

XXXVII PÓŁMARATON GOCHÓW

B4SPORT

Organizator: Kompleks Basenowo-Rekreacyjny „NIMFA” Sp.z.o.o.
Klub Biegacza „Goch” Bytów
Data: 2017-06-04
Miejsce: Bytów
Dystans: 21.1 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	GRZONKA Paweł	388	BASZTA BYTÓW	M-30	1	00:00:04	01:14:33.35	01:14:38.20		3:32	17 (100%)
2	KASZEWSKI Zbigniew	394	TALEX BORZYTUCHOM	M-25	1	00:00:04	01:14:45.05	01:14:49.90	+00:00:11 (0.3%)	3:32	16.9 (99.4%)
3	RAKOCZY Marcin	213	ITEN - THE HOME OF CHAMPIONS	M-25	2	00:00:05	01:15:15.20	01:15:20.20	+00:00:41 (0.9%)	3:33	16.8 (98.8%)
4	WŁODARCZYK Kamil	330	3. FLOTYLLA OKRĘTÓW	M-30	2	00:00:04	01:16:26.95	01:16:31.80	+00:01:53 (2.5%)	3:37	16.6 (97.6%)
5	KUKAŁOWICZ Michał	151		M-18	1	00:00:06	01:19:58.35	01:20:04.45	+00:05:25 (6.8%)	3:47	15.8 (92.9%)
6	GUZOWSKI Dariusz	88	TALEX BORZYTUCHOM	M-45	1	00:00:05	01:20:17.65	01:20:23.10	+00:05:44 (7.1%)	3:48	15.8 (92.9%)
7	DZIĘGIEŁOWSKI Paweł	49	KLUB BIEGAJĄCYCH LEŚNIKÓW	M-35	1	00:00:05	01:20:39.90	01:20:45.80	+00:06:06 (7.6%)	3:49	15.7 (92.4%)
8	LESZCZYŃSKI Jacek	349	DZH MW/6OREL	M-25	3	00:00:04	01:21:56.35	01:22:01.10	+00:07:23 (9.0%)	3:53	15.4 (90.6%)
9	KRAUS Damian	143	CHROBRY GRYFICE	M-18	2	00:00:09	01:22:10.25	01:22:19.40	+00:07:36 (9.3%)	3:53	15.4 (90.6%)
10	JAKUBEK Patryk	95	ŚWIAT PŁYTEK U KRYSPIŃA	M-18	3	00:00:07	01:22:51.40	01:22:59.05	+00:08:18 (10.0%)	3:55	15.3 (90.0%)
11	BOGUSZ Tomasz	320	3. FLOTYLLA OKRĘTÓW	M-35	2	00:00:07	01:22:53.00	01:23:00.80	+00:08:19 (10.0%)	3:55	15.3 (90.0%)
12	KONFEDERAK Dariusz	135		M-40	1	00:00:05	01:23:29.85	01:23:35.50	+00:08:56 (10.7%)	3:57	15.2 (89.4%)
13	BEDNARZ Jakub	9	MTS HAMER MIASTKO	M-18	4	00:00:07	01:23:31.70	01:23:38.85	+00:08:58 (10.7%)	3:57	15.2 (89.4%)
14	KREFT Łukasz	322	3. FLOTYLLA OKRĘTÓW	M-30	3	00:00:06	01:23:40.65	01:23:46.65	+00:09:07 (10.9%)	3:57	15.1 (88.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
15	MRÓWKA Michał	182	MAJATEAM	M-30	4	00:00:07	01:23:43.85	01:23:51.45	+00:09:10 (11.0%)	3:58	15.1 (88.8%)
16	KRYCZKA Stanisław	145	MTS HAMER MIASTKO	M-45	2	00:00:06	01:23:50.45	01:23:57.25	+00:09:17 (11.1%)	3:58	15.1 (88.8%)
17	URZĘDOWSKI Przemysław	358	BLMW/ZZWT	M-30	5	00:00:06	01:24:12.80	01:24:18.80	+00:09:39 (11.5%)	3:59	15 (88.2%)
18	SZCZYBELSKI Wojciech	302	3. FLOTYLLA OKRĘTÓW	M-45	3	00:00:12	01:24:24.40	01:24:37.25	+00:09:51 (11.7%)	4:00	15 (88.2%)
19	BORYSIUK Arkadiusz	377	8.FOW	M-30	6	00:00:06	01:24:46.30	01:24:52.50	+00:10:12 (12.1%)	4:01	14.9 (87.6%)
20	KOKOT Krzysztof	397	HRMAX ŻORY	M-40	2	00:00:05	01:25:19.20	01:25:25.15	+00:10:45 (12.6%)	4:02	14.8 (87.1%)
21	KOBUS Tomasz	132		M-35	3	00:00:06	01:25:37.85	01:25:44.00	+00:11:04 (12.9%)	4:03	14.8 (87.1%)
22	RADTKE Arkadiusz	212		M-18	5	00:00:19	01:25:51.90	01:26:11.75	+00:11:18 (13.2%)	4:04	14.7 (86.5%)
23	JANISZEWSKI Marek	96	ŚCIGAŁ TEAM DRUTEX	M-35	4	00:00:07	01:25:55.30	01:26:02.30	+00:11:21 (13.2%)	4:04	14.7 (86.5%)
24	STOLTMAN Marcin	248	ŚCIGAŁ TEAM	M-25	4	00:00:07	01:26:00.85	01:26:07.85	+00:11:27 (13.3%)	4:04	14.7 (86.5%)
25	RYBARCZYK Maciej	224		M-45	4	00:00:06	01:26:21.05	01:26:27.50	+00:11:47 (13.7%)	4:05	14.7 (86.5%)
26	LABUDA Marek	152		M-50	1	00:00:06	01:26:38.25	01:26:44.75	+00:12:04 (13.9%)	4:06	14.6 (85.9%)
27	KONKOL Kazimierz	421		M-40	3	00:00:11	01:26:44.40	01:26:55.85	+00:12:11 (14.0%)	4:06	14.6 (85.9%)
28	GRZONKA Piotr	87	NADLEŚNICTWO GDAŃSK	M-25	5	00:00:05	01:26:54.80	01:27:00.70	+00:12:21 (14.2%)	4:07	14.6 (85.9%)
29	LEBIODA Sebastian	346	DZH MW/GOREL	M-30	7	00:00:05	01:27:03.15	01:27:08.45	+00:12:29 (14.4%)	4:07	14.5 (85.3%)
30	GRZESIK Eugeniusz	86	TKKF KOSZALIN	M-50	2	00:00:08	01:27:04.35	01:27:12.60	+00:12:31 (14.4%)	4:07	14.5 (85.3%)
31	PALMA Paweł	309	3. FLOTYLLA OKRĘTÓW	M-40	4	00:00:11	01:27:05.10	01:27:17.05	+00:12:31 (14.4%)	4:07	14.5 (85.3%)
32	GLAZIK Dariusz	66	ŚCIGAŁ TEAM	M-40	5	00:00:05	01:27:20.45	01:27:26.30	+00:12:47 (14.6%)	4:08	14.5 (85.3%)
33	STAŃCZYK Szymon	360	BLMW/ZZWT	M-25	6	00:00:06	01:27:22.35	01:27:28.85	+00:12:49 (14.7%)	4:08	14.5 (85.3%)
34	KRÓL Rafał	331	3. FLOTYLLA OKRĘTÓW	M-25	7	00:00:05	01:27:25.85	01:27:31.40	+00:12:52 (14.7%)	4:08	14.5 (85.3%)
35	MAJEWSKI Artur	167	NADLEŚNICTWO MIROSŁAWIEC	M-40	6	00:00:07	01:27:50.30	01:27:57.90	+00:13:16 (15.1%)	4:09	14.4 (84.7%)
36	NOWAKOWSKI Andrzej	191	TRAKTOR TEAM GMINA KWIDZYN	M-45	5	00:00:08	01:28:01.15	01:28:09.80	+00:13:27 (15.3%)	4:10	14.4 (84.7%)
37	PYPEĆ Mariusz	209	TRAKTOR TEAM GMINA KWIDZYN	M-35	5	00:00:09	01:28:02.00	01:28:11.20	+00:13:28 (15.3%)	4:10	14.4 (84.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
38	JURA Krzysztof	107	MTS HAMER MIASTKO	M-45	6	00:00:07	01:28:21.45	01:28:28.65	+00:13:48 (15.6%)	4:11	14.3 (84.1%)
39	HEYKA Jarosław	304	3. FLOTYLLA OKRĘTÓW	M-45	7	00:00:07	01:28:24.30	01:28:31.80	+00:13:50 (15.7%)	4:11	14.3 (84.1%)
40	GRZONKA Piotr	395	OLIMPIA BYTÓW	M-30	8	00:00:04	01:28:31.05	01:28:35.80	+00:13:57 (15.8%)	4:11	14.3 (84.1%)
41	KARCZ Artur	365	BLMW/ZZWT	M-35	6	00:00:06	01:28:31.50	01:28:38.25	+00:13:58 (15.8%)	4:11	14.3 (84.1%)
42	BŁOŃSKI Roman	13	AKADEMIA MARYNARKI WOJENNEJ	M-25	8	00:00:00	01:28:49.25	01:28:49.25	+00:14:15 (16.1%)	4:12	14.3 (84.1%)
43	ROGOZA Mateusz	218	NIGHT RUNNERS SŁUPSK	M-25	9	00:00:07	01:28:49.45	01:28:56.80	+00:14:16 (16.1%)	4:12	14.3 (84.1%)
44	JABŁONOWSKI Wojciech	94	42,2 / FM2012	M-45	8	00:00:09	01:28:59.35	01:29:08.85	+00:14:26 (16.2%)	4:13	14.2 (83.5%)
45	MICHALSKI Artur	314	3. FLOTYLLA OKRĘTÓW	M-35	7	00:00:13	01:29:06.95	01:29:20.45	+00:14:33 (16.3%)	4:13	14.2 (83.5%)
46	KŁOPOTEK Patryk	129	TEAM FORDON BYDGOSZCZ	M-25	10	00:00:11	01:29:21.00	01:29:32.30	+00:14:47 (16.6%)	4:14	14.2 (83.5%)
