUTRYN Nikodem	37		M50	4			00:31:26.45	00:31:26.45	+00:07:39 (24.4%)	4:11	14.3 (75.7%)
50	KAMIŃSKA Teresa	101	KB LECH RYPIN	K40	4			00:31:43.55	00:31:43.55	+00:07:56 (25.0%)	4:13	14.2 (75.1%)
51	KOWALSKI Jacek	130		M40	16			00:31:47.50	00:31:47.50	+00:08:00 (25.2%)	4:14	14.2 (75.1%)
52	KADOW Ryszard	98		M40	17			00:31:50.05	00:31:50.05	+00:08:03 (25.3%)	4:14	14.1 (74.6%)
53	SZYMCZAK Mateusz	270		M30	16	Tak		00:31:53.85	00:31:53.85	+00:08:06 (25.4%)	4:15	14.1 (74.6%)
54	KUNICKA Weronika	327		K16	1			00:31:59.15	00:31:59.15	+00:08:12 (25.6%)	4:15	14.1 (74.6%)
55	BUGALSKI Wojciech	34	AMS TRIATHLON	M40	18			00:32:01.20	00:32:01.20	+00:08:14 (25.7%)	4:16	14.1 (74.6%)
56	KOCINIEWSKI Łukasz	110		M17-19	3	Tak		00:32:02.40	00:32:02.40	+00:08:15 (25.8%)	4:16	14 (74.1%)
57	KAPSA Dawid	103	ONLY GLASS	M40	19			00:32:02.90	00:32:02.90	+00:08:15 (25.8%)	4:16	14 (74.1%)
58	KOCINIEWSKI Bartłomiej	112	LKS JANOWO	M30	17	Tak		00:32:11.10	00:32:11.10	+00:08:24 (26.1%)	4:17	14 (74.1%)
59	MENDEL Patryk	181	SLKB, REBELIA TRIATHLON TEAM	M20	6			00:32:12.85	00:32:12.85	+00:08:25 (26.2%)	4:17	14 (74.1%)
60	KALISZ Andrzej	335		M50	5			00:32:13.20	00:32:13.20	+00:08:26 (26.2%)	4:17	14 (74.1%)
61	GRUBICH Arkadiusz	78		M40	20			00:32:14.95	00:32:14.95	+00:08:27 (26.3%)	4:17	14 (74.1%)
62	TOMCZYK Agata	283	SLA POLONIA BYDGOSZCZ	K30	3			00:32:17.15	00:32:17.15	+00:08:30 (26.3%)	4:18	13.9 (73.5%)
63	HERMELIN Wojciech	88	KOTŁOWSKI RUN TEAM	M40	21			00:32:23.35	00:32:23.35	+00:08:36 (26.6%)	4:19	13.9 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata	Chełmińska					
64	SADAJ Krzysztof	232		M30	18			00:32:28.70	00:32:28.70	+00:08:41 (26.8%)	4:19	13.9 (73.5%)
65	ŚRUTKOWSKI Sylwester	277		M20	7			00:32:44.70	00:32:44.70	+00:08:57 (27.4%)	4:21	13.7 (72.5%)
66	BOHDANOWICZ Patrycja	28		K30	4			00:33:06.60	00:33:06.60	+00:09:19 (28.2%)	4:24	13.6 (72.0%)
67	KARWASZ Paulina	106	CHMIELARZ TEAM	K20	3			00:33:10.90	00:33:10.90	+00:09:23 (28.3%)	4:25	13.6 (72.0%)
68	MICHALIK Joanna	182		K30	5			00:33:14.95	00:33:14.95	+00:09:27 (28.5%)	4:25	13.5 (71.4%)
69	KOWALSKI Krzysztof	129	OCELOTY KRUSZYN KRAJENSKI	M40	22			00:33:16.60	00:33:16.60	+00:09:29 (28.5%)	4:26	13.5 (71.4%)
70	PUCHACZ Marcin	218		M30	19			00:33:19.55	00:33:19.55	+00:09:32 (28.6%)	4:26	13.5 (71.4%)
71	KOCINIEWSKI Franciszek	115	LKS JANOWO	M20	8	Tak		00:33:20.45	00:33:20.45	+00:09:33 (28.7%)	4:26	13.5 (71.4%)
72	KOCINIEWSKI Dariusz	116	LKS JANOWO	M50	6	Tak		00:33:20.75	00:33:20.75	+00:09:33 (28.7%)	4:26	13.5 (71.4%)
73	URBAŃSKI Andrzej	290		M40	23	Tak		00:33:21.95	00:33:21.95	+00:09:34 (28.7%)	4:26	13.5 (71.4%)
74	KRUCZKOWSKA Magdalena	324		K40	5			00:33:22.40	00:33:22.40	+00:09:35 (28.7%)	4:26	13.5 (71.4%)
75	JAROCKA Beata	92		K40	6	Tak		00:33:23.95	00:33:23.95	+00:09:36 (28.8%)	4:27	13.5 (71.4%)
76	SKONIECZNY Marcin	240	NESSI TEAM	M40	24			00:33:24.95	00:33:24.95	+00:09:37 (28.8%)	4:27	13.5 (71.4%)
77	KRZYSZTOSZEK Krzysztof	140		M30	20			00:33:38.45	00:33:38.45	+00:09:51 (29.3%)	4:29	13.4 (70.9%)
78	MUZIEWICZ Wiktor	322		M16	2			00:33:39.05	00:33:39.05	+00:09:52 (29.3%)	4:29	13.4 (70.9%)
79	OLSZEWSKI Adam	199	KB LECH RYPIN	M50	7			00:33:42.55	00:33:42.55	+00:09:55 (29.4%)	4:29	13.4 (70.9%)
80	BIELEC Wojciech	21		M30	21			00:33:43.30	00:33:43.30	+00:09:56 (29.5%)	4:29	13.3 (70.4%)
81	WĘGRZYNOWSKI Sławomir	299	KABEL TEAM BYDGOSZCZ	M50	8			00:33:43.35	00:33:43.35	+00:09:56 (29.5%)	4:29	13.3 (70.4%)
82	SZATKOWSKI Józef	258	MORSY Z GRUDZIĄDZA	M60	1			00:33:47.00	00:33:47.00	+00:10:00 (29.6%)	4:30	13.3 (70.4%)
