



Ludowy Klub Sportowy
OSTROMECKO

XXXV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2022-10-02
Miejsce: Ostromecko
Dystans: 7.5 km

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	PRZYBYŁA Adrian	207	RUN GOKU TEAM	M30	1		00:23:31.95	00:23:31.95		3:08	19.1 (100%)
2	OCHAL Pawel	322	TEAMOCHAL	M40	1		00:23:47.55	00:23:47.55	+00:00:15 (1.1%)	3:10	18.9 (99.0%)
3	RATAJCZYK Przemysław	215	TKKF KOLEJARZ BYDGOSZCZ	M20	1		00:23:51.80	00:23:51.80	+00:00:19 (1.4%)	3:10	18.9 (99.0%)
4	KOTŁOWSKI Bartosz	110	LKS OSTROMECKO	M30	2	Tak	00:24:27.70	00:24:27.70	+00:00:55 (3.8%)	3:15	18.4 (96.3%)
5	GRUSZKA Gracjan	78	CWZS ZAWISZA BYDGOSZCZ SL	M20	2		00:25:06.40	00:25:06.40	+00:01:34 (6.3%)	3:20	17.9 (93.7%)
6	PAWŁOWSKI Tomasz	189		M20	3		00:25:40.10	00:25:40.10	+00:02:08 (8.3%)	3:25	17.5 (91.6%)
7	ŁAZ Kamil	139	WTLENIE	M30	3		00:25:56.30	00:25:56.30	+00:02:24 (9.3%)	3:27	17.4 (91.1%)
8	SULKOWSKI Zdzisław	241	TKKF KOLEJARZ BYDGOSZCZ	M50	1		00:26:15.95	00:26:15.95	+00:02:44 (10.4%)	3:30	17.1 (89.5%)
9	TUCZYŃSKI Sylwester Leon	268		M30	4		00:26:20.80	00:26:20.80	+00:02:48 (10.7%)	3:30	17.1 (89.5%)
10	GLUGLA Mariusz	63	THE RUNNERS ŚWIECIE	M40	2		00:26:27.15	00:26:27.15	+00:02:55 (11.0%)	3:31	17 (89.0%)
11	RYMER Jakub	221		M30	5		00:26:48.55	00:26:48.55	+00:03:16 (12.2%)	3:34	16.8 (88.0%)
12	ŚLIWIŃSKI Łukasz	256	LKS OSTROMECKO	M30	6	Tak	00:26:58.00	00:26:58.00	+00:03:26 (12.7%)	3:35	16.7 (87.4%)
13	DONARSKI Franciszek	45		M19	1		00:27:07.80	00:27:07.80	+00:03:35 (13.3%)	3:36	16.6 (86.9%)
14	RETECKI Krzysztof	216	LKS BOGMAR / GINTER-EKOTECHNIKA / PRESTO	M40	3	Tak	00:27:11.65	00:27:11.65	+00:03:39 (13.5%)	3:37	16.6 (86.9%)
15	KOLMAJER Rafał	107	TEAMOCHAL	M40	4	Tak	00:27:16.20	00:27:16.20	+00:03:44 (13.7%)	3:38	16.5 (86.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
16	SPYCHALSKI Tomasz	326	ANWILTEAM	M40	5		00:27:32.55	00:27:32.55	+00:04:00 (14.6%)	3:40	16.3 (85.3%)
17	JAGIEŁA Jarosław	84	TKKF KOLEJARZ BYDGOSZCZ	M50	2		00:27:41.10	00:27:41.10	+00:04:09 (15.0%)	3:41	16.3 (85.3%)
18	SZLINGER Jakub	279	PGB SPORTOWA PACZKA	M30	7		00:27:52.45	00:27:52.45	+00:04:20 (15.6%)	3:42	16.1 (84.3%)
19	MENDEL Patryk	156	TM IRON TEAM	M20	4		00:28:24.40	00:28:24.40	+00:04:52 (17.2%)	3:47	15.8 (82.7%)
20	KARCZMARCZYK Mateusz	97		M30	8		00:28:41.70	00:28:41.70	+00:05:09 (18.0%)	3:49	15.7 (82.2%)
21	KRZYWDZIŃSKI Dominik	121	UKB SZUBIN	M19	2		00:28:54.90	00:28:54.90	+00:05:22 (18.6%)	3:51	15.6 (81.7%)
22	HOPPE Tomasz	323	CB 163	M40	6		00:28:56.45	00:28:56.45	+00:05:24 (18.7%)	3:51	15.6 (81.7%)
