



# XXXVII PÓŁMARATON GOCHÓW

B4SPORT

**Organizator:** Kompleks Basenowo-Rekreacyjny „NIMFA” Sp.z.o.o.  
 Klub Biegacza „Goch” Bytów  
**Data:** 2017-06-04  
**Miejsce:** Bytów  
**Dystans:** 21.1 km



Klasyfikacja: M-45

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	<b>GUZOWSKI Dariusz</b>	<b>88</b>	TALEX BORZYTUCHOM	M-45	1	00:00:05	<b>01:20:17.65</b>	<b>01:20:23.10</b>		3:48	15.8 (100%)
2	<b>KRYCZKA Stanisław</b>	<b>145</b>	MTS HAMER MIASTKO	M-45	2	00:00:06	<b>01:23:50.45</b>	<b>01:23:57.25</b>	+00:03:32 (4.2%)	3:58	15.1 (95.6%)
3	<b>SZCZYBELSKI Wojciech</b>	<b>302</b>	3. FLOTYLLA OKRĘTÓW	M-45	3	00:00:12	<b>01:24:24.40</b>	<b>01:24:37.25</b>	+00:04:06 (4.9%)	4:00	15 (94.9%)
4	<b>RYBARCZYK Maciej</b>	<b>224</b>		M-45	4	00:00:06	<b>01:26:21.05</b>	<b>01:26:27.50</b>	+00:06:03 (7.0%)	4:05	14.7 (93.0%)
5	<b>NOWAKOWSKI Andrzej</b>	<b>191</b>	TRAKTOR TEAM GMINA KWIDZYN	M-45	5	00:00:08	<b>01:28:01.15</b>	<b>01:28:09.80</b>	+00:07:43 (8.8%)	4:10	14.4 (91.1%)
6	<b>JURA Krzysztof</b>	<b>107</b>	MTS HAMER MIASTKO	M-45	6	00:00:07	<b>01:28:21.45</b>	<b>01:28:28.65</b>	+00:08:03 (9.1%)	4:11	14.3 (90.5%)
7	<b>HEYKA Jarosław</b>	<b>304</b>	3. FLOTYLLA OKRĘTÓW	M-45	7	00:00:07	<b>01:28:24.30</b>	<b>01:28:31.80</b>	+00:08:06 (9.2%)	4:11	14.3 (90.5%)
8	<b>JABŁONOWSKI Wojciech</b>	<b>94</b>	42,2 / FM2012	M-45	8	00:00:09	<b>01:28:59.35</b>	<b>01:29:08.85</b>	+00:08:41 (9.8%)	4:13	14.2 (89.9%)
9	<b>ANDRYSKOWSKI Zdzisław</b>	<b>414</b>	KOLARZ-POL	M-45	9	00:00:08	<b>01:31:48.80</b>	<b>01:31:57.40</b>	+00:11:31 (12.5%)	4:21	13.8 (87.3%)
10	<b>RADTKE Robert</b>	<b>211</b>		M-45	10	00:00:19	<b>01:32:30.40</b>	<b>01:32:49.75</b>	+00:12:12 (13.2%)	4:23	13.7 (86.7%)
11	<b>SZCZĘSNY Piotr</b>	<b>398</b>	LKBBPETK	M-45	11	00:00:07	<b>01:32:40.55</b>	<b>01:32:48.45</b>	+00:12:22 (13.4%)	4:23	13.7 (86.7%)
12	<b>BUCA Rafał</b>	<b>417</b>	BASZTA BYTÓW	M-45	12	00:00:37	<b>01:32:43.15</b>	<b>01:33:21.05</b>	+00:12:25 (13.4%)	4:23	13.7 (86.7%)
13	<b>BURNICKI Rafał</b>	<b>391</b>	BASZTA BYTÓW MASTERS	M-45	13	00:00:05	<b>01:33:40.15</b>	<b>01:33:45.15</b>	+00:13:22 (14.3%)	4:26	13.5 (85.4%)
14	<b>PARTYKA Tomasz</b>	<b>362</b>	BLMW/ZZWT	M-45	14	00:00:14	<b>01:33:52.05</b>	<b>01:34:06.90</b>	+00:13:34 (14.5%)	4:26	13.5 (85.4%)
15	<b>NIKLAS Karol</b>	<b>190</b>		M-45	15	00:00:25	<b>01:33:53.55</b>	<b>01:34:19.35</b>	+00:13:35 (14.5%)	4:27	13.5 (85.4%)
16	<b>CHWOJNICKI Janusz</b>	<b>23</b>	EX BYTOVIA BYTÓW	M-45	16	00:00:17	<b>01:33:56.35</b>	<b>01:34:13.95</b>	+00:13:38 (14.5%)	4:27	13.5 (85.4%)
