



Ludowy Klub Sportowy
OSTROMECKO

XXXVI BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Event: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organiser: Ludowy Klub Sportowy Ostromecko
Date: 2023-10-01
Place: Ostromecko
Distance: 7.5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Classification: M40

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Net time 7.5km	Czas brutto 7.5km	Gap	Pace min/km	Pace km/h
1	POLAŃSKI Tomasz	344	B4SPORT	M40	1		00:25:38.80	00:25:38.80		3:25	17.6 (100%)
2	KOLMAJER Rafał	290	TEAMOCHAL	M40	2		00:25:47.30	00:25:47.30	+00:00:08 (0.5%)	3:26	17.5 (99.4%)
3	GLUGLA Mariusz	47	THE RUNNERS ŚWIECIE	M40	3		00:27:09.70	00:27:09.70	+00:01:30 (5.6%)	3:37	16.6 (94.3%)
4	SPYCHALSKI Tomasz	102	ANWILTEAM	M40	4		00:27:16.75	00:27:16.75	+00:01:37 (6.0%)	3:38	16.5 (93.8%)
5	ŚLIWIŃSKI Łukasz	540	LKS OSTROMECKO	M40	5	Tak	00:27:22.55	00:27:22.55	+00:01:43 (6.3%)	3:38	16.4 (93.2%)
6	PARTYKA Rafał	274		M40	6		00:27:42.55	00:27:42.55	+00:02:03 (7.4%)	3:41	16.2 (92.0%)
7	BARTKOWSKI Sławomir	523		M40	7		00:27:48.85	00:27:48.85	+00:02:10 (7.8%)	3:42	16.2 (92.0%)
8	RETECKI Krzysztof	506	LKS / BOGMAR / GINTER-EKOTECHNIKA / PRESTO	M40	8	Tak	00:27:54.10	00:27:54.10	+00:02:15 (8.1%)	3:43	16.1 (91.5%)
9	NOWICKI Wojciech	326		M40	9		00:28:22.30	00:28:22.30	+00:02:43 (9.6%)	3:46	15.9 (90.3%)
10	CIMACHOWSKI Jakub	525		M40	10		00:28:41.10	00:28:41.10	+00:03:02 (10.6%)	3:49	15.7 (89.2%)
11	KAPSA Dawid	171	TRISPACE/TREK	M40	11		00:28:43.60	00:28:43.60	+00:03:04 (10.7%)	3:49	15.7 (89.2%)
12	WOJTAS Stefan	553	TRIPAKA PRZECHLEWO	M40	12		00:28:46.20	00:28:46.20	+00:03:07 (10.9%)	3:50	15.6 (88.6%)
13	GOŁATA Wojciech	510	LKS OSTROMECKO	M40	13	Tak	00:28:47.85	00:28:47.85	+00:03:09 (10.9%)	3:50	15.6 (88.6%)
14	TACZKOWSKI Jarosław	276	JKG	M40	14		00:28:50.05	00:28:50.05	+00:03:11 (11.1%)	3:50	15.6 (88.6%)
15	PRĄDZYŃSKI Marcin	50	TM IRONTEAM	M40	15		00:28:51.70	00:28:51.70	+00:03:12 (11.1%)	3:50	15.6 (88.6%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Net time 7.5km	Czas brutto 7.5km	Gap	Pace min/km	Pace km/h
16	SUDOŁ Jacek	125	PARKRUN BYDGOSZCZ	M40	16		00:30:28.15	00:30:28.15	+00:04:49 (15.8%)	4:03	14.8 (84.1%)
17	GIL Daniel	559	LKS OSTROMECKO	M40	17		00:30:52.60	00:30:52.60	+00:05:13 (16.9%)	4:06	14.6 (83.0%)