83	SMARZ Karol	241	OSP DĄBROWA CHEŁMIŃSKA	M30	22	Tak		00:33:48.85	00:33:48.85	+00:10:01 (29.7%)	4:30	13.3 (70.4%)
84	WASILEWSKA Martyna	295	AMS BYDGOSZCZ	K30	6			00:33:55.60	00:33:55.60	+00:10:08 (29.9%)	4:31	13.3 (70.4%)
85	URBAŃSKI Szymon	289		M17-19	4	Tak		00:33:59.70	00:33:59.70	+00:10:12 (30.0%)	4:31	13.2 (69.8%)
86	MAZERSKI Jarosław	178		M30	23			00:34:13.65	00:34:13.65	+00:10:26 (30.5%)	4:33	13.2 (69.8%)
87	KOCINIEWSKI Wojciech	114		M16	3	Tak		00:34:16.70	00:34:16.70	+00:10:29 (30.6%)	4:34	13.1 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Kara/ bonifikata	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa		netto 7.5km	brutto 7.5km			
88	<b>ROSZAK Zbigniew</b>	<b>225</b>	WATAHA ŁĄCZY NAS BIEGANIE	M30	24			<b>00:34:18.65</b>	<b>00:34:18.65</b>	+00:10:31 (30.7%)	4:34	13.1 (69.3%)
89	<b>SZEWS Marek</b>	<b>261</b>	AMS BYDGOSZCZ	M40	25			<b>00:34:19.25</b>	<b>00:34:19.25</b>	+00:10:32 (30.7%)	4:34	13.1 (69.3%)
90	<b>ROSIAK Jarosław</b>	<b>224</b>	3KR	M50	9			<b>00:34:20.50</b>	<b>00:34:20.50</b>	+00:10:33 (30.7%)	4:34	13.1 (69.3%)
91	<b>BARTOS Arkadiusz</b>	<b>13</b>	PGB SPORTOWA PACZKA	M50	10			<b>00:34:24.40</b>	<b>00:34:24.40</b>	+00:10:37 (30.9%)	4:35	13.1 (69.3%)
92	<b>KOPIEC Mateusz</b>	<b>121</b>		M20	9	Tak		<b>00:34:27.10</b>	<b>00:34:27.10</b>	+00:10:40 (31.0%)	4:35	13.1 (69.3%)
93	<b>NEUMANN Andrzej</b>	<b>191</b>		M50	11			<b>00:34:27.75</b>	<b>00:34:27.75</b>	+00:10:40 (31.0%)	4:35	13.1 (69.3%)
94	<b>BŁAŻĘJAK Krzysztofa</b>	<b>332</b>	RUN PASJA BYDGOSZCZ	K40	7			<b>00:34:29.05</b>	<b>00:34:29.05</b>	+00:10:42 (31.0%)	4:35	13 (68.8%)
95	<b>KOSIEDOWSKI Bartek</b>	<b>124</b>		M30	25	Tak		<b>00:34:33.45</b>	<b>00:34:33.45</b>	+00:10:46 (31.2%)	4:36	13 (68.8%)
96	<b>NIEDBALSKI Grzegorz</b>	<b>192</b>	RUN BYDGOSZCZ	M60	2			<b>00:34:33.85</b>	<b>00:34:33.85</b>	+00:10:46 (31.2%)	4:36	13 (68.8%)
97	<b>WESTFALEWSKI Tomasz</b>	<b>297</b>	LKS BOGMAR OSTROMECKO	M20	10	Tak		<b>00:34:35.10</b>	<b>00:34:35.10</b>	+00:10:48 (31.2%)	4:36	13 (68.8%)
98	<b>SOBOCIŃSKI Mateusz</b>	<b>245</b>		M20	11	Tak		<b>00:34:35.30</b>	<b>00:34:35.30</b>	+00:10:48 (31.2%)	4:36	13 (68.8%)
99	<b>KREŃSKI Tomasz</b>	<b>133</b>	TEAMOCHAL	M40	26			<b>00:34:43.75</b>	<b>00:34:43.75</b>	+00:10:56 (31.5%)	4:37	13 (68.8%)
100	<b>SZYDŁO Mariusz</b>	<b>268</b>		M17-19	5	Tak		<b>00:34:44.15</b>	<b>00:34:44.15</b>	+00:10:57 (31.5%)	4:37	13 (68.8%)
101	<b>DROŻDŻ Małgorzata</b>	<b>53</b>	AMS TRIATHLON	K40	8			<b>00:34:46.15</b>	<b>00:34:46.15</b>	+00:10:59 (31.6%)	4:38	12.9 (68.3%)
102	<b>KRASKA Maria</b>	<b>132</b>		K20	4	Tak		<b>00:34:47.05</b>	<b>00:34:47.05</b>	+00:11:00 (31.6%)	4:38	12.9 (68.3%)
103	<b>BERENDA Damian</b>	<b>18</b>		M40	27			<b>00:34:47.80</b>	<b>00:34:47.80</b>	+00:11:00 (31.7%)	4:38	12.9 (68.3%)
104	<b>KOTŁOWSKI Przemysław</b>	<b>126</b>	MKS SP 63 BYDGOSZCZ	M40	28			<b>00:34:49.25</b>	<b>00:34:49.25</b>	+00:11:02 (31.7%)	4:38	12.9 (68.3%)
105	<b>SALWA Justyna</b>	<b>233</b>	POLKRYŚ TEAM	K30	7			<b>00:34:50.10</b>	<b>00:34:50.10</b>	+00:11:03 (31.7%)	4:38	12.9 (68.3%)
106	<b>DĄBROWSKI Leszek</b>	<b>49</b>	START TEAM WĄBRZEŻNO	M40	29			<b>00:34:53.15</b>	<b>00:34:53.15</b>	+00:11:06 (31.8%)	4:39	12.9 (68.3%)
107	<b>STARSZAK Paweł</b>	<b>250</b>		M40	30	Tak		<b>00:34:57.15</b>	<b>00:34:57.15</b>	+00:11:10 (32.0%)	4:39	12.9 (68.3%)
108	<b>KRUBER Karolina</b>	<b>135</b>	TEAMOCHAL	K30	8			<b>00:35:03.25</b>	<b>00:35:03.25</b>	+00:11:16 (32.2%)	4:40	12.8 (67.7%)
