

**Wydarzenie:** Weekend sportowy - Ostromecko, Dąbrowa Chełmińska  
**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2022-10-02  
**Miejsce:** Ostromecko  
**Dystans:** 7.5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>PRZYBYŁA Adrian</b>	<b>207</b>	RUN GOKU TEAM	M30	1		<b>00:23:31.95</b>	<b>00:23:31.95</b>		3:08	19.1 (100%)
2	<b>OCHAL Pawel</b>	<b>322</b>	TEAMOCHAL	M40	1		<b>00:23:47.55</b>	<b>00:23:47.55</b>	+00:00:15 (1.1%)	3:10	18.9 (99.0%)
3	<b>RATAJCZYK Przemysław</b>	<b>215</b>	TKKF KOLEJARZ BYDGOSZCZ	M20	1		<b>00:23:51.80</b>	<b>00:23:51.80</b>	+00:00:19 (1.4%)	3:10	18.9 (99.0%)
4	<b>KOTŁOWSKI Bartosz</b>	<b>110</b>	LKS OSTROMECKO	M30	2	Tak	<b>00:24:27.70</b>	<b>00:24:27.70</b>	+00:00:55 (3.8%)	3:15	18.4 (96.3%)
5	<b>GRUSZKA Gracjan</b>	<b>78</b>	CWZS ZAWISZA BYDGOSZCZ SL	M20	2		<b>00:25:06.40</b>	<b>00:25:06.40</b>	+00:01:34 (6.3%)	3:20	17.9 (93.7%)
6	<b>OCHAL Olga</b>	<b>321</b>	TEAMOCHAL	K30	1		<b>00:25:36.40</b>	<b>00:25:36.40</b>	+00:02:04 (8.1%)	3:24	17.6 (92.1%)
7	<b>PAWŁOWSKI Tomasz</b>	<b>189</b>		M20	3		<b>00:25:40.10</b>	<b>00:25:40.10</b>	+00:02:08 (8.3%)	3:25	17.5 (91.6%)
8	<b>ŁAZ Kamil</b>	<b>139</b>	WTLENIE	M30	3		<b>00:25:56.30</b>	<b>00:25:56.30</b>	+00:02:24 (9.3%)	3:27	17.4 (91.1%)
9	<b>SULKOWSKI Zdzisław</b>	<b>241</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	1		<b>00:26:15.95</b>	<b>00:26:15.95</b>	+00:02:44 (10.4%)	3:30	17.1 (89.5%)
10	<b>TUCZYŃSKI Sylwester Leon</b>	<b>268</b>		M30	4		<b>00:26:20.80</b>	<b>00:26:20.80</b>	+00:02:48 (10.7%)	3:30	17.1 (89.5%)
11	<b>GLUGLA Mariusz</b>	<b>63</b>	THE RUNNERS ŚWIECIE	M40	2		<b>00:26:27.15</b>	<b>00:26:27.15</b>	+00:02:55 (11.0%)	3:31	17 (89.0%)
12	<b>RYMER Jakub</b>	<b>221</b>		M30	5		<b>00:26:48.55</b>	<b>00:26:48.55</b>	+00:03:16 (12.2%)	3:34	16.8 (88.0%)
13	<b>ŚLIWIŃSKI Łukasz</b>	<b>256</b>	LKS OSTROMECKO	M30	6	Tak	<b>00:26:58.00</b>	<b>00:26:58.00</b>	+00:03:26 (12.7%)	3:35	16.7 (87.4%)
14	<b>DONARSKI Franciszek</b>	<b>45</b>		M19	1		<b>00:27:07.80</b>	<b>00:27:07.80</b>	+00:03:35 (13.3%)	3:36	16.6 (86.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
15	<b>RETECKI Krzysztof</b>	<b>216</b>	LKS BOGMAR / GINTER-EKOTECHNIKA / PRESTO	M40	3	Tak	<b>00:27:11.65</b>	<b>00:27:11.65</b>	+00:03:39 (13.5%)	3:37	16.6 (86.9%)
16	<b>KOLMAJER Rafał</b>	<b>107</b>	TEAMOCHAL	M40	4	Tak	<b>00:27:16.20</b>	<b>00:27:16.20</b>	+00:03:44 (13.7%)	3:38	16.5 (86.4%)
17	<b>SPYCHALSKI Tomasz</b>	<b>326</b>	ANWILTEAM	M40	5		<b>00:27:32.55</b>	<b>00:27:32.55</b>	+00:04:00 (14.6%)	3:40	16.3 (85.3%)
18	<b>JAGIEŁA Jarosław</b>	<b>84</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	2		<b>00:27:41.10</b>	<b>00:27:41.10</b>	+00:04:09 (15.0%)	3:41	16.3 (85.3%)
19	<b>SZLINGER Jakub</b>	<b>279</b>	PGB SPORTOWA PACZKA	M30	7		<b>00:27:52.45</b>	<b>00:27:52.45</b>	+00:04:20 (15.6%)	3:42	16.1 (84.3%)
20	<b>MENDEL Patryk</b>	<b>156</b>	TM IRON TEAM	M20	4		<b>00:28:24.40</b>	<b>00:28:24.40</b>	+00:04:52 (17.2%)	3:47	15.8 (82.7%)
21	<b>KARCZMARCZYK Mateusz</b>	<b>97</b>		M30	8		<b>00:28:41.70</b>	<b>00:28:41.70</b>	+00:05:09 (18.0%)	3:49	15.7 (82.2%)
22	<b>KRZYWDZIŃSKI Dominik</b>	<b>121</b>	UKB SZUBIN	M19	2		<b>00:28:54.90</b>	<b>00:28:54.90</b>	+00:05:22 (18.6%)	3:51	15.6 (81.7%)
23	<b>HOPPE Tomasz</b>	<b>323</b>	CB 163	M40	6		<b>00:28:56.45</b>	<b>00:28:56.45</b>	+00:05:24 (18.7%)	3:51	15.6 (81.7%)
24	<b>KUBIAK Tomasz</b>	<b>123</b>	TG SOKÓŁ GNIEWKOWO	M40	7		<b>00:28:59.10</b>	<b>00:28:59.10</b>	+00:05:27 (18.8%)	3:51	15.5 (81.2%)
25	<b>DĄBROWSKI Paweł</b>	<b>43</b>	ATLASBIEGOW.PL	M20	5		<b>00:29:05.00</b>	<b>00:29:05.00</b>	+00:05:33 (19.1%)	3:52	15.5 (81.2%)
26	<b>GOŁATA Wojciech</b>	<b>65</b>	AKADEMIA MISTRZÓW SPORTU	M40	8	Tak	<b>00:29:06.90</b>	<b>00:29:06.90</b>	+00:05:34 (19.2%)	3:52	15.5 (81.2%)
27	<b>GREGROWSKI Krzysztof</b>	<b>72</b>	PGB SPORTOWA PACZKA	M40	9		<b>00:29:07.05</b>	<b>00:29:07.05</b>	+00:05:35 (19.2%)	3:52	15.5 (81.2%)
28	<b>FUZ Marek</b>	<b>56</b>	KABEL TEAM BYDGOSZCZ	M50	3		<b>00:29:09.55</b>	<b>00:29:09.55</b>	+00:05:37 (19.3%)	3:53	15.4 (80.6%)
29	<b>ZAKURZEWSKI Paweł</b>	<b>319</b>		M19	3		<b>00:29:12.70</b>	<b>00:29:12.70</b>	+00:05:40 (19.4%)	3:53	15.4 (80.6%)
30	<b>MALICKA-ZACNIEWSKA Agata</b>	<b>28</b>		K30	2		<b>00:29:15.90</b>	<b>00:29:15.90</b>	+00:05:43 (19.6%)	3:54	15.4 (80.6%)
31	<b>SKRZECZEWSKI Bartosz</b>	<b>231</b>		M30	9		<b>00:29:23.35</b>	<b>00:29:23.35</b>	+00:05:51 (19.9%)	3:55	15.3 (80.1%)
32	<b>KOWALSKA Angelika</b>	<b>113</b>	TRISPACE TREK	K40	1		<b>00:29:26.00</b>	<b>00:29:26.00</b>	+00:05:54 (20.0%)	3:55	15.3 (80.1%)
33	<b>ŻARON Śławomir</b>	<b>301</b>	EBUD-DOM	M60	1		<b>00:29:28.60</b>	<b>00:29:28.60</b>	+00:05:56 (20.2%)	3:55	15.3 (80.1%)