17	<b>OLESEK Jerzy</b>	<b>354</b>	CSMW USTKA	M-45	17	00:00:13	<b>01:34:11.70</b>	<b>01:34:25.25</b>	+00:13:54 (14.8%)	4:27	13.4 (84.8%)
18	<b>BORKO Ryszard</b>	<b>15</b>	KS PIDRINA GDYNIA	M-45	18	00:00:14	<b>01:35:11.20</b>	<b>01:35:25.60</b>	+00:14:53 (15.6%)	4:30	13.3 (84.2%)
19	<b>RUDŹKO Wojciech</b>	<b>223</b>	1968.	M-45	19	00:00:15	<b>01:36:11.25</b>	<b>01:36:26.80</b>	+00:15:53 (16.5%)	4:33	13.2 (83.5%)
20	<b>PĘKAŁA Piotr</b>	<b>199</b>	ROZBIEGANY KOSZALIN	M-45	20	00:00:16	<b>01:36:31.85</b>	<b>01:36:48.80</b>	+00:16:14 (16.8%)	4:34	13.1 (82.9%)
21	<b>ŚWIĄTEK BRZEZIŃSKI Grzegorz</b>	<b>410</b>		M-45	21	00:00:09	<b>01:37:13.15</b>	<b>01:37:22.40</b>	+00:16:55 (17.4%)	4:36	13 (82.3%)
22	<b>ŁOŻYŃSKI Jacek</b>	<b>411</b>	FLORIAN	M-45	22	00:00:14	<b>01:37:24.45</b>	<b>01:37:38.80</b>	+00:17:06 (17.6%)	4:36	13 (82.3%)
23	<b>NACZK Adam</b>	<b>185</b>	KS PIDRINA GDYNIA	M-45	23	00:00:15	<b>01:37:41.30</b>	<b>01:37:56.65</b>	+00:17:23 (17.8%)	4:37	13 (82.3%)
24	<b>STĘPNIOWSKI Marcin</b>	<b>246</b>	MARKOS RUNNING TEAM	M-45	24	00:00:27	<b>01:37:45.20</b>	<b>01:38:13.15</b>	+00:17:27 (17.9%)	4:38	12.9 (81.6%)
25	<b>MROZIAK Maciek</b>	<b>181</b>	HONEY STINGER RUNNERS	M-45	25	00:00:42	<b>01:38:50.65</b>	<b>01:39:33.60</b>	+00:18:33 (18.8%)	4:41	12.8 (81.0%)
26	<b>PIETRZYCKI Sławomir</b>	<b>370</b>	BLMW/ZZWT	M-45	26	00:00:26	<b>01:39:17.95</b>	<b>01:39:44.85</b>	+00:19:00 (19.1%)	4:42	12.7 (80.4%)
27	<b>MACHNIKOWSKI Marek</b>	<b>165</b>		M-45	27	00:00:45	<b>01:41:23.00</b>	<b>01:42:08.85</b>	+00:21:05 (20.8%)	4:48	12.5 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
28	<b>MROCZKA Michał</b>	<b>303</b>	3. FLOTYLLA OKRĘTÓW	M-45	28	00:00:33	<b>01:41:35.05</b>	<b>01:42:08.55</b>	+00:21:17 (21.0%)	4:48	12.5 (79.1%)
29	<b>DUDZIK Marek</b>	<b>42</b>	KS PIDRINA GDYNIA	M-45	29	00:00:21	<b>01:42:13.05</b>	<b>01:42:34.85</b>	+00:21:55 (21.4%)	4:50	12.4 (78.5%)
30	<b>RYCABEL Bogdan</b>	<b>226</b>	TRAKTOR TEAM GMINA KWIDZYN	M-45	30	00:00:13	<b>01:42:17.30</b>	<b>01:42:30.75</b>	+00:21:59 (21.5%)	4:50	12.4 (78.5%)
31	<b>SZTUBA Bartłomiej</b>	<b>264</b>		M-45	31	00:00:07	<b>01:43:05.30</b>	<b>01:43:13.05</b>	+00:22:47 (22.1%)	4:53	12.3 (77.8%)
32	<b>WOJCIECHOWSKI Dariusz</b>	<b>285</b>		M-45	32	00:00:20	<b>01:43:41.65</b>	<b>01:44:02.10</b>	+00:23:24 (22.6%)	4:54	12.2 (77.2%)
33	<b>JOSKOWSKI Bogdan</b>	<b>373</b>	BLMW/ZZWT	M-45	33	00:00:18	<b>01:45:06.05</b>	<b>01:45:24.05</b>	+00:24:48 (23.6%)	4:58	12 (75.9%)