109	<b>WARCZAK Katarzyna</b>	<b>292</b>	TEAMOCHAL	K40	9			<b>00:35:05.75</b>	<b>00:35:05.75</b>	+00:11:18 (32.2%)	4:40	12.8 (67.7%)
110	<b>BAGROWSKI Marek</b>	<b>7</b>	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M50	12	Tak		<b>00:35:08.95</b>	<b>00:35:08.95</b>	+00:11:21 (32.3%)	4:41	12.8 (67.7%)
111	<b>HALINIAK Filip</b>	<b>87</b>	-	M20	12	Tak		<b>00:35:09.95</b>	<b>00:35:09.95</b>	+00:11:22 (32.4%)	4:41	12.8 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata						
112	WASILEWSKA-MICHALAK Agata	296	AKADEMIA MISTRZÓW SPORTU	K30	9			00:35:36.65	00:35:36.65	+00:11:49 (33.2%)	4:44	12.6 (66.7%)
113	GANDZIAROWSKA Anna	64		K30	10	Tak		00:35:39.65	00:35:39.65	+00:11:52 (33.3%)	4:45	12.6 (66.7%)
114	ROBACZEWSKI Artur	222		M40	31			00:35:41.75	00:35:41.75	+00:11:54 (33.4%)	4:45	12.6 (66.7%)
115	MANDOSIK Jerzy	173	TEAMOCHAL	M60	3			00:35:44.10	00:35:44.10	+00:11:57 (33.4%)	4:45	12.6 (66.7%)
116	BRAŹKIEWICZ Rafał	31	BIKE FORDON	M40	32			00:35:50.20	00:35:50.20	+00:12:03 (33.6%)	4:46	12.6 (66.7%)
117	KAWALEC Marcin	107	LKS OSTROMECKO	M20	13	Tak		00:36:03.10	00:36:03.10	+00:12:16 (34.0%)	4:48	12.5 (66.1%)
118	JANKOWSKI Dawid	91		M40	33	Tak		00:36:05.30	00:36:05.30	+00:12:18 (34.1%)	4:48	12.5 (66.1%)
119	KOCINIEWSKI Jacek	117	LKS JANOWO	M40	34	Tak		00:36:11.05	00:36:11.05	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
120	AUGUSTYNIAK Piotr	5		M40	35			00:36:11.50	00:36:11.50	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
121	DĘBIEC Andrzej	50		M30	26			00:36:11.90	00:36:11.90	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
122	KOWALSKI Wiktor	128		M16	4	Tak		00:36:15.60	00:36:15.60	+00:12:28 (34.4%)	4:50	12.4 (65.6%)
123	ANDRZEJEWSKI Ryszard	4	ŻÓŁTOKRÓLEWSCY	M70	1			00:36:17.90	00:36:17.90	+00:12:30 (34.5%)	4:50	12.4 (65.6%)
124	BĄCZKOWSKI Wojciech	14		M30	27			00:36:20.80	00:36:20.80	+00:12:33 (34.6%)	4:50	12.4 (65.6%)
125	BERNACKI Dominik	19		M40	36			00:36:26.30	00:36:26.30	+00:12:39 (34.7%)	4:51	12.4 (65.6%)
126	JASIŃSKI Sylwester	93	WKB MARATONCZYK WŁOCŁAWEK	M20	14			00:36:36.05	00:36:36.05	+00:12:49 (35.0%)	4:52	12.3 (65.1%)
127	GINTER Szymon	67		M20	15	Tak		00:36:38.50	00:36:38.50	+00:12:51 (35.1%)	4:53	12.3 (65.1%)
128	BARSZCZ Tomasz	11		M30	28			00:36:38.55	00:36:38.55	+00:12:51 (35.1%)	4:53	12.3 (65.1%)
129	CABAJ Agata	39		K20	5			00:36:38.95	00:36:38.95	+00:12:51 (35.1%)	4:53	12.3 (65.1%)
130	MARCZYKOWSKA Patrycja	175		K30	11			00:36:39.75	00:36:39.75	+00:12:52 (35.1%)	4:53	12.3 (65.1%)
131	STEJUK Jan	337		M16	5			00:36:40.45	00:36:40.45	+00:12:53 (35.1%)	4:53	12.3 (65.1%)
132	GRUBA Jacek	77	TRISPACE/TREK	M60	4			00:37:01.10	00:37:01.10	+00:13:14 (35.8%)	4:56	12.2 (64.6%)
133	BEREBECKI Roman	17	KB LECH RYPIN	M60	5			00:37:07.95	00:37:07.95	+00:13:20 (36.0%)	4:56	12.1 (64.0%)
134	BARTOS Ligia	12	WTORKOWY TRENING	K40	10			00:37:12.80	00:37:12.80	+00:13:25 (36.1%)	4:57	12.1 (64.0%)
135	SOSIŃSKA Izabela	247		K30	12	Tak		00:37:18.30	00:37:18.30	+00:13:31 (36.2%)	4:58	12.1 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata						
136	<b>KRUCZKOWSKI Piotr</b>	<b>136</b>	KRYSPORT TEAM	M50	13			<b>00:37:20.40</b>	<b>00:37:20.40</b>	+00:13:33 (36.3%)	4:58	12.1 (64.0%)
137	<b>SOSIŃSKI Paweł</b>	<b>248</b>		M40	37	Tak		<b>00:37:27.10</b>	<b>00:37:27.10</b>	+00:13:40 (36.5%)	4:59	12 (63.5%)
138	<b>RUTKOWSKI Tomasz</b>	<b>228</b>		M40	38	Tak		<b>00:37:42.25</b>	<b>00:37:42.25</b>	+00:13:55 (36.9%)	5:01	11.9 (63.0%)
