

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrążenie 1km	2 Okrążenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	BUJNOWSKA Małgorzata	13		K Open	1	00:00:01	00:03:47	00:08:02	00:12:11.46	00:12:13.05		4:03	14.8 (100%)
2	SZEWCZYK Marta	209	GRAŻYŃKI OCR	K Open	2	00:00:02	00:03:52	00:08:06	00:12:20.29	00:12:22.44	+00:00:08 (1.2%)	4:06	14.6 (98.6%)
3	WALECKA Wiktoria	203	BIEGAM NA TARCHOMINIE	K Open	3	00:00:02	00:04:01	00:08:21	00:12:36.73	00:12:38.98	+00:00:25 (3.3%)	4:12	14.3 (96.6%)
4	KOWALIKOWSKA Renata	206	BIEGAM NA TARCHOMINIE	K Open	4	00:00:02	00:04:01	00:08:22	00:12:39.69	00:12:41.72	+00:00:28 (3.7%)	4:13	14.2 (95.9%)
5	HRYCAJ Karolina	216		K Open	5	00:00:02	00:04:04	00:08:25	00:12:53.34	00:12:56.01	+00:00:41 (5.4%)	4:17	14 (94.6%)
6	APANOWICZ Angelika	2	EKOBIEGI	K Open	6	00:00:06	00:04:19	00:08:43	00:13:13.81	00:13:20.63	+00:01:02 (7.9%)	4:24	13.6 (91.9%)
7	TRUSZKOWSKA Marta	127	BESTIE OCR LEGIONOWO	K Open	7	00:00:02	00:04:25	00:09:06	00:13:42.31	00:13:44.87	+00:01:30 (11.0%)	4:34	13.1 (88.5%)
8	FIDOR Natalia	196		K Open	8	00:00:05	00:05:02	00:10:08	00:14:46.40	00:14:52.07	+00:02:34 (17.5%)	4:55	12.2 (82.4%)
9	FABCZAK KACZYŃSKA Wioletta	21		K Open	9	00:00:03	00:04:44	00:10:05	00:15:15.30	00:15:18.63	+00:03:03 (20.1%)	5:05	11.8 (79.7%)
10	JAWORSKA Karolina	41		K Open	11	00:00:03	00:05:18	00:10:42	00:15:42.68	00:15:46.67	+00:03:31 (22.4%)	5:14	11.5 (77.7%)
11	AKONOM Weronika	1		K Open	10	00:00:07	00:04:50	00:10:21	00:15:39.51	00:15:47.19	+00:03:28 (22.1%)	5:13	11.5 (77.7%)
12	NIEPIELSKA Magda	83		K Open	12	00:00:02	00:04:52	00:10:26	00:15:45.66	00:15:48.07	+00:03:34 (22.7%)	5:15	11.4 (77.0%)
13	SOBOLEWSKA Izabela	117	BE DIET CATERING	K Open	13	00:00:02	00:05:24	00:10:52	00:15:45.77	00:15:48.49	+00:03:34 (22.7%)	5:15	11.4 (77.0%)
14	GETKA-KACZOR Joanna	194		K Open	14	00:00:03	00:05:29	00:10:51	00:15:50.27	00:15:53.68	+00:03:38 (23.0%)	5:16	11.4 (77.0%)
15	ŁUKOMSKA Teresa	65		K Open	15	00:00:07	00:04:56	00:10:30	00:16:00.60	00:16:08.53	+00:03:49 (23.9%)	5:20	11.3 (76.4%)
16	WILCZYŃSKA Marta	279		K Open	16	00:00:02	00:05:10	00:10:39	00:16:06.88	00:16:09.76	+00:03:55 (24.3%)	5:22	11.2 (75.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1	2	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
							Okrażenie 1km	Okrażenie 2km					
17	POGODZIŃSKA Marta	92	TEAM ZABIEGANEDNI	K Open	18	00:00:03	00:05:04	00:10:33	00:16:09.06	00:16:12.10	+00:03:57 (24.5%)	5:23	11.1 (75.0%)
