

**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2020-10-04  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>OCHAL Paweł</b>	<b>198</b>	TEAMOCHAL	M30	1		<b>00:23:47.00</b>	<b>00:23:47.00</b>		3:10	18.9 (100%)
2	<b>KOTŁOWSKI Bartosz</b>	<b>125</b>	LKS OSTROMECKO	M20	1	Tak	<b>00:24:18.05</b>	<b>00:24:18.05</b>	+00:00:31 (2.1%)	3:14	18.5 (97.9%)
3	<b>SKIBA Łukasz</b>	<b>238</b>	AZS POLITECHNIKA OPOLSKA	M30	2		<b>00:24:47.15</b>	<b>00:24:47.15</b>	+00:01:00 (4.0%)	3:18	18.2 (96.3%)
4	<b>KŁOPOTEK Patryk</b>	<b>108</b>	WRB / UMB	M30	3		<b>00:25:19.05</b>	<b>00:25:19.05</b>	+00:01:32 (6.1%)	3:22	17.8 (94.2%)
5	<b>BARTKIEWICZ Krzysztof</b>	<b>323</b>		M40	1		<b>00:25:32.20</b>	<b>00:25:32.20</b>	+00:01:45 (6.9%)	3:24	17.6 (93.1%)
6	<b>CHOJNICKI Damian</b>	<b>42</b>	GKS FABIANKI	M20	2		<b>00:25:48.85</b>	<b>00:25:48.85</b>	+00:02:01 (7.9%)	3:26	17.4 (92.1%)
7	<b>PAWŁOWSKI Tomasz</b>	<b>205</b>		M20	3		<b>00:25:56.95</b>	<b>00:25:56.95</b>	+00:02:09 (8.3%)	3:27	17.4 (92.1%)
8	<b>GLUGLA Mariusz</b>	<b>68</b>		M40	2		<b>00:26:01.05</b>	<b>00:26:01.05</b>	+00:02:14 (8.6%)	3:28	17.3 (91.5%)
9	<b>RETECKI Krzysztof</b>	<b>220</b>	LKS BOGMAR/ GINTER EKOTECHNIKA/ PRESTO	M40	3	Tak	<b>00:26:36.20</b>	<b>00:26:36.20</b>	+00:02:49 (10.6%)	3:32	16.9 (89.4%)
10	<b>BANDOCH Mariusz</b>	<b>9</b>		M40	4		<b>00:26:53.85</b>	<b>00:26:53.85</b>	+00:03:06 (11.6%)	3:35	16.7 (88.4%)
11	<b>KAZIMIROW Aleksander</b>	<b>330</b>		M30	4		<b>00:27:18.70</b>	<b>00:27:18.70</b>	+00:03:31 (12.9%)	3:38	16.5 (87.3%)
12	<b>ŚLIWIŃSKI Łukasz</b>	<b>272</b>	LKS BOGMAR OSTROMECKO	M30	5	Tak	<b>00:27:27.80</b>	<b>00:27:27.80</b>	+00:03:40 (13.4%)	3:39	16.4 (86.8%)
13	<b>MAĆKOWSKI Maciej</b>	<b>169</b>	UPSBYDGOSZCZ/TEAMOCHAL	M30	6		<b>00:27:28.40</b>	<b>00:27:28.40</b>	+00:03:41 (13.4%)	3:39	16.4 (86.8%)
14	<b>ŁAZ Kamil</b>	<b>334</b>	RUN PASJA BYDGOSZCZ	M30	7		<b>00:27:29.40</b>	<b>00:27:29.40</b>	+00:03:42 (13.5%)	3:39	16.4 (86.8%)
15	<b>HOLTYN Patryk</b>	<b>89</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	8		<b>00:27:31.55</b>	<b>00:27:31.55</b>	+00:03:44 (13.6%)	3:40	16.4 (86.8%)
16	<b>KAMIŃSKI Tomasz</b>	<b>102</b>	KS PERUN	M30	9		<b>00:27:35.30</b>	<b>00:27:35.30</b>	+00:03:48 (13.8%)	3:40	16.3 (86.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
17	<b>BĄK Oskar</b>	<b>15</b>		M30	10		<b>00:27:43.65</b>	<b>00:27:43.65</b>	+00:03:56 (14.2%)	3:41	16.2 (85.7%)
18	<b>WARCZAK Piotr</b>	<b>293</b>	TEAMOCHAL	M40	5		<b>00:27:47.15</b>	<b>00:27:47.15</b>	+00:04:00 (14.4%)	3:42	16.2 (85.7%)
19	<b>TACZKOWSKI Jarosław</b>	<b>278</b>		M40	6		<b>00:27:47.90</b>	<b>00:27:47.90</b>	+00:04:00 (14.4%)	3:42	16.2 (85.7%)
20	<b>JAGIEŁA Jarosław</b>	<b>90</b>	TKKF KOLEJARZ BYDGOSZCZ	M40	7		<b>00:28:04.05</b>	<b>00:28:04.05</b>	+00:04:17 (15.3%)	3:44	16 (84.7%)
21	<b>KUBANEK Łukasz</b>	<b>142</b>	TEAMOCHAL	M30	11		<b>00:28:10.40</b>	<b>00:28:10.40</b>	+00:04:23 (15.6%)	3:45	16 (84.7%)
