



Ludowy Klub Sportowy
OSTROMECKO

XXXIII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Organiser: Ludowy Klub Sportowy Ostromecko
Date: 2020-10-04
Place: Dąbrowa - Ostromecko
Distance: 7.5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Classification: M40

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Net time 7.5km	Czas brutto 7.5km	Gap	Pace min/km	Pace km/h
1	BARTKIEWICZ Krzysztof	323		M40	1		00:25:32.20	00:25:32.20		3:24	17.6 (100%)
2	GLUGLA Mariusz	68		M40	2		00:26:01.05	00:26:01.05	+00:00:28 (1.8%)	3:28	17.3 (98.3%)
3	RETECKI Krzysztof	220	LKS BOGMAR/ GINTER EKOTECHNIKA/ PRESTO	M40	3	Tak	00:26:36.20	00:26:36.20	+00:01:04 (4.0%)	3:32	16.9 (96.0%)
4	BANDOCH Mariusz	9		M40	4		00:26:53.85	00:26:53.85	+00:01:21 (5.1%)	3:35	16.7 (94.9%)
5	WARCZAK Piotr	293	TEAMOCHAL	M40	5		00:27:47.15	00:27:47.15	+00:02:14 (8.1%)	3:42	16.2 (92.0%)
6	TACZKOWSKI Jarosław	278		M40	6		00:27:47.90	00:27:47.90	+00:02:15 (8.1%)	3:42	16.2 (92.0%)
7	JAGIEŁA Jarosław	90	TKKF KOLEJARZ BYDGOSZCZ	M40	7		00:28:04.05	00:28:04.05	+00:02:31 (9.0%)	3:44	16 (90.9%)
8	GOŁEMBIEWSKI Marek	73	MUKS PIĘTNASTKA BYDGOSZCZ	M40	8		00:28:49.25	00:28:49.25	+00:03:17 (11.4%)	3:50	15.6 (88.6%)
9	GOŁATA Wojciech	71	WILCZA WATAHA	M40	9	Tak	00:29:46.70	00:29:46.70	+00:04:14 (14.2%)	3:58	15.1 (85.8%)
10	PRĄDZYŃSKI Marcin	215	AMS	M40	10		00:30:04.55	00:30:04.55	+00:04:32 (15.1%)	4:00	15 (85.2%)
11	KUNZ Mieczysław	149	UMK TORUŃ	M40	11		00:30:14.25	00:30:14.25	+00:04:42 (15.5%)	4:01	14.9 (84.7%)
12	ZABROCKI Adam	309		M40	12		00:30:22.25	00:30:22.25	+00:04:50 (15.9%)	4:02	14.8 (84.1%)
13	ŚLIWIŃSKI Mariusz	275		M40	13		00:30:57.45	00:30:57.45	+00:05:25 (17.5%)	4:07	14.5 (82.4%)
14	ŁADNIAK Dariusz	165	RUNMORS	M40	14		00:31:19.00	00:31:19.00	+00:05:46 (18.5%)	4:10	14.4 (81.8%)
15	ZDROJEWSKI Paweł	311	START TEAM	M40	15		00:31:20.60	00:31:20.60	+00:05:48 (18.5%)	4:10	14.4 (81.8%)
16	KOWALSKI Jacek	130		M40	16		00:31:47.50	00:31:47.50	+00:06:15 (19.7%)	4:14	14.2 (80.7%)