18	MROZIK Małgorzata	79		K Open	17	00:00:07	00:05:21	00:10:52	00:16:08.42	00:16:15.78	+00:03:56 (24.5%)	5:22	11.2 (75.7%)
19	RACHWALSKA Joanna	208		K Open	19	00:00:07	00:05:17	00:10:51	00:16:16.88	00:16:24.14	+00:04:05 (25.1%)	5:25	11.1 (75.0%)
20	RUTKOWSKA Maja	109		K Open	20	00:00:04	00:05:06	00:10:48	00:16:25.23	00:16:29.87	+00:04:13 (25.8%)	5:28	11 (74.3%)
21	NOWAK Edyta	298		K Open	21	00:00:04	00:05:23	00:11:04	00:16:26.24	00:16:30.59	+00:04:14 (25.8%)	5:28	11 (74.3%)
22	LEWTAK Ewa	60	GOGGLE TEAM	K Open	22	00:00:07	00:05:23	00:10:55	00:16:36.72	00:16:44.57	+00:04:25 (26.6%)	5:32	10.8 (73.0%)
23	BRZĘCZEK Izabela	210		K Open	25	00:00:06	00:05:21	00:11:00	00:16:41.64	00:16:48.00	+00:04:30 (27.0%)	5:33	10.8 (73.0%)
24	ROSZKOWSKA Agnieszka	207		K Open	24	00:00:09	00:05:36	00:11:09	00:16:38.94	00:16:48.38	+00:04:27 (26.8%)	5:32	10.8 (73.0%)
25	ZIELAK Aldona	158		K Open	23	00:00:14	00:05:33	00:11:17	00:16:38.45	00:16:52.94	+00:04:26 (26.7%)	5:32	10.8 (73.0%)
26	LEŚNIEWSKA Arleta	56		K Open	26	00:00:07	00:05:34	00:11:16	00:16:48.52	00:16:55.70	+00:04:37 (27.5%)	5:36	10.7 (72.3%)
27	LEWANDOWSKA Monika	57	LECZO TEAM	K Open	27	00:00:06	00:05:33	00:11:15	00:16:49.01	00:16:55.71	+00:04:37 (27.5%)	5:36	10.7 (72.3%)
28	GÓJSKA Kinga	29		K Open	28	00:00:11	00:05:32	00:11:22	00:16:56.97	00:17:08.79	+00:04:45 (28.1%)	5:38	10.6 (71.6%)
29	HULANICKA Irina	34		K Open	29	00:00:04	00:05:39	00:11:26	00:16:58.75	00:17:03.34	+00:04:47 (28.2%)	5:39	10.6 (71.6%)
30	WITOSZEK Malgorzata	147		K Open	30	00:00:05	00:05:21	00:11:13	00:17:02.57	00:17:07.98	+00:04:51 (28.5%)	5:40	10.6 (71.6%)
31	SĘPKOWSKA Karolina	113		K Open	31	00:00:03	00:05:24	00:11:08	00:17:03.87	00:17:07.05	+00:04:52 (28.6%)	5:41	10.6 (71.6%)
32	MARCZAK Grażyna	70	PRETTYFITYTEAM	K Open	32	00:00:03	00:05:40	00:11:30	00:17:10.52	00:17:14.50	+00:04:59 (29.0%)	5:43	10.5 (70.9%)
33	MALASIEWICZ Angelika	69		K Open	33	00:00:07	00:05:27	00:11:23	00:17:16.49	00:17:23.95	+00:05:05 (29.4%)	5:45	10.4 (70.3%)
34	BARNAS Ilona	7		K Open	34	00:00:11	00:05:42	00:11:40	00:17:18.78	00:17:30.13	+00:05:07 (29.6%)	5:46	10.4 (70.3%)
35	BIELONKO Katarzyna	8		K Open	35	00:00:05	00:05:26	00:11:18	00:17:22.21	00:17:27.52	+00:05:10 (29.8%)	5:47	10.4 (70.3%)
36	WRÓBEL Joanna	215		K Open	36	00:00:04	00:05:11	00:11:08	00:17:23.63	00:17:28.15	+00:05:12 (29.9%)	5:47	10.4 (70.3%)
