

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2023-10-01
Miejsce: Ostromecko
Dystans: 7.5 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	PRZYBYŁA Adrian	157	RUN GOKU TEAM	M30	1		00:23:24.70	00:23:24.70		3:07	19.2 (100%)
2	SANKO Aliaksandr	339	PARKRUN GRUDZIĄDZ	M30	2		00:23:56.85	00:23:56.85	+00:00:32 (2.2%)	3:11	18.8 (97.9%)
3	KOTŁOWSKI Bartosz	539	LKS OSTROMECKO	M30	3	Tak	00:24:38.00	00:24:38.00	+00:01:13 (5.0%)	3:17	18.3 (95.3%)
4	PAWŁOWSKI Tomasz	324		M30	4		00:24:47.25	00:24:47.25	+00:01:22 (5.6%)	3:18	18.2 (94.8%)
5	MARCHEL Tomasz	195		M30	5		00:27:04.60	00:27:04.60	+00:03:39 (13.5%)	3:36	16.6 (86.5%)
6	SKRZECZEWSKI Bartosz	302	EKOGRÓD SPORT TEAM	M30	6		00:27:29.00	00:27:29.00	+00:04:04 (14.8%)	3:39	16.4 (85.4%)
7	KARCZMARCZYK Mateusz	34		M30	7		00:28:21.40	00:28:21.40	+00:04:56 (17.4%)	3:46	15.9 (82.8%)
8	ŚLEFARSKI Jacek	552		M30	8		00:28:43.70	00:28:43.70	+00:05:19 (18.5%)	3:49	15.7 (81.8%)
9	MALICKI Łukasz	205		M30	9		00:28:54.25	00:28:54.25	+00:05:29 (19.0%)	3:51	15.6 (81.3%)
10	POPKO Przemysław	98		M30	10		00:29:36.20	00:29:36.20	+00:06:11 (20.9%)	3:56	15.2 (79.2%)
11	HENDRZAK Sylwester	140	RUN CROSS ROZGARTY	M30	11		00:29:38.60	00:29:38.60	+00:06:13 (21.0%)	3:57	15.2 (79.2%)
12	PŁOCHARSKI Sebastian	152		M30	12		00:29:45.75	00:29:45.75	+00:06:21 (21.3%)	3:58	15.1 (78.6%)
13	WITKOWSKI Łukasz	86	RUN BYDGOSZCZ	M30	13		00:29:50.40	00:29:50.40	+00:06:25 (21.5%)	3:58	15.1 (78.6%)
14	PRONDZINSKI Maciej	2		M30	14		00:30:13.45	00:30:13.45	+00:06:48 (22.5%)	4:01	14.9 (77.6%)
15	BUŚ Szymon	304		M30	15		00:30:37.30	00:30:37.30	+00:07:12 (23.5%)	4:04	14.7 (76.6%)

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16	OZIMKIEWICZ Robert	515		M30	16	Tak	00:30:50.80	00:30:50.80	+00:07:26 (24.1%)	4:06	14.6 (76.0%)
17	BOROWSKI Radosław	524		M30	17		00:31:33.55	00:31:33.55	+00:08:08 (25.8%)	4:12	14.3 (74.5%)
18	KOCINIEWSKI Bartłomiej	322	LKS JANOWO	M30	18	Tak	00:31:57.90	00:31:57.90	+00:08:33 (26.8%)	4:15	14.1 (73.4%)
19	KACZYŃSKI Daniel	240	MORSY ZBLEWO	M30	19		00:32:13.70	00:32:13.70	+00:08:49 (27.4%)	4:17	14 (72.9%)
20	LASKOWSKI Bartosz	548		M30	20		00:32:25.70	00:32:25.70	+00:09:01 (27.8%)	4:19	13.9 (72.4%)
21	WŁODARCZYK Adam	249	1 BLOG.	M30	21		00:32:44.60	00:32:44.60	+00:09:19 (28.5%)	4:21	13.7 (71.4%)
22	USTRZYCKI Przemysław	340		M30	22	Tak	00:32:45.90	00:32:45.90	+00:09:21 (28.5%)	4:22	13.7 (71.4%)
23	PUCHACZ Marcin	509		M30	23		00:33:22.20	00:33:22.20	+00:09:57 (29.8%)	4:26	13.5 (70.3%)
24	BUSZEK Bartosz	258	BSK	M30	24		00:33:28.10	00:33:28.10	+00:10:03 (30.0%)	4:27	13.4 (69.8%)
25	KARNOWSKI Sebastian	147		M30	25	Tak	00:33:40.55	00:33:40.55	+00:10:15 (30.5%)	4:29	13.4 (69.8%)
26	NOWAKOWSKI Grzegorz	239	DEAF_GARMIN_TREK	M30	26		00:33:55.85	00:33:55.85	+00:10:31 (31.0%)	4:31	13.3 (69.3%)
27	SYROCKI Michał	126		M30	27		00:34:15.45	00:34:15.45	+00:10:50 (31.7%)	4:34	13.1 (68.2%)
28	PERLINSKI Damian	536	AVIAF TEAM	M30	28	Tak	00:34:16.30	00:34:16.30	+00:10:51 (31.7%)	4:34	13.1 (68.2%)
29	ROSZAK Zbigniew	3		M30	29		00:34:25.75	00:34:25.75	+00:11:01 (32.0%)	4:35	13.1 (68.2%)
30	WESTFALEWSKI Tomek	193	LKS BOGMAR OSTROMECKO	M30	30	Tak	00:34:30.30	00:34:30.30	+00:11:05 (32.1%)	4:36	13 (67.7%)
31	WINIECKI Paweł	285	AKADEMIA MISTRZÓW SPORTU	M30	31		00:34:36.70	00:34:36.70	+00:11:12 (32.4%)	4:36	13 (67.7%)
32	BARSZCZ Krzysztof	69		M30	32		00:34:56.75	00:34:56.75	+00:11:32 (33.0%)	4:39	12.9 (67.2%)
33	GROCHAŁA Michał	31	DĄBROWSKI TEAM	M30	33		00:35:17.20	00:35:17.20	+00:11:52 (33.7%)	4:42	12.8 (66.7%)
34	SMARZ Karol	207	OSP DĄBROWA CHEŁMIŃSKA	M30	34	Tak	00:35:30.60	00:35:30.60	+00:12:05 (34.1%)	4:44	12.7 (66.1%)
35	SURMA Krzysztof	62		M30	35		00:35:42.40	00:35:42.40	+00:12:17 (34.4%)	4:45	12.6 (65.6%)
36	GROSKOP Michał	250		M30	36		00:35:42.70	00:35:42.70	+00:12:18 (34.4%)	4:45	12.6 (65.6%)
37	KALINOWSKI Konrad	234	PORANNY ŚWITANIEC	M30	37		00:36:05.85	00:36:05.85	+00:12:41 (35.1%)	4:48	12.5 (65.1%)
38	KISTOWSKI Tomasz	343		M30	38		00:36:28.60	00:36:28.60	+00:13:03 (35.8%)	4:51	12.3 (64.1%)