34	<b>PRĄDZYŃSKI Marcin</b>	<b>202</b>	AKADEMIAMISTRZOWSPORTU	M40	10		<b>00:29:35.15</b>	<b>00:29:35.15</b>	+00:06:03 (20.5%)	3:56	15.2 (79.6%)
35	<b>SZALA Wojciech</b>	<b>245</b>		M20	6		<b>00:29:36.70</b>	<b>00:29:36.70</b>	+00:06:04 (20.5%)	3:56	15.2 (79.6%)
36	<b>ZAKURZEWSKI Tomasz</b>	<b>291</b>	TRISPACE/TREK	M40	11		<b>00:29:39.50</b>	<b>00:29:39.50</b>	+00:06:07 (20.7%)	3:57	15.2 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
37	<b>GRALIK Jędrzej</b>	<b>71</b>	BYDGOSKIE OKONIE	M30	10		<b>00:29:40.25</b>	<b>00:29:40.25</b>	+00:06:08 (20.7%)	3:57	15.2 (79.6%)
38	<b>GILL Daniel</b>	<b>61</b>		M40	12		<b>00:29:40.65</b>	<b>00:29:40.65</b>	+00:06:08 (20.7%)	3:57	15.2 (79.6%)
39	<b>PIOTROWSKA Katarzyna</b>	<b>325</b>		K30	3		<b>00:29:55.95</b>	<b>00:29:55.95</b>	+00:06:24 (21.4%)	3:59	15 (78.5%)
40	<b>POLIWODZIŃSKI Mateusz</b>	<b>198</b>	WISŁA FORDON	M19	4		<b>00:29:58.70</b>	<b>00:29:58.70</b>	+00:06:26 (21.5%)	3:59	15 (78.5%)
41	<b>BOJKE Mirosław</b>	<b>20</b>		M40	13		<b>00:30:02.35</b>	<b>00:30:02.35</b>	+00:06:30 (21.7%)	4:00	15 (78.5%)
42	<b>KAPSA Dawid</b>	<b>96</b>	TRISPACE/TREK	M40	14		<b>00:30:02.40</b>	<b>00:30:02.40</b>	+00:06:30 (21.7%)	4:00	15 (78.5%)
43	<b>KRZYŻYKOWSKA Dominika</b>	<b>122</b>		K19	1		<b>00:30:03.90</b>	<b>00:30:03.90</b>	+00:06:31 (21.7%)	4:00	15 (78.5%)
44	<b>MATERN Andrzej</b>	<b>153</b>	PGB SPORTOWA PACZKA	M40	15		<b>00:30:08.40</b>	<b>00:30:08.40</b>	+00:06:36 (21.9%)	4:01	14.9 (78.0%)
45	<b>RUCHLEWICZ Natalia</b>	<b>219</b>		K20	1		<b>00:30:11.05</b>	<b>00:30:11.05</b>	+00:06:39 (22.0%)	4:01	14.9 (78.0%)
46	<b>WOŹNIAKOWSKA Agata</b>	<b>285</b>	WTLENIE	K30	4		<b>00:30:14.90</b>	<b>00:30:14.90</b>	+00:06:42 (22.2%)	4:01	14.9 (78.0%)
47	<b>GŻYL Mikołaj</b>	<b>80</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	11		<b>00:30:19.70</b>	<b>00:30:19.70</b>	+00:06:47 (22.4%)	4:02	14.8 (77.5%)
48	<b>KUNZ Mieczysław</b>	<b>125</b>	AZS UMK TORUŃ	M50	4		<b>00:30:28.05</b>	<b>00:30:28.05</b>	+00:06:56 (22.8%)	4:03	14.8 (77.5%)
49	<b>MAKOWSKA Danuta</b>	<b>311</b>	ABIC JABŁONOWO	K40	2		<b>00:30:34.00</b>	<b>00:30:34.00</b>	+00:07:02 (23.0%)	4:04	14.7 (77.0%)
50	<b>MANDOSIK Michał</b>	<b>148</b>	TEAMOCHAL	M40	16		<b>00:30:35.10</b>	<b>00:30:35.10</b>	+00:07:03 (23.1%)	4:04	14.7 (77.0%)
51	<b>KHADDOUR Alex</b>	<b>318</b>	BYDGOSZCZ ATOS	M30	12		<b>00:30:38.75</b>	<b>00:30:38.75</b>	+00:07:06 (23.2%)	4:05	14.7 (77.0%)
52	<b>RACZYŃSKI Krzysztof</b>	<b>210</b>	BIEGAJĄCY FILOZOF TEAM	M60	2		<b>00:30:43.35</b>	<b>00:30:43.35</b>	+00:07:11 (23.4%)	4:05	14.7 (77.0%)
53	<b>ŁUCZAK Paweł</b>	<b>141</b>	TKKF KOLEJARZ BYDGOSZCZ	M50	5		<b>00:30:47.00</b>	<b>00:30:47.00</b>	+00:07:15 (23.6%)	4:06	14.6 (76.4%)
54	<b>LIPIŃSKI Michał</b>	<b>133</b>		M40	17		<b>00:31:04.75</b>	<b>00:31:04.75</b>	+00:07:32 (24.3%)	4:08	14.5 (75.9%)
55	<b>MARTYNOWICZ Michał</b>	<b>151</b>	TRISPACE/TREK	M50	6		<b>00:31:05.70</b>	<b>00:31:05.70</b>	+00:07:33 (24.3%)	4:08	14.5 (75.9%)
56	<b>SUDOŁ Jacek</b>	<b>239</b>	PARKRUN BYDGOSZCZ	M40	18		<b>00:31:10.90</b>	<b>00:31:10.90</b>	+00:07:38 (24.5%)	4:09	14.4 (75.4%)
57	<b>SZTEJKA Damian</b>	<b>250</b>		M40	19		<b>00:31:14.30</b>	<b>00:31:14.30</b>	+00:07:42 (24.7%)	4:09	14.4 (75.4%)
58	<b>PILARSKI Radosław</b>	<b>194</b>	BRZOZA BIEGA	M40	20		<b>00:31:23.75</b>	<b>00:31:23.75</b>	+00:07:51 (25.0%)	4:11	14.3 (74.9%)
59	<b>BURDACH Michał</b>	<b>32</b>		M40	21		<b>00:31:32.40</b>	<b>00:31:32.40</b>	+00:08:00 (25.4%)	4:12	14.3 (74.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
60	<b>KOCINIEWSKI Bartłomiej</b>	<b>103</b>	LKS JANOWO	M30	13	Tak	<b>00:31:33.30</b>	<b>00:31:33.30</b>	+00:08:01 (25.4%)	4:12	14.3 (74.9%)
61	<b>GRUBICH Arkadiusz</b>	<b>337</b>		M40	22		<b>00:31:39.10</b>	<b>00:31:39.10</b>	+00:08:07 (25.7%)	4:13	14.2 (74.3%)
62	<b>GRZENKOWITZ Dariusz</b>	<b>79</b>		M50	7		<b>00:31:56.20</b>	<b>00:31:56.20</b>	+00:08:24 (26.3%)	4:15	14.1 (73.8%)
63	<b>WIĘCKOWSKI Dariusz</b>	<b>277</b>	AKADEMIA MISTRZÓW SPORTU	M40	23		<b>00:32:00.80</b>	<b>00:32:00.80</b>	+00:08:28 (26.5%)	4:16	14.1 (73.8%)
64	<b>PAWŁOWSKI Kamil</b>	<b>190</b>		M20	7		<b>00:32:05.10</b>	<b>00:32:05.10</b>	+00:08:33 (26.7%)	4:16	14 (73.3%)
65	<b>KUPRACZ Andrzej</b>	<b>126</b>		M50	8		<b>00:32:05.85</b>	<b>00:32:05.85</b>	+00:08:33 (26.7%)	4:16	14 (73.3%)
66	<b>STASZKIEWICZ Lucyna</b>	<b>236</b>	STASHKY TEAM	K50	1		<b>00:32:10.15</b>	<b>00:32:10.15</b>	+00:08:38 (26.8%)	4:17	14 (73.3%)
67	<b>KRZEPKOWSKI Radosław</b>	<b>120</b>	ADIDAS RUNNERS WARSAW	M40	24		<b>00:32:12.00</b>	<b>00:32:12.00</b>	+00:08:40 (26.9%)	4:17	14 (73.3%)
68	<b>BONIKOWSKI Jakub</b>	<b>21</b>		M50	9		<b>00:32:16.25</b>	<b>00:32:16.25</b>	+00:08:44 (27.1%)	4:18	13.9 (72.8%)
