



Ludowy Klub Sportowy  
OSTROMECKO

# XXXIII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

**Organiser:** Ludowy Klub Sportowy Ostromecko  
**Date:** 2020-10-04  
**Place:** Dąbrowa - Ostromecko  
**Distance:** 7.5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Classification: K Open

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Penalty/ bonus	Net time 7.5km	Czas brutto 7.5km	Gap	Pace min/km	Pace km/h
1	<b>MAIK Daria</b>	<b>170</b>	LUKS START NAKŁO	K20	1			<b>00:27:23.00</b>	<b>00:27:23.00</b>		3:39	16.4 (100%)
2	<b>SZENK Marta</b>	<b>260</b>		K40	1			<b>00:27:46.00</b>	<b>00:27:46.00</b>	+00:00:23 (1.4%)	3:42	16.2 (98.8%)
3	<b>BARANOWSKA-TRZASKO Aleksandra</b>	<b>10</b>	TOPO ATHLETIC/KUJAWSCY RUNNERS	K40	2			<b>00:28:08.85</b>	<b>00:28:08.85</b>	+00:00:45 (2.7%)	3:45	16 (97.6%)
4	<b>KAZIMIROWA Olga</b>	<b>329</b>		K40	3			<b>00:29:43.00</b>	<b>00:29:43.00</b>	+00:02:20 (7.9%)	3:57	15.1 (92.1%)
5	<b>RUCHLEWICZ Natalia</b>	<b>226</b>		K20	2			<b>00:29:58.30</b>	<b>00:29:58.30</b>	+00:02:35 (8.6%)	3:59	15 (91.5%)
6	<b>WOŹNIAKOWSKA Agata</b>	<b>333</b>	RUN PASJA BYDGOSZCZ	K30	1			<b>00:30:54.00</b>	<b>00:30:54.00</b>	+00:03:31 (11.4%)	4:07	14.6 (89.0%)
7	<b>KOWALSKA Angelika</b>	<b>127</b>	TRISPACE TREK	K30	2			<b>00:31:02.80</b>	<b>00:31:02.80</b>	+00:03:39 (11.8%)	4:08	14.5 (88.4%)
8	<b>KAMIŃSKA Teresa</b>	<b>101</b>	KB LECH RYPIN	K40	4			<b>00:31:43.55</b>	<b>00:31:43.55</b>	+00:04:20 (13.7%)	4:13	14.2 (86.6%)
9	<b>KUNICKA Weronika</b>	<b>327</b>		K16	1			<b>00:31:59.15</b>	<b>00:31:59.15</b>	+00:04:36 (14.4%)	4:15	14.1 (86.0%)
10	<b>TOMCZYK Agata</b>	<b>283</b>	SLA POLONIA BYDGOSZCZ	K30	3			<b>00:32:17.15</b>	<b>00:32:17.15</b>	+00:04:54 (15.2%)	4:18	13.9 (84.8%)
11	<b>BOHDANOWICZ Patrycja</b>	<b>28</b>		K30	4			<b>00:33:06.60</b>	<b>00:33:06.60</b>	+00:05:43 (17.3%)	4:24	13.6 (82.9%)
12	<b>KARWASZ Paulina</b>	<b>106</b>	CHMIELARZ TEAM	K20	3			<b>00:33:10.90</b>	<b>00:33:10.90</b>	+00:05:47 (17.5%)	4:25	13.6 (82.9%)
13	<b>MICHALIK Joanna</b>	<b>182</b>		K30	5			<b>00:33:14.95</b>	<b>00:33:14.95</b>	+00:05:51 (17.6%)	4:25	13.5 (82.3%)
14	<b>KRUCZKOWSKA Magdalena</b>	<b>324</b>		K40	5			<b>00:33:22.40</b>	<b>00:33:22.40</b>	+00:05:59 (17.9%)	4:26	13.5 (82.3%)
15	<b>JAROCKA Beata</b>	<b>92</b>		K40	6	Tak		<b>00:33:23.95</b>	<b>00:33:23.95</b>	+00:06:00 (18.0%)	4:27	13.5 (82.3%)
16	<b>WASILEWSKA Martyna</b>	<b>295</b>	AMS BYDGOSZCZ	K30	6			<b>00:33:55.60</b>	<b>00:33:55.60</b>	+00:06:32 (19.3%)	4:31	13.3 (81.1%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