22	<b>RYMER Jakub</b>	<b>230</b>	KOTŁOWSKI RUN TEAM	M30	12		<b>00:28:14.80</b>	<b>00:28:14.80</b>	+00:04:27 (15.8%)	3:45	15.9 (84.1%)
23	<b>BUDNIK Bartosz</b>	<b>33</b>		M17-19	1		<b>00:28:18.95</b>	<b>00:28:18.95</b>	+00:04:31 (16.0%)	3:46	15.9 (84.1%)
24	<b>KUNICKI Michał</b>	<b>326</b>		M16	1		<b>00:28:42.20</b>	<b>00:28:42.20</b>	+00:04:55 (17.1%)	3:49	15.7 (83.1%)
25	<b>GOŁEMBIEWSKI Marek</b>	<b>73</b>	MUKS PIĘTNASTKA BYDGOSZCZ	M40	8		<b>00:28:49.25</b>	<b>00:28:49.25</b>	+00:05:02 (17.5%)	3:50	15.6 (82.5%)
26	<b>KRZYWDZIŃSKI Dominik</b>	<b>141</b>	UKB SZUBIN	M17-19	2		<b>00:29:18.45</b>	<b>00:29:18.45</b>	+00:05:31 (18.8%)	3:54	15.4 (81.5%)
27	<b>STANKIEWICZ Jacek</b>	<b>331</b>		M20	4		<b>00:29:32.15</b>	<b>00:29:32.15</b>	+00:05:45 (19.5%)	3:56	15.2 (80.4%)
28	<b>MELLER Wojciech</b>	<b>180</b>		M50	1	Tak	<b>00:29:38.55</b>	<b>00:29:38.55</b>	+00:05:51 (19.8%)	3:57	15.2 (80.4%)
29	<b>GOŁATA Wojciech</b>	<b>71</b>	WILCZA WATAHA	M40	9	Tak	<b>00:29:46.70</b>	<b>00:29:46.70</b>	+00:05:59 (20.1%)	3:58	15.1 (79.9%)
30	<b>SYROCKI Michał</b>	<b>255</b>		M30	13	Tak	<b>00:29:59.95</b>	<b>00:29:59.95</b>	+00:06:12 (20.7%)	3:59	15 (79.4%)
31	<b>PRĄDZYŃSKI Marcin</b>	<b>215</b>	AMS	M40	10		<b>00:30:04.55</b>	<b>00:30:04.55</b>	+00:06:17 (20.9%)	4:00	15 (79.4%)
32	<b>GILL Daniel</b>	<b>66</b>	LKS BOGMAR OSTROMECKO	M30	14		<b>00:30:06.30</b>	<b>00:30:06.30</b>	+00:06:19 (21.0%)	4:00	15 (79.4%)
33	<b>SKARBEK Marek</b>	<b>237</b>	RUN BYDGOSZCZ	M50	2		<b>00:30:11.45</b>	<b>00:30:11.45</b>	+00:06:24 (21.2%)	4:01	14.9 (78.8%)
34	<b>KUNZ Mieczysław</b>	<b>149</b>	UMK TORUŃ	M40	11		<b>00:30:14.25</b>	<b>00:30:14.25</b>	+00:06:27 (21.3%)	4:01	14.9 (78.8%)
35	<b>ZABROCKI Adam</b>	<b>309</b>		M40	12		<b>00:30:22.25</b>	<b>00:30:22.25</b>	+00:06:35 (21.7%)	4:02	14.8 (78.3%)
36	<b>NAGORZYSKI Arek</b>	<b>190</b>		M30	15		<b>00:30:41.70</b>	<b>00:30:41.70</b>	+00:06:54 (22.5%)	4:05	14.7 (77.8%)
37	<b>ŚLIWIŃSKI Mariusz</b>	<b>275</b>		M40	13		<b>00:30:57.45</b>	<b>00:30:57.45</b>	+00:07:10 (23.2%)	4:07	14.5 (76.7%)
38	<b>ŁUCZAK Paweł</b>	<b>167</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	3		<b>00:30:58.90</b>	<b>00:30:58.90</b>	+00:07:11 (23.2%)	4:07	14.5 (76.7%)
39	<b>DĄBROWSKI Paweł</b>	<b>48</b>	AZS UMK TORUŃ	M20	5		<b>00:31:14.40</b>	<b>00:31:14.40</b>	+00:07:27 (23.9%)	4:09	14.4 (76.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
40	<b>ŁADNIAK Dariusz</b>	<b>165</b>	RUNMORS	M40	14		<b>00:31:19.00</b>	<b>00:31:19.00</b>	+00:07:32 (24.1%)	4:10	14.4 (76.2%)
41	<b>ZDROJEWSKI Paweł</b>	<b>311</b>	START TEAM	M40	15		<b>00:31:20.60</b>	<b>00:31:20.60</b>	+00:07:33 (24.1%)	4:10	14.4 (76.2%)
42	<b>BUTRYN Nikodem</b>	<b>37</b>		M50	4		<b>00:31:26.45</b>	<b>00:31:26.45</b>	+00:07:39 (24.4%)	4:11	14.3 (75.7%)
43	<b>KOWALSKI Jacek</b>	<b>130</b>		M40	16		<b>00:31:47.50</b>	<b>00:31:47.50</b>	+00:08:00 (25.2%)	4:14	14.2 (75.1%)
