



Ludowy Klub Sportowy
OSTROMECKO

XXXV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2022-10-02
Miejsce: Ostromecko
Dystans: 7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	OCHAL Olga	321	TEAMOCHAL	K30	1		00:25:36.40	00:25:36.40		3:24	17.6 (100%)
2	MALICKA-ZACNIEWSKA Agata	28		K30	2		00:29:15.90	00:29:15.90	+00:03:39 (12.5%)	3:54	15.4 (87.5%)
3	KOWALSKA Angelika	113	TRISPACE TREK	K40	1		00:29:26.00	00:29:26.00	+00:03:49 (13.0%)	3:55	15.3 (86.9%)
4	PIOTROWSKA Katarzyna	325		K30	3		00:29:55.95	00:29:55.95	+00:04:19 (14.5%)	3:59	15 (85.2%)
5	KRZYŻYKOWSKA Dominika	122		K19	1		00:30:03.90	00:30:03.90	+00:04:27 (14.8%)	4:00	15 (85.2%)
6	RUCHLEWICZ Natalia	219		K20	1		00:30:11.05	00:30:11.05	+00:04:34 (15.2%)	4:01	14.9 (84.7%)
7	WOŹNIAKOWSKA Agata	285	WTLENIE	K30	4		00:30:14.90	00:30:14.90	+00:04:38 (15.3%)	4:01	14.9 (84.7%)
8	MAKOWSKA Danuta	311	ABIC JABŁONOWO	K40	2		00:30:34.00	00:30:34.00	+00:04:57 (16.2%)	4:04	14.7 (83.5%)
9	STASZKIEWICZ Lucyna	236	STASHKY TEAM	K50	1		00:32:10.15	00:32:10.15	+00:06:33 (20.4%)	4:17	14 (79.5%)
10	GRABARSKA Magdalena	69		K30	5		00:32:24.10	00:32:24.10	+00:06:47 (21.0%)	4:19	13.9 (79.0%)
11	KRASKA Maria	116	8K-PBOT	K20	2	Tak	00:32:29.40	00:32:29.40	+00:06:53 (21.2%)	4:19	13.9 (79.0%)
12	JAROCKA Beata	88		K40	3	Tak	00:32:38.10	00:32:38.10	+00:07:01 (21.5%)	4:21	13.8 (78.4%)
13	WARCZAK Alicja	316	ZAWISZA / TEAM OCHAL	K19	2		00:32:52.35	00:32:52.35	+00:07:15 (22.1%)	4:22	13.7 (77.8%)
14	WUJEK Magdalena	287	RUN BYDGOSZCZ	K30	6		00:33:18.70	00:33:18.70	+00:07:42 (23.1%)	4:26	13.5 (76.7%)
15	DEJNECKA Ewa	336	KLAUDIUSZ WALENDZIAK	K30	7		00:33:18.95	00:33:18.95	+00:07:42 (23.1%)	4:26	13.5 (76.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
16	FAJFER Martyna	51		K20	3	Tak	00:33:22.90	00:33:22.90	+00:07:46 (23.3%)	4:26	13.5 (76.7%)
17	BŁAŻEJAK Krzysia	17	WTLENIE	K40	4		00:33:38.55	00:33:38.55	+00:08:02 (23.9%)	4:29	13.4 (76.1%)
18	SMAŻYK Ewelina	233	W TLENIE	K40	5		00:33:42.00	00:33:42.00	+00:08:05 (24.0%)	4:29	13.4 (76.1%)
19	FRĄCKOWIAK Agata	55	KOTLOWSKIRUNTEAM	K20	4		00:34:06.95	00:34:06.95	+00:08:30 (24.9%)	4:32	13.2 (75.0%)
20	MAJCHRZAK Katarzyna	142		K30	8		00:34:49.25	00:34:49.25	+00:09:12 (26.5%)	4:38	12.9 (73.3%)
21	LUZAK Magdalena	135		K30	9		00:35:00.45	00:35:00.45	+00:09:24 (26.9%)	4:40	12.9 (73.3%)
22	WASILEWSKA Agata	273	AMS BYDGOSZCZ	K40	6		00:35:27.55	00:35:27.55	+00:09:51 (27.8%)	4:43	12.7 (72.2%)