47	KUJAWSKI Marcin	150	TEAM FORDON BYDGOSZCZ	M-25	11	00:00:10	01:29:22.25	01:29:32.80	+00:14:48 (16.6%)	4:14	14.2 (83.5%)
48	MŁYNARCZYK Zbyszek	180		M-30	9	00:00:10	01:29:25.70	01:29:36.55	+00:14:52 (16.6%)	4:14	14.2 (83.5%)
49	PASISZ Daniel	329	3. FLOTYLLA OKRĘTÓW	M-30	10	00:00:13	01:29:33.75	01:29:47.25	+00:15:00 (16.8%)	4:14	14.1 (82.9%)
50	SKWIERAWSKI Wiesław	237	FLORIAN CHOJNICE	M-50	3	00:00:07	01:29:36.65	01:29:43.80	+00:15:03 (16.8%)	4:14	14.1 (82.9%)
51	ZAWADA Piotr	294		M-50	4	00:00:08	01:29:59.60	01:30:08.40	+00:15:26 (17.2%)	4:15	14.1 (82.9%)
52	MYSZKOWSKI Jan	184		M-55	1	00:00:08	01:30:41.70	01:30:49.90	+00:16:08 (17.8%)	4:17	14 (82.4%)
53	GAWRON Piotr	63	KB GOCH BYTÓW	M-40	7	00:00:16	01:30:55.20	01:31:12.15	+00:16:21 (18.0%)	4:18	13.9 (81.8%)
54	KOWALSKI Kazimierz	140		M-55	2	00:00:06	01:30:55.90	01:31:02.10	+00:16:22 (18.0%)	4:18	13.9 (81.8%)
55	FORMELA Łukasz	56		M-40	8	00:00:06	01:31:00.40	01:31:06.80	+00:16:27 (18.1%)	4:18	13.9 (81.8%)
56	KLINKUSZ Adrian	124	MARKOS RUNNING TEAM	M-35	8	00:00:30	01:31:09.25	01:31:40.00	+00:16:35 (18.2%)	4:19	13.9 (81.8%)
57	GRABOWSKI Andrzej	77	ŚWIAT PŁYTEK U KRYSPIŃA	M-40	9	00:00:11	01:31:20.50	01:31:31.85	+00:16:47 (18.4%)	4:19	13.9 (81.8%)
58	CICHY Adrian	351	DZH MW/6OREL	M-25	12	00:00:14	01:31:23.00	01:31:37.70	+00:16:49 (18.4%)	4:19	13.9 (81.8%)
59	SKRZYPKOWSKI Maciej	308	3. FLOTYLLA OKRĘTÓW	M-40	10	00:00:14	01:31:23.90	01:31:38.30	+00:16:50 (18.4%)	4:19	13.9 (81.8%)
60	KORAB Szymon	137	KORZYBSKIE REKINY	M-30	11	00:00:22	01:31:31.55	01:31:54.50	+00:16:58 (18.5%)	4:20	13.8 (81.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
61	KLEINSZMIDT Ryszard	122		M-50	5	00:00:15	01:31:33.25	01:31:48.95	+00:16:59 (18.6%)	4:20	13.8 (81.2%)
62	RÓŻAK Fabian	323	3. FLOTYLLA OKRĘTÓW	M-30	12	00:00:14	01:31:35.40	01:31:49.50	+00:17:02 (18.6%)	4:20	13.8 (81.2%)
63	SKWAREK Piotr	236	KS PIDRINA GDYNIA	M-35	9	00:00:08	01:31:42.00	01:31:50.10	+00:17:08 (18.7%)	4:20	13.8 (81.2%)
64	GRACHEL Darek	78	BIEGOHOLIZM	M-25	13	00:00:16	01:31:43.85	01:32:00.50	+00:17:10 (18.7%)	4:20	13.8 (81.2%)
65	ZIEMAN Michał	298	KB GOCH BYTÓW	M-25	14	00:00:07	01:31:45.10	01:31:52.40	+00:17:11 (18.7%)	4:20	13.8 (81.2%)
66	ELENDT Tomasz	50		M-25	15	00:00:10	01:31:46.95	01:31:57.40	+00:17:13 (18.8%)	4:20	13.8 (81.2%)
67	ANDRYSKOWSKI Zdzisław	414	KOLARZ-POL	M-45	9	00:00:08	01:31:48.80	01:31:57.40	+00:17:15 (18.8%)	4:21	13.8 (81.2%)
68	BOJANOWSKI Michał	14	KLUB 42,2 LĘBORK	M-35	10	00:00:05	01:31:56.25	01:32:01.40	+00:17:22 (18.9%)	4:21	13.8 (81.2%)
69	SIEKLUCKI Robert	231	KREATIVSPORT	M-40	11	00:00:11	01:32:14.35	01:32:26.30	+00:17:41 (19.2%)	4:22	13.7 (80.6%)
70	GRABIAS Aleksandra	75		K-25	1	00:00:06	01:32:20.35	01:32:26.90	+00:17:47 (19.3%)	4:22	13.7 (80.6%)
71	RODZIŃSKI Damian	217	STOPA SŁUPSK	M-35	11	00:00:08	01:32:22.20	01:32:30.50	+00:17:48 (19.3%)	4:22	13.7 (80.6%)
72	ŻEBROWSKI Denis	383		M-18	6	00:00:18	01:32:28.35	01:32:47.25	+00:17:55 (19.4%)	4:22	13.7 (80.6%)
73	RADTKE Robert	211		M-45	10	00:00:19	01:32:30.40	01:32:49.75	+00:17:57 (19.4%)	4:23	13.7 (80.6%)
74	SZCZESNY Damian	258		M-30	13	00:00:24	01:32:35.85	01:33:00.70	+00:18:02 (19.5%)	4:23	13.7 (80.6%)
75	RADTKE Rafał	210	KB GOCH BYTÓW/AMSTERDAM TEAM 2017	M-35	12	00:00:12	01:32:39.65	01:32:52.00	+00:18:06 (19.5%)	4:23	13.7 (80.6%)
76	SZCZĘSNY Piotr	398	LKBBPETK	M-45	11	00:00:07	01:32:40.55	01:32:48.45	+00:18:07 (19.6%)	4:23	13.7 (80.6%)
77	BUCA Rafał	417	BASZTA BYTÓW	M-45	12	00:00:37	01:32:43.15	01:33:21.05	+00:18:09 (19.6%)	4:23	13.7 (80.6%)
78	SKORUPSKI Robert	234	STOPA SŁUPSK	M-35	13	00:00:35	01:32:47.85	01:33:23.60	+00:18:14 (19.7%)	4:23	13.6 (80.0%)
79	GROSZEWSKI Grzegorz	82	NADLESNICTWO SZCZECINEK	M-40	12	00:00:08	01:33:14.40	01:33:22.70	+00:18:41 (20.0%)	4:25	13.6 (80.0%)
80	STENCEL Arkadiusz	244		M-25	16	00:00:08	01:33:20.35	01:33:29.20	+00:18:47 (20.1%)	4:25	13.6 (80.0%)
81	BEDNARZ Michał	10	MTS HAMER MIASTKO	M-18	7	00:00:00	01:33:27.05	01:33:27.05	+00:18:53 (20.2%)	4:25	13.5 (79.4%)
82	CZAJA Andrzej	30	UKS EKONOMIK MARATOŃCZYK LĘBORK	M-50	6	00:00:07	01:33:39.40	01:33:46.40	+00:19:06 (20.4%)	4:26	13.5 (79.4%)
83	BURNICKI Rafał	391	BASZTA BYTÓW MASTERS	M-45	13	00:00:05	01:33:40.15	01:33:45.15	+00:19:06 (20.4%)	4:26	13.5 (79.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
84	ZALEWSKI Marek	292		M-55	3	00:00:10	01:33:44.55	01:33:55.30	+00:19:11 (20.5%)	4:26	13.5 (79.4%)
85	PARTYKA Tomasz	362	BLMW ZZWT	M-45	14	00:00:14	01:33:52.05	01:34:06.90	+00:19:18 (20.6%)	4:26	13.5 (79.4%)
86	NIKLAS Karol	190		M-45	15	00:00:25	01:33:53.55	01:34:19.35	+00:19:20 (20.6%)	4:27	13.5 (79.4%)
87	CHWOJNICKI Janusz	23	EX BYTOVIA BYTÓW	M-45	16	00:00:17	01:33:56.35	01:34:13.95	+00:19:23 (20.6%)	4:27	13.5 (79.4%)
88	DYMOWSKI Artur	305	3. FLOTYLLA OKRĘTÓW	M-40	13	00:00:07	01:34:03.50	01:34:10.50	+00:19:30 (20.7%)	4:27	13.5 (79.4%)
89	OLESZEK Jerzy	354	CSMW USTKA	M-45	17	00:00:13	01:34:11.70	01:34:25.25	+00:19:38 (20.8%)	4:27	13.4 (78.8%)
90	RESZKOWSKI Sebastian	216	BAZA 44	M-30	14	00:00:27	01:34:35.70	01:35:03.05	+00:20:02 (21.2%)	4:29	13.4 (78.8%)
91	SZYCA Łukasz	265		M-35	14	00:00:07	01:34:45.35	01:34:52.65	+00:20:12 (21.3%)	4:29	13.4 (78.8%)
92	DYLIŃSKI Bartosz	46	NADLEŚNICTWO STRZELCE KRAJEŃSKIE	M-30	15	00:00:11	01:34:46.55	01:34:58.45	+00:20:13 (21.3%)	4:29	13.4 (78.8%)
93	PIŁCZYŃSKI Zbigniew	204		M-50	7	00:00:09	01:34:59.60	01:35:08.95	+00:20:26 (21.5%)	4:30	13.3 (78.2%)
94	SKĘPIEC Adam	233	'LECĘ BO CHCĘ...'	M-35	15	00:00:20	01:35:03.90	01:35:24.40	+00:20:30 (21.6%)	4:30	13.3 (78.2%)
95	GRABOWSKI Rafał	76	KORZYBSKIE REKINY	M-30	16	00:00:17	01:35:04.60	01:35:22.00	+00:20:31 (21.6%)	4:30	13.3 (78.2%)