								time 7.5km	brutto 7.5km			
17	<b>BŁAŻEJAK Krzysztofa</b>	<b>332</b>	RUN PASJA BYDGOSZCZ	K40	7			<b>00:34:29.05</b>	<b>00:34:29.05</b>	+00:07:06 (20.6%)	4:35	13 (79.3%)
18	<b>DROŹDŹ Małgorzata</b>	<b>53</b>	AMS TRIATHLON	K40	8			<b>00:34:46.15</b>	<b>00:34:46.15</b>	+00:07:23 (21.2%)	4:38	12.9 (78.7%)
19	<b>KRASKA Maria</b>	<b>132</b>		K20	4	Tak		<b>00:34:47.05</b>	<b>00:34:47.05</b>	+00:07:24 (21.3%)	4:38	12.9 (78.7%)
20	<b>SALWA Justyna</b>	<b>233</b>	POLKRYŚ TEAM	K30	7			<b>00:34:50.10</b>	<b>00:34:50.10</b>	+00:07:27 (21.4%)	4:38	12.9 (78.7%)
21	<b>KRUBER Karolina</b>	<b>135</b>	TEAMOCHAL	K30	8			<b>00:35:03.25</b>	<b>00:35:03.25</b>	+00:07:40 (21.9%)	4:40	12.8 (78.0%)
22	<b>WARCZAK Katarzyna</b>	<b>292</b>	TEAMOCHAL	K40	9			<b>00:35:05.75</b>	<b>00:35:05.75</b>	+00:07:42 (22.0%)	4:40	12.8 (78.0%)
23	<b>WASILEWSKA-MICHALAK Agata</b>	<b>296</b>	AKADEMIA MISTRZÓW SPORTU	K30	9			<b>00:35:36.65</b>	<b>00:35:36.65</b>	+00:08:13 (23.1%)	4:44	12.6 (76.8%)
24	<b>GANDZIAROWSKA Anna</b>	<b>64</b>		K30	10	Tak		<b>00:35:39.65</b>	<b>00:35:39.65</b>	+00:08:16 (23.2%)	4:45	12.6 (76.8%)
25	<b>CABAJ Agata</b>	<b>39</b>		K20	5			<b>00:36:38.95</b>	<b>00:36:38.95</b>	+00:09:15 (25.3%)	4:53	12.3 (75.0%)
26	<b>MARCZYKOWSKA Patrycja</b>	<b>175</b>		K30	11			<b>00:36:39.75</b>	<b>00:36:39.75</b>	+00:09:16 (25.3%)	4:53	12.3 (75.0%)
27	<b>BARTOS Ligia</b>	<b>12</b>	WTORKOWY TRENING	K40	10			<b>00:37:12.80</b>	<b>00:37:12.80</b>	+00:09:49 (26.4%)	4:57	12.1 (73.8%)
28	<b>SOSIŃSKA Izabela</b>	<b>247</b>		K30	12	Tak		<b>00:37:18.30</b>	<b>00:37:18.30</b>	+00:09:55 (26.6%)	4:58	12.1 (73.8%)
29	<b>FILIPSKA Paulina</b>	<b>62</b>		K30	13			<b>00:37:52.50</b>	<b>00:37:52.50</b>	+00:10:29 (27.7%)	5:02	11.9 (72.6%)
30	<b>NAGORZYSKA Sylwia</b>	<b>189</b>		K30	14			<b>00:37:58.75</b>	<b>00:37:58.75</b>	+00:10:35 (27.9%)	5:03	11.9 (72.6%)
31	<b>WAKUŁA KUNZ Wanda</b>	<b>150</b>		K40	11			<b>00:38:12.20</b>	<b>00:38:12.20</b>	+00:10:49 (28.3%)	5:05	11.8 (72.0%)
32	<b>TARGOWSKA Małgorzata</b>	<b>279</b>	AZS UTP BYDGOSZCZ	K30	15			<b>00:38:22.25</b>	<b>00:38:22.25</b>	+00:10:59 (28.6%)	5:06	11.7 (71.3%)
33	<b>TKACZUK Jolanta</b>	<b>282</b>		K50	1			<b>00:38:25.25</b>	<b>00:38:25.25</b>	+00:11:02 (28.7%)	5:07	11.7 (71.3%)
34	<b>POTRZEBOWSKA Agata</b>	<b>212</b>	DEAF I #B3K	K30	16			<b>00:38:28.55</b>	<b>00:38:28.55</b>	+00:11:05 (28.8%)	5:07	11.7 (71.3%)
35	<b>LEWANDOWSKA Malgorzata</b>	<b>159</b>		K50	2			<b>00:38:34.95</b>	<b>00:38:34.95</b>	+00:11:11 (29.0%)	5:08	11.7 (71.3%)
