

Organizator: Fundacja Run Vegan
Data: 2021-09-19
Miejsce: Warszawa
Dystans: 3 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrążenie 1km	2 Okrążenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	MARSZAŁ Mariusz	71	PRL TRANSPORT	M Open	1	00:00:01	00:03:21	00:06:50	00:10:19.78	00:10:21.50		3:26	17.4 (100%)
2	HILDEBRAND Marcin	33	BIEGAM NA TARCHOMINIE	M Open	2	00:00:01	00:03:22	00:06:53	00:10:26.20	00:10:28.08	+00:00:06 (1.0%)	3:28	17.3 (99.4%)
3	KLECZEWSKI Piotr	52	UKS FILIPIDES	M Open	3	00:00:01	00:03:22	00:06:57	00:10:35.98	00:10:37.75	+00:00:16 (2.5%)	3:31	17 (97.7%)
4	ZARODKIEWICZ Dawid	154		M Open	4	00:00:02	00:03:38	00:07:19	00:11:08.45	00:11:10.66	+00:00:48 (7.3%)	3:42	16.2 (93.1%)
5	ZIELAK Dariusz	159		M Open	5	00:00:08	00:03:47	00:07:43	00:11:41.91	00:11:50.47	+00:01:22 (11.7%)	3:53	15.4 (88.5%)
6	KOTOWSKI Sylwester	53		M Open	6	00:00:01	00:03:38	00:07:52	00:12:01.63	00:12:03.47	+00:01:41 (14.1%)	4:00	15 (86.2%)
7	BUJNOWSKA Małgorzata	13		K Open	1	00:00:01	00:03:47	00:08:02	00:12:11.46	00:12:13.05	+00:01:51 (15.3%)	4:03	14.8 (85.1%)
8	SZEWczyk Marta	209	GRAŻYŃKI OCR	K Open	2	00:00:02	00:03:52	00:08:06	00:12:20.29	00:12:22.44	+00:02:00 (16.3%)	4:06	14.6 (83.9%)
9	SKAWSKI Jan	299		M Open	7	00:00:03	00:04:10	00:08:19	00:12:26.72	00:12:30.53	+00:02:06 (17.0%)	4:08	14.5 (83.3%)
10	WALECKA Wiktoria	203	BIEGAM NA TARCHOMINIE	K Open	3	00:00:02	00:04:01	00:08:21	00:12:36.73	00:12:38.98	+00:02:16 (18.1%)	4:12	14.3 (82.2%)
11	KOWALIKOWSKA Renata	206	BIEGAM NA TARCHOMINIE	K Open	4	00:00:02	00:04:01	00:08:22	00:12:39.69	00:12:41.72	+00:02:19 (18.4%)	4:13	14.2 (81.6%)
12	ŁUKOMSKI Wojciech	67		M Open	8	00:00:10	00:04:03	00:08:25	00:12:39.29	00:12:49.29	+00:02:19 (18.4%)	4:13	14.2 (81.6%)
13	MIĄSKO Wojciech	73	12TRI.PL	M Open	9	00:00:03	00:04:01	00:08:22	00:12:46.36	00:12:49.88	+00:02:26 (19.1%)	4:15	14.1 (81.0%)
14	HRYCAJ Karolina	216		K Open	5	00:00:02	00:04:04	00:08:25	00:12:53.34	00:12:56.01	+00:02:33 (19.9%)	4:17	14 (80.5%)
15	ŁUKOMSKI Franciszek	294		M Open	10	00:00:10	00:04:18	00:08:50	00:13:02.41	00:13:12.62	+00:02:42 (20.8%)	4:20	13.8 (79.3%)
16	SZCZERBA Łukasz	121	W POGONI ZA DUCHEM	M Open	11	00:00:08	00:04:16	00:08:47	00:13:08.51	00:13:16.81	+00:02:48 (21.4%)	4:22	13.7 (78.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1	2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							Okrażenie 1km	Okrażenie 2km	3km	3km			
17	CHRAPEK Krzysztof	15		M Open	12	00:00:05	00:04:47	00:09:21	00:13:13.32	00:13:18.94	+00:02:53 (21.9%)	4:24	13.6 (78.2%)
18	APANOWICZ Angelika	2	EKOBIEGI	K Open	6	00:00:06	00:04:19	00:08:43	00:13:13.81	00:13:20.63	+00:02:54 (21.9%)	4:24	13.6 (78.2%)