96	BORKO Ryszard	15	KS PIDRINA GDYNIA	M-45	18	00:00:14	01:35:11.20	01:35:25.60	+00:20:37 (21.7%)	4:30	13.3 (78.2%)
97	MROZIŃSKI Leszek	321	3. FLOTYLLA OKRĘTÓW	M-35	16	00:00:13	01:35:26.50	01:35:39.80	+00:20:53 (21.9%)	4:31	13.3 (78.2%)
98	RABIJAK Mariusz	313	3. FLOTYLLA OKRĘTÓW	M-35	17	00:00:33	01:35:31.30	01:36:04.90	+00:20:57 (21.9%)	4:31	13.3 (78.2%)
99	WRÓBLEWSKI Mateusz	289		M-18	8	00:00:21	01:35:39.25	01:36:00.30	+00:21:05 (22.1%)	4:31	13.2 (77.6%)
100	BELIŃSKA Patrycja	11	RUN BYDGOSZCZ	K-25	2	00:00:12	01:35:49.35	01:36:02.00	+00:21:16 (22.2%)	4:32	13.2 (77.6%)
101	DYDYMSKI Krzysztof	45		M-40	14	00:00:20	01:35:50.25	01:36:10.60	+00:21:16 (22.2%)	4:32	13.2 (77.6%)
102	WIELUSZ Łukasz	317	3. FLOTYLLA OKRĘTÓW	M-35	18	00:00:12	01:35:50.60	01:36:03.40	+00:21:17 (22.2%)	4:32	13.2 (77.6%)
103	NALEŻYTY Katarzyna	188	TKKF KOLEJARZ BYDGOSZCZ // RUNNINGGIRL.PL	K-25	3	00:00:13	01:36:10.55	01:36:24.30	+00:21:37 (22.5%)	4:33	13.2 (77.6%)
104	MISIEC Przemysław	364	BLMW ZZWT	M-35	19	00:00:34	01:36:10.95	01:36:45.50	+00:21:37 (22.5%)	4:33	13.2 (77.6%)
105	RUDŹKO Wojciech	223	1968.	M-45	19	00:00:15	01:36:11.25	01:36:26.80	+00:21:37 (22.5%)	4:33	13.2 (77.6%)
106	BALICKI Andrzej	6	PARKRUN GDYNIA	M-65	1	00:00:09	01:36:12.50	01:36:21.85	+00:21:39 (22.5%)	4:33	13.2 (77.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
107	JĘCEK Krzysztof	105	MARKOS RUNNING TEAM	M-30	17	00:00:17	01:36:18.00	01:36:35.45	+00:21:44 (22.6%)	4:33	13.1 (77.1%)
108	KOZAK Krzysztof	142	BIEGAMYRAZEM	M-50	8	00:00:15	01:36:30.45	01:36:45.70	+00:21:57 (22.7%)	4:34	13.1 (77.1%)
109	PĘKAŁA Piotr	199	ROZBIEGANY KOSZALIN	M-45	20	00:00:16	01:36:31.85	01:36:48.80	+00:21:58 (22.8%)	4:34	13.1 (77.1%)
110	TOMASZEWSKI Krzysztof	270	NADLEŚNICTWO KOLBUDY	M-55	4	00:00:07	01:36:37.20	01:36:45.10	+00:22:03 (22.8%)	4:34	13.1 (77.1%)
111	GRALAK Jacek	80		M-40	15	00:00:10	01:36:42.40	01:36:53.35	+00:22:09 (22.9%)	4:35	13.1 (77.1%)
112	KONKEL Agnieszka	136		K-30	1	00:00:09	01:36:46.40	01:36:56.15	+00:22:13 (23.0%)	4:35	13.1 (77.1%)
113	SZLAS Radosław	262	STUDIO S7 BANINO	M-40	16	00:00:20	01:36:50.45	01:37:10.80	+00:22:17 (23.0%)	4:35	13.1 (77.1%)
114	ENGLERT Paweł	344	DZH MW/6OREL	M-40	17	00:00:18	01:36:58.70	01:37:16.90	+00:22:25 (23.1%)	4:35	13.1 (77.1%)
115	MROCZEK GLISZCZYŃSKI Mateusz	399		M-30	18	00:00:11	01:37:05.40	01:37:16.70	+00:22:32 (23.2%)	4:36	13 (76.5%)
116	WOJNOWSKI Wiesław	286	DCT DRUŻYNA BIEGOWA	M-35	20	00:00:26	01:37:08.95	01:37:35.30	+00:22:35 (23.3%)	4:36	13 (76.5%)
117	ŚWIĄTEK BRZEZIŃSKI Grzegorz	410		M-45	21	00:00:09	01:37:13.15	01:37:22.40	+00:22:39 (23.3%)	4:36	13 (76.5%)
118	ŁOŻYŃSKI Jacek	411	FLORIAN	M-45	22	00:00:14	01:37:24.45	01:37:38.80	+00:22:51 (23.5%)	4:36	13 (76.5%)
119	MAJCHRZAK Łukasz	166	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M-25	17	00:00:12	01:37:24.75	01:37:36.75	+00:22:51 (23.5%)	4:36	13 (76.5%)
120	BARANOWSKI Maciej	7	KS PIDRINA GDYNIA	M-40	18	00:00:22	01:37:38.05	01:38:00.05	+00:23:04 (23.6%)	4:37	13 (76.5%)
121	NACZK Adam	185	KS PIDRINA GDYNIA	M-45	23	00:00:15	01:37:41.30	01:37:56.65	+00:23:07 (23.7%)	4:37	13 (76.5%)
122	GAWRYŚ Marcin	316	3. FLOTYLLA OKRĘTÓW	M-35	21	00:00:37	01:37:43.30	01:38:20.60	+00:23:09 (23.7%)	4:37	13 (76.5%)
123	STĘPNIEWSKI Marcin	246	MARKOS RUNNING TEAM	M-45	24	00:00:27	01:37:45.20	01:38:13.15	+00:23:11 (23.7%)	4:38	12.9 (75.9%)
124	JANKOWSKI Sławomir	99	ŚWIAT PŁYTEK U KRYSPIŃA	M-18	9	00:00:31	01:37:47.10	01:38:19.00	+00:23:13 (23.8%)	4:38	12.9 (75.9%)
125	KLEKOTKO Fabian	342	DZH MW/6OREL	M-35	22	00:00:21	01:38:24.75	01:38:46.50	+00:23:51 (24.2%)	4:39	12.9 (75.9%)
126	LASKOWSKI Radosław	157	KS PIDRINA GDYNIA	M-40	19	00:00:10	01:38:30.10	01:38:40.10	+00:23:56 (24.3%)	4:40	12.9 (75.9%)
127	FILIŃSKI Mariusz	340	DZH MW/6OREL	M-40	20	00:00:19	01:38:31.80	01:38:50.80	+00:23:58 (24.3%)	4:40	12.9 (75.9%)
128	SZULC Michał	352	DZH MW/6OREL	M-30	19	00:00:27	01:38:35.75	01:39:03.40	+00:24:02 (24.4%)	4:40	12.8 (75.3%)
129	KOLIŃSKI Krzysztof	133		M-35	23	00:00:19	01:38:39.05	01:38:58.90	+00:24:05 (24.4%)	4:40	12.8 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
130	SPRINGMAN Krystian	243	KLUB 42,2	M-35	24	00:00:10	01:38:42.75	01:38:52.90	+00:24:09 (24.5%)	4:40	12.8 (75.3%)
131	GERING Mariusz	65	DRUŻYNA BIEGOWA DCT	M-30	20	00:00:25	01:38:46.80	01:39:12.45	+00:24:13 (24.5%)	4:40	12.8 (75.3%)
132	HOPPE Wiesław	92		M-30	21	00:00:13	01:38:47.80	01:39:00.90	+00:24:14 (24.5%)	4:40	12.8 (75.3%)
133	SIENKIEWICZ Marcin	232		M-30	22	00:00:21	01:38:49.05	01:39:10.75	+00:24:15 (24.6%)	4:40	12.8 (75.3%)
134	MROZIAK Maciek	181	HONEY STINGER RUNNERS	M-45	25	00:00:42	01:38:50.65	01:39:33.60	+00:24:17 (24.6%)	4:41	12.8 (75.3%)
135	WEROCHOWSKI Wojciech	278	PAWEŁ GRZONKA COACHING / PKO BANK POLSKI	M-40	21	00:00:16	01:38:59.05	01:39:15.65	+00:24:25 (24.7%)	4:41	12.8 (75.3%)
136	ŚWIĄTEK BRZEZIŃSKI Hubert	409		M-18	10	00:00:09	01:39:03.40	01:39:13.15	+00:24:30 (24.7%)	4:41	12.8 (75.3%)
137	PIETRZAK Kamil	203	ACTIVE MALBORK	M-30	23	00:00:33	01:39:05.70	01:39:39.35	+00:24:32 (24.8%)	4:41	12.8 (75.3%)
138	CIESIELSKI Arkadiusz	26	NADLEŚNICTWO MIĘDZYCHÓD	M-40	22	00:00:14	01:39:08.00	01:39:22.55	+00:24:34 (24.8%)	4:41	12.8 (75.3%)
139	ROMPCA Dariusz	221	GKS KASZUBI LUZINO	M-50	9	00:00:24	01:39:13.00	01:39:37.40	+00:24:39 (24.9%)	4:42	12.8 (75.3%)
140	JASZEWSKI Tomasz	101	KB GOCH BYTÓW	M-35	25	00:00:09	01:39:17.05	01:39:27.00	+00:24:43 (24.9%)	4:42	12.7 (74.7%)
141	PIETRZYCKI Sławomir	370	BLMW/ZZWT	M-45	26	00:00:26	01:39:17.95	01:39:44.85	+00:24:44 (24.9%)	4:42	12.7 (74.7%)