44	<b>KADOW Ryszard</b>	<b>98</b>		M40	17		<b>00:31:50.05</b>	<b>00:31:50.05</b>	+00:08:03 (25.3%)	4:14	14.1 (74.6%)
45	<b>SZYMCZAK Mateusz</b>	<b>270</b>		M30	16	Tak	<b>00:31:53.85</b>	<b>00:31:53.85</b>	+00:08:06 (25.4%)	4:15	14.1 (74.6%)
46	<b>BUGALSKI Wojciech</b>	<b>34</b>	AMS TRIATHLON	M40	18		<b>00:32:01.20</b>	<b>00:32:01.20</b>	+00:08:14 (25.7%)	4:16	14.1 (74.6%)
47	<b>KOCINIEWSKI Łukasz</b>	<b>110</b>		M17-19	3	Tak	<b>00:32:02.40</b>	<b>00:32:02.40</b>	+00:08:15 (25.8%)	4:16	14 (74.1%)
48	<b>KAPSA Dawid</b>	<b>103</b>	ONLY GLASS	M40	19		<b>00:32:02.90</b>	<b>00:32:02.90</b>	+00:08:15 (25.8%)	4:16	14 (74.1%)
49	<b>KOCINIEWSKI Bartłomiej</b>	<b>112</b>	LKS JANOWO	M30	17	Tak	<b>00:32:11.10</b>	<b>00:32:11.10</b>	+00:08:24 (26.1%)	4:17	14 (74.1%)
50	<b>MENDEL Patryk</b>	<b>181</b>	SLKB, REBELIA TRIATHLON TEAM	M20	6		<b>00:32:12.85</b>	<b>00:32:12.85</b>	+00:08:25 (26.2%)	4:17	14 (74.1%)
51	<b>KALISZ Andrzej</b>	<b>335</b>		M50	5		<b>00:32:13.20</b>	<b>00:32:13.20</b>	+00:08:26 (26.2%)	4:17	14 (74.1%)
52	<b>GRUBICH Arkadiusz</b>	<b>78</b>		M40	20		<b>00:32:14.95</b>	<b>00:32:14.95</b>	+00:08:27 (26.3%)	4:17	14 (74.1%)
53	<b>HERMELIN Wojciech</b>	<b>88</b>	KOTŁOWSKI RUN TEAM	M40	21		<b>00:32:23.35</b>	<b>00:32:23.35</b>	+00:08:36 (26.6%)	4:19	13.9 (73.5%)
54	<b>SADAJ Krzysztof</b>	<b>232</b>		M30	18		<b>00:32:28.70</b>	<b>00:32:28.70</b>	+00:08:41 (26.8%)	4:19	13.9 (73.5%)
55	<b>ŚRUTKOWSKI Sylwester</b>	<b>277</b>		M20	7		<b>00:32:44.70</b>	<b>00:32:44.70</b>	+00:08:57 (27.4%)	4:21	13.7 (72.5%)
56	<b>KOWALSKI Krzysztof</b>	<b>129</b>	OCELOTY KRUSZYN KRAJENSKI	M40	22		<b>00:33:16.60</b>	<b>00:33:16.60</b>	+00:09:29 (28.5%)	4:26	13.5 (71.4%)
57	<b>PUCHACZ Marcin</b>	<b>218</b>		M30	19		<b>00:33:19.55</b>	<b>00:33:19.55</b>	+00:09:32 (28.6%)	4:26	13.5 (71.4%)
58	<b>KOCINIEWSKI Franciszek</b>	<b>115</b>	LKS JANOWO	M20	8	Tak	<b>00:33:20.45</b>	<b>00:33:20.45</b>	+00:09:33 (28.7%)	4:26	13.5 (71.4%)
59	<b>KOCINIEWSKI Dariusz</b>	<b>116</b>	LKS JANOWO	M50	6	Tak	<b>00:33:20.75</b>	<b>00:33:20.75</b>	+00:09:33 (28.7%)	4:26	13.5 (71.4%)
60	<b>URBAŃSKI Andrzej</b>	<b>290</b>		M40	23	Tak	<b>00:33:21.95</b>	<b>00:33:21.95</b>	+00:09:34 (28.7%)	4:26	13.5 (71.4%)
61	<b>SKONIECZNY Marcin</b>	<b>240</b>	NESSI TEAM	M40	24		<b>00:33:24.95</b>	<b>00:33:24.95</b>	+00:09:37 (28.8%)	4:27	13.5 (71.4%)
62	<b>KRZYSZTOSZEK Krzysztof</b>	<b>140</b>		M30	20		<b>00:33:38.45</b>	<b>00:33:38.45</b>	+00:09:51 (29.3%)	4:29	13.4 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
63	<b>MUZIEWICZ Wiktor</b>	<b>322</b>		M16	2		<b>00:33:39.05</b>	<b>00:33:39.05</b>	+00:09:52 (29.3%)	4:29	13.4 (70.9%)
64	<b>OLSZEWSKI Adam</b>	<b>199</b>	KB LECH RYPIN	M50	7		<b>00:33:42.55</b>	<b>00:33:42.55</b>	+00:09:55 (29.4%)	4:29	13.4 (70.9%)
65	<b>BIELEC Wojciech</b>	<b>21</b>		M30	21		<b>00:33:43.30</b>	<b>00:33:43.30</b>	+00:09:56 (29.5%)	4:29	13.3 (70.4%)