23	KUBIAK Tomasz	123	TG SOKÓŁ GNIEWKOWO	M40	7		00:28:59.10	00:28:59.10	+00:05:27 (18.8%)	3:51	15.5 (81.2%)
24	DĄBROWSKI Paweł	43	ATLASBIEGOW.PL	M20	5		00:29:05.00	00:29:05.00	+00:05:33 (19.1%)	3:52	15.5 (81.2%)
25	GOŁATA Wojciech	65	AKADEMIA MISTRZÓW SPORTU	M40	8	Tak	00:29:06.90	00:29:06.90	+00:05:34 (19.2%)	3:52	15.5 (81.2%)
26	GREGROWSKI Krzysztof	72	PGB SPORTOWA PACZKA	M40	9		00:29:07.05	00:29:07.05	+00:05:35 (19.2%)	3:52	15.5 (81.2%)
27	FUZ Marek	56	KABEL TEAM BYDGOSZCZ	M50	3		00:29:09.55	00:29:09.55	+00:05:37 (19.3%)	3:53	15.4 (80.6%)
28	ZAKURZEWSKI Paweł	319		M19	3		00:29:12.70	00:29:12.70	+00:05:40 (19.4%)	3:53	15.4 (80.6%)
29	SKRZECZEWSKI Bartosz	231		M30	9		00:29:23.35	00:29:23.35	+00:05:51 (19.9%)	3:55	15.3 (80.1%)
30	ŻAROŃ Sławomir	301	EBUD-DOM	M60	1		00:29:28.60	00:29:28.60	+00:05:56 (20.2%)	3:55	15.3 (80.1%)
31	PRĄDZYŃSKI Marcin	202	AKADEMIAMISTRZOWSPORTU	M40	10		00:29:35.15	00:29:35.15	+00:06:03 (20.5%)	3:56	15.2 (79.6%)
32	SZALA Wojciech	245		M20	6		00:29:36.70	00:29:36.70	+00:06:04 (20.5%)	3:56	15.2 (79.6%)
33	ZAKURZEWSKI Tomasz	291	TRISPACE/TREK	M40	11		00:29:39.50	00:29:39.50	+00:06:07 (20.7%)	3:57	15.2 (79.6%)
34	GRALIK Jędrzej	71	BYDGOSKIE OKONIE	M30	10		00:29:40.25	00:29:40.25	+00:06:08 (20.7%)	3:57	15.2 (79.6%)
35	GILL Daniel	61		M40	12		00:29:40.65	00:29:40.65	+00:06:08 (20.7%)	3:57	15.2 (79.6%)
36	POLIWODZIŃSKI Mateusz	198	WISŁA FORDON	M19	4		00:29:58.70	00:29:58.70	+00:06:26 (21.5%)	3:59	15 (78.5%)
37	BOJKE Mirosław	20		M40	13		00:30:02.35	00:30:02.35	+00:06:30 (21.7%)	4:00	15 (78.5%)
38	KAPSA Dawid	96	TRISPACE/TREK	M40	14		00:30:02.40	00:30:02.40	+00:06:30 (21.7%)	4:00	15 (78.5%)

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39	MATERN Andrzej	153	PGB SPORTOWA PACZKA	M40	15		00:30:08.40	00:30:08.40	+00:06:36 (21.9%)	4:01	14.9 (78.0%)
40	GŻYL Mikołaj	80	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	11		00:30:19.70	00:30:19.70	+00:06:47 (22.4%)	4:02	14.8 (77.5%)
41	KUNZ Mieczysław	125	AZS UMK TORUŃ	M50	4		00:30:28.05	00:30:28.05	+00:06:56 (22.8%)	4:03	14.8 (77.5%)
42	MANDOSIK Michał	148	TEAMOCHAL	M40	16		00:30:35.10	00:30:35.10	+00:07:03 (23.1%)	4:04	14.7 (77.0%)
43	KHADDOUR Alex	318	BYDGOSZCZ ATOS	M30	12		00:30:38.75	00:30:38.75	+00:07:06 (23.2%)	4:05	14.7 (77.0%)
44	RACZYŃSKI Krzysztof	210	BIEGAJĄCY FILOZOF TEAM	M60	2		00:30:43.35	00:30:43.35	+00:07:11 (23.4%)	4:05	14.7 (77.0%)
45	ŁUCZAK Paweł	141	TKKF KOLEJARZ BYDGOSZCZ	M50	5		00:30:47.00	00:30:47.00	+00:07:15 (23.6%)	4:06	14.6 (76.4%)
46	LIPIŃSKI Michał	133		M40	17		00:31:04.75	00:31:04.75	+00:07:32 (24.3%)	4:08	14.5 (75.9%)