142	ADAMCZYK Błażej	2	NADLEŚNICTWO OSUSZNICA	M-25	18	00:00:09	01:39:27.85	01:39:37.30	+00:24:54 (25.0%)	4:42	12.7 (74.7%)
143	GŁUCHACZKA Justyna	68	KLUB 42,2 LĘBORK	K-25	4	00:00:05	01:39:30.80	01:39:36.40	+00:24:57 (25.1%)	4:42	12.7 (74.7%)
144	LEWANDOWSKI Tomasz	353	CSMW USTKA	M-40	23	00:00:14	01:39:33.15	01:39:48.00	+00:24:59 (25.1%)	4:43	12.7 (74.7%)
145	CICHOSZ-MIELEWCZYK Mateusz	24		M-30	24	00:00:33	01:39:46.60	01:40:19.60	+00:25:13 (25.3%)	4:43	12.7 (74.7%)
146	SULL Kacper	255	NIGHT RUNNERS SŁUPSK	M-18	11	00:00:30	01:39:46.90	01:40:17.75	+00:25:13 (25.3%)	4:43	12.7 (74.7%)
147	SŁOTAŁA Dariusz	238	LEŚNY LUDEK	M-55	5	00:00:24	01:39:50.35	01:40:14.60	+00:25:17 (25.3%)	4:43	12.7 (74.7%)
148	JANTA-LIPIŃSKA Justyna	100	ŚCIGAŁ TEAM	K-30	2	00:00:11	01:40:00.00	01:40:11.60	+00:25:26 (25.4%)	4:44	12.7 (74.7%)
149	KLUCZEWSKA Emilia	127		K-30	3	00:00:12	01:40:15.40	01:40:28.05	+00:25:42 (25.6%)	4:45	12.6 (74.1%)
150	GAŁKOWSKI Wojciech	403		M-40	24	00:00:11	01:40:23.30	01:40:34.90	+00:25:49 (25.7%)	4:45	12.6 (74.1%)
151	WAGNER Jens	275		M-30	25	00:00:13	01:40:30.75	01:40:44.05	+00:25:57 (25.8%)	4:45	12.6 (74.1%)
152	STRZELECKI Zbigniew	251	KORZYBSKIE REKINY	M-60	1	00:00:20	01:40:39.35	01:41:00.10	+00:26:06 (25.9%)	4:46	12.6 (74.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
153	SKRABURSKI Piotr	235	URZĄD MARSZAŁKOWSKI GDAŃSK	M-40	25	00:00:16	01:40:41.10	01:40:57.65	+00:26:07 (26.0%)	4:46	12.6 (74.1%)
154	OKOŁOTOWICZ Sebastian	194		M-30	26	00:00:15	01:40:43.70	01:40:59.55	+00:26:10 (26.0%)	4:46	12.6 (74.1%)
155	PRZEWŁOCKI Michał	424	INTER METAL	M-30	27	00:00:11	01:40:45.00	01:40:56.60	+00:26:11 (26.0%)	4:46	12.6 (74.1%)
156	SOROKA Piotr	240	ROZBIEGANY KOSZALIN	M-35	26	00:00:25	01:40:48.80	01:41:13.85	+00:26:15 (26.0%)	4:46	12.6 (74.1%)
157	SAZON Emilia	228		K-18	1	00:00:10	01:40:49.95	01:41:00.70	+00:26:16 (26.1%)	4:46	12.6 (74.1%)
158	RUDNIK Jerzy	222	FLORIAN	M-65	2	00:00:09	01:40:50.30	01:41:00.15	+00:26:16 (26.1%)	4:46	12.6 (74.1%)
159	LABUDA Anna	153	POWERSYSTEM, AKADEMIA BIEGOWA KARTUZY	K-40	1	00:00:13	01:40:50.50	01:41:04.35	+00:26:17 (26.1%)	4:46	12.6 (74.1%)
160	KANIGOWSKI Grzegorz	114		M-35	27	00:00:17	01:40:54.75	01:41:11.90	+00:26:21 (26.1%)	4:46	12.5 (73.5%)
161	KIERZNOWSKI Przemysław	312	3. FLOTYLLA OKRĘTÓW	M-35	28	00:00:13	01:40:57.60	01:41:10.60	+00:26:24 (26.2%)	4:47	12.5 (73.5%)
162	KLEJNA Grzegorz	390		M-40	26	00:00:10	01:41:10.50	01:41:21.15	+00:26:37 (26.3%)	4:47	12.5 (73.5%)
163	NOWAK Sebastian	311	3. FLOTYLLA OKRĘTÓW	M-35	29	00:00:10	01:41:15.75	01:41:25.80	+00:26:42 (26.4%)	4:47	12.5 (73.5%)
164	SOŁTYS Katarzyna	337	3. FLOTYLLA OKRĘTÓW	K-35	1	00:00:09	01:41:16.35	01:41:26.10	+00:26:43 (26.4%)	4:48	12.5 (73.5%)
165	MACHNIKOWSKI Marek	165		M-45	27	00:00:45	01:41:23.00	01:42:08.85	+00:26:49 (26.5%)	4:48	12.5 (73.5%)
166	KACZMAREK Piotr	110	DOBORY.PL	M-40	27	00:00:45	01:41:23.35	01:42:08.55	+00:26:50 (26.5%)	4:48	12.5 (73.5%)
167	WILKOWSKI Krzysztof	282		M-35	30	00:00:17	01:41:23.95	01:41:41.40	+00:26:50 (26.5%)	4:48	12.5 (73.5%)
168	GARBOWSKI Tomasz	61	FEMAT	M-40	28	00:00:21	01:41:25.95	01:41:47.45	+00:26:52 (26.5%)	4:48	12.5 (73.5%)
169	BAJDA Grzegorz	332	3. FLOTYLLA OKRĘTÓW	M-25	19	00:00:25	01:41:29.15	01:41:54.80	+00:26:55 (26.5%)	4:48	12.5 (73.5%)
170	SMENTOCH Mariusz	335	3. FLOTYLLA OKRĘTÓW	M-25	20	00:00:37	01:41:32.85	01:42:10.45	+00:26:59 (26.6%)	4:48	12.5 (73.5%)
171	NĘDZUSIAK Dariusz	189		M-55	6	00:00:29	01:41:33.90	01:42:03.65	+00:27:00 (26.6%)	4:48	12.5 (73.5%)
172	WORYNA Tomasz	343	DZH MW/6OREL	M-40	29	00:00:31	01:41:34.40	01:42:05.55	+00:27:01 (26.6%)	4:48	12.5 (73.5%)
173	MROCZKA Michał	303	3. FLOTYLLA OKRĘTÓW	M-45	28	00:00:33	01:41:35.05	01:42:08.55	+00:27:01 (26.6%)	4:48	12.5 (73.5%)
174	LECHOWSKI Tomasz	366	BLMW/ZZWT	M-35	31	00:00:34	01:41:36.30	01:42:11.00	+00:27:02 (26.6%)	4:48	12.5 (73.5%)
175	SZYBA Sylwester	326	3. FLOTYLLA OKRĘTÓW	M-30	28	00:00:35	01:41:37.15	01:42:12.20	+00:27:03 (26.6%)	4:48	12.5 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
176	WOJTALIK Przemysław	405		M-35	32	00:00:08	01:41:38.20	01:41:46.25	+00:27:04 (26.6%)	4:49	12.5 (73.5%)
177	DOPKE Kamil	333	3. FLOTYLLA OKRĘTÓW	M-25	21	00:00:10	01:41:39.65	01:41:50.40	+00:27:06 (26.7%)	4:49	12.5 (73.5%)
178	LEWANDOWSKI Jakub	413	SUBMARINE TEAM	M-40	30	00:00:11	01:41:44.30	01:41:56.20	+00:27:10 (26.7%)	4:49	12.4 (72.9%)
179	WASZAK Karol	276	KORZYBSKIE REKINY	M-25	22	00:00:22	01:41:49.35	01:42:11.50	+00:27:16 (26.8%)	4:49	12.4 (72.9%)
180	KARPOWICZ Bartosz	310	3. FLOTYLLA OKRĘTÓW	M-35	33	00:00:37	01:41:53.40	01:42:31.35	+00:27:20 (26.8%)	4:49	12.4 (72.9%)
181	OLESZKIEWICZ Kamila	420		K-18	2	00:00:38	01:42:10.00	01:42:48.40	+00:27:36 (27.0%)	4:50	12.4 (72.9%)
182	KACZMAREK Robert	109	NIGHT RUNNERS	M-30	29	00:00:26	01:42:12.75	01:42:39.00	+00:27:39 (27.1%)	4:50	12.4 (72.9%)
183	DUDZIK Marek	42	KS PIDRINA GDYNIA	M-45	29	00:00:21	01:42:13.05	01:42:34.85	+00:27:39 (27.1%)	4:50	12.4 (72.9%)
184	RYCABEL Bogdan	226	TRAKTOR TEAM GMINA KWIDZYN	M-45	30	00:00:13	01:42:17.30	01:42:30.75	+00:27:43 (27.1%)	4:50	12.4 (72.9%)
185	DOMITRZ Katarzyna	39	ŻYJ Z ENERGIĄ DARŁOWO	K-35	2	00:00:15	01:42:18.25	01:42:33.50	+00:27:44 (27.1%)	4:50	12.4 (72.9%)
186	FERENC Rafał	52		M-30	30	00:00:31	01:42:29.30	01:43:00.85	+00:27:55 (27.3%)	4:51	12.4 (72.9%)
187	DUDZIAK Piotr	41	KOSZALIN	M-40	31	00:00:15	01:42:30.00	01:42:45.70	+00:27:56 (27.3%)	4:51	12.4 (72.9%)
188	LESZKOWSKI Sławomir	422		M-40	32	00:00:25	01:42:33.25	01:42:58.60	+00:27:59 (27.3%)	4:51	12.3 (72.4%)
189	ROLBIECKI Adam	220		M-40	33	00:00:36	01:42:41.15	01:43:17.40	+00:28:07 (27.4%)	4:51	12.3 (72.4%)