69	<b>PRONDZINSKI Maciej</b>	<b>205</b>		M30	14		<b>00:32:17.50</b>	<b>00:32:17.50</b>	+00:08:45 (27.1%)	4:18	13.9 (72.8%)
70	<b>MIKOŁAJCZYK Zbigniew</b>	<b>159</b>	DLA ZDROWIA	M60	3		<b>00:32:22.40</b>	<b>00:32:22.40</b>	+00:08:50 (27.3%)	4:18	13.9 (72.8%)
71	<b>GRABARSKA Magdalena</b>	<b>69</b>		K30	5		<b>00:32:24.10</b>	<b>00:32:24.10</b>	+00:08:52 (27.4%)	4:19	13.9 (72.8%)
72	<b>SZOPIŃSKI Rafał</b>	<b>249</b>		M40	25		<b>00:32:29.00</b>	<b>00:32:29.00</b>	+00:08:57 (27.6%)	4:19	13.9 (72.8%)
73	<b>KRASKA Maria</b>	<b>116</b>	8K-PBOT	K20	2	Tak	<b>00:32:29.40</b>	<b>00:32:29.40</b>	+00:08:57 (27.6%)	4:19	13.9 (72.8%)
74	<b>BOROWSKI Radosław</b>	<b>24</b>	MLKS KRAJNA SĘPÓLNO	M30	15		<b>00:32:34.05</b>	<b>00:32:34.05</b>	+00:09:02 (27.7%)	4:20	13.8 (72.3%)
75	<b>JAROCKA Beata</b>	<b>88</b>		K40	3	Tak	<b>00:32:38.10</b>	<b>00:32:38.10</b>	+00:09:06 (27.9%)	4:21	13.8 (72.3%)
76	<b>KARNOWSKI Sebastian</b>	<b>99</b>		M30	16	Tak	<b>00:32:38.15</b>	<b>00:32:38.15</b>	+00:09:06 (27.9%)	4:21	13.8 (72.3%)
77	<b>ZABROCKI Adam</b>	<b>288</b>	SHUGO	M40	26		<b>00:32:45.50</b>	<b>00:32:45.50</b>	+00:09:13 (28.2%)	4:22	13.7 (71.7%)
78	<b>WARCZAK Alicja</b>	<b>316</b>	ZAWISZA / TEAM OCHAL	K19	2		<b>00:32:52.35</b>	<b>00:32:52.35</b>	+00:09:20 (28.4%)	4:22	13.7 (71.7%)
79	<b>SKIBA Sebastian</b>	<b>228</b>		M20	8		<b>00:32:53.55</b>	<b>00:32:53.55</b>	+00:09:21 (28.5%)	4:23	13.7 (71.7%)
80	<b>MOROSZCZAK Bogumił</b>	<b>169</b>	PGB SPORTOWA PACZKA	M40	27		<b>00:32:58.90</b>	<b>00:32:58.90</b>	+00:09:26 (28.6%)	4:23	13.7 (71.7%)
81	<b>KULLIŃSKI Marcin</b>	<b>124</b>	UCZNIOWSKI KLUB SPORTOWY CZWÓRKA NAKŁO	M40	28		<b>00:33:00.65</b>	<b>00:33:00.65</b>	+00:09:28 (28.7%)	4:24	13.6 (71.2%)
82	<b>PACZKOWSKI Mirosław</b>	<b>186</b>		M50	10		<b>00:33:01.30</b>	<b>00:33:01.30</b>	+00:09:29 (28.7%)	4:24	13.6 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
83	<b>FRĄCKOWIAK Marek</b>	<b>54</b>	NKB	M50	11		<b>00:33:11.00</b>	<b>00:33:11.00</b>	+00:09:39 (29.1%)	4:25	13.6 (71.2%)
84	<b>KOWALSKI Jacek</b>	<b>114</b>		M40	29		<b>00:33:18.35</b>	<b>00:33:18.35</b>	+00:09:46 (29.3%)	4:26	13.5 (70.7%)
85	<b>WUJEK Magdalena</b>	<b>287</b>	RUN BYDGOSZCZ	K30	6		<b>00:33:18.70</b>	<b>00:33:18.70</b>	+00:09:46 (29.4%)	4:26	13.5 (70.7%)
86	<b>MIĘKCZYŃSKI Miłosz</b>	<b>158</b>	LUPUS TEAM	M30	17		<b>00:33:18.95</b>	<b>00:33:18.95</b>	+00:09:47 (29.4%)	4:26	13.5 (70.7%)
86	<b>DEJNECKA Ewa</b>	<b>336</b>	KLAUDIUSZ WALENDZIAK	K30	7		<b>00:33:18.95</b>	<b>00:33:18.95</b>	+00:09:47 (29.4%)	4:26	13.5 (70.7%)
88	<b>FAJFER Martyna</b>	<b>51</b>		K20	3	Tak	<b>00:33:22.90</b>	<b>00:33:22.90</b>	+00:09:50 (29.5%)	4:26	13.5 (70.7%)
89	<b>SKONIECZNY Marcin</b>	<b>229</b>	BIEGIEM PO MARZENIA	M40	30		<b>00:33:35.45</b>	<b>00:33:35.45</b>	+00:10:03 (29.9%)	4:28	13.4 (70.2%)
90	<b>BŁAŻEJAK Krzysia</b>	<b>17</b>	WTLENIE	K40	4		<b>00:33:38.55</b>	<b>00:33:38.55</b>	+00:10:06 (30.1%)	4:29	13.4 (70.2%)
91	<b>SMAŻYK Ewelina</b>	<b>233</b>	W TLENIE	K40	5		<b>00:33:42.00</b>	<b>00:33:42.00</b>	+00:10:10 (30.2%)	4:29	13.4 (70.2%)
92	<b>HASS Adam</b>	<b>83</b>		M40	31		<b>00:33:54.10</b>	<b>00:33:54.10</b>	+00:10:22 (30.6%)	4:31	13.3 (69.6%)
93	<b>SZATKOWSKI Józef</b>	<b>246</b>	START TEAM WĄBRZEŻNO	M60	4		<b>00:33:59.70</b>	<b>00:33:59.70</b>	+00:10:27 (30.8%)	4:31	13.2 (69.1%)
94	<b>ZAJDLEWICZ Daniel</b>	<b>289</b>		M40	32		<b>00:34:02.55</b>	<b>00:34:02.55</b>	+00:10:30 (30.9%)	4:32	13.2 (69.1%)
95	<b>FRĄCKOWIAK Agata</b>	<b>55</b>	KOTLOWSKIRUNTEAM	K20	4		<b>00:34:06.95</b>	<b>00:34:06.95</b>	+00:10:35 (31.0%)	4:32	13.2 (69.1%)
96	<b>MANDOSIK Jerzy</b>	<b>149</b>	TEAMOCHAL	M60	5		<b>00:34:14.10</b>	<b>00:34:14.10</b>	+00:10:42 (31.3%)	4:33	13.1 (68.6%)
97	<b>WESTFALEWSKI Tomek</b>	<b>275</b>	LKS BOGMAR OSTROMECKO	M30	18	Tak	<b>00:34:38.45</b>	<b>00:34:38.45</b>	+00:11:06 (32.1%)	4:37	13 (68.1%)
98	<b>NIEDBALSKI Grzegorz</b>	<b>175</b>	RUN BYDGOSZCZ	M60	6		<b>00:34:43.00</b>	<b>00:34:43.00</b>	+00:11:11 (32.2%)	4:37	13 (68.1%)
99	<b>MAJCHRZAK Katarzyna</b>	<b>142</b>		K30	8		<b>00:34:49.25</b>	<b>00:34:49.25</b>	+00:11:17 (32.4%)	4:38	12.9 (67.5%)
100	<b>BERNACKI Dominik</b>	<b>12</b>		M40	33		<b>00:34:49.50</b>	<b>00:34:49.50</b>	+00:11:17 (32.4%)	4:38	12.9 (67.5%)
101	<b>LEWANDOWSKI Władysław</b>	<b>132</b>	T G SOKÓŁ GNIEWKOWO	M60	7		<b>00:34:55.55</b>	<b>00:34:55.55</b>	+00:11:23 (32.6%)	4:39	12.9 (67.5%)
102	<b>LUZAK Magdalena</b>	<b>135</b>		K30	9		<b>00:35:00.45</b>	<b>00:35:00.45</b>	+00:11:28 (32.8%)	4:40	12.9 (67.5%)
103	<b>DRZEWIECKI Rafał</b>	<b>46</b>	AKADEMIA MISTRZÓW SPORTU	M40	34		<b>00:35:03.10</b>	<b>00:35:03.10</b>	+00:11:31 (32.9%)	4:40	12.8 (67.0%)
104	<b>SOWIŃSKI Marcin</b>	<b>234</b>		M30	19		<b>00:35:08.80</b>	<b>00:35:08.80</b>	+00:11:36 (33.0%)	4:41	12.8 (67.0%)