66	<b>WĘGRZYNOWSKI Sławomir</b>	<b>299</b>	KABEL TEAM BYDGOSZCZ	M50	8		<b>00:33:43.35</b>	<b>00:33:43.35</b>	+00:09:56 (29.5%)	4:29	13.3 (70.4%)
67	<b>SZATKOWSKI Józef</b>	<b>258</b>	MORSY Z GRUDZIĄDZA	M60	1		<b>00:33:47.00</b>	<b>00:33:47.00</b>	+00:10:00 (29.6%)	4:30	13.3 (70.4%)
68	<b>SMARZ Karol</b>	<b>241</b>	OSP DĄBROWA CHEŁMIŃSKA	M30	22	Tak	<b>00:33:48.85</b>	<b>00:33:48.85</b>	+00:10:01 (29.7%)	4:30	13.3 (70.4%)
69	<b>URBAŃSKI Szymon</b>	<b>289</b>		M17-19	4	Tak	<b>00:33:59.70</b>	<b>00:33:59.70</b>	+00:10:12 (30.0%)	4:31	13.2 (69.8%)
70	<b>MAZERSKI Jarosław</b>	<b>178</b>		M30	23		<b>00:34:13.65</b>	<b>00:34:13.65</b>	+00:10:26 (30.5%)	4:33	13.2 (69.8%)
71	<b>KOCINIEWSKI Wojciech</b>	<b>114</b>		M16	3	Tak	<b>00:34:16.70</b>	<b>00:34:16.70</b>	+00:10:29 (30.6%)	4:34	13.1 (69.3%)
72	<b>ROSZAK Zbigniew</b>	<b>225</b>	WATAHA ŁĄCZY NAS BIEGANIE	M30	24		<b>00:34:18.65</b>	<b>00:34:18.65</b>	+00:10:31 (30.7%)	4:34	13.1 (69.3%)
73	<b>SZEWS Marek</b>	<b>261</b>	AMS BYDGOSZCZ	M40	25		<b>00:34:19.25</b>	<b>00:34:19.25</b>	+00:10:32 (30.7%)	4:34	13.1 (69.3%)
74	<b>ROSIAK Jarosław</b>	<b>224</b>	3KR	M50	9		<b>00:34:20.50</b>	<b>00:34:20.50</b>	+00:10:33 (30.7%)	4:34	13.1 (69.3%)
75	<b>BARTOS Arkadiusz</b>	<b>13</b>	PGB SPORTOWA PACZKA	M50	10		<b>00:34:24.40</b>	<b>00:34:24.40</b>	+00:10:37 (30.9%)	4:35	13.1 (69.3%)
76	<b>KOPIEC Mateusz</b>	<b>121</b>		M20	9	Tak	<b>00:34:27.10</b>	<b>00:34:27.10</b>	+00:10:40 (31.0%)	4:35	13.1 (69.3%)
77	<b>NEUMANN Andrzej</b>	<b>191</b>		M50	11		<b>00:34:27.75</b>	<b>00:34:27.75</b>	+00:10:40 (31.0%)	4:35	13.1 (69.3%)
78	<b>KOSIEDOWSKI Bartek</b>	<b>124</b>		M30	25	Tak	<b>00:34:33.45</b>	<b>00:34:33.45</b>	+00:10:46 (31.2%)	4:36	13 (68.8%)
79	<b>NIEDBALSKI Grzegorz</b>	<b>192</b>	RUN BYDGOSZCZ	M60	2		<b>00:34:33.85</b>	<b>00:34:33.85</b>	+00:10:46 (31.2%)	4:36	13 (68.8%)
80	<b>WESTFALEWSKI Tomasz</b>	<b>297</b>	LKS BOGMAR OSTROMECKO	M20	10	Tak	<b>00:34:35.10</b>	<b>00:34:35.10</b>	+00:10:48 (31.2%)	4:36	13 (68.8%)
81	<b>SOBOCIŃSKI Mateusz</b>	<b>245</b>		M20	11	Tak	<b>00:34:35.30</b>	<b>00:34:35.30</b>	+00:10:48 (31.2%)	4:36	13 (68.8%)
82	<b>KREŃSKI Tomasz</b>	<b>133</b>	TEAMOCHAL	M40	26		<b>00:34:43.75</b>	<b>00:34:43.75</b>	+00:10:56 (31.5%)	4:37	13 (68.8%)
83	<b>SZYDŁO Mariusz</b>	<b>268</b>		M17-19	5	Tak	<b>00:34:44.15</b>	<b>00:34:44.15</b>	+00:10:57 (31.5%)	4:37	13 (68.8%)
84	<b>BERENDA Damian</b>	<b>18</b>		M40	27		<b>00:34:47.80</b>	<b>00:34:47.80</b>	+00:11:00 (31.7%)	4:38	12.9 (68.3%)
85	<b>KOTŁOWSKI Przemysław</b>	<b>126</b>	MKS SP 63 BYDGOSZCZ	M40	28		<b>00:34:49.25</b>	<b>00:34:49.25</b>	+00:11:02 (31.7%)	4:38	12.9 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
86	<b>DĄBROWSKI Leszek</b>	<b>49</b>	START TEAM WĄBRZEŻNO	M40	29		<b>00:34:53.15</b>	<b>00:34:53.15</b>	+00:11:06 (31.8%)	4:39	12.9 (68.3%)
87	<b>STARSZAK Paweł</b>	<b>250</b>		M40	30	Tak	<b>00:34:57.15</b>	<b>00:34:57.15</b>	+00:11:10 (32.0%)	4:39	12.9 (68.3%)
