



Ludowy Klub Sportowy
OSTROMECKO

XXXIV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2021-10-03
Miejsce: Dąbrowa - Ostromecko
Dystans: 7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	298		K40	1		00:27:52.35	00:27:52.35		3:42	16.1 (100%)
2	MAIK Daria	191	LUKS START NAKŁO	K20	1		00:28:31.45	00:28:31.45	+00:00:39 (2.3%)	3:48	15.8 (98.1%)
3	RUCHLEWICZ Natalia	259		K20	2		00:30:48.75	00:30:48.75	+00:02:56 (9.5%)	4:06	14.6 (90.7%)
4	KUNICKA Weronika	186	LKS START NAKŁO	K19	1		00:30:57.50	00:30:57.50	+00:03:05 (10.0%)	4:07	14.5 (90.1%)
5	CZAJKOWSKA Sylwia	46	#ŻÓŁTOKRÓLEWSCY	K40	2		00:31:05.05	00:31:05.05	+00:03:12 (10.3%)	4:08	14.5 (90.1%)
6	KRZYŻYKOWSKA Dominika	379		K19	2		00:31:12.65	00:31:12.65	+00:03:20 (10.7%)	4:09	14.4 (89.4%)
7	WOLIŃSKA Emilia	373		K50	1		00:32:03.75	00:32:03.75	+00:04:11 (13.1%)	4:16	14 (87.0%)
8	WUJEK Magdalena	353		K30	1		00:32:18.90	00:32:18.90	+00:04:26 (13.7%)	4:18	13.9 (86.3%)
9	JAGODZIŃSKA Magdalena	116	BYDGOSKIE OKONIE	K30	2		00:32:24.35	00:32:24.35	+00:04:32 (14.0%)	4:19	13.9 (86.3%)
10	DĘBICKA-ROMIEJ Patrycja	54	-	K20	3		00:32:58.15	00:32:58.15	+00:05:05 (15.5%)	4:23	13.7 (85.1%)
11	JAROCKA Beata	118		K40	3	Tak	00:33:01.70	00:33:01.70	+00:05:09 (15.6%)	4:24	13.6 (84.5%)
12	WADZIŃSKA Paulina	331	TEAMOCHAL	K30	3		00:33:15.60	00:33:15.60	+00:05:23 (16.2%)	4:26	13.5 (83.9%)
13	KOWALCZYK Kamila	145	CROSS FORDON/ SILNI PONAD MIARĘ	K20	4		00:33:44.75	00:33:44.75	+00:05:52 (17.4%)	4:29	13.3 (82.6%)
14	SALWA Justyna	269	POLKRYŚ TEAM	K30	4		00:34:23.35	00:34:23.35	+00:06:31 (18.9%)	4:35	13.1 (81.4%)
15	KRASKA Maria	150		K20	5	Tak	00:34:35.80	00:34:35.80	+00:06:43 (19.4%)	4:36	13 (80.7%)