36	<b>DYCZKO Alicja</b>	<b>58</b>		K17-19	1			<b>00:38:38.00</b>	<b>00:38:38.00</b>	+00:11:15 (29.1%)	5:09	11.6 (70.7%)
37	<b>SKONIECZNA Marlena</b>	<b>239</b>	NESSI TEAM	K40	12			<b>00:38:42.80</b>	<b>00:38:42.80</b>	+00:11:19 (29.3%)	5:09	11.6 (70.7%)
38	<b>STEJUK Aleksandra</b>	<b>252</b>	AMS TRIATHLON	K40	13			<b>00:39:08.50</b>	<b>00:39:08.50</b>	+00:11:45 (30.0%)	5:13	11.5 (70.1%)
39	<b>URBAŃSKA Lea</b>	<b>288</b>	WKS ZAWISZA	K16	2	Tak		<b>00:39:31.00</b>	<b>00:39:31.00</b>	+00:12:08 (30.7%)	5:16	11.4 (69.5%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
								time 7.5km	brutto 7.5km			
40	SIUDZIŃSKA Anna	236		K40	14			00:39:32.45	00:39:32.45	+00:12:09 (30.7%)	5:16	11.4 (69.5%)
41	ROBACZEWSKA Lidia	221		K40	15			00:39:52.30	00:39:52.30	+00:12:29 (31.3%)	5:18	11.3 (68.9%)
42	PANKANIN Martyna	203		K16	3	Tak		00:40:04.95	00:40:04.95	+00:12:41 (31.7%)	5:20	11.2 (68.3%)
43	WILK Oliwia	302		K16	4	Tak		00:40:23.40	00:40:23.40	+00:13:00 (32.2%)	5:23	11.1 (67.7%)
44	TUROWSKA Patrycja	285		K30	17			00:40:24.00	00:40:24.00	+00:13:01 (32.2%)	5:23	11.1 (67.7%)
45	SZADKOWSKA Anna	257		K60	1			00:40:36.15	00:40:36.15	+00:13:13 (32.6%)	5:24	11.1 (67.7%)
46	PIONTEK Elżbieta	207		K60	2			00:40:48.65	00:40:48.65	+00:13:25 (32.9%)	5:26	11 (67.1%)
47	ROGOZIŃSKA Karolina	223	RUNMORS	K30	18			00:40:52.15	00:40:52.15	+00:13:29 (33.0%)	5:26	11 (67.1%)
48	DZIEDZIC Agnieszka	59		K30	19			00:40:56.50	00:40:56.50	+00:13:33 (33.1%)	5:27	11 (67.1%)
49	DUDEK-GALANT Anna	54		K20	6	Tak		00:41:20.85	00:41:20.85	+00:13:57 (33.8%)	5:30	10.9 (66.5%)
50	SZTEJKA Jolanta	262	PGB SPORTOWA PACZKA	K40	16			00:41:21.00	00:41:21.00	+00:13:58 (33.8%)	5:30	10.9 (66.5%)
51	KOHUTEK Martyna	120		K17-19	2	Tak		00:41:47.90	00:41:47.90	+00:14:24 (34.5%)	5:34	10.8 (65.9%)
52	CHRZANOWSKA Cecylia	43	AKTYWNE LISEWO	K60	3			00:41:50.20	00:41:50.20	+00:14:27 (34.5%)	5:34	10.8 (65.9%)
53	KWIATKOWSKA Małgorzata	156	RUNMORS	K40	17			00:41:50.85	00:41:50.85	+00:14:27 (34.6%)	5:34	10.8 (65.9%)
54	PANKANIN Agata	204		K17-19	3	Tak		00:42:06.90	00:42:06.90	+00:14:43 (35.0%)	5:36	10.7 (65.2%)
55	GOŁATA Julia	72	WILCZA WATAHA	K16	5	Tak		00:42:11.75	00:42:11.75	+00:14:48 (35.1%)	5:37	10.7 (65.2%)
56	PACZKOWSKA Joanna	201	TRISPACE/TREK	K30	20			00:42:15.15	00:42:15.15	+00:14:52 (35.2%)	5:38	10.7 (65.2%)
57	GOŁATA Agnieszka	70	WILCZA WATAHA	K30	21	Tak		00:42:20.10	00:42:20.10	+00:14:57 (35.3%)	5:38	10.6 (64.6%)
58	ŁUCZAK Anna	168	TKKF KOLEJARZ BYDGOSZCZ	K40	18			00:42:21.50	00:42:21.50	+00:14:58 (35.4%)	5:38	10.6 (64.6%)