23	ĆWIKLIŃSKA Anna	40	ASSECO ACTIVE TEAM / AKADEMIA MISTRZÓW SPORTU	K40	7		00:35:48.45	00:35:48.45	+00:10:12 (28.5%)	4:46	12.6 (71.6%)
24	GANDZIAROWSKA Anna	58		K30	10	Tak	00:36:20.00	00:36:20.00	+00:10:43 (29.5%)	4:50	12.4 (70.5%)
25	GROCHOWSKA Daria	74	ADIDAS RUNNERS WARSAW	K40	8		00:36:41.35	00:36:41.35	+00:11:04 (30.2%)	4:53	12.3 (69.9%)
26	KLAWIKOWSKA Julita	101	TKKF KOLEJARZ BYDGOSZCZ	K30	11		00:36:48.10	00:36:48.10	+00:11:11 (30.4%)	4:54	12.2 (69.3%)
27	ŁUCZAK Anna	140	TKKF KOLEJARZ BYDGOSZCZ	K40	9		00:37:03.25	00:37:03.25	+00:11:26 (30.9%)	4:56	12.1 (68.8%)
28	WAKUŁA-KUNZ Wanda	271		K40	10		00:37:58.50	00:37:58.50	+00:12:22 (32.6%)	5:03	11.9 (67.6%)
29	TOCZKIEWICZ Kaja	265	TEAMOCHAL	K19	3		00:38:15.40	00:38:15.40	+00:12:39 (33.1%)	5:06	11.8 (67.0%)
30	PRIETZ Monika	204		K30	12		00:38:56.80	00:38:56.80	+00:13:20 (34.3%)	5:11	11.6 (65.9%)
31	STEJUK Aleksandra	238	AKADEMIA MISTRZÓW SPORTU	K40	11		00:39:02.05	00:39:02.05	+00:13:25 (34.4%)	5:12	11.5 (65.3%)
32	POTRZEBOWSKA Agata	200	DEAF I #B3K, ŁĄCZA NAS PASJE	K30	13		00:39:06.95	00:39:06.95	+00:13:30 (34.5%)	5:12	11.5 (65.3%)
33	ZIELIŃSKA Barbara	294	SHUGO	K40	12		00:39:15.25	00:39:15.25	+00:13:38 (34.8%)	5:14	11.5 (65.3%)
34	BOROWICZ Anna	23		K40	13		00:39:30.40	00:39:30.40	+00:13:54 (35.2%)	5:16	11.4 (64.8%)
35	RADKIEWICZ Beata	211	TEAMOCHAL	K40	14		00:39:43.15	00:39:43.15	+00:14:06 (35.5%)	5:17	11.3 (64.2%)
36	CABAJ Agata	34		K20	5		00:39:50.90	00:39:50.90	+00:14:14 (35.7%)	5:18	11.3 (64.2%)
37	PISKORSKA Marta	196		K40	15		00:39:54.15	00:39:54.15	+00:14:17 (35.8%)	5:19	11.3 (64.2%)
38	WRÓBLEWSKA Joanna	286		K50	2		00:39:57.70	00:39:57.70	+00:14:21 (35.9%)	5:19	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
39	KURBIEL-SYROCKA Aleksandra	127		K30	14		00:40:00.75	00:40:00.75	+00:14:24 (36.0%)	5:20	11.3 (64.2%)
40	DAWGUL Hanna	42	AKADEMIA MISTRZÓW SPORTU	K40	16		00:40:01.90	00:40:01.90	+00:14:25 (36.0%)	5:20	11.2 (63.6%)
41	AGACIAK Elzbieta	1		K40	17		00:40:11.90	00:40:11.90	+00:14:35 (36.3%)	5:21	11.2 (63.6%)
42	HALAREWICZ Joanna	81		K40	18	Tak	00:40:15.35	00:40:15.35	+00:14:38 (36.4%)	5:22	11.2 (63.6%)
43	PIONTEK Elżbieta	195		K60	1		00:40:26.40	00:40:26.40	+00:14:50 (36.7%)	5:23	11.1 (63.1%)
44	SKONIECZNA Marlena	230	BIEGIEM PO MARZENIA	K40	19		00:40:28.80	00:40:28.80	+00:14:52 (36.7%)	5:23	11.1 (63.1%)
45	KACZOR-DRABIK Joanna	327		K40	20		00:40:29.10	00:40:29.10	+00:14:52 (36.8%)	5:23	11.1 (63.1%)