190	SIUDAK Dariusz	336	3. FLOTYLLA OKRĘTÓW	M-35	34	00:00:34	01:42:42.65	01:43:17.50	+00:28:09 (27.4%)	4:52	12.3 (72.4%)
191	DYŚ Jarosław	48	MARKOS RUNNING TEAM	M-40	34	00:00:28	01:42:43.55	01:43:11.85	+00:28:10 (27.4%)	4:52	12.3 (72.4%)
192	ZEBZDA Robert	295		M-40	35	00:00:37	01:42:53.45	01:43:30.50	+00:28:20 (27.5%)	4:52	12.3 (72.4%)
193	LEŚNIEWSKI Mariusz	158		M-40	36	00:00:24	01:43:01.05	01:43:25.60	+00:28:27 (27.6%)	4:52	12.3 (72.4%)
194	SZTUBA Bartłomiej	264		M-45	31	00:00:07	01:43:05.30	01:43:13.05	+00:28:31 (27.7%)	4:53	12.3 (72.4%)
195	KOMOROWSKA-SOŁODOWCZUK Katarzyna	347	DZH MW/6OREL	K-35	3	00:00:16	01:43:15.80	01:43:32.35	+00:28:42 (27.8%)	4:53	12.3 (72.4%)
196	KRZYŻANIAK Agnieszka	146	NIGHT RUNNERS	K-30	4	00:00:25	01:43:23.50	01:43:49.25	+00:28:50 (27.9%)	4:54	12.2 (71.8%)
197	WNUK-LIPIŃSKI Konrad	283		M-18	12	00:00:19	01:43:25.85	01:43:45.25	+00:28:52 (27.9%)	4:54	12.2 (71.8%)
198	DOMASZK Zbigniew	38	BYTÓW	M-40	37	00:00:06	01:43:34.00	01:43:40.70	+00:29:00 (28.0%)	4:54	12.2 (71.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
199	WICKI Krzysztof	280		M-25	23	00:00:34	01:43:38.00	01:44:12.05	+00:29:04 (28.1%)	4:54	12.2 (71.8%)
200	ŁEPEK Agnieszka	164	KS PIDRINA GDYNIA	K-45	1	00:00:24	01:43:39.60	01:44:04.10	+00:29:06 (28.1%)	4:54	12.2 (71.8%)
201	STORCZYK-RAK Agnieszka	249		K-30	5	00:00:14	01:43:40.50	01:43:55.45	+00:29:07 (28.1%)	4:54	12.2 (71.8%)
202	WOJCIECHOWSKI Dariusz	285		M-45	32	00:00:20	01:43:41.65	01:44:02.10	+00:29:08 (28.1%)	4:54	12.2 (71.8%)
203	NAGEL Anna	187	TENIS KLUB BYTÓW	K-40	2	00:00:15	01:43:47.05	01:44:02.40	+00:29:13 (28.2%)	4:55	12.2 (71.8%)
204	NADOLSKI Tomasz	186	DRUŻYNA OLBRZYMA	M-40	38	00:00:13	01:43:47.50	01:44:00.50	+00:29:14 (28.2%)	4:55	12.2 (71.8%)
205	ORLIKOWSKI Tadeusz	195	PARKRUN GDYNIA	M-65	3	00:00:15	01:43:49.60	01:44:04.75	+00:29:16 (28.2%)	4:55	12.2 (71.8%)
206	KAMELSKI Piotr	111	SŁAWNO	M-40	39	00:00:39	01:44:00.20	01:44:39.80	+00:29:26 (28.3%)	4:55	12.2 (71.8%)
207	ŚWIETLIK Tomasz	268		M-55	7	00:00:29	01:44:01.10	01:44:30.60	+00:29:27 (28.3%)	4:55	12.2 (71.8%)
208	ANDRYSKOWSKI Szymon	334	3. FLOTYLLA OKRĘTÓW	M-25	24	00:00:22	01:44:03.05	01:44:25.65	+00:29:29 (28.3%)	4:55	12.2 (71.8%)
209	KACZMAREK Aneta	108	TENIS KLUB BYTÓW	K-40	3	00:00:14	01:44:12.75	01:44:26.75	+00:29:39 (28.5%)	4:56	12.1 (71.2%)
210	KLOPOTEK Claudia	125		K-18	3	00:00:23	01:44:13.80	01:44:37.15	+00:29:40 (28.5%)	4:56	12.1 (71.2%)
211	RAKOCZY Paweł	214	JOLA & PAWEŁ BIEGIEM PRZEZ ŻYCIE	M-50	10	00:00:30	01:44:24.05	01:44:54.30	+00:29:50 (28.6%)	4:56	12.1 (71.2%)
212	GRUDZIŃSKI Jakub	84		M-30	31	00:00:18	01:44:31.55	01:44:49.70	+00:29:58 (28.7%)	4:57	12.1 (71.2%)
213	MATUSZYŃSKI Mirosław	396	KB GOCH BYTÓW	M-40	40	00:00:39	01:44:39.20	01:45:18.40	+00:30:05 (28.8%)	4:57	12.1 (71.2%)
214	SZYMAŃSKI Mateusz	266		M-30	32	00:00:32	01:44:39.65	01:45:12.50	+00:30:06 (28.8%)	4:57	12.1 (71.2%)
215	TREDER Paweł	272		M-25	25	00:00:26	01:44:41.85	01:45:08.40	+00:30:08 (28.8%)	4:57	12.1 (71.2%)
216	GAWEŁ Zbigniew	62	MIASTO SŁUPSK	M-60	2	00:00:15	01:44:53.45	01:45:09.10	+00:30:20 (28.9%)	4:58	12.1 (71.2%)
217	PIOTROWSKI Mirosław	205	STOPA SŁUPSK	M-50	11	00:00:35	01:44:55.20	01:45:31.15	+00:30:21 (28.9%)	4:58	12.1 (71.2%)
218	KROPSKI Michał	144		M-25	26	00:00:18	01:44:58.00	01:45:16.65	+00:30:24 (29.0%)	4:58	12.1 (71.2%)
219	JOSKOWSKI Bogdan	373	BLMW/ZZWT	M-45	33	00:00:18	01:45:06.05	01:45:24.05	+00:30:32 (29.1%)	4:58	12 (70.6%)
220	JAWORSKI Krzysztof	102		M-30	33	00:00:28	01:45:06.15	01:45:35.00	+00:30:32 (29.1%)	4:58	12 (70.6%)
221	KOTŁOWSKI Artur	423	GKS KASZUBI LUZINO	M-35	35	00:00:23	01:45:06.85	01:45:29.90	+00:30:33 (29.1%)	4:58	12 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
222	JĘDRASZKO Magda	106	MTS HAMER MIASTKO	K-30	6	00:00:30	01:45:11.95	01:45:41.95	+00:30:38 (29.1%)	4:59	12 (70.6%)
223	ZŁOCH Piotr	419	KS BAT SIERAKOWICE	M-35	36	00:00:24	01:45:15.50	01:45:40.25	+00:30:42 (29.2%)	4:59	12 (70.6%)
224	CYBULSKI Robert	29	MTS HAMER MIASTKO	M-40	41	00:00:27	01:45:16.90	01:45:44.70	+00:30:43 (29.2%)	4:59	12 (70.6%)
225	SZCZEPAŃSKI Marcin	412	BLACK TEAM	M-30	34	00:00:43	01:45:23.40	01:46:06.60	+00:30:50 (29.3%)	4:59	12 (70.6%)
226	CAŁA Bartosz	20	KARATE KLUB BYTÓW	M-35	37	00:00:34	01:45:25.60	01:45:59.70	+00:30:52 (29.3%)	4:59	12 (70.6%)
227	KUBARKA Robert	147		M-45	34	00:00:34	01:45:40.45	01:46:14.70	+00:31:07 (29.4%)	5:00	12 (70.6%)
228	SADOWSKI Tomasz	306	3. FLOTYLLA OKRĘTÓW	M-40	42	00:00:11	01:45:40.75	01:45:52.35	+00:31:07 (29.5%)	5:00	12 (70.6%)
229	WIELIŃSKI Jacek	281	GRUPA LOTOS	M-60	3	00:00:08	01:45:47.00	01:45:55.70	+00:31:13 (29.5%)	5:00	12 (70.6%)
230	ZIELIŃSKI Bartosz	297		M-25	27	00:00:19	01:46:19.50	01:46:38.90	+00:31:46 (29.9%)	5:02	11.9 (70.0%)
231	GŁOWACKA Marta	67		K-30	7	00:00:18	01:46:20.05	01:46:39.00	+00:31:46 (29.9%)	5:02	11.9 (70.0%)
232	BORKOWSKA-KOWALCZYK Daria	16	WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN	K-35	4	00:00:18	01:46:33.20	01:46:51.20	+00:31:59 (30.0%)	5:02	11.9 (70.0%)
233	METERA Piotr	361	BLMW/ZZWT	M-30	35	00:00:15	01:46:36.10	01:46:51.55	+00:32:02 (30.1%)	5:03	11.9 (70.0%)
234	ŻYLICZ Paweł	386	STOPA SŁUPSK	M-18	13	00:00:24	01:46:41.70	01:47:05.90	+00:32:08 (30.1%)	5:03	11.9 (70.0%)
235	MUERAU-NOWICKA Hanna	183	KB GOCH BYTÓW	K-50	1	00:00:17	01:46:49.95	01:47:07.85	+00:32:16 (30.2%)	5:03	11.9 (70.0%)
236	WOJCIECHOWSKA Małgorzata	284	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-45	2	00:00:33	01:46:50.75	01:47:23.80	+00:32:17 (30.2%)	5:03	11.9 (70.0%)
237	SŁAWSKI Krzysztof	239		M-45	35	00:00:19	01:46:50.90	01:47:09.90	+00:32:17 (30.2%)	5:03	11.9 (70.0%)