104	<b>BAGROWSKI Marek</b>	<b>5</b>	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M60	8	Tak	<b>00:35:08.80</b>	<b>00:35:08.80</b>	+00:11:36 (33.0%)	4:41	12.8 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
106	LEBA Rafał	129	22ODN	M40	35	Tak	00:35:11.60	00:35:11.60	+00:11:39 (33.1%)	4:41	12.8 (67.0%)
107	ZIMMERMANN Tomasz	296	KM PSP GRUDZIĄDZ	M40	36		00:35:18.05	00:35:18.05	+00:11:46 (33.3%)	4:42	12.7 (66.5%)
108	PUCHACZ Marcin	209		M30	20		00:35:22.05	00:35:22.05	+00:11:50 (33.5%)	4:42	12.7 (66.5%)
109	WASILEWSKA Agata	273	AMS BYDGOSZCZ	K40	6		00:35:27.55	00:35:27.55	+00:11:55 (33.6%)	4:43	12.7 (66.5%)
110	PAWŁOWSKI Radosław	188		M50	12		00:35:30.15	00:35:30.15	+00:11:58 (33.7%)	4:44	12.7 (66.5%)
111	KRÓL Dariusz	118	22 ODN	M50	13		00:35:31.70	00:35:31.70	+00:11:59 (33.8%)	4:44	12.7 (66.5%)
112	GRUBA Jacek	75		M60	9		00:35:32.00	00:35:32.00	+00:12:00 (33.8%)	4:44	12.7 (66.5%)
113	LUZAK Mirosław	136	TKKF KOLEJARZ BYDGOSZCZ	M60	10		00:35:33.35	00:35:33.35	+00:12:01 (33.8%)	4:44	12.7 (66.5%)
114	CIEŚLICKI Łukasz	37		M30	21	Tak	00:35:35.35	00:35:35.35	+00:12:03 (33.9%)	4:44	12.6 (66.0%)
115	NURKIEWICZ Jarosław	179	KUNG FU PANDY 3	M50	14		00:35:41.10	00:35:41.10	+00:12:09 (34.1%)	4:45	12.6 (66.0%)
116	ĆWIKLIŃSKA Anna	40	ASSECO ACTIVE TEAM / AKADEMIA MISTRZÓW SPORTU	K40	7		00:35:48.45	00:35:48.45	+00:12:16 (34.3%)	4:46	12.6 (66.0%)
117	BUDZIAK Wiesław	29		M60	11		00:35:55.25	00:35:55.25	+00:12:23 (34.5%)	4:47	12.5 (65.4%)
118	KOPIEC Mateusz	109		M20	9	Tak	00:36:01.05	00:36:01.05	+00:12:29 (34.7%)	4:48	12.5 (65.4%)
119	MAJCHRZAK Łukasz	143		M40	37		00:36:01.65	00:36:01.65	+00:12:29 (34.7%)	4:48	12.5 (65.4%)
120	GRUDA Mirosław	77		M60	12		00:36:02.70	00:36:02.70	+00:12:30 (34.7%)	4:48	12.5 (65.4%)
121	OLSZEWSKI Rafał	181	TG SOKÓŁ GNIEWKOWO	M40	38		00:36:03.50	00:36:03.50	+00:12:31 (34.7%)	4:48	12.5 (65.4%)
122	ŚLÓSAREK Piotr Leszek	259	STUDIO NIERUCHOMOŚCI TORUŃ	M60	13		00:36:04.65	00:36:04.65	+00:12:32 (34.8%)	4:48	12.5 (65.4%)
123	RZEMEK Sławomir	222	GZINIAK	M40	39	Tak	00:36:05.75	00:36:05.75	+00:12:33 (34.8%)	4:48	12.5 (65.4%)
124	KOHUTEK Artur	105		M50	15	Tak	00:36:12.00	00:36:12.00	+00:12:40 (35.0%)	4:49	12.4 (64.9%)
125	BAJOREK Piotr	6	NIEZRZESZONY	M60	14		00:36:15.35	00:36:15.35	+00:12:43 (35.1%)	4:50	12.4 (64.9%)
126	GANDZIAROWSKA Anna	58		K30	10	Tak	00:36:20.00	00:36:20.00	+00:12:48 (35.2%)	4:50	12.4 (64.9%)
127	KRÓL Karol	117	TKKF KOLEJARZ	M40	40		00:36:22.90	00:36:22.90	+00:12:50 (35.3%)	4:50	12.4 (64.9%)
128	NOWAKOWSKI Grzegorz	178	DEAF GARMIN_GIANT	M30	22		00:36:24.10	00:36:24.10	+00:12:52 (35.4%)	4:51	12.4 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
129	<b>BRATEK Andrzej</b>	<b>26</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	15		<b>00:36:25.80</b>	<b>00:36:25.80</b>	+00:12:53 (35.4%)	4:51	12.4 (64.9%)
130	<b>MODRAKOWSKI Roland</b>	<b>163</b>	DYSTRYBUCJA-REKLAM.PL	M30	23		<b>00:36:29.30</b>	<b>00:36:29.30</b>	+00:12:57 (35.5%)	4:51	12.3 (64.4%)
131	<b>SMYKOWSKI Łukasz</b>	<b>324</b>		M40	41		<b>00:36:29.70</b>	<b>00:36:29.70</b>	+00:12:57 (35.5%)	4:51	12.3 (64.4%)
132	<b>MICHALAK Paweł</b>	<b>157</b>	ASSECO ACTIVE TEAM	M40	42		<b>00:36:34.45</b>	<b>00:36:34.45</b>	+00:13:02 (35.7%)	4:52	12.3 (64.4%)
133	<b>GROCHOWSKA Daria</b>	<b>74</b>	ADIDAS RUNNERS WARSAW	K40	8		<b>00:36:41.35</b>	<b>00:36:41.35</b>	+00:13:09 (35.9%)	4:53	12.3 (64.4%)
134	<b>WITUCKI Tomasz</b>	<b>310</b>		M19	5		<b>00:36:46.75</b>	<b>00:36:46.75</b>	+00:13:14 (36.0%)	4:54	12.2 (63.9%)
135	<b>KLAWIKOWSKA Julita</b>	<b>101</b>	TKKF KOLEJARZ BYDGOSZCZ	K30	11		<b>00:36:48.10</b>	<b>00:36:48.10</b>	+00:13:16 (36.1%)	4:54	12.2 (63.9%)
136	<b>ŚRUTKOWSKI Sylwester</b>	<b>262</b>		M30	24		<b>00:36:54.55</b>	<b>00:36:54.55</b>	+00:13:22 (36.2%)	4:55	12.2 (63.9%)
137	<b>KALISZ Andrzej</b>	<b>94</b>	TKT	M50	16		<b>00:36:56.30</b>	<b>00:36:56.30</b>	+00:13:24 (36.3%)	4:55	12.2 (63.9%)
138	<b>JANIK Roman</b>	<b>87</b>	KWIDZYN BIEGA	M60	16		<b>00:36:56.40</b>	<b>00:36:56.40</b>	+00:13:24 (36.3%)	4:55	12.2 (63.9%)
139	<b>MOCZYNSKI Leszek</b>	<b>162</b>	BYDGOSZCZ BIEGA	M70	1		<b>00:36:59.35</b>	<b>00:36:59.35</b>	+00:13:27 (36.4%)	4:55	12.2 (63.9%)
140	<b>LUZAK Szymon</b>	<b>134</b>		M20	10		<b>00:37:01.20</b>	<b>00:37:01.20</b>	+00:13:29 (36.4%)	4:56	12.2 (63.9%)
141	<b>ŁUCZAK Anna</b>	<b>140</b>	TKKF KOLEJARZ BYDGOSZCZ	K40	9		<b>00:37:03.25</b>	<b>00:37:03.25</b>	+00:13:31 (36.5%)	4:56	12.1 (63.4%)
142	<b>BUCZEK Kamil</b>	<b>27</b>		M30	25	Tak	<b>00:37:05.25</b>	<b>00:37:05.25</b>	+00:13:33 (36.5%)	4:56	12.1 (63.4%)
143	<b>RÓŻAŃSKI Karol</b>	<b>218</b>	JR BRICKS	M40	43		<b>00:37:10.80</b>	<b>00:37:10.80</b>	+00:13:38 (36.7%)	4:57	12.1 (63.4%)