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16	LUZAK Magdalena	180		K30	5		00:34:41.50	00:34:41.50	+00:06:49 (19.7%)	4:37	13 (80.7%)
17	BOHDANOWICZ Patrycja	307		K30	6		00:34:51.45	00:34:51.45	+00:06:59 (20.0%)	4:38	12.9 (80.1%)
18	FRĄCKOWIAK Agata	67		K20	6		00:35:02.75	00:35:02.75	+00:07:10 (20.5%)	4:40	12.8 (79.5%)
19	WASILEWSKA Agata	336	AKADEMIA MISTRZÓW SPORTU	K40	4		00:35:32.45	00:35:32.45	+00:07:40 (21.6%)	4:44	12.7 (78.9%)
20	MISUN-NOWAK Katarzyna	206	AKADEMIA MISTRZÓW SPORTU	K40	5		00:35:38.00	00:35:38.00	+00:07:45 (21.8%)	4:45	12.6 (78.3%)
21	KOMISARCZYK Iwona	141	INOWROCŁAW BIEGA	K40	6		00:36:04.60	00:36:04.60	+00:08:12 (22.7%)	4:48	12.5 (77.6%)
22	KRUSZYNA Renata	156		K30	7		00:36:21.30	00:36:21.30	+00:08:28 (23.3%)	4:50	12.4 (77.0%)
23	SKUCIŃSKA Karolina	281	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	K30	8		00:36:51.75	00:36:51.75	+00:08:59 (24.4%)	4:54	12.2 (75.8%)
24	MELWIŃSKA Paulina	204	RUN BYDGOSZCZ	K40	7		00:36:56.95	00:36:56.95	+00:09:04 (24.6%)	4:55	12.2 (75.8%)
25	TKACZUK Jolanta	322		K50	2		00:37:01.15	00:37:01.15	+00:09:08 (24.7%)	4:56	12.2 (75.8%)
26	ŁUCZAK Anna	188	TKKF KOLEJARZ	K40	8		00:37:08.20	00:37:08.20	+00:09:15 (24.9%)	4:57	12.1 (75.2%)
27	BOROWICZ Anna	29		K30	9		00:37:33.40	00:37:33.40	+00:09:41 (25.8%)	5:00	12 (74.5%)
28	DZIEŻA Roma	62	RUN BYDGOSZCZ	K50	3		00:38:41.20	00:38:41.20	+00:10:48 (28.0%)	5:09	11.6 (72.0%)
29	ROBACZEWSKA Lidia	252		K40	9		00:38:41.30	00:38:41.30	+00:10:48 (28.0%)	5:09	11.6 (72.0%)
30	SOBOLEWSKA Aleksandra	282		K20	7		00:38:48.75	00:38:48.75	+00:10:56 (28.2%)	5:10	11.6 (72.0%)
31	WAKUŁA-KUNZ Wanda	332		K40	10		00:38:53.55	00:38:53.55	+00:11:01 (28.3%)	5:11	11.6 (72.0%)
32	WIECZOREK Sonita	82D		K20	8		00:39:08.20	00:39:08.20	+00:11:15 (28.8%)	5:13	11.5 (71.4%)
33	TARGOWSKA Małgorzata	320	AZS PBS BYDGOSZCZ	K30	10		00:39:20.00	00:39:20.00	+00:11:27 (29.1%)	5:14	11.4 (70.8%)
34	NALEWALSKA Justyna	240		K30	11		00:39:21.35	00:39:21.35	+00:11:29 (29.2%)	5:14	11.4 (70.8%)
35	GOŁATA Agnieszka	78	AKADEMIA MISTRZÓW SPORTU	K30	12	Tak	00:39:28.85	00:39:28.85	+00:11:36 (29.4%)	5:15	11.4 (70.8%)
36	KLAWIKOWSKA Julita	132	TKKF KOLEJARZ BYDGOSZCZ	K30	13		00:39:34.05	00:39:34.05	+00:11:41 (29.6%)	5:16	11.4 (70.8%)
37	GOŁATA Julia	79	AKADEMIA MISTRZÓW SPORTU	K19	3	Tak	00:39:57.30	00:39:57.30	+00:12:04 (30.2%)	5:19	11.3 (70.2%)
38	POTRZEBOWSKA Agata	241	DEAF	K30	14		00:40:07.25	00:40:07.25	+00:12:14 (30.5%)	5:20	11.2 (69.6%)