19	REWERA Robert	101		M Open	13	00:00:04	00:04:28	00:09:04	00:13:33.14	00:13:37.54	+00:03:13 (23.8%)	4:31	13.3 (76.4%)
20	TRUSZKOWSKA Marta	127	BESTIE OCR LEGIONOWO	K Open	7	00:00:02	00:04:25	00:09:06	00:13:42.31	00:13:44.87	+00:03:22 (24.6%)	4:34	13.1 (75.3%)
21	CHRAPEK Adam	16		M Open	14	00:00:05	00:04:24	00:09:17	00:14:18.17	00:14:23.60	+00:03:58 (27.8%)	4:46	12.6 (72.4%)
22	FIDOR Natalia	196		K Open	8	00:00:05	00:05:02	00:10:08	00:14:46.40	00:14:52.07	+00:04:26 (30.1%)	4:55	12.2 (70.1%)
23	LEWTAK Adam	61		M Open	15	00:00:07	00:04:43	00:09:44	00:14:57.85	00:15:05.62	+00:04:38 (31.0%)	4:59	12 (69.0%)
24	NABORCZYK Tomasz	220		M Open	16	00:00:09	00:05:05	00:10:11	00:15:02.14	00:15:11.82	+00:04:42 (31.3%)	5:00	12 (69.0%)
25	FABCZAK KACZYŃSKA Wioletta	21		K Open	9	00:00:03	00:04:44	00:10:05	00:15:15.30	00:15:18.63	+00:04:55 (32.3%)	5:05	11.8 (67.8%)
26	SYPIEWSKI Piotr	204	TKKF BŁYSKAWICA	M Open	17	00:00:18	00:04:56	00:10:12	00:15:07.71	00:15:26.31	+00:04:47 (31.7%)	5:02	11.9 (68.4%)
27	PUŁAWSKI Paweł	98		M Open	18	00:00:06	00:05:03	00:10:25	00:15:40.60	00:15:46.66	+00:05:20 (34.1%)	5:13	11.5 (66.1%)
28	JAWORSKA Karolina	41		K Open	11	00:00:03	00:05:18	00:10:42	00:15:42.68	00:15:46.67	+00:05:22 (34.3%)	5:14	11.5 (66.1%)
29	AKONOM Weronika	1		K Open	10	00:00:07	00:04:50	00:10:21	00:15:39.51	00:15:47.19	+00:05:19 (34.0%)	5:13	11.5 (66.1%)
30	NIEPIELSKA Magda	83		K Open	12	00:00:02	00:04:52	00:10:26	00:15:45.66	00:15:48.07	+00:05:25 (34.5%)	5:15	11.4 (65.5%)
31	SOBOLEWSKA Izabela	117	BE DIET CATERING	K Open	13	00:00:02	00:05:24	00:10:52	00:15:45.77	00:15:48.49	+00:05:25 (34.5%)	5:15	11.4 (65.5%)
32	GETKA-KACZOR Joanna	194		K Open	14	00:00:03	00:05:29	00:10:51	00:15:50.27	00:15:53.68	+00:05:30 (34.8%)	5:16	11.4 (65.5%)
33	ZIEMAK Radosław	213		M Open	19	00:00:05	00:05:07	00:10:32	00:15:49.29	00:15:55.11	+00:05:29 (34.7%)	5:16	11.4 (65.5%)
34	LEWTAK Piotr	62		M Open	20	00:00:06	00:05:14	00:10:47	00:15:51.78	00:15:58.56	+00:05:32 (34.9%)	5:17	11.4 (65.5%)
35	ŁUKOMSKA Teresa	65		K Open	15	00:00:07	00:04:56	00:10:30	00:16:00.60	00:16:08.53	+00:05:40 (35.5%)	5:20	11.3 (64.9%)
36	WILCZYŃSKA Marta	279		K Open	16	00:00:02	00:05:10	00:10:39	00:16:06.88	00:16:09.76	+00:05:47 (35.9%)	5:22	11.2 (64.4%)
37	POGODZIŃSKA Marta	92		K Open	18	00:00:03	00:05:04	00:10:33	00:16:09.06	00:16:12.10	+00:05:49 (36.0%)	5:23	11.1 (63.8%)
38	SKOWROŃSKI Wojciech	202		M Open	21	00:00:07	00:05:20	00:10:52	00:16:07.93	00:16:15.69	+00:05:48 (36.0%)	5:22	11.2 (64.4%)