47	MARTYNOWICZ Michał	151	TRISPACE/TREK	M50	6		00:31:05.70	00:31:05.70	+00:07:33 (24.3%)	4:08	14.5 (75.9%)
48	SUDOŁ Jacek	239	PARKRUN BYDGOSZCZ	M40	18		00:31:10.90	00:31:10.90	+00:07:38 (24.5%)	4:09	14.4 (75.4%)
49	SZTEJKA Damian	250		M40	19		00:31:14.30	00:31:14.30	+00:07:42 (24.7%)	4:09	14.4 (75.4%)
50	PILARSKI Radosław	194	BRZOZA BIEGA	M40	20		00:31:23.75	00:31:23.75	+00:07:51 (25.0%)	4:11	14.3 (74.9%)
51	BURDACH Michał	32		M40	21		00:31:32.40	00:31:32.40	+00:08:00 (25.4%)	4:12	14.3 (74.9%)
52	KOCINIEWSKI Bartłomiej	103	LKS JANOWO	M30	13	Tak	00:31:33.30	00:31:33.30	+00:08:01 (25.4%)	4:12	14.3 (74.9%)
53	GRUBICH Arkadiusz	337		M40	22		00:31:39.10	00:31:39.10	+00:08:07 (25.7%)	4:13	14.2 (74.3%)
54	GRZENKOWITZ Dariusz	79		M50	7		00:31:56.20	00:31:56.20	+00:08:24 (26.3%)	4:15	14.1 (73.8%)
55	WIĘCKOWSKI Dariusz	277	AKADEMIA MISTRZÓW SPORTU	M40	23		00:32:00.80	00:32:00.80	+00:08:28 (26.5%)	4:16	14.1 (73.8%)
56	PAWŁOWSKI Kamil	190		M20	7		00:32:05.10	00:32:05.10	+00:08:33 (26.7%)	4:16	14 (73.3%)
57	KUPRACZ Andrzej	126		M50	8		00:32:05.85	00:32:05.85	+00:08:33 (26.7%)	4:16	14 (73.3%)
58	KRZEPKOWSKI Radosław	120	ADIDAS RUNNERS WARSAW	M40	24		00:32:12.00	00:32:12.00	+00:08:40 (26.9%)	4:17	14 (73.3%)
59	BONIKOWSKI Jakub	21		M50	9		00:32:16.25	00:32:16.25	+00:08:44 (27.1%)	4:18	13.9 (72.8%)
60	PRONDZINSKI Maciej	205		M30	14		00:32:17.50	00:32:17.50	+00:08:45 (27.1%)	4:18	13.9 (72.8%)
61	MIKOŁAJCZYK Zbigniew	159	DLA ZDROWIA	M60	3		00:32:22.40	00:32:22.40	+00:08:50 (27.3%)	4:18	13.9 (72.8%)

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62	SZOPIŃSKI Rafał	249		M40	25		00:32:29.00	00:32:29.00	+00:08:57 (27.6%)	4:19	13.9 (72.8%)
63	BOROWSKI Radosław	24	MLKS KRAJNA SĘPÓLNO	M30	15		00:32:34.05	00:32:34.05	+00:09:02 (27.7%)	4:20	13.8 (72.3%)
64	KARNOWSKI Sebastian	99		M30	16	Tak	00:32:38.15	00:32:38.15	+00:09:06 (27.9%)	4:21	13.8 (72.3%)
65	ZABROCKI Adam	288	SHUGO	M40	26		00:32:45.50	00:32:45.50	+00:09:13 (28.2%)	4:22	13.7 (71.7%)
66	SKIBA Sebastian	228		M20	8		00:32:53.55	00:32:53.55	+00:09:21 (28.5%)	4:23	13.7 (71.7%)
67	MOROSZCZAK Bogumił	169	PGB SPORTOWA PACZKA	M40	27		00:32:58.90	00:32:58.90	+00:09:26 (28.6%)	4:23	13.7 (71.7%)
68	KULLIŃSKI Marcin	124	UCZNIOWSKI KLUB SPORTOWY CZWÓRKA NAKŁO	M40	28		00:33:00.65	00:33:00.65	+00:09:28 (28.7%)	4:24	13.6 (71.2%)
69	PACZKOWSKI Mirosław	186		M50	10		00:33:01.30	00:33:01.30	+00:09:29 (28.7%)	4:24	13.6 (71.2%)
70	FRĄCKOWIAK Marek	54	NKB	M50	11		00:33:11.00	00:33:11.00	+00:09:39 (29.1%)	4:25	13.6 (71.2%)