37	CIEŚLIKOWSKI Agata	185		K Open	37	00:00:03	00:05:20	00:11:26	00:17:23.86	00:17:27.17	+00:05:12 (29.9%)	5:47	10.4 (70.3%)
38	ZIÓŁKOWSKA Justyna	161		K Open	38	00:00:04	00:05:38	00:11:33	00:17:26.72	00:17:31.42	+00:05:15 (30.1%)	5:48	10.3 (69.6%)
39	MATYSIAK Agnieszka	72		K Open	39	00:00:02	00:05:23	00:11:24	00:17:29.97	00:17:32.28	+00:05:18 (30.3%)	5:49	10.3 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrażenie 1km	2 Okrażenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
40	ŁĄCKA Ilona	291	BIAŁOŁĘKA JEST KOBIETĄ	K Open	40	00:00:07	00:05:43	00:11:38	00:17:36.13	00:17:43.54	+00:05:24 (30.7%)	5:52	10.2 (68.9%)
41	TRZCIŃSKA-CHRAPEK Agnieszka	134		K Open	41	00:00:08	00:05:37	00:11:33	00:17:40.42	00:17:48.82	+00:05:28 (31.0%)	5:53	10.2 (68.9%)
42	SZUL Małgorzata	123		K Open	42	00:00:08	00:05:56	00:11:56	00:17:46.73	00:17:55.18	+00:05:35 (31.4%)	5:55	10.1 (68.2%)
43	NAUMOSKA Anna	82		K Open	43	00:00:05	00:05:28	00:11:31	00:17:47.66	00:17:53.39	+00:05:36 (31.5%)	5:55	10.1 (68.2%)
44	DĘBSKA Marlena	221	CHODAGANG	K Open	44	00:00:02	00:05:22	00:11:34	00:17:53.18	00:17:56.06	+00:05:41 (31.8%)	5:57	10.1 (68.2%)
45	POTAPCZUK-RUTKOWSKA Luiza	94		K Open	45	00:00:03	00:05:31	00:11:49	00:17:54.74	00:17:58.64	+00:05:43 (31.9%)	5:58	10.1 (68.2%)
46	PEJŚ Wiktoria	88		K Open	46	00:00:05	00:05:42	00:11:50	00:17:55.02	00:18:00.44	+00:05:43 (32.0%)	5:58	10 (67.6%)
47	PAŹDZIERSKA Patrycja	87		K Open	47	00:00:04	00:05:39	00:11:58	00:18:05.89	00:18:10.27	+00:05:54 (32.6%)	6:01	10 (67.6%)
48	DYBIEC Agata	19	MW KANAŁ	K Open	48	00:00:07	00:05:35	00:11:56	00:18:10.10	00:18:17.12	+00:05:58 (32.9%)	6:03	9.9 (66.9%)
49	WĘGRZYNIAK Monika	141		K Open	49	00:00:12	00:06:15	00:12:43	00:18:24.68	00:18:37.54	+00:06:13 (33.8%)	6:08	9.8 (66.2%)
50	PULIKOWSKA Anna	97		K Open	50	00:00:06	00:05:48	00:12:08	00:18:32.09	00:18:38.27	+00:06:20 (34.2%)	6:10	9.7 (65.5%)
51	RAFALSKA Marta	99		K Open	51	00:00:04	00:05:49	00:12:21	00:18:34.98	00:18:39.96	+00:06:23 (34.4%)	6:11	9.7 (65.5%)
52	FIOŁEK Ewelina	22	TOSIA TEAM	K Open	52	00:00:05	00:05:38	00:11:56	00:18:51.76	00:18:56.80	+00:06:40 (35.4%)	6:17	9.5 (64.2%)
53	KOWALSKA Izabela	54		K Open	53	00:00:07	00:06:18	00:12:39	00:18:53.36	00:19:01.21	+00:06:41 (35.5%)	6:17	9.5 (64.2%)
54	STASIOWSKA Kamila	118		K Open	54	00:00:08	00:06:01	00:12:25	00:18:56.31	00:19:05.14	+00:06:44 (35.6%)	6:18	9.5 (64.2%)