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39	PRIETZ Monika	246		K30	15		00:40:08.55	00:40:08.55	+00:12:16 (30.6%)	5:21	11.2 (69.6%)
40	HALAREWICZ Joanna	106		K40	11	Tak	00:40:10.85	00:40:10.85	+00:12:18 (30.6%)	5:21	11.2 (69.6%)
41	GURZYŃSKA Beata	102		K30	16		00:40:13.35	00:40:13.35	+00:12:21 (30.7%)	5:21	11.2 (69.6%)
42	URBANSKA Aneta	327		K40	12	Tak	00:40:35.20	00:40:35.20	+00:12:42 (31.3%)	5:24	11.1 (68.9%)
43	PANKANIN Agata	229		K19	4	Tak	00:40:38.75	00:40:38.75	+00:12:46 (31.4%)	5:25	11.1 (68.9%)
44	WITKOWSKA Mariola	349		K40	13		00:40:45.15	00:40:45.15	+00:12:52 (31.6%)	5:26	11 (68.3%)
45	KURBIEL-SYROCKA Aleksandra	169		K30	17		00:40:49.70	00:40:49.70	+00:12:57 (31.7%)	5:26	11 (68.3%)
46	GĘSICKA Marta	72		K30	18		00:40:52.50	00:40:52.50	+00:13:00 (31.8%)	5:26	11 (68.3%)
47	FILIPSKA Paulina	66		K30	19		00:40:54.45	00:40:54.45	+00:13:02 (31.9%)	5:27	11 (68.3%)
48	RUMINIECKA Agata	260		K20	9		00:41:10.15	00:41:10.15	+00:13:17 (32.3%)	5:29	10.9 (67.7%)
49	SIUDZIŃSKA Anna	274	BIEGAJ ZA MIASTEM	K40	14		00:41:30.25	00:41:30.25	+00:13:37 (32.8%)	5:32	10.8 (67.1%)
50	POLIWKA Urszula	42		K40	15	Tak	00:41:37.15	00:41:37.15	+00:13:44 (33.0%)	5:32	10.8 (67.1%)
51	SKONIECZNA Marlena	277	BIEGIEM PO MARZENIA	K40	16		00:41:44.15	00:41:44.15	+00:13:51 (33.2%)	5:33	10.8 (67.1%)
52	KUNZ Marta	168	ULO UMK	K19	5		00:42:05.70	00:42:05.70	+00:14:13 (33.8%)	5:36	10.7 (66.5%)
53	RUTKOWSKA Paulina	263		K20	10		00:42:11.60	00:42:11.60	+00:14:19 (33.9%)	5:37	10.7 (66.5%)
54	PANKANIN Martyna	228		K19	6	Tak	00:42:16.55	00:42:16.55	+00:14:24 (34.1%)	5:38	10.6 (65.8%)
55	PISKORSKA Marta	236		K40	17		00:42:17.25	00:42:17.25	+00:14:24 (34.1%)	5:38	10.6 (65.8%)
56	TRZPIS Monika	324	RUN BYDGOSZCZ	K30	20		00:42:27.70	00:42:27.70	+00:14:35 (34.4%)	5:39	10.6 (65.8%)
57	SZABŁOWSKA Beata	294		K40	18	Tak	00:42:38.95	00:42:38.95	+00:14:46 (34.6%)	5:41	10.6 (65.8%)
58	MAJEWSKA Barbara	192		K40	19	Tak	00:43:09.45	00:43:09.45	+00:15:17 (35.4%)	5:45	10.4 (64.6%)
59	PIONTEK Elżbieta	235		K60	1		00:43:18.40	00:43:18.40	+00:15:26 (35.6%)	5:46	10.4 (64.6%)
60	ROGOZIŃSKA Karolina	254		K30	21		00:43:30.80	00:43:30.80	+00:15:38 (35.9%)	5:48	10.3 (64.0%)
61	MAŁECKA Izabela	196		K40	20		00:43:35.55	00:43:35.55	+00:15:43 (36.1%)	5:48	10.3 (64.0%)

