



XXXVII PÓŁMARATON GOCHÓW

B4SPORT

Organiser: Kompleks Basenowo-Rekreacyjny „NIMFA” Sp.z.o.o.
 Klub Biegacza „Goch” Bytów
Date: 2017-06-04
Place: Bytów
Distance: 21.1 km



Classification: M-30

Place	Participant	Number	Club	Category	MCat	Start time	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	GRZONKA Paweł	388	BASZTA BYTÓW	M-30	1	00:00:04	01:14:33.35	01:14:38.20		3:32	17 (100%)
2	WŁODARCZYK Kamil	330	3. FLOTYLLA OKRĘTÓW	M-30	2	00:00:04	01:16:26.95	01:16:31.80	+00:01:53 (2.5%)	3:37	16.6 (97.6%)
3	KREFT Łukasz	322	3. FLOTYLLA OKRĘTÓW	M-30	3	00:00:06	01:23:40.65	01:23:46.65	+00:09:07 (10.9%)	3:57	15.1 (88.8%)
4	MRÓWKA Michał	182	MAJATEAM	M-30	4	00:00:07	01:23:43.85	01:23:51.45	+00:09:10 (11.0%)	3:58	15.1 (88.8%)
5	URZĘDOWSKI Przemysław	358	BLMW/ZZWT	M-30	5	00:00:06	01:24:12.80	01:24:18.80	+00:09:39 (11.5%)	3:59	15 (88.2%)
6	BORYSIUK Arkadiusz	377	8.FOW	M-30	6	00:00:06	01:24:46.30	01:24:52.50	+00:10:12 (12.1%)	4:01	14.9 (87.6%)
7	LEBIODA Sebastian	346	DZH MW/6OREL	M-30	7	00:00:05	01:27:03.15	01:27:08.45	+00:12:29 (14.4%)	4:07	14.5 (85.3%)
8	GRZONKA Piotr	395	OLIMPIA BYTÓW	M-30	8	00:00:04	01:28:31.05	01:28:35.80	+00:13:57 (15.8%)	4:11	14.3 (84.1%)
9	MŁYNARCZYK Zbyszek	180		M-30	9	00:00:10	01:29:25.70	01:29:36.55	+00:14:52 (16.6%)	4:14	14.2 (83.5%)
10	PASISZ Daniel	329	3. FLOTYLLA OKRĘTÓW	M-30	10	00:00:13	01:29:33.75	01:29:47.25	+00:15:00 (16.8%)	4:14	14.1 (82.9%)
11	KORAB Szymon	137	KORZYBSKIE REKINY	M-30	11	00:00:22	01:31:31.55	01:31:54.50	+00:16:58 (18.5%)	4:20	13.8 (81.2%)
12	RÓŻAK Fabian	323	3. FLOTYLLA OKRĘTÓW	M-30	12	00:00:14	01:31:35.40	01:31:49.50	+00:17:02 (18.6%)	4:20	13.8 (81.2%)
13	SZCZESNY Damian	258		M-30	13	00:00:24	01:32:35.85	01:33:00.70	+00:18:02 (19.5%)	4:23	13.7 (80.6%)
14	RESZKOWSKI Sebastian	216	BAZA 44	M-30	14	00:00:27	01:34:35.70	01:35:03.05	+00:20:02 (21.2%)	4:29	13.4 (78.8%)
15	DYLIŃSKI Bartosz	46	NADLEŚNICTWO STRZELCE KRAJEŃSKIE	M-30	15	00:00:11	01:34:46.55	01:34:58.45	+00:20:13 (21.3%)	4:29	13.4 (78.8%)
16	GRABOWSKI Rafał	76	KORZYBSKIE REKINY	M-30	16	00:00:17	01:35:04.60	01:35:22.00	+00:20:31 (21.6%)	4:30	13.3 (78.2%)
17	JĘCEK Krzysztof	105	MARKOS RUNNING TEAM	M-30	17	00:00:17	01:36:18.00	01:36:35.45	+00:21:44 (22.6%)	4:33	13.1 (77.1%)
18	MROCZEK GLISZCZYŃSKI Mateusz	399		M-30	18	00:00:11	01:37:05.40	01:37:16.70	+00:22:32 (23.2%)	4:36	13 (76.5%)
19	SZULC Michał	352	DZH MW/6OREL	M-30	19	00:00:27	01:38:35.75	01:39:03.40	+00:24:02 (24.4%)	4:40	12.8 (75.3%)
20	GERING Mariusz	65	DRUŻYNA BIEGOWA DCT	M-30	20	00:00:25	01:38:46.80	01:39:12.45	+00:24:13 (24.5%)	4:40	12.8 (75.3%)
21	HOPPE Wiesław	92		M-30	21	00:00:13	01:38:47.80	01:39:00.90	+00:24:14 (24.5%)	4:40	12.8 (75.3%)
22	SIENKIEWICZ Marcin	232		M-30	22	00:00:21	01:38:49.05	01:39:10.75	+00:24:15 (24.6%)	4:40	12.8 (75.3%)
23	PIETRZAK Kamil	203	ACTIVE MALBORK	M-30	23	00:00:33	01:39:05.70	01:39:39.35	+00:24:32 (24.8%)	4:41	12.8 (75.3%)
24	CICHOSZ-MIELEWCZYK Mateusz	24		M-30	24	00:00:33	01:39:46.60	01:40:19.60	+00:25:13 (25.3%)	4:43	12.7 (74.7%)
25	WAGNER Jens	275		M-30	25	00:00:13	01:40:30.75	01:40:44.05	+00:25:57 (25.8%)	4:45	12.6 (74.1%)
26	OKOŁOTOWICZ Sebastian	194		M-30	26	00:00:15	01:40:43.70	01:40:59.55	+00:26:10 (26.0%)	4:46	12.6 (74.1%)
27	PRZEWŁOCKI Michał	424	INTER METAL	M-30	27	00:00:11	01:40:45.00	01:40:56.60	+00:26:11 (26.0%)	4:46	12.6 (74.1%)