18	WIĘCKOWSKI Dariusz	159	AKADEMIA MISTRZÓW SPORTU	M40	18		00:30:53.95	00:30:53.95	+00:05:15 (17.0%)	4:07	14.6 (83.0%)
19	SZTEJKA Damian	166		M40	19		00:30:54.75	00:30:54.75	+00:05:15 (17.0%)	4:07	14.6 (83.0%)
20	MROTEK Michał	541	AKADEMIA MISTRZÓW SPORTU	M40	20		00:30:58.20	00:30:58.20	+00:05:19 (17.2%)	4:07	14.5 (82.4%)
21	SKONIECZNY Marcin	7	BIEGIEM PO MARZENIA-NESSI TEAM	M40	21		00:31:32.45	00:31:32.45	+00:05:53 (18.7%)	4:12	14.3 (81.3%)
22	MACIŃSKI Waldek	218		M40	22		00:31:53.70	00:31:53.70	+00:06:14 (19.6%)	4:15	14.1 (80.1%)
23	MOROSZCZAK Bogumił	538	PGB SPORTOWA PACZKA	M40	23		00:32:17.00	00:32:17.00	+00:06:38 (20.6%)	4:18	13.9 (79.0%)
24	KOWALSKI Jacek	97	BYDGOSKIE OKONIE	M40	24		00:32:22.15	00:32:22.15	+00:06:43 (20.8%)	4:18	13.9 (79.0%)
25	GÓRA Krystian	148		M40	25		00:32:24.90	00:32:24.90	+00:06:46 (20.9%)	4:19	13.9 (79.0%)
26	DRZEWIECKI Rafał	173		M40	26		00:32:31.70	00:32:31.70	+00:06:52 (21.2%)	4:20	13.8 (78.4%)
27	MIĘKZYŃSKI Miłosz	279	LUPUS TEAM	M40	27		00:32:55.90	00:32:55.90	+00:07:17 (22.1%)	4:23	13.7 (77.8%)
28	BERNACKI Piotr	323		M40	28		00:33:09.55	00:33:09.55	+00:07:30 (22.7%)	4:25	13.6 (77.3%)
29	GRUBICH Arkadiusz	84		M40	29		00:33:16.70	00:33:16.70	+00:07:37 (22.9%)	4:26	13.5 (76.7%)
30	JABŁOŃSKI Tomasz	513	TEAMOCHAL	M40	30		00:33:17.50	00:33:17.50	+00:07:38 (23.0%)	4:26	13.5 (76.7%)
31	WISNIEWSKI Rafał	522		M40	31		00:33:17.80	00:33:17.80	+00:07:39 (23.0%)	4:26	13.5 (76.7%)
32	SIĘBOR Andrzej	141	RUN BYDGOSZCZ	M40	32		00:33:25.15	00:33:25.15	+00:07:46 (23.3%)	4:27	13.5 (76.7%)
33	RACIBORSKI Grzegorz	210	ASSECO ACTIVE TEAM	M40	33		00:33:47.15	00:33:47.15	+00:08:08 (24.1%)	4:30	13.3 (75.6%)
34	MAJCHRZAK Łukasz	24		M40	34		00:33:49.30	00:33:49.30	+00:08:10 (24.2%)	4:30	13.3 (75.6%)
35	ZABROCKI Adam	179	SHUGO	M40	35		00:34:00.30	00:34:00.30	+00:08:21 (24.6%)	4:32	13.2 (75.0%)
36	GRACZ Adam	224		M40	36		00:34:02.55	00:34:02.55	+00:08:23 (24.7%)	4:32	13.2 (75.0%)
37	GIERACH Marcin	531	GIERACH-TEAM	M40	37		00:34:05.55	00:34:05.55	+00:08:26 (24.8%)	4:32	13.2 (75.0%)
38	PRIETZ Bartosz	18	SUPRAVIS	M40	38		00:34:15.90	00:34:15.90	+00:08:37 (25.2%)	4:34	13.1 (74.4%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Net time 7.5km	Czas brutto 7.5km	Gap	Pace min/km	Pace km/h