39	MROZIK Małgorzata	79		K Open	17	00:00:07	00:05:21	00:10:52	00:16:08.42	00:16:15.78	+00:05:48 (36.0%)	5:22	11.2 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrążenie 1km	2 Okrążenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
40	RACHWALSKA Joanna	208		K Open	19	00:00:07	00:05:17	00:10:51	00:16:16.88	00:16:24.14	+00:05:57 (36.6%)	5:25	11.1 (63.8%)
41	RUTKOWSKA Maja	109	TEAM ZABIEGANEDNI	K Open	20	00:00:04	00:05:06	00:10:48	00:16:25.23	00:16:29.87	+00:06:05 (37.1%)	5:28	11 (63.2%)
42	NOWAK Edyta	298		K Open	21	00:00:04	00:05:23	00:11:04	00:16:26.24	00:16:30.59	+00:06:06 (37.2%)	5:28	11 (63.2%)
43	LEWTAK Ewa	60		K Open	22	00:00:07	00:05:23	00:10:55	00:16:36.72	00:16:44.57	+00:06:16 (37.8%)	5:32	10.8 (62.1%)
44	BRZĘCZEK Izabela	210		K Open	25	00:00:06	00:05:21	00:11:00	00:16:41.64	00:16:48.00	+00:06:21 (38.1%)	5:33	10.8 (62.1%)
45	ROSZKOWSKA Agnieszka	207		K Open	24	00:00:09	00:05:36	00:11:09	00:16:38.94	00:16:48.38	+00:06:19 (38.0%)	5:32	10.8 (62.1%)
46	MACIEJEWSKI Tomasz	68		M Open	22	00:00:09	00:05:34	00:11:09	00:16:41.59	00:16:51.38	+00:06:21 (38.1%)	5:33	10.8 (62.1%)
47	ZIELAK Aldona	158		K Open	23	00:00:14	00:05:33	00:11:17	00:16:38.45	00:16:52.94	+00:06:18 (37.9%)	5:32	10.8 (62.1%)
48	LEŚNIEWSKA Arleta	56		K Open	26	00:00:07	00:05:34	00:11:16	00:16:48.52	00:16:55.70	+00:06:28 (38.5%)	5:36	10.7 (61.5%)
49	LEWANDOWSKA Monika	57		K Open	27	00:00:06	00:05:33	00:11:15	00:16:49.01	00:16:55.71	+00:06:29 (38.6%)	5:36	10.7 (61.5%)
50	HULANICKI Andrzej	35	GOGGLE TEAM	M Open	23	00:00:05	00:05:24	00:11:10	00:16:57.41	00:17:02.42	+00:06:37 (39.1%)	5:39	10.6 (60.9%)
51	GÓJSKA Kinga	29		K Open	28	00:00:11	00:05:32	00:11:22	00:16:56.97	00:17:08.79	+00:06:37 (39.1%)	5:38	10.6 (60.9%)
52	HULANICKA Irina	34	GOGGLE TEAM	K Open	29	00:00:04	00:05:39	00:11:26	00:16:58.75	00:17:03.34	+00:06:38 (39.2%)	5:39	10.6 (60.9%)
53	WITOSZEK Malgorzata	147		K Open	30	00:00:05	00:05:21	00:11:13	00:17:02.57	00:17:07.98	+00:06:42 (39.4%)	5:40	10.6 (60.9%)
54	SĘPKOWSKA Karolina	113		K Open	31	00:00:03	00:05:24	00:11:08	00:17:03.87	00:17:07.05	+00:06:44 (39.5%)	5:41	10.6 (60.9%)
55	MARCZAK Grażyna	70	LECZO TEAM	K Open	32	00:00:03	00:05:40	00:11:30	00:17:10.52	00:17:14.50	+00:06:50 (39.9%)	5:43	10.5 (60.3%)
56	MALASIEWICZ Angelika	69		K Open	33	00:00:07	00:05:27	00:11:23	00:17:16.49	00:17:23.95	+00:06:56 (40.2%)	5:45	10.4 (59.8%)
57	BARNAS Ilona	7	PRETTYFITTYTEAM	K Open	34	00:00:11	00:05:42	00:11:40	00:17:18.78	00:17:30.13	+00:06:59 (40.3%)	5:46	10.4 (59.8%)
58	BIELONKO Katarzyna	8		K Open	35	00:00:05	00:05:26	00:11:18	00:17:22.21	00:17:27.52	+00:07:02 (40.5%)	5:47	10.4 (59.8%)
59	WRÓBEL Joanna	215		K Open	36	00:00:04	00:05:11	00:11:08	00:17:23.63	00:17:28.15	+00:07:03 (40.6%)	5:47	10.4 (59.8%)
