

Organizator: Fundacja Run Vegan
Data: 2022-10-15
Miejsce: Warszawa
Dystans: 3 km

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrażenie 1km	2 Okrażenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	KAŻMIERCZAK Marta	43		K Open	1	00:00:01	00:03:39	00:07:28	00:11:15.50	00:11:16.65		3:45	16 (100%)
2	BUJNOWSKA Małgorzata	22		K Open	2	00:00:00	00:03:54	00:08:11	00:12:17.30	00:12:17.70	+00:01:01 (8.4%)	4:05	14.7 (91.9%)
3	CHOJNOWSKA Magdalena	26		K Open	3	00:00:01	00:04:09	00:08:43	00:13:22.25	00:13:23.90	+00:02:06 (15.8%)	4:27	13.5 (84.4%)
4	APANOWICZ Angelika	11	EKOBIEGI	K Open	4	00:00:08	00:04:30	00:08:58	00:13:29.35	00:13:38.30	+00:02:13 (16.5%)	4:29	13.3 (83.1%)
5	FILIPOWICZ Natalia	39		K Open	5	00:00:03	00:04:31	00:09:10	00:13:57.65	00:14:01.35	+00:02:42 (19.4%)	4:39	12.9 (80.6%)
6	BRZozowska Magdalena	21	BIEGUSTATORZY	K Open	6	00:00:01	00:04:30	00:09:17	00:14:04.55	00:14:06.10	+00:02:49 (20.0%)	4:41	12.8 (80.0%)
7	PUŁAWSKA Gabriela	126		K Open	7	00:00:06	00:04:36	00:09:24	00:14:11.75	00:14:18.50	+00:02:56 (20.7%)	4:43	12.7 (79.4%)
8	CHOTKIEWICZ Ola	27		K Open	8	00:00:06	00:04:42	00:09:33	00:14:15.20	00:14:21.70	+00:02:59 (21.0%)	4:45	12.6 (78.8%)
9	BORYSZKOWSKA Iwona	20	12TRI	K Open	9	00:00:03	00:04:53	00:09:57	00:14:48.80	00:14:52.40	+00:03:33 (24.0%)	4:56	12.2 (76.3%)
10	NOGAŃSKA Żaneta	106		K Open	10	00:00:02	00:04:27	00:09:42	00:14:53.70	00:14:56.30	+00:03:38 (24.4%)	4:57	12.1 (75.6%)
11	LESZCZYŃSKA Maja	84	KS CZEMPION WARSZAWA	K Open	12	00:00:02	00:04:36	00:09:41	00:14:59.85	00:15:02.65	+00:03:44 (24.9%)	4:59	12 (75.0%)
12	CIEŚLIKOWSKA Dominika	33		K Open	11	00:00:05	00:04:54	00:10:00	00:14:59.00	00:15:04.80	+00:03:43 (24.9%)	4:59	12 (75.0%)
13	NOWAKOWSKA Beata	108	RACEFIGHTER GOSIR DĘBE WIELKIE	K Open	13	00:00:07	00:05:00	00:10:12	00:15:09.55	00:15:16.85	+00:03:54 (25.7%)	5:03	11.9 (74.4%)
14	OLSZEWSKA Dorota	110	BRACTWO BIEGOWE BGK	K Open	14	00:00:00	00:05:01	00:10:44	00:15:34.00	00:15:34.00	+00:04:18 (27.7%)	5:11	11.6 (72.5%)
15	KURZACZ Katarzyna	80	12TRI.PL	K Open	15	00:00:05	00:05:05	00:10:27	00:15:43.85	00:15:49.50	+00:04:28 (28.4%)	5:14	11.5 (71.9%)
16	HAWRYLUK-STASIAK Ewa	53	BIEGUNI 2022	K Open	16	00:00:04	00:04:58	00:10:25	00:15:56.25	00:16:00.25	+00:04:40 (29.4%)	5:18	11.3 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1	2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							Okrażenie 1km	Okrażenie 2km	3km	3km			
17	LULA Magdalena	88		K Open	17	00:00:07	00:05:16	00:10:50	00:16:10.40	00:16:17.70	+00:04:54 (30.4%)	5:23	11.1 (69.4%)
18	JAWORSKA Karolina	60		K Open	18	00:00:05	00:05:27	00:10:53	00:16:12.25	00:16:17.25	+00:04:56 (30.5%)	5:24	11.1 (69.4%)
19	PISKORSKA Agnieszka	122		K Open	19	00:00:10	00:05:22	00:10:53	00:16:15.90	00:16:26.60	+00:05:00 (30.8%)	5:25	11.1 (69.4%)
20	NOWAK Edyta	107		K Open	20	00:00:04	00:05:29	00:11:01	00:16:28.55	00:16:32.55	+00:05:13 (31.7%)	5:29	10.9 (68.1%)
21	LEWTAK Ewa	85		K Open	21	00:00:05	00:05:31	00:11:06	00:16:43.55	00:16:49.05	+00:05:28 (32.7%)	5:34	10.8 (67.5%)
22	MIĄSKO Renata	100	12TRI.PL / TEAM ZABIEGANEDNI	K Open	22	00:00:06	00:05:32	00:11:15	00:16:45.45	00:16:51.50	+00:05:29 (32.8%)	5:35	10.7 (66.9%)
23	CIEŚLIKOWSKA Agata	34		K Open	23	00:00:06	00:05:34	00:11:31	00:17:27.10	00:17:33.20	+00:06:11 (35.5%)	5:49	10.3 (64.4%)