59	WOJTYSIAK Dorota	308		K30	22			00:43:05.85	00:43:05.85	+00:15:42 (36.5%)	5:44	10.4 (63.4%)
60	MANDOSIK Bernadeta	174	TEAMOCHAL	K60	4			00:43:16.85	00:43:16.85	+00:15:53 (36.7%)	5:46	10.4 (63.4%)
61	POLIWKA Urszula	211		K40	19	Tak		00:43:34.15	00:43:34.15	+00:16:11 (37.1%)	5:48	10.3 (62.8%)
62	URBAŃSKA Aneta	287		K40	20	Tak		00:43:53.15	00:43:53.15	+00:16:30 (37.6%)	5:51	10.3 (62.8%)

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63	WASIELEWSKA Daria	294		K40	21			00:44:28.85	00:44:28.85	+00:17:05 (38.4%)	5:55	10.1 (61.6%)
64	ŚPICA Dorota	276	BBL	K50	3			00:44:32.75	00:44:32.75	+00:17:09 (38.5%)	5:56	10.1 (61.6%)
65	WIŚNIEWSKA Lucyna	304	TRISPACE/TREK	K50	4			00:44:43.25	00:44:43.25	+00:17:20 (38.8%)	5:57	10.1 (61.6%)
66	KOCINIEWSKA Wiktoria	109	LKS JANOWO	K16	6	Tak		00:44:53.05	00:44:53.05	+00:17:30 (39.0%)	5:59	10 (61.0%)
67	MUSZYŃSKA Izabela	187	-	K50	5			00:45:21.65	00:45:21.65	+00:17:58 (39.6%)	6:02	9.9 (60.4%)
68	STĘPIEŃ Agnieszka	253		K30	23	Tak		00:45:39.85	00:45:39.85	+00:18:16 (40.0%)	6:05	9.9 (60.4%)
69	ZMUDA Aleksandra	313		K40	22	Tak		00:45:56.60	00:45:56.60	+00:18:33 (40.4%)	6:07	9.8 (59.8%)
70	GÓRSKA Milena	74		K30	24	Tak		00:45:57.25	00:45:57.25	+00:18:34 (40.4%)	6:07	9.8 (59.8%)
71	MAJEWSKA Barbara	171		K30	25	Tak		00:45:57.35	00:45:57.35	+00:18:34 (40.4%)	6:07	9.8 (59.8%)
72	ŚLIWIŃSKA Malwina	271		K30	26			00:46:15.25	00:46:15.25	+00:18:52 (40.8%)	6:10	9.7 (59.1%)
73	KURDYNOWSKA Magdalena	152	OSP DĄBROWA CHEŁMIŃSKA	K30	27	Tak		00:46:29.45	00:46:29.45	+00:19:06 (41.1%)	6:11	9.7 (59.1%)
74	NUNZEK Agnieszka	197	#ZOLTOKROLEWSCY	K40	23			00:46:44.95	00:46:44.95	+00:19:21 (41.4%)	6:13	9.6 (58.5%)
75	HALAREWICZ Joanna	82		K40	24	Tak		00:47:34.70	00:47:34.70	+00:20:11 (42.4%)	6:20	9.5 (57.9%)
76	TEWS Marzena	281		K40	25			00:48:05.15	00:48:05.15	+00:20:42 (43.1%)	6:24	9.4 (57.3%)
77	KOHUTEK Violetta	119		K40	26	Tak		00:48:54.55	00:48:54.55	+00:21:31 (44.0%)	6:31	9.2 (56.1%)
78	SZTUBECKA Małgorzata	263		K40	27	Tak		00:49:02.65	00:49:02.65	+00:21:39 (44.2%)	6:32	9.2 (56.1%)
79	SZABŁOWSKA Beata	256		K40	28	Tak		00:49:02.95	00:49:02.95	+00:21:39 (44.2%)	6:32	9.2 (56.1%)
80	MALCZEWSKA Mirka	172		K60	5			00:49:37.50	00:49:37.50	+00:22:14 (44.8%)	6:36	9.1 (55.5%)
81	STANISZEWSKA Aleksandra	249		K30	28			00:50:00.00	00:50:00.00	+00:22:37 (45.2%)	6:40	9 (54.9%)
82	ŁADNIAK Bernadeta	164	RUNMORS	K30	29			00:52:08.35	00:52:08.35	+00:24:45 (47.5%)	6:57	8.6 (52.4%)
83	KURBIEL-SYROCKA Aleksandra	151		K30	30		00:15:00	01:04:34.00	01:04:34.00	+00:37:11 (57.6%)	6:36	9.1 (55.5%)

Total 83 results.