144	<b>ANDRZEJEWSKI Ryszard</b>	<b>2</b>	ŻÓŁTOKRÓLEWSCY	M70	2		<b>00:37:12.00</b>	<b>00:37:12.00</b>	+00:13:40 (36.7%)	4:57	12.1 (63.4%)
145	<b>KOWALCZYK Robert</b>	<b>112</b>	LKS OSTROMECKO	M40	44	Tak	<b>00:37:13.60</b>	<b>00:37:13.60</b>	+00:13:41 (36.8%)	4:57	12.1 (63.4%)
146	<b>ŚLIWIŃSKI Mariusz</b>	<b>258</b>	BMJ EQUIP MARIUSZ ŚLIWIŃSKI	M30	26	Tak	<b>00:37:25.50</b>	<b>00:37:25.50</b>	+00:13:53 (37.1%)	4:59	12 (62.8%)
147	<b>PRZYBYLSKI Remigiusz</b>	<b>206</b>	RUN BYDGOSZCZ	M40	45		<b>00:37:35.35</b>	<b>00:37:35.35</b>	+00:14:03 (37.4%)	5:00	12 (62.8%)
148	<b>BIELEC Wojciech</b>	<b>13</b>		M40	46		<b>00:37:41.95</b>	<b>00:37:41.95</b>	+00:14:10 (37.6%)	5:01	11.9 (62.3%)
149	<b>MUSZYŃSKI Adam</b>	<b>173</b>	ZABIEGANE SMOKI	M30	27		<b>00:37:43.70</b>	<b>00:37:43.70</b>	+00:14:11 (37.6%)	5:01	11.9 (62.3%)
150	<b>POLIWODZIŃSKI Michał</b>	<b>197</b>	WISŁA FORDON	M40	47		<b>00:37:44.10</b>	<b>00:37:44.10</b>	+00:14:12 (37.6%)	5:01	11.9 (62.3%)
151	<b>SIĘBOR Andrzej</b>	<b>225</b>	RUN BYDGOSZCZ	M40	48		<b>00:37:45.90</b>	<b>00:37:45.90</b>	+00:14:13 (37.7%)	5:02	11.9 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
152	<b>ŻEMOJTEL Adam</b>	<b>303</b>	KLUB MAZDASPEED	M30	28		<b>00:37:50.90</b>	<b>00:37:50.90</b>	+00:14:18 (37.8%)	5:02	11.9 (62.3%)
153	<b>WALUSIAK Miłosz</b>	<b>272</b>	RUN PASJA	M30	29	Tak	<b>00:37:52.55</b>	<b>00:37:52.55</b>	+00:14:20 (37.9%)	5:02	11.9 (62.3%)
154	<b>SIUDA Marek</b>	<b>227</b>		M40	49		<b>00:37:52.60</b>	<b>00:37:52.60</b>	+00:14:20 (37.9%)	5:02	11.9 (62.3%)
155	<b>OSZUBSKI Kazimierz</b>	<b>184</b>	PGB SPORTOWA PACZKA	M40	50		<b>00:37:53.30</b>	<b>00:37:53.30</b>	+00:14:21 (37.9%)	5:03	11.9 (62.3%)
156	<b>RADKIEWICZ Oskar</b>	<b>213</b>	FUNDACJA CZAS NA BYDGOSZCZ	M19	6		<b>00:37:56.70</b>	<b>00:37:56.70</b>	+00:14:24 (38.0%)	5:03	11.9 (62.3%)
157	<b>POTRZEBOWSKI Marek</b>	<b>201</b>	DEAF I #B3K, ŁĄCZA NAS PASJE	M30	30		<b>00:37:57.55</b>	<b>00:37:57.55</b>	+00:14:25 (38.0%)	5:03	11.9 (62.3%)
158	<b>WAKUŁA-KUNZ Wanda</b>	<b>271</b>		K40	10		<b>00:37:58.50</b>	<b>00:37:58.50</b>	+00:14:26 (38.0%)	5:03	11.9 (62.3%)
159	<b>KANARKOWSKI Stanisław</b>	<b>95</b>	AMATOR - NIEZRZESZONY	M60	17		<b>00:37:59.60</b>	<b>00:37:59.60</b>	+00:14:27 (38.1%)	5:03	11.8 (61.8%)
160	<b>KAWALEC Marcin</b>	<b>100</b>		M20	11	Tak	<b>00:38:04.50</b>	<b>00:38:04.50</b>	+00:14:32 (38.2%)	5:04	11.8 (61.8%)
161	<b>BULIŃSKI Michał</b>	<b>30</b>		M40	51	Tak	<b>00:38:06.35</b>	<b>00:38:06.35</b>	+00:14:34 (38.2%)	5:04	11.8 (61.8%)
162	<b>PERZ Szymon</b>	<b>192</b>		M30	31		<b>00:38:06.95</b>	<b>00:38:06.95</b>	+00:14:35 (38.3%)	5:04	11.8 (61.8%)
163	<b>GĄSIOROWSKI Robert</b>	<b>59</b>	RUN BYDGOSZCZ	M50	17		<b>00:38:07.00</b>	<b>00:38:07.00</b>	+00:14:35 (38.3%)	5:04	11.8 (61.8%)
164	<b>PRIETZ Bartosz</b>	<b>203</b>		M40	52		<b>00:38:10.65</b>	<b>00:38:10.65</b>	+00:14:38 (38.4%)	5:05	11.8 (61.8%)
165	<b>RADKIEWICZ Eugeniusz</b>	<b>212</b>		M50	18		<b>00:38:12.95</b>	<b>00:38:12.95</b>	+00:14:41 (38.4%)	5:05	11.8 (61.8%)
166	<b>SZERWIŃSKI Mateusz</b>	<b>248</b>		M20	12		<b>00:38:13.75</b>	<b>00:38:13.75</b>	+00:14:41 (38.4%)	5:05	11.8 (61.8%)
167	<b>OLSZÓWKA Michał</b>	<b>182</b>		M40	53		<b>00:38:14.30</b>	<b>00:38:14.30</b>	+00:14:42 (38.5%)	5:05	11.8 (61.8%)
168	<b>TOCZKIEWICZ Kaja</b>	<b>265</b>	TEAMOCHAL	K19	3		<b>00:38:15.40</b>	<b>00:38:15.40</b>	+00:14:43 (38.5%)	5:06	11.8 (61.8%)
169	<b>ZŁOTOWSKI Piotr</b>	<b>298</b>	RUN BYDGOSZCZ	M40	54		<b>00:38:16.20</b>	<b>00:38:16.20</b>	+00:14:44 (38.5%)	5:06	11.8 (61.8%)
170	<b>ZIÓŁKOWSKI Mieczysław</b>	<b>297</b>	T G SOKÓŁ GNIEWKOWO	M50	19		<b>00:38:41.30</b>	<b>00:38:41.30</b>	+00:15:09 (39.2%)	5:09	11.6 (60.7%)
171	<b>URBAŃSKI Daniel</b>	<b>270</b>		M40	55		<b>00:38:52.90</b>	<b>00:38:52.90</b>	+00:15:20 (39.5%)	5:10	11.6 (60.7%)
172	<b>PRIETZ Monika</b>	<b>204</b>		K30	12		<b>00:38:56.80</b>	<b>00:38:56.80</b>	+00:15:24 (39.6%)	5:11	11.6 (60.7%)
173	<b>STEJUK Aleksandra</b>	<b>238</b>	AKADEMIA MISTRZÓW SPORTU	K40	11		<b>00:39:02.05</b>	<b>00:39:02.05</b>	+00:15:30 (39.7%)	5:12	11.5 (60.2%)
174	<b>LEWANDOWSKI Jacek</b>	<b>131</b>	AKADEMIA MISTRZÓW SPORTU JACEK LEWANDOWSKI	M40	56		<b>00:39:03.35</b>	<b>00:39:03.35</b>	+00:15:31 (39.7%)	5:12	11.5 (60.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
175	<b>POTRZEBOWSKA Agata</b>	<b>200</b>	DEAF I #B3K, ŁĄCZA NAS PASJE	K30	13		<b>00:39:06.95</b>	<b>00:39:06.95</b>	+00:15:35 (39.8%)	5:12	11.5 (60.2%)
176	<b>STAWICKI Paweł</b>	<b>237</b>		M40	57	Tak	<b>00:39:09.80</b>	<b>00:39:09.80</b>	+00:15:37 (39.9%)	5:13	11.5 (60.2%)
177	<b>SZTUBECKI Jacek</b>	<b>252</b>		M40	58	Tak	<b>00:39:09.95</b>	<b>00:39:09.95</b>	+00:15:38 (39.9%)	5:13	11.5 (60.2%)