88	<b>BAGROWSKI Marek</b>	<b>7</b>	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M50	12	Tak	<b>00:35:08.95</b>	<b>00:35:08.95</b>	+00:11:21 (32.3%)	4:41	12.8 (67.7%)
89	<b>HALINIAK Filip</b>	<b>87</b>	-	M20	12	Tak	<b>00:35:09.95</b>	<b>00:35:09.95</b>	+00:11:22 (32.4%)	4:41	12.8 (67.7%)
90	<b>ROBACZEWSKI Artur</b>	<b>222</b>		M40	31		<b>00:35:41.75</b>	<b>00:35:41.75</b>	+00:11:54 (33.4%)	4:45	12.6 (66.7%)
91	<b>MANDOSIK Jerzy</b>	<b>173</b>	TEAMOCHAL	M60	3		<b>00:35:44.10</b>	<b>00:35:44.10</b>	+00:11:57 (33.4%)	4:45	12.6 (66.7%)
92	<b>BRAŹKIEWICZ Rafał</b>	<b>31</b>	BIKE FORDON	M40	32		<b>00:35:50.20</b>	<b>00:35:50.20</b>	+00:12:03 (33.6%)	4:46	12.6 (66.7%)
93	<b>KAWALEC Marcin</b>	<b>107</b>	LKS OSTROMECKO	M20	13	Tak	<b>00:36:03.10</b>	<b>00:36:03.10</b>	+00:12:16 (34.0%)	4:48	12.5 (66.1%)
94	<b>JANKOWSKI Dawid</b>	<b>91</b>		M40	33	Tak	<b>00:36:05.30</b>	<b>00:36:05.30</b>	+00:12:18 (34.1%)	4:48	12.5 (66.1%)
95	<b>KOCINIEWSKI Jacek</b>	<b>117</b>	LKS JANOWO	M40	34	Tak	<b>00:36:11.05</b>	<b>00:36:11.05</b>	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
96	<b>AUGUSTYNIAK Piotr</b>	<b>5</b>		M40	35		<b>00:36:11.50</b>	<b>00:36:11.50</b>	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
97	<b>DĘBIEC Andrzej</b>	<b>50</b>		M30	26		<b>00:36:11.90</b>	<b>00:36:11.90</b>	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
98	<b>KOWALSKI Wiktor</b>	<b>128</b>		M16	4	Tak	<b>00:36:15.60</b>	<b>00:36:15.60</b>	+00:12:28 (34.4%)	4:50	12.4 (65.6%)
99	<b>ANDRZEJEWSKI Ryszard</b>	<b>4</b>	ŻÓŁTOKRÓLEWSCY	M70	1		<b>00:36:17.90</b>	<b>00:36:17.90</b>	+00:12:30 (34.5%)	4:50	12.4 (65.6%)
100	<b>BĄCZKOWSKI Wojciech</b>	<b>14</b>		M30	27		<b>00:36:20.80</b>	<b>00:36:20.80</b>	+00:12:33 (34.6%)	4:50	12.4 (65.6%)
101	<b>BERNACKI Dominik</b>	<b>19</b>		M40	36		<b>00:36:26.30</b>	<b>00:36:26.30</b>	+00:12:39 (34.7%)	4:51	12.4 (65.6%)
102	<b>JASIŃSKI Sylwester</b>	<b>93</b>	WKB MARATONCZYK WŁOCLAWEK	M20	14		<b>00:36:36.05</b>	<b>00:36:36.05</b>	+00:12:49 (35.0%)	4:52	12.3 (65.1%)
103	<b>GINTER Szymon</b>	<b>67</b>		M20	15	Tak	<b>00:36:38.50</b>	<b>00:36:38.50</b>	+00:12:51 (35.1%)	4:53	12.3 (65.1%)
104	<b>BARSZCZ Tomasz</b>	<b>11</b>		M30	28		<b>00:36:38.55</b>	<b>00:36:38.55</b>	+00:12:51 (35.1%)	4:53	12.3 (65.1%)
105	<b>STEJUK Jan</b>	<b>337</b>		M16	5		<b>00:36:40.45</b>	<b>00:36:40.45</b>	+00:12:53 (35.1%)	4:53	12.3 (65.1%)
106	<b>GRUBA Jacek</b>	<b>77</b>	TRISPACE/TREK	M60	4		<b>00:37:01.10</b>	<b>00:37:01.10</b>	+00:13:14 (35.8%)	4:56	12.2 (64.6%)
107	<b>BEREBECKI Roman</b>	<b>17</b>	KB LECH RYPIN	M60	5		<b>00:37:07.95</b>	<b>00:37:07.95</b>	+00:13:20 (36.0%)	4:56	12.1 (64.0%)
108	<b>KRUCZKOWSKI Piotr</b>	<b>136</b>	KRYSPOORT TEAM	M50	13		<b>00:37:20.40</b>	<b>00:37:20.40</b>	+00:13:33 (36.3%)	4:58	12.1 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