24	ZAKRZEWSKA Anna	176		K Open	24	00:00:04	00:05:27	00:11:21	00:17:28.80	00:17:33.15	+00:06:13 (35.6%)	5:49	10.3 (64.4%)
25	MATYSIAK Agnieszka	99		K Open	25	00:00:08	00:05:28	00:11:25	00:17:31.20	00:17:39.85	+00:06:15 (35.7%)	5:50	10.3 (64.4%)
26	GRABOWSKA Kasia	50		K Open	26	00:00:07	00:05:45	00:11:43	00:17:43.20	00:17:51.10	+00:06:27 (36.5%)	5:54	10.2 (63.8%)
27	JANUSZKIEWICZ Patrycja	59		K Open	27	00:00:03	00:05:33	00:11:42	00:17:44.20	00:17:47.20	+00:06:28 (36.5%)	5:54	10.2 (63.8%)
28	SIKORA Kalina	144		K Open	28	00:00:10	00:05:54	00:12:25	00:18:01.25	00:18:11.40	+00:06:45 (37.5%)	6:00	10 (62.5%)
29	SIKORA Zuzanna	142	PZU SPORT TEAM	K Open	29	00:00:10	00:05:54	00:12:24	00:18:03.65	00:18:13.70	+00:06:48 (37.7%)	6:01	10 (62.5%)
30	ARSENIUK Sylwia	12		K Open	30	00:00:06	00:05:39	00:12:00	00:18:06.45	00:18:12.80	+00:06:50 (37.8%)	6:02	9.9 (61.9%)
31	ŚMIETAŃSKA Beata	153		K Open	31	00:00:03	00:05:33	00:11:57	00:18:08.80	00:18:11.95	+00:06:53 (38.0%)	6:02	9.9 (61.9%)
32	CHRAPEK Agnieszka	29		K Open	32	00:00:10	00:05:57	00:12:11	00:18:09.10	00:18:19.60	+00:06:53 (38.0%)	6:03	9.9 (61.9%)
33	VALIIEVA Aliia	159		K Open	33	00:00:08	00:05:43	00:12:13	00:18:30.80	00:18:39.60	+00:07:15 (39.2%)	6:10	9.7 (60.6%)
34	ZAWADZKA Aleksandra	178		K Open	34	00:00:16	00:06:22	00:12:34	00:19:01.10	00:19:17.90	+00:07:45 (40.8%)	6:20	9.5 (59.4%)
35	PARADOWSKA Aleksandra	115		K Open	35	00:00:12	00:06:05	00:12:42	00:19:13.40	00:19:25.70	+00:07:57 (41.4%)	6:24	9.4 (58.8%)
36	KISIELEWICZ Bożena	63	BIEGOWY WARIAT RUNNING TEAM	K Open	36	00:00:11	00:06:13	00:12:42	00:19:23.10	00:19:34.80	+00:08:07 (41.9%)	6:27	9.3 (58.1%)
37	LESZCZYŃSKA Monika	83	TEAMZABIEGANEDNI	K Open	37	00:00:03	00:06:13	00:13:08	00:19:48.60	00:19:51.65	+00:08:33 (43.2%)	6:36	9.1 (56.9%)
Przekroczony limit czasu: 00:20:00													
38	KLUSEK Jolanta	68		K Open	38	00:00:03	00:06:55	00:14:02	00:21:08.95	00:21:12.85	+00:09:53 (46.8%)	7:02	8.5 (53.1%)
39	SZYSZKA Urszula	152		K Open	39	00:00:11	00:06:51	00:14:07	00:21:16.30	00:21:28.20	+00:10:00 (47.1%)	7:05	8.5 (53.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1 Okrążenie 1km	2 Okrążenie 2km	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
40	WRÓBLEWSKA Joanna	174		K Open	40	00:00:07	00:07:07	00:14:46	00:22:21.45	00:22:29.25	+00:11:05 (49.6%)	7:27	8.1 (50.6%)
41	PARADOWSKA Malgorzata	114		K Open	41	00:00:13	00:06:50	00:14:50	00:22:56.05	00:23:09.15	+00:11:40 (50.9%)	7:38	7.8 (48.8%)
42	PARADOWSKA Anna	113		K Open	42	00:00:12	00:06:50	00:14:51	00:22:56.60	00:23:09.10	+00:11:41 (50.9%)	7:38	7.8 (48.8%)
43	REDA Alicja	131	TZD	K Open	43	00:00:11	00:07:40	00:15:49	00:23:55.70	00:24:07.40	+00:12:40 (52.9%)	7:58	7.5 (46.9%)
	MAŁEK Zuzia	94		K Open		DNF	00:06:13 DNF	00:13:18 DNF	DNF	DNF		-	- (0.0%)
	GONTAREK Antonina	46		K Open		DNF	00:06:40 DNF	00:13:29 DNF	DNF	DNF		-	- (0.0%)
	CZESZEJKO SOCHACKA Katarzyna	109		K Open		DNF	00:06:35 DNF	00:14:49 DNF	DNF	DNF		-	- (0.0%)
	PRZELASKOWSKA Dorota	125		K Open		DNF	00:06:58 DNF	00:15:20 DNF	DNF	DNF		-	- (0.0%)
	SIKORA Kaja	143		K Open		DNF	00:06:58 DNF	00:15:20 DNF	DNF	DNF		-	- (0.0%)
	STANICKA Grażyna	148	SAN	K Open		DNF	00:09:12 DNF	DNF	DNF	DNF		-	- (0.0%)
	MAŁEK Marysia	95		K Open		DNF	00:17:10 DNF	DNF	DNF	DNF		-	- (0.0%)
	MAŁEK Karolina	96		K Open		DNF	00:17:11 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 51 wynik(ów)