178	<b>ZIELIŃSKA Barbara</b>	<b>294</b>	SHUGO	K40	12		<b>00:39:15.25</b>	<b>00:39:15.25</b>	+00:15:43 (40.1%)	5:14	11.5 (60.2%)
179	<b>MAŁKIŃSKI Józef</b>	<b>147</b>		M60	18		<b>00:39:25.50</b>	<b>00:39:25.50</b>	+00:15:53 (40.3%)	5:15	11.4 (59.7%)
180	<b>JESKE Marek</b>	<b>90</b>	RUN BYDGOSZCZ	M50	20		<b>00:39:29.50</b>	<b>00:39:29.50</b>	+00:15:57 (40.4%)	5:15	11.4 (59.7%)
181	<b>BOROWICZ Ireneusz</b>	<b>22</b>		M30	32		<b>00:39:30.40</b>	<b>00:39:30.40</b>	+00:15:58 (40.4%)	5:16	11.4 (59.7%)
181	<b>BOROWICZ Anna</b>	<b>23</b>		K40	13		<b>00:39:30.40</b>	<b>00:39:30.40</b>	+00:15:58 (40.4%)	5:16	11.4 (59.7%)
183	<b>JÓŻWIAK Maciej</b>	<b>91</b>		M20	13		<b>00:39:32.30</b>	<b>00:39:32.30</b>	+00:16:00 (40.5%)	5:16	11.4 (59.7%)
184	<b>RADKIEWICZ Beata</b>	<b>211</b>	TEAMOCHAL	K40	14		<b>00:39:43.15</b>	<b>00:39:43.15</b>	+00:16:11 (40.8%)	5:17	11.3 (59.2%)
185	<b>CABAJ Agata</b>	<b>34</b>		K20	5		<b>00:39:50.90</b>	<b>00:39:50.90</b>	+00:16:18 (40.9%)	5:18	11.3 (59.2%)
186	<b>ZAKURZEWSKI Arkadiusz</b>	<b>290</b>		M50	21		<b>00:39:51.80</b>	<b>00:39:51.80</b>	+00:16:19 (41.0%)	5:18	11.3 (59.2%)
187	<b>PISKORSKA Marta</b>	<b>196</b>		K40	15		<b>00:39:54.15</b>	<b>00:39:54.15</b>	+00:16:22 (41.0%)	5:19	11.3 (59.2%)
188	<b>WRÓBLEWSKA Joanna</b>	<b>286</b>		K50	2		<b>00:39:57.70</b>	<b>00:39:57.70</b>	+00:16:25 (41.1%)	5:19	11.3 (59.2%)
189	<b>KURBIEL-SYROCKA Aleksandra</b>	<b>127</b>		K30	14		<b>00:40:00.75</b>	<b>00:40:00.75</b>	+00:16:28 (41.2%)	5:20	11.3 (59.2%)
189	<b>SYROCKI Michał</b>	<b>243</b>		M30	33		<b>00:40:00.75</b>	<b>00:40:00.75</b>	+00:16:28 (41.2%)	5:20	11.3 (59.2%)
191	<b>DAWGUL Hanna</b>	<b>42</b>	AKADEMIA MISTRZÓW SPORTU	K40	16		<b>00:40:01.90</b>	<b>00:40:01.90</b>	+00:16:29 (41.2%)	5:20	11.2 (58.6%)
192	<b>OWCZARZAK Michał</b>	<b>185</b>	SMAKOSZE	M50	22		<b>00:40:05.40</b>	<b>00:40:05.40</b>	+00:16:33 (41.3%)	5:20	11.2 (58.6%)
193	<b>AGACIAK Elzbieta</b>	<b>1</b>		K40	17		<b>00:40:11.90</b>	<b>00:40:11.90</b>	+00:16:39 (41.5%)	5:21	11.2 (58.6%)
194	<b>KRUCZKOWSKI Piotr</b>	<b>119</b>	KRYSPORT PIOTR KRUCZKOWSKI	M50	23		<b>00:40:14.15</b>	<b>00:40:14.15</b>	+00:16:42 (41.5%)	5:21	11.2 (58.6%)
195	<b>HALAREWICZ Joanna</b>	<b>81</b>		K40	18	Tak	<b>00:40:15.35</b>	<b>00:40:15.35</b>	+00:16:43 (41.5%)	5:22	11.2 (58.6%)
196	<b>HALAREWICZ Artur</b>	<b>82</b>		M40	59	Tak	<b>00:40:15.50</b>	<b>00:40:15.50</b>	+00:16:43 (41.5%)	5:22	11.2 (58.6%)
197	<b>ŚLIWIŃSKI Piotr</b>	<b>257</b>		M30	34	Tak	<b>00:40:22.75</b>	<b>00:40:22.75</b>	+00:16:50 (41.7%)	5:22	11.1 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
198	<b>PIONTEK Elżbieta</b>	<b>195</b>		K60	1		<b>00:40:26.40</b>	<b>00:40:26.40</b>	+00:16:54 (41.8%)	5:23	11.1 (58.1%)
199	<b>SKONIECZNA Marlena</b>	<b>230</b>	BIEGIEM PO MARZENIA	K40	19		<b>00:40:28.80</b>	<b>00:40:28.80</b>	+00:16:56 (41.9%)	5:23	11.1 (58.1%)
200	<b>KACZOR-DRABIK Joanna</b>	<b>327</b>		K40	20		<b>00:40:29.10</b>	<b>00:40:29.10</b>	+00:16:57 (41.9%)	5:23	11.1 (58.1%)
201	<b>BARTKOWSKI Kajetan</b>	<b>8</b>		M19	7	Tak	<b>00:40:31.75</b>	<b>00:40:31.75</b>	+00:16:59 (41.9%)	5:24	11.1 (58.1%)
202	<b>ZIELIŃSKI Radosław</b>	<b>295</b>		M30	35		<b>00:40:36.80</b>	<b>00:40:36.80</b>	+00:17:04 (42.1%)	5:24	11.1 (58.1%)
203	<b>GLAZA Oliwier</b>	<b>62</b>		M19	8	Tak	<b>00:40:38.80</b>	<b>00:40:38.80</b>	+00:17:06 (42.1%)	5:25	11.1 (58.1%)
204	<b>RUTKOWSKI Tomasz</b>	<b>302</b>		M40	60	Tak	<b>00:40:42.75</b>	<b>00:40:42.75</b>	+00:17:10 (42.2%)	5:25	11.1 (58.1%)
205	<b>PASZKIET Witold</b>	<b>187</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	19		<b>00:40:43.85</b>	<b>00:40:43.85</b>	+00:17:11 (42.2%)	5:25	11.1 (58.1%)
206	<b>MANDOSIK Bernadeta</b>	<b>150</b>	TEAMOCHAL	K60	2		<b>00:40:58.90</b>	<b>00:40:58.90</b>	+00:17:26 (42.6%)	5:27	11 (57.6%)
207	<b>EMMERT Marcin</b>	<b>314</b>		M30	36		<b>00:41:10.10</b>	<b>00:41:10.10</b>	+00:17:38 (42.8%)	5:29	10.9 (57.1%)
208	<b>MARUT Izabela</b>	<b>152</b>		K30	15		<b>00:41:10.80</b>	<b>00:41:10.80</b>	+00:17:38 (42.9%)	5:29	10.9 (57.1%)
209	<b>SŁODKI Tymoteusz</b>	<b>305</b>		M19	9		<b>00:41:11.45</b>	<b>00:41:11.45</b>	+00:17:39 (42.9%)	5:29	10.9 (57.1%)
210	<b>KOCINIEWSKI Marcin</b>	<b>104</b>	LKS JANOWO	M30	37	Tak	<b>00:41:19.05</b>	<b>00:41:19.05</b>	+00:17:47 (43.0%)	5:30	10.9 (57.1%)
211	<b>SIKORSKI Jarek</b>	<b>226</b>	RUN BYDGOSZCZ	M40	61		<b>00:41:28.10</b>	<b>00:41:28.10</b>	+00:17:56 (43.3%)	5:31	10.9 (57.1%)
212	<b>PIETRASZAK Tomasz</b>	<b>193</b>	RUN BYDGOSZCZ	M50	24		<b>00:41:28.20</b>	<b>00:41:28.20</b>	+00:17:56 (43.3%)	5:31	10.9 (57.1%)
213	<b>RADOMSKI Łukasz</b>	<b>214</b>		M30	38	Tak	<b>00:41:35.60</b>	<b>00:41:35.60</b>	+00:18:03 (43.4%)	5:32	10.8 (56.5%)