39	ZIMMERMANN Tomasz	123	KMPSP GRUDZIĄDZ	M40	39		00:34:28.40	00:34:28.40	+00:08:49 (25.6%)	4:35	13.1 (74.4%)
40	BOROWICZ Ireneusz	137	RUNMORS	M40	40		00:34:34.55	00:34:34.55	+00:08:55 (25.8%)	4:36	13 (73.9%)
41	ŁADNIAK Dariusz	120	RUNMORS	M40	41		00:34:42.35	00:34:42.35	+00:09:03 (26.1%)	4:37	13 (73.9%)
42	BARSZCZ Tomasz	66		M40	42		00:34:49.80	00:34:49.80	+00:09:11 (26.4%)	4:38	12.9 (73.3%)
43	KOWALSKI Krzysztof	33	OCELOTY KRUSZYN KRAJEŃSKI	M40	43		00:35:03.95	00:35:03.95	+00:09:25 (26.9%)	4:40	12.8 (72.7%)
44	OLSZÓWKA Michał	502		M40	44	Tak	00:35:23.95	00:35:23.95	+00:09:45 (27.6%)	4:43	12.7 (72.2%)
45	BERNACKI Dominik	93		M40	45		00:35:25.70	00:35:25.70	+00:09:46 (27.6%)	4:43	12.7 (72.2%)
46	GALICKI Jakub	514	AKADEMIA MISTRZÓW SPORTU	M40	46		00:35:27.25	00:35:27.25	+00:09:48 (27.7%)	4:43	12.7 (72.2%)
47	LEWANDOWSKI Piotr	266		M40	47		00:35:48.00	00:35:48.00	+00:10:09 (28.4%)	4:46	12.6 (71.6%)
48	KULLIŃSKI Marcin	76	UKS 4 NAKŁO	M40	48		00:35:49.15	00:35:49.15	+00:10:10 (28.4%)	4:46	12.6 (71.6%)
49	SOWIŃSKI Marcin	56		M40	49		00:36:33.15	00:36:33.15	+00:10:54 (29.8%)	4:52	12.3 (69.9%)
50	SZUBIŃSKI Ireneusz	162	KOMPLETNY AMATOR	M40	50		00:36:51.50	00:36:51.50	+00:11:12 (30.4%)	4:54	12.2 (69.3%)
51	MODRAKOWSKI Roland	79	DYSTRYBUCJA-REKLAM.PL	M40	51		00:36:55.85	00:36:55.85	+00:11:17 (30.6%)	4:55	12.2 (69.3%)
52	MARKOWSKI Sebastian	546	ASSECO ACTIVE TEAM	M40	52		00:37:05.10	00:37:05.10	+00:11:26 (30.8%)	4:56	12.1 (68.8%)
53	KRÓL Karol	78	TKKF KOLEJARZ BYDGOSZCZ	M40	53		00:37:14.45	00:37:14.45	+00:11:35 (31.1%)	4:57	12.1 (68.8%)
54	JANKOWSKI Dawid	161		M40	54	Tak	00:37:56.00	00:37:56.00	+00:12:17 (32.4%)	5:03	11.9 (67.6%)
55	GORGOL Tomasz	80		M40	55		00:38:19.85	00:38:19.85	+00:12:41 (33.1%)	5:06	11.7 (66.5%)
56	PIWOŃSKI Robert	168	PARAFIALNY KLUB BIEGACZA	M40	56		00:38:22.40	00:38:22.40	+00:12:43 (33.2%)	5:06	11.7 (66.5%)
57	STARSZAK Paweł	144		M40	57	Tak	00:38:27.25	00:38:27.25	+00:12:48 (33.3%)	5:07	11.7 (66.5%)
58	BŁĄŻEJCZYK Łukasz	132		M40	58	Tak	00:38:30.40	00:38:30.40	+00:12:51 (33.4%)	5:08	11.7 (66.5%)
59	POLIWODZIŃSKI Michał	9	WISŁA FORDON	M40	59		00:38:31.30	00:38:31.30	+00:12:52 (33.4%)	5:08	11.7 (66.5%)
60	KOWALCZYK Robert	222	LKS OSTROMECKO	M40	60	Tak	00:38:40.20	00:38:40.20	+00:13:01 (33.7%)	5:09	11.6 (65.9%)
61	KUBASIAK Artur	25		M40	61		00:38:41.10	00:38:41.10	+00:13:02 (33.7%)	5:09	11.6 (65.9%)