139	<b>URBAŃSKI Daniel</b>	<b>291</b>	PGB SPORTOWA PACZKA	M40	39			<b>00:37:44.95</b>	<b>00:37:44.95</b>	+00:13:57 (37.0%)	5:01	11.9 (63.0%)
140	<b>POTRZEBOWSKI Marek</b>	<b>213</b>	DEAF	M30	29			<b>00:37:45.95</b>	<b>00:37:45.95</b>	+00:13:58 (37.0%)	5:02	11.9 (63.0%)
141	<b>FILIPSKA Paulina</b>	<b>62</b>		K30	13			<b>00:37:52.50</b>	<b>00:37:52.50</b>	+00:14:05 (37.2%)	5:02	11.9 (63.0%)
142	<b>TARGOWSKI Marcin</b>	<b>280</b>	MKS SP 63	M30	30			<b>00:37:53.40</b>	<b>00:37:53.40</b>	+00:14:06 (37.2%)	5:03	11.9 (63.0%)
143	<b>NAGORZYSKA Sylwia</b>	<b>189</b>		K30	14			<b>00:37:58.75</b>	<b>00:37:58.75</b>	+00:14:11 (37.4%)	5:03	11.9 (63.0%)
144	<b>MROTEK Marcin</b>	<b>185</b>		M30	31	Tak		<b>00:38:02.95</b>	<b>00:38:02.95</b>	+00:14:15 (37.5%)	5:04	11.8 (62.4%)
145	<b>WAKUŁA KUNZ Wanda</b>	<b>150</b>		K40	11			<b>00:38:12.20</b>	<b>00:38:12.20</b>	+00:14:25 (37.7%)	5:05	11.8 (62.4%)
146	<b>TARGOWSKA Małgorzata</b>	<b>279</b>	AZS UTP BYDGOSZCZ	K30	15			<b>00:38:22.25</b>	<b>00:38:22.25</b>	+00:14:35 (38.0%)	5:06	11.7 (61.9%)
147	<b>MIRUS Arkadiusz</b>	<b>184</b>	LA FAMILIA	M20	16	Tak		<b>00:38:23.15</b>	<b>00:38:23.15</b>	+00:14:36 (38.0%)	5:07	11.7 (61.9%)
148	<b>TKACZUK Jolanta</b>	<b>282</b>		K50	1			<b>00:38:25.25</b>	<b>00:38:25.25</b>	+00:14:38 (38.1%)	5:07	11.7 (61.9%)
149	<b>POTRZEBOWSKA Agata</b>	<b>212</b>	DEAF I #B3K	K30	16			<b>00:38:28.55</b>	<b>00:38:28.55</b>	+00:14:41 (38.2%)	5:07	11.7 (61.9%)
150	<b>KOHUTEK Artur</b>	<b>118</b>		M40	40	Tak		<b>00:38:30.10</b>	<b>00:38:30.10</b>	+00:14:43 (38.2%)	5:08	11.7 (61.9%)
151	<b>STAWICKI Paweł</b>	<b>251</b>		M40	41	Tak		<b>00:38:32.65</b>	<b>00:38:32.65</b>	+00:14:45 (38.3%)	5:08	11.7 (61.9%)
152	<b>LEWANDOWSKA Małgorzata</b>	<b>159</b>		K50	2			<b>00:38:34.95</b>	<b>00:38:34.95</b>	+00:14:47 (38.4%)	5:08	11.7 (61.9%)
153	<b>TRUDNOWSKI Janusz</b>	<b>284</b>	RUN PASJA BYDGOSZCZ	M70	2			<b>00:38:35.95</b>	<b>00:38:35.95</b>	+00:14:48 (38.4%)	5:08	11.7 (61.9%)
154	<b>KRÓL Karol</b>	<b>134</b>	TKKF KOLEJARZ BYDGOSZCZ	M40	42			<b>00:38:36.50</b>	<b>00:38:36.50</b>	+00:14:49 (38.4%)	5:08	11.7 (61.9%)
155	<b>DYCZKO Alicja</b>	<b>58</b>		K17-19	1			<b>00:38:38.00</b>	<b>00:38:38.00</b>	+00:14:51 (38.4%)	5:09	11.6 (61.4%)
156	<b>BIEŃKOWSKI Tomasz</b>	<b>24</b>		M70	3			<b>00:38:42.05</b>	<b>00:38:42.05</b>	+00:14:55 (38.5%)	5:09	11.6 (61.4%)
157	<b>BRATEK Andrzej</b>	<b>30</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	6			<b>00:38:42.60</b>	<b>00:38:42.60</b>	+00:14:55 (38.6%)	5:09	11.6 (61.4%)
158	<b>SKONIECZNA Marlena</b>	<b>239</b>	NESSI TEAM	K40	12			<b>00:38:42.80</b>	<b>00:38:42.80</b>	+00:14:55 (38.6%)	5:09	11.6 (61.4%)
159	<b>KOWALCZYK Robert</b>	<b>336</b>		M40	43	Tak		<b>00:38:43.95</b>	<b>00:38:43.95</b>	+00:14:56 (38.6%)	5:09	11.6 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata						
160	<b>DUTKOWSKI Tomek</b>	<b>56</b>		M30	32			<b>00:38:46.35</b>	<b>00:38:46.35</b>	+00:14:59 (38.7%)	5:10	11.6 (61.4%)
161	<b>HALINIAK Jakub</b>	<b>85</b>		M16	6	Tak		<b>00:38:47.70</b>	<b>00:38:47.70</b>	+00:15:00 (38.7%)	5:10	11.6 (61.4%)
162	<b>GREŃ Sebastian</b>	<b>76</b>	KSN ŁUCZNICZKA	M20	17	Tak		<b>00:38:49.40</b>	<b>00:38:49.40</b>	+00:15:02 (38.7%)	5:10	11.6 (61.4%)
163	<b>JĘDRZEJEWSKI Dawid</b>	<b>95</b>		M20	18			<b>00:39:04.75</b>	<b>00:39:04.75</b>	+00:15:17 (39.1%)	5:12	11.5 (60.8%)
164	<b>NOWAK Waldemar</b>	<b>194</b>	TRI-AMATOR	M50	14			<b>00:39:06.30</b>	<b>00:39:06.30</b>	+00:15:19 (39.2%)	5:12	11.5 (60.8%)