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17	KADOW Ryszard	98		M40	17		00:31:50.05	00:31:50.05	+00:06:17 (19.8%)	4:14	14.1 (80.1%)
18	BUGALSKI Wojciech	34	AMS TRIATHLON	M40	18		00:32:01.20	00:32:01.20	+00:06:29 (20.2%)	4:16	14.1 (80.1%)
19	KAPSA Dawid	103	ONLY GLASS	M40	19		00:32:02.90	00:32:02.90	+00:06:30 (20.3%)	4:16	14 (79.5%)
20	GRUBICH Arkadiusz	78		M40	20		00:32:14.95	00:32:14.95	+00:06:42 (20.8%)	4:17	14 (79.5%)
21	HERMELIN Wojciech	88	KOTŁOWSKI RUN TEAM	M40	21		00:32:23.35	00:32:23.35	+00:06:51 (21.2%)	4:19	13.9 (79.0%)
22	KOWALSKI Krzysztof	129	OCELOTY KRUSZYN KRAJENSKI	M40	22		00:33:16.60	00:33:16.60	+00:07:44 (23.3%)	4:26	13.5 (76.7%)
23	URBAŃSKI Andrzej	290		M40	23	Tak	00:33:21.95	00:33:21.95	+00:07:49 (23.5%)	4:26	13.5 (76.7%)
24	SKONIECZNY Marcin	240	NESSI TEAM	M40	24		00:33:24.95	00:33:24.95	+00:07:52 (23.6%)	4:27	13.5 (76.7%)
25	SZEWS Marek	261	AMS BYDGOSZCZ	M40	25		00:34:19.25	00:34:19.25	+00:08:47 (25.6%)	4:34	13.1 (74.4%)
26	KREŃSKI Tomasz	133	TEAMOCHAL	M40	26		00:34:43.75	00:34:43.75	+00:09:11 (26.5%)	4:37	13 (73.9%)
27	BERENDA Damian	18		M40	27		00:34:47.80	00:34:47.80	+00:09:15 (26.6%)	4:38	12.9 (73.3%)
28	KOTŁOWSKI Przemysław	126	MKS SP 63 BYDGOSZCZ	M40	28		00:34:49.25	00:34:49.25	+00:09:17 (26.7%)	4:38	12.9 (73.3%)
29	DĄBROWSKI Leszek	49	START TEAM WĄBRZEŻNO	M40	29		00:34:53.15	00:34:53.15	+00:09:20 (26.8%)	4:39	12.9 (73.3%)
30	STARSZAK Paweł	250		M40	30	Tak	00:34:57.15	00:34:57.15	+00:09:24 (26.9%)	4:39	12.9 (73.3%)
31	ROBACZEWSKI Artur	222		M40	31		00:35:41.75	00:35:41.75	+00:10:09 (28.5%)	4:45	12.6 (71.6%)
32	BRAŹKIEWICZ Rafał	31	BIKE FORDON	M40	32		00:35:50.20	00:35:50.20	+00:10:18 (28.7%)	4:46	12.6 (71.6%)
33	JANKOWSKI Dawid	91		M40	33	Tak	00:36:05.30	00:36:05.30	+00:10:33 (29.2%)	4:48	12.5 (71.0%)
34	KOCINIEWSKI Jacek	117	LKS JANOWO	M40	34	Tak	00:36:11.05	00:36:11.05	+00:10:38 (29.4%)	4:49	12.4 (70.5%)
35	AUGUSTYNIAK Piotr	5		M40	35		00:36:11.50	00:36:11.50	+00:10:39 (29.4%)	4:49	12.4 (70.5%)
36	BERNACKI Dominik	19		M40	36		00:36:26.30	00:36:26.30	+00:10:54 (29.9%)	4:51	12.4 (70.5%)
37	SOSIŃSKI Paweł	248		M40	37	Tak	00:37:27.10	00:37:27.10	+00:11:54 (31.8%)	4:59	12 (68.2%)
38	RUTKOWSKI Tomasz	228		M40	38	Tak	00:37:42.25	00:37:42.25	+00:12:10 (32.3%)	5:01	11.9 (67.6%)
39	URBAŃSKI Daniel	291	PGB SPORTOWA PACZKA	M40	39		00:37:44.95	00:37:44.95	+00:12:12 (32.4%)	5:01	11.9 (67.6%)

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40	KOHUTEK Artur	118		M40	40	Tak	00:38:30.10	00:38:30.10	+00:12:57 (33.7%)	5:08	11.7 (66.5%)
41	STAWICKI Paweł	251		M40	41	Tak	00:38:32.65	00:38:32.65	+00:13:00 (33.7%)	5:08	11.7 (66.5%)
42	KRÓL Karol	134	TKKF KOLEJARZ BYDGOSZCZ	M40	42		00:38:36.50	00:38:36.50	+00:13:04 (33.9%)	5:08	11.7 (66.5%)
43	KOWALCZYK Robert	336		M40	43	Tak	00:38:43.95	00:38:43.95	+00:13:11 (34.1%)	5:09	11.6 (65.9%)
44	LEWANDOWSKI Jacek	338		M40	44		00:39:09.85	00:39:09.85	+00:13:37 (34.8%)	5:13	11.5 (65.3%)
45	RZEMEK Sławomir	231	GZINI@K	M40	45	Tak	00:40:05.00	00:40:05.00	+00:14:32 (36.3%)	5:20	11.2 (63.6%)
46	BIELEC Michał	22	PAN	M40	46		00:40:25.95	00:40:25.95	+00:14:53 (36.8%)	5:23	11.1 (63.1%)
47	SZYDŁO Sławomir	267		M40	47	Tak	00:41:27.25	00:41:27.25	+00:15:55 (38.4%)	5:31	10.9 (61.9%)
48	NOWICKI Marek	196	ZAPALENIE PŁUC	M40	48		00:43:32.15	00:43:32.15	+00:17:59 (41.3%)	5:48	10.3 (58.5%)
49	PREUSS Daniel	216		M40	49		00:43:32.35	00:43:32.35	+00:18:00 (41.3%)	5:48	10.3 (58.5%)
50	ŁAPNIEWSKI Stefan	166		M40	50		00:43:57.85	00:43:57.85	+00:18:25 (41.9%)	5:51	10.2 (58.0%)
51	KURDYNOWSKI Arkadiusz	153	OSP DĄBROWA CHEŁMIŃSKA	M40	51	Tak	00:46:34.80	00:46:34.80	+00:21:02 (45.2%)	6:12	9.7 (55.1%)
52	HALAREWICZ Artur	81		M40	52	Tak	00:47:34.70	00:47:34.70	+00:22:02 (46.3%)	6:20	9.5 (54.0%)
53	SZTUBECKI Jacek	264		M40	53	Tak	00:49:02.70	00:49:02.70	+00:23:30 (47.9%)	6:32	9.2 (52.3%)
54	ANDERSOHN Paweł	1	BYDGOSZCZ	M40	54		00:49:53.85	00:49:53.85	+00:24:21 (48.8%)	6:39	9 (51.1%)
55	GOLA Grzegorz	69	TG SOKÓŁ GNIEWKOWO	M40	55		00:53:07.35	00:53:07.35	+00:27:35 (51.9%)	7:04	8.5 (48.3%)
56	ŻÓŁTEK Jerzy	316	OSP DĄBROWA CHEŁMIŃSKA	M40	56	Tak	00:58:34.60	00:58:34.60	+00:33:02 (56.4%)	7:48	7.7 (43.8%)

Total 56 results.