46	MANDOSIK Bernadeta	150	TEAMOCHAL	K60	2		00:40:58.90	00:40:58.90	+00:15:22 (37.5%)	5:27	11 (62.5%)
47	MARUT Izabela	152		K30	15		00:41:10.80	00:41:10.80	+00:15:34 (37.8%)	5:29	10.9 (61.9%)
48	GOŁATA Julia	67	WILCZA WATAHA	K19	4	Tak	00:41:48.95	00:41:48.95	+00:16:12 (38.8%)	5:34	10.8 (61.4%)
49	RUMIANOWSKA Anna	220		K30	16		00:42:04.50	00:42:04.50	+00:16:28 (39.1%)	5:36	10.7 (60.8%)
50	SPYCHALSKA Kinga	235		K30	17		00:42:24.80	00:42:24.80	+00:16:48 (39.6%)	5:39	10.6 (60.2%)
51	SZTEJKA Jolanta	251	PGB SPORTOWA PACZKA	K40	21		00:42:37.50	00:42:37.50	+00:17:01 (39.9%)	5:40	10.6 (60.2%)
52	OLSZEWSKA Ewa	180	TG SOKÓŁ GNIEWKOWO	K40	22		00:42:48.95	00:42:48.95	+00:17:12 (40.2%)	5:42	10.5 (59.7%)
53	KARCZMARCZYK Dorota	98		K30	18		00:43:00.35	00:43:00.35	+00:17:23 (40.5%)	5:44	10.5 (59.7%)
54	SZAJDA Magdalena	244		K40	23		00:43:05.80	00:43:05.80	+00:17:29 (40.6%)	5:44	10.4 (59.1%)
55	SERWIŃSKA Paulina	223		K30	19	Tak	00:43:10.55	00:43:10.55	+00:17:34 (40.7%)	5:45	10.4 (59.1%)
56	DZIEDZIC Agnieszka	50		K30	20		00:43:12.80	00:43:12.80	+00:17:36 (40.7%)	5:45	10.4 (59.1%)
57	DUDA Anna	47	RUN BYDGOSZCZ	K30	21		00:44:52.70	00:44:52.70	+00:19:16 (42.9%)	5:58	10 (56.8%)
58	LUZAK Jadwiga	137		K60	3		00:45:02.20	00:45:02.20	+00:19:25 (43.1%)	6:00	10 (56.8%)
59	KAIS Karolina	92		K20	6	Tak	00:45:11.15	00:45:11.15	+00:19:34 (43.3%)	6:01	10 (56.8%)
60	DUDEK-GALANT Anna	48		K30	22	Tak	00:45:11.30	00:45:11.30	+00:19:34 (43.3%)	6:01	10 (56.8%)
61	ZIELIŃSKA Justyna	293	KOLOROWE GACIE	K40	24		00:45:14.05	00:45:14.05	+00:19:37 (43.4%)	6:01	9.9 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
62	ZMUDA Aleksandra	299		K40	25	Tak	00:45:18.15	00:45:18.15	+00:19:41 (43.5%)	6:02	9.9 (56.3%)
63	GADOMSKA Maria	57	RUN BYDGOSZCZ	K70	1		00:45:21.70	00:45:21.70	+00:19:45 (43.5%)	6:02	9.9 (56.3%)
64	WOŹNIACKA Beata	284		K50	3		00:45:35.60	00:45:35.60	+00:19:59 (43.8%)	6:04	9.9 (56.3%)
65	KWIATKOWSKA Małgorzata	128	RUNMORS	K40	26		00:45:53.85	00:45:53.85	+00:20:17 (44.2%)	6:07	9.8 (55.7%)
66	ROGOZIŃSKA Karolina	217	RUNMORS	K30	23		00:45:56.10	00:45:56.10	+00:20:19 (44.3%)	6:07	9.8 (55.7%)
67	KOWALCZYK Magdalena	111		K30	24		00:45:56.35	00:45:56.35	+00:20:19 (44.3%)	6:07	9.8 (55.7%)
68	ŚLIWIŃSKA Malwina	255		K30	25	Tak	00:45:57.00	00:45:57.00	+00:20:20 (44.3%)	6:07	9.8 (55.7%)
69	NOWAKOWSKA Marta	177	DEAF GARMIN_CUBE	K30	26		00:46:09.35	00:46:09.35	+00:20:32 (44.5%)	6:09	9.8 (55.7%)
70	WITUCKA Joanna	281		K40	27		00:46:21.90	00:46:21.90	+00:20:45 (44.8%)	6:10	9.7 (55.1%)