60	CIEŚLIKOWSKI Agata	185		K Open	37	00:00:03	00:05:20	00:11:26	00:17:23.86	00:17:27.17	+00:07:04 (40.6%)	5:47	10.4 (59.8%)
61	ZIÓŁKOWSKA Justyna	161		K Open	38	00:00:04	00:05:38	00:11:33	00:17:26.72	00:17:31.42	+00:07:06 (40.8%)	5:48	10.3 (59.2%)
62	MATYSIAK Agnieszka	72		K Open	39	00:00:02	00:05:23	00:11:24	00:17:29.97	00:17:32.28	+00:07:10 (41.0%)	5:49	10.3 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1	2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							Okrażenie 1km	Okrażenie 2km	3km	3km			
63	ŁĄCKA Ilona	291	BIĄŁOŁĘKA JEST KOBIETĄ	K Open	40	00:00:07	00:05:43	00:11:38	00:17:36.13	00:17:43.54	+00:07:16 (41.3%)	5:52	10.2 (58.6%)
64	TRZCIŃSKA-CHRAPEK Agnieszka	134		K Open	41	00:00:08	00:05:37	00:11:33	00:17:40.42	00:17:48.82	+00:07:20 (41.6%)	5:53	10.2 (58.6%)
65	SZUL Małgorzata	123		K Open	42	00:00:08	00:05:56	00:11:56	00:17:46.73	00:17:55.18	+00:07:26 (41.9%)	5:55	10.1 (58.0%)
66	NAUMOSKA Anna	82		K Open	43	00:00:05	00:05:28	00:11:31	00:17:47.66	00:17:53.39	+00:07:27 (41.9%)	5:55	10.1 (58.0%)
67	DĘBSKA Marlena	221		K Open	44	00:00:02	00:05:22	00:11:34	00:17:53.18	00:17:56.06	+00:07:33 (42.2%)	5:57	10.1 (58.0%)
68	POTAPCZUK-RUTKOWSKA Luiza	94	CHODAGANG	K Open	45	00:00:03	00:05:31	00:11:49	00:17:54.74	00:17:58.64	+00:07:34 (42.3%)	5:58	10.1 (58.0%)
69	PEJŚ Wiktoria	88		K Open	46	00:00:05	00:05:42	00:11:50	00:17:55.02	00:18:00.44	+00:07:35 (42.3%)	5:58	10 (57.5%)
70	PAŹDZIERSKA Patrycja	87		K Open	47	00:00:04	00:05:39	00:11:58	00:18:05.89	00:18:10.27	+00:07:46 (42.9%)	6:01	10 (57.5%)
71	DYBIEC Agata	19		K Open	48	00:00:07	00:05:35	00:11:56	00:18:10.10	00:18:17.12	+00:07:50 (43.1%)	6:03	9.9 (56.9%)
72	WĘGRZYNIAK Monika	141	MW KANAŁ	K Open	49	00:00:12	00:06:15	00:12:43	00:18:24.68	00:18:37.54	+00:08:04 (43.9%)	6:08	9.8 (56.3%)
73	PULIKOWSKA Anna	97		K Open	50	00:00:06	00:05:48	00:12:08	00:18:32.09	00:18:38.27	+00:08:12 (44.3%)	6:10	9.7 (55.7%)
74	RAFALSKA Marta	99		K Open	51	00:00:04	00:05:49	00:12:21	00:18:34.98	00:18:39.96	+00:08:15 (44.4%)	6:11	9.7 (55.7%)
75	FIOŁEK Ewelina	22		K Open	52	00:00:05	00:05:38	00:11:56	00:18:51.76	00:18:56.80	+00:08:31 (45.2%)	6:17	9.5 (54.6%)
76	KOWALSKA Izabela	54		K Open	53	00:00:07	00:06:18	00:12:39	00:18:53.36	00:19:01.21	+00:08:33 (45.3%)	6:17	9.5 (54.6%)
77	STASIOWSKA Kamila	118	TOSIA TEAM	K Open	54	00:00:08	00:06:01	00:12:25	00:18:56.31	00:19:05.14	+00:08:36 (45.5%)	6:18	9.5 (54.6%)
78	WIŚNIEWSKA Beata	145		K Open	55	00:00:05	00:06:04	00:12:48	00:19:08.73	00:19:14.72	+00:08:48 (46.0%)	6:22	9.4 (54.0%)
79	JANUSZEWSKA Aleksandra	40		K Open	56	00:00:05	00:06:00	00:12:50	00:19:09.11	00:19:14.96	+00:08:49 (46.1%)	6:23	9.4 (54.0%)