238	ANDRYSKOWSKI Marek	4		M-50	12	00:00:19	01:47:00.45	01:47:20.40	+00:32:27 (30.3%)	5:04	11.8 (69.4%)
239	ZLOTOWSKI Piotr	300	SPORTEVO	M-65	4	00:00:00	01:47:05.45	01:47:05.45	+00:32:32 (30.4%)	5:04	11.8 (69.4%)
240	WYSZYŃSKI Tomasz	324	3. FLOTYLLA OKRĘTÓW	M-30	36	00:00:37	01:47:11.55	01:47:48.90	+00:32:38 (30.4%)	5:04	11.8 (69.4%)
241	KONARZEWSKI Jacek	134	RUMIA BIEGA	M-45	36	00:00:24	01:47:11.70	01:47:36.15	+00:32:38 (30.4%)	5:04	11.8 (69.4%)
242	FIECHOWSKI Janusz	53		M-55	8	00:00:22	01:47:16.05	01:47:38.35	+00:32:42 (30.5%)	5:05	11.8 (69.4%)
243	BARCZAK Tomasz	8		M-45	37	00:00:42	01:47:16.35	01:47:58.40	+00:32:43 (30.5%)	5:05	11.8 (69.4%)
244	GALĘBA Szymon	60		M-35	38	00:00:15	01:47:17.45	01:47:33.15	+00:32:44 (30.5%)	5:05	11.8 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
245	ROKUSZEWSKI Paweł	219	KP PSP BYTÓW JRG MIASTKO	M-25	28	00:00:28	01:47:38.55	01:48:06.65	+00:33:05 (30.7%)	5:06	11.8 (69.4%)
246	JERECZEK Rafał	104		M-40	43	00:00:18	01:47:39.70	01:47:57.90	+00:33:06 (30.7%)	5:06	11.8 (69.4%)
247	KLOSKA Marcin	126		M-35	39	00:00:13	01:47:40.65	01:47:54.15	+00:33:07 (30.8%)	5:06	11.8 (69.4%)
248	ANDRÄ Mario	3		M-45	38	00:00:25	01:47:44.55	01:48:09.65	+00:33:11 (30.8%)	5:06	11.8 (69.4%)
249	ŻEROMSKI Dawid	384		M-18	14	00:00:42	01:47:48.30	01:48:30.90	+00:33:14 (30.8%)	5:06	11.7 (68.8%)
250	SOMINKA Andrzej	371	BLMW/ZZWT	M-50	13	00:00:21	01:47:57.25	01:48:18.80	+00:33:23 (30.9%)	5:06	11.7 (68.8%)
251	CHACUŚ Ryszard	355	CSMW USTKA	M-40	44	00:00:14	01:48:04.90	01:48:19.60	+00:33:31 (31.0%)	5:07	11.7 (68.8%)
252	MIOTK Michał	325	3. FLOTYLLA OKRĘTÓW	M-30	37	00:00:23	01:48:06.60	01:48:29.65	+00:33:33 (31.0%)	5:07	11.7 (68.8%)
253	PECHHOLZ Frank	198		M-60	4	00:00:13	01:48:10.55	01:48:24.00	+00:33:37 (31.1%)	5:07	11.7 (68.8%)
254	ZAGALSKI Kuba	291		M-30	38	00:00:33	01:48:11.90	01:48:45.50	+00:33:38 (31.1%)	5:07	11.7 (68.8%)
255	PIĄTEK Adam	200		M-65	5	00:00:16	01:48:19.15	01:48:35.75	+00:33:45 (31.2%)	5:08	11.7 (68.8%)
256	NOWICKA Anna	193	INKA_TEAM	K-25	5	00:00:11	01:48:24.95	01:48:36.60	+00:33:51 (31.2%)	5:08	11.7 (68.8%)
257	KARSCHNIA Wioleta	375	BLMW/ZZWT	K-25	6	00:00:17	01:48:27.65	01:48:44.80	+00:33:54 (31.3%)	5:08	11.7 (68.8%)
258	RYŚ Agata	227	AUDIOŁĄKA TEAM	K-25	7	00:00:23	01:48:29.15	01:48:52.80	+00:33:55 (31.3%)	5:08	11.7 (68.8%)
259	MAKARSKI Jarosław	169	KS PIDRINA GDYNIA	M-45	39	00:00:22	01:48:29.25	01:48:51.40	+00:33:55 (31.3%)	5:08	11.7 (68.8%)
260	W JOPEK Radosław	345	DZH MW/6OREL	M-40	45	00:00:31	01:48:36.65	01:49:08.45	+00:34:03 (31.4%)	5:08	11.7 (68.8%)
261	STOLARCZYK Maciej	247		M-45	40	00:00:43	01:48:39.95	01:49:23.15	+00:34:06 (31.4%)	5:09	11.7 (68.8%)
262	KWIATKOWSKI Michał	418		M-30	39	00:00:21	01:48:41.50	01:49:02.70	+00:34:08 (31.4%)	5:09	11.6 (68.2%)
263	SZAŁKOWSKI Wojtek	256	TUPOT USTKA	M-40	46	00:00:33	01:49:18.75	01:49:52.65	+00:34:45 (31.8%)	5:10	11.6 (68.2%)
264	SZCZYPIOR Artur	260	GKS KASZUBI LUZINO	M-30	40	00:00:23	01:49:20.00	01:49:43.20	+00:34:46 (31.8%)	5:10	11.6 (68.2%)
265	ZABOROWSKA Urszula	290	KB GOCH BYTÓW	K-55	1	00:00:16	01:49:30.50	01:49:46.65	+00:34:57 (31.9%)	5:11	11.6 (68.2%)
266	ZGANIACZ Andrzej	296	STOPA SŁUPSK	M-35	40	00:00:36	01:49:34.15	01:50:10.80	+00:35:00 (32.0%)	5:11	11.6 (68.2%)
267	GÓRECKA-MITORAJ Justyna	74	MAMY TO !	K-35	5	00:00:08	01:49:37.90	01:49:46.85	+00:35:04 (32.0%)	5:11	11.5 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
268	KITZING Veit	121		M-50	14	00:00:28	01:49:56.55	01:50:25.45	+00:35:23 (32.2%)	5:12	11.5 (67.6%)
269	PÓŁTORZYCKI Piotr	206	STOPA SŁUPSK	M-45	41	00:00:36	01:49:58.50	01:50:34.55	+00:35:25 (32.2%)	5:12	11.5 (67.6%)
270	WOLSKI Krzysztof	287		M-30	41	00:00:32	01:50:06.00	01:50:38.55	+00:35:32 (32.3%)	5:13	11.5 (67.6%)
271	MASZKA Emilia	173		K-30	8	00:00:12	01:50:17.40	01:50:30.35	+00:35:44 (32.4%)	5:13	11.5 (67.6%)
272	PIETRUS Marcin	359	BLMW/ZZWT	M-30	42	00:00:36	01:50:34.75	01:51:10.80	+00:36:01 (32.6%)	5:14	11.5 (67.6%)
273	LIS Sławomir	160		M-45	42	00:00:39	01:50:47.00	01:51:26.85	+00:36:13 (32.7%)	5:15	11.4 (67.1%)
274	BIĘNKOWSKI Mariusz	12	WIECZORNE BIEGANIE W SZCZECINIE	M-40	47	00:00:38	01:50:51.40	01:51:30.10	+00:36:18 (32.7%)	5:15	11.4 (67.1%)
275	CIESZYŃSKI Mariusz	27	BEAUTY-STUDIO LĘBORK	M-40	48	00:00:29	01:50:51.85	01:51:20.90	+00:36:18 (32.8%)	5:15	11.4 (67.1%)
276	CIESZYŃSKI Marcin	28		M-35	41	00:00:28	01:50:52.30	01:51:20.70	+00:36:18 (32.8%)	5:15	11.4 (67.1%)
277	MICHALSKI Zygmunt	301	3. FLOTYLLA OKRĘTÓW	M-45	43	00:00:16	01:50:53.65	01:51:09.80	+00:36:20 (32.8%)	5:15	11.4 (67.1%)
278	GAJEK Artur	59	KORZYBSKIE REKINY	M-40	49	00:00:24	01:51:00.60	01:51:25.00	+00:36:27 (32.8%)	5:15	11.4 (67.1%)
279	SZCZERBUK Rafał	257		M-35	42	00:00:23	01:51:01.25	01:51:24.45	+00:36:27 (32.8%)	5:15	11.4 (67.1%)
280	ZARZYCKI Krzysztof	319	3. FLOTYLLA OKRĘTÓW	M-35	43	00:00:36	01:51:01.80	01:51:38.65	+00:36:28 (32.9%)	5:15	11.4 (67.1%)
281	STOLTMAN Marek	415		M-18	15	00:00:15	01:51:02.10	01:51:17.35	+00:36:28 (32.9%)	5:15	11.4 (67.1%)
282	CZARNECKA Anna	32		K-45	3	00:00:18	01:51:03.65	01:51:21.95	+00:36:30 (32.9%)	5:15	11.4 (67.1%)
283	DEPKA PRĄDZIŃSKI Stanisław	36		M-50	15	00:00:36	01:51:11.45	01:51:47.80	+00:36:38 (32.9%)	5:16	11.4 (67.1%)
284	SZRAMA Marian	372	BLMW/ZZWT	M-50	16	00:00:21	01:51:14.85	01:51:36.20	+00:36:41 (33.0%)	5:16	11.4 (67.1%)
285	SZMIGIERO Sebastian	263	W.P.K SŁOŃ TEAM	M-40	50	00:00:33	01:51:15.05	01:51:48.55	+00:36:41 (33.0%)	5:16	11.4 (67.1%)
286	FRAŃCZEK Rafał	57	KB GOCH BYTÓW	M-40	51	00:00:19	01:51:15.85	01:51:35.40	+00:36:42 (33.0%)	5:16	11.4 (67.1%)