165	<b>STEJUK Aleksandra</b>	<b>252</b>	AMS TRIATHLON	K40	13			<b>00:39:08.50</b>	<b>00:39:08.50</b>	+00:15:21 (39.2%)	5:13	11.5 (60.8%)
166	<b>LEWANDOWSKI Jacek</b>	<b>338</b>		M40	44			<b>00:39:09.85</b>	<b>00:39:09.85</b>	+00:15:22 (39.3%)	5:13	11.5 (60.8%)
167	<b>ŚLIWIŃSKI Mariusz</b>	<b>274</b>		M30	33	Tak		<b>00:39:13.05</b>	<b>00:39:13.05</b>	+00:15:26 (39.4%)	5:13	11.5 (60.8%)
168	<b>BULIŃSKI Jędrzej</b>	<b>35</b>		M20	19	Tak		<b>00:39:21.80</b>	<b>00:39:21.80</b>	+00:15:34 (39.6%)	5:14	11.4 (60.3%)
169	<b>URBAŃSKA Lea</b>	<b>288</b>	WKS ZAWISZA	K16	2	Tak		<b>00:39:31.00</b>	<b>00:39:31.00</b>	+00:15:44 (39.8%)	5:16	11.4 (60.3%)
170	<b>MICKIEWICZ Jan</b>	<b>183</b>	PARKRUN GRUDZIĄDZ	M60	7			<b>00:39:32.15</b>	<b>00:39:32.15</b>	+00:15:45 (39.8%)	5:16	11.4 (60.3%)
171	<b>SIUDZIŃSKA Anna</b>	<b>236</b>		K40	14			<b>00:39:32.45</b>	<b>00:39:32.45</b>	+00:15:45 (39.9%)	5:16	11.4 (60.3%)
172	<b>ŚLIWIŃSKI Piotr</b>	<b>273</b>		M30	34	Tak		<b>00:39:36.55</b>	<b>00:39:36.55</b>	+00:15:49 (40.0%)	5:16	11.4 (60.3%)
173	<b>RUTKOWSKI Szymon</b>	<b>227</b>		M16	7	Tak		<b>00:39:37.65</b>	<b>00:39:37.65</b>	+00:15:50 (40.0%)	5:16	11.4 (60.3%)
174	<b>DURKA Jakub</b>	<b>55</b>		M16	8	Tak		<b>00:39:39.65</b>	<b>00:39:39.65</b>	+00:15:52 (40.0%)	5:17	11.3 (59.8%)
175	<b>KARBOWNIK Marcin</b>	<b>104</b>	LKS OSTROMECKO	M20	20	Tak		<b>00:39:43.05</b>	<b>00:39:43.05</b>	+00:15:56 (40.1%)	5:17	11.3 (59.8%)
176	<b>KARBOWNIK Mateusz</b>	<b>317</b>		M16	9	Tak		<b>00:39:43.25</b>	<b>00:39:43.25</b>	+00:15:56 (40.1%)	5:17	11.3 (59.8%)
177	<b>BAJOREK Piotr</b>	<b>8</b>	NIEZRZESZONY	M60	8			<b>00:39:45.05</b>	<b>00:39:45.05</b>	+00:15:58 (40.2%)	5:18	11.3 (59.8%)
178	<b>ROBACZEWSKA Lidia</b>	<b>221</b>		K40	15			<b>00:39:52.30</b>	<b>00:39:52.30</b>	+00:16:05 (40.4%)	5:18	11.3 (59.8%)
179	<b>DYCZKO Adam</b>	<b>57</b>		M50	15			<b>00:39:52.75</b>	<b>00:39:52.75</b>	+00:16:05 (40.4%)	5:18	11.3 (59.8%)
180	<b>KUK Bartłomiej</b>	<b>147</b>		M17-19	6	Tak		<b>00:39:57.80</b>	<b>00:39:57.80</b>	+00:16:10 (40.5%)	5:19	11.3 (59.8%)
181	<b>SZYDŁO Adam</b>	<b>269</b>		M17-19	7	Tak		<b>00:39:58.60</b>	<b>00:39:58.60</b>	+00:16:11 (40.5%)	5:19	11.3 (59.8%)
182	<b>POLAKOWSKI Tomasz</b>	<b>210</b>	RUNMORS	M30	35			<b>00:40:02.25</b>	<b>00:40:02.25</b>	+00:16:15 (40.6%)	5:20	11.2 (59.3%)
183	<b>PANKANIN Martyna</b>	<b>203</b>		K16	3	Tak		<b>00:40:04.95</b>	<b>00:40:04.95</b>	+00:16:17 (40.7%)	5:20	11.2 (59.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata						
184	<b>RZEMEK Sławomir</b>	<b>231</b>	GZINI@K	M40	45	Tak		<b>00:40:05.00</b>	<b>00:40:05.00</b>	+00:16:18 (40.7%)	5:20	11.2 (59.3%)
185	<b>BRVCKI Dominik</b>	<b>325</b>		M16	10	Tak		<b>00:40:14.95</b>	<b>00:40:14.95</b>	+00:16:27 (40.9%)	5:21	11.2 (59.3%)
186	<b>ZAKURZEWSKI Arkadiusz</b>	<b>310</b>		M50	16			<b>00:40:22.30</b>	<b>00:40:22.30</b>	+00:16:35 (41.1%)	5:22	11.1 (58.7%)
187	<b>RACZYŃSKI Krzysztof</b>	<b>219</b>	BIEGAJĄCY FILOZOF TEAM	M60	9			<b>00:40:22.40</b>	<b>00:40:22.40</b>	+00:16:35 (41.1%)	5:22	11.1 (58.7%)
188	<b>WILK Oliwia</b>	<b>302</b>		K16	4	Tak		<b>00:40:23.40</b>	<b>00:40:23.40</b>	+00:16:36 (41.1%)	5:23	11.1 (58.7%)
189	<b>TUROWSKA Patrycja</b>	<b>285</b>		K30	17			<b>00:40:24.00</b>	<b>00:40:24.00</b>	+00:16:37 (41.1%)	5:23	11.1 (58.7%)
190	<b>BIELEC Michał</b>	<b>22</b>	PAN	M40	46			<b>00:40:25.95</b>	<b>00:40:25.95</b>	+00:16:38 (41.2%)	5:23	11.1 (58.7%)
191	<b>SUSAŁA Jakub</b>	<b>254</b>		M17-19	8	Tak		<b>00:40:34.85</b>	<b>00:40:34.85</b>	+00:16:47 (41.4%)	5:24	11.1 (58.7%)
