



Ludowy Klub Sportowy  
OSTROMECKO

# XXXIII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2020-10-04  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>OCHAL Paweł</b>	<b>198</b>	TEAMOCHAL	M30	1		<b>00:23:47.00</b>	<b>00:23:47.00</b>		3:10	18.9 (100%)
2	<b>SKIBA Łukasz</b>	<b>238</b>	AZS POLITECHNIKA OPOLSKA	M30	2		<b>00:24:47.15</b>	<b>00:24:47.15</b>	+00:01:00 (4.0%)	3:18	18.2 (96.3%)
3	<b>KŁOPOTEK Patryk</b>	<b>108</b>	WRB / UMB	M30	3		<b>00:25:19.05</b>	<b>00:25:19.05</b>	+00:01:32 (6.1%)	3:22	17.8 (94.2%)
4	<b>KAZIMIROW Aleksander</b>	<b>330</b>		M30	4		<b>00:27:18.70</b>	<b>00:27:18.70</b>	+00:03:31 (12.9%)	3:38	16.5 (87.3%)
5	<b>ŚLIWIŃSKI Łukasz</b>	<b>272</b>	LKS BOGMAR OSTROMECKO	M30	5	Tak	<b>00:27:27.80</b>	<b>00:27:27.80</b>	+00:03:40 (13.4%)	3:39	16.4 (86.8%)
6	<b>MAĆKOWSKI Maciej</b>	<b>169</b>	UPSBYDGOSZCZ/TEAMOCHAL	M30	6		<b>00:27:28.40</b>	<b>00:27:28.40</b>	+00:03:41 (13.4%)	3:39	16.4 (86.8%)
7	<b>ŁAZ Kamil</b>	<b>334</b>	RUN PASJA BYDGOSZCZ	M30	7		<b>00:27:29.40</b>	<b>00:27:29.40</b>	+00:03:42 (13.5%)	3:39	16.4 (86.8%)
8	<b>HOŁTYN Patryk</b>	<b>89</b>	TKKF KOLEJARZ BYDGOSZCZ	M30	8		<b>00:27:31.55</b>	<b>00:27:31.55</b>	+00:03:44 (13.6%)	3:40	16.4 (86.8%)
9	<b>KAMIŃSKI Tomasz</b>	<b>102</b>	KS PERUN	M30	9		<b>00:27:35.30</b>	<b>00:27:35.30</b>	+00:03:48 (13.8%)	3:40	16.3 (86.2%)
10	<b>BAK Oskar</b>	<b>15</b>		M30	10		<b>00:27:43.65</b>	<b>00:27:43.65</b>	+00:03:56 (14.2%)	3:41	16.2 (85.7%)
11	<b>KUBANEK Łukasz</b>	<b>142</b>	TEAMOCHAL	M30	11		<b>00:28:10.40</b>	<b>00:28:10.40</b>	+00:04:23 (15.6%)	3:45	16 (84.7%)
12	<b>RYMER Jakub</b>	<b>230</b>	KOTŁOWSKI RUN TEAM	M30	12		<b>00:28:14.80</b>	<b>00:28:14.80</b>	+00:04:27 (15.8%)	3:45	15.9 (84.1%)
13	<b>SYROCKI Michał</b>	<b>255</b>		M30	13	Tak	<b>00:29:59.95</b>	<b>00:29:59.95</b>	+00:06:12 (20.7%)	3:59	15 (79.4%)
14	<b>GILL Daniel</b>	<b>66</b>	LKS BOGMAR OSTROMECKO	M30	14		<b>00:30:06.30</b>	<b>00:30:06.30</b>	+00:06:19 (21.0%)	4:00	15 (79.4%)
15	<b>NAGORZYSKI Arek</b>	<b>190</b>		M30	15		<b>00:30:41.70</b>	<b>00:30:41.70</b>	+00:06:54 (22.5%)	4:05	14.7 (77.8%)
16	<b>SZYMCZAK Mateusz</b>	<b>270</b>		M30	16	Tak	<b>00:31:53.85</b>	<b>00:31:53.85</b>	+00:08:06 (25.4%)	4:15	14.1 (74.6%)