71	KOWALSKI Jacek	114		M40	29		00:33:18.35	00:33:18.35	+00:09:46 (29.3%)	4:26	13.5 (70.7%)
72	MIĘKCZYŃSKI Miłosz	158	LUPUS TEAM	M30	17		00:33:18.95	00:33:18.95	+00:09:47 (29.4%)	4:26	13.5 (70.7%)
73	SKONIECZNY Marcin	229	BIEGIEM PO MARZENIA	M40	30		00:33:35.45	00:33:35.45	+00:10:03 (29.9%)	4:28	13.4 (70.2%)
74	HASS Adam	83		M40	31		00:33:54.10	00:33:54.10	+00:10:22 (30.6%)	4:31	13.3 (69.6%)
75	SZATKOWSKI Józef	246	START TEAM WĄBRZEŻNO	M60	4		00:33:59.70	00:33:59.70	+00:10:27 (30.8%)	4:31	13.2 (69.1%)
76	ZAJDLEWICZ Daniel	289		M40	32		00:34:02.55	00:34:02.55	+00:10:30 (30.9%)	4:32	13.2 (69.1%)
77	MANDOSIK Jerzy	149	TEAMOCHAL	M60	5		00:34:14.10	00:34:14.10	+00:10:42 (31.3%)	4:33	13.1 (68.6%)
78	WESTFALEWSKI Tomek	275	LKS BOGMAR OSTROMECKO	M30	18	Tak	00:34:38.45	00:34:38.45	+00:11:06 (32.1%)	4:37	13 (68.1%)
79	NIEDBALSKI Grzegorz	175	RUN BYDGOSZCZ	M60	6		00:34:43.00	00:34:43.00	+00:11:11 (32.2%)	4:37	13 (68.1%)
80	BERNACKI Dominik	12		M40	33		00:34:49.50	00:34:49.50	+00:11:17 (32.4%)	4:38	12.9 (67.5%)
81	LEWANDOWSKI Władysław	132	T G SOKÓŁ GNIEWKOWO	M60	7		00:34:55.55	00:34:55.55	+00:11:23 (32.6%)	4:39	12.9 (67.5%)
82	DRZEWIECKI Rafał	46	AKADEMIA MISTRZÓW SPORTU	M40	34		00:35:03.10	00:35:03.10	+00:11:31 (32.9%)	4:40	12.8 (67.0%)
83	SOWIŃSKI Marcin	234		M30	19		00:35:08.80	00:35:08.80	+00:11:36 (33.0%)	4:41	12.8 (67.0%)
83	BAGROWSKI Marek	5	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M60	8	Tak	00:35:08.80	00:35:08.80	+00:11:36 (33.0%)	4:41	12.8 (67.0%)

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85	LEBA Rafał	129	22ODN	M40	35	Tak	00:35:11.60	00:35:11.60	+00:11:39 (33.1%)	4:41	12.8 (67.0%)
86	ZIMMERMANN Tomasz	296	KM PSP GRUDZIĄDZ	M40	36		00:35:18.05	00:35:18.05	+00:11:46 (33.3%)	4:42	12.7 (66.5%)
87	PUCHACZ Marcin	209		M30	20		00:35:22.05	00:35:22.05	+00:11:50 (33.5%)	4:42	12.7 (66.5%)
88	PAWŁOWSKI Radosław	188		M50	12		00:35:30.15	00:35:30.15	+00:11:58 (33.7%)	4:44	12.7 (66.5%)
89	KRÓL Dariusz	118	22 ODN	M50	13		00:35:31.70	00:35:31.70	+00:11:59 (33.8%)	4:44	12.7 (66.5%)
90	GRUBA Jacek	75		M60	9		00:35:32.00	00:35:32.00	+00:12:00 (33.8%)	4:44	12.7 (66.5%)
91	LUZAK Mirosław	136	TKKF KOLEJARZ BYDGOSZCZ	M60	10		00:35:33.35	00:35:33.35	+00:12:01 (33.8%)	4:44	12.7 (66.5%)
92	CIEŚLICKI Łukasz	37		M30	21	Tak	00:35:35.35	00:35:35.35	+00:12:03 (33.9%)	4:44	12.6 (66.0%)
93	NURKIEWICZ Jarosław	179	KUNG FU PANDY 3	M50	14		00:35:41.10	00:35:41.10	+00:12:09 (34.1%)	4:45	12.6 (66.0%)
94	BUDZIAK Wiesław	29		M60	11		00:35:55.25	00:35:55.25	+00:12:23 (34.5%)	4:47	12.5 (65.4%)