55	WIŚNIEWSKA Beata	145		K Open	55	00:00:05	00:06:04	00:12:48	00:19:08.73	00:19:14.72	+00:06:57 (36.3%)	6:22	9.4 (63.5%)
56	JANUSZEWSKA Aleksandra	40		K Open	56	00:00:05	00:06:00	00:12:50	00:19:09.11	00:19:14.96	+00:06:57 (36.3%)	6:23	9.4 (63.5%)
57	CIEŚLIKOWSKA Grażyna	186		K Open	57	00:00:02	00:06:01	00:13:01	00:19:40.64	00:19:43.52	+00:07:29 (38.0%)	6:33	9.2 (62.2%)
58	ZWOLIŃSKA Małgorzata	164		K Open	58	00:00:13	00:06:25	00:13:21	00:19:58.39	00:20:12.34	+00:07:46 (39.0%)	6:39	9 (60.8%)
Przekroczony limit czasu: 00:20:00													
59	MARCHEWA Marzena	212		K Open	59	00:00:07	00:05:50	00:12:52	00:20:41.71	00:20:49.59	+00:08:30 (41.1%)	6:53	8.7 (58.8%)
60	TRYBALSKA Magdalena	130		K Open	60	00:00:10	00:06:43	00:13:55	00:20:43.73	00:20:54.20	+00:08:32 (41.2%)	6:54	8.7 (58.8%)
61	MITUNIEWICZ Natalia	76		K Open	61	00:02:17	00:06:29	00:13:46	00:20:48.06	00:23:05.30	+00:08:36 (41.4%)	6:56	8.7 (58.8%)
62	GOŁĘBIEWSKA Ola	175		K Open	62	00:00:06	00:06:47	00:13:46	00:20:59.31	00:21:05.81	+00:08:47 (41.9%)	6:59	8.6 (58.1%)

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63	TRYBALSKA Karolia	129		K Open	63	00:00:10	00:06:49	00:14:05	00:21:04.22	00:21:15.07	+00:08:52 (42.1%)	7:01	8.5 (57.4%)
64	TRYBALSKA Jola	128		K Open	64	00:00:10	00:06:49	00:14:05	00:21:04.40	00:21:15.03	+00:08:52 (42.1%)	7:01	8.5 (57.4%)
65	ZWOLIŃSKA Weronika	165		K Open	65	00:00:24	00:06:16	00:13:24	00:21:32.28	00:21:56.46	+00:09:20 (43.4%)	7:10	8.4 (56.8%)
66	PIOTROWSKA Natalia	90		K Open	66	00:00:06	00:06:46	00:14:32	00:21:54.13	00:22:00.81	+00:09:42 (44.3%)	7:18	8.2 (55.4%)
67	UNIWERSAŁ Anna	137		K Open	67	00:00:08	00:06:43	00:14:29	00:21:58.88	00:22:07.77	+00:09:47 (44.5%)	7:19	8.2 (55.4%)
68	PAŁĘGA Marlena	86		K Open	68	00:00:08	00:06:44	00:14:29	00:21:59.01	00:22:07.89	+00:09:47 (44.5%)	7:19	8.2 (55.4%)
69	KONARZEWSKA Basia	193		K Open	69	00:00:08	00:07:09	00:14:39	00:22:03.49	00:22:12.35	+00:09:52 (44.7%)	7:21	8.2 (55.4%)
70	SASIMOWSKA Zofia	172		K Open	70	00:04:29	00:04:55	00:09:24			+00:01:22	4:42	12.8 (86.5%)
71	BUGALSKA Katarzyna	12		K Open	71	00:00:03	00:05:30	00:12:04			+00:04:02	6:02	9.9 (66.9%)
72	SZEWCZYK Beata	122		K Open	72	00:06:23	00:06:36	00:13:01			+00:04:59	6:30	9.2 (62.2%)
73	IDZIKOWSKA Ewa	211		K Open	73	00:00:12	00:05:07	00:15:15			+00:07:13	7:37	7.9 (53.4%)
74	SOSIMOWSKA Antonina	283		K Open	74	00:07:33							(0.0%)

Znaleziono 74 wynik(ów)