109	<b>SOSIŃSKI Paweł</b>	<b>248</b>		M40	37	Tak	<b>00:37:27.10</b>	<b>00:37:27.10</b>	+00:13:40 (36.5%)	4:59	12 (63.5%)
110	<b>RUTKOWSKI Tomasz</b>	<b>228</b>		M40	38	Tak	<b>00:37:42.25</b>	<b>00:37:42.25</b>	+00:13:55 (36.9%)	5:01	11.9 (63.0%)
111	<b>URBAŃSKI Daniel</b>	<b>291</b>	PGB SPORTOWA PACZKA	M40	39		<b>00:37:44.95</b>	<b>00:37:44.95</b>	+00:13:57 (37.0%)	5:01	11.9 (63.0%)
112	<b>POTRZEBOWSKI Marek</b>	<b>213</b>	DEAF	M30	29		<b>00:37:45.95</b>	<b>00:37:45.95</b>	+00:13:58 (37.0%)	5:02	11.9 (63.0%)
113	<b>TARGOWSKI Marcin</b>	<b>280</b>	MKS SP 63	M30	30		<b>00:37:53.40</b>	<b>00:37:53.40</b>	+00:14:06 (37.2%)	5:03	11.9 (63.0%)
114	<b>MROTEK Marcin</b>	<b>185</b>		M30	31	Tak	<b>00:38:02.95</b>	<b>00:38:02.95</b>	+00:14:15 (37.5%)	5:04	11.8 (62.4%)
115	<b>MIRUS Arkadiusz</b>	<b>184</b>	LA FAMILIA	M20	16	Tak	<b>00:38:23.15</b>	<b>00:38:23.15</b>	+00:14:36 (38.0%)	5:07	11.7 (61.9%)
116	<b>KOHUTEK Artur</b>	<b>118</b>		M40	40	Tak	<b>00:38:30.10</b>	<b>00:38:30.10</b>	+00:14:43 (38.2%)	5:08	11.7 (61.9%)
117	<b>STAWICKI Paweł</b>	<b>251</b>		M40	41	Tak	<b>00:38:32.65</b>	<b>00:38:32.65</b>	+00:14:45 (38.3%)	5:08	11.7 (61.9%)
118	<b>TRUDNOWSKI Janusz</b>	<b>284</b>	RUN PASJA BYDGOSZCZ	M70	2		<b>00:38:35.95</b>	<b>00:38:35.95</b>	+00:14:48 (38.4%)	5:08	11.7 (61.9%)
119	<b>KRÓL Karol</b>	<b>134</b>	TKKF KOLEJARZ BYDGOSZCZ	M40	42		<b>00:38:36.50</b>	<b>00:38:36.50</b>	+00:14:49 (38.4%)	5:08	11.7 (61.9%)
120	<b>BIEŃKOWSKI Tomasz</b>	<b>24</b>		M70	3		<b>00:38:42.05</b>	<b>00:38:42.05</b>	+00:14:55 (38.5%)	5:09	11.6 (61.4%)
121	<b>BRATEK Andrzej</b>	<b>30</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	6		<b>00:38:42.60</b>	<b>00:38:42.60</b>	+00:14:55 (38.6%)	5:09	11.6 (61.4%)
122	<b>KOWALCZYK Robert</b>	<b>336</b>		M40	43	Tak	<b>00:38:43.95</b>	<b>00:38:43.95</b>	+00:14:56 (38.6%)	5:09	11.6 (61.4%)
123	<b>DUTKOWSKI Tomek</b>	<b>56</b>		M30	32		<b>00:38:46.35</b>	<b>00:38:46.35</b>	+00:14:59 (38.7%)	5:10	11.6 (61.4%)
124	<b>HALINIAK Jakub</b>	<b>85</b>		M16	6	Tak	<b>00:38:47.70</b>	<b>00:38:47.70</b>	+00:15:00 (38.7%)	5:10	11.6 (61.4%)
125	<b>GREŃ Sebastian</b>	<b>76</b>	KSN ŁUCZNICZKA	M20	17	Tak	<b>00:38:49.40</b>	<b>00:38:49.40</b>	+00:15:02 (38.7%)	5:10	11.6 (61.4%)
126	<b>JĘDRZEJEWSKI Dawid</b>	<b>95</b>		M20	18		<b>00:39:04.75</b>	<b>00:39:04.75</b>	+00:15:17 (39.1%)	5:12	11.5 (60.8%)
127	<b>NOWAK Waldemar</b>	<b>194</b>	TRI-AMATOR	M50	14		<b>00:39:06.30</b>	<b>00:39:06.30</b>	+00:15:19 (39.2%)	5:12	11.5 (60.8%)
128	<b>LEWANDOWSKI Jacek</b>	<b>338</b>		M40	44		<b>00:39:09.85</b>	<b>00:39:09.85</b>	+00:15:22 (39.3%)	5:13	11.5 (60.8%)
129	<b>ŚLIWIŃSKI Mariusz</b>	<b>274</b>		M30	33	Tak	<b>00:39:13.05</b>	<b>00:39:13.05</b>	+00:15:26 (39.4%)	5:13	11.5 (60.8%)
130	<b>BULIŃSKI Jędrzej</b>	<b>35</b>		M20	19	Tak	<b>00:39:21.80</b>	<b>00:39:21.80</b>	+00:15:34 (39.6%)	5:14	11.4 (60.3%)