192	<b>SZADKOWSKA Anna</b>	<b>257</b>		K60	1			<b>00:40:36.15</b>	<b>00:40:36.15</b>	+00:16:49 (41.4%)	5:24	11.1 (58.7%)
193	<b>PIONTEK Elżbieta</b>	<b>207</b>		K60	2			<b>00:40:48.65</b>	<b>00:40:48.65</b>	+00:17:01 (41.7%)	5:26	11 (58.2%)
194	<b>ROGOZIŃSKA Karolina</b>	<b>223</b>	RUNMORS	K30	18			<b>00:40:52.15</b>	<b>00:40:52.15</b>	+00:17:05 (41.8%)	5:26	11 (58.2%)
195	<b>BYTYŃ Tadeusz</b>	<b>38</b>		M30	36			<b>00:40:56.35</b>	<b>00:40:56.35</b>	+00:17:09 (41.9%)	5:27	11 (58.2%)
196	<b>DZIEDZIC Agnieszka</b>	<b>59</b>		K30	19			<b>00:40:56.50</b>	<b>00:40:56.50</b>	+00:17:09 (41.9%)	5:27	11 (58.2%)
197	<b>BŁAŻEJCZYK Łukasz</b>	<b>27</b>		M30	37	Tak		<b>00:40:59.90</b>	<b>00:40:59.90</b>	+00:17:12 (42.0%)	5:27	11 (58.2%)
198	<b>PERLIK Grzegorz</b>	<b>206</b>	KANCELARIA DORADZTWA PODATKOWEGO PROFIT	M60	10			<b>00:41:19.65</b>	<b>00:41:19.65</b>	+00:17:32 (42.5%)	5:30	10.9 (57.7%)
199	<b>DUDEK-GALANT Anna</b>	<b>54</b>		K20	6	Tak		<b>00:41:20.85</b>	<b>00:41:20.85</b>	+00:17:33 (42.5%)	5:30	10.9 (57.7%)
200	<b>SZTEJKA Jolanta</b>	<b>262</b>	PGB SPORTOWA PACZKA	K40	16			<b>00:41:21.00</b>	<b>00:41:21.00</b>	+00:17:34 (42.5%)	5:30	10.9 (57.7%)
201	<b>SZYDŁO Sławomir</b>	<b>267</b>		M40	47	Tak		<b>00:41:27.25</b>	<b>00:41:27.25</b>	+00:17:40 (42.6%)	5:31	10.9 (57.7%)
202	<b>ZUŻYDŁO Mirosław</b>	<b>314</b>	LA FAMILIA	M30	38	Tak		<b>00:41:30.15</b>	<b>00:41:30.15</b>	+00:17:43 (42.7%)	5:32	10.8 (57.1%)
203	<b>KOCINIEWSKI Marcin</b>	<b>113</b>	LKS JANOWO	M30	39	Tak		<b>00:41:35.80</b>	<b>00:41:35.80</b>	+00:17:48 (42.8%)	5:32	10.8 (57.1%)
204	<b>KOHUTEK Martyna</b>	<b>120</b>		K17-19	2	Tak		<b>00:41:47.90</b>	<b>00:41:47.90</b>	+00:18:00 (43.1%)	5:34	10.8 (57.1%)
205	<b>GRZEGORZEWSKI Juliusz</b>	<b>321</b>		M20	21			<b>00:41:50.20</b>	<b>00:41:50.20</b>	+00:18:03 (43.2%)	5:34	10.8 (57.1%)
205	<b>CHRZANOWSKA Cecylia</b>	<b>43</b>	AKTYWNE LISEWO	K60	3			<b>00:41:50.20</b>	<b>00:41:50.20</b>	+00:18:03 (43.2%)	5:34	10.8 (57.1%)
207	<b>KWIATKOWSKA Małgorzata</b>	<b>156</b>	RUNMORS	K40	17			<b>00:41:50.85</b>	<b>00:41:50.85</b>	+00:18:03 (43.2%)	5:34	10.8 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Kara/ bonifikata	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa		netto 7.5km	brutto 7.5km			
208	<b>HALINIAK Darek</b>	<b>86</b>	BRAK	M20	22			<b>00:41:52.30</b>	<b>00:41:52.30</b>	+00:18:05 (43.2%)	5:34	10.7 (56.6%)
209	<b>PANKANIN Agata</b>	<b>204</b>		K17-19	3	Tak		<b>00:42:06.90</b>	<b>00:42:06.90</b>	+00:18:19 (43.5%)	5:36	10.7 (56.6%)
210	<b>GOŁATA Julia</b>	<b>72</b>	WILCZA WATAHA	K16	5	Tak		<b>00:42:11.75</b>	<b>00:42:11.75</b>	+00:18:24 (43.6%)	5:37	10.7 (56.6%)
211	<b>PACZKOWSKA Joanna</b>	<b>201</b>	TRISPACE/TREK	K30	20			<b>00:42:15.15</b>	<b>00:42:15.15</b>	+00:18:28 (43.7%)	5:38	10.7 (56.6%)
212	<b>GOŁATA Agnieszka</b>	<b>70</b>	WILCZA WATAHA	K30	21	Tak		<b>00:42:20.10</b>	<b>00:42:20.10</b>	+00:18:33 (43.8%)	5:38	10.6 (56.1%)
213	<b>ŁUCZAK Anna</b>	<b>168</b>	TKKF KOLEJARZ BYDGOSZCZ	K40	18			<b>00:42:21.50</b>	<b>00:42:21.50</b>	+00:18:34 (43.9%)	5:38	10.6 (56.1%)
214	<b>NIEZGÓDKA Mateusz</b>	<b>193</b>		M16	11			<b>00:43:01.90</b>	<b>00:43:01.90</b>	+00:19:14 (44.7%)	5:44	10.5 (55.6%)
215	<b>WOJTYSIAK Dorota</b>	<b>308</b>		K30	22			<b>00:43:05.85</b>	<b>00:43:05.85</b>	+00:19:18 (44.8%)	5:44	10.4 (55.0%)
216	<b>FALKOWSKI Ireneusz</b>	<b>61</b>		M60	11			<b>00:43:15.15</b>	<b>00:43:15.15</b>	+00:19:28 (45.0%)	5:46	10.4 (55.0%)