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28	SZYBA Sylwester	326	3. FLOTYLLA OKRĘTÓW	M-30	28	00:00:35	01:41:37.15	01:42:12.20	+00:27:03 (26.6%)	4:48	12.5 (73.5%)
29	KACZMAREK Robert	109	NIGHT RUNNERS	M-30	29	00:00:26	01:42:12.75	01:42:39.00	+00:27:39 (27.1%)	4:50	12.4 (72.9%)
30	FERENC Rafał	52		M-30	30	00:00:31	01:42:29.30	01:43:00.85	+00:27:55 (27.3%)	4:51	12.4 (72.9%)
31	GRUDZIŃSKI Jakub	84		M-30	31	00:00:18	01:44:31.55	01:44:49.70	+00:29:58 (28.7%)	4:57	12.1 (71.2%)
32	SZYMAŃSKI Mateusz	266		M-30	32	00:00:32	01:44:39.65	01:45:12.50	+00:30:06 (28.8%)	4:57	12.1 (71.2%)
33	JAWORSKI Krzysztof	102		M-30	33	00:00:28	01:45:06.15	01:45:35.00	+00:30:32 (29.1%)	4:58	12 (70.6%)
34	SZCZEPAŃSKI Marcin	412	BLACK TEAM	M-30	34	00:00:43	01:45:23.40	01:46:06.60	+00:30:50 (29.3%)	4:59	12 (70.6%)
35	METERA Piotr	361	BLMW/ZZWT	M-30	35	00:00:15	01:46:36.10	01:46:51.55	+00:32:02 (30.1%)	5:03	11.9 (70.0%)
36	WYSZYŃSKI Tomasz	324	3. FLOTYLLA OKRĘTÓW	M-30	36	00:00:37	01:47:11.55	01:47:48.90	+00:32:38 (30.4%)	5:04	11.8 (69.4%)
37	MIOTK Michał	325	3. FLOTYLLA OKRĘTÓW	M-30	37	00:00:23	01:48:06.60	01:48:29.65	+00:33:33 (31.0%)	5:07	11.7 (68.8%)
38	ZAGALSKI Kuba	291		M-30	38	00:00:33	01:48:11.90	01:48:45.50	+00:33:38 (31.1%)	5:07	11.7 (68.8%)
39	KWIATKOWSKI Michał	418		M-30	39	00:00:21	01:48:41.50	01:49:02.70	+00:34:08 (31.4%)	5:09	11.6 (68.2%)
40	SZCZYPIOR Artur	260	GKS KASZUBI LUZINO	M-30	40	00:00:23	01:49:20.00	01:49:43.20	+00:34:46 (31.8%)	5:10	11.6 (68.2%)
41	WOLSKI Krzysztof	287		M-30	41	00:00:32	01:50:06.00	01:50:38.55	+00:35:32 (32.3%)	5:13	11.5 (67.6%)
42	PIETRUS Marcin	359	BLMW/ZZWT	M-30	42	00:00:36	01:50:34.75	01:51:10.80	+00:36:01 (32.6%)	5:14	11.5 (67.6%)
43	BŁASZKOWSKI Łukasz	406		M-30	43	00:00:44	01:55:09.50	01:55:53.50	+00:40:36 (35.3%)	5:27	11 (64.7%)
44	STYP-REKOWSKI Piotr	252		M-30	44	00:00:10	01:58:04.30	01:58:14.80	+00:43:30 (36.9%)	5:35	10.7 (62.9%)
45	GRALAK Dawid	79	GTS CZARNA DĄBRÓWKA	M-30	45	00:00:22	02:01:15.40	02:01:38.20	+00:46:42 (38.5%)	5:44	10.4 (61.2%)
46	SZYMCZAK Maciej	328	3. FLOTYLLA OKRĘTÓW	M-30	46	00:00:09	02:08:55.35	02:09:05.30	+00:54:22 (42.2%)	6:06	9.8 (57.6%)
47	BROKOS Tomasz	17	DCT DRUŻYNA BIEGOWA	M-30	47	00:00:26	02:10:12.70	02:10:39.35	+00:55:39 (42.7%)	6:10	9.7 (57.1%)

Total 47 results.