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39	ŁAKOMSKI Paweł	251		M30	39		00:36:36.70	00:36:36.70	+00:13:12 (36.1%)	4:52	12.3 (64.1%)
40	SEKIERKOWSKI Bartłomiej	160		M30	40	Tak	00:37:23.10	00:37:23.10	+00:13:58 (37.4%)	4:59	12 (62.5%)
41	OGONOWSKI Przemysław	260		M30	41	Yes	00:38:30.10	00:38:30.10	+00:15:05 (39.2%)	5:08	11.7 (60.9%)
42	MIKOLAJCZYK Maciej	241	BOLUMIANIE TEAM	M30	42	Tak	00:38:44.65	00:38:44.65	+00:15:19 (39.6%)	5:09	11.6 (60.4%)
43	KONONOWICZ Wojciech	259		M30	43		00:39:04.90	00:39:04.90	+00:15:40 (40.1%)	5:12	11.5 (59.9%)
44	KOWALKOWSKI Robert	272		M30	44		00:39:20.70	00:39:20.70	+00:15:56 (40.5%)	5:14	11.4 (59.4%)
45	MAKUSZEWSKI Mateusz	85		M30	45		00:39:29.60	00:39:29.60	+00:16:04 (40.7%)	5:15	11.4 (59.4%)
46	ŚLIWIŃSKI Piotr	332		M30	46	Tak	00:40:22.50	00:40:22.50	+00:16:57 (42.0%)	5:22	11.1 (57.8%)
47	ZIELIŃSKI Radosław	516		M30	47		00:40:27.95	00:40:27.95	+00:17:03 (42.1%)	5:23	11.1 (57.8%)
48	PARTYKA Dawid	292		M30	48		00:40:32.75	00:40:32.75	+00:17:08 (42.3%)	5:24	11.1 (57.8%)
49	ZYRA Michał	268		M30	49		00:40:50.70	00:40:50.70	+00:17:26 (42.7%)	5:26	11 (57.3%)
50	EMMERT Marcin	243		M30	50		00:41:41.65	00:41:41.65	+00:18:16 (43.8%)	5:33	10.8 (56.3%)
51	ROSZKOWSKA Paweł	191		M30	51	Tak	00:41:52.85	00:41:52.85	+00:18:28 (44.1%)	5:34	10.7 (55.7%)
52	KOCINIEWSKI Marcin	149	LKS JANOWO	M30	52	Tak	00:42:22.00	00:42:22.00	+00:18:57 (44.7%)	5:38	10.6 (55.2%)
53	GRZEGOROWSKI Jan	275	JKG	M30	53	Tak	00:42:26.70	00:42:26.70	+00:19:02 (44.8%)	5:39	10.6 (55.2%)
54	FRANCZYK Wojciech	145		M30	54		00:43:27.20	00:43:27.20	+00:20:02 (46.1%)	5:47	10.4 (54.2%)
55	MUSZYŃSKI Adam	287	OSTATNI SMOK	M30	55		00:45:04.65	00:45:04.65	+00:21:39 (48.1%)	6:00	10 (52.1%)
56	CIEŚLICKI Krzysztof	119	SISU TEAM	M30	56		00:45:39.20	00:45:39.20	+00:22:14 (48.7%)	6:05	9.9 (51.6%)
57	TUCZYŃSKI Sylwester Leon	114	BYDGOSKIE OKONIE	M30	57		00:46:51.85	00:46:51.85	+00:23:27 (50.0%)	6:14	9.6 (50.0%)
57	SZCZUPACKI Marcin	192		M30	57		00:46:51.85	00:46:51.85	+00:23:27 (50.0%)	6:14	9.6 (50.0%)
59	WIOSNA Tomasz	271		M30	59		00:47:11.55	00:47:11.55	+00:23:46 (50.4%)	6:17	9.5 (49.5%)
60	KARBOWNIK Mateusz	310		M30	60	Tak	00:48:02.40	00:48:02.40	+00:24:37 (51.3%)	6:24	9.4 (49.0%)
61	MARCINIAK Oskar	58		M30	61		00:53:39.80	00:53:39.80	+00:30:15 (56.4%)	7:09	8.4 (43.8%)

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61	LISEWSKI Jacek	60	TRI PIGS	M30	61		00:53:39.80	00:53:39.80	+00:30:15 (56.4%)	7:09	8.4 (43.8%)

Znaleziono 62 wynik(ów)