131	<b>MICKIEWICZ Jan</b>	<b>183</b>	PARKRUN GRUDZIĄDZ	M60	7		<b>00:39:32.15</b>	<b>00:39:32.15</b>	+00:15:45 (39.8%)	5:16	11.4 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
132	ŚLIWIŃSKI Piotr	273		M30	34	Tak	00:39:36.55	00:39:36.55	+00:15:49 (40.0%)	5:16	11.4 (60.3%)
133	RUTKOWSKI Szymon	227		M16	7	Tak	00:39:37.65	00:39:37.65	+00:15:50 (40.0%)	5:16	11.4 (60.3%)
134	DURKA Jakub	55		M16	8	Tak	00:39:39.65	00:39:39.65	+00:15:52 (40.0%)	5:17	11.3 (59.8%)
135	KARBOWNIK Marcin	104	LKS OSTROMECKO	M20	20	Tak	00:39:43.05	00:39:43.05	+00:15:56 (40.1%)	5:17	11.3 (59.8%)
136	KARBOWNIK Mateusz	317		M16	9	Tak	00:39:43.25	00:39:43.25	+00:15:56 (40.1%)	5:17	11.3 (59.8%)
137	BAJOREK Piotr	8	NIEZRZESZONY	M60	8		00:39:45.05	00:39:45.05	+00:15:58 (40.2%)	5:18	11.3 (59.8%)
138	DYCZKO Adam	57		M50	15		00:39:52.75	00:39:52.75	+00:16:05 (40.4%)	5:18	11.3 (59.8%)
139	KUK Bartłomiej	147		M17-19	6	Tak	00:39:57.80	00:39:57.80	+00:16:10 (40.5%)	5:19	11.3 (59.8%)
140	SZYDŁO Adam	269		M17-19	7	Tak	00:39:58.60	00:39:58.60	+00:16:11 (40.5%)	5:19	11.3 (59.8%)
141	POLAKOWSKI Tomasz	210	RUNMORS	M30	35		00:40:02.25	00:40:02.25	+00:16:15 (40.6%)	5:20	11.2 (59.3%)
142	RZEMEK Sławomir	231	GZINI@K	M40	45	Tak	00:40:05.00	00:40:05.00	+00:16:18 (40.7%)	5:20	11.2 (59.3%)
143	BRVCKI Dominik	325		M16	10	Tak	00:40:14.95	00:40:14.95	+00:16:27 (40.9%)	5:21	11.2 (59.3%)
144	ZAKURZEWSKI Arkadiusz	310		M50	16		00:40:22.30	00:40:22.30	+00:16:35 (41.1%)	5:22	11.1 (58.7%)
145	RACZYŃSKI Krzysztof	219	BIEGAJĄCY FILOZOF TEAM	M60	9		00:40:22.40	00:40:22.40	+00:16:35 (41.1%)	5:22	11.1 (58.7%)
146	BIELEC Michał	22	PAN	M40	46		00:40:25.95	00:40:25.95	+00:16:38 (41.2%)	5:23	11.1 (58.7%)
147	SUSAŁA Jakub	254		M17-19	8	Tak	00:40:34.85	00:40:34.85	+00:16:47 (41.4%)	5:24	11.1 (58.7%)
148	BYTYŃ Tadeusz	38		M30	36		00:40:56.35	00:40:56.35	+00:17:09 (41.9%)	5:27	11 (58.2%)
149	BŁAŻEJCZYK Łukasz	27		M30	37	Tak	00:40:59.90	00:40:59.90	+00:17:12 (42.0%)	5:27	11 (58.2%)
150	PERLIK Grzegorz	206	KANCELARIA DORADZTWA PODATKOWEGO PROFIT	M60	10		00:41:19.65	00:41:19.65	+00:17:32 (42.5%)	5:30	10.9 (57.7%)
151	SZYDŁO Sławomir	267		M40	47	Tak	00:41:27.25	00:41:27.25	+00:17:40 (42.6%)	5:31	10.9 (57.7%)
152	ZUŻYDŁO Mirosław	314	LA FAMILIA	M30	38	Tak	00:41:30.15	00:41:30.15	+00:17:43 (42.7%)	5:32	10.8 (57.1%)
153	KOCINIEWSKI Marcin	113	LKS JANOWO	M30	39	Tak	00:41:35.80	00:41:35.80	+00:17:48 (42.8%)	5:32	10.8 (57.1%)
154	GRZEGORZEWSKI Juliusz	321		M20	21		00:41:50.20	00:41:50.20	+00:18:03 (43.2%)	5:34	10.8 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
155	HALINIAK Darek	86	BRAK	M20	22		00:41:52.30	00:41:52.30	+00:18:05 (43.2%)	5:34	10.7 (56.6%)
156	NIEZGÓDKA Mateusz	193		M16	11		00:43:01.90	00:43:01.90	+00:19:14 (44.7%)	5:44	10.5 (55.6%)
157	FALKOWSKI Ireneusz	61		M60	11		00:43:15.15	00:43:15.15	+00:19:28 (45.0%)	5:46	10.4 (55.0%)
158	DĘBSKI Jan	51	SOŁTYS	M60	12		00:43:27.55	00:43:27.55	+00:19:40 (45.3%)	5:47	10.4 (55.0%)