217	<b>MANDOSIK Bernadeta</b>	<b>174</b>	TEAMOCHAL	K60	4			<b>00:43:16.85</b>	<b>00:43:16.85</b>	+00:19:29 (45.0%)	5:46	10.4 (55.0%)
218	<b>DĘBSKI Jan</b>	<b>51</b>	SOŁTYS	M60	12			<b>00:43:27.55</b>	<b>00:43:27.55</b>	+00:19:40 (45.3%)	5:47	10.4 (55.0%)
219	<b>NOWICKI Marek</b>	<b>196</b>	ZAPALENIE PŁUC	M40	48			<b>00:43:32.15</b>	<b>00:43:32.15</b>	+00:19:45 (45.4%)	5:48	10.3 (54.5%)
220	<b>PREUSS Daniel</b>	<b>216</b>		M40	49			<b>00:43:32.35</b>	<b>00:43:32.35</b>	+00:19:45 (45.4%)	5:48	10.3 (54.5%)
221	<b>POLIWKA Urszula</b>	<b>211</b>		K40	19	Tak		<b>00:43:34.15</b>	<b>00:43:34.15</b>	+00:19:47 (45.4%)	5:48	10.3 (54.5%)
222	<b>URBAŃSKA Aneta</b>	<b>287</b>		K40	20	Tak		<b>00:43:53.15</b>	<b>00:43:53.15</b>	+00:20:06 (45.8%)	5:51	10.3 (54.5%)
223	<b>MUSZYŃSKI Adam</b>	<b>188</b>		M30	40			<b>00:43:57.35</b>	<b>00:43:57.35</b>	+00:20:10 (45.9%)	5:51	10.2 (54.0%)
224	<b>ŁAPNIEWSKI Stefan</b>	<b>166</b>		M40	50			<b>00:43:57.85</b>	<b>00:43:57.85</b>	+00:20:10 (45.9%)	5:51	10.2 (54.0%)
225	<b>CIEŚLICKI Krzysztof</b>	<b>44</b>	SISU TEAM	M30	41			<b>00:44:04.55</b>	<b>00:44:04.55</b>	+00:20:17 (46.0%)	5:52	10.2 (54.0%)
226	<b>WILK Krzysztof</b>	<b>303</b>		M70	4	Tak		<b>00:44:18.35</b>	<b>00:44:18.35</b>	+00:20:31 (46.3%)	5:54	10.2 (54.0%)
227	<b>WASIELEWSKA Daria</b>	<b>294</b>		K40	21			<b>00:44:28.85</b>	<b>00:44:28.85</b>	+00:20:41 (46.5%)	5:55	10.1 (53.4%)
228	<b>ŚPICA Dorota</b>	<b>276</b>	BBL	K50	3			<b>00:44:32.75</b>	<b>00:44:32.75</b>	+00:20:45 (46.6%)	5:56	10.1 (53.4%)
229	<b>BUSSE Piotr</b>	<b>36</b>	PGB SPORTOWA PACZKA	M30	42			<b>00:44:35.80</b>	<b>00:44:35.80</b>	+00:20:48 (46.7%)	5:56	10.1 (53.4%)
230	<b>WIŚNIEWSKA Lucyna</b>	<b>304</b>	TRISPACE/TREK	K50	4			<b>00:44:43.25</b>	<b>00:44:43.25</b>	+00:20:56 (46.8%)	5:57	10.1 (53.4%)
231	<b>KOCINIEWSKA Wiktorja</b>	<b>109</b>	LKS JANOWO	K16	6	Tak		<b>00:44:53.05</b>	<b>00:44:53.05</b>	+00:21:06 (47.0%)	5:59	10 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Kara/ bonifikata	Chełmińska					
232	<b>AWIŻEŃ Antoni</b>	<b>6</b>	TKKF KOLEJARZ BYDGOSZCZ	M70	5			<b>00:45:04.70</b>	<b>00:45:04.70</b>	+00:21:17 (47.2%)	6:00	10 (52.9%)
233	<b>MUSZYŃSKA Izabela</b>	<b>187</b>	-	K50	5			<b>00:45:21.65</b>	<b>00:45:21.65</b>	+00:21:34 (47.6%)	6:02	9.9 (52.4%)
234	<b>STĘPIEŃ Agnieszka</b>	<b>253</b>		K30	23	Tak		<b>00:45:39.85</b>	<b>00:45:39.85</b>	+00:21:52 (47.9%)	6:05	9.9 (52.4%)
235	<b>ZMUDA Aleksandra</b>	<b>313</b>		K40	22	Tak		<b>00:45:56.60</b>	<b>00:45:56.60</b>	+00:22:09 (48.2%)	6:07	9.8 (51.9%)
236	<b>KARNOWSKI Sebastian</b>	<b>105</b>		M30	43	Tak		<b>00:45:56.75</b>	<b>00:45:56.75</b>	+00:22:09 (48.2%)	6:07	9.8 (51.9%)
237	<b>GÓRSKA Milena</b>	<b>74</b>		K30	24	Tak		<b>00:45:57.25</b>	<b>00:45:57.25</b>	+00:22:10 (48.2%)	6:07	9.8 (51.9%)
238	<b>MAJEWSKA Barbara</b>	<b>171</b>		K30	25	Tak		<b>00:45:57.35</b>	<b>00:45:57.35</b>	+00:22:10 (48.2%)	6:07	9.8 (51.9%)
239	<b>LENC Janusz</b>	<b>157</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	13			<b>00:45:58.15</b>	<b>00:45:58.15</b>	+00:22:11 (48.3%)	6:07	9.8 (51.9%)
240	<b>BORZYSZKOWSKI Grzegorz</b>	<b>29</b>	STARY FORDON	M30	44			<b>00:46:07.45</b>	<b>00:46:07.45</b>	+00:22:20 (48.4%)	6:08	9.8 (51.9%)
241	<b>ŚLIWIŃSKA Malwina</b>	<b>271</b>		K30	26			<b>00:46:15.25</b>	<b>00:46:15.25</b>	+00:22:28 (48.6%)	6:10	9.7 (51.3%)
242	<b>WIŚNIEWSKI Krzysztof</b>	<b>305</b>	TRISPACE/TREK	M50	17			<b>00:46:18.45</b>	<b>00:46:18.45</b>	+00:22:31 (48.6%)	6:10	9.7 (51.3%)