95	KOPIEC Mateusz	109		M20	9	Tak	00:36:01.05	00:36:01.05	+00:12:29 (34.7%)	4:48	12.5 (65.4%)
96	MAJCHRZAK Łukasz	143		M40	37		00:36:01.65	00:36:01.65	+00:12:29 (34.7%)	4:48	12.5 (65.4%)
97	GRUDA Mirosław	77		M60	12		00:36:02.70	00:36:02.70	+00:12:30 (34.7%)	4:48	12.5 (65.4%)
98	OLSZEWSKI Rafał	181	TG SOKÓŁ GNIEWKOWO	M40	38		00:36:03.50	00:36:03.50	+00:12:31 (34.7%)	4:48	12.5 (65.4%)
99	ŚLÓSAREK Piotr Leszek	259	STUDIO NIERUCHOMOŚCI TORUŃ	M60	13		00:36:04.65	00:36:04.65	+00:12:32 (34.8%)	4:48	12.5 (65.4%)
100	RZEMEK Sławomir	222	GZINIAK	M40	39	Tak	00:36:05.75	00:36:05.75	+00:12:33 (34.8%)	4:48	12.5 (65.4%)
101	KOHUTEK Artur	105		M50	15	Tak	00:36:12.00	00:36:12.00	+00:12:40 (35.0%)	4:49	12.4 (64.9%)
102	BAJOREK Piotr	6	NIEZRZESZONY	M60	14		00:36:15.35	00:36:15.35	+00:12:43 (35.1%)	4:50	12.4 (64.9%)
103	KRÓL Karol	117	TKKF KOLEJARZ	M40	40		00:36:22.90	00:36:22.90	+00:12:50 (35.3%)	4:50	12.4 (64.9%)
104	NOWAKOWSKI Grzegorz	178	DEAF GARMIN_GIANT	M30	22		00:36:24.10	00:36:24.10	+00:12:52 (35.4%)	4:51	12.4 (64.9%)
105	BRATEK Andrzej	26	TKKF KOLEJARZ BYDGOSZCZ	M60	15		00:36:25.80	00:36:25.80	+00:12:53 (35.4%)	4:51	12.4 (64.9%)
106	MODRAKOWSKI Roland	163	DYSTRYBUCJA-REKLAM.PL	M30	23		00:36:29.30	00:36:29.30	+00:12:57 (35.5%)	4:51	12.3 (64.4%)
107	SMYKOWSKI Łukasz	324		M40	41		00:36:29.70	00:36:29.70	+00:12:57 (35.5%)	4:51	12.3 (64.4%)

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108	MICHALAK Paweł	157	ASSECO ACTIVE TEAM	M40	42		00:36:34.45	00:36:34.45	+00:13:02 (35.7%)	4:52	12.3 (64.4%)
109	WITUCKI Tomasz	310		M19	5		00:36:46.75	00:36:46.75	+00:13:14 (36.0%)	4:54	12.2 (63.9%)
110	ŚRUTKOWSKI Sylwester	262		M30	24		00:36:54.55	00:36:54.55	+00:13:22 (36.2%)	4:55	12.2 (63.9%)
111	KALISZ Andrzej	94	TKT	M50	16		00:36:56.30	00:36:56.30	+00:13:24 (36.3%)	4:55	12.2 (63.9%)
112	JANIK Roman	87	KWIDZYN BIEGA	M60	16		00:36:56.40	00:36:56.40	+00:13:24 (36.3%)	4:55	12.2 (63.9%)
113	MOCZYNSKI Leszek	162	BYDGOSZCZ BIEGA	M70	1		00:36:59.35	00:36:59.35	+00:13:27 (36.4%)	4:55	12.2 (63.9%)
114	LUZAK Szymon	134		M20	10		00:37:01.20	00:37:01.20	+00:13:29 (36.4%)	4:56	12.2 (63.9%)
115	BUCZEK Kamil	27		M30	25	Tak	00:37:05.25	00:37:05.25	+00:13:33 (36.5%)	4:56	12.1 (63.4%)
116	RÓŻAŃSKI Karol	218	JR BRICKS	M40	43		00:37:10.80	00:37:10.80	+00:13:38 (36.7%)	4:57	12.1 (63.4%)
117	ANDRZEJEWSKI Ryszard	2	ŻÓŁTOKRÓLEWSCY	M70	2		00:37:12.00	00:37:12.00	+00:13:40 (36.7%)	4:57	12.1 (63.4%)
118	KOWALCZYK Robert	112	LKS OSTROMECKO	M40	44	Tak	00:37:13.60	00:37:13.60	+00:13:41 (36.8%)	4:57	12.1 (63.4%)
