



Ludowy Klub Sportowy
OSTROMECKO

XXXV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2022-10-02
Miejsce: Ostromecko
Dystans: 7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	KOWALSKA Angelika	113	TRISPACE TREK	K40	1		00:29:26.00	00:29:26.00		3:55	15.3 (100%)
2	MAKOWSKA Danuta	311	ABIC JABŁONOWO	K40	2		00:30:34.00	00:30:34.00	+00:01:08 (3.7%)	4:04	14.7 (96.1%)
3	JAROCKA Beata	88		K40	3	Tak	00:32:38.10	00:32:38.10	+00:03:12 (9.8%)	4:21	13.8 (90.2%)
4	BŁAŻEJAK Krzysia	17	WTLENIE	K40	4		00:33:38.55	00:33:38.55	+00:04:12 (12.5%)	4:29	13.4 (87.6%)
5	SMAŻYK Ewelina	233	W TLENIE	K40	5		00:33:42.00	00:33:42.00	+00:04:16 (12.7%)	4:29	13.4 (87.6%)
6	WASILEWSKA Agata	273	AMS BYDGOSZCZ	K40	6		00:35:27.55	00:35:27.55	+00:06:01 (17.0%)	4:43	12.7 (83.0%)
7	ĆWIKLIŃSKA Anna	40	ASSECO ACTIVE TEAM / AKADEMIA MISTRZÓW SPORTU	K40	7		00:35:48.45	00:35:48.45	+00:06:22 (17.8%)	4:46	12.6 (82.4%)
8	GROCHOWSKA Daria	74	ADIDAS RUNNERS WARSAW	K40	8		00:36:41.35	00:36:41.35	+00:07:15 (19.8%)	4:53	12.3 (80.4%)
9	ŁUCZAK Anna	140	TKKF KOLEJARZ BYDGOSZCZ	K40	9		00:37:03.25	00:37:03.25	+00:07:37 (20.6%)	4:56	12.1 (79.1%)
10	WAKUŁA-KUNZ Wanda	271		K40	10		00:37:58.50	00:37:58.50	+00:08:32 (22.5%)	5:03	11.9 (77.8%)
11	STEJUK Aleksandra	238	AKADEMIA MISTRZÓW SPORTU	K40	11		00:39:02.05	00:39:02.05	+00:09:36 (24.6%)	5:12	11.5 (75.2%)
12	ZIELIŃSKA Barbara	294	SHUGO	K40	12		00:39:15.25	00:39:15.25	+00:09:49 (25.0%)	5:14	11.5 (75.2%)
13	BOROWICZ Anna	23		K40	13		00:39:30.40	00:39:30.40	+00:10:04 (25.5%)	5:16	11.4 (74.5%)
14	RADKIEWICZ Beata	211	TEAMOCHAL	K40	14		00:39:43.15	00:39:43.15	+00:10:17 (25.9%)	5:17	11.3 (73.9%)
15	PISKORSKA Marta	196		K40	15		00:39:54.15	00:39:54.15	+00:10:28 (26.2%)	5:19	11.3 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
16	DAWGUL Hanna	42	AKADEMIA MISTRZÓW SPORTU	K40	16		00:40:01.90	00:40:01.90	+00:10:35 (26.5%)	5:20	11.2 (73.2%)
17	AGACIAK Elzbieta	1		K40	17		00:40:11.90	00:40:11.90	+00:10:45 (26.8%)	5:21	11.2 (73.2%)
18	HALAREWICZ Joanna	81		K40	18	Tak	00:40:15.35	00:40:15.35	+00:10:49 (26.9%)	5:22	11.2 (73.2%)
19	SKONIECZNA Marlena	230	BIEGIEM PO MARZENIA	K40	19		00:40:28.80	00:40:28.80	+00:11:02 (27.3%)	5:23	11.1 (72.5%)
20	KACZOR-DRABIK Joanna	327		K40	20		00:40:29.10	00:40:29.10	+00:11:03 (27.3%)	5:23	11.1 (72.5%)
21	SZTEJKA Jolanta	251	PGB SPORTOWA PACZKA	K40	21		00:42:37.50	00:42:37.50	+00:13:11 (30.9%)	5:40	10.6 (69.3%)
22	OLSZEWSKA Ewa	180	TG SOKÓŁ GNIEWKOWO	K40	22		00:42:48.95	00:42:48.95	+00:13:22 (31.3%)	5:42	10.5 (68.6%)
23	SZAJDA Magdalena	244		K40	23		00:43:05.80	00:43:05.80	+00:13:39 (31.7%)	5:44	10.4 (68.0%)
24	ZIELIŃSKA Justyna	293	KOLOROWE GACIE	K40	24		00:45:14.05	00:45:14.05	+00:15:48 (34.9%)	6:01	9.9 (64.7%)
25	ZMUDA Aleksandra	299		K40	25	Tak	00:45:18.15	00:45:18.15	+00:15:52 (35.0%)	6:02	9.9 (64.7%)
26	KWIATKOWSKA Małgorzata	128	RUNMORS	K40	26		00:45:53.85	00:45:53.85	+00:16:27 (35.9%)	6:07	9.8 (64.1%)
27	WITUCKA Joanna	281		K40	27		00:46:21.90	00:46:21.90	+00:16:55 (36.5%)	6:10	9.7 (63.4%)
28	POLIWODZIŃSKA Agnieszka	313	WISŁA FORDON	K40	28		00:47:05.45	00:47:05.45	+00:17:39 (37.5%)	6:16	9.6 (62.7%)
29	WIEWIÓRA Agata	276		K40	29		00:47:16.40	00:47:16.40	+00:17:50 (37.7%)	6:18	9.5 (62.1%)
30	WOJTYSZYN Barbara	283		K40	30		00:47:25.45	00:47:25.45	+00:17:59 (37.9%)	6:19	9.5 (62.1%)
31	GOŁATA Agnieszka	68	AKADEMIA MISTRZÓW SPORTU	K40	31	Tak	00:47:34.65	00:47:34.65	+00:18:08 (38.1%)	6:20	9.5 (62.1%)
32	BEAUVALE Monika	11	RCR	K40	32		00:47:55.80	00:47:55.80	+00:18:29 (38.6%)	6:23	9.4 (61.4%)
33	ZAWADZKA Małgorzata	292		K40	33	Tak	00:48:01.00	00:48:01.00	+00:18:35 (38.7%)	6:24	9.4 (61.4%)
34	FILARECKA Joanna	52	ZABIEGANE SMOKI	K40	34		00:48:05.55	00:48:05.55	+00:18:39 (38.8%)	6:24	9.4 (61.4%)
35	KOHUTEK Violetta	106		K40	35	Tak	00:49:18.50	00:49:18.50	+00:19:52 (40.3%)	6:34	9.1 (59.5%)
36	MOLENDĄ Justyna	164	ZABIEGANE SMOKI	K40	36		00:49:32.70	00:49:32.70	+00:20:06 (40.6%)	6:36	9.1 (59.5%)
37	ŻYMANĆ-SŁODKA Magdalena	306		K40	37		00:49:46.55	00:49:46.55	+00:20:20 (40.9%)	6:38	9 (58.8%)
38	KUK Sylwia	320		K40	38		00:49:51.30	00:49:51.30	+00:20:25 (41.0%)	6:38	9 (58.8%)