71	ŚPICA Dorota	261	RECEPTA NA ZDROWIE	K50	4		00:46:35.00	00:46:35.00	+00:20:58 (45.0%)	6:12	9.7 (55.1%)
72	POLIWODZIŃSKA Agnieszka	313	WISŁA FORDON	K40	28		00:47:05.45	00:47:05.45	+00:21:29 (45.6%)	6:16	9.6 (54.5%)
73	WIEWIÓRA Agata	276		K40	29		00:47:16.40	00:47:16.40	+00:21:40 (45.8%)	6:18	9.5 (54.0%)
74	WOJTYSZYN Barbara	283		K40	30		00:47:25.45	00:47:25.45	+00:21:49 (46.0%)	6:19	9.5 (54.0%)
75	GOŁATA Agnieszka	68	AKADEMIA MISTRZÓW SPORTU	K40	31	Tak	00:47:34.65	00:47:34.65	+00:21:58 (46.2%)	6:20	9.5 (54.0%)
76	BEAUVALE Monika	11	RCR	K40	32		00:47:55.80	00:47:55.80	+00:22:19 (46.6%)	6:23	9.4 (53.4%)
77	ZAWADZKA Małgorzata	292		K40	33	Tak	00:48:01.00	00:48:01.00	+00:22:24 (46.7%)	6:24	9.4 (53.4%)
78	FILARECKA Joanna	52	ZABIEGANE SMOKI	K40	34		00:48:05.55	00:48:05.55	+00:22:29 (46.8%)	6:24	9.4 (53.4%)
79	KOHUTEK Violetta	106		K40	35	Tak	00:49:18.50	00:49:18.50	+00:23:42 (48.1%)	6:34	9.1 (51.7%)
80	MIKOŁAJCZYK Danuta	160		K50	5		00:49:32.05	00:49:32.05	+00:23:55 (48.3%)	6:36	9.1 (51.7%)
81	MOLENDĄ Justyna	164	ZABIEGANE SMOKI	K40	36		00:49:32.70	00:49:32.70	+00:23:56 (48.3%)	6:36	9.1 (51.7%)
82	ŻYMANT-SŁODKA Magdalena	306		K40	37		00:49:46.55	00:49:46.55	+00:24:10 (48.6%)	6:38	9 (51.1%)
83	WICHTOWSKA Ewa	307		K30	27		00:49:48.55	00:49:48.55	+00:24:12 (48.6%)	6:38	9 (51.1%)
84	SMARZ Joanna	232		K30	28		00:49:50.10	00:49:50.10	+00:24:13 (48.6%)	6:38	9 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
85	KUK Sylwia	320		K40	38		00:49:51.30	00:49:51.30	+00:24:14 (48.6%)	6:38	9 (51.1%)
86	MOSUR-GALICKA Angelina	170	AKADEMIA MISTRZÓW SPORTU	K50	6		00:49:51.40	00:49:51.40	+00:24:15 (48.6%)	6:38	9 (51.1%)
87	GRABSKA-ZIELIŃSKA Sylwia	70		K30	29		00:49:55.90	00:49:55.90	+00:24:19 (48.7%)	6:39	9 (51.1%)
88	BIELICKA Marta	14		K30	30		00:50:10.35	00:50:10.35	+00:24:33 (49.0%)	6:41	9 (51.1%)
89	POPOWSKA Barbara	199	RUN BYDGOSZCZ	K60	4		00:50:21.90	00:50:21.90	+00:24:45 (49.2%)	6:42	8.9 (50.6%)
90	JAKUBOWSKA Sabina	86		K30	31		00:52:42.90	00:52:42.90	+00:27:06 (51.4%)	7:01	8.5 (48.3%)
91	MISUN Mariola	161	AKADEMIA MISTRZÓW SPORTU	K60	5		00:53:01.85	00:53:01.85	+00:27:25 (51.7%)	7:04	8.5 (48.3%)
92	KONNAK-BĄK Marta	108		K30	32	Tak	00:53:42.95	00:53:42.95	+00:28:06 (52.3%)	7:09	8.4 (47.7%)
93	MORGUT Iza	166		K19	5	Tak	00:55:24.10	00:55:24.10	+00:29:47 (53.8%)	7:23	8.1 (46.0%)
94	SULKOWSKA Jadwiga	240		K50	7		00:56:50.75	00:56:50.75	+00:31:14 (55.0%)	7:34	7.9 (44.9%)

Znaleziono 94 wynik(ów)