214	<b>GOŁATA Julia</b>	<b>67</b>	WILCZA WATAHA	K19	4	Tak	<b>00:41:48.95</b>	<b>00:41:48.95</b>	+00:18:17 (43.7%)	5:34	10.8 (56.5%)
215	<b>RUMIANOWSKA Anna</b>	<b>220</b>		K30	16		<b>00:42:04.50</b>	<b>00:42:04.50</b>	+00:18:32 (44.1%)	5:36	10.7 (56.0%)
216	<b>SPYCHALSKA Kinga</b>	<b>235</b>		K30	17		<b>00:42:24.80</b>	<b>00:42:24.80</b>	+00:18:52 (44.5%)	5:39	10.6 (55.5%)
217	<b>SZTEJKA Jolanta</b>	<b>251</b>	PGB SPORTOWA PACZKA	K40	21		<b>00:42:37.50</b>	<b>00:42:37.50</b>	+00:19:05 (44.8%)	5:40	10.6 (55.5%)
218	<b>OLSZEWSKA Ewa</b>	<b>180</b>	TG SOKÓŁ GNIEWKOWO	K40	22		<b>00:42:48.95</b>	<b>00:42:48.95</b>	+00:19:17 (45.0%)	5:42	10.5 (55.0%)
219	<b>KARCZMARCZYK Dorota</b>	<b>98</b>		K30	18		<b>00:43:00.35</b>	<b>00:43:00.35</b>	+00:19:28 (45.3%)	5:44	10.5 (55.0%)
220	<b>SZAJDA Magdalena</b>	<b>244</b>		K40	23		<b>00:43:05.80</b>	<b>00:43:05.80</b>	+00:19:33 (45.4%)	5:44	10.4 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
221	<b>SERWIŃSKA Paulina</b>	<b>223</b>		K30	19	Tak	<b>00:43:10.55</b>	<b>00:43:10.55</b>	+00:19:38 (45.5%)	5:45	10.4 (54.5%)
222	<b>DZIEDZIC Agnieszka</b>	<b>50</b>		K30	20		<b>00:43:12.80</b>	<b>00:43:12.80</b>	+00:19:40 (45.5%)	5:45	10.4 (54.5%)
223	<b>JAWORSKI Janusz</b>	<b>89</b>		M50	25		<b>00:43:24.95</b>	<b>00:43:24.95</b>	+00:19:53 (45.8%)	5:47	10.4 (54.5%)
224	<b>GROCHALA Michał</b>	<b>73</b>		M30	39		<b>00:43:36.40</b>	<b>00:43:36.40</b>	+00:20:04 (46.0%)	5:48	10.3 (53.9%)
225	<b>KRÓL Zbigniew</b>	<b>312</b>		M40	62		<b>00:44:01.95</b>	<b>00:44:01.95</b>	+00:20:30 (46.6%)	5:52	10.2 (53.4%)
226	<b>KOWALCZYK Rafał</b>	<b>7</b>	WTLENIE	M40	63		<b>00:44:16.25</b>	<b>00:44:16.25</b>	+00:20:44 (46.8%)	5:54	10.2 (53.4%)
227	<b>MORGUT Marcel</b>	<b>168</b>		M19	10	Tak	<b>00:44:27.95</b>	<b>00:44:27.95</b>	+00:20:56 (47.1%)	5:55	10.1 (52.9%)
228	<b>CYPRYS Filip</b>	<b>38</b>		M19	11	Tak	<b>00:44:49.90</b>	<b>00:44:49.90</b>	+00:21:17 (47.5%)	5:58	10 (52.4%)
229	<b>DUDA Anna</b>	<b>47</b>	RUN BYDGOSZCZ	K30	21		<b>00:44:52.70</b>	<b>00:44:52.70</b>	+00:21:20 (47.6%)	5:58	10 (52.4%)
230	<b>LUZAK Jadwiga</b>	<b>137</b>		K60	3		<b>00:45:02.20</b>	<b>00:45:02.20</b>	+00:21:30 (47.7%)	6:00	10 (52.4%)
231	<b>BUSSE Piotr</b>	<b>33</b>	PGB SPORTOWA PACZKA	M40	64		<b>00:45:07.20</b>	<b>00:45:07.20</b>	+00:21:35 (47.8%)	6:00	10 (52.4%)
232	<b>KAIS Karolina</b>	<b>92</b>		K20	6	Tak	<b>00:45:11.15</b>	<b>00:45:11.15</b>	+00:21:39 (47.9%)	6:01	10 (52.4%)
233	<b>DUDEK-GALANT Anna</b>	<b>48</b>		K30	22	Tak	<b>00:45:11.30</b>	<b>00:45:11.30</b>	+00:21:39 (47.9%)	6:01	10 (52.4%)
234	<b>ZIELIŃSKA Justyna</b>	<b>293</b>	KOLOROWE GACIE	K40	24		<b>00:45:14.05</b>	<b>00:45:14.05</b>	+00:21:42 (48.0%)	6:01	9.9 (51.8%)
235	<b>ZMUDA Aleksandra</b>	<b>299</b>		K40	25	Tak	<b>00:45:18.15</b>	<b>00:45:18.15</b>	+00:21:46 (48.1%)	6:02	9.9 (51.8%)
236	<b>ZMUDA Waldemar</b>	<b>300</b>		M40	65	Tak	<b>00:45:18.30</b>	<b>00:45:18.30</b>	+00:21:46 (48.1%)	6:02	9.9 (51.8%)
237	<b>GADOMSKA Maria</b>	<b>57</b>	RUN BYDGOSZCZ	K70	1		<b>00:45:21.70</b>	<b>00:45:21.70</b>	+00:21:49 (48.1%)	6:02	9.9 (51.8%)
238	<b>WOŹNIACKA Beata</b>	<b>284</b>		K50	3		<b>00:45:35.60</b>	<b>00:45:35.60</b>	+00:22:03 (48.4%)	6:04	9.9 (51.8%)
239	<b>KWIATKOWSKA Małgorzata</b>	<b>128</b>	RUNMORS	K40	26		<b>00:45:53.85</b>	<b>00:45:53.85</b>	+00:22:21 (48.7%)	6:07	9.8 (51.3%)
240	<b>ŁADNIAK Dariusz</b>	<b>138</b>	RUNMORS	M40	66		<b>00:45:54.70</b>	<b>00:45:54.70</b>	+00:22:22 (48.7%)	6:07	9.8 (51.3%)
241	<b>ROGOZIŃSKA Karolina</b>	<b>217</b>	RUNMORS	K30	23		<b>00:45:56.10</b>	<b>00:45:56.10</b>	+00:22:24 (48.8%)	6:07	9.8 (51.3%)
242	<b>KOWALCZYK Magdalena</b>	<b>111</b>		K30	24		<b>00:45:56.35</b>	<b>00:45:56.35</b>	+00:22:24 (48.8%)	6:07	9.8 (51.3%)
243	<b>ŚLIWIŃSKA Malwina</b>	<b>255</b>		K30	25	Tak	<b>00:45:57.00</b>	<b>00:45:57.00</b>	+00:22:25 (48.8%)	6:07	9.8 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Gminy Dąbrowa Chełmińska					
244	<b>NOWAKOWSKA Marta</b>	<b>177</b>	DEAF GARMIN_CUBE	K30	26		<b>00:46:09.35</b>	<b>00:46:09.35</b>	+00:22:37 (49.0%)	6:09	9.8 (51.3%)
245	<b>WITUCKA Joanna</b>	<b>281</b>		K40	27		<b>00:46:21.90</b>	<b>00:46:21.90</b>	+00:22:49 (49.2%)	6:10	9.7 (50.8%)
246	<b>KOWALCZYK Oskar</b>	<b>317</b>		M19	12		<b>00:46:25.60</b>	<b>00:46:25.60</b>	+00:22:53 (49.3%)	6:11	9.7 (50.8%)
247	<b>ŚPICA Dorota</b>	<b>261</b>	RECEPTA NA ZDROWIE	K50	4		<b>00:46:35.00</b>	<b>00:46:35.00</b>	+00:23:03 (49.5%)	6:12	9.7 (50.8%)
248	<b>SERWIŃSKI Paweł</b>	<b>224</b>		M19	13	Tak	<b>00:46:42.35</b>	<b>00:46:42.35</b>	+00:23:10 (49.6%)	6:13	9.6 (50.3%)
249	<b>CIEŚLICKI Krzysztof</b>	<b>36</b>	SISU TEAM	M30	40		<b>00:46:51.45</b>	<b>00:46:51.45</b>	+00:23:19 (49.8%)	6:14	9.6 (50.3%)