287	PIETRZAK Anna	197	ACTIVE MALBORK	K-25	8	00:00:34	01:51:27.60	01:52:01.60	+00:36:54 (33.1%)	5:16	11.4 (67.1%)
288	TUTAK Tomasz	274	KLUB 42,2 LĘBORK	M-40	52	00:00:06	01:51:28.80	01:51:35.20	+00:36:55 (33.1%)	5:17	11.4 (67.1%)
289	KNAPSKI Radomir	130	NADLEŚNICTWO POTRZEBOWICE/KLUB BIEGAJĄCYCH LEŚNIKÓW	M-25	29	00:00:41	01:51:30.45	01:52:11.80	+00:36:57 (33.1%)	5:17	11.4 (67.1%)
290	KAMIŃSKA Justyna	113	STOPA SŁUPSK	K-40	4	00:00:36	01:51:31.55	01:52:07.60	+00:36:58 (33.1%)	5:17	11.4 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
291	DWULIT Dominik	43	KORZYBSKIE REKINY	M-18	16	00:00:23	01:51:35.15	01:51:58.65	+00:37:01 (33.2%)	5:17	11.3 (66.5%)
292	SĄŁO Piotr	368	BLMW/ZZWT	M-45	44	00:00:27	01:52:38.70	01:53:06.20	+00:38:05 (33.8%)	5:20	11.2 (65.9%)
293	ERDMANCZYK Jan	51		M-45	45	00:00:08	01:52:38.95	01:52:46.95	+00:38:05 (33.8%)	5:20	11.2 (65.9%)
294	KARCZEWSKI Oskar	116		M-18	17	00:00:31	01:53:20.30	01:53:51.45	+00:38:46 (34.2%)	5:22	11.2 (65.9%)
295	MIAŠKOWSKI Łukasz	178	OSP BORZYTUCHOM	M-35	44	00:00:26	01:53:28.90	01:53:55.15	+00:38:55 (34.3%)	5:22	11.2 (65.9%)
296	MIKOŁAJCZYK Tomasz	179		M-35	45	00:00:27	01:53:37.55	01:54:04.75	+00:39:04 (34.4%)	5:23	11.1 (65.3%)
297	PIECHOWSKI Krystian	201		M-18	18	00:00:26	01:53:38.40	01:54:05.05	+00:39:05 (34.4%)	5:23	11.1 (65.3%)
298	KAMINSKI Witold	112	STOPA SŁUPSK	M-40	53	00:00:35	01:54:18.85	01:54:54.60	+00:39:45 (34.8%)	5:25	11.1 (65.3%)
299	KŁECZEK Jacek	128	KLUB BIEGACZY 'PRAWO DO ŻYCIA'	M-50	17	00:00:40	01:54:30.80	01:55:11.25	+00:39:57 (34.9%)	5:25	11.1 (65.3%)
300	CZAPIEWSKA-SIEKIERKA Ewa	31	KOMENDA POWIATOWA PSP SĘPÓLNO KRAJEŃSKIE	K-35	6	00:00:05	01:54:33.50	01:54:39.15	+00:40:00 (34.9%)	5:25	11.1 (65.3%)
301	PRANCZK Marek	207	KB GOCH BYTÓW/ LEŚNIK	M-50	18	00:00:05	01:54:51.35	01:54:56.60	+00:40:18 (35.1%)	5:26	11 (64.7%)
302	NIEDERMAIER Gerald	389		M-40	54	00:00:37	01:55:04.80	01:55:41.90	+00:40:31 (35.2%)	5:27	11 (64.7%)
303	BŁASZKOWSKI Łukasz	406		M-30	43	00:00:44	01:55:09.50	01:55:53.50	+00:40:36 (35.3%)	5:27	11 (64.7%)
304	WICZKOWSKI Maciej	407		M-25	30	00:00:43	01:55:10.10	01:55:53.50	+00:40:36 (35.3%)	5:27	11 (64.7%)
305	JANKOWSKA Justyna	97	KS PIDRINA GDYNIA	K-40	5	00:00:25	01:55:14.10	01:55:39.45	+00:40:40 (35.3%)	5:27	11 (64.7%)
306	GAFFKE Krzysztof	356	CSMW USTKA	M-35	46	00:00:38	01:55:24.45	01:56:03.00	+00:40:51 (35.4%)	5:28	11 (64.7%)
307	DĘBICKI Artur	37		M-45	46	00:00:31	01:55:27.75	01:55:59.00	+00:40:54 (35.4%)	5:28	11 (64.7%)
308	GONTARZ Wojciech	70	HONEY STINGER RUNNERS	M-25	31	00:00:42	01:55:44.70	01:56:27.50	+00:41:11 (35.6%)	5:29	10.9 (64.1%)
309		416		DWA SERCA	1	00:00:00	01:55:56.35	01:55:56.35	+00:41:23 (35.7%)	5:29	10.9 (64.1%)
310	KASZOWICZ Marek	118	RWT W BYDGOSZCZY	M-45	47	00:00:40	01:56:03.25	01:56:43.30	+00:41:29 (35.8%)	5:30	10.9 (64.1%)
311	GÓRA Roman	73	TENIS KLUB BYTÓW TOMASZ PIEKARSKI	M-55	9	00:00:23	01:56:10.75	01:56:34.45	+00:41:37 (35.8%)	5:30	10.9 (64.1%)
312	GRYGOROWICZ Bartosz	85	KULIK&KUREK	M-25	32	00:00:12	01:56:13.45	01:56:25.95	+00:41:40 (35.9%)	5:30	10.9 (64.1%)
313	KOWALCZYK Mariusz	139	ROZBIEGANY KOSZALIN	M-40	55	00:00:18	01:56:21.70	01:56:39.70	+00:41:48 (35.9%)	5:30	10.9 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
314	GAJDUS Wiktor	58	DCT DRUŻYNA BIEGOWA	M-35	47	00:00:27	01:56:55.30	01:57:22.60	+00:42:21 (36.2%)	5:32	10.8 (63.5%)
315	LISOWSKI Radek	161	CONTRA	M-45	48	00:00:41	01:56:59.25	01:57:41.10	+00:42:25 (36.3%)	5:32	10.8 (63.5%)
316	LEW-KIEDROWSKA Magdalena	159		K-25	9	00:00:16	01:57:16.90	01:57:33.15	+00:42:43 (36.4%)	5:33	10.8 (63.5%)
317	ZARĘBSKA Agnieszka	293		K-45	4	00:00:41	01:57:21.80	01:58:02.85	+00:42:48 (36.5%)	5:33	10.8 (63.5%)
318	OSIŃSKA Beata	196		K-35	7	00:00:32	01:57:25.85	01:57:58.30	+00:42:52 (36.5%)	5:33	10.8 (63.5%)
319	STYP-REKOWSKI Piotr	252		M-30	44	00:00:10	01:58:04.30	01:58:14.80	+00:43:30 (36.9%)	5:35	10.7 (62.9%)
320	KAMIŃSKA Zofia	401		K-50	2	00:00:08	01:58:08.05	01:58:16.15	+00:43:34 (36.9%)	5:35	10.7 (62.9%)
321	SAZON Zygmunt	229		M-55	10	00:00:11	01:58:35.25	01:58:46.70	+00:44:01 (37.1%)	5:37	10.7 (62.9%)
322	SCHMIDT Sandra	230		K-40	6	00:00:27	01:58:40.05	01:59:07.65	+00:44:06 (37.2%)	5:37	10.7 (62.9%)
323	DYRCZ Marika	47	VEGE RUNNERS	K-35	8	00:00:39	01:58:55.65	01:59:35.25	+00:44:22 (37.3%)	5:38	10.6 (62.4%)
324	ABRAMOWSKI Marek	1	MARECKI VS EQUATOR / DZIKIE ZYCIE RUN TEAM	M-35	48	00:00:47	01:59:04.90	01:59:52.25	+00:44:31 (37.4%)	5:38	10.6 (62.4%)
325	GAZARKIEWICZ Antoni	341	DZH MW/6OREL	M-65	6	00:00:31	01:59:10.55	01:59:41.90	+00:44:37 (37.4%)	5:38	10.6 (62.4%)
326	SUJAK Włodzimierz	253	MARECKI VS EQUATOR	M-55	11	00:00:46	01:59:17.05	02:00:03.70	+00:44:43 (37.5%)	5:39	10.6 (62.4%)
327	KLIMSKI Michał	123	MARKOS RUNNING TEAM	M-25	33	00:00:28	01:59:33.80	02:00:02.65	+00:45:00 (37.6%)	5:40	10.6 (62.4%)
328	KUBIŃSKA Beata	148	NIGHT RUNNERS SŁUPSK	K-50	3	00:00:29	01:59:37.05	02:00:06.70	+00:45:03 (37.7%)	5:40	10.6 (62.4%)
328	KUBIŃSKI Rafał	149	NIGHT RUNNERS SŁUPSK	M-50	19	00:00:30	01:59:37.05	02:00:07.05	+00:45:03 (37.7%)	5:40	10.6 (62.4%)
330	FILIPÓW Tadeusz	55	NIEZRZESZONY	M-65	7	00:00:20	02:00:01.10	02:00:22.00	+00:45:27 (37.9%)	5:41	10.5 (61.8%)
331	MICHAŁOWSKI Piotr	307	3. FLOTYLLA OKRĘTÓW	M-40	56	00:00:43	02:00:02.35	02:00:46.20	+00:45:29 (37.9%)	5:41	10.5 (61.8%)
332	SAK Piotr	400		M-40	57	00:00:14	02:00:03.35	02:00:17.50	+00:45:30 (37.9%)	5:41	10.5 (61.8%)
333	SIECZKO-SIERKIEWICZ Dominika	339	3. FLOTYLLA OKRĘTÓW	K-25	10	00:00:38	02:00:06.60	02:00:45.55	+00:45:33 (37.9%)	5:41	10.5 (61.8%)
334	TANDECKI Grzegorz	269		M-40	58	00:00:37	02:00:08.85	02:00:46.45	+00:45:35 (37.9%)	5:41	10.5 (61.8%)