119	ŚLIWIŃSKI Mariusz	258	BMJ EQUIP MARIUSZ ŚLIWIŃSKI	M30	26	Tak	00:37:25.50	00:37:25.50	+00:13:53 (37.1%)	4:59	12 (62.8%)
120	PRZYBYLSKI Remigiusz	206	RUN BYDGOSZCZ	M40	45		00:37:35.35	00:37:35.35	+00:14:03 (37.4%)	5:00	12 (62.8%)
121	BIELEC Wojciech	13		M40	46		00:37:41.95	00:37:41.95	+00:14:10 (37.6%)	5:01	11.9 (62.3%)
122	MUSZYŃSKI Adam	173	ZABIEGANE SMOKI	M30	27		00:37:43.70	00:37:43.70	+00:14:11 (37.6%)	5:01	11.9 (62.3%)
123	POLIWODZIŃSKI Michał	197	WISŁA FORDON	M40	47		00:37:44.10	00:37:44.10	+00:14:12 (37.6%)	5:01	11.9 (62.3%)
124	SIĘBOR Andrzej	225	RUN BYDGOSZCZ	M40	48		00:37:45.90	00:37:45.90	+00:14:13 (37.7%)	5:02	11.9 (62.3%)
125	ŻEMOJTEL Adam	303	KLUB MAZDASPEED	M30	28		00:37:50.90	00:37:50.90	+00:14:18 (37.8%)	5:02	11.9 (62.3%)
126	WALUSIAK Miłosz	272	RUN PASJA	M30	29	Tak	00:37:52.55	00:37:52.55	+00:14:20 (37.9%)	5:02	11.9 (62.3%)
127	SIUDA Marek	227		M40	49		00:37:52.60	00:37:52.60	+00:14:20 (37.9%)	5:02	11.9 (62.3%)
128	OSZUBSKI Kazimierz	184	PGB SPORTOWA PACZKA	M40	50		00:37:53.30	00:37:53.30	+00:14:21 (37.9%)	5:03	11.9 (62.3%)
129	RADKIEWICZ Oskar	213	FUNDACJA CZAS NA BYDGOSZCZ	M19	6		00:37:56.70	00:37:56.70	+00:14:24 (38.0%)	5:03	11.9 (62.3%)
130	POTRZEBOWSKI Marek	201	DEAF I #B3K, ŁĄCZA NAS PASJE	M30	30		00:37:57.55	00:37:57.55	+00:14:25 (38.0%)	5:03	11.9 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
131	KANARKOWSKI Stanisław	95	AMATOR - NIEZRZESZONY	M60	17		00:37:59.60	00:37:59.60	+00:14:27 (38.1%)	5:03	11.8 (61.8%)
132	KAWALEC Marcin	100		M20	11	Tak	00:38:04.50	00:38:04.50	+00:14:32 (38.2%)	5:04	11.8 (61.8%)
133	BULIŃSKI Michał	30		M40	51	Tak	00:38:06.35	00:38:06.35	+00:14:34 (38.2%)	5:04	11.8 (61.8%)
134	PERZ Szymon	192		M30	31		00:38:06.95	00:38:06.95	+00:14:35 (38.3%)	5:04	11.8 (61.8%)
135	GAŚSIOROWSKI Robert	59	RUN BYDGOSZCZ	M50	17		00:38:07.00	00:38:07.00	+00:14:35 (38.3%)	5:04	11.8 (61.8%)
136	PRIETZ Bartosz	203		M40	52		00:38:10.65	00:38:10.65	+00:14:38 (38.4%)	5:05	11.8 (61.8%)
137	RADKIEWICZ Eugeniusz	212		M50	18		00:38:12.95	00:38:12.95	+00:14:41 (38.4%)	5:05	11.8 (61.8%)
138	SZERWIŃSKI Mateusz	248		M20	12		00:38:13.75	00:38:13.75	+00:14:41 (38.4%)	5:05	11.8 (61.8%)
139	OLSZÓWKA Michał	182		M40	53		00:38:14.30	00:38:14.30	+00:14:42 (38.5%)	5:05	11.8 (61.8%)
140	ZŁOTOWSKI Piotr	298	RUN BYDGOSZCZ	M40	54		00:38:16.20	00:38:16.20	+00:14:44 (38.5%)	5:06	11.8 (61.8%)
141	ZIÓŁKOWSKI Mieczysław	297	T G SOKÓŁ GNIEWKOWO	M50	19		00:38:41.30	00:38:41.30	+00:15:09 (39.2%)	5:09	11.6 (60.7%)
142	URBAŃSKI Daniel	270		M40	55		00:38:52.90	00:38:52.90	+00:15:20 (39.5%)	5:10	11.6 (60.7%)