Place	Participant	Number	Club	Category	MCat	Mieszkaniec Gminy Dąbrowa Chełmińska	Net time 7.5km	Czas brutto 7.5km	Gap	Pace min/km	Pace km/h
62	RZEMEK Sławomir	100	TEAM GZINIAKA	M40	62	Tak	00:38:44.80	00:38:44.80	+00:13:06 (33.8%)	5:09	11.6 (65.9%)
63	WIŚNIEWSKI Marek	337		M40	63		00:38:52.95	00:38:52.95	+00:13:14 (34.0%)	5:10	11.6 (65.9%)
64	ANDRZEJCZAK Damian	273		M40	64		00:39:13.80	00:39:13.80	+00:13:35 (34.6%)	5:13	11.5 (65.3%)
65	NAGORZYSKI Arkadiusz	184	MUD FOXES	M40	65		00:39:28.65	00:39:28.65	+00:13:49 (35.0%)	5:15	11.4 (64.8%)
66	SŁOWIŃSKI Sławek	52		M40	66		00:40:55.75	00:40:55.75	+00:15:16 (37.3%)	5:27	11 (62.5%)
67	SOSIŃSKI Paweł	512	BEZPIECZNY OPERATOR	M40	67	Tak	00:41:29.80	00:41:29.80	+00:15:51 (38.2%)	5:31	10.8 (61.4%)
68	HALAREWICZ Artur	104		M40	68	Tak	00:41:49.60	00:41:49.60	+00:16:10 (38.7%)	5:34	10.8 (61.4%)
69	SIKORSKI Jarek	81	RUN BYDGOSZCZ	M40	69		00:41:57.55	00:41:57.55	+00:16:18 (38.9%)	5:35	10.7 (60.8%)
70	NOWACKI Rafał	228	RAKIETA ZAMOŚĆ :)	M40	70		00:42:19.55	00:42:19.55	+00:16:40 (39.4%)	5:38	10.6 (60.2%)
71	STAWICKI Paweł	106		M40	71	Tak	00:42:22.90	00:42:22.90	+00:16:44 (39.5%)	5:38	10.6 (60.2%)
72	MICHALAK Paweł	545	ASSECO ACTIVE TEAM	M40	72		00:43:29.70	00:43:29.70	+00:17:50 (41.0%)	5:47	10.3 (58.5%)
73	OKOŃSKI Maciej	327		M40	73		00:43:57.10	00:43:57.10	+00:18:18 (41.6%)	5:51	10.2 (58.0%)
74	KURDYNOWSKI Arkadiusz	169	NIEZRZESZONY	M40	74	Tak	00:44:14.10	00:44:14.10	+00:18:35 (42.0%)	5:53	10.2 (58.0%)
75	KACZMARCZYK Krzysztof	253		M40	75		00:44:15.15	00:44:15.15	+00:18:36 (42.0%)	5:54	10.2 (58.0%)
76	BOBROWICZ Marcin	278	GREENYARD	M40	76		00:45:44.85	00:45:44.85	+00:20:06 (43.9%)	6:05	9.8 (55.7%)
77	KORWEL Robert	299		M40	77		00:46:19.40	00:46:19.40	+00:20:40 (44.6%)	6:10	9.7 (55.1%)
78	ZMUDA Waldemar	96		M40	78	Tak	00:46:28.85	00:46:28.85	+00:20:50 (44.8%)	6:11	9.7 (55.1%)
79	DOLNY Bartosz	311		M40	79		00:48:02.70	00:48:02.70	+00:22:23 (46.6%)	6:24	9.4 (53.4%)
80	SZCZYGIEŁ Michał	291		M40	80		00:48:11.75	00:48:11.75	+00:22:32 (46.8%)	6:25	9.3 (52.8%)
81	ADAMSKI Przemysław	282	GREENYARD	M40	81		00:51:52.85	00:51:52.85	+00:26:14 (50.6%)	6:54	8.7 (49.4%)
82	OŚWAŁDOWSKI Piotr	156	-	M40	82		00:51:53.10	00:51:53.10	+00:26:14 (50.6%)	6:55	8.7 (49.4%)

Total 82 results.