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62	MARSZAL Dominika	200		K20	11	Tak	00:43:51.30	00:43:51.30	+00:15:58 (36.4%)	5:50	10.3 (64.0%)
63	GADOMSKA Maria	71	RUN BYDGOSZCZ	K60	2		00:44:13.60	00:44:13.60	+00:16:21 (37.0%)	5:53	10.2 (63.4%)
64	WIEWIÓRA Agata	342		K40	21		00:44:30.10	00:44:30.10	+00:16:37 (37.4%)	5:56	10.1 (62.7%)
65	KWAŚNIEWSKA Aldona	170		K40	22		00:44:37.85	00:44:37.85	+00:16:45 (37.5%)	5:56	10.1 (62.7%)
66	ZMUDA Aleksandra	363		K40	23	Tak	00:44:47.00	00:44:47.00	+00:16:54 (37.8%)	5:58	10 (62.1%)
67	JAKUBOWSKA Sabina	3		K30	22		00:44:55.65	00:44:55.65	+00:17:03 (38.0%)	5:59	10 (62.1%)
68	ŚPICA Dorota	318	RECEPTA NA ZDROWIE	K50	4		00:45:03.15	00:45:03.15	+00:17:10 (38.1%)	6:00	10 (62.1%)
69	LUZAK Jadzia	181		K60	3		00:45:11.70	00:45:11.70	+00:17:19 (38.3%)	6:01	10 (62.1%)
70	WIŚNIEWSKA Lucyna	347	TRISPACE/TREK	K50	5		00:45:14.80	00:45:14.80	+00:17:22 (38.4%)	6:01	9.9 (61.5%)
71	ZAWADZKA Małgorzata	356		K40	24	Tak	00:45:43.80	00:45:43.80	+00:17:51 (39.0%)	6:05	9.8 (60.9%)
72	KRZEMIŃSKA Jolanta	160	8K-PBOT	K30	23		00:45:47.25	00:45:47.25	+00:17:54 (39.1%)	6:06	9.8 (60.9%)
73	SZATKOWSKA Beata	296		K50	6		00:45:49.30	00:45:49.30	+00:17:56 (39.2%)	6:06	9.8 (60.9%)
74	SZORTYKA Iwona	304	BRAK	K30	24		00:46:03.25	00:46:03.25	+00:18:10 (39.5%)	6:08	9.8 (60.9%)
75	MUSZYŃSKA Izabela	210	-	K50	7		00:46:04.65	00:46:04.65	+00:18:12 (39.5%)	6:08	9.8 (60.9%)
76	KRUSZYŃSKA Magdalena	158		K40	25		00:46:08.25	00:46:08.25	+00:18:15 (39.6%)	6:09	9.8 (60.9%)
77	ŁUCZAK Monika	189		K30	25		00:46:16.80	00:46:16.80	+00:18:24 (39.8%)	6:10	9.7 (60.2%)
78	WILIŃSKA Ewelina	369		K20	12	Tak	00:46:18.35	00:46:18.35	+00:18:26 (39.8%)	6:10	9.7 (60.2%)
79	KWIATKOWSKA Małgorzata	172	RUNMORS	K40	26		00:46:25.85	00:46:25.85	+00:18:33 (40.0%)	6:11	9.7 (60.2%)
80	LUTKOWSKA Katarzyna	177		K40	27		00:46:34.35	00:46:34.35	+00:18:42 (40.2%)	6:12	9.7 (60.2%)
81	MORGUT Zenona	380		K40	28	Tak	00:46:42.60	00:46:42.60	+00:18:50 (40.3%)	6:13	9.6 (59.6%)
82	WILMA Patrycja	346		K30	26		00:47:22.95	00:47:22.95	+00:19:30 (41.2%)	6:18	9.5 (59.0%)
83	NOWAKOWSKA Marta	216	DEAF GARMIN_CUBE	K30	27		00:47:54.70	00:47:54.70	+00:20:02 (41.8%)	6:23	9.4 (58.4%)
84	POLIWODZIŃSKA Agnieszka	237	FKS WISŁA FORDON	K40	29		00:48:03.80	00:48:03.80	+00:20:11 (42.0%)	6:24	9.4 (58.4%)

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85	WICHTOWSKA Ewa	341	OSTROMECKO	K30	28	Tak	00:48:35.30	00:48:35.30	+00:20:42 (42.6%)	6:28	9.3 (57.8%)
86	ŚLIWIŃSKA Malwina	311	BOGMAR OSTROMECKO	K30	29	Tak	00:48:39.65	00:48:39.65	+00:20:47 (42.7%)	6:29	9.2 (57.1%)
87	MAKUCH Justna	193		K20	13		00:48:40.65	00:48:40.65	+00:20:48 (42.7%)	6:29	9.2 (57.1%)
88	BEAUVALE Monika	20		K40	30		00:49:09.55	00:49:09.55	+00:21:17 (43.3%)	6:33	9.2 (57.1%)
89	SKORA-TUPTANOWSKA Monika	279		K30	30		00:49:36.75	00:49:36.75	+00:21:44 (43.8%)	6:36	9.1 (56.5%)
90	KUK Sylwia	164	OSTROMECKO	K40	31	Tak	00:49:47.05	00:49:47.05	+00:21:54 (44.0%)	6:38	9 (55.9%)
91	SENSKA Magdalena	270		K40	32		00:50:01.20	00:50:01.20	+00:22:08 (44.3%)	6:40	9 (55.9%)
92	KUKUŁA Aleksandra	166		K20	14		00:51:17.65	00:51:17.65	+00:23:25 (45.7%)	6:50	8.8 (54.7%)
93	ŁADA Aleksandra	182	TG SOKÓŁ GNIEWKOWO	K50	8		00:53:14.55	00:53:14.55	+00:25:22 (47.6%)	7:05	8.5 (52.8%)
94	BARCZYKOWSKA Marlena	15	LKS DĄBROWA CHEŁMIŃSKA	K30	31	Tak	00:53:15.95	00:53:15.95	+00:25:23 (47.7%)	7:06	8.5 (52.8%)
95	ŁADNIAK Bernadeta	184	RUNMORS	K30	32	Tak	00:53:28.50	00:53:28.50	+00:25:36 (47.9%)	7:07	8.4 (52.2%)
96	RUTKOWSKA Klaudia	262		K20	15	Tak	00:57:53.85	00:57:53.85	+00:30:01 (51.9%)	7:43	7.8 (48.4%)

Znaleziono 96 wynik(ów)