335	LABUDA Marek	155	POWERSYSTEM	M-50	20	00:00:31	02:00:36.85	02:01:08.10	+00:46:03 (38.2%)	5:42	10.5 (61.8%)
336	CZECH Roman	33	KB GOCH BYTÓW	M-65	8	00:00:20	02:00:57.10	02:01:17.15	+00:46:23 (38.4%)	5:43	10.5 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
337	GRALAK Dawid	79	GTS CZARNA DĄBRÓWKA	M-30	45	00:00:22	02:01:15.40	02:01:38.20	+00:46:42 (38.5%)	5:44	10.4 (61.2%)
338	LABUDA Rafał	154	POWERSYSTEM, AKADEMIA BIEGOWA KARTUZY	M-45	49	00:00:30	02:01:30.35	02:02:01.30	+00:46:57 (38.6%)	5:45	10.4 (61.2%)
339	MUSZYŃSKI Sebastian	393		M-35	49	00:00:42	02:02:15.45	02:02:58.25	+00:47:42 (39.0%)	5:47	10.4 (61.2%)
340	STĘPIEŃ Anna	245		K-18	4	00:00:42	02:02:29.35	02:03:11.50	+00:47:56 (39.1%)	5:48	10.3 (60.6%)
341	MIĄSKOWSKA Adriana	177	TENIS KLUB BYTÓW	K-35	9	00:00:10	02:03:03.55	02:03:14.50	+00:48:30 (39.4%)	5:49	10.3 (60.6%)
342	ZIEMAN Anna	299		K-25	11	00:00:18	02:03:13.25	02:03:31.85	+00:48:39 (39.5%)	5:50	10.3 (60.6%)
343	ŁASZCZ Adam	163		M-50	21	00:00:40	02:03:31.60	02:04:12.55	+00:48:58 (39.6%)	5:51	10.2 (60.0%)
344	NIETUPSKI Krzysztof	367	BLMW/ZZWT	M-40	59	00:00:26	02:03:55.80	02:04:22.50	+00:49:22 (39.8%)	5:52	10.2 (60.0%)
345	PIEKARSKI Tomasz	202	TENIS KLUBBYTÓW	M-25	34	00:00:09	02:03:58.95	02:04:08.20	+00:49:25 (39.9%)	5:52	10.2 (60.0%)
346	IGNATIEVA Julia	93		K-25	12	00:00:40	02:04:20.70	02:05:00.80	+00:49:47 (40.0%)	5:53	10.2 (60.0%)
347	WERBIŃSKI Waldemar	277		M-55	12	00:00:29	02:05:11.50	02:05:40.90	+00:50:38 (40.4%)	5:55	10.1 (59.4%)
348	RYBARCZYK Irena	225		K-40	7	00:00:06	02:05:41.85	02:05:48.70	+00:51:08 (40.7%)	5:57	10.1 (59.4%)
349	PRONDZINSKI Jarosław	208		M-40	60	00:00:13	02:05:48.30	02:06:02.20	+00:51:14 (40.7%)	5:57	10.1 (59.4%)
350	TURZYŃSKA Magdalena	273	RUNFORFUN	K-35	10	00:00:25	02:06:14.90	02:06:39.95	+00:51:41 (40.9%)	5:58	10 (58.8%)
351	STOPA Krzysztof	408		M-18	19	00:00:42	02:06:29.40	02:07:12.20	+00:51:56 (41.1%)	5:59	10 (58.8%)
352	SULL Agnieszka	254	NIGHT RUNNERS SŁUPSK	K-40	8	00:00:32	02:07:03.70	02:07:36.40	+00:52:30 (41.3%)	6:01	10 (58.8%)
353	CHILOŃSKI Tomek	22	NIGHT RUNNERS SŁUPSK	M-40	61	00:00:32	02:07:04.05	02:07:36.15	+00:52:30 (41.3%)	6:01	10 (58.8%)
354	ŚMIGAJ Mirosław	267	MIŚ BIEGA	M-60	5	00:00:26	02:07:11.20	02:07:37.55	+00:52:37 (41.4%)	6:01	10 (58.8%)
355	KOBIEROWSKI Edward	131	KB GOCH BYTÓW	M-35	50	00:00:43	02:07:15.55	02:07:58.70	+00:52:42 (41.4%)	6:01	9.9 (58.2%)
356	NOWAKOWSKI Czesław	192	KB GOCH BYTÓW	M-70	1	00:00:28	02:07:46.45	02:08:15.00	+00:53:13 (41.7%)	6:03	9.9 (58.2%)
357	KOWALSKI Robert Sebastian	141	NIE MARNUJ TLENU	M-40	62	00:00:43	02:08:31.90	02:09:15.45	+00:53:58 (42.0%)	6:05	9.8 (57.6%)
358	STRUGALSKI Mariusz	250		M-40	63	00:00:40	02:08:34.65	02:09:15.50	+00:54:01 (42.0%)	6:05	9.8 (57.6%)
359	SZYMCZAK Maciej	328	3. FLOTYLLA OKRĘTÓW	M-30	46	00:00:09	02:08:55.35	02:09:05.30	+00:54:22 (42.2%)	6:06	9.8 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
360	KORDULA Grzegorz	138		M-40	64	00:00:28	02:09:50.15	02:10:18.70	+00:55:16 (42.6%)	6:09	9.8 (57.6%)
361	JANKOWSKA Justyna	98	MRÓWECZKI	K-30	9	00:00:32	02:09:51.60	02:10:24.05	+00:55:18 (42.6%)	6:09	9.7 (57.1%)
362	BROKOS Tomasz	17	DCT DRUŻYNA BIEGOWA	M-30	47	00:00:26	02:10:12.70	02:10:39.35	+00:55:39 (42.7%)	6:10	9.7 (57.1%)
363	WESOŁOWSKI Tadeusz	279		M-60	6	00:00:38	02:10:19.55	02:10:57.55	+00:55:46 (42.8%)	6:10	9.7 (57.1%)
364	SECH Anna	338	3. FLOTYLLA OKRĘTÓW	K-30	10	00:00:38	02:10:41.65	02:11:19.90	+00:56:08 (43.0%)	6:11	9.7 (57.1%)
365	ANDRZEJEWSKA Magdalena	376	BLMW/ZZWT	K-40	9	00:00:35	02:10:49.05	02:11:24.85	+00:56:15 (43.0%)	6:11	9.7 (57.1%)
366	DYDYMSKA Monika	44		K-40	10	00:00:19	02:12:19.65	02:12:39.40	+00:57:46 (43.7%)	6:16	9.6 (56.5%)
367	BALDAUF Ute	5		K-60	1	00:00:28	02:12:30.75	02:12:59.15	+00:57:57 (43.7%)	6:16	9.6 (56.5%)
368	MARCZAK Małgorzata	172	AMATOR	K-55	2	00:00:29	02:13:11.70	02:13:41.05	+00:58:38 (44.0%)	6:18	9.5 (55.9%)
369	MARSZAŁKOWSKA Dorota	402	TKKF KOSZALIN	K-50	4	00:00:32	02:13:11.85	02:13:44.60	+00:58:38 (44.0%)	6:18	9.5 (55.9%)
370	KUPIS Kamila	348	DZH MW/6OREL	K-25	13	00:00:28	02:14:27.10	02:14:55.35	+00:59:53 (44.5%)	6:22	9.4 (55.3%)
371	SZCZĘSNY Tadeusz	259		M-60	7	00:00:44	02:16:15.60	02:17:00.20	+01:01:42 (45.3%)	6:27	9.3 (54.7%)
372	GRUCHAŁA Mirosława	83		K-30	11	00:00:30	02:16:22.10	02:16:53.05	+01:01:48 (45.3%)	6:27	9.3 (54.7%)
373	MATTHES Jan	174		M-55	13	00:00:00	02:16:27.95	02:16:27.95	+01:01:54 (45.4%)	6:28	9.3 (54.7%)
374	ZALEWSKI Grzegorz	357	CSMW USTKA	M-35	51	00:00:38	02:17:20.15	02:17:59.10	+01:02:46 (45.7%)	6:30	9.2 (54.1%)
375	MAJKOWSKI Stanisław	168	KB GOCH BYTÓW	M-60	8	00:00:20	02:18:48.15	02:19:08.30	+01:04:14 (46.3%)	6:34	9.1 (53.5%)
376	WENCLÓWSKI Michał	34	NIGHT RUNNERS SŁUPSK	M-18	20	00:00:30	02:21:07.25	02:21:37.50	+01:06:33 (47.2%)	6:41	9 (52.9%)
377	CIERZAN Marta	25		K-25	14	00:00:20	02:22:12.70	02:22:33.65	+01:07:39 (47.6%)	6:44	8.9 (52.4%)
378	HERRMANN Jürgen	90		M-65	9	00:00:13	02:25:31.80	02:25:45.55	+01:10:58 (48.8%)	6:53	8.7 (51.2%)
379	BUDZYŃSKA Elżbieta	18		K-50	5	00:00:29	02:26:14.00	02:26:43.85	+01:11:40 (49.0%)	6:55	8.7 (51.2%)
380	TOPOLEWICZ Jerzy	271		M-50	22	00:00:34	03:08:16.00	03:08:50.60	+01:53:42 (60.4%)	8:55	6.7 (39.4%)
381	JARZEMBIŃSKA Beata	387	KB GOCH BYTÓW	K-50	6	00:00:29	03:08:20.80	03:08:50.75	+01:53:47 (60.4%)	8:55	6.7 (39.4%)
382	MEJ Paweł	176	BOSY BIEGACZ - GM BOCHNIA TV	M-45	50	00:00:05	03:08:44.95	03:08:50.90	+01:54:11 (60.5%)	8:56	6.7 (39.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
	ZWOLSKI Andrzej	381	ŚCIGAŁ TEAM	M-45		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 383 wynik(ów)