34	<b>KUBARKA Robert</b>	<b>147</b>		M-45	34	00:00:34	<b>01:45:40.45</b>	<b>01:46:14.70</b>	+00:25:22 (24.0%)	5:00	12 (75.9%)
35	<b>SŁAWSKI Krzysztof</b>	<b>239</b>		M-45	35	00:00:19	<b>01:46:50.90</b>	<b>01:47:09.90</b>	+00:26:33 (24.9%)	5:03	11.9 (75.3%)
36	<b>KONARZEWSKI Jacek</b>	<b>134</b>	RUMIA BIEGA	M-45	36	00:00:24	<b>01:47:11.70</b>	<b>01:47:36.15</b>	+00:26:54 (25.1%)	5:04	11.8 (74.7%)
37	<b>BARCZAK Tomasz</b>	<b>8</b>		M-45	37	00:00:42	<b>01:47:16.35</b>	<b>01:47:58.40</b>	+00:26:58 (25.1%)	5:05	11.8 (74.7%)
38	<b>ANDRĂ Mario</b>	<b>3</b>		M-45	38	00:00:25	<b>01:47:44.55</b>	<b>01:48:09.65</b>	+00:27:26 (25.5%)	5:06	11.8 (74.7%)
39	<b>MAKARSKI Jarosław</b>	<b>169</b>	KS PIDRINA GDYNIA	M-45	39	00:00:22	<b>01:48:29.25</b>	<b>01:48:51.40</b>	+00:28:11 (26.0%)	5:08	11.7 (74.1%)
40	<b>STOLARCZYK Maciej</b>	<b>247</b>		M-45	40	00:00:43	<b>01:48:39.95</b>	<b>01:49:23.15</b>	+00:28:22 (26.1%)	5:09	11.7 (74.1%)
41	<b>PÓŁTORZYCKI Piotr</b>	<b>206</b>	STOPA SŁUPSK	M-45	41	00:00:36	<b>01:49:58.50</b>	<b>01:50:34.55</b>	+00:29:40 (27.0%)	5:12	11.5 (72.8%)
42	<b>LIS Sławomir</b>	<b>160</b>		M-45	42	00:00:39	<b>01:50:47.00</b>	<b>01:51:26.85</b>	+00:30:29 (27.5%)	5:15	11.4 (72.2%)
43	<b>MICHALSKI Zygmunt</b>	<b>301</b>	3. FLOTYLLA OKRĘTÓW	M-45	43	00:00:16	<b>01:50:53.65</b>	<b>01:51:09.80</b>	+00:30:36 (27.6%)	5:15	11.4 (72.2%)
44	<b>SAŁO Piotr</b>	<b>368</b>	BLMW/ZZWT	M-45	44	00:00:27	<b>01:52:38.70</b>	<b>01:53:06.20</b>	+00:32:21 (28.7%)	5:20	11.2 (70.9%)
45	<b>ERDMANCZYK Jan</b>	<b>51</b>		M-45	45	00:00:08	<b>01:52:38.95</b>	<b>01:52:46.95</b>	+00:32:21 (28.7%)	5:20	11.2 (70.9%)
46	<b>DĘBICKI Artur</b>	<b>37</b>		M-45	46	00:00:31	<b>01:55:27.75</b>	<b>01:55:59.00</b>	+00:35:10 (30.5%)	5:28	11 (69.6%)
47	<b>KASZOWICZ Marek</b>	<b>118</b>	RWT W BYDGOSZCZY	M-45	47	00:00:40	<b>01:56:03.25</b>	<b>01:56:43.30</b>	+00:35:45 (30.8%)	5:30	10.9 (69.0%)
48	<b>LISOWSKI Radek</b>	<b>161</b>	CONTRA	M-45	48	00:00:41	<b>01:56:59.25</b>	<b>01:57:41.10</b>	+00:36:41 (31.4%)	5:32	10.8 (68.4%)
49	<b>LABUDA Rafał</b>	<b>154</b>	POWERSYSTEM, AKADEMIA BIEGOWA KARTUZY	M-45	49	00:00:30	<b>02:01:30.35</b>	<b>02:02:01.30</b>	+00:41:12 (33.9%)	5:45	10.4 (65.8%)
50	<b>MEJ Paweł</b>	<b>176</b>	BOSY BIEGACZ - GM BOCHNIA TV	M-45	50	00:00:05	<b>03:08:44.95</b>	<b>03:08:50.90</b>	+01:48:27 (57.5%)	8:56	6.7 (42.4%)
	<b>ZWOLSKI Andrzej</b>	<b>381</b>	ŚCIGAŁ TEAM	M-45		DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 51 wynik(ów)