143	LEWANDOWSKI Jacek	131	AKADEMIA MISTRZÓW SPORTU JACEK LEWANDOWSKI	M40	56		00:39:03.35	00:39:03.35	+00:15:31 (39.7%)	5:12	11.5 (60.2%)
144	STAWICKI Paweł	237		M40	57	Tak	00:39:09.80	00:39:09.80	+00:15:37 (39.9%)	5:13	11.5 (60.2%)
145	SZTUBECKI Jacek	252		M40	58	Tak	00:39:09.95	00:39:09.95	+00:15:38 (39.9%)	5:13	11.5 (60.2%)
146	MAŁKIŃSKI Józef	147		M60	18		00:39:25.50	00:39:25.50	+00:15:53 (40.3%)	5:15	11.4 (59.7%)
147	JESKE Marek	90	RUN BYDGOSZCZ	M50	20		00:39:29.50	00:39:29.50	+00:15:57 (40.4%)	5:15	11.4 (59.7%)
148	BOROWICZ Ireneusz	22		M30	32		00:39:30.40	00:39:30.40	+00:15:58 (40.4%)	5:16	11.4 (59.7%)
149	JÓŻWIAK Maciej	91		M20	13		00:39:32.30	00:39:32.30	+00:16:00 (40.5%)	5:16	11.4 (59.7%)
150	ZAKURZEWSKI Arkadiusz	290		M50	21		00:39:51.80	00:39:51.80	+00:16:19 (41.0%)	5:18	11.3 (59.2%)
151	SYROCKI Michał	243		M30	33		00:40:00.75	00:40:00.75	+00:16:28 (41.2%)	5:20	11.3 (59.2%)
152	OWCZARZAK Michał	185	SMAKOSZE	M50	22		00:40:05.40	00:40:05.40	+00:16:33 (41.3%)	5:20	11.2 (58.6%)
153	KRUCZKOWSKI Piotr	119	KRYSPORT PIOTR KRUCZKOWSKI	M50	23		00:40:14.15	00:40:14.15	+00:16:42 (41.5%)	5:21	11.2 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
154	HALAREWICZ Artur	82		M40	59	Tak	00:40:15.50	00:40:15.50	+00:16:43 (41.5%)	5:22	11.2 (58.6%)
155	ŚLIWIŃSKI Piotr	257		M30	34	Tak	00:40:22.75	00:40:22.75	+00:16:50 (41.7%)	5:22	11.1 (58.1%)
156	BARTKOWSKI Kajetan	8		M19	7	Tak	00:40:31.75	00:40:31.75	+00:16:59 (41.9%)	5:24	11.1 (58.1%)
157	ZIELIŃSKI Radosław	295		M30	35		00:40:36.80	00:40:36.80	+00:17:04 (42.1%)	5:24	11.1 (58.1%)
158	GLAZA Oliwier	62		M19	8	Tak	00:40:38.80	00:40:38.80	+00:17:06 (42.1%)	5:25	11.1 (58.1%)
159	RUTKOWSKI Tomasz	302		M40	60	Tak	00:40:42.75	00:40:42.75	+00:17:10 (42.2%)	5:25	11.1 (58.1%)
160	PASZKIET Witold	187	TKKF KOLEJARZ BYDGOSZCZ	M60	19		00:40:43.85	00:40:43.85	+00:17:11 (42.2%)	5:25	11.1 (58.1%)
161	EMMERT Marcin	314		M30	36		00:41:10.10	00:41:10.10	+00:17:38 (42.8%)	5:29	10.9 (57.1%)
162	SŁODKI Tymoteusz	305		M19	9		00:41:11.45	00:41:11.45	+00:17:39 (42.9%)	5:29	10.9 (57.1%)
163	KOCINIEWSKI Marcin	104	LKS JANOWO	M30	37	Tak	00:41:19.05	00:41:19.05	+00:17:47 (43.0%)	5:30	10.9 (57.1%)
164	SIKORSKI Jarek	226	RUN BYDGOSZCZ	M40	61		00:41:28.10	00:41:28.10	+00:17:56 (43.3%)	5:31	10.9 (57.1%)
165	PIETRASZAK Tomasz	193	RUN BYDGOSZCZ	M50	24		00:41:28.20	00:41:28.20	+00:17:56 (43.3%)	5:31	10.9 (57.1%)
166	RADOMSKI Łukasz	214		M30	38	Tak	00:41:35.60	00:41:35.60	+00:18:03 (43.4%)	5:32	10.8 (56.5%)
