

Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2020-10-04
Miejsce: Dąbrowa - Ostromecko
Dystans: 7.5 km

Klasyfikacja: K40

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mieszkaniec Gminy Dąbrowa Chełmińska | Czas netto 7.5km | Czas brutto 7.5km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------------|------------|--------------------------------|-----------|------|--------------------------------------|--------------------|--------------------|----------------------|--------------|-----------------|
| 1 | SZENK Marta | 260 | | K40 | 1 | | 00:27:46.00 | 00:27:46.00 | | 3:42 | 16.2 (100%) |
| 2 | BARANOWSKA-TRZASKO Aleksandra | 10 | TOPO ATHLETIC/KUJAWSKY RUNNERS | K40 | 2 | | 00:28:08.85 | 00:28:08.85 | +00:00:22 (1.4%) | 3:45 | 16 (98.8%) |
| 3 | KAZIMIROWA Olga | 329 | | K40 | 3 | | 00:29:43.00 | 00:29:43.00 | +00:01:57 (6.6%) | 3:57 | 15.1 (93.2%) |
| 4 | KAMIŃSKA Teresa | 101 | KB LECH RYPIN | K40 | 4 | | 00:31:43.55 | 00:31:43.55 | +00:03:57 (12.5%) | 4:13 | 14.2 (87.7%) |
| 5 | KRUCZKOWSKA Magdalena | 324 | | K40 | 5 | | 00:33:22.40 | 00:33:22.40 | +00:05:36 (16.8%) | 4:26 | 13.5 (83.3%) |
| 6 | JAROCKA Beata | 92 | | K40 | 6 | Tak | 00:33:23.95 | 00:33:23.95 | +00:05:37 (16.9%) | 4:27 | 13.5 (83.3%) |
| 7 | BŁAŻEJAK Krzysztofa | 332 | RUN PASJA BYDGOSZCZ | K40 | 7 | | 00:34:29.05 | 00:34:29.05 | +00:06:43 (19.5%) | 4:35 | 13 (80.2%) |
| 8 | DROŻDŹ Małgorzata | 53 | AMS TRIATHLON | K40 | 8 | | 00:34:46.15 | 00:34:46.15 | +00:07:00 (20.1%) | 4:38 | 12.9 (79.6%) |
| 9 | WARCZAK Katarzyna | 292 | TEAMOCHAL | K40 | 9 | | 00:35:05.75 | 00:35:05.75 | +00:07:19 (20.9%) | 4:40 | 12.8 (79.0%) |
| 10 | BARTOS Ligia | 12 | WTORKOWY TRENING | K40 | 10 | | 00:37:12.80 | 00:37:12.80 | +00:09:26 (25.4%) | 4:57 | 12.1 (74.7%) |
| 11 | WAKUŁA KUNZ Wanda | 150 | | K40 | 11 | | 00:38:12.20 | 00:38:12.20 | +00:10:26 (27.3%) | 5:05 | 11.8 (72.8%) |
| 12 | SKONIECZNA Marlena | 239 | NESSI TEAM | K40 | 12 | | 00:38:42.80 | 00:38:42.80 | +00:10:56 (28.3%) | 5:09 | 11.6 (71.6%) |
| 13 | STEJUK Aleksandra | 252 | AMS TRIATHLON | K40 | 13 | | 00:39:08.50 | 00:39:08.50 | +00:11:22 (29.1%) | 5:13 | 11.5 (71.0%) |
| 14 | SIUDZIŃSKA Anna | 236 | | K40 | 14 | | 00:39:32.45 | 00:39:32.45 | +00:11:46 (29.8%) | 5:16 | 11.4 (70.4%) |
| 15 | ROBACZEWSKA Lidia | 221 | | K40 | 15 | | 00:39:52.30 | 00:39:52.30 | +00:12:06 (30.4%) | 5:18 | 11.3 (69.8%) |
| 16 | SZTEJKA Jolanta | 262 | PGB SPORTOWA PACZKA | K40 | 16 | | 00:41:21.00 | 00:41:21.00 | +00:13:35 (32.8%) | 5:30 | 10.9 (67.3%) |

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|-----|-------------------------------|------------|-------------------------|-----------|------|---|------------------------|-------------------------|----------------------|-----------------|-----------------|
| 17 | KWIATKOWSKA Małgorzata | 156 | RUNMORS | K40 | 17 | | 00:41:50.85 | 00:41:50.85 | +00:14:04 (33.6%) | 5:34 | 10.8 (66.7%) |
| 18 | ŁUCZAK Anna | 168 | TKKF KOLEJARZ BYDGOSZCZ | K40 | 18 | | 00:42:21.50 | 00:42:21.50 | +00:14:35 (34.4%) | 5:38 | 10.6 (65.4%) |
| 19 | POLIWKA Urszula | 211 | | K40 | 19 | Tak | 00:43:34.15 | 00:43:34.15 | +00:15:48 (36.3%) | 5:48 | 10.3 (63.6%) |
| 20 | URBAŃSKA Aneta | 287 | | K40 | 20 | Tak | 00:43:53.15 | 00:43:53.15 | +00:16:07 (36.7%) | 5:51 | 10.3 (63.6%) |
| 21 | WASIELEWSKA Daria | 294 | | K40 | 21 | | 00:44:28.85 | 00:44:28.85 | +00:16:42 (37.6%) | 5:55 | 10.1 (62.3%) |
| 22 | ZMUDA Aleksandra | 313 | | K40 | 22 | Tak | 00:45:56.60 | 00:45:56.60 | +00:18:10 (39.6%) | 6:07 | 9.8 (60.5%) |
| 23 | NUNZEK Agnieszka | 197 | #ZOLTOKROLEWSCY | K40 | 23 | | 00:46:44.95 | 00:46:44.95 | +00:18:58 (40.6%) | 6:13 | 9.6 (59.3%) |
| 24 | HALAREWICZ Joanna | 82 | | K40 | 24 | Tak | 00:47:34.70 | 00:47:34.70 | +00:19:48 (41.6%) | 6:20 | 9.5 (58.6%) |
| 25 | TEWS Marzena | 281 | | K40 | 25 | | 00:48:05.15 | 00:48:05.15 | +00:20:19 (42.3%) | 6:24 | 9.4 (58.0%) |
| 26 | KOHUTEK Violetta | 119 | | K40 | 26 | Tak | 00:48:54.55 | 00:48:54.55 | +00:21:08 (43.2%) | 6:31 | 9.2 (56.8%) |
| 27 | SZTUBECKA Małgorzata | 263 | | K40 | 27 | Tak | 00:49:02.65 | 00:49:02.65 | +00:21:16 (43.4%) | 6:32 | 9.2 (56.8%) |
| 28 | SZABŁOWSKA Beata | 256 | | K40 | 28 | Tak | 00:49:02.95 | 00:49:02.95 | +00:21:16 (43.4%) | 6:32 | 9.2 (56.8%) |

Znaleziono 28 wynik(ów)