250	<b>WIOSNA Tomasz</b>	<b>280</b>	KLUB MAZDASPEED	M30	41		<b>00:46:52.80</b>	<b>00:46:52.80</b>	+00:23:20 (49.8%)	6:14	9.6 (50.3%)
251	<b>POLIWODZIŃSKA Agnieszka</b>	<b>313</b>	WISŁA FORDON	K40	28		<b>00:47:05.45</b>	<b>00:47:05.45</b>	+00:23:33 (50.0%)	6:16	9.6 (50.3%)
252	<b>WIEWIÓRA Agata</b>	<b>276</b>		K40	29		<b>00:47:16.40</b>	<b>00:47:16.40</b>	+00:23:44 (50.2%)	6:18	9.5 (49.7%)
253	<b>WOJTYSZYN Barbara</b>	<b>283</b>		K40	30		<b>00:47:25.45</b>	<b>00:47:25.45</b>	+00:23:53 (50.4%)	6:19	9.5 (49.7%)
254	<b>GOŁATA Kamil</b>	<b>66</b>	WILCZA WATAHA	M19	14	Tak	<b>00:47:34.35</b>	<b>00:47:34.35</b>	+00:24:02 (50.5%)	6:20	9.5 (49.7%)
255	<b>GOŁATA Agnieszka</b>	<b>68</b>	AKADEMIA MISTRZÓW SPORTU	K40	31	Tak	<b>00:47:34.65</b>	<b>00:47:34.65</b>	+00:24:02 (50.5%)	6:20	9.5 (49.7%)
256	<b>BEAUVALE Monika</b>	<b>11</b>	RCR	K40	32		<b>00:47:55.80</b>	<b>00:47:55.80</b>	+00:24:23 (50.9%)	6:23	9.4 (49.2%)
257	<b>ZAWADZKA Małgorzata</b>	<b>292</b>		K40	33	Tak	<b>00:48:01.00</b>	<b>00:48:01.00</b>	+00:24:29 (51.0%)	6:24	9.4 (49.2%)
258	<b>FILARECKA Joanna</b>	<b>52</b>	ZABIEGANE SMOKI	K40	34		<b>00:48:05.55</b>	<b>00:48:05.55</b>	+00:24:33 (51.1%)	6:24	9.4 (49.2%)
259	<b>GĄSZCZAK Tadeusz</b>	<b>60</b>	PĘDZIWIATR	M80	1		<b>00:48:32.00</b>	<b>00:48:32.00</b>	+00:25:00 (51.5%)	6:28	9.3 (48.7%)
260	<b>KOHUTEK Violetta</b>	<b>106</b>		K40	35	Tak	<b>00:49:18.50</b>	<b>00:49:18.50</b>	+00:25:46 (52.3%)	6:34	9.1 (47.6%)
261	<b>MIKOŁAJCZYK Danuta</b>	<b>160</b>		K50	5		<b>00:49:32.05</b>	<b>00:49:32.05</b>	+00:26:00 (52.5%)	6:36	9.1 (47.6%)
262	<b>MOLEND Justyna</b>	<b>164</b>	ZABIEGANE SMOKI	K40	36		<b>00:49:32.70</b>	<b>00:49:32.70</b>	+00:26:00 (52.5%)	6:36	9.1 (47.6%)
263	<b>ŻYMAN-T-SŁODKA Magdalena</b>	<b>306</b>		K40	37		<b>00:49:46.55</b>	<b>00:49:46.55</b>	+00:26:14 (52.7%)	6:38	9 (47.1%)
264	<b>WICHTOWSKA Ewa</b>	<b>307</b>		K30	27		<b>00:49:48.55</b>	<b>00:49:48.55</b>	+00:26:16 (52.8%)	6:38	9 (47.1%)
265	<b>WICHTOWSKI Radosław</b>	<b>308</b>		M30	42		<b>00:49:48.75</b>	<b>00:49:48.75</b>	+00:26:16 (52.8%)	6:38	9 (47.1%)
266	<b>SMARZ Joanna</b>	<b>232</b>		K30	28		<b>00:49:50.10</b>	<b>00:49:50.10</b>	+00:26:18 (52.8%)	6:38	9 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
267	<b>KUK Sylwia</b>	<b>320</b>		K40	38		<b>00:49:51.30</b>	<b>00:49:51.30</b>	+00:26:19 (52.8%)	6:38	9 (47.1%)
268	<b>MOSUR-GALICKA Angelina</b>	<b>170</b>	AKADEMIA MISTRZÓW SPORTU	K50	6		<b>00:49:51.40</b>	<b>00:49:51.40</b>	+00:26:19 (52.8%)	6:38	9 (47.1%)
269	<b>SŁODKI Sebastian</b>	<b>304</b>		M40	67		<b>00:49:52.70</b>	<b>00:49:52.70</b>	+00:26:20 (52.8%)	6:38	9 (47.1%)
270	<b>GRABSKA- ZIELIŃSKA Sylwia</b>	<b>70</b>		K30	29		<b>00:49:55.90</b>	<b>00:49:55.90</b>	+00:26:23 (52.9%)	6:39	9 (47.1%)
271	<b>BIELICKA Marta</b>	<b>14</b>		K30	30		<b>00:50:10.35</b>	<b>00:50:10.35</b>	+00:26:38 (53.1%)	6:41	9 (47.1%)
272	<b>BORZYSZKOWSKI Grzegorz</b>	<b>25</b>	STARY FORDON	M40	68		<b>00:50:15.05</b>	<b>00:50:15.05</b>	+00:26:43 (53.2%)	6:42	9 (47.1%)
273	<b>LENC Janusz</b>	<b>130</b>	TKKF KOLEJARZ BYDGOSZCZ	M60	20		<b>00:50:18.20</b>	<b>00:50:18.20</b>	+00:26:46 (53.2%)	6:42	8.9 (46.6%)
274	<b>POPOWSKA Barbara</b>	<b>199</b>	RUN BYDGOSZCZ	K60	4		<b>00:50:21.90</b>	<b>00:50:21.90</b>	+00:26:49 (53.3%)	6:42	8.9 (46.6%)
275	<b>POPOWSKI Zbigniew</b>	<b>315</b>	RUN BYDGOSZCZ	M60	21		<b>00:50:22.20</b>	<b>00:50:22.20</b>	+00:26:50 (53.3%)	6:42	8.9 (46.6%)
276	<b>DUDZIAK Michał</b>	<b>49</b>	KP	M30	43		<b>00:50:35.05</b>	<b>00:50:35.05</b>	+00:27:03 (53.5%)	6:44	8.9 (46.6%)
277	<b>MORGUT Karol</b>	<b>165</b>		M40	69	Tak	<b>00:51:42.30</b>	<b>00:51:42.30</b>	+00:28:10 (54.5%)	6:53	8.7 (45.5%)
278	<b>TWARDOWSKI Wojciech</b>	<b>269</b>	RUN BYDGOSZCZ	M50	26		<b>00:52:04.95</b>	<b>00:52:04.95</b>	+00:28:33 (54.8%)	6:56	8.6 (45.0%)
279	<b>JAKUBOWSKA Sabina</b>	<b>86</b>		K30	31		<b>00:52:42.90</b>	<b>00:52:42.90</b>	+00:29:10 (55.4%)	7:01	8.5 (44.5%)
280	<b>MISUN Mariola</b>	<b>161</b>	AKADEMIA MISTRZÓW SPORTU	K60	5		<b>00:53:01.85</b>	<b>00:53:01.85</b>	+00:29:29 (55.6%)	7:04	8.5 (44.5%)
281	<b>KONNAK-BAK Marta</b>	<b>108</b>		K30	32	Tak	<b>00:53:42.95</b>	<b>00:53:42.95</b>	+00:30:11 (56.2%)	7:09	8.4 (44.0%)
282	<b>BAK Łukasz</b>	<b>10</b>		M30	44	Tak	<b>00:53:43.50</b>	<b>00:53:43.50</b>	+00:30:11 (56.2%)	7:09	8.4 (44.0%)
283	<b>MORGUT Iza</b>	<b>166</b>		K19	5	Tak	<b>00:55:24.10</b>	<b>00:55:24.10</b>	+00:31:52 (57.5%)	7:23	8.1 (42.4%)
284	<b>SULKOWSKA Jadwiga</b>	<b>240</b>		K50	7		<b>00:56:50.75</b>	<b>00:56:50.75</b>	+00:33:18 (58.6%)	7:34	7.9 (41.4%)
285	<b>ANGIEL Władysław</b>	<b>3</b>	TKKF KOLEJARZ BYDGOSZCZ	M80	2		<b>00:57:34.30</b>	<b>00:57:34.30</b>	+00:34:02 (59.1%)	7:40	7.8 (40.8%)

Znaleziono 285 wynik(ów)