167	JAWORSKI Janusz	89		M50	25		00:43:24.95	00:43:24.95	+00:19:53 (45.8%)	5:47	10.4 (54.5%)
168	GROCHALA Michał	73		M30	39		00:43:36.40	00:43:36.40	+00:20:04 (46.0%)	5:48	10.3 (53.9%)
169	KRÓL Zbigniew	312		M40	62		00:44:01.95	00:44:01.95	+00:20:30 (46.6%)	5:52	10.2 (53.4%)
170	KOWALCZYK Rafał	7	WTLENIE	M40	63		00:44:16.25	00:44:16.25	+00:20:44 (46.8%)	5:54	10.2 (53.4%)
171	MORGUT Marcel	168		M19	10	Tak	00:44:27.95	00:44:27.95	+00:20:56 (47.1%)	5:55	10.1 (52.9%)
172	CYPRYS Filip	38		M19	11	Tak	00:44:49.90	00:44:49.90	+00:21:17 (47.5%)	5:58	10 (52.4%)
173	BUSSE Piotr	33	PGB SPORTOWA PACZKA	M40	64		00:45:07.20	00:45:07.20	+00:21:35 (47.8%)	6:00	10 (52.4%)
174	ZMUDA Waldemar	300		M40	65	Tak	00:45:18.30	00:45:18.30	+00:21:46 (48.1%)	6:02	9.9 (51.8%)
175	ŁADNIAK Dariusz	138	RUNMORS	M40	66		00:45:54.70	00:45:54.70	+00:22:22 (48.7%)	6:07	9.8 (51.3%)
176	KOWALCZYK Oskar	317		M19	12		00:46:25.60	00:46:25.60	+00:22:53 (49.3%)	6:11	9.7 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
177	SERWIŃSKI Paweł	224		M19	13	Tak	00:46:42.35	00:46:42.35	+00:23:10 (49.6%)	6:13	9.6 (50.3%)
178	CIEŚLICKI Krzysztof	36	SISU TEAM	M30	40		00:46:51.45	00:46:51.45	+00:23:19 (49.8%)	6:14	9.6 (50.3%)
179	WIOSNA Tomasz	280	KLUB MAZDASPEED	M30	41		00:46:52.80	00:46:52.80	+00:23:20 (49.8%)	6:14	9.6 (50.3%)
180	GOŁATA Kamil	66	WILCZA WATAHA	M19	14	Tak	00:47:34.35	00:47:34.35	+00:24:02 (50.5%)	6:20	9.5 (49.7%)
181	GĄSZCZAK Tadeusz	60	PĘDZIWIATR	M80	1		00:48:32.00	00:48:32.00	+00:25:00 (51.5%)	6:28	9.3 (48.7%)
182	WICHTOWSKI Radosław	308		M30	42		00:49:48.75	00:49:48.75	+00:26:16 (52.8%)	6:38	9 (47.1%)
183	SŁODKI Sebastian	304		M40	67		00:49:52.70	00:49:52.70	+00:26:20 (52.8%)	6:38	9 (47.1%)
184	BORZYSZKOWSKI Grzegorz	25	STARY FORDON	M40	68		00:50:15.05	00:50:15.05	+00:26:43 (53.2%)	6:42	9 (47.1%)
185	LENC Janusz	130	TKKF KOLEJARZ BYDGOSZCZ	M60	20		00:50:18.20	00:50:18.20	+00:26:46 (53.2%)	6:42	8.9 (46.6%)
186	POPOWSKI Zbigniew	315	RUN BYDGOSZCZ	M60	21		00:50:22.20	00:50:22.20	+00:26:50 (53.3%)	6:42	8.9 (46.6%)
187	DUDZIAK Michał	49	KP	M30	43		00:50:35.05	00:50:35.05	+00:27:03 (53.5%)	6:44	8.9 (46.6%)
188	MORGUT Karol	165		M40	69	Tak	00:51:42.30	00:51:42.30	+00:28:10 (54.5%)	6:53	8.7 (45.5%)
189	TWARDOWSKI Wojciech	269	RUN BYDGOSZCZ	M50	26		00:52:04.95	00:52:04.95	+00:28:33 (54.8%)	6:56	8.6 (45.0%)
190	BAK Łukasz	10		M30	44	Tak	00:53:43.50	00:53:43.50	+00:30:11 (56.2%)	7:09	8.4 (44.0%)
191	ANGIEL Władysław	3	TKKF KOLEJARZ BYDGOSZCZ	M80	2		00:57:34.30	00:57:34.30	+00:34:02 (59.1%)	7:40	7.8 (40.8%)

Znaleziono 191 wynik(ów)