80	CIEŚLIKOWSKA Grażyna	186		K Open	57	00:00:02	00:06:01	00:13:01	00:19:40.64	00:19:43.52	+00:09:20 (47.5%)	6:33	9.2 (52.9%)
81	ZWOLIŃSKA Małgorzata	164		K Open	58	00:00:13	00:06:25	00:13:21	00:19:58.39	00:20:12.34	+00:09:38 (48.3%)	6:39	9 (51.7%)
Przekroczony limit czasu: 00:20:00													
82	MARCHEWA Marzena	212		K Open	59	00:00:07	00:05:50	00:12:52	00:20:41.71	00:20:49.59	+00:10:21 (50.1%)	6:53	8.7 (50.0%)
83	TRYBALSKA Magdalena	130		K Open	60	00:00:10	00:06:43	00:13:55	00:20:43.73	00:20:54.20	+00:10:23 (50.2%)	6:54	8.7 (50.0%)
84	MITUNIEWICZ Natalia	76		K Open	61	00:02:17	00:06:29	00:13:46	00:20:48.06	00:23:05.30	+00:10:28 (50.3%)	6:56	8.7 (50.0%)
85	GOŁĘBIEWSKA Ola	175		K Open	62	00:00:06	00:06:47	00:13:46	00:20:59.31	00:21:05.81	+00:10:39 (50.8%)	6:59	8.6 (49.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrążenie 1km	2 Okrążenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
86	TRYBALSKA Karolia	129		K Open	63	00:00:10	00:06:49	00:14:05	00:21:04.22	00:21:15.07	+00:10:44 (51.0%)	7:01	8.5 (48.9%)
87	TRYBALSKA Jola	128		K Open	64	00:00:10	00:06:49	00:14:05	00:21:04.40	00:21:15.03	+00:10:44 (51.0%)	7:01	8.5 (48.9%)
88	ZWOLIŃSKA Weronika	165		K Open	65	00:00:24	00:06:16	00:13:24	00:21:32.28	00:21:56.46	+00:11:12 (52.0%)	7:10	8.4 (48.3%)
89	ZWOLIŃSKI Antoni	166		M Open	24	00:00:12	00:06:27	00:13:23	00:21:46.01	00:21:58.27	+00:11:26 (52.5%)	7:15	8.3 (47.7%)
90	PIOTROWSKA Natalia	90		K Open	66	00:00:06	00:06:46	00:14:32	00:21:54.13	00:22:00.81	+00:11:34 (52.8%)	7:18	8.2 (47.1%)
91	UNIWERSAŁ Anna	137		K Open	67	00:00:08	00:06:43	00:14:29	00:21:58.88	00:22:07.77	+00:11:39 (53.0%)	7:19	8.2 (47.1%)
92	PAŁĘGA Marlena	86		K Open	68	00:00:08	00:06:44	00:14:29	00:21:59.01	00:22:07.89	+00:11:39 (53.0%)	7:19	8.2 (47.1%)
93	KONARZEWSKA Basia	193		K Open	69	00:00:08	00:07:09	00:14:39	00:22:03.49	00:22:12.35	+00:11:43 (53.2%)	7:21	8.2 (47.1%)
94	SASIMOWSKA Zofia	172		K Open	70	00:04:29	00:04:55	00:09:24			+00:02:34	4:42	12.8 (73.6%)
95	ŁUKOMSKI Jan	66		M Open	25	00:04:25	00:04:42	00:09:29			+00:02:39	4:44	12.7 (73.0%)
96	BUGALSKA Katarzyna	12		K Open	71	00:00:03	00:05:30	00:12:04			+00:05:14	6:02	9.9 (56.9%)
97	SZEWCZYK Beata	122		K Open	72	00:06:23	00:06:36	00:13:01			+00:06:11	6:30	9.2 (52.9%)
98	IDZIKOWSKA Ewa	211		K Open	73	00:00:12	00:05:07	00:15:15			+00:08:25	7:37	7.9 (45.4%)
99	TRYBALSKI Piotr	131		M Open	26	00:00:10	00:06:49	00:21:04			+00:14:14	10:32	5.7 (32.8%)
100	ZWOLIŃSKI Marek	167		M Open	27	00:00:24	00:06:16	00:21:34			+00:14:44	10:47	5.6 (32.2%)
101	SOSIMOWSKA Antonina	283		K Open	74	00:07:33							(0.0%)

Znaleziono 101 wynik(ów)