159	NOWICKI Marek	196	ZAPALENIE PŁUC	M40	48		00:43:32.15	00:43:32.15	+00:19:45 (45.4%)	5:48	10.3 (54.5%)
160	PREUSS Daniel	216		M40	49		00:43:32.35	00:43:32.35	+00:19:45 (45.4%)	5:48	10.3 (54.5%)
161	MUSZYŃSKI Adam	188		M30	40		00:43:57.35	00:43:57.35	+00:20:10 (45.9%)	5:51	10.2 (54.0%)
162	ŁAPNIEWSKI Stefan	166		M40	50		00:43:57.85	00:43:57.85	+00:20:10 (45.9%)	5:51	10.2 (54.0%)
163	CIEŚLICKI Krzysztof	44	SISU TEAM	M30	41		00:44:04.55	00:44:04.55	+00:20:17 (46.0%)	5:52	10.2 (54.0%)
164	WILK Krzysztof	303		M70	4	Tak	00:44:18.35	00:44:18.35	+00:20:31 (46.3%)	5:54	10.2 (54.0%)
165	BUSSE Piotr	36	PGB SPORTOWA PACZKA	M30	42		00:44:35.80	00:44:35.80	+00:20:48 (46.7%)	5:56	10.1 (53.4%)
166	AWIŻEŃ Antoni	6	TKKF KOLEJARZ BYDGOSZCZ	M70	5		00:45:04.70	00:45:04.70	+00:21:17 (47.2%)	6:00	10 (52.9%)
167	KARNOWSKI Sebastian	105		M30	43	Tak	00:45:56.75	00:45:56.75	+00:22:09 (48.2%)	6:07	9.8 (51.9%)
168	LENC Janusz	157	TKKF KOLEJARZ BYDGOSZCZ	M60	13		00:45:58.15	00:45:58.15	+00:22:11 (48.3%)	6:07	9.8 (51.9%)
169	BORZYSZKOWSKI Grzegorz	29	STARY FORDON	M30	44		00:46:07.45	00:46:07.45	+00:22:20 (48.4%)	6:08	9.8 (51.9%)
170	WIŚNIEWSKI Krzysztof	305	TRISPACE/TREK	M50	17		00:46:18.45	00:46:18.45	+00:22:31 (48.6%)	6:10	9.7 (51.3%)
171	KURDYNOWSKI Arkadiusz	153	OSP DĄBROWA CHEŁMIŃSKA	M40	51	Tak	00:46:34.80	00:46:34.80	+00:22:47 (48.9%)	6:12	9.7 (51.3%)
172	HALAREWICZ Artur	81		M40	52	Tak	00:47:34.70	00:47:34.70	+00:23:47 (50.0%)	6:20	9.5 (50.3%)
173	RUTKOWSKI Sebastian	229		M16	12	Tak	00:47:38.40	00:47:38.40	+00:23:51 (50.1%)	6:21	9.4 (49.7%)
174	GERKA Krzysztof	65	KB LECH RYPIN	M60	14		00:48:26.55	00:48:26.55	+00:24:39 (50.9%)	6:27	9.3 (49.2%)
175	SZTUBECKI Jacek	264		M40	53	Tak	00:49:02.70	00:49:02.70	+00:25:15 (51.5%)	6:32	9.2 (48.7%)
176	ANDERSOHN Marcel	2		M16	13		00:49:24.35	00:49:24.35	+00:25:37 (51.9%)	6:35	9.1 (48.1%)
177	GILEŻEROWSKI Jan	320		M30	45	Tak	00:49:24.40	00:49:24.40	+00:25:37 (51.9%)	6:35	9.1 (48.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
178	<b>ANDERSOHN Paweł</b>	<b>1</b>	BYDGOSZCZ	M40	54		<b>00:49:53.85</b>	<b>00:49:53.85</b>	+00:26:06 (52.3%)	6:39	9 (47.6%)
179	<b>KALISZEWSKI Wojciech</b>	<b>100</b>	3KR	M30	46		<b>00:52:45.95</b>	<b>00:52:45.95</b>	+00:28:58 (54.9%)	7:02	8.5 (45.0%)
180	<b>WŁADYSŁAW Angiel</b>	<b>306</b>	TKKF KOLEJARZ BYDGOSZCZ	M80	1		<b>00:52:47.50</b>	<b>00:52:47.50</b>	+00:29:00 (54.9%)	7:02	8.5 (45.0%)
181	<b>HALINIAK Andrzej</b>	<b>84</b>		M50	18	Tak	<b>00:52:50.75</b>	<b>00:52:50.75</b>	+00:29:03 (55.0%)	7:02	8.5 (45.0%)
182	<b>GOLA Grzegorz</b>	<b>69</b>	TG SOKÓŁ GNIEWKOWO	M40	55		<b>00:53:07.35</b>	<b>00:53:07.35</b>	+00:29:20 (55.2%)	7:04	8.5 (45.0%)
183	<b>KALISZEWSKI Sławomir</b>	<b>99</b>	3KR	M30	47		<b>00:58:18.05</b>	<b>00:58:18.05</b>	+00:34:31 (59.2%)	7:46	7.7 (40.7%)
184	<b>ŻÓŁTEK Jerzy</b>	<b>316</b>	OSP DĄBROWA CHEŁMINSKA	M40	56	Tak	<b>00:58:34.60</b>	<b>00:58:34.60</b>	+00:34:47 (59.4%)	7:48	7.7 (40.7%)

Znaleziono 184 wynik(ów)