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17	KOCINIEWSKI Bartłomiej	112	LKS JANOWO	M30	17	Tak	00:32:11.10	00:32:11.10	+00:08:24 (26.1%)	4:17	14 (74.1%)
18	SADAJ Krzysztof	232		M30	18		00:32:28.70	00:32:28.70	+00:08:41 (26.8%)	4:19	13.9 (73.5%)
19	PUCHACZ Marcin	218		M30	19		00:33:19.55	00:33:19.55	+00:09:32 (28.6%)	4:26	13.5 (71.4%)
20	KRZYSZTOSZEK Krzysztof	140		M30	20		00:33:38.45	00:33:38.45	+00:09:51 (29.3%)	4:29	13.4 (70.9%)
21	BIELEC Wojciech	21		M30	21		00:33:43.30	00:33:43.30	+00:09:56 (29.5%)	4:29	13.3 (70.4%)
22	SMARZ Karol	241	OSP DĄBROWA CHEŁMIŃSKA	M30	22	Tak	00:33:48.85	00:33:48.85	+00:10:01 (29.7%)	4:30	13.3 (70.4%)
23	MAZERSKI Jarosław	178		M30	23		00:34:13.65	00:34:13.65	+00:10:26 (30.5%)	4:33	13.2 (69.8%)
24	ROSZAK Zbigniew	225	WATAHA ŁĄCZY NAS BIEGANIE	M30	24		00:34:18.65	00:34:18.65	+00:10:31 (30.7%)	4:34	13.1 (69.3%)
25	KOSIEDOWSKI Bartek	124		M30	25	Tak	00:34:33.45	00:34:33.45	+00:10:46 (31.2%)	4:36	13 (68.8%)
26	DĘBIEC Andrzej	50		M30	26		00:36:11.90	00:36:11.90	+00:12:24 (34.3%)	4:49	12.4 (65.6%)
27	BĄCZKOWSKI Wojciech	14		M30	27		00:36:20.80	00:36:20.80	+00:12:33 (34.6%)	4:50	12.4 (65.6%)
28	BARSZCZ Tomasz	11		M30	28		00:36:38.55	00:36:38.55	+00:12:51 (35.1%)	4:53	12.3 (65.1%)
29	POTRZEBOWSKI Marek	213	DEAF	M30	29		00:37:45.95	00:37:45.95	+00:13:58 (37.0%)	5:02	11.9 (63.0%)
30	TARGOWSKI Marcin	280	MKS SP 63	M30	30		00:37:53.40	00:37:53.40	+00:14:06 (37.2%)	5:03	11.9 (63.0%)
31	MROTEK Marcin	185		M30	31	Tak	00:38:02.95	00:38:02.95	+00:14:15 (37.5%)	5:04	11.8 (62.4%)
32	DUTKOWSKI Tomek	56		M30	32		00:38:46.35	00:38:46.35	+00:14:59 (38.7%)	5:10	11.6 (61.4%)
33	ŚLIWIŃSKI Mariusz	274		M30	33	Tak	00:39:13.05	00:39:13.05	+00:15:26 (39.4%)	5:13	11.5 (60.8%)
34	ŚLIWIŃSKI Piotr	273		M30	34	Tak	00:39:36.55	00:39:36.55	+00:15:49 (40.0%)	5:16	11.4 (60.3%)
35	POLAKOWSKI Tomasz	210	RUNMORS	M30	35		00:40:02.25	00:40:02.25	+00:16:15 (40.6%)	5:20	11.2 (59.3%)
36	BYTYŃ Tadeusz	38		M30	36		00:40:56.35	00:40:56.35	+00:17:09 (41.9%)	5:27	11 (58.2%)
37	BŁAŻEJCZYK Łukasz	27		M30	37	Tak	00:40:59.90	00:40:59.90	+00:17:12 (42.0%)	5:27	11 (58.2%)
38	ZUŻYDŁO Mirosław	314	LA FAMILIA	M30	38	Tak	00:41:30.15	00:41:30.15	+00:17:43 (42.7%)	5:32	10.8 (57.1%)
39	KOCINIEWSKI Marcin	113	LKS JANOWO	M30	39	Tak	00:41:35.80	00:41:35.80	+00:17:48 (42.8%)	5:32	10.8 (57.1%)

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40	<b>MUSZYŃSKI Adam</b>	<b>188</b>		M30	40		<b>00:43:57.35</b>	<b>00:43:57.35</b>	+00:20:10 (45.9%)	5:51	10.2 (54.0%)
41	<b>CIEŚLICKI Krzysztof</b>	<b>44</b>	SISU TEAM	M30	41		<b>00:44:04.55</b>	<b>00:44:04.55</b>	+00:20:17 (46.0%)	5:52	10.2 (54.0%)
42	<b>BUSSE Piotr</b>	<b>36</b>	PGB SPORTOWA PACZKA	M30	42		<b>00:44:35.80</b>	<b>00:44:35.80</b>	+00:20:48 (46.7%)	5:56	10.1 (53.4%)
43	<b>KARNOWSKI Sebastian</b>	<b>105</b>		M30	43	Tak	<b>00:45:56.75</b>	<b>00:45:56.75</b>	+00:22:09 (48.2%)	6:07	9.8 (51.9%)
44	<b>BORZYSZKOWSKI Grzegorz</b>	<b>29</b>	STARY FORDON	M30	44		<b>00:46:07.45</b>	<b>00:46:07.45</b>	+00:22:20 (48.4%)	6:08	9.8 (51.9%)
45	<b>GILEŻEROWSKI Jan</b>	<b>320</b>		M30	45	Tak	<b>00:49:24.40</b>	<b>00:49:24.40</b>	+00:25:37 (51.9%)	6:35	9.1 (48.1%)
46	<b>KALISZEWSKI Wojciech</b>	<b>100</b>	3KR	M30	46		<b>00:52:45.95</b>	<b>00:52:45.95</b>	+00:28:58 (54.9%)	7:02	8.5 (45.0%)
47	<b>KALISZEWSKI Sławomir</b>	<b>99</b>	3KR	M30	47		<b>00:58:18.05</b>	<b>00:58:18.05</b>	+00:34:31 (59.2%)	7:46	7.7 (40.7%)

Znaleziono 47 wynik(ów)