243	<b>KURDYNOWSKA Magdalena</b>	<b>152</b>	OSP DĄBROWA CHEŁMIŃSKA	K30	27	Tak		<b>00:46:29.45</b>	<b>00:46:29.45</b>	+00:22:42 (48.8%)	6:11	9.7 (51.3%)
244	<b>KURDYNOWSKI Arkadiusz</b>	<b>153</b>	OSP DĄBROWA CHEŁMIŃSKA	M40	51	Tak		<b>00:46:34.80</b>	<b>00:46:34.80</b>	+00:22:47 (48.9%)	6:12	9.7 (51.3%)
245	<b>NUNZEK Agnieszka</b>	<b>197</b>	#ZOLTOKROLEWSCY	K40	23			<b>00:46:44.95</b>	<b>00:46:44.95</b>	+00:22:57 (49.1%)	6:13	9.6 (50.8%)
246	<b>HALAREWICZ Artur</b>	<b>81</b>		M40	52	Tak		<b>00:47:34.70</b>	<b>00:47:34.70</b>	+00:23:47 (50.0%)	6:20	9.5 (50.3%)
246	<b>HALAREWICZ Joanna</b>	<b>82</b>		K40	24	Tak		<b>00:47:34.70</b>	<b>00:47:34.70</b>	+00:23:47 (50.0%)	6:20	9.5 (50.3%)
248	<b>RUTKOWSKI Sebastian</b>	<b>229</b>		M16	12	Tak		<b>00:47:38.40</b>	<b>00:47:38.40</b>	+00:23:51 (50.1%)	6:21	9.4 (49.7%)
249	<b>TEWS Marzena</b>	<b>281</b>		K40	25			<b>00:48:05.15</b>	<b>00:48:05.15</b>	+00:24:18 (50.5%)	6:24	9.4 (49.7%)
250	<b>GERKA Krzysztof</b>	<b>65</b>	KB LECH RYPIN	M60	14			<b>00:48:26.55</b>	<b>00:48:26.55</b>	+00:24:39 (50.9%)	6:27	9.3 (49.2%)
251	<b>KOHUTEK Violetta</b>	<b>119</b>		K40	26	Tak		<b>00:48:54.55</b>	<b>00:48:54.55</b>	+00:25:07 (51.4%)	6:31	9.2 (48.7%)
252	<b>SZTUBECKA Małgorzata</b>	<b>263</b>		K40	27	Tak		<b>00:49:02.65</b>	<b>00:49:02.65</b>	+00:25:15 (51.5%)	6:32	9.2 (48.7%)
253	<b>SZTUBECKI Jacek</b>	<b>264</b>		M40	53	Tak		<b>00:49:02.70</b>	<b>00:49:02.70</b>	+00:25:15 (51.5%)	6:32	9.2 (48.7%)
254	<b>SZABŁOWSKA Beata</b>	<b>256</b>		K40	28	Tak		<b>00:49:02.95</b>	<b>00:49:02.95</b>	+00:25:15 (51.5%)	6:32	9.2 (48.7%)
255	<b>ANDERSOHN Marcel</b>	<b>2</b>		M16	13			<b>00:49:24.35</b>	<b>00:49:24.35</b>	+00:25:37 (51.9%)	6:35	9.1 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa		Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Chełmińska	Kara/ bonifikata					
256	<b>GILEŻEROWSKI Jan</b>	<b>320</b>		M30	45	Tak		<b>00:49:24.40</b>	<b>00:49:24.40</b>	+00:25:37 (51.9%)	6:35	9.1 (48.1%)
257	<b>MALCZEWSKA Mirka</b>	<b>172</b>		K60	5			<b>00:49:37.50</b>	<b>00:49:37.50</b>	+00:25:50 (52.1%)	6:36	9.1 (48.1%)
258	<b>ANDERSOHN Paweł</b>	<b>1</b>	BYDGOSZCZ	M40	54			<b>00:49:53.85</b>	<b>00:49:53.85</b>	+00:26:06 (52.3%)	6:39	9 (47.6%)
259	<b>STANISZEWSKA Aleksandra</b>	<b>249</b>		K30	28			<b>00:50:00.00</b>	<b>00:50:00.00</b>	+00:26:13 (52.4%)	6:40	9 (47.6%)
260	<b>ŁADNIAK Bernadeta</b>	<b>164</b>	RUNMORS	K30	29			<b>00:52:08.35</b>	<b>00:52:08.35</b>	+00:28:21 (54.4%)	6:57	8.6 (45.5%)
261	<b>KALISZEWSKI Wojciech</b>	<b>100</b>	3KR	M30	46			<b>00:52:45.95</b>	<b>00:52:45.95</b>	+00:28:58 (54.9%)	7:02	8.5 (45.0%)
262	<b>WŁADYSŁAW Angiel</b>	<b>306</b>	TKKF KOLEJARZ BYDGOSZCZ	M80	1			<b>00:52:47.50</b>	<b>00:52:47.50</b>	+00:29:00 (54.9%)	7:02	8.5 (45.0%)
263	<b>HALINIAK Andrzej</b>	<b>84</b>		M50	18	Tak		<b>00:52:50.75</b>	<b>00:52:50.75</b>	+00:29:03 (55.0%)	7:02	8.5 (45.0%)
264	<b>GOLA Grzegorz</b>	<b>69</b>	TG SOKÓŁ GNIEWKOWO	M40	55			<b>00:53:07.35</b>	<b>00:53:07.35</b>	+00:29:20 (55.2%)	7:04	8.5 (45.0%)
265	<b>KALISZEWSKI Sławomir</b>	<b>99</b>	3KR	M30	47			<b>00:58:18.05</b>	<b>00:58:18.05</b>	+00:34:31 (59.2%)	7:46	7.7 (40.7%)
266	<b>ŻÓŁTEK Jerzy</b>	<b>316</b>	OSP DĄBROWA CHEŁMINSKA	M40	56	Tak		<b>00:58:34.60</b>	<b>00:58:34.60</b>	+00:34:47 (59.4%)	7:48	7.7 (40.7%)
267	<b>KURBIEL- SYROCKA Aleksandra</b>	<b>151</b>		K30	30		00:15:00	<b>01:04:34.00</b>	<b>01:04:34.00</b>	+00:40:47 (63.2%)	6:36	9.1 (48.1%)